



**International RG Tournament
Irina Viner-Usmanova Gymnastics Palace Cup
Individual Juniors**



**Moscow, Russia
29 – 30 June 2021**

DIRECTIVES

Event ID: 16719

Dear FIG affiliated Member Federations,

The **Russian Gymnastics Federation** has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	Russian Gymnastics Federation 8 Luzhnetskaya Emb., Moscow 119270 Russia Tel.: +7 495 7254610; +7 495 7254611 Fax: +7 495 7254699 e-mail: rusgymnastics@mail.ru Website: http://vfrg.ru/
LOCAL ORGANIZING COMMITTEE	Russian Rhythmic Gymnastics Federation Contact Person: Irina Tsareva 8 Luzhnetskaya Emb., Moscow 119270 Russia Tel.: +7 495 7254610; +7 495 7254611 Fax: +7 495 725 46 99 E-mail: rusrggym@mail.ru Website: http://vfrg.ru/
LOCATION	Moscow, Russia
DATE	29 – 30 June 2021
VENUE	IRINA VINER-USMANOVA GYMNASTICS PALACE Moscow, Luzhniki Street, Property 24 Website: http://vinercenter.ru  Venue capacity: 4000 seats Size of the FoP: length 17.75 m, width 17.75 m, height 25 m Training Halls: length 48.30 m, width 17.25 m, height 25 m Choreography Gym: 218 m2

FLOOR APPARATUS SUPPLIER	Please refer to the attached apparatus list		
REPLACEMENT HAND APPARATUS SUPPLIER	<p>The list of the RG Hand Apparatus with valid certificates is published on the FIG website (here) and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event and for any other FIG recognized competitions.</p> <p>Random checks on the FIG and Manufacturers' Logos will be carried out at any time during the Event.</p>		
RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes; • Code of Ethics; • Code of Conduct • Technical Regulations; • Code of Discipline; • Code of Points and relevant Newsletters / Helpdesk • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • Medical Organization of the FIG competitions and events • Framework for safeguarding athletes and other participants from harassment and abuse in sport during events • License Rules • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>		
FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations in good standing.		
AGE LIMITS	<p>Juniors: born in 2006 – 2008 All gymnasts must have FIG licenses valid until the end of the event.</p>		
SIZE OF DELEGATION		Junior Ind.	Joint
	Head of Delegation	1	1
	Coach	1 coach per gymnast	
	Gymnasts	2	2
	Medical Doctor	1	1
	Paramedical Staff	1	1
	Judges	1	1
	All fees are to be paid by their federations.		
JUDGES AND JURIES	<p>All judges must have a valid FIG brevet in the respective discipline. Judges Brevet Cat. 1 – 4, Current Cycle</p>		
COMPETITIONS HEAD JUDGE	The President of the Superior Jury will be: Tatiana Gribkova (Brevet Cat. 3).		
REGISTRATION DEADLINES	Definitive registration:	May 24, 2021	Must be sent to rusrggym@mail.ru
	Nominative registration	June 7, 2021	Must be filled on the website rq.events
ENTRY FEES	The non-reimbursable Entry fee will be 50 € per gymnast		

<p>ACCREDITATION</p>	<p>In order to accelerate accreditation procedures, please upload the necessary information on the website: http://rg.events</p> <p>After the deadline of the Definitive registration, the LOC will send the pin-code to each participating Federation.</p> <p>Accreditation of all delegations will take place at the venue of the event upon their arrival. At accreditation Heads of Delegations have to check names of their own delegation members, hotel reservations and payments and have to bring to the accreditation office:</p> <ul style="list-style-type: none"> • Passports for all delegation members • FIG Licenses of the gymnasts • Insurance for all Delegation members • 1 CD with National Anthem • National Flag (120 x 205 cm recommended) • Proof for full payment in favour of the LOC • Filled and signed Music forms* • 1 copy of CD with music for each routine* <p>*Note: All participating federations are kindly requested to upload the music and photos of their gymnasts/Groups to the official website http://rg.events at the time of the Nominative entry (max. size 10 MB; file format – mp3). Music forms will be available for download (rg.events) after downloading music to the website.</p> <p>Photos for accreditation must be uploaded online by the same link by the deadline for nominative registration.</p> <p>Accreditation card is personal for each of the delegation members. Accreditation card wearing is required at all times of the event.</p>
<p>EVENT FORMAT</p>	<p>International RG Tournament: Individual Juniors:</p> <p>- Individual Juniors:</p> <ul style="list-style-type: none"> - All-Around: top 8 gymnast (2 gymnasts per country); - Apparatus finals: per each apparatus (hoop, ball, clubs, ribbon) 2 gymnasts from the country are awarded based on the results of the all-around
<p>PROVISIONAL SCHEDULE</p>	<p><u>27 June. SU</u></p> <ul style="list-style-type: none"> - Arrival of delegations, accreditation <p><u>28 June. MO</u></p> <ul style="list-style-type: none"> - Official trainings - Delegations & judges technical meeting <p><u>29 June. TU</u></p> <ul style="list-style-type: none"> - Judges Meeting & Drawing of Lots - Juniors individual all-around (hoop, ball) <p><u>30 June. WE</u></p> <ul style="list-style-type: none"> - Judges Meeting & Drawing of Lots - Juniors individual all-around (clubs, ribbon) - Awards Ceremony <p><u>01 July. TH</u></p> <p>Departure</p>
<p>MEDICAL SERVICES</p>	<p>The LOC will provide a first medical aid service.</p>
<p>COVID-19</p>	<p>All participants will take a COVID-19 test upon arrival to the official hotels and must stay in their rooms until the results of the tests are ready.</p> <p>During the trainings and competition periods all participants are allowed to circulate only in the assigned sport venues, as well as in the official hotels.</p> <p>Besides the medical guidelines for the particular event, FIG also requires all the</p>

	<p>participants to follow the standard precautions.</p> <p>The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 meters whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible, and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and must keep a physical distance of at least 1.5 meters whenever possible.</p> <p>Additional information will be included in the Work Plan that will be sent to the Federations prior to the event.</p>
VISA	<p>The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 20.05.2021 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: 15 € per person/day.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the International travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 16 June 2021.</p>
LOCAL TRANSPORTATION	<p>The LOC will provide free local transportation for all participants from/to all airports of Moscow, railway station and/or bus station as well as from/to the official hotel and the Competition Venue.</p>
ACCOMMODATION	<p><u>Hotel ASTRUS</u> <i>Moscow, Leninskiy Prospect 146</i> Hotel rates per room per night (bed & breakfast): Single room = 120 EUR Double room = 140 EUR</p> <p><u>Hotel of Irina Viner Usmanova Gymnastics Palace</u> <i>Moscow, Luzhniki Street, Property 24</i> Hotel rates per room per night (bed & breakfast): Single room = EUR 130,00 Double room = EUR 150,00</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 07 June 2021 at the very latest, the Hotel rooms will be allocated on a "first come, first serve" basis.</p> <p>The costs for the accommodations must be paid to the LOC by 07 June 2021. All delegations must stay in the official hotel of this event, to make it possible for the LOC to provide the necessary health protection measures due to Covid-19 pandemic.</p>

MEALS	<p>Lunch = EUR 20,00 per meal Dinner = EUR 20,00 per meal</p> <p>While the Meals Form must be returned to the LOC by 07 June 2021 at the very latest. The costs for the meals must be paid to the LOC by 07 June 2021.</p>																
CANCELATION POLICY	<p>Hotel and meals cancellations can be made before 07 June 2021. All accommodation & meals cancellations made after the above deadline will be subject to 100% fine.</p>																
BANK ACCOUNT INFORMATION	<p>The invoice for payment, as well as the contract, will be available for download on the online platform www.rg.events after filling out and agreeing with the LOC forms of accommodation and meals from the participating Federations. Each participating member Federation is kindly requested to integrate the payment's purpose as follows: participation in 2021 Moscow International RG Tournament. The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>																
MARKETING	<p>FIG advertising and publicity norms must be respected</p>																
MEDIA	<p>Contact person: Zoya Aleeva Tel. +7 909-649-56-52 e-mail: zoyaaleeva@gmail.com</p>																
SOCIAL MEDIA	<p>https://youtube.com/c/RGYMRUSSIAOFFICIAL vk.com/rgymrussia Instagram.com/rgymrussia Facebook.com/rgymrussia</p>																
DEADLINES SUMMARY	<table border="1"> <tr> <td>Definitive Registration</td> <td>24 May 2021</td> </tr> <tr> <td>Nominative Registration</td> <td>07 June 2021</td> </tr> <tr> <td>Accommodation Form</td> <td>07 June 2021</td> </tr> <tr> <td>Travel Schedule Form</td> <td>16 June 2021</td> </tr> <tr> <td>Visa Request Form</td> <td>20 May 2021</td> </tr> <tr> <td>Meals Form</td> <td>07 June 2021</td> </tr> <tr> <td>Payment for the Accommodation Costs</td> <td>07 June 2021</td> </tr> <tr> <td>Payment for the Meals</td> <td>07 June 2021</td> </tr> </table>	Definitive Registration	24 May 2021	Nominative Registration	07 June 2021	Accommodation Form	07 June 2021	Travel Schedule Form	16 June 2021	Visa Request Form	20 May 2021	Meals Form	07 June 2021	Payment for the Accommodation Costs	07 June 2021	Payment for the Meals	07 June 2021
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ADDITIONAL INFORMATION	<p>At the same time, there will be a tournament for Pre- Juniors born 2009-2012 (not FIG certified age categories) Delegation: 8 gymnasts (individual program) 2012 – without apparatus + 1 apparatus by choice 2011 – hoop + ball 2010 – hoop + clubs 2009 – hoop + clubs</p>																

Sincerely yours,
Moscow, 17 May 2021



Vice-President:
Valentina Nikanorova