



COVID-19 GUIDELINES FOR THE 13TH Artistic Gymnastics Apparatus World Cup / Doha (QAT)

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INTRODUCTION

The COVID-19 Guidelines are applicable to all persons participating at the 13th Artistic Gymnastics Apparatus World Cup (hereinafter “Participant” or “Participants”).

This includes but is not limited to the FIG representatives, the Delegates, judges and athletes from the participating Federations, the Technical Committees, the LOC staff, and their subcontractors.

The aim of the COVID-19 Guidelines is to ensure that all steps are considered to mitigate the infection risk of those involved in the 13th Artistic Gymnastics Apparatus World Cup (“The Event”), understanding though that the risk cannot be eliminated.

Should be note that all participants attending the event at their own risk.

Consistent with WHO recommendations and the Qatar Ministry of Public Health (MoPH) authorities, FIG and LOC prioritizes (a) enhanced hygiene and (b) physical distancing, in (c) addition to a diligent COVID19 testing programme to secure a safe environment for all the event participants.

More information on the Covid 19 measures and precautions can be seen in the below link.

<https://www.moph.gov.qa/english/Pages/default.aspx>

Participants of the event must follow the LOC and the Qatar Health Authorities measures.

By entering to the event, all participants acknowledge and accept the possible risk of being infecting and they accept and follow all regulations written below.

Vaccination will not change the different steps of the testing protocol before, during and after the Event. Vaccinated participants will undergo the same testing regime and will have to respect all the physical distancing and hygiene measures of these Guidelines and other measures as imposed by the Qatar Governmental Authorities.

Any participant who attended the Event cannot raise any legal claim if one is infected with the COVID-19 virus.

All participants attending the Event in Doha must sign a waiver of responsibility upon their arrival at the hotel in Doha.

1. GENERAL GUIDELINES

This document includes an action plan to be followed in the event of a positive case during the journey in Qatar.

All referrals for medical advice, testing and management of symptomatic individuals can only be made through the LOC COVID-19 Officers.

These Guidelines are to be distributed, prior to the arrival of each participant.

NOTE: Any person failing to comply during the journey in Qatar safety measures such as physical distancing and the wearing of masks (where indicated) will be removed from competition.

LOC COVID-19 Officers

The contact details for the COVID-19 Officer are:

- To be define - **LOC official COVID Officer**
- Dr. Fethi Regaieg – Official LOC Doctor - Fethi.Regaiieg@aspetar.com>
- M. Essan Abu Odeh – Medical officer - essam.abuodeh@aspetar.com

Hygiene Measures

Every accredited participant must follow basic principles shown below.

These are valid for travel to the Venue and at the hotel.



Wash your hands thoroughly



Cough and sneeze into a tissue or the crook of your arm



Wear a mask



Avoid shaking hands, hugging, kissing



Stay at home if you have symptoms



Keep your 1.5m distance

2.SCIENTIFIC INFORMATION

2.1 Tests for COVID-19

There are two tests, on fresh nasal or throat swabs, currently used to detect the presence of COVID-19 virus.

2.1.1 PCR-RT Test: This test employs a laboratory technique known as polymerase chain reaction from which the test gets its name. It offers a precise, very sensitive measure of viral genetic material even when the virus is dead. It is reported as either positive or negative irrespective of the number of COVID-19 particles present, preferably from a high nasal swab. Results from PCR-RT testing take at least 24 hours to report, however in most jurisdictions it is several days before a result is known.

2.1.2 Antigen Tests: Antigen (Ag) testing detects certain viral proteins present in a nose or throat swab. It offers rapid inexpensive testing conducted on-site with an immediate result. While a positive Ag test indicates contagiousness there is also the possibility of a false negative result. If an individual is symptomatic with a negative Ag test, the attending physician will order a PCRRT test.

2.2 Risk Assessment Based on their health risks, each participant shall evaluate her/his participation to the Event and the risks of contamination during travel to/from the Venue, and during the Competition, with all the potential medical and financial consequences that it implies.

3.BEFORE YOU TRAVEL TO DOHA

As a rule if you experience any symptoms of COVID-19 in the 14 days before departure:

- Do not travel to Doha for the Event.
- Inform your treating physician as soon as possible, who will explain the next steps.
- Inform FIG & LOC that you cannot travel to the Doha.

Please make sure the below steps are followed:

- A. Take a PCR-RT test in an approved by the Qatar Government Authorities Lab **within 72 hours before your flight departure time to Doha** (first flight if you are on an indirect route).

Measures are also being considered to ensure the authenticity of certificates.

Please refer to the below link for Labs approved by the Qatari Government Authorities;
<https://covid19.moph.gov.qa/EN/Pages/Countries-Classified-Low-Risk-of-COVID19.aspx>

NOTE: PCR -RT test can also be done in an approved center by the health authorities of your country.

Cost of this PCR – RT test will be covered by the participant.

B. Make sure that you have with you (a) copy of the **negative PCR – RT test**, (b) **the Exceptional Entry Permit** (EEP) to Qatar provided by LOC, (c) your **Entry VISA** and (d) **your hotel booking**, as these documents will be requested at the check in counter.

In case your PCR – RT test is positive:

- Immediately begin self-isolation in line with your national rules.
- Inform your treating physician as soon as possible, who will explain the next steps.
- Inform FIG & LOC that you cannot travel to Qatar.

4. ENTERING DOHA

Ensure your arrival in Doha falls before 21st June 2021 and no later than 02:00 am, local time.

Only the Participants with evidence of two (2) recent negative COVID-19 PCR - TR test (one before travelling, one at arrival) will be eligible to attend the Event.

Upon your arrival to Doha, the following will occur:

A. A contact tracing application; called “ETHERAZ” should be installed and activated in your smartphones. Do note the installation of this application is mandatory in the State of Qatar and you will be asked to present it multiple times throughout your stay. Additional information on this application is presented below.

B. A health assessment form should be filled upon your arrival to Doha and submitted too.

C. Participants following the immigration procedures will be welcomed by the LOC staff and transferred to the Official bubble hotel:

- The Sheraton Grand Doha Resort Hotel & Convention – officials & delegations

D. Participants upon arrival to Hamad International Airport will immediately go through a mandatory PCR Test (free of charge), followed by thermal screening.

E. They will then be directed by official transportation to the official hotel and directly conducted in their rooms, where they will be isolated until the PCR test are communicated to the LOC. The results will be available **within 24 hours**. All dining will take place at the room during the isolation period. Leaving the room prior the results availability will lead to sanctions according to Qatar Law.

D. Upon receipt of the PCR results;

a. Negative; the participant can leave his /her room to pick up their accreditation from the LOC desk designated area. All participants will then have to sign a waiver of responsibility.

b. Positive; the participant will be removed from the hotel and transferred to the Quarantine Hotels managed and operated by the Ministry of Public Health. Medical care and treatment will be provided (free of charge for the whole duration) as needed following the medical protocols as per Ministry of Public Health.

. EHTERAZ application. EHTERAZ is the official contact tracing application for the State of Qatar and is owned, operated, and approved by the Ministry of Public Health. ETHERAZ aims to protect and

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safeguard the health of citizens, residents, and visitors in the State of Qatar, to support the national effort in preventing and reducing the spread of COVID-19.

How can I download EHTERAZ upon arrival without a SIM card?

You will need a smart phone and a local SIM card to download and activate EHTERAZ. Smart phones are available for purchase at Qatar Duty Free and SIM cards are available at the Ooredoo and Vodafone kiosks.

Red Crescents volunteers are available to help set up passengers with the EHTERAZ App.



Android users can download the app from the Play Store:
<https://play.google.com/store/apps/details?id=com.moi.covid19>

iOS users can download the app from the App Store:
<https://apps.apple.com/qa/app/ehteraz/id1507150431>

QR Health Codes

The profile of each user is linked to the QR Code by automatically extracting the user health information from the official bodies according to the following categorization



For inquiries: Call the Government Contact Center 109

- **Red:** If the test result is positive, the individual is isolated and their health status on Etheraz will change to red.
- **Yellow*:** indicating that the individual is under quarantine.
- **Grey:** Suspected case – Individual exhibited symptoms or that have been in contact with COVID-19 positive case.
- **Green:** Negative test or Quarantine period is completed / Healthy

NOTE: The 13th Artistic Gymnastics Apparatus World Cup will be organized **following a BUBBLE Concept**. Event participants EHTERAZ color code will be “YELLOW”, meaning they cannot leave the hotel premises.

5. DURING YOUR STAY

5.1 Development of symptoms during your stay Signs and symptoms that may indicate COVID-19 infection include fever, cough, fatigue, breathlessness, or loss of sense of taste and/or smell.

Any participant at the Event who develops one or more of these symptoms must immediately quarantine themselves at their room at the hotel and contact the LOC COVID-19 Officers.

The subsequent testing protocol will be the responsibility of the LOC COVID-19 Officers in accordance with protocols set by the local health authority. The following scenario will guide all decisions regarding a suspected COVID-19-positive case during the event.

- ♣ **LOC COVID-19 OFFICER** will inform the MOPH (Ministry of Public Health).
- ♣ The infected person will be removed from the hotel and transferred to the Quarantine Hotel for isolation and medical treatment.
- ♣ Contact tracing will immediately commence.
- ♣ All contacts will be isolated (within the hotel) and tested as soon as possible.
- ♣ In the case of a positive result in a participant (regardless of the symptoms) he /she will removed from the hotel and moved to the official Quarantine Hotel. Medical assessment at the place will determine the course of the required actions & treatment.
- ♣ Hospital discharge will be at the discretion of the attending medical staff who will inform the **LOC COVID Officer**.
- ♣ Participant will only be allowed to leave the country when the PCR-test is negative and following Medical Staff advice.
- ♣ All costs of required additional days of stay in Doha will be covered by the LOC and/or local authorities.

LOC will be in charge to assist and provide necessary arrangements for your return to the country of your residence.

5.2 At the hotel

The official hotel for the delegation & officials will be the Sheraton Grand Doha Resort & Convention Hotel . The LOC will organize and provide accommodation to all participants in compliance with the local COVID-19 protocol (physical distancing, hygiene, medical care, applicable rules for catering, and using the general principle of “Bubble event”).

Participants are not allowed to leave the hotel during their stay in Doha.

5.2.1 Movement in the hotel

The accreditation and the app EHTERAZ are necessary to circulate in the hotel and to the event premises. (Aspire Dome)

5.3.1 The accreditation will be given at the Hotel after the confirmation of a negative PCR test and signature of the waiver of responsibility.

5.3.2 Entering the Venue, Individual temperature checks will be available at all venue entries points using non-contact thermometers as a screen for all participants, including the hotel personnel and the technicians. Where a participant is found to have an elevated temperature (above 37.5°C), the LOC COVID-19 Officers will assess the case and proceed with the appropriate measures.

For participant arriving before Sunday June 20th, 2021, a new PCR-RT will be performed on Day 3 of their arrival.

LEAVING DOHA

Depending on the departure day, all participants will have a PCR (at least 72 hours before boarding)

- Make sure you know the latest entry requirements for your destination country, as well as any countries you will pass through in transit (e.g., mandatory quarantine at return and/or provision of a negative PCR test.
- Be ready to take a final COVID-19 test* before departure, which may be needed for international travel. The LOC will provide facilities and arrangements at the hotels of your stay for the PCR tests to be done. A printed copy of the test result will be printed and stamped/ signed for use in travel.
- When you arrive at your destination, follow your national COVID-19 regulations. Airport procedures The Ehteraz status is required to access the terminal. All departing passengers will be asked to show their status on the EHTERAZ application before entering the terminal

LIABILITY COSTS RELATED COVID-19 The costs of PCR test before the departure to Doha **shall be covered by each participant**. COST : 100,- € / 120 USD / 400,- QAR

Upon arrival all PCR tests costs, in addition to any required medical care & treatment including the isolation within the State of Qatar **will be borne by the LOC**.

The costs related to mandatory quarantine upon to the home country of each participant will be covered by the participant.

Regular Medical Services (24 /7 doctor and nurse) will be available at the Sheraton Grand Doha Resort & Convention Hotel & The Crowne Plaza (Doha West Bay).

COMPLIANCE AND SANCTIONS Each participant shall comply with these Guidelines. Failure to comply with these guidelines may expose each participant to consequences regarding their participation in the Event.

Failure to comply with the additional requirements set by the Qatar authorities may lead to sanction under the jurisdiction of the Qatar Authorities.