



**African Championships for Trampoline Individual
Cairo, Egypt- EGY
26-27 May 2021**

DIRECTIVES

Event ID: 16721

Dear FIG affiliated Member Federation,

The Gymnastics Federation of **Egypt** has the pleasure to invite your Federation to participate in the aforementioned official UAG International Event.

DISCIPLINE	Trampoline Individual
HOST FEDERATION	Egyptian Gymnastics Federation
	Contact person Nehad Zayed Telephone +20224025027 Mobile +201158707999 Email egypt@egyptgymnastics.com
COMPETITION LOCATION	Cairo, Egypt
DATE	From 24 May 2021 To 28 May 2021
VENUE	Cairo International Stadium Mamdouh Salem Street, Al Estad, Nasr City, Cairo Governorate, Egypt Tel: 002 02 22607863 Web site: http://www.cairo-stadium.org.eg
APPARATUS SUPPLIER	Please refer to the attached apparatus list
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conducts• Technical Regulations• Code of Points and relevant Newsletters / Helpdesk• General Judges' Rules• Specific Judges' Rules• Anti-Doping Rules• Medical Organisation of FIG Competitions and Events• License Rules• FIG Framework for Safeguarding Athletes and other Participants from Harassment and Abuse in Sport during Events• Media Rules• Apparatus Norms• Rules for Sanctioning (approval) of International Events• Advertising and Publicity Rules• Regulations for Award Ceremonies

	<ul style="list-style-type: none"> Accreditation Rules <i>and subsequent decisions of the FIG Executive Committee</i> 																											
FEDERATIONS INVITED	All FIG member federation in Africa in good standing may participate.																											
AGE LIMITS	<p>TRA Senior Category - 18 years and over Individual Trampoline: Senior M & F</p> <p>The maximum size of the invited delegation is as follows:</p> <table border="1"> <thead> <tr> <th>Delegation member</th> <th>TRA</th> <th>Joint</th> </tr> </thead> <tbody> <tr> <td>Head of Delegation</td> <td>-</td> <td>01</td> </tr> <tr> <td>Team Manager</td> <td>-</td> <td>01</td> </tr> <tr> <td>Coach</td> <td>02</td> <td>02</td> </tr> <tr> <td>Gymnasts Senior (Men) *</td> <td>04</td> <td>04</td> </tr> <tr> <td>Gymnastics Senior (Women) *</td> <td>04</td> <td>04</td> </tr> <tr> <td>Doctor</td> <td>-</td> <td>01</td> </tr> <tr> <td>Physiotherapist</td> <td>-</td> <td>01</td> </tr> <tr> <td>Judges **</td> <td>01</td> <td>01</td> </tr> </tbody> </table> <p>* All gymnasts must have a valid FIG licence until the end of the event. ** All judges must have a current valid FIG brevet at the time of the event, for the respective discipline. <i>Judges are required only in disciplines where the federation has participants. More judges per country only upon request.</i></p>	Delegation member	TRA	Joint	Head of Delegation	-	01	Team Manager	-	01	Coach	02	02	Gymnasts Senior (Men) *	04	04	Gymnastics Senior (Women) *	04	04	Doctor	-	01	Physiotherapist	-	01	Judges **	01	01
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Judges **	01	01																										
JUDGES AND JURIES	<p>The number of judges each participating federation must provide will be determined following receipt of the Nominative registrations, which must be submitted no later than 2 May 2021.</p> <p>All judges must have a current valid FIG brevet licence at the time of the event.</p>																											
ENTRY FEES	<p><u>COMPETITION ENTRY FEE:</u></p> <p>The entry fee is non-refundable and payable to the UAG on or before 2 May 2021</p> <p>The invited participating federations must pay entry fee on or before 2 May 2021, as follows:</p> <ul style="list-style-type: none"> Participation with only one (1) gymnast in a discipline: USD 50 (per discipline) Participation with more than one gymnast in a discipline: USD 150 (per discipline) <p><u>ANNUAL UAG AFFILIATION FEE:</u></p> <p>Federations that have not yet paid their annual affiliation fee for 2021 to the UAG must also make payment to the UAG and provide proof of payment to the Local Organising Committee by no later than the deadline for Nominative Registrations of 2 May 2021, before they will be allowed to participate in the competition, as follows:</p> <table border="1"> <tbody> <tr> <td>Existing Members</td> <td></td> <td>USD 200</td> </tr> <tr> <td rowspan="3">New Members</td> <td>Year 1</td> <td>0</td> </tr> <tr> <td>Year 2</td> <td>USD 100</td> </tr> <tr> <td>Year 3</td> <td>USD 200</td> </tr> </tbody> </table> <p>Bank details for payments of Entry and UAG annual affiliation fees are as follows:</p>	Existing Members		USD 200	New Members	Year 1	0	Year 2	USD 100	Year 3	USD 200																	
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	<p>UNION AFRICAINE DE GYMNASTIQUE Banque de Development local Agence Emir Abdelkader 03 Place Emir Abdelkader 1600 – Alger – ALGERIE</p> <ul style="list-style-type: none"> • IBAN N°: 005 170 457 117813 • CODE SWIFT: BDL0DZAL • Compete N°: 005 170 457 117813 <p><u>PLEASE USE THE FOLLOWING FORMAT FOR PAYMENT REFERENCE</u></p> <p>Reference Code: Country Code_UAG+Entry T&T <i>Example:</i> EGY_UAG+Entry T&T</p>															
<p>ACCREDITATION</p>	<p>Participating delegation members as well as FIG, UAG representatives, judges and officials must send electronic ID colour high resolution photographs and electronic colour copy of passports, to the LOC via email within the deadline set for the nominative registration of 2 May 2021.</p> <p>Gymnasts' names / ages / nationality will be verified with a passport check at accreditation. The LOC will check the validity of the gymnast's licences. Covid- 19 information and procedure will be provided after nominative registration of 2 May 2021</p>															
<p>EVENT FORMAT</p>	<p>The African Championships will comprise of qualifications and finals (for Olympic qualification) and will determine winners in each category: Trampoline</p> <ol style="list-style-type: none"> 1. Individual, Male and Female; Senior 2. Updated AFRICAN CHAMPIONSHIP TRA & TU TECHNICAL REGULATIONS (rules May 2018 for T& T in Egypt.) <p>Refer to the Olympic Qualification System Tokyo 2020 TRA document on the FIG website for qualifying details.</p>															
<p>PROVISIONAL SCHEDULE</p>	<table border="1"> <tr> <td>Monday</td> <td>24 May 2021</td> <td>Arrival of delegations, Accreditation, Scheduled Training for Trampoline</td> </tr> <tr> <td>Tuesday</td> <td>25 May 2021</td> <td>Orientation Meeting Judges Meeting Normal Scheduled Training for TRA Podium training for Trampoline</td> </tr> <tr> <td>Wednesday</td> <td>26 May 2021</td> <td>Competition - Trampoline</td> </tr> <tr> <td>Thursday</td> <td>27 May 2021</td> <td>Finals - Trampoline</td> </tr> <tr> <td>Friday</td> <td>28 May 2021</td> <td>Departure of delegations</td> </tr> </table>	Monday	24 May 2021	Arrival of delegations, Accreditation, Scheduled Training for Trampoline	Tuesday	25 May 2021	Orientation Meeting Judges Meeting Normal Scheduled Training for TRA Podium training for Trampoline	Wednesday	26 May 2021	Competition - Trampoline	Thursday	27 May 2021	Finals - Trampoline	Friday	28 May 2021	Departure of delegations
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<p>COVID-19</p>	<p>All participants will take a COVID-19 test upon arrival to the official hotels and must stay in their rooms until the results of the tests are ready. During the trainings and competition periods all participants are allowed to circulate only in the assigned sport venues, as well as in the official hotels.</p> <p>Besides the medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions. The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 meters whenever possible.</p>															

	<p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible, and the assisting person is obliged to wear a mask throughout. Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and must keep a physical distance of at least 1.5 meters whenever possible.</p>
MEDICAL SERVICES	<p>Emergency Medical Team on site with stand-by Ambulance. Event Doctor on call.</p> <p>The anti-doping controls may take place at any time. The doping controls will be organized according to the current WADA Code, WADA International Standards and FIG Anti-Doping Rules.</p>
OFFICIAL HOSPITAL	<p>Arab Contractors Medical Centre</p> <p>Address: Al Abageyah, Nasr City, Cairo Governorate, Egy +20 101 665 3279</p> 
DOPING CONTROLS	<p>As per FIG recommendations</p>
VISA	<p>Please verify immediately with your travel agent or the Egyptian Embassy or Consulate in your country if a visa is required for your travel to Egypt (EGY).</p> <p>The Organizing Committee can assist delegation members through their federations with an official invitation letter, provided that the request is made in writing via email on or before 2 May to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the delegation member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the LOC, the UAG and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation.</p> <p>The LOC needs to verify the insurance prior to arrival, by no later than the deadline for the NOMINATIVE REGISTRATION OF 2 May 2021, of the delegation members and again during official accreditation at arrival.</p> <p>Proof of the insurance policy, which details for each delegation member:</p> <ul style="list-style-type: none"> * Full Name and Surname * Date of Birth (DOB) (dd/MM/YYYY) * and valid passport number * extent of cover and * must be in English. <p>Delegation members with insufficient insurance cover must inform the LOC in advance by no later than the deadline for the NOMINATIVE REGISTRATION OF 2 May 2021.</p> <p>The LOC will not be liable or responsible if insufficient insurance cover is declared, nor for any costs incurred due to lack of adequate insurance.</p>

INTERNATIONAL TRANSPORTATION	<p>The invited participating federations are responsible for the travel costs and visa fees of their delegation members. The Travel Schedule Form must be returned to the LOC by 2 May 2021.</p> <p><u>CURRENT ADDITIONAL REQUIREMENTS WHEN TRAVELING TO EGYPT UNDER COVID19 REGULATIONS</u></p> <p>Requirements to enter Egypt :</p> <ul style="list-style-type: none"> • Eligible travelers must present a paper copy of a negative PCR test result for COVID-19 (in English, Arabic or French) that is less than 72 hours before departing for Egypt • Passengers with any symptoms of Covid-19 or whose temperature 38°C or above may be refused boarding • Passengers travelling to Egypt may be refused entry if they have not completed a Covid-19 Public Health Declaration Form at https://egypt.mfa.gov.eg/storage/app/sites/26/declaration-form.pdf before departure. Passengers must hold a hard copy of the completed Health Declaration Form. <p>Due to the current situation related to the COVID-19 pandemic, the FIG, UAG and the EGY National Federation are constantly in contact and more information will be given closer to the event.</p>
LOCAL TRANSPORTATION	<p>Local transportation from/to the Cairo International airport from/to Cairo will be provided free of charge.</p> <p>Transfers from/to the Accommodation (Participants) / Hotel (Judges) and the competition venue will be provided.</p>
COVID-19	<p>Besides the medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions.</p> <p>The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>A medical Guide specific for the event will be distributed one month before the event regarding to standard changes by health authorities in Egypt at the time of the event</p>
ACCOMMODATION	<p>TOLIP El Galaa - Heliopolis El Orouba St, Sheraton Al Matar, El Nozha, Cairo Governorate Phone: <u>02 22698144</u></p> <p>There will be a bubble created at this hotel for the safety of the competition delegates. Therefore for the duration of the event all delegates will only be permitted accommodation in this hotel.</p> 

	<p>120 Euro (single room, including breakfast)* 80 Euro (double room, including breakfast)*</p> <p>The cost per meal is 25€*. The costs for the meals must be paid to the LOC by the time of nominative registration deadline of 24 April 2021.</p> <p>*Egyptian Gymnastics Federation will offer accommodation and full board free of charge for participating UAG federations for no more than 10 persons, any additional person will be paid by the participating federation.</p> <p>All delegations must complete the accommodation and meals forms and submit them by the time of Nominative Registration Deadline of 2 May 2021.</p>														
BANK ACCOUNT INFORMATION OF FEDERATION	<p>EGYPTIAN GYMNASTICS FEDERATION EL-ESTAD EL- BAHARY ST., OLYMPIC FED BUILDING , NASR CITY NATIONAL BANK OF EGYPT MAIN BRANCH 24 SHERIF ST. DOWNTOWN CAIRO Swift code : NBEGEGCX001 Account Number: 0013060698236700012</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: "Olympic Qualification" The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>														
MARKETING	<p>FIG advertising and publicity norms must be respected. Participating member federations agree that images and all other forms of marketing any form of electronic and written media.</p>														
DEADLINES SUMMARY	<table border="1"> <tr> <td>Nominative Registration</td> <td>2 May 2021</td> </tr> <tr> <td>Accommodation Form</td> <td>2 May 2021</td> </tr> <tr> <td>Visa Request Form</td> <td>2 May 2021</td> </tr> <tr> <td>Meals Form</td> <td>2 May 2021</td> </tr> <tr> <td>Payment of Affiliation Fee and Entry Fee (to UAG)</td> <td>2 May 2021</td> </tr> <tr> <td>Travel Schedule Form</td> <td>2 May 2021</td> </tr> <tr> <td>Payment of Balance of Accommodation and meals Costs</td> <td>2 May 2021</td> </tr> </table>	Nominative Registration	2 May 2021	Accommodation Form	2 May 2021	Visa Request Form	2 May 2021	Meals Form	2 May 2021	Payment of Affiliation Fee and Entry Fee (to UAG)	2 May 2021	Travel Schedule Form	2 May 2021	Payment of Balance of Accommodation and meals Costs	2 May 2021
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Yours sincerely,
Cairo, 29.04.2021



Signature of the President or
Secretary General of the FIG affiliated NF