



ВСЕРОССИЙСКАЯ ФЕДЕРАЦИЯ ХУДОЖЕСТВЕННОЙ ГИМНАСТИКИ

RUSSIAN RHYTHMIC GYMNASTICS FEDERATION

27/06/2021

Russian Rhythmic Gymnastics Federation are glad to welcome you all to the FIG Rhythmic Gymnastics World Challenge Cup in Moscow. The situation with the coronavirus infection spread in Moscow remains very complicated.

The FIG RG World Challenge Cup in Moscow on July 9-11th, 2021 will take place with enhanced safety measures, based on the current directive by the Russian Government as well as by FIG.

1. GENERAL RECOMMENDATIONS

- Individual Responsibility;
- Hygiene measures (frequent handwashing, frequent disinfection);
- Maintain at least 1.5 metres of social distance wherever you go;
- Wearing a mask is required at all times in any area, indoors - mandatory and outdoors – recommended. Gymnasts do not need to wear masks while they are performing at the training area, warm-up and competition area;
- Avoid contact with other teams and other groups;
- Always respect COVID-19 measures during leisure activities such as: distancing, wearing masks, hygiene;
- Protect health of participating athletes and everyone involved in the event.

In case of violation or non-compliance with the COVID-19 guidelines, LOC reserves the right to withdraw accreditation.

2. BEFORE ARRIVAL TO MOSCOW

All participants of the competition travelling to Moscow must have a medical certificate confirming negative COVID-19 test issued at most 48 hours before departure of the flight.

LOC will prepare special permit to enter Russia. You will need to have a printed version of this permit with you at the airport. Federations should inform LOC on any changes in the list of participants at least 3 days before arrival.



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3. PCR COVID-19 TESTS

To be accredited all participants must undergo a PCR COVID-19 test before accreditation. The price for the PCR test is **25 euro per test**.

No accreditation will be issued without negative PCR COVID-19 test.

The attendee must wait for the result in the hotel room. If the PCR COVID-19 test is negative the person can be accredited and participate in the event.

If the PCR COVID test is positive the person will be isolated in the hotel and must have 14 days quarantine. Any additional costs for staying are in charge of participating Federations. The appropriate team and close contact persons will be tested accordingly as soon as possible.

IMPORTANT

June 2021, against the background of an increase in COVID-19 cases, the Moscow and Moscow Region authorities announced new restriction measures for public events.

Starting from June 28, only foreigners who have either been vaccinated or have a negative PCR test valid for three days will be able to visit public catering establishments in Moscow.

Therefore, all members of the delegation will need to do a second PCR test on July 10. The price for the PCR test is 25 euro per test.

If the results of this test are insufficient for traveling to your country, you can make an additional test at the time necessary for you at the competition venue. The price for the PCR test is **25 euro per test**.

3. COVID-19 COMMUNICATION

In case of symptoms inform the OC (contact details will be announced) as well as your Head of Delegation immediately;

All communication concerning COVID-19 must be discussed and agreed with the OC.

We will keep you informed on changes to the COVID restrictions in Moscow.