



Tokyo 2020 Olympic Games  
**TRAMPOLINE GYMNASTICS**  
Training and Competition Schedule

*Revised on July 12, 2021*



## Training Groups

Group 1		Group 2		Group 3		Group 4	
CHN	M	ROC	M	JPN	M	BLR	M
CHN	M	ROC	M	JPN	M	BLR	M
CHN	W	ROC	W	JPN	W	CAN	W
CHN	W	ROC	W	JPN	W	CAN	W
EGY	M	AUS	M	POR	M	FRA	M
EGY	W	AUS	W	UKR	M	FRA	W
COL	M	NZL	M	GBR	W	USA	M
MEX	W	NZL	W	GBR	W	USA	W



# Trampoline Gymnastics

# TOKYO 2020

## Training schedule

25-Jul	(SUN)	TBS	Training groups G3 · G4 TBS 9:00~11:00	Training groups G1 · G2 TBS 11:20~13:20	Training groups G3 · G4 TBS 15:00~17:00	Training groups G1 · G2 TBS 17:20~19:20
26-Jul	(MON)	TBS	Training groups G1 · G2 TBS 9:00~11:00	Training groups G3 · G4 TBS 11:20~13:20	Training groups G1 · G2 TBS 15:00~17:00	Training groups G3 · G4 TBS 17:20~19:20
27-Jul	(TUE)	AGC/TBS	Training groups G3 · G4 AGC Warm up Hall 9:00~11:00	Training groups G1 · G2 AGC Warm up Hall 11:20~13:20	Training groups G3 · G4 TBS 15:00~17:00	Training groups G1 · G2 TBS 17:20~19:20
28-Jul	(WED)	TBS	Training groups G1 · G2 TBS 9:00~11:00	Training groups G3 · G4 TBS 11:20~13:20	Training groups G1 · G2 TBS 15:00~17:00	Training groups G3 · G4 TBS 17:20~19:20
29-Jul	(THU)	AGC	Competition group W1 AGC Warm up Hall 9:00~10:00	Competition group W2 AGC Warm up Hall 10:00~11:00	Competition group M1 AGC Warm up Hall 11:10~12:10	Competition group M2 AGC Warm up Hall 12:10~13:10
			Competition group W1 AGC FOP (Podium Training) 10:10~11:10	Competition group W1 AGC FOP (Podium Training) 11:10~12:10	Competition group M1 AGC FOP (Podium Training) 12:20~13:20	Competition group M2 AGC FOP (Podium Training) 13:20~14:20
		TBS			Training groups G3 · G4 TBS 16:00~18:00	Training groups G1 · G2 TBS 18:10~20:10

AGC ( Ariake Gymnastic Center ) TBS ( Tokyo Big Sight )



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## Competition schedule

30-Jul	(FRI)	AGC	Competition group W1 AGC Warm up Hall 9:00~10:00	Competition group W2 AGC Warm up Hall 10:00~11:00	Competition group W AGC Warm up Hall 12:10~15:10	
			Competition group W1 AGC FOP 10:10~11:10	Competition group W2 AGC FOP 11:10~12:10	Competition Qualifying W AGC FOP 13:00~14:35	Competition Final W AGC FOP 14:50~15:30
		TBS	Competition group M TBS 10:00~12:00			Competition group M TBS 16:00~18:00
31-Jul	(SAT)	AGC	Competition group M1 AGC Warm up Hall 9:00~10:00	Competition group M2 AGC Warm up Hall 10:00~11:00	Competition group M AGC Warm up Hall 12:10~15:10	
			Competition group M1 AGC FOP 10:10~11:10	Competition group M2 AGC FOP 11:10~12:10	Competition Qualifying M AGC FOP 13:00~14:35	Competition Final M AGC FOP 14:50~15:30

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