

DIRECTIVES

Event ID: 16783

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Portugal has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event GUIMAGYM CUP 2021:

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	Federação de Ginástica de Portugal Address: Estrada da Luz, 30 A 1600-159 Lisboa Phone number: +351218141145 Fax number: +351218142950 Email: gympor@gympor.com www.gympor.com
ORGANIZING COMMITTEE	Guimagym – Clube de Ginástica de Guimarães Address: Rua Jaime Martins, 4810-056 Costa Guimarães Phone number: +351961340700 e-mail: geral@guimagym.pt www.guimagym.pt Contact person: Adriana Castro e-mail: guimagymcup@guimagym.pt
LOCATION	Guimarães - PORTUGAL
DATES	23-24 October 2020
VENUE	PAVILHÃO MULTIUSOS DE GUIMARÃES Alameda Cidade de Lisboa, 481 – Guimarães 4835 – 037 Guimarães Venue capacity: 3000 
APPARATUS SUPPLIER	Please refer to the attached apparatus list.
GYMNASTS' HAND APPARATUS	<p>The changes of the Apparatus Norms for the Hand Apparatus valid for Apparatus Manufacturers and Gymnasts enter into force from 01 January 2019.</p> <p>The list of the RG Hand Apparatus with valid certificates is published on the FIG website (here) and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event and for any other FIG recognized competitions, as they will not be allowed to compete with an Apparatus which does not comply with the norms.</p> <p>Random checks on the FIG and Manufacturers' Logos will be carried out at any time during the Event.</p>
RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Code of Discipline • Technical Regulations • Code of Ethics

	<ul style="list-style-type: none"> • Code of Conduct • License Rules • Code of discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules for Artistic Gymnastics • Medical Organization of the Official FIG Competitions • Anti-Doping Rules • Framework for safeguarding athletes and other participants from harassment and abuse in sport during events • Media Rules • Apparatus Norms • Advertising and Publicity Rules • Accreditation Rules • Regulations for Awards Ceremonies <p>and subsequent decisions of the FIG Executive Committee.</p>				
FEDERATIONS INVITED	<p>The Organizing Member Federation will invite all Member Federations in good standing.</p> <p>Participation:</p> <p>Individual: 1 coach, 1 judge (compulsory), max 2 seniors, 2-4 juniors</p>				
AGE LIMITS	<p>Junior: 13-15 year old (born 2006-2007-2008)</p> <p>Senior: from 16 year old (born 2005 and earlier)</p> <p>All gymnasts must have a current valid FIG license at the time of the event.</p>				
JUDGES AND JURIES	<p>Each delegation must present a judge with current valid FIG brevet (XIV cycle) at the time of the event, in the respective discipline (RGI and/or RGG).</p> <p>For delegations not presenting FIG brevet judge a tax of 200€ will be applied.</p>				
REGISTRATION DEADLINES	<table border="1"> <tr> <td>Definitive registration</td><td>01.08.2020</td></tr> <tr> <td>Nominative registration</td><td>15.08.2020</td></tr> </table>	Definitive registration	01.08.2020	Nominative registration	15.08.2020
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ENTRY FEES	<p>The Entry fee for this event will be 45€ per gymnast.</p> <p>This includes COVID-19 compulsory test, at the arrival in the official hotel.</p>				
ACCREDITATION	<p>The accreditation of the delegations will be held upon arrival. For accreditation you must present:</p> <ul style="list-style-type: none"> ▪ 1 CD for each gymnast's music ▪ payment of accommodation and entry fee ▪ FIG license for gymnasts ▪ Certification of insurance for all delegation members, covering illness, accidents, repatriation <p>Accreditation card is personal for each participant. <u>Please, send a photo of each member of the delegation before 15.09.2021.</u></p> <p>Payment for accommodation+meals and participation fee to be paid in cash, during accreditation, or by bank transfer, before arrival.</p>				
EVENT FORMAT	<ul style="list-style-type: none"> • Individual All-around SENIOR (4 routines) • Individual All-around JUNIOR (4 routines) • Team competition INDIVIDUAL JUNIOR – 2-4 gymnasts/8 routines (Possible to participate with 1 junior individual only) • Finals per apparatus - JUNIOR and SENIOR gymnasts (8 best gymnasts, maximum 2 per team/3 per country). The organizing club has the right to add 1 gymnast to each final. 				
PROVISIONAL SCHEDULE	<p>21 October: Arrival of the delegations</p> <p>22 October: Official trainings / Judges meeting / City sightseeing (Competition possibility according to the number of registrations)</p> <p>23 October: All-around competition</p> <p>24 October: Finals per apparatus / Banquet</p> <p>25 October: Departure of the delegations</p>				
VISA	<p>Please verify immediately with your travel agent or the Embassy or Consulate in your country if a visa is required for your travel to Portugal.</p>				

	<p>The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 01.08.2021 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not answer for any liabilities in case of accidents, illness, repatriation and the other. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 15.09.2021.</p>
LOCAL TRANSPORTATION	<p>Free local transportation from the nearest airport Porto (OPO) to the venue and return will be provided by the organizing committee.</p> <p>Shuttle bus will be available during competition days between hotel and sports hall.</p>
ACCOMMODATION	<p>Open Village Sports & Spa Hotel **** Hotel Fundador – Guimarães ***</p> <p>65€ person/night (double or triple room, including breakfast, lunch, dinner) 85€ person/night (double or triple room, including breakfast, lunch, dinner) - for extra guests</p> <p>Single room is rated per person 100€ per night including breakfast, lunch and dinner.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates.</p> <p>While the Accommodation form must be returned to the LOC by 15.09.2021 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p>
MEDICAL SERVICES	<p>Medical services will be available, if needed, on the sports hall during trainings and competition.</p>
COVID 19	<p>All participants will take a COVID-19 test upon arrival to the official hotels and must stay in their rooms until the results of the tests are ready.</p> <p>During the trainings and competition periods all participants are allowed to circulate only in the assigned sport venues, as well as in the official hotels.</p> <p>Besides the medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions.</p> <p>The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1,5 meters whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete’s performance. This phase must be kept as short as possible, and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and must keep a physical distance of at least 1, meters whenever possible.</p>
MARKETING	<p>FIG advertising and publicity norms must be respected.</p>
PRIZE MONEY	<p>The prize money, free of any deductible taxes, will be distributed in Euros (€) as follow:</p>

	SENIOR INDIVIDUAL ALL AROUND COMPETITION																	
	1 st place	300€																
	2 nd place	200€																
	3 rd place	100€																
BANK ACCOUNT INFORMATION	Each participating member Federation is kindly requested to integrate the payment's purpose as follows: Name: Guimagym – Clube de Ginástica de Guimarães IBAN: PT50 0010 0000 5656 9510 0018 1 SWIFT/BIC: BBPIPTPL The participating federation is responsible for covering all bank fees in connection with the bank transfers. Payment by bank transfer must be done no later than <u>15.09.2021</u> .																	
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ADDITIONAL INFORMATION	IMPORTANT: Until 01.10.2021: Please, send the music in MP3 file by “wetransfer” to guimagymcup@guimagym.pt By the time of this tournament, there will be held a competition for younger gymnasts (age categories: 2013-2009). For more information contact organizing committee.																	

Sincerely Yours,

Lisbon, 30th July 2021



Signature of the
Secretary General of the FIG affiliated NF