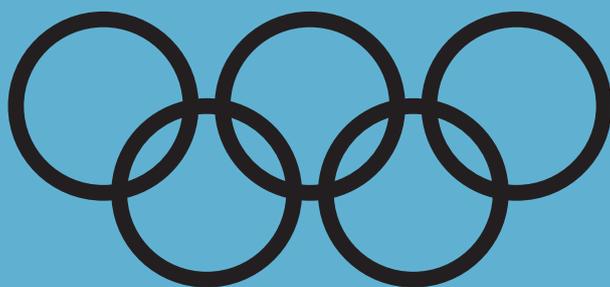


TECHNICAL OFFICIALS' GUIDE

Gymnastics



About this Technical Officials' Guide

Published in May 2021, the series of Technical Officials' Guides offer a summary of competition-related material about each sport at Tokyo 2020 and provide a variety of information aimed at helping International Federations and their technical officials in planning and preparation for the Games.

All information provided in this Technical Officials' Guide was correct at the time of publication, but some details may change prior to the Games so stakeholders are urged to regularly check with Tokyo 2020 IF Services department and the respective competition management teams for the latest updates.

Detailed additional documents such as Sport Specific Regulations, Sport Specific COVID-19 Countermeasures and Testing Frequency will be made available along with the respective Technical Officials' Guides. This information has been developed and approved by the IOC, International Federations and Tokyo 2020 competition management and will be updated as required leading up to the Games.

The Technical Officials' Guides are designed for internal operational use by Tokyo 2020 stakeholders and should not be publicly shared.

WELCOME



On behalf of the Tokyo Organising Committee of the Olympic and Paralympic Games, I am delighted to present the Gymnastics Technical Officials' Guide for the Games of the XXXII Olympiad. We have been working diligently to provide facilities, services and procedures which will allow everyone involved in the Games to safely achieve all three of Tokyo 2020's core concepts: achieving personal bests, unity in diversity, and connecting to tomorrow.

Included is information about:

- processes relating to competition
- key dates and personnel
- competition format and rules
- venue facilities and services, including maps
- information about COVID-19 protocols, heat countermeasures, accreditation, accommodation, Games-time medical services, etc.

This guide was produced in cooperation with the International Gymnastics Federation (FIG) and IOC Sport, and we trust it will assist you with your planning for the Olympic Games Tokyo 2020.

Please rest assured that the Olympic flame will not go out and will continue to burn in our hearts until the Games this summer.

We look forward to welcoming you all with our famous *omotenashi* (Japanese hospitality) when you arrive in Tokyo in July 2021.

Kind regards,

小谷 実可子

KOTANI Mikako

Sport Director, Tokyo 2020

Table of contents

1. KEY INFORMATION	06
Key dates	07
Arrivals and Departures	08
Accreditation	09
Per Diems	14
Accommodation	15
Medical Services	16
Uniforms	17
Transport	18
Opening and Closing Ceremonies	19
2. GYMNASTICS OVERVIEW	20
International Gymnastics Federation (FIG) Authorities	21
Clothing and equipment	22
Sport information	28
Medical services and facilities	29
Food and beverage	29
Venue	30
Key information	30
Venue access	30
Field of play (FOP)	30
Venue map	31
Venue facilities and services	32
Venue evacuation and emergency procedures	33
Heat countermeasures	33
3. GYMNASTICS - ARTISTIC	34
Key dates	35
Tokyo 2020 competition management	36
FIG Men's Artistic Gymnastics Superior Jury	37
FIG Women's Artistic Gymnastics Superior Jury	37
International Technical Officials (ITOs) – Men's Artistic Gymnastics	38
International Technical Officials (ITOs) – Women's Artistic Gymnastics	40
National Technical Officials (NTOs)	41
Medal Events	42
Competition format	43
Competition rules	45
Artistic Gymnastics competition schedule	46
Arrival, departure, key events and meeting schedule	50

4. GYMNASTICS - TRAMPOLINE	55
Key dates	56
Tokyo 2020 competition management	57
FIG Trampoline Gymnastics Superior Jury	57
International Technical Officials (ITOs) Trampoline Gymnastics	58
National Technical Officials (NTOs)	58
Medal Events	58
Competition format	59
Competition rules	62
Trampoline Gymnastics competition schedule	63
Arrival, departure, key events and meeting schedule	64
5. GYMNASTICS - RHYTHMIC	68
Key dates	69
Tokyo 2020 competition management	70
FIG Rhythmic Gymnastics Superior Jury	70
International Technical Officials (ITOs) Rhythmic Gymnastics	71
National Technical Officials (NTOs)	71
Medal Events	71
Competition format	72
Competition rules	74
Rhythmic Gymnastics competition schedule	75
Arrival, departure, key events and meeting schedule	77
6. TOKYO AND THE GAMES	81
Tokyo 2020	82
Tokyo, then and now	82
Climate	82
The city's Olympic heritage	83
Tokyo 2020 Olympic Games in brief	83
Competition venues	84
Essential information	88
Security	90
Sustainability	100
Olympic Village	101
Tokyo 2020 - Olympic Daily Competition Schedule	102
Annex: IOC Playbook	107

1. KEY INFORMATION

The Artistic Gymnastics competition at Tokyo 2020 will be held from Saturday 24 July to Thursday 29 July 2021, and from Sunday 1 August to Tuesday 3 August 2021 at Ariake Gymnastics Centre, located in the Tokyo Bay Zone. A maximum of 196 competitors may take part in the Olympic Artistic Gymnastics competition. This figure comprises 96 male and 96 female athletes, plus two places allocated to the host country – one male and one female - and two Tripartite Commission places - one male and one female.

The Rhythmic Gymnastics competition at Tokyo 2020 will be held from Friday 6 August to Sunday 8 August 2021 at Ariake Gymnastics Centre. A maximum of 96 competitors may take part in the Olympic Rhythmic Gymnastics competition. This figure comprises 24 individual female athletes, plus one place allocated to the host country and one Tripartite Commission place, as well as 13 groups (5 female athletes per a group), plus one group place allocated to the host country.

The Trampoline Gymnastics competition at Tokyo 2020 will be held from Friday 30 July to Saturday 31 July 2021 at Ariake Gymnastics Centre. The first day will be dedicated to the women's individual event and the second day to the men's individual event. A maximum of 32 competitors may take part in the Olympic Trampoline Gymnastics competition. This figure comprises 16 male and 16 female athletes, which includes one place allocated to the host country (male or female) and one Tripartite Commission place (male or female).

Key dates

5 July 2021	Sport entries final deadline (23:59 Japan Standard Time)
13 July 2021	Olympic Village official opening
19 July 2021	Start of Artistic Gymnastics official training
23 July 2021	Olympic Games Opening Ceremony
24 July 2021	Start of Artistic Gymnastics competition
25 July 2021	Start of Trampoline Gymnastics official training
30 July 2021	Start of Trampoline Gymnastics competition
31 July 2021	End of Trampoline Gymnastics competition
1 August 2021	Start of Rhythmic Gymnastics official training
3 August 2021	End of Artistic Gymnastics competition
6 August 2021	Start of Rhythmic Gymnastics competition
8 August 2021	End of Rhythmic Gymnastics competition Olympic Games Closing Ceremony
11 August 2021	Olympic Village closes

Arrivals and Departures

Arrival and Departure Services

The following four airports will be used as the official ports of entry for the Olympic Games Tokyo 2020:

- Narita International Airport (NRT), Tokyo
- Tokyo (Haneda) International Airport (HND), Tokyo
- New Chitose Airport (CTS), Hokkaido
- Sendai Airport (SDJ), Miyagi Prefecture

A full range of services, including accreditation validation, quarantine, dedicated immigration lanes and customs will be available at NRT and HND from 1 July to 11 August 2021. Please note that services will vary depending on the period.

Accreditation validation services will be delivered only at the international terminals of HND and at the international part of Terminal 1 and 2 in NRT.

Arrival transport services will be delivered from 13 July to 11 August 2021 at NRT and HND.

Arrival and departure services, and arrival transport services, will be provided from 13 July to 9 August 2021 at CTS, and from 13 July to 1 August 2021 at SDJ.

Accreditation validation services will not be delivered at CTS and SDJ.

Services Period

Airport	Airport Services	Transport Services	Accreditation Services
Narita International Airport (NRT)	1 July – 11 August 2021	TBD	1 July – 8 August 2021
Tokyo (Haneda) International Airport (HND)	1 July – 11 August 2021	TBD	1 July – 8 August 2021
New Chitose Airport (CTS)	13 July – 9 August 2021	13 July – 9 August 2021	N/A
Sendai Airport (SDJ)	13 July – 1 August 2021	13 July – 1 August 2021	N/A

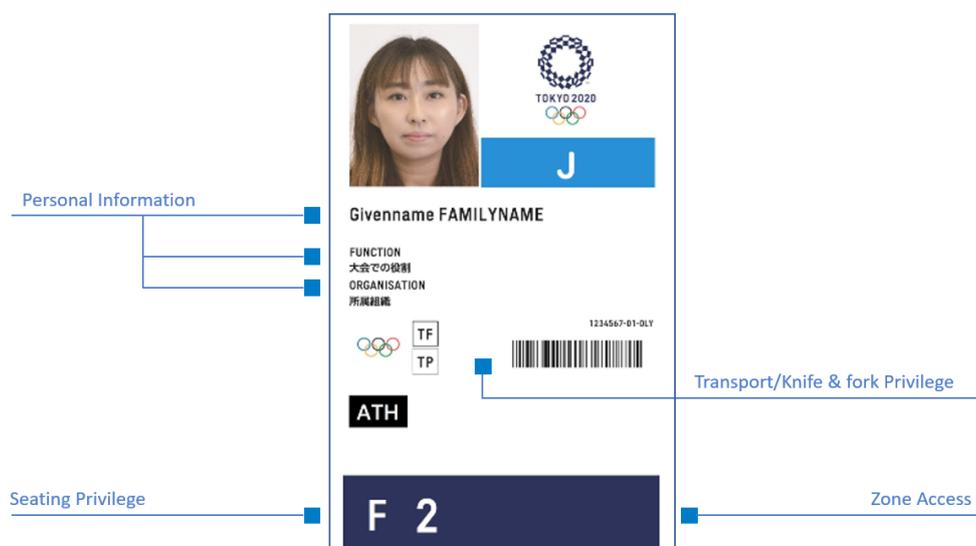
Accreditation

The Olympic Identity and Accreditation Card (OIAC) is the official document that identifies each person participating in the Olympic Games, and ensures they are granted appropriate access to Games venues to fulfil their roles. The accreditation process also ensures that Games participants are granted entry to Japan for the period of the Games.

Before validation, the OIAC is referred to as a Pre-Valid Card (PVC). The Tokyo 2020 Accreditation team will produce Pre-Valid Cards (PVCs) for all Technical Officials. Accredited delegates will be able to validate their PVC in accordance with the dates for each sport.

PVC holders may enter Japan (through all ports of entry) multiple times from 23 April to 5 October 2021, upon presentation of their card and the same valid passport that was used in the application for accreditation, without being required a separate entry visa. All accredited persons must comply with any additional entry requirements outlined in the IF and Technical Officials Playbook.

Individuals using their PVC as a visa waiver to enter Japan must ensure their passport is valid for the duration of their stay in Japan, but it is recommended that the passport be valid until at least 31 December 2021. The identity document used to enter Japan must match the information provided on their application for accreditation. Please note that only accredited Games participants arriving with their PVC will be entitled to use dedicated or priority lanes at immigration and customs when entering Japan through the official ports of entry and to use only dedicated Games vehicles to access from the airports to each TO hotel.



e.g. Olympic Identity and Accreditation Card (OIAC) (Sample)

Pre-Valid Card validation

Individuals arriving in Japan on international flights through Terminals 2 and 3 of the Tokyo (Haneda) International Airport (HND) or Terminals 1 and 2 of the Narita International Airport (NRT) will be able to validate their PVCs at the airport from 1 July 2021.

Individuals arriving through other ports of entry should proceed to the appropriate main accreditation centre to complete the accreditation validation process. Each participant must visit an accreditation facility in person to complete the validation process. Individuals should bring their PVC and the valid identity document that was provided to Tokyo 2020 in the accreditation application.

Categories and Privilege

All Games participants are provided with access to only the venues and zones that are required for them to complete the duties associated with their roles. The table below outlines the level of access granted to each category of participant.

Category	Population	Venue Access	Zone Access	Seating	Transport
IF	IF Delegate	Own sport venue(s)	2, 4, 5, 6 BLUE	F stand (at own sport venue(s))	T2
J	Technical official, Judge, Jury member	Own sport venue(s)	2, BLUE		TF

Accreditation privilege codes

The Accreditation Card Operating System assigns access privileges according to a privilege matrix that includes any function performing an official role at the Games. The privileges are based on accreditation zones and are printed on the OIAC along with the individual's personal information, function & responsible organisation. At sport venues the privileges give access to accreditation zones as described below:

Zones	
BLUE	Field of play, Operational areas, General circulation areas
RED	Operational areas, General circulation areas
WHITE	General circulation areas
2	Athlete preparation areas
4	Press areas
5	Broadcast areas
6	Olympic family areas
Seating	
F	Federation stand
Transport	
T2	Allocated vehicles and drivers (also entitled to access T3 services)
TF	Technical Officials / IFs transport system
Sports / Venues	
ALL	All competition and training venues with Prime Events access

Conditions of Participation (COP)

As required by the IOC and in accordance with Rule 40 of the Olympic Charter, IF Delegates and J category population (technical officials, judges, and jury members) must complete and sign a Conditions of Participation including the Parental/Legal Guardian Acknowledgement of Consent for Minors form (if applicable), acknowledging their compliance with the IOC and International Federation rules regarding Games participation and the World Anti-Doping Code.

Each individual applicant must provide their original signature on a hard copy of the Conditions of Participation form. The form will be available in English and French. Each IF is required to return signed COP prior to arrivals. Tokyo 2020 will not be able to validate your PVC if signed COP is not submitted before the Games.

Uniform collection at the UAC

All IF Delegates and Technical Officials should visit the Uniform and Accreditation Centre (UAC) to collect their uniforms. A UAC visit will be organised for each group of Technical Officials according to their programme of activities before the first day of competition. Those who either are unable to complete the validation process at the airport or do not receive their PVCs in advance of the Games will be able to collect their OIAC at the UAC prior to collecting the uniform.

Entry into Japan

The PVC/OIAC will serve as an entry document to Japan from **23 April to 5 October 2021** for a maximum stay of 90 consecutive days when accompanied by a valid passport. The PVC/OIAC is valid for multiple entries between these dates. Upon every entry into Japan, the same passport used in the application for accreditation should be presented with the PVC/OIAC. The PVC/OIAC is valid in this way through all ports of entry.

The PVC/OIAC will facilitate entry into Japan only and does not function as a visa-waiver for any country other than Japan. All TOs must check the visa requirements for transit through any other countries and obtain the necessary visa if required. TOs are fully responsible for the acquirement and costs of any other visas including transit visas.

Delegation members should travel with their PVC in their hand luggage in order to be ready to present it with their passport for inspection by their airline, airport and immigration authorities if required during departure, transit and arrival. The Tokyo 2020 Organising Committee and the relevant Japanese government authorities will work with airlines and immigration services worldwide to ensure that all necessary authorities are aware that the PVC can be used as a visa waiver to travel to Japan for the Games.

Entry into Japan will not be granted to participants not in possession of a PVC.

Due to the border enforcement measures to prevent the spread of the novel coronavirus (COVID-19), there are necessary procedures and conditions to follow in order to enter Japan. In addition to the PVC and accreditation requirements, TOs should abide by the additional temporary immigration and quarantine measures implemented by the Government of Japan and highlighted in the Playbooks.

Upon arrival, all non-Japanese nationals will be required to complete a Disembarkation Card for Foreign Nationals and submit it at the immigration counter. The cards are usually distributed by airlines during inbound flights to Japan or are available in the airport prior to reaching the immigration counter. A separate card is required for each individual.

Entry into Japan through Tokyo (Haneda) International Airport (HND) or Narita International Airport (NRT)

HND and NRT are Official Ports of Entry for the Games. Upon arrival into Japan a passport inspection will be conducted by the Immigration Bureau of Japan. TOs arriving in Japan through Tokyo HND or NRT will be able to validate their PVCs at the airport from 1 July 2021.

Entry into Japan through other ports of entry

The Tokyo 2020 Accreditation Team will not be providing services at any other ports of entry into Japan, at any other international airports, nor seaports for the Olympic Games. However, TOs arriving through other ports of entry will be able to use their PVC as a visa-waiver as detailed above. The presentation of a PVC in conjunction with a valid passport will assist the Immigration Bureau at the port of entry to establish the reason for travel and ensure that the correct leave to enter is granted. Participants will then be required to perform the validation of the PVCs upon arrival in Japan at a Tokyo 2020 Accreditation centre.

Accreditation facilities

The table below lists all accreditation facilities and the services provided.

Location	PVC validation	Card production	Lost/stolen replacement	Help desk	Service start date
Tokyo (Haneda) International Airport (HND) for international arrivals only (Terminals 2 and 3)	Yes	No	No	No	1 July 2021
Narita International Airport (NRT) for international arrivals only (Terminals 1 and 2 only)	Yes	No	No	No	1 July 2021
Olympic Family Accreditation Centre (Located adjacent to the OFH in the TOKYO-UAC Building, Maple Room 2F)	Yes	Yes	Yes	Yes	12 July 2021
Uniform and Accreditation Centre (UAC)	Yes	Yes	Yes	Yes	May 2021
Venue Accreditation Offices (VAO) at: Sapporo Dome, Sapporo Odori Park, Miyagi Stadium, Fukushima Azuma Baseball Stadium, Ibaraki Kashima Stadium, Izu Velodrome, Izu MTB Course, and Fuji International Speedway	Yes	Yes	Yes	Limited	Venue lockdown
Venue Accreditation Offices (VAO) (at all other competition venues)	Yes	No	Yes	No	Venue lockdown

Note: Accreditation assistance at VAOs outside of Tokyo may be provided remotely from the Olympic Family Accreditation Centre.

Lost, stolen or damaged accreditation cards

If a PVC is lost, stolen or damaged the Technical Officials must contact the Tokyo 2020 Accreditation Team promptly to ensure appropriate action can be taken. In the event that the PVC cannot be reissued and delivered prior to travel the IF will be informed.

All lost and stolen OIACs should be reported to the nearest accreditation centre or VAO. Participants will be required to complete a Lost/Stolen Accreditation Card form and present an acceptable form of identification. Accreditation Cards which become damaged in such a way that the photo and/or the personal information is not legible or that the Access Control System is not able to read the card, should be returned to the nearest accreditation centre or VAO for replacement.

Please be advised that the PVC or OIAC will not be reissued after the competition of each discipline finishes and the end of the accreditation facilities' operational period for the Olympic Games Tokyo 2020.

Please note the following:

- The individual concerned must make a written, signed declaration.
- A lost or damaged OIAC will be cancelled in the accreditation system and will not be reactivated even if found at a later date.
- Reissuance can take place at any of the accreditation facilities listed in the above table.

Per Diems

Tokyo 2020 will provide all IF Technical Delegates, International Technical Officials (ITOs) and National Technical Officials participating in the Tokyo 2020 Olympic and Paralympic Games with a per-diem to cover expenses such as meals and laundry for the agreed official duration for their stay. Further details, including payment methods, will be made available in due course.

Accommodation

Technical Delegates (TDs) and Technical Officials (TOs) will be accommodated in the hotel below:

Shinagawa Prince Hotel Main Tower (TDs, ITOs, NTOs)

4-10-30 Takanawa, Minato-ku, Tokyo

<https://www.princehotels.com/shinagawa/>

+ 81 3 3440 1111

Hotel facilities and services:

In-room safe deposit box, in-room free Wi-Fi, in-room free wired LAN, daily housekeeping, currency exchange, laundry service, laundromat, function room and parking

Guests are reminded they are not permitted to use hotel gymnasiums, pools, spa and bars due to COVID-19 restrictions.

Please note, in Japan the ground floor is called "first floor" and it continues to the second and third floor onwards. Buttons in lifts start from 1 and continue to 2, 3, 4 onwards.

Tokyo 2020 bears no responsibility for any inaccuracy (or insufficiency) of this information and/or for any subsequent changes that may occur at the hotels. Please check the hotel's website for latest information.

Medical Services

Public health services, including disease surveillance, communicable disease control and health protection (such as water and air quality) will be in place throughout Japan during the Games.

Local hospitals that include 24-hour emergency specialist services and tourist clinics are also available around the city. Local pharmacies can be found in all neighbourhoods, and some are open 24 hours a day.

There are no vaccination requirements for entering Japan, but officials are advised to consult their local physician prior to travelling to Japan to ensure that all routine vaccinations are up to date.

COVID-19 countermeasures are described in the Playbook.

Designated Games hospitals

If treatments and/or medical tests are required in addition to those that can be carried out in the venue medical stations, IF members will be transferred to designated Games hospitals in central Tokyo or in the co-host city. Details of designated Games Hospitals will be released at a later date. Any patient suffering from a life-threatening condition that may occur at any of the venue zones will be taken to the nearest hospital.

Uniforms

All technical officials will be provided with a formal and casual uniform kit. The contents and weight of the full set are as follows:

TO Uniform Item Weight (M size)

Item	Manufacturer	Item	Weight (g)	Quantity	Total Weight (g)
Casual	ASICS	Polo shirt	152	3	456
		Jacket	202	1	202
		Pants	238	2	476
		Hat	71	1	71
		Shoes	610	1	610
		Socks	26	2	52
		Bag	238	1	238
		Garment bag	79	1	79
		Casual total			
Formal	AOKI	Jacket	447	1	447
		Shirt	226	2	452
		Pants	293	2	586
		Belt	103	1	103
		Hat	121	1	121
		Tie/Scarf	51	1	51
		Garment bag	110	1	110
		Formal total			
Total					4,054

Formal wear consists of pants for both men and women from a genderless perspective. Ties and scarves are optional. In addition to casual wear, the formal wear jacket, pants, shirt, tie, scarf and hat can be washed in the washing machine or by hand.

Shoes will not be provided with the formal uniform. Technical officials should try to match the provided black belt with their own suitable black leather, non-branded shoes, or wear casual uniform shoes. Technical officials are required to wear the Tokyo 2020-provided uniform at all times when officiating, unless the IF has chosen to wear their own uniforms.

Transport

Transport: TF services

A summary of transport at the Games follows.

Please note that full details of transport services at the Games, including timetables, may be found in the Technical Officials Transport Guide.

TOCOG is responsible for providing transport services to properly accredited technical officials and IF staff during the period of the Olympic Games. These transport services are collectively known as the TF service.

The TF service will be available for all accredited technical officials, judges, jury members, IF staff, and IF media staff.

Services between hotels and competition venues

A dedicated TF service will operate between technical officials' hotels and each competition venue during the competition period for each sport, in accordance with the competition schedule. In general, TF services will start service two hours before competition and finish one hour after competition.

Where technical officials are required to attend meetings, briefings, venue familiarisations or other events before the start of competition, either at the competition venue or at another venue, TF services will be provided from and to the technical officials' hotels in accordance with the officials' requirements. However, in cases where the number of passengers is small, the principle is that the passengers should travel in the vehicles allocated to IF.

Transport will be provided for technical officials between Tokyo and co-Host Cities. Details will be communicated to technical officials on arrival.

Transport: public transport (TP card)

IF Delegates and technical officials cannot use public transport.

Other accreditation holders will be provided with a public transport card (TP card), which will enable the use of public transport for free.

However, use of the public transport system will be restricted due to COVID-19 countermeasures. Those who fall under this category as stated in the Playbook cannot use the TP card. Foreign visitors eligible for the TP card will not be able to receive it until after 14 days from the day after entry.

Transport: Taxis

IF Delegates and technical officials cannot use public transport including taxis during their whole stay. Other accredited stakeholders cannot use public transport including taxis for 14 days from the day after entry. Taxis will be available at public taxi ranks and stakeholders are responsible for the cost. Tokyo 2020 will provide information on access to taxi services (e.g. through the Transport Guide).

Tokyo 2020 transport app

Tokyo 2020 Games Family is a web app that provides information related to transport services for stakeholders. The app will provide functions such as route search between official accommodation and competition venues, and provides information about TF bus timetables and maps of each venue to support stakeholders.

Please refer to the Transport Guide for details.

Opening and Closing Ceremonies

Participation in the Opening/Closing Ceremonies is currently under review by the IOC and IPC. Detailed information will be made available once the final decision is confirmed.

2. GYMNASTICS OVERVIEW

International Gymnastics Federation (FIG) Authorities	
President	WATANABE Morinari
Vice President	Vasilii TITOV
Vice President	Nellie KIM
Vice President	LUO Chaoyi
Secretary General	Nicolas BUOMPANE
Technical Coordinator	Steve BUTCHER
Event Manager	Rui VINAGRE
Apparatus Commissioner	Daniel FESSER

IF Technical Delegates		
Technical Delegate (MAG)	Arturs MICKEVICS	LAT
Technical Delegate (WAG)	Donatella SACCHI	ITA
Technical Delegate (GT)	Nataliya KUZMINA	RUS
Technical Delegate (GR)	Horst KUNZE	GER

Jury of Appeal	
Vasilii TITOV	YAGI-KITAGAWA Tammy
Nellie KIM	Charles PERRIERE
LUO Chaoyi	Farid GAYIBOV
Ali AL-HITMI	A-Rahman AL-SHATHRI
Jesus CARBALLO MARTINEZ	Ali ZAATER
Ron GALIMORE	Naomi Chieko VALENZO AOKI
Mouhammed Youssef AL-TABBAA	Kitty CHILLER
KIM Dongmin	

Clothing and equipment

Clothing and equipment used by athletes and other participants in the Gymnastics competitions at the Olympic Games must comply with the documents listed below:

FIG Technical Regulations

FIG Code of Points (discipline-specific versions)

FIG Apparatus Norms

All the above documents are available at www.gymnastics.sport/site/rules/rules.php#9

The Olympic Charter

www.olympic.org/documents/olympic-charter with particular reference to Rule 50 - Advertising, Demonstrations, Propaganda and Bye-law to Rule 50

Guidelines Regarding Authorised Identifications for the Games of the XXXII Olympiad, Tokyo 2020 (distributed by the IOC to all IFs and NOCs)

Olympic Charter Rule 50 and Guidelines Regarding Authorised Identifications

The prohibition of any advertising and publicity in and above Olympic sites (as expressed in the Olympic Charter) is one of the aspects that differentiate the Olympic Games from other international events. This is reflected in particular in Bye-law to Rule 50 of the Olympic Charter as follows:

No form of publicity or propaganda, commercial or otherwise, may appear on persons, on sportswear, accessories or, more generally, on any article of clothing or equipment whatsoever worn or used by the athletes or other participants in the Olympic Games, except the identification [...] of the manufacturer of the article or equipment concerned, provided that such identification shall not be marked conspicuously for advertising purposes.

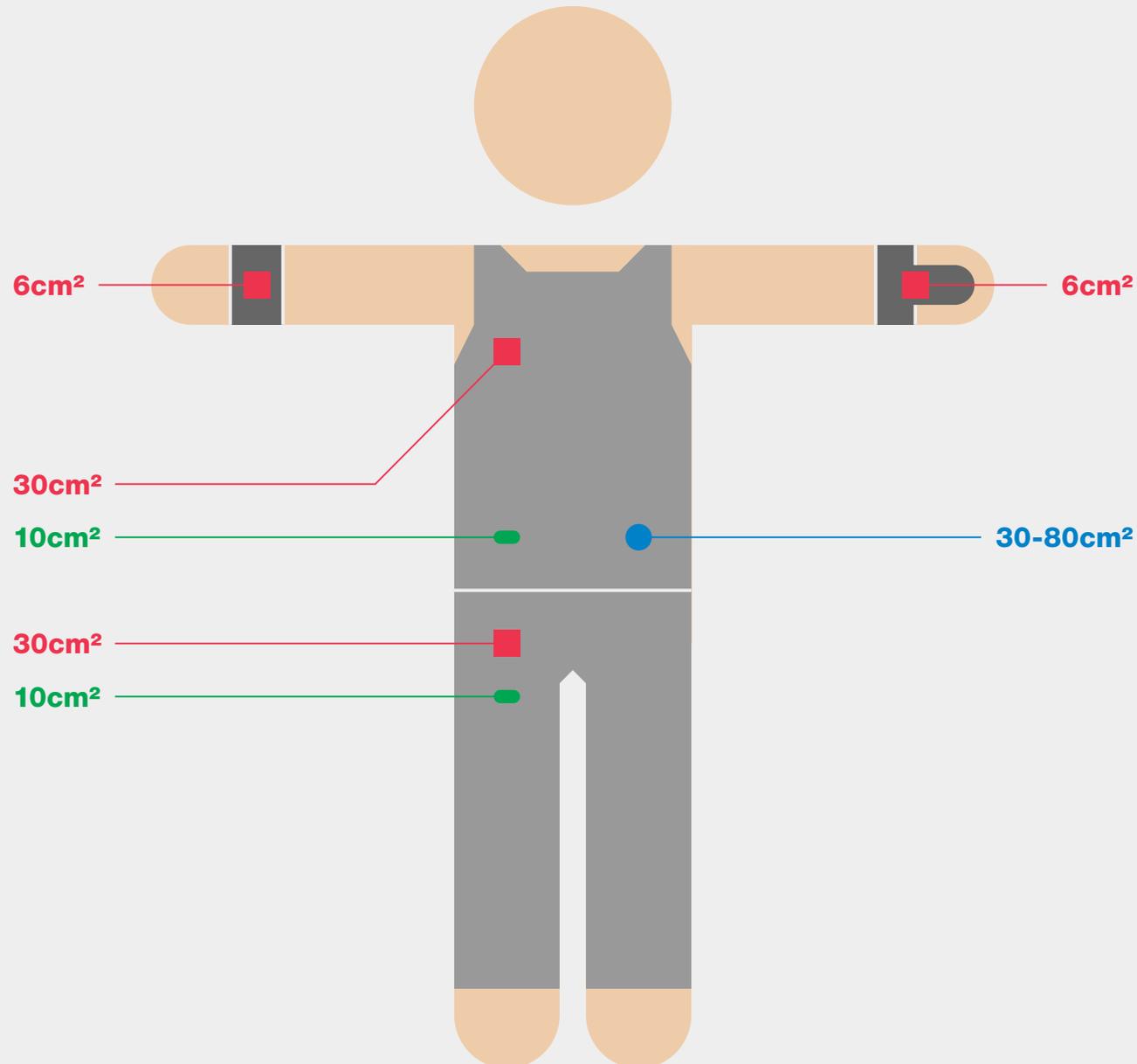
Placing the national and Olympic identity of athletes at the forefront helps to further distinguish the Olympic Games, whilst respecting the significant contribution that sporting goods manufacturers provide.

All technical officials are strongly advised to refer to the complete Guidelines Regarding Authorised Identifications document for detailed information and instruction on all aspects of Rule 50 and its application and enforcement at the Tokyo 2020 Olympic Games.

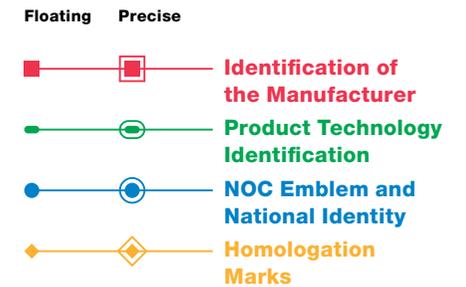


**Guidelines Regarding
Authorised Identifications
Games of the XXXII Olympiad
Tokyo 2020**

FIG Gymnastics



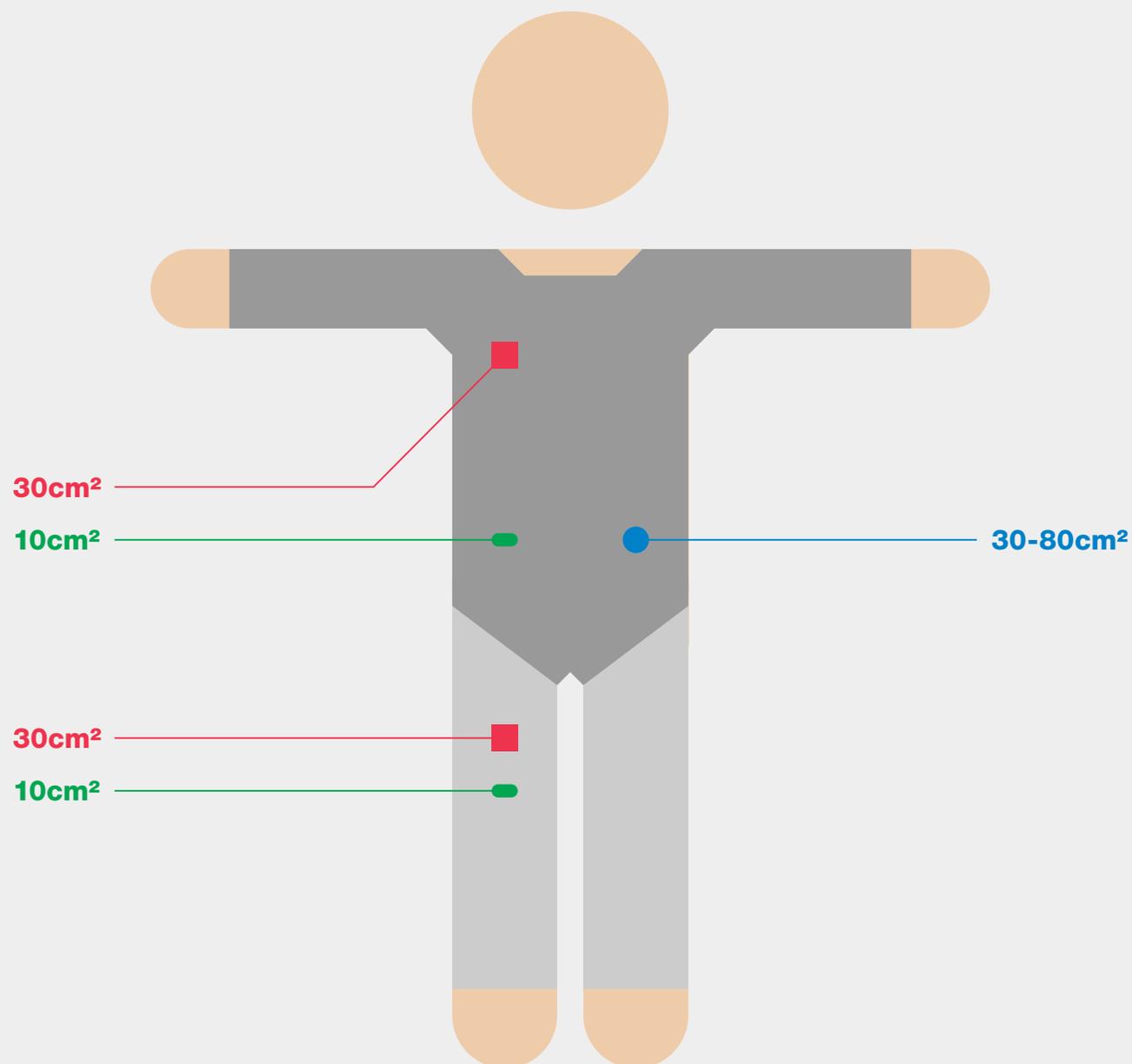
**Front
Men**





**Guidelines Regarding
Authorised Identifications
Games of the XXXII Olympiad
Tokyo 2020**

FIG Gymnastics



Front
Women

Floating	Precise	
		Identification of the Manufacturer
		Product Technology Identification
		NOC Emblem and National Identity
		Homologation Marks

Application of Guidelines regarding Authorised Identifications

Clothing

Shorts/Pants	One <i>Identification of the Manufacturer</i> [■] per clothing item will be permitted, to a maximum size of 30cm ² .
Shirt/Singlet	
Tracksuit/Jacket	One additional <i>Product Technology Identification</i> [■] will be permitted per clothing item, with a maximum size of 10cm ² .
Leotard	
Leotard with skirt	
Unitard	

Sport Equipment

Wrist band	One <i>Identification of the Manufacturer</i> [■] per item will be permitted, to a maximum size of 6cm ² .
Wrist protection	
Grips	
Socks	One <i>Identification of the Manufacturer</i> will be permitted, to a maximum size of 10cm ² .



**Guidelines Regarding
Authorised Identifications
Games of the XXXII Olympiad
Tokyo 2020**

**FIG
Gymnastics**

All General Principles apply unless expressly mentioned otherwise above (in particular in relation to size, frequency, location or Sports Brand requirements).



**Guidelines Regarding
Authorised Identifications
Games of the XXXII Olympiad
Tokyo 2020**

FIG Gymnastics

All General Principles apply unless expressly mentioned otherwise above (in particular in relation to size, frequency, location or Sports Brand requirements).

Accessories

Eyewear May carry the *Identification of the Manufacturer* as generally used on products sold through the retail trade during the period of 6 months or more prior to the Games, with the Identifications permitted on the lenses so long as such identifications are tone-on-tone, engraved into the lens, and is not deemed as conspicuous by the IOC.

Towel No *Identification of the Manufacturer* will be permitted.

Bag One *Identification of the Manufacturer* per item will be permitted, not greater than 10% of the surface area of the item, to a maximum size of 60cm².

Shoes/Footwear

Shoes All footwear items may carry the *Identification of the Manufacturer* as generally used on products sold through the retail trade during the period of 6 months or more prior to the Games.

Additional IF Specifications

The following IF technical requirements apply in relation to the General Guidelines:

Section 8 · Third Party Identifications (athlete names)

No names of athletes allowed on items, section 8 of the General Guidelines applies.



**Guidelines Regarding
Authorised Identifications
Games of the XXXII Olympiad
Tokyo 2020**

FIG Gymnastics

**All General Principles apply unless
expressly mentioned otherwise above
(in particular in relation to size, frequency,
location or Sports Brand requirements).**

Section 10 · NOC Emblems and National Identity

All competitors who participate in competition must wear the national emblem or the NOC emblem [●] on their competition attire to identify their country/territory. The badge/emblem/crest of the country/territory or the NOC [●] may not exceed the maximum overall area of 80cm² and must cover a minimum overall area of 30cm². The only exception is if the entire uniform is designed in the national colours and clearly portrays the national identity.

This identification can be in the form of a badge or sewn on. It may feature the name of their country/territory or their NOC written in full or abbreviated, or may be in the form of a crest in their national colours on the leotard or the singlet.

Such emblems may appear as follows:

- Men's singlet: Anywhere on the front or side, ensuring aesthetic presentation.
- Women's leotard: Anywhere on the front or on either sleeve of the leotard, ensuring aesthetic presentation.

The national identification on the warm-up suit is not regulated, but should be reasonable and in good taste in keeping with other rules as specified.

Section 12 · Homologation Marks

No homologation marks required by the IF.

Section 17 · Submission Process

No additional obligatory submission process required by the IF, section 17 of the General Guidelines applies.

Sport information

Sport Information Desks (SID) located in each competition venue will operate throughout the Games. Opening hours will vary depending on the venue.

SIDs will provide the following sport-specific information:

- General competition-related information and sport-related communications from Tokyo 2020 competition management teams and International Federations (IFs)
- Results, draws, start lists, daily training schedules and other key information
- Allocation of training sessions at competition and/or training venues for selected sports
- Transport information and scheduling of team sport buses

Info

The Info system is the Games' information system, which provides competition schedules, results reports, near real-time scoring and results, medals, records, biographies, news, historical results, audio and video. The Info system is available in English and some content is available in French. It is scheduled to go live on 13 July 2021 and will remain online until 11 August 2021.

Info Content and Details	
Background	Historical data, statistics, competition formats and rules, qualification criteria and venue descriptions
Biographies	Athlete biographies and team, coach, referee, umpire, judge and NOC profiles
Ceremonies	Details about Opening Ceremony, Closing Ceremony and medal ceremonies, including timings and participants
Games News	Flash quotes, press conference highlights, sport previews, news articles, statistic-driven reports, media communications and IOC news
Medals	Medal standings by sport, overall medal standings, and medallists by day, sport and event
Records	World and Olympic records, including current records, record holders and new/equalled records
Results	Competition results viewable by sport, date and NOC. Includes entry lists, start lists, results and additional sport-specific reports
Schedules	Competition and non-competition schedules, including press conferences, IOC activities and Cultural Olympiad

myInfo is the online version of Info and is available for users with an internet connection and login account (username and password) from anywhere in the world. myInfo provides additional features not available on Info, such as:

- customisation (ability for users to create their own schedules by selecting only those sports and events of interest to them)
- news/event alerts via email
- bookmarking of results, reports and other Games information
- hyperlinking to other websites, such as those of the IOC and IFs
- downloadable results books
- copy and paste functionality

Medical services and facilities

Medical facilities will be provided at all competition venues. Athlete and spectator medical stations will be stocked with appropriate equipment, supplies and medication, and will be staffed by experienced medical staff. Ambulance units will be stationed at all competition venues during the competition period.

Athlete medical services have been planned in compliance with IF requirements and Olympic regulations for the sport. Medical services will generally be available from the time athletes, team officials and technical officials arrive at the venue until the time they leave the venue.

Spectator medical services care for all other client groups, including spectators, workforce, media, sponsors, volunteers, contractors, VIPs and Olympic Family. There will also be first responder teams circulating throughout the venue to respond to any medical situation that occurs.

Field-of-Play response

Field of Play (FOP) response teams will provide first aid and emergency services to athletes and officials on the FOP should such services be required. If necessary, the patient will be retrieved from the FOP and transported to the athlete medical station, Polyclinic, or designated Games hospital as appropriate. The order of response on the FOP and any decision-making will differ in each venue in accordance with the rules of the respective IF.

Food and beverage

A refreshments station will be located at the Technical Officials' Lounge (in the TO Meeting Room) and will offer unlimited packaged bottled water, Coca-Cola soft drinks as well as whole fruit. These refreshments will generally be available from one hour and a half before the start of each competition session and until one hour after the end of each competition session.

During operational days, technical officials who stay longer than four hours away from their accommodation will be entitled to receive a meal box at the Technical Officials' Meeting Room (TBC). The cold packed meal will be pre-ordered by the Tokyo 2020 TO supervisor according to the schedule and will be available for collection throughout the day. During the first ITO and NTO meeting the technical officials will receive detailed information about the type and the times for the meals.

Venue

Key information

Ariake Gymnastics Centre

1-10-1 Ariake
Koto-ku Tokyo
Japan

The Ariake Gymnastics Centre is a temporary venue built especially for Gymnastics at Tokyo 2020. It is located on Ariake island in the Tokyo Bay Zone of venues.

Venue access

All technical officials will access the Ariake Gymnastics Centre via Technical Officials' Entrance at the west gate. The TF transport will pick up the technical officials from the same location to return them to the hotel.

Field of play (FOP)

The Artistic Gymnastics competition will be conducted on an 80cm Gymnastics raised podium in the centre of the arena.

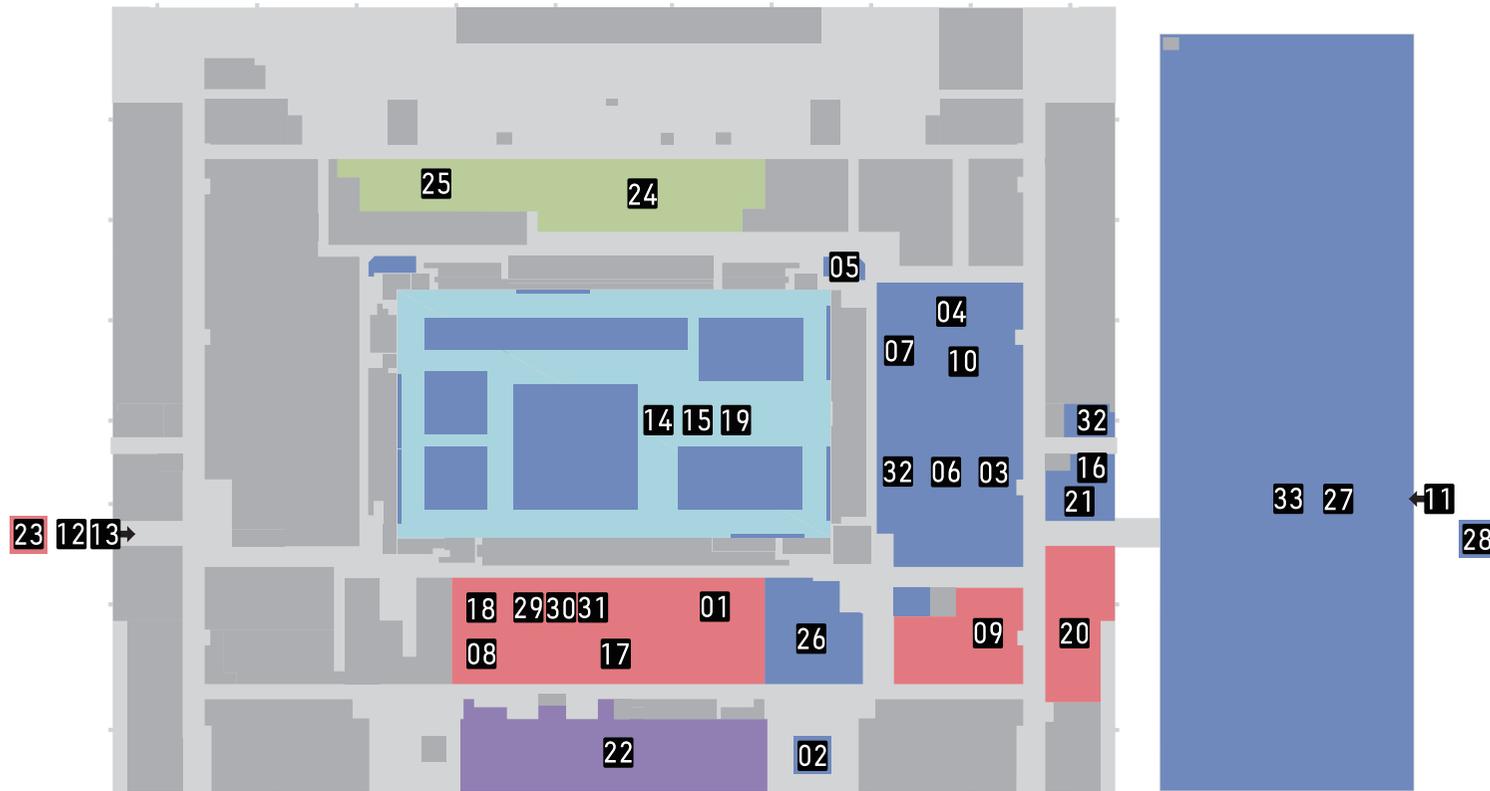
The Trampoline Gymnastics competition will be conducted on an 80cm Gymnastics raised podium in the centre of the arena where gymnasts will have the choice of two trampolines placed parallel and 2m apart.

The Rhythmic Gymnastics competition will be conducted on an 80cm Gymnastics raised podium in the centre of the arena.

The arena will include a music system for playing gymnasts' floor music. All equipment will be presented in accordance with FIG regulations.

Venue map

Level0



Gymnastics Ariake Gymnastics Centre

LEGEND

- 01** Jury of Appeal Room
- 02** Athlete Ambulance Parking
- 03** Athletes' Lounge
- 04** Athletes' Medical Room
- 05** FOP Athletes' Staging Area
- 06** Athletes' Changing Rooms
- 07** Chaperone Waiting Room
- 08** Olympic Family Lounge (*Temporary use in high demand sessions)
- 09** Competition Management
- 10** Doping Control Station
- 11** Entrance/Exit (Athletes)
- 12** Entrance/Exit (Dignitaries)
- 13** Entrance/Exit (Technical Officials)
- 14** Field of Play (FOP)
- 15** FOP Medical Desk
- 16** Ice Machine
- 17** IF Lounge
- 18** IF Office
- 19** Inquiry Desk
- 20** ITO/NTO Lounge and Working Area
- 21** Massage Area
- 22** Olympic Family Lounge
- 23** P1 Loading Area (Dignitaries and TF, Technical Officials)
- 24** Press Conference Room
- 25** Press Mixed Zone
- 26** Sport Equipment Storage
- 27** Sport Information Desk
- 28** TA Loading Area (Athletes)
- 29** Technical Delegates Room1
- 30** Technical Delegates Room2
- 31** Technical Delegates Room3
- 32** Toilet (w/ Accessible Toilet)
- 33** Warm-up Area

©Tokyo 2020

Venue facilities and services

For the Artistic Gymnastics competition there will be two separate warm-up areas, one for men and one for women, located close to the field of play. Some warm-up apparatus will be located on an 80cm Gymnastics raised podium and the areas will include a music system for playing gymnasts' floor music. For the Rhythmic Gymnastics competition, the final warm-up carpet and four other warm-up carpets will be located close to the field of play in the warm-up hall. All carpets will measure 13m² with a 50cm border in accordance with FIG standards. The warm-up facilities will include music systems for playing gymnasts' routine music.

For the Trampoline Gymnastics competition, the warm-up area will be located in the same venue near the field of play.

Technical Officials' Lounge

Refreshments will be provided at the Technical Officials' Lounge in the TO Meeting Room located between FOP and warm-up hall.

Venue Accreditation Office (VAO)

Ariake Gymnastics Centre (AGC) ※AGC is in precinct with ARA ASP		
Services	OIAC/PIAC Distribution	No
	Pre-Valid Card Validation	Yes
	Lost/Stolen/Damaged OIAC/PIAC Replacement	Yes
	Training Access Pass Distribution	Yes
	Help Desk	No
Olympic Games Operation Dates and Times		
Non-competition days	08:30 – 16:30	
Training days	From 30 minutes before the start of the training to 30 minutes after final team or athletes arrive	
Competition days	30 minutes before the warm-up starts to the end of the ceremony or competition	
20 July – 8 August	08:30 – 15:30	

Lost and found

All reports of lost and found items at the venue should be directed to Technical Official Supervisor (Goto Yoichi).

Venue evacuation and emergency procedures

All personnel will be notified in the event of an evacuation. Please use the nearest available emergency exit route to the appropriate assembly point as directed.

Heat countermeasures

Tokyo 2020 will provide heat countermeasures for athletes and technical officials according to the characteristics of sports and venues. Examples of some general heat countermeasures are listed below, while additional information will be provided for those sports which have their own sport-specific heat countermeasures.

- Changes made to competition schedules (some sports)
- Installation of air conditioners at Athlete Lounges and changing rooms
- Provision of sufficient water and ice
- Installation of heat countermeasure equipment such as spot coolers, mist fans, etc.
- Provision of ice baths (some sports)
- Publishing Tokyo's historical weather information

3. GYMNASTICS - ARTISTIC

Key dates

5 July 2021	Sport entries final deadline (23:59 Japan Standard Time)
13 July 2021	Olympic Village official opening
19 July 2021	Start of Artistic Gymnastics official training
20 July 2021	Artistic Gymnastics Orientation Meeting (19:00)
21 July 2021	Podium Training (MAG)
22 July 2021	Podium Training (WAG)
23 July 2021	Olympic Games Opening Ceremony
24 July 2021	Start of Artistic Gymnastics competition
3 August 2021	End of Artistic Gymnastics competition
8 August 2021	Olympic Games Closing Ceremony
11 August 2021	Olympic Village closes

Tokyo 2020 Competition Management		
Gymnastics Sport Manager	ENDO Koichi	JPN
Gymnastics Services Manager	FUJII Toshiaki	JPN
Artistic Gymnastics Technical Operations Manager	TAKEMURA Hideaki	JPN
Trampoline Gymnastics Technical Operations Manager (Training Hall)	ISHIDA Masato	JPN
Rhythmic Gymnastics Technical Operations Manager (Training Hall)	PRESLEY Asuka	JPN
Artistic Gymnastics Field of Play Supervisors (Include Warm-up Hall and Training Hall)	ARAHATA Hiromi	JPN
	AKENA Akiko	JPN
	MURATA Ayako	JPN
	KATO Takehiro	JPN
	KUBO Miyuki	JPN
	SUZUKAWA Kayo	JPN
	KITAMURA Akemi	JPN
	SHIMA Sachiyo	JPN
Gymnastics IF Services Supervisor	MURATA Ryusuke	JPN
Gymnastics Sport Information Supervisor	ITOH Sho	JPN
Gymnastics Athletes Services Supervisor	MACHIDA Ryosuke	JPN
Gymnastics Technical Officials Supervisor	GOTO Yoichi	JPN
Sport Equipment Supervisor	TACHIBANA Yasunori	JPN
Gymnastics Administration Supervisor	SOGAME Hideo	JPN
	KOJIMA Ai	JPN

FIG Men's Artistic Gymnastics Superior Jury		
MAG Superior Jury Members	Andrew TOMBS	GBR
	Julio Marcos FELIPE	ESP
	Holger ALBRECHT	GER
	Jeff THOMSON	CAN
	TOMITA Hiroyuki	JPN
	HUANG Liping	CHN
	Alvaro SOUSA	POR
MAG Athletes' Representative	Aljaz PEGAN	SLO

FIG Women's Artistic Gymnastics Superior Jury		
WAG Superior Jury Members	Kym DOWDELL	AUS
	ZHOU Qiurui	CHN
	Liubov ANDRIANOVA	RUS
	Elena DAVYDOVA	CAN
	Johanna GRATT	AUT
	Tatiana PERSKAIA	USA

Selection and appointment of Judges

International Technical Officials (ITOs) – Men's Artistic Gymnastics

D-Judge	Mohamed Smail HADJI	ALG
	Josef TOTH	AUT
	Miguel Angel IANEZ RAMOS	ESP
	James MAY	GBR
	Ilia GIORGADZE	GEO
	Nikolaos PROVIAS	GRE
	Diego LAZZARICH	ITA
	Raymond NANKOE	NED
	Dmitry ANDREEV	RUS
	Dejan DEJANOVIC	SRB
	Lubos RUPCIK	SVK
	Daniel BACHMAN	USA
	E-Judge	Mauricio MACERONI
Paul SZYJKO		AUS
Rza ALIYEV		AZE
Alain COUSSEMENT		BEL
Robson CABALLERO		BRA
Bruno MARTIN		CAN
LI Jing		CHN
Juan Pablo RAMIREZ CARMONA		COL
Jiri URBANEK		CZE
Mohamed SOLIMAN		EGY
Douglas BERNABE		ESA
Topi TASKINEN		FIN
Jean-Francois BLANQUINO		FRA
Uwe REICHERT		GER
Deepak KABRA		IND
Bjorn Magnus TOMASSON		ISL
Jacob LEVY		ISR
TAKAHASHI Takanori		JPN

	HAN Yoon Soo	KOR
	Cesar Fernando VALENZUELA GOMEZ	MEX
	Tom THINGVOLD	NOR
	Gareth Paul BRETTELL	NZL
	Piotr KULBICKI	POL
	Pedro SEBASTIAO	POR
	Mahmood ALSADI	QAT
	Jens HUMMEL	SWE
	Nedal ALYOUSEF	SYR
	TUNG Chun Chieh	TPE
	Senol TURKDOGAN	TUR
	Dinh Cuong BUI	VIE
R-Judge	Hakob SEROBYAN	ARM
	Andrey FEDARAU	BLR
	Zdravko KURTEV	BUL
	Mario VUKOJA	CRO
	Dimitrios ANGONAS	CYP
	Denis DONOGHUE	IRL
	Timur ABDULIN	KAZ
	Deniss ZBICKIS	LAT
	Eugen Dumitru CATEAN	ROU
	Enes HODZIC LEDERER	SLO
	Andreas KUONI	SUI
	Oleksiy KOROLENKO	UKR
(Reserve Judges)	Juan Carlos COLON ROBLES	PUR
	Jorge SANDOVAL	VEN

International Technical Officials (ITOs) – Women's Artistic Gymnastics

D-Judge	ZHU Jieya	CHN
	Hana LISKAROVA	CZE
	Maria Jose SAN MARTIN LOPEZ	ESP
	Maria COCUZZA	ITA
	OMORI Tomoko	JPN
	Nadezda SEILE	LAT
	Anne Torill NORDLI	NOR
	Vesna STARE CRNJAC	SLO
E-Judge	Trisha Maree HADE	AUS
	Tanja GRATT	AUT
	Valerie VAN CAUWENBERGHE	BEL
	Volha OYETS	BLR
	Elaine GUERIERO	BRA
	Gordon Michael BENNETT	CAN
	Tamara Desiree HERRERA FAUNDEZ	CHI
	Gabriela Maria GOMEZ ROLDAN	COL
	Julija LJUBANCIC	CRO
	Maria IOANNOU	CYP
	Nehad ZAYED	EGY
	Patricia Raymonde Yvette GIRAL	FRA
	Pauline SMITH	GBR
	Zsuzsanna Katalin KALMAR	HUN
	Hlin BJARNADOTTIR	ISL
	Orna Erena SHAI	ISR
	Chantal VERKOOIJEN	NED
	Maria BURY	POL
	Kristin GRAHN	SWE
	Lyudmila LI	UZB

(Reference Judges)	Sabrina KLAESBERG	GER
	Bella Guadalupe BALBOA GONZALEZ	MEX
	Vera KIRYASHOVA	RUS
	Christina Maria FRAUENKNECHT	SUI
	CHUO Tsui-Hua	TPE
	Mergul GULER YILMAZ	TUR
	Oksana SLIUSARCHUK	UKR
	Cheryl Ann HAMILTON	USA
Reserve Judges	Abeer Ali A F AL-BUAINAIN	QAT
	Michelle Jayne WOOLF	NZL

National Technical Officials (NTOs) (JPN unless otherwise stated)		
	MAG	WAG
TD/TC Liaison	TAKEUCHI Teruaki	KUROSU Maki
ITO/NTO Liaison	SHIMADA Toshio	NODA Mikiko
NTOs	KASAMATSU Akihiro	SAHARA Ayaka
	MORI Naoki	OSHIMA Kyoko
	KONDO Masao	NAGAI Hitomi
	HOSOKAWA Hirotaka	FUJIWARA Kana
	YOSHIDA Yoshitsune	KUWABARA Kana
	UMETA Shuichi	TAKAHASHI Yoko
	KURASHIMA Takashi	SHIRAKAWA Chihiro
	SHIRAI Kojiro	ARAKI Mio
	WASHIZU Masaru	SHIMURA Miki
	MITOMI Hiroaki	YAMAUCHI Yukiko
	HANAKITA Kei	SANO Yoshimi
	SASAKI Akifumi	ENDO Ryo
OKUBO Yusuke	ABE Keiko	

Medal Events	
Men (8)	Women (6)
Team	Team
All-Around	All-Around
Floor Exercise	Vault
Pommel Horse	Uneven Bars
Rings	Balance Beam
Vault	Floor Exercise
Parallel Bars	
Horizontal Bar	

Competition format

There will be four competition phases in the Artistic Gymnastics competition: qualification, team final, All-Around final and apparatus final.

During qualifications, all gymnasts compete as part of a team of four gymnasts or as individuals. The results are used to determine the qualifiers for all finals. No scores are carried over to the finals from the qualifications.

The eight top-ranked men's and women's teams from the qualifications go forward to the team finals (including all teams tied for eighth place after Olympic tie-breaking rules have been applied), which feature three of the four members of each team at each apparatus and the scores of all three members on each apparatus will count. The teams compete again on all apparatus and are ranked on their total team score.

The 24 top-ranked men and women from the qualifications proceed to the All-Around final (including all gymnasts tied for 24th place after Olympic tie-breaking rules have been applied), to a maximum of two per NOC. The gymnasts perform again on all pieces of apparatus, and are ranked on their total individual score.

The eight top-ranked men and women on each apparatus in the qualifications proceed to the apparatus finals (including all gymnasts tied for eighth place after Olympic tie-breaking rules have been applied), to a maximum of two per NOC.

Judges and scoring

A panel of nine judges presides over each apparatus. The judges are divided into panels in order to calculate the final score ('F') as follows:

$F = D + E - \text{penalties (neutral deductions)}$

The difficulty panel, made up of two judges, calculates the 'D' score, which is based on the content of the routine.

The execution panel, made up of five judges, is responsible for the 'E' score, which is determined by the gymnast's execution of the routine. The 'E' score is calculated by dropping the highest and lowest E judges' scores and averaging the three remaining scores.

The other two members of the judging panel are reference judges, part of the reference judges' system, introduced to establish an automatic correction system in case of any problems with 'E' scores. The 'RE' score is calculated by averaging the scores of the two reference judges. If the gap between the (avg.) 'E' score and the (avg.) 'RE' score exceeds the predefined permitted tolerances, the (avg.) E score will be replaced by the average of the (avg.) 'RE' score and the (avg.) 'E' score. Otherwise, the (avg.) 'E' score will remain unchanged.

If the gap between the scores of the two reference judges exceeds the predefined permitted tolerances, the 'RE' score will not be considered, and the (avg.) 'E' score will remain unchanged.

Inquiries procedure

Inquiries for the Difficulty score are allowed, provided that they are made verbally immediately after the publication of the score or at the very latest before the score of the following gymnast or group is shown.

In case two categories / apparatus are judged alternatively (by two panels or one single panel) the inquiry must be made before the score of the following gymnast or group of the same category/apparatus is shown.

For the last gymnast or group of a rotation, this limit is one minute after the score is shown on the score board. The person designated to receive the verbal inquiry has to note the time of receiving it and this starts the procedure.

Only the accredited coaches (Artistic Gymnastics) in the competition area and next to the competition area (other disciplines) are entitled to submit an inquiry.

An area close to the podium where the coach of the competing gymnast can observe the exercise must be designated.

Late verbal inquiries will be rejected. An NOC is not allowed to complain against a gymnast from another NOC. Inquiries for all other scores (Execution, Artistic, Time of flight, Synchro, HD and all PK scores) are not allowed.

The inquiry must be confirmed as soon as possible in writing, but within four minutes at the latest after the verbal inquiry and requires an agreement of payment of CHF300 – for the first complaint; CHF500 – for the second complaint made by the same NOC and CHF1000 – for the third and subsequent complaint lodged by the NOC throughout the event (and not starting from “1” again at each competition phase). Should the inquiry not be confirmed in writing within four minutes, the procedure becomes obsolete.

The inquiries must be examined by the Superior Jury and a final decision (which may not be appealed) must be taken at the very latest:

- At the end of the rotation (or group) for the qualifying competitions, the All-Around competitions and the team competition (final)
- Before the score of the following gymnast or group of the same panel is shown for the finals (apparatus finals for ART and RG, Group finals for RG)

After review of the routine the score is changed (risen or lowered or unchanged).

Should the final score be higher, the inquiry is accepted and the sum will not be invoiced by FIG to the NOC.

If the score is unchanged or lowered, the inquiry is considered as rejected and the amount will be invoiced by FIG to the NOC and will be transferred to the FIG Foundation for Solidarity.

Competition rules

The Gymnastics competitions will be held in accordance with the editions of the following documents that are in force at the time of the Olympic Games:

FIG Statutes

FIG Technical Regulations

FIG Apparatus Norms

FIG Code of Points (discipline-specific versions), relevant newsletters and helpdesk

FIG Judges' Rules (general and discipline-specific versions)

FIG License Rules

Subsequent decisions of the FIG Executive Committee

All the above documents are available at www.gymnastics.sport/site/rules/rules.php

The Olympic Charter

www.olympic.org/documents/olympic-charter

In accordance with Rule 46 of the Olympic Charter, FIG will be responsible for the technical control and direction of Gymnastics at Tokyo 2020.

COMPETITION SCHEDULE AND PROCEDURES

Artistic Gymnastics competition schedule

Changes to the competition schedule will be communicated through the SID at Ariake Gymnastics Centre. Changes will also appear on Info.

Day 1		Sat 24 Jul		
Session GAR01		Start: 10:00	End: 12:30	Ariake Gymnastics Centre
Time	Total	Event name		
10:00 - 12:30	2:30	Men's Qualification - Subdivision 1		

Session GAR02		Start: 14:30	End: 17:00	Ariake Gymnastics Centre
Time	Total	Event name		
14:30 - 17:00	2:30	Men's Qualification - Subdivision 2		

Session GAR03		Start: 19:30	End: 22:00	Ariake Gymnastics Centre
Time	Total	Event name		
19:30 - 22:00	2:30	Men's Qualification - Subdivision 3		

Day 2		Sun 25 Jul	
Session GAR04		Start: 10:00	End: 13:35
		Ariake Gymnastics Centre	
Time	Total	Event name	
10:00 - 11:40	1:40	Women's Qualification - Subdivision 1	
11:55 - 13:35	1:40	Women's Qualification - Subdivision 2	

Session GAR05		Start: 15:10	End: 18:45
		Ariake Gymnastics Centre	
Time	Total	Event name	
15:10 - 16:50	1:40	Women's Qualification - Subdivision 3	
17:05 - 18:45	1:40	Women's Qualification - Subdivision 4	

Session GAR06		Start: 20:20	End: 22:00
		Ariake Gymnastics Centre	
Time	Total	Event name	
20:20 - 22:00	1:40	Women's Qualification - Subdivision 5	

Day 3		Mon 26 Jul	
Session GAR07		Start: 19:00	End: 22:00
		Ariake Gymnastics Centre	
Time	Total	Event name	
19:00 - 21:45	2:45	Men's Team Final	
21:45 - 22:00	0:15	Men's Team Victory Ceremony	

Day 4		Tue 27 Jul	
Session GAR08		Start: 19:45	End: 22:00
		Ariake Gymnastics Centre	
Time	Total	Event name	
19:45 - 21:45	2:00	Women's Team Final	
21:45 - 22:00	0:15	Women's Team Victory Ceremony	

Day 5		Wed 28 Jul	
Session GAR09		Start: 19:15	End: 22:00
		Ariake Gymnastics Centre	
Time	Total	Event name	
19:15 - 21:50	2:35	Men's All-Around Final	
21:50 - 22:00	0:10	Men's All-Around Victory Ceremony	

Day 6		Thu 29 Jul	
Session GAR10		Start: 19:50	End: 22:00
		Ariake Gymnastics Centre	
Time	Total	Event name	
19:50 - 21:50	2:00	Women's All-Around Final	
21:50 - 22:00	0:10	Women's All-Around Victory Ceremony	

Day 9		Sun 1 Aug	
Session GAR11		Start: 17:00	End: 20:00
		Ariake Gymnastics Centre	
Time	Total	Event name	
17:00 - 17:35	0:35	Men's Floor Exercise Final	
17:35 - 17:45	0:10	Men's Floor Exercise Victory Ceremony	
17:45 - 18:20	0:35	Women's Vault Final	
18:20 - 18:30	0:10	Women's Vault Victory Ceremony	
18:30 - 19:05	0:35	Men's Pommel Horse Final	
19:05 - 19:15	0:10	Men's Pommel Horse Victory Ceremony	
19:15 - 19:50	0:35	Women's Uneven Bars Final	
19:50 - 20:00	0:10	Women's Uneven Bars Victory Ceremony	

Day 10		Mon 2 Aug	
Session GAR12		Start: 17:00	End: 19:15
		Ariake Gymnastics Centre	
Time	Total	Event name	
17:00 - 17:35	0:35	Men's Rings Final	
17:35 - 17:45	0:10	Men's Rings Victory Ceremony	
17:45 - 18:20	0:35	Women's Floor Exercise Final	
18:20 - 18:30	0:10	Women's Floor Exercise Victory Ceremony	
18:30 - 19:05	0:35	Men's Vault Final	
19:05 - 19:15	0:10	Men's Vault Victory Ceremony	

Day 11		Tue 3 Aug	
Session GAR13		Start: 17:00	End: 19:15
		Ariake Gymnastics Centre	
Time	Total	Event name	
17:00 - 17:35	0:35	Men's Parallel Bars Final	
17:35 - 17:45	0:10	Men's Parallel Bars Victory Ceremony	
17:45 - 18:20	0:35	Women's Balance Beam Final	
18:20 - 18:30	0:10	Women's Balance Beam Victory Ceremony	
18:30 - 19:05	0:35	Men's Horizontal Bar Final	
19:05 - 19:15	0:10	Men's Horizontal Bar Victory Ceremony	

Arrival, departure, key events and meeting schedule

DATE	TIME	ACTIVITY	PLACE
17 July 2021	ALL day	MAG Technical Delegate arrival	
18 July 2021	All day	MAG Superior Jury arrival	
	All day	MAG ITO (D Judges) arrival	
	All day	WAG Technical Delegate arrival	
19 July 2021	All day	MAG ITO (E Judges/ Reserve D judges) arrival	
	All day	MAG NTO arrival	
	All day	WAG Superior Jury arrival	
	All day	WAG ITO (D Judges) arrival	
	10:00	MAG TC Meeting	Online
	14:00	MAG D Judges Meeting	Online
	18:30	MAG TC and D Judges UAC	
20 July 2021	All day	WAG ITO (E Judges/ Reserve D Judges) arrival	
	All day	WAG NTO arrival	
	09:00	MAG TC Meeting	Online
	09:30	WAG TC Meeting	Online
	10:30	MAG ITO and NTO to UAC	UAC
	13:00	WAG D Judges Meeting	Online
	13:30	MAG TO Meeting and Draw (CI)	Online
	15:00	WAG TC to UAC	UAC
	19:00	GAR Orientation Meeting	Online
21 July 2021	09:30	MAG TO Instruction (During Podium Training)	Online
	10:00	WAG ITO and NTO UAC visit	UAC
	10:30	WAG TC Meeting	AGC TC Room
	14:00	WAG TO Meeting and Draw (CI and CII)	Online
22 July 2021	09:00	WAG TO Instruction (During Podium Training)	AGC TO Room & FOP
		ITO Executive Board arrival	
23 July 2021		Olympic Games Opening Ceremony	
	10:00	ITO Executive Board UAC visit	UAC
24 July 2021	09:00	MAG TO Meeting and Judging (Men's Qualification)	AGC TO Room & FOP

25 July 2021	08:30	WAG TO Meeting and Judging (Women's Qualification)	AGC TO Room & FOP
	10:00	MAG TC Meeting and PCVR	AGC TC Room
26 July 2021	13:00	WAG TC Meeting and PCVR	AGC TC Room
	16:30	MAG TO Meeting, Draw (CIV) and Judging (Men's Team Final)	AGC TO Room & FOP
27 July 2021	13:00	MAG TC Meeting and PCVR	AGC TC Room
	17:30	WAG TO Meeting, Draw (CIV) and Judging (Women's Team Final)	AGC TO Room & FOP
28 July 2021	15:00	WAG TC Meeting and PCVR	AGC TC Room
	16:30	MAG TO Meeting, Draw (CII) and Judging (Men's AA Final)	AGC TO Room & FOP
29 July 2021	15:00	MAG TC Meeting and PCVR	AGC TC Room
	17:30	WAG TO Meeting and Judging (Women's AA Final)	AGC TO Room & FOP
30 July 2021	10:00	WAG TC Meeting and PCVR	AGC TC Room
1 August 2021	14:30	MAG TO Briefing, CIII Draw (FX, PH) and Judging	AGC TO Room & FOP
	16:00	WAG TO Briefing, CIII Draw (VT, UB) and Judging	AGC TO Room & FOP
	20:15	WAG TC Meeting and PCVR	AGC TC Room
2 August 2021	14:30	MAG TO Briefing, CIII Draw (SR, VT) and Judging	AGC TO Room & FOP
	16:00	WAG TO Briefing, CIII Draw (FX) and Judging	AGC TO Room & FOP
	19:30	WAG TC Meeting and PCVR	AGC TC Room
3 August 2021	14:30	MAG TO Briefing, CIII Draw (PB, HB) and Judging	AGC TO Room & FOP
	16:00	WAG TO Briefing, CIII Draw (BB) and Judging	AGC TO Room & FOP
	19:30	WAG TC Meeting and PCVR	AGC TC Room
4 August 2021	All day	MAG Superior Jury, MAG ITO and NTO Departure	
	All day	WAG Superior Jury, WAG ITO and NTO Departure	
9 August 2021	All day	MAG and WAG Technical Delegates Departure	

Judges' Instructions, Meetings, Briefings, Draw and Podium Training

Judges will be required to be present at the roll call. All the judges are required to take part in the instruction, briefings, and subsequent meetings in accordance with the schedule.

All MAG and WAG judges (D, E, and R) are required to attend all podium subdivisions to be eligible for participation in all phases of the competition. The draws of the Judges' Panels for the Qualifications and Finals (following the Qualifications and the judges' evaluations) will be conducted by the TCs.

Pre-competition procedures

Orientation Meeting

Date: 20 July 2021

Time: 19:00 – 20:00

Location: Online

Representatives of the FIG and Tokyo 2020 Gymnastics competition management will outline the full event programme and address NOCs' questions. Each participating NOC is required to attend, with a maximum of two delegates per NOC.

The FIG event ITOs and NTOs are not invited to the orientation meeting.

Venue familiarisation

Technical officials will have the opportunity to familiarise themselves with the venue, as well as their own areas (for example, the Technical Officials' Lounge and Technical Officials' Meeting Rooms), on the first official day at the venue.

Technical officials' equipment distribution

The Technical Officials Group Leader will ensure all necessary judging equipment (line flags, board for vault, whistles, stop watches, etc.) is issued before the start of the competition. Equipment should be left at the respective Judge's table at the end of the competition, from where the Technical Officials Group Leader will collect it.

Judging recording sheets will be issued as a pack for each technical official before the start of the competition.

Competition procedures

Assembly of technical officials before competition

Technical officials (including reserves) should be present in the Technical Officials' Lounge 30 minutes before the start of the competition. The Technical Officials Group Leader will collect the technical officials for their roll call and go to their judges' seats approximately 10 minutes before the start of the competition.

Before leaving the Technical Officials' Lounge, all technical officials' uniforms will be checked to ensure the correct uniform is being worn and carried and to ensure compliance with Rule 50 of the Olympic Charter. Non-official items of clothing and equipment are not allowed on the Field of Play, technical table and the judge's seats.

Access to the Field of Play

Access to the Field of Play is limited to technical officials taking part in the competition at that time. The number of persons who have access to the Field of Play is strictly limited as per the FIG Technical Regulations and Accreditation Rules, provided the respective persons are duly accredited with an OIAC and a separate SADC.

March-in and march-out

The moving routes to their judge's seats will be explained to Judges during the first TO instruction meeting. The seats are set out of the Field of Play so no march-in and march-out is required for judges.

Technical Officials' Seating

Officials will have access to the accredited seating area (in the spectator bowl). Please note the space may be limited during certain times of the competition and is available on a first-come, first-served basis. Accreditation must be worn at all times in this area. Officials are strictly prohibited from sitting in any other ticketed seat, unless authorised to do so by a member of Tokyo 2020 staff.

Reserve Judges

Reserve Judges will be allocated seats at the Technical Table in the Field of Play.

Activity between Subdivisions

Where time allows, technical officials may return to the Technical Officials' Lounge. During the WAG qualification competition (CI), there will only be 15 minutes between subdivisions 1 & 2 and 3 & 4. WAG Judges are asked to leave the seat in an orderly manner, following the direction of the D1 Judge, and to be back in position before the gymnast march-in.

Post-competition procedures

Leaving the field of play

Judges are not expected to leave their seats during competition. Any Judge with an unavoidable need to leave the seats should inform the Apparatus Superior Jury or the D1 Judge on the respective panel.

Generally, technical officials will leave the seats to the TO meeting room when the final routine of the competition after the score has been displayed.. This will be coordinated by the Apparatus Superior Jury or the panel's D1 Judge and the Field of Play Group Leaders.

Participation gifts

All technical officials who participate in the Olympic Games Tokyo 2020 will receive a sustainable gift. The gift will consist of digital participation certificate and *furoshiki* (Japanese traditional wrapping cloth) from Tokyo Metropolitan Government bearing the dual emblems.

4. GYMNASTICS - TRAMPOLINE

Key dates

5 July 2021	Sport entries final deadline (23:59 Japan Standard Time)
13 July 2021	Olympic Village official opening
25 July 2021	Start of Trampoline Gymnastics Official Training
23 July 2021	Olympic Games Opening Ceremony
28 July 2021	Trampoline Gymnastics Orientation Meeting (12:30)
29 July 2021	Women's Podium Training (10:10)
	Men's Podium Training (12:10)
30 July 2021	Start of Trampoline Gymnastics competition
31 July 2021	End of Trampoline Gymnastics competition
8 August 2021	Olympic Games Closing Ceremony
11 August 2021	Olympic Village closes

Tokyo 2020 Competition Management		
Gymnastics Sport Manager	ENDO Koichi	JPN
Gymnastics Services Manager	FUJII Toshiaki	JPN
Trampoline Gymnastics Technical Operations Manager	ISHIDA Masato	JPN
Artistic Gymnastics Technical Operations Manager (Training Hall)	TAKEMURA Hideaki	JPN
Rhythmic Gymnastics Technical Operations Manager (Training Hall)	PRESLEY Asuka	JPN
Artistic Gymnastics Field of Play Supervisors (Include Warm-up Hall and Training Hall)	ARAHATA Hiromi	JPN
	AKENA Akiko	JPN
	MURATA Ayako	JPN
	KATO Takehiro	JPN
	KUBO Miyuki	JPN
	SUZUKAWA Kayo	JPN
	KITAMURA Akemi	JPN
	SHIMA Sachiyo	JPN
Gymnastics IF Services Supervisor	MURATA Ryusuke	JPN
Gymnastics Sport Information Supervisor	ITOH Sho	JPN
Gymnastics Athletes Services Supervisor	MACHIDA Ryosuke	JPN
Gymnastics Technical Officials Supervisor	GOTO Yoichi	JPN
Sport Equipment Supervisor	TACHIBANA Yasunori	JPN
Gymnastics Administration Supervisor	SOGAME Hideo	JPN
	KOJIMA Ai	JPN

FIG Trampoline Gymnastics Superior Jury		
President of the Trampoline Gymnastics Superior Jury	Horst KUNZE	GER
Trampoline Gymnastics Superior Jury Members	Miguel Vicente MARINO	ESP
	Dmitri POLIAROUSH	BLR
	Nikolai MAKAROV	RUS
	Tatiana SHUYSKA	UKR
	LIU Xing	CHN
	Christophe LAMBERT	FRA
Trampoline Gymnastics Athletes' Representative	Nuno MERINO	POR

Selection and appointment of Judges

International Technical Officials (ITOs) Trampoline Gymnastics		
CJP/D/EJudges	Darren GILLIS	AUS
	Inmaculada PAZOS	ESP
	Saskia VAN DIJK	NED
	João OLIVEIRA	POR
	Elena FEDORENCHIK	RUS
E-Judge	Dieter HYAN	AUT
	Eliane SIMÃO	BRA
	Cyril CLOUD	FRA
	Rusudan KHOPERIA	GEO
	Margarita ZERMENO	MEX
	Wilson ARANDA	COL

National Technical Officials (NTOs) (JPN unless otherwise stated)	
TD/TC Liaison	YAMAMOTO Norifumi
ITO/NTO Liaison	OZAWA Mai
NTOs	FUKUI Naoya
	MUTO Shinya
	KAMIYAMA Kazunori

Medal Events	
Men (1)	Women (1)
Individual	Individual

Competition format

Both the men's and women's competitions have the same format: the gymnasts with the eight best scores from the qualifying round will go forward to the final (including all gymnasts tied for eighth place after Olympic tie-breaking rules have been applied). The starting order for the final will be in order of merit, the gymnast with the lowest score in the qualifying round going first. The finals are conducted from a zero start.

Competition cards

The competition cards must be handed in at the time and place specified by competition management, otherwise the gymnast may not be allowed to start. The chief recorder is responsible for ensuring that they are given to the difficulty judges at least two hours before the competition starts.

The elements of the first routine must be written down on the competition card. Each of the required elements must be marked with an asterisk (*). The elements of the second routine must also be written down on the competition card with the difficulty value of each element.

Qualifying round

There are two routines in the qualifying round, with 10 different elements in each routine.

The first routine includes both free elements and special requirements. Four of the skills chosen by the gymnast will have counting difficulty for the routine score; these skills cannot be repeated in the second voluntary routine without penalty. The difficulty of these skills will be added to the execution score plus the horizontal displacement and the time of flight to give the total for a routine.

The second routine is a voluntary routine. None of the skills already counted for difficulty in the first routine can be repeated, otherwise the difficulty of those skills will not be considered for calculation in the second routine. The execution score plus the horizontal displacement and the time of flight are added to the difficulty score to give the total for a routine.

Final

There is one voluntary routine in the final, with 10 different skills without limitations, in which the execution score plus the horizontal displacement and the time of flight are added to the difficulty score to give the total for a routine.

Judges and scoring

A routine on the trampoline is characterised by high, continuously rhythmic, feet-to-feet and feet-to-back, front or seat rotational jumping elements, without hesitation or intermediate straight bounces. A trampoline routine should be planned to demonstrate a variety of forward and backward twisting or non-twisting elements. It should show good control, form, execution, height and maintenance of height. The evaluation of execution and difficulty is done in tenths of a point. The time of flight is evaluated in 1/1000 of a second rounded down to 5/1000 of a second.

Judges must write their deductions independently of one another. When signalled by the Chair of Judges' Panel (CJP), all judges' marks must be displayed simultaneously.

The CJP controls all aspects of the competition; makes decisions on all matters other than execution, difficulty and time scores; and acts on and communicates these decisions to all relevant officials.

Judges' Panel	Description	No of Judges
CJP (HD, ToF)	Chair of Judges' Panel	1
E-score	Judges for Execution	6
D-score	Judges for Difficulty	2
Total		9

Scoring

The final score (F) is calculated as follows:

$$F = E (\text{max. 20 pts}) + H (\text{max. 10 pts}) + D + T - \text{Penalty}$$

Inquiries Procedure

Inquiries for the Difficulty score are allowed, provided that they are made verbally immediately after the publication of the score or at the very latest before the score of the following gymnast or group is shown. In case two categories / apparatus are judged alternatively (by two panels or one single panel) the inquiry must be made before the score of the following gymnast or group of the same category/apparatus is shown.

For the last gymnast or group of a rotation, this limit is one minute after the score is shown on the score board. The person designated to receive the verbal inquiry has to note the time of receiving it and this starts the procedure.

Only the accredited coaches (Artistic Gymnastics) in the competition area and next to the competition area (other disciplines) are entitled to submit an inquiry.

An area close to the podium where the coach of the competing gymnast can observe the exercise must be designated.

Late verbal inquiries will be rejected. An NOC is not allowed to complain against a gymnast from another NOC.

Inquiries for all other scores (Execution, Time of flight, Synchro, HD and all PK scores) are not allowed.

The inquiry must be confirmed as soon as possible in writing, but within four minutes at the latest after the verbal inquiry and requires an agreement of payment of CHF300 – for the first complaint; CHF500 – for the second complaint made by the same NOC and CHF1000 – for the third and subsequent complaint lodged by the NOC throughout the event (and not starting from “1” again at each competition phase). Should the inquiry not be confirmed in writing within four minutes, the procedure becomes obsolete.

The inquiries must be examined by the Superior Jury and a final decision (which may not be appealed) must be taken at the very latest:

- At the end of the rotation (or group) for the qualifying competitions, the All-Around competitions and the team competition (final)
- Before the score of the following gymnast or group of the same panel is shown for the finals (apparatus finals for ART and RG, Group finals for RG)

After review of the routine the score is changed (risen or lowered or unchanged).

Should the final score be higher, the inquiry is accepted and the sum will not be invoiced by FIG to the NOC. If the score is unchanged or lowered, the inquiry is considered as rejected and the amount will be invoiced by FIG to the NOC and will be transferred to the FIG Foundation for Solidarity.

Competition rules

The Gymnastics competitions will be held in accordance with the editions of the following documents that are in force at the time of the Olympic Games:

FIG Statutes

FIG Technical Regulations

FIG Apparatus Norms

FIG Code of Points (discipline-specific versions), relevant newsletters and helpdesk

FIG Judges' Rules (general and discipline-specific versions)

FIG License Rules

Subsequent decisions of the FIG Executive Committee

(all the above documents are available at www.gymnastics.sport/site/rules/rules.php)

The Olympic Charter

www.olympic.org/documents/olympic-charter

In accordance with Rule 46 of the Olympic Charter, FIG will be responsible for the technical control and direction of Gymnastics at Tokyo 2020.

COMPETITION SCHEDULE AND PROCEDURES

Trampoline Gymnastics competition schedule

Changes to the competition schedule will be communicated through the SID at Ariake Gymnastics Centre. Changes will also appear on Info.

Day 7		Fri 30 Jul		
Session GTR01		Start: 13:00	End: 15:25	Ariake Gymnastics Centre
Time	Total	Event name		
13:00 - 14:35	1:35	Women's Qualification		
14:50 - 15:15	0:25	Women's Final		
15:15 - 15:25	0:10	Women's Victory Ceremony		

Day 8		Sat 31 Jul		
Session GTR02		Start: 13:00	End: 15:25	Ariake Gymnastics Centre
Time	Total	Event name		
13:00 - 14:35	1:35	Men's Qualification		
14:50 - 15:15	0:25	Men's Final		
15:15 - 15:25	0:10	Men's Victory Ceremony		

Arrival, departure, key events and meeting schedule

DATE	TIME	ACTIVITY	PLACE
22 July 2021	All day	ITO Executive Board and GTR Technical Delegate arrival	
23 July 2021	20:00	Olympic Games Opening Ceremony	
	10:00	ITO Executive Board UAC visit	UAC
27 July 2021	All day	GTR Superior Jury, ITO and NTO arrival	
28 July 2021	09:00	GTR Technical Committee meeting	Online
	10:00	ITO and NTO meeting, instruction and Draw	Online
	12:30	GTR Orientation Meeting	Online
	16:00	GTR Superior Jury, ITO and NTO UAC visit	UAC
29 July 2021	09:00	GTR Technical Committee meeting	AGC TC Room
	10:00	GTR ITO and NTO meeting and Omega training	AGC TO Room
30 July 2021	11:30	GTR ITO and NTO meeting and Judging (Women's competition)	AGC TO Room and FOP
	16:00	GTR Technical Committee meeting	AGC TC Room
31 July 2021	11:30	GTR ITO and NTO meeting and Judging (Men's Competition)	AGC TO Room and FOP
	16:00	GTR Technical Committee meeting	AGC TC Room
1 August 2021	All day	GTR ITO and NTO departures	

Pre-competition procedures

Orientation Meeting

Date: 28 Jul 2021

Time: 12:30

Location: Online

Representatives of the FIG and TOKYO 2020 Gymnastics competition management will outline the full event programme and address NOCs' questions. Each participating NOC is required to attend, with a maximum of two delegates per NOC.

The FIG event ITOs and NTOs are not invited to the orientation meeting.

Venue familiarisation

Technical officials will have the opportunity to familiarise themselves with the venue, as well as their own areas (for example, the Technical Officials' Lounge and Technical Officials' Meeting Rooms), on the first official day at the venue.

Technical officials' equipment distribution

The Technical Officials Group Leader and Field of Play NTO will ensure all necessary papers and judging equipment are placed at the Judges' positions on the Technical Table before the start of the competition. These items should be left on the Technical Table at the end of each competition.

Competition cards

The ITO/NTO Liaison will take personal responsibility for the collection of the competition cards from the SID at the Ariake Gymnastics Centre and will return them to the Technical Delegate before the first ITO/NTO Meeting and Draw, on Competition cards will be available for inspection and checking immediately after the Judges' draw and assignment on.

Competition procedures

Assembly of technical officials before competition

Technical officials (including reserves) should be present in the Technical Officials' Lounge 30 minutes before the start of the competition. The Technical Officials Group Leader will collect the technical officials for their roll call and assembly at the corner of the field of play approximately 20 minutes before the start of the competition.

The reserve judges, panel secretary and timekeeper will depart immediately for their positions on the Technical Table, along with the members of the Superior Jury.

Before leaving the Technical Officials' Lounge, all technical officials' uniforms will be checked to ensure the correct uniform is being worn and carried and to ensure compliance with Rule 50 of the Olympic Charter. Non-official items of clothing and equipment are not allowed on the field of play.

Access to the field of play

Access to the field of play is limited to technical officials taking part in the competition at that time. The number of persons who have access to the field of play is strictly limited as per the FIG Technical Regulations and Accreditation Rules, provided the respective persons are duly accredited with an OIAC and a separate SACD.

There are two access points to the field of play, one of which is a dedicated access point into the arena for technical officials. Technical officials must enter and leave the field of play by the technical officials' entrance gate only and should use the back-of-house corridors to move around the building. For the sessions with Victory Ceremonies the technical officials' must leave the field of play by the Judges' entrance gate.

Technical officials will be asked to show their accreditation and a separate SACD as necessary to gain access to the field of play.

March-in and march-out

The moving routes to their judge's seats will be explained to Judges during the first TO instruction meeting. The seats are set out of the Field of Play so no match-in and march-out will be required for judges.

Technical officials' seating

Officials will have access to the accredited seating area (in the spectator bowl). Please note the space may be limited during certain times of the competition and is available on a first-come, first-served basis.

Accreditation must be worn at all times in this area. Officials are strictly prohibited from sitting in any other ticketed seat, unless authorised to do so by a member of Tokyo 2020 staff.

Reserve Judges

Reserve judges will be seated on the Technical Table. They will not march on but will take their seats along with the members of the Superior Jury and competition management no later than 20 minutes before the start of competition.

Activity between Qualification and Final

After Qualification competition, there will be only 15 minutes approximately before the Final competition. Where time allows, technical officials may return to the Technical Officials' Lounge.

Post-competition procedures

Leaving the field of play

Competition judges should remain in position on the Technical Table throughout the end of competition and victory ceremony period (if applicable). Victory ceremonies will take place approximately seven minutes after the competition finishes. Generally, technical officials will leave the seats to the TO meeting room when the final routine of the competition after the score has been displayed. This will be coordinated by the Technical Delegates or Jury or the panel's D1 Judge and the Field of Play Group Leaders.

Participation gifts

All technical officials who participate in the Olympic Games Tokyo 2020 will receive a sustainable gift. The gift will consist of digital participation certificate and *furoshiki* (Japanese traditional wrapping cloth) from Tokyo Metropolitan Government bearing the dual emblems.

5. GYMNASTICS - RHYTHMIC

Key dates

5 July 2021	Sport entries final deadline (23:59 Japan Standard Time)
13 July 2021	Olympic Village Official Opening
1 August 2021	Start of Rhythmic Gymnastics Official Training
4 August 2021	GRY Orientation Meeting (19:00)
5 August 2021	GRY Podium Training
23 July 2021	Olympic Games Opening Ceremony
6 August 2021	Start of Rhythmic Gymnastics competition
8 August 2021	End of Rhythmic Gymnastics competition Olympic Games Closing Ceremony
11 August 2021	Olympic Village closes

Tokyo 2020 Competition Management		
Gymnastics Sport Manager	ENDO Koichi	JPN
Gymnastics Services Manager	FUJII Toshiaki	JPN
Rhythmic Gymnastics Technical Operations Manager	PRESLEY Asuka	JPN
Trampoline Gymnastics Technical Operations Manager (Training Hall)	ISHIDA Masato	JPN
Artistic Gymnastics Technical Operations Manager (Training Hall)	TAKEMURA Hideaki	JPN
Artistic Gymnastics Field of Play Supervisors (Include Warm-up Hall and Training Hall)	ARAHATA Hiromi	JPN
	AKENA Akiko	JPN
	MURATA Ayako	JPN
	KATO Takehiro	JPN
	KUBO Miyuki	JPN
	SUZUKAWA Kayo	JPN
	KITAMURA Akemi	JPN
	SHIMA Sachiyo	JPN
Gymnastics IF Services Supervisor	MURATA Ryusuke	JPN
Gymnastics Sport Information Supervisor	ITOH Sho	JPN
Gymnastics Athletes Services Supervisor	MACHIDA Ryosuke	JPN
Gymnastics Technical Officials Supervisor	GOTO Yoichi	JPN
Sport Equipment Supervisor	TACHIBANA Yasunori	JPN
Gymnastics Administration Supervisor	SOGAME Hideo	JPN
	KOJIMA Ai	JPN

FIG Rhythmic Gymnastics Superior Jury		
President of the Rhythmic Gymnastics Superior Jury	Nataliya KUZMINA	RUS
Rhythmic Gymnastics Superior Jury Members	Noha Abou SHABANA	EGY
	SEKITA Shihoko	JPN
	Caroline HUNT	USA
	Mariya GIGOVA	BUL
	Daniela Delle CHIAIE	ITA
	Isabell SAWADE	GER
	Alexandra MAVRAKIS	FIN
Rhythmic Gymnastics Athletes' Representative	Liubov CHARKASHYNA	BLR

Selection and appointment of Judges

International Technical Officials (ITOs) Rhythmic Gymnastics		
DA-Judge	Eva Simone SERRANO	FRA
	Natalia IEROMINA	UKR
DB-Judge	Ariel MILANESIO	ARG
	Orane SUTER	SUI
EA-Judge	Erika DEUTSCH-LAZSANYI	HUN
	Hanna NARLOCH	POL
ET-Judge	Victoria ATAOL	CAN
	Mirjana STARCEVIC BOSNAR	CRO
	Maria Teresa MUNOZ SANCHEZ	ESP
	Taliya ABDURAMANOVA	UZB
ETR-Judge	Blanka MLEJNKOVA	CZE
	Ivana MOTOLIKOVA	SVK
(Reserve Judges)	Eliso BEDOSHVILI	GEO
	Marie Margrete MOLTUBAKK	NOR

National Technical Officials (NTOs) (JPN unless otherwise stated)	
TD/TC Liaison	HASHIZUME Misuzu
ITO/NTO Liaison	YAMAMOTO Rika
NTOs	SAKAMOTO(MURATA) Aiko
	FUJITSUNA Etsuko
	IZUSHIMA Chika
	TAKAHASHI Mariko
	HASEGAWA Yoko
	SUZUKI Aoi
	KURIHARA Haruka
	TERADA Emiko
SATO Natsumi	

Medal Events
Women (2)
Individual All-Around
Group All-Around

Competition format

The individual All-Around event begins with qualifications. The 10 top-ranked gymnasts (including all gymnasts tied for 10th place after Olympic tie-breaking rules have been applied) from the initial 26 advance to the final.

The group event also begins with qualification. The eight top-ranked groups (including all groups tied for eighth place after Olympic tie-breaking rules have been applied) from the initial 14 advance to the final.

Judges and scoring

There are two juries in Rhythmic Gymnastics, one with four judges and the other with six judges. The judges calculate the final score ('F') as follows:

$F = D + E - \text{Penalty (neutral deductions)}$

Jury D, divided into two subgroups, gives the 'D' score for Difficulty (D1-D2: Body Difficulties and Dance Steps Combinations, D3-D4: Dynamic Elements with Rotation and Apparatus Difficulty). D1-D2 judges evaluate the entire exercise independently and then jointly determine the partial D-score content (one single common score). D3-D4 judges do the same as the D1-D2 judges. The final D-score will be the sum of the two partial D-scores.

Jury E gives the 'E' score for execution. E1-E2 judges evaluate the artistic component by deduction, such as unity of composition, music and movement, body expression and variety. They evaluate independently and then jointly determine the artistic penalties (one single common score).

E3-E6 judges evaluate the technical faults by deduction, determining the total deduction independently (average of the two middle scores). The final E-score will be the sum of the artistic and technical deductions subtracted from 10.00 points.

The reference judge's system has been introduced to establish an automatic correction system in the case of any problems with the 'ET' scores. The two 'ETR' judges will sit separately and independently evaluate technical faults and enter deductions separately.

If the gap between the (avg.) 'ET' score and the (avg.) 'ETR' score exceeds the predefined permitted tolerances, the average of the 'ETR' and 'ET' scores will form the final 'ET' score.

Inquiries procedure

Inquiries for the Difficulty score are allowed, provided that they are made verbally immediately after the publication of the score or at the very latest before the score of the following gymnast or group is shown.

In Rhythmic gymnastics the D-score is divided into two parts – Difficulty Body (DB) and Difficulty Apparatus (DA), each part is considered as a distinct score must be challenged separately (either DB and DA or only DB or DA). Thus, if DB and DA of the same routine are challenged, the coach has to submit two inquiries with the respective forms. DB will be considered as first inquiry, DA as second inquiry.

In case two categories / apparatus are judged alternatively (by two panels or one single panel) the inquiry must be made before the score of the following gymnast or group of the same category/apparatus is shown.

For the last gymnast or group of a rotation, this limit is one minute after the score is shown on the score board. The person designated to receive the verbal inquiry has to note the time of receiving it and this starts the procedure.

Only the accredited coaches (Artistic Gymnastics) in the competition area and next to the competition area (other disciplines) are entitled to submit an inquiry. An area close to the podium where the coach of the competing gymnast can observe the exercise must be designated.

Late verbal inquiries will be rejected. An NOC is not allowed to complain against a gymnast from another NOC. Inquiries for all other scores (Execution, Artistic, Time of flight, Synchro, HD and all PK scores) are not allowed.

The inquiry must be confirmed as soon as possible in writing, but within four minutes at the latest after the verbal inquiry and requires an agreement of payment of CHF300 – for the first complaint; CHF500 – for the second complaint made by the same NOC and CHF1000 – for the third and subsequent complaint lodged by the NOC throughout the event (and not starting from “1” again at each competition phase). Should the inquiry not be confirmed in writing within four minutes, the procedure becomes obsolete.

The inquiries must be examined by the Superior Jury and a final decision (which may not be appealed) must be taken at the very latest:

- At the end of the rotation (or group) for the qualifying competitions, the All-around competitions and the team competition (final)
- Before the score of the following gymnast or group of the same panel is shown for the finals (apparatus finals for ART and RG, Group finals for RG)

After review of the routine the score is changed (risen or lowered or unchanged).

Should the final score be higher, the inquiry is accepted and the sum will not be invoiced by FIG to the NOC. If the score is unchanged or lowered, the inquiry is considered as rejected and the amount will be invoiced by FIG to the NOC and will be transferred to the FIG Foundation for Solidarity.

Competition rules

The Gymnastics competitions will be held in accordance with the editions of the following documents that are in force at the time of the Olympic Games:

FIG Statutes

FIG Technical Regulations

FIG Apparatus Norms

FIG Code of Points (discipline-specific versions), relevant newsletters and helpdesk

FIG Judges' Rules (general and discipline-specific versions)

FIG License Rules

Subsequent decisions of the FIG Executive Committee

(all the above documents are available at www.gymnastics.sport/site/rules/rules.php)

The Olympic Charter

www.olympic.org/documents/olympic-charter

In accordance with Rule 46 of the Olympic Charter, FIG will be responsible for the technical control and direction of Gymnastics at Tokyo 2020.

COMPETITION SCHEDULE AND PROCEDURES

Rhythmic Gymnastics competition schedule

Changes to the competition schedule will be communicated through the SID at Ariake Gymnastics Centre. Changes will also appear on Info.

Day 14		Fri 6 Aug	
Session GRY01		Start: 10:20	End: 13:15
		Ariake Gymnastics Centre	
Time	Total	Event name	
10:20 - 11:44	1:24	Individual All-Around Qual - Hoop & Ball(Part 1 of 2)	
11:50 - 13:14	1:24	Individual All-Around Qual - Hoop & Ball(Part 2 of 2)	

Session GRY02		Start: 14:50	End: 17:45
		Ariake Gymnastics Centre	
Time	Total	Event name	
14:50 - 16:14	1:24	Individual All-Around Qual - Clubs & Ribbon(Part 1 of 2)	
16:20 - 17:44	1:24	Individual All-Around Qual - Clubs & Ribbon(Part 2 of 2)	

Day 15		Sat 7 Aug	
Session GRY03		Start: 10:00	End: 12:40
		Ariake Gymnastics Centre	
Time	Total	Event name	
10:00 - 11:10	1:10	Group All-Around Qual - 5 Balls	
11:30 - 12:40	1:10	Group All-Around Qual - 3 Hoops and 2 pairs of Clubs	

Session GRY04		Start: 15:20	End: 18:00
		Ariake Gymnastics Centre	
Time	Total	Event name	
15:20 - 15:52	0:32	Individual All-Around Final - Hoop	
15:53 - 16:26	0:32	Individual All-Around Final - Ball	
16:31 - 17:03	0:32	Individual All-Around Final - Clubs	
17:04 - 17:37	0:32	Individual All-Around Final - Ribbon	
17:42 - 17:57	0:15	Individual All-Around Victory Ceremony	

Day 16		Sun 8 Aug	
Session GRY05		Start: 11:00	End: 12:55
		Ariake Gymnastics Centre	
Time	Total	Event name	
11:00 - 11:40	0:40	Group All-Around Final - 5 Balls	
11:50 - 12:30	0:40	Group All-Around Final - 3 Hoops and 2 pairs of Clubs	
12:35 - 12:55	0:20	Group All-Around Victory Ceremony	

Arrival, departure, key events and meeting schedule

DATE	TIME	ACTIVITY	PLACE
22 July 2021	All day	ITO Executive Board and GRY Technical Delegate arrival	
23 July 2021	20:00	Olympic Games Opening Ceremony	
	10:00	ITO Executive Board UAC visit	UAC
3 August 2021	All day	GRY Superior Jury, ITO and NTO arrival	
4 August 2021	08:00	GRY TC meeting	Online
	10:00	GRY ITO/NTO meeting	Online
	14:30	GRY Superior jury, ITOs and NTOs UAC visit	UAC
	19:00	GRY Orientation meeting	AGC Press Conference Room
5 August 2021	08:00	GR ITO instruction	AGC TO Room
	09:15	OMEGA presentation	AGC
	09:30	OMEGA training	AGC
6 August 2021	08:30	GRY ITO and NTO briefing and Draw for Individual	AGC TO Room
	10:20	Judging (Individual Qualification)	AGC
	18:00	GRY TC Meeting and PCVR	AGC TC Room
7 August 2021	08:00	GRY ITO and NTO briefing and Draw for Group	AGC TO Room
	15:20	Judging (Group Qualification and Individual AA Final)	AGC
	18:00	GRY TC Meeting and PCVR	AGC TC Room
8 August 2021	09:30	GRY ITO and NTO briefing and Draw for Group Final	AGC TO Room
	10:00	Judging (Group final)	AGC
	13:30	GR TC meeting	AGC TC Room
	20:00	Olympic Games Closing Ceremony	
9 August 2021	All day	Departure of GRY Technical Delegate, Superior Jury, ITOs and NTOs	

Pre-competition procedures

Orientation Meeting

Date: 4 August 2021
Time: 19:00 – 20:00
Location: Online

Representatives of the FIG and Tokyo 2020 Gymnastics competition management will outline the full event programme and address NOCs' questions. Each participating NOC is required to attend, with a maximum of two delegates per NOC.

The FIG event ITOs and NTOs are not invited to the orientation meeting.

Venue familiarisation

Technical officials will have the opportunity to familiarise themselves with the venue, as well as their own areas (for example, the Technical Officials' Lounge and Technical Officials' Meeting Rooms), on the first official day at the venue.

Technical officials' equipment distribution

The Technical Officials Group Leader will ensure all necessary judging equipment (line flags, stop watches etc.) and judging sheets will be in place before the start of the competition. Equipment should be left in situ at the end of the competition for collection by the Technical Officials Group Leader.

Competition procedures

Assembly of technical officials before competition

ITOs, including reserves, and NTOs who will be acting as the inquiry officer, panel secretary, timekeeper or line judge during that day's competition, should be present in the Technical Officials' Lounge 30 minutes before the start of the competition, having first deposited their personal belongings in their positions in FOP (non-official items of clothing and equipment are not permissible on the field of play).

The technical officials group leader will conduct the roll call in the Technical Officials' Lounge. All technical officials' uniforms will be checked to ensure the correct uniform is being worn and carried and to ensure compliance with Rule 50 of the Olympic Charter.

The reserve judges, panel secretary and timekeeper will then depart immediately for their positions on the Technical Table, along with the members of the Superior Jury. The remaining technical officials will be marshalled to their assembly point in the corridor behind the Technical Table to arrive approximately 10 minutes before the start of the competition.

Access to the field of play

Access to the field of play is limited to officials taking part in the competition at that time. The number of persons who have access to the field of play is strictly limited as per FIG Technical Regulations and Accreditation Rules, provided the respective persons are duly accredited with an OIAC and a separate SACD.

Technical officials must enter and leave the field of play by the technical officials' entrance (south west entrance) only and should use the back-of-house corridors to move around the building.

Technical officials may be asked to show their accreditation and a separate SACD as necessary.

March-in and march-out

The moving routes to their judge's seats will be explained to Judges during the first TO instruction meeting. The seats are set out of the field of play so no match-in and march-out will be required for judges.

Technical Officials' seating

Technical officials who are not required for duties during competition will have access to the accredited seating area (in the spectator bowl). Please note the space may be limited during certain times of the competition and is available on a first-come, first-served basis. Accreditation must be worn at all times in this area. Officials are strictly prohibited from sitting in any other ticketed seat, unless authorised to do so by a member of Tokyo 2020 staff.

Reserve Judges

Reserve judges will be seated on the Technical Table. They will not march in but will take their seats along with the members of the Superior Jury and competition management no later than 20 minutes before the start of competition.

Activity between subdivisions

Between sessions, technical officials may return to the Technical Officials' Lounge.

Post-competition procedures

Leaving the field of play

Competition judges should remain in position on the Technical Table throughout the end of competition and victory ceremony period (if applicable). Victory ceremonies for individual events will take place approximately seven minutes after the competition finishes, and victory ceremonies for group events will take place approximately ten minutes after the competition finishes.

Generally, technical officials will leave the seats to the TO meeting room when the final routine of the competition after the score has been displayed. This will be coordinated by the Technical Delegates or Jury or the panel's D1 Judge and the Field of Play Group Leaders.

Participation gifts

All technical officials who participate in the Olympic Games Tokyo 2020 will receive a sustainable gift. The gift will consist of digital participation certificate and *furoshiki* (Japanese traditional wrapping cloth) from Tokyo Metropolitan Government bearing the dual emblems.

6. TOKYO AND THE GAMES

Tokyo 2020

Tokyo won the right to stage the Games of the XXXII Olympiad on 7 September 2013. The Tokyo Organising Committee of the Olympic and Paralympic Games (Tokyo 2020) is a private, not-for-profit sports association that was officially formed on 24 January 2014. Spearheaded by Hashimoto Seiko as president, the organising committee is composed of members from various organisations including the Japanese Olympic Committee (JOC), Japanese Paralympic Committee (JPC), Tokyo Metropolitan Government (TMG) and the national government of Japan. Tokyo 2020 was assigned its mission by the International Olympic Committee (IOC) and International Paralympic Committee (IPC) and must follow their guidance, the Host City Contract, the Olympic Charter, the IPC Handbook, World Anti-Doping Agency (WADA) regulations and Japanese law. Tokyo 2020 works in cooperation with Olympic and Paralympic Worldwide Partners, Gold Partners, Official Partners and Official Supporters.

Tokyo, then and now

Tokyo is a city with 400 years of history and tradition. Ever since the Edo Shogunate was established in 1603 it has developed as the centre of politics in Japan and at the beginning of the 18th century, it became one of the world's largest cities with a population of over 1 million people. After the Meiji Restoration, Tokyo became the capital of Japan. Although it was reduced to ashes twice; first by the Great Kanto Earthquake of 1923 and then by the bombings of the World War II, it was always able to rebuild itself and has continued to evolve. Tokyo maintains excellent public safety and a high-quality living environment. While the city disseminates cutting-edge technologies and new culture and trends such as anime and fashion to the world, the chic culture of Edo is still very much alive. Such a unique blend of tradition and sophistication is the allure of Tokyo. The city has many faces - if you leave the centre with its rows of skyscrapers and visit the suburbs, you will find beautiful scenery abundant with greenery and water. The islands in the Pacific Ocean, particularly the Ogasawara Islands which were added to UNESCO's World Heritage List in 2011, are yet another face of Tokyo.

©Tokyo Metropolitan Government

Climate

Tokyo has a humid subtropical climate with warm, wet summers. From late July to early September, the average daily high is 29.2-31.1 degrees Celsius (84.6-88.0 degrees Fahrenheit) and the average low is 21.8-23.3 degrees Celsius (71.2-73.9 degrees Fahrenheit), with relative humidity ranging from approximately 60 per cent to approximately 80 per cent. The average monthly rainfall during August is 168 millimetres. Earthquakes perceptible to most people walking or stronger are rare, occurring on average less than once a year between 1998 and 2017 in Tokyo. For more extensive information please refer to the 'Climate and Weather Guide for Tokyo 2020 Olympic and Paralympic Games' on Tokyo 2020 Connect.

The city's Olympic heritage

On 10 October 1964, the Games of the XVIII Olympiad began with the Opening Ceremony at Kasumigaoka National Stadium after which 5,133 athletes from 93 nations and regions demonstrated their exceptional abilities in 163 events across 20 sporting competitions. It was the first ever Olympic Games held in Asia and was an enormous success. In conjunction with this momentous event, Tokyo experienced dramatic development from its post-war infrastructure, including the construction of the Metropolitan Expressway and the Tokaido Shinkansen railway (the original "bullet train"). This type of major progress in its capital served as a stepping-stone for an era of rapid economic growth in Japan and demonstrated to the world its miraculous restoration.

Tokyo will become the first city to host the Paralympic Games for the second time and the Games will serve as a wonderful opportunity to embrace diversity. People from all over the world, with and without impairments, will gather in Tokyo. The Tokyo 2020 Paralympic Games will enable many people to witness the dynamic and breath-taking performances of the Para athletes, gain a real understanding of the rights and dignity of all people, and serve as a catalyst for Japan to become a fully-inclusive society.

Tokyo 2020 Olympic Games in brief

Sports:
33

Competition sessions:
750

Medal events:
339

Olympic Village official opening:
13 July 2021

Athletes:
11,090

Opening ceremony:
23 July 2021

Competition venues:
42

Closing ceremony:
8 August 2021

Days of competition:
19

Competition venues

Many existing venues will be used for the Tokyo 2020 Games including several legacy venues from the Tokyo 1964 Games. A total of 42 venues in Tokyo and around Japan will be used for the 2020 Games.

Tokyo 2020 venues are separated into three zones- Tokyo Bay Zone, Heritage Zone and Regional Zone. Tokyo Bay and Heritage Zones demonstrate our vision for the future, as well as the importance of respecting the legacy of the Olympic Games Tokyo 1964. The two connected zones appear on the map as an infinity symbol, which exemplifies Tokyo's infinite passion for athletes and sports and infinite potential to reach out to young people around the world. Tokyo 2020 will be the Games with "Infinite Excitement".

The Olympic and Paralympic Village is located right in the centre of these two zones, symbolising the place of the athletes at the heart of the Tokyo 2020 Games.

The Regional Zone comprises of 16 venues across the length and breadth of Japan, from as far north as Sapporo to as far south as Izu peninsula in Shizuoka. These regional venues bring the Olympic and Paralympic Games Tokyo 2020 to areas of Japan that have never before experienced international sporting events, in the hope of creating unforgettable memories, reactivating tourism and local economies and leaving behind a rich sporting legacy for those outside of the greater Tokyo area.

With almost 60 per cent of the venues utilising existing facilities, Tokyo 2020 has embraced the Olympic Agenda 2020 to create a sustainable legacy for Japan's Olympic and Paralympic Games venues, while minimising construction costs. The existing venues, including some inherited from the Tokyo 1964 Games, have been modernised and refurbished to allow their legacy to be passed onto future generations. The new permanent venues herald a fresh, new legacy, bringing new facilities to the city centre. Last but not least, the temporary venues will be located in spectacular settings, offering incredible backdrops for athletes, spectators and broadcasters alike.

Hosted in one of the world's most exciting and innovative cities, which is home to some 35 million people, the Tokyo 2020 Games will fully integrate into Tokyo city life, and the whole city will act as an Olympic park, providing a festive and celebratory atmosphere that engages and inspires spectators far and wide.

Heritage Zone

- ① Olympic Stadium
Opening and Closing Ceremonies
Athletics
Football
- ② Tokyo Metropolitan Gymnasium
Table Tennis
- ③ Yoyogi National Stadium
Handball
- ④ Nippon Budokan
Judo
Karate
- ⑤ Tokyo International Forum
Weightlifting
- ⑥ Kokugikan Arena
Boxing
- ⑦ Equestrian Park
Equestrian (Dressage, Eventing, Jumping)
- ⑧ Musashino Forest Sport Plaza
Badminton
Modern Pentathlon (Fencing)
- ⑨ Tokyo Stadium
Football
Rugby Sevens
Modern Pentathlon (Swimming, Fencing, Riding, Laser-Run)
- ⑩ Musashinonomori Park
Cycling Road

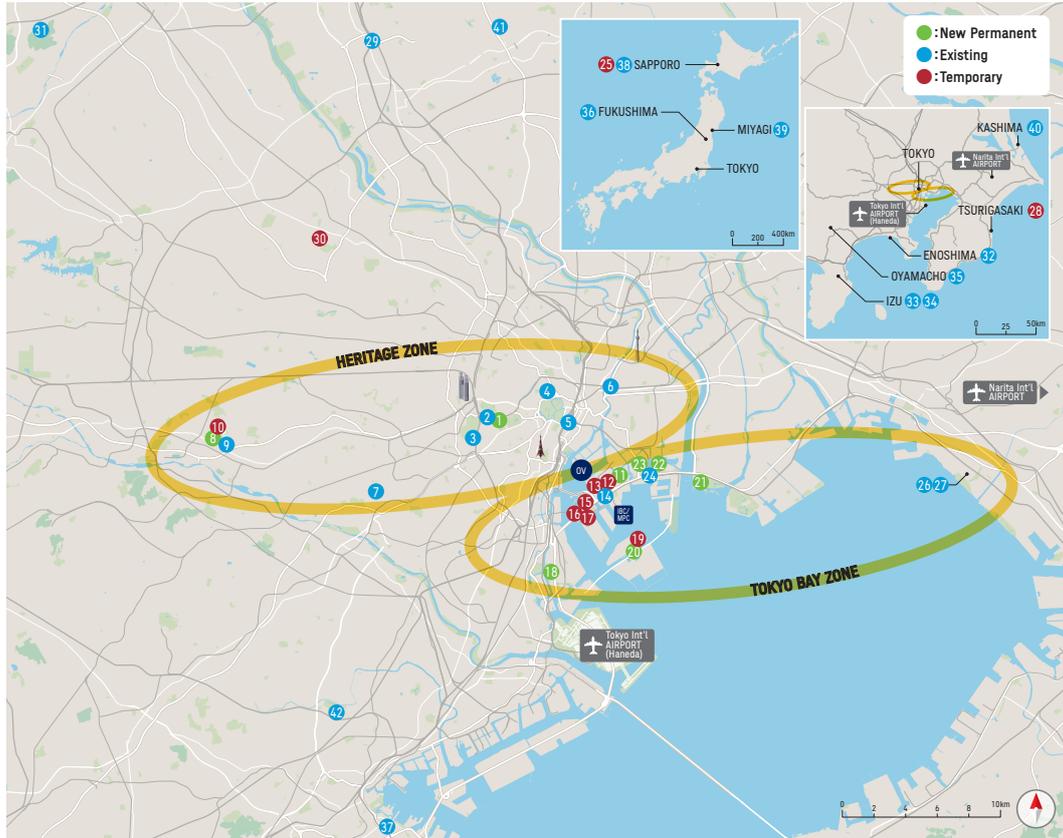
Tokyo Bay Zone

- ⑪ Ariake Arena
Volleyball
- ⑫ Ariake Gymnastics Centre
Gymnastics (Artistic, Rhythmic, Trampoline)
- ⑬ Ariake Urban Sports Park
Cycling (BMX Freestyle, BMX Racing)
Skateboarding
- ⑭ Ariake Tennis Park
Tennis
- ⑮ Odaiba Marine Park
Aquatics (Marathon Swimming)
Triathlon
- ⑯ Shiokaze Park
Beach Volleyball
- ⑰ Aomi Urban Sports Park
3x3 Basketball
Sport Climbing
- ⑱ Oi Hockey Stadium
Hockey
- ⑲ Sea Forest Cross-Country Course
Equestrian (Eventing)
- ⑳ Sea Forest Waterway
Canoe Sprint, Rowing
- ㉑ Kasai Canoe Slalom Centre
Canoe Slalom
- ㉒ Yumenoshima Park Archery Field
Archery
- ㉓ Tokyo Aquatics Centre
Aquatics (Swimming, Diving, Artistic Swimming)
- ㉔ Tatsumi Water Polo Centre
Aquatics (Water Polo)
- ㉕ Makuhari Messe Hall A
Taekwondo
Wrestling
- ㉖ Makuhari Messe Hall B
Fencing
Badminton

Regional Zone

- 27 Sapporo Odori Park
Athletics (Marathon, Race Walk)
- 28 Tsurigasaki Surfing Beach
Surfing
- 29 Saitama Super Arena
Basketball
- 30 Asaka Shooting Range
Shooting
- 31 Kasumigaseki Country Club
Golf
- 32 Enoshima Yacht Harbour
Sailing
- 33 Izu Velodrome
Cycling Track
- 34 Izu MTB Course
Cycling Mountain Bike
- 35 Fuji International Speedway
Cycling Road
- 36 Fukushima Azuma Baseball Stadium
Baseball
Softball
- 37 Yokohama Stadium
Baseball
Softball
- 38 Sapporo Dome
Football
- 39 Miyagi Stadium
Football
- 40 Ibaraki Kashima Stadium
Football
- 41 Saitama Stadium
Football
- 42 International Stadium Yokohama
Football

Olympic Games Venues



©2020 ZENRIN CO., LTD. この地図の作成に当たっては、国土地理院長の承認を得て、同院発行の50万分1地方図、2万5千分1地形図及び電子地形図25000を使用した。(承認番号 平26情使 第244-858号)

HERITAGE ZONE

- 3 **Handball**
Yoyogi National Stadium
- 7 **Equestrian (Dressage)**
Equestrian Park
- 9 **Football**
Tokyo Stadium

- 1 **Opening and Closing Ceremonies**
Olympic Stadium
- 4 **Judo**
Nippon Budokan
- 7 **Equestrian (Eventing)**
Equestrian Park
- 9 **Rugby**
Tokyo Stadium

- 1 **Athletics**
Olympic Stadium
- 4 **Karate**
Nippon Budokan
- 7 **Equestrian (Jumping)**
Equestrian Park
- 9 **Modern Pentathlon**
Tokyo Stadium

- 1 **Football**
Olympic Stadium
- 5 **Weightlifting**
Tokyo International Forum
- 8 **Badminton**
Musashino Forest Sport Plaza
- 10 **Cycling (Road)**
Musashinonomori Park

- 2 **Table Tennis**
Tokyo Metropolitan Gymnasium
- 6 **Boxing**
Kokugikan Arena
- 8 **Modern Pentathlon**
Musashino Forest Sport Plaza

TOKYO BAY ZONE

- 15 **Skateboarding**
Ariake Urban Sports Park
- 17 **3x3 Basketball**
Aomi Urban Sports Park
- 20 **Rowing**
Sea Forest Waterway
- 23 **Aquatics (Artistic Swimming)**
Tokyo Aquatics Centre

- 18 **Volleyball (Volleyball)**
Ariake Arena
- 19 **Tennis**
Ariake Tennis Park
- 19 **Sport Climbing**
Aomi Urban Sports Park
- 21 **Canoe (Slalom)**
Kasai Canoe Slalom Centre
- 24 **Aquatics (Water Polo)**
Tatsumi Water Polo Centre

- 12 **Gymnastics**
Ariake Gymnastics Centre
- 15 **Aquatics (Marathon Swimming)**
Odaiba Marine Park
- 18 **Hockey**
Oi Hockey Stadium
- 22 **Archery**
Yumenoshima Park Archery Field
- 26 **Taekwondo**
Makuhari Messe Hall A

- 18 **Cycling (BMX Freestyle)**
Ariake Urban Sports Park
- 19 **Triathlon**
Odaiba Marine Park
- 19 **Equestrian (Eventing (Cross Country))**
Sea Forest Cross-Country Course
- 25 **Aquatics (Swimming)**
Tokyo Aquatics Centre
- 26 **Wrestling**
Makuhari Messe Hall A

- 15 **Cycling (BMX Racing)**
Ariake Urban Sports Park
- 16 **Volleyball (Beach Volleyball)**
Shiokaze Park
- 20 **Canoe (Sprint)**
Sea Forest Waterway
- 23 **Aquatics (Diving)**
Tokyo Aquatics Centre
- 27 **Fencing**
Makuhari Messe Hall B

OTHER VENUES

- 31 **Golf**
Kasumigaseki Country Club
- 36 **Baseball/Softball**
Fukushima Azuma Baseball Stadium
- 41 **Football**
Saitama Stadium

- 25 **Athletics (Marathon, Race Walk)**
Sapporo Odori Park
- 32 **Sailing**
Enoshima Yacht Harbour
- 37 **Baseball/Softball**
Yokohama Baseball Stadium
- 42 **Football**
International Stadium Yokohama

- 28 **Surfing**
Tsurigasaki Surfing Beach
- 33 **Cycling (Track)**
Izu Velodrome
- 38 **Football**
Sapporo Dome

- 29 **Basketball (Basketball)**
Saitama Super Arena
- 34 **Cycling (Mountain Bike)**
Izu MTB Course
- 39 **Football**
Miyagi Stadium

- 30 **Shooting**
Asaka Shooting Range
- 35 **Cycling (Road)**
Fuji International Speedway
- 40 **Football**
Ibaraki Kashima Stadium

OV Olympic Village
 IBC/MPC IBC/MPC Tokyo International Exhibition Centre (Tokyo Big Sight)
 OV Competition Venue

Road Network
 Motorway
 Major urbanarterial network

Rail Lines
 Japan railway
 Private railway

The Tokyo Organising Committee of the Olympic and Paralympic Games

Essential information

Time Zone

Tokyo is nine hours ahead of GMT, with no daylight-saving time. In summer, the sun rises between 04:30 and 05:00, and days stay light until around 19:30.

Language

Standard Japanese is the main language in Japan, but Tokyo is becoming a much more foreigner-friendly city. Especially in the major tourist areas, English can be generally understood.

Money

The yen (JPY, ¥) is the currency of Japan. Bills come in denominations of 10,000, 5,000, 2,000, and 1,000, although 2,000 bills are rare. Coins come in denominations of 500, 100, 50, 10, 5 and 1.

Banks and ATMs

If you want to withdraw money from your own account in yen, many international banks have at least one Tokyo branch, so check beforehand if yours does. Most major Japanese banks now accept international cards at their ATMs, as do the Japan Post Bank ATMs found in post offices. ATMs can also be found inside most convenience stores and shopping centres.

Changing money

Money can be exchanged at currency exchange counters located mainly at banks, post offices, hotels and airports. As of 26 May 2021, USD1 = JPY108.81.

Credit cards

Most major credit cards are accepted at major stores and facilities. When checking in to a hotel, they serve as identification in lieu of a cash deposit. Note, however, that some facilities do not accept credit cards at all, and others may accept only certain types, so carry some cash at all times. Tokyo 2020 is proud to accept only VISA payment cards (debit and credit) at shops and services within the Olympic and Paralympic venues.

Tipping

There is no tipping culture in Tokyo, so the final bill you receive at cafes, bars and restaurants is the final price that you need to pay. In some restaurants, a fixed percentage service charge is added to the bill.

Power

The voltage in Japan is 100V while the frequency is 50Hz/60Hz in Japan and 50Hz in Tokyo. Power in the Olympic Village is supplied at nominal voltage of 100V with 15A sockets.

The sockets, as illustrated, will be used in all buildings and are compatible with A type plugs (the type with a two flat pins). Multi-region adaptors will not be provided to Village residents but will be available to purchase at nearby convenience stores. Foreign appliances will most likely require adapters and/or transformers.



Tap water

Tokyo's tap water is completely safe to drink and conforms to strict quality regulations. Bottled water is also available at convenience stores and out of the seemingly endless number of vending machines.

Free Wi-Fi Services

Free Wi-Fi is becoming increasingly available throughout the city. Many major hotels, coffee shops, restaurants and public facilities offer a free Wi-Fi service. However, for guaranteed internet access wherever you roam, pocket- Wi-Fi devices are available for rent from kiosks at the airport or pick up a travel sim to fit into your existing phone.

Tokyo Free Wi-Fi

Where: Around Tokyo

How: Select the 'FREE_Wi-Fi_and_TOKYO' SSID, launch your web browser, tap "Access the Internet here" and follow the instructions on the screen.

Metro Free Wi-Fi + Toei Subway Free Wi-Fi

Where: 210 subway stations in Tokyo

How: Select the 'Metro_Free_Wi-Fi' or 'Toei_Subway_Free_Wi-Fi' SSID, launch your web browser, and follow the instructions on the screen.

Tokyo 2020 will provide Samsung smartphones to all Olympic and Paralympic athletes. The smartphone will have an NTT Docomo SIM card already included with the mobile phone's 4G/3G Mobile Internet access (2GB limit) and domestic calls. For more details, please refer to the Chef de Mission Manual.

Telephone Service

The country code for Japan is 81. When calling from outside of Japan, dial the international dialing access code, which differs by country, then dial 81. If the number you wish to call starts with a zero, omit the zero and dial the rest of the number. When making an international call from Japan, dial the international dialing access code (010), then dial the country code of the country you are calling. If the number you wish to call starts with a zero, omit the zero and dial the rest of the number.

When you make a domestic call inside Japan, just dial the desired number.

Emergency

Emergency phone numbers

If you find yourself in need of assistance, dial the appropriate number from below:

Police **110**

Police (English) **03-3501-0110**

Fire emergency/ Ambulance **119**

Tokyo Metropolitan Medical Institution Information (09:00-20:00) **03-5285-8181**

The Japan Helpline (24-hour all-round emergency assistance) **0570-000-911**

Useful Apps

In addition, Tokyo Metropolitan Government and Japan Tourism Bureau have also launched mobile device applications such as the "Tokyo Disaster Prevention App" and "Safety Tips".

Local Police stations

On most street corners, small police boxes - known locally as "Koban" - support the local area. Drop in for directions, lost and found, or any traffic related incidents.

Security

Tokyo 2020 is working with private and public security organisations to deliver a safe and secure Games.

Security sweep and lockdown

Security sweeps will be carried out at all competition and some non-competition venues to ensure the venues are clear of prohibited or dangerous items that may threaten security of the venues and its occupants. Venues will be considered clean and locked down after the security sweep is complete.

Throughout the lockdown period, individuals and vehicles will need an accreditation (OIAC) or a Vehicle Access and/or Parking Permit (VAPP) to enter a venue, and they will need to go through confirmation of access authorities, identification, and security screening. These security procedures are in place to keep unauthorised persons and prohibited goods out of the venues.

Confirmation of access authorities and identity verification will be conducted through facial recognition system installed in Accreditation Check Point (ACP).

This system will detect the identification data retrieved from database through an IC chip installed in the accreditation card. The system will automatically compare the stored data and facial features captured by the dedicated terminal at ACP to confirm access authority and identification. The facial feature data will be generated from the facial image submitted in advance at the time of accreditation application.

Vehicles will undergo a security inspection at the Vehicle Screening Area (VSA). Before entering the venue, the driver and passengers will need to get out of the vehicle and be screened at the adjacent PSA. Accreditation of the driver and passengers as well as the VAPP will be checked.

In addition, all logistics vehicles must be registered on the Master Delivery Schedule (MDS). The driver will need to present a valid OIAC and a VAPP. Delivery goods are subject to be screened in advance and sealed. A Secure Load Pass is also required to access the venue. Delivery goods will not be screened again at the venue, but still the drivers and vehicles will be screened.

Security at competition venues

Competition venues will be surrounded by a secure perimeter fence and CCTV (Closed Circuit Television), and an intrusion detection system will be in place. Security personnel will also patrol the competition venues 24 hours a day.

Pedestrians entering the competition venues will be required to go through an accreditation check and identity verification through facial recognition system and security screening by X-ray and metal detector at the PSA. The accreditation check and security screening will be conducted every time upon entering a competition venue.

Security at training venues

Training venues are not subject to lockdown like competition venues. There will also be no PSA or VSA. Security personnel will patrol the training venues and pedestrians will be required to show their accreditation or Training Access Pass (TAP) at the venue entrance.

Transport and security

All TA buses will be equipped with tracking devices, enabling the transport system for athletes and team officials (TA) to be monitored during transit. The TA services between the Transport Mall at the Olympic Villages to and from competition venues will operate from within one secure perimeter to another in principle (clean-to-clean transport). When taking the TA vehicle to a competition venue, athletes and team officials can remain on the vehicle while the TA vehicle goes through a brief external screening at the VSA. However, athletes and team officials returning from competition and training venues to the Olympic Village will need to exit the TA vehicle at the Transport Mall and go through the PSA to enter the Residential Zone. All vehicles other than TA vehicles must go through a security screening at the VSA. Drivers and passengers should get out of the vehicle and go through a security screening at the adjacent PSA.

Prohibited and restricted items at venues

The list of prohibited and restricted items at competition venues and the Olympic Villages is available on Tokyo 2020 Connect. Please note the list is subject to change.

Competition Venues

Legend

- × - Prohibited: Items NOT permitted to be brought into venues
- - Permitted: Items permitted to be brought into venues
- R - Restricted: Only indicated items permitted to be brought into venues
- T - Tools of the Trade: Only indicated items permitted to be brought into venues

No.	Items	Athletes·NOC/NPC	Workforce	Spectators
1	Firearms and swords ·Firearms, ammunition, knives ·Items which are prohibited by law	T ·Firearms and/or ammunition used for Games competitions	×	×
2	Items that can be used as weapons ·Blades such as cutters, scissors, razors etc. ·Tools such as hammers, wrenches, saws, screwdrivers ·Sharp instruments such as ice picks, eyeleteers etc. ·Rod-like objects of 90cm or longer that can be used as weapons	R ·White canes or sticks to be used as walking aids ·Office supplies	R ·White cane or sticks to be used as walking aids ·Office supplies	R ·White cane or sticks to be used as walking aids ·Office supplies
3	Explosives ·Gunpowder, smoke canisters, warning flares, fireworks ·Items resembling an explosive device, ignition devices, lighters, matches	R ·Vehicle-mounted warning flares ·Lighters and matches for personal use	R ·Vehicle-mounted warning flares ·Lighters and matches for personal use	R ·Vehicle-mounted warning flares ·Lighters and matches for personal use
4	Poisons, drugs, hazardous substances ·Items which may infringe on the Poisonous and Deleterious Substances Control Act ·Narcotics, stimulants and other controlled drugs or similar items ·Items corresponding to hazardous materials under the the Fire Service Act ·Specified chemical substances, etc. ·Items prohibited by the High Pressure Gas Safety Act ·Stimulanting substances, tear gas ·Other harmful substances such as hydrogen fluoride ·Paint	T ·Medicines for the treatment of athletes ·Items used for repairing sports equipment	×	×
5	Alcoholic beverages	×	×	×

No.	Items	Athletes·NOC/NPC		Workforce		Spectators	
6	Food	R	·Food for personal consumption	R	·Non-perishable food for personal consumption ·Food for personal consumption only in the following cases: - During work shift hours when meals cannot be provided by Tokyo 2020 - Meals provided by Tokyo 2020 cannot be consumed due to accepted circumstances (faith, allergy, etc.)	R	·Non-perishable food for personal consumption
7	Beverages	R	·Non-alcoholic beverages contained in non-glass bottle	R	·Non-alcoholic beverages up to 2 litres per person contained in plastic bottle/water bottle	R	·Non-alcoholic beverages up to 750ml per person contained in plastic bottle/water bottle (up to 1 bottle per person)
8	Ice, ice packs ·Ice ·Ice packs of more than 400 millilitres ·Ice packs which are hard when frozen and can be used as weapons.	○	○	R	·Ice in water bottles ·Ice pack of less than 400 millilitres which is soft even when frozen	R	·Ice in water bottles ·Ice pack of less than 400 millilitres which is soft even when frozen
9	Flammable substances ·Fuel, flammable liquids	T	·Items for repairing sports equipment	T	·Fuel brought in by suppliers or caterers	×	×
10	Gas cylinders and similar items ·Gas cylinders and similar items ·Fire extinguishers and other compressed gas cylinders	R	·Portable oxygen cylinders for medical use ·Vehicle-mounted fire extinguishers	R	·Portable oxygen cylinders for medical use ·Vehicle-mounted fire extinguishers	R	·Portable oxygen cylinders for medical use ·Vehicle-mounted fire extinguishers
11	Animals	R	·Service dogs	R	·Service dogs	R	·Service dogs
12	Pharmaceuticals ·Pharmaceuticals ·Liquid, aerosols, gel-like medicines	R	·Appropriate amount for personal use ·Medicines and medical equipment carried by IF doctors or by doctors / medical staff accompanied by NOC / NPC personnel	R	·Appropriate amount for personal use	R	·Appropriate amount for personal use
13	Cream and lotion such as sunscreen, etc. ·Sunscreens, insect repellents ·Creams, lotions	○	○	○	○	R	·Appropriate amount for personal use ·Liquid in containers up to 100ml per person
14	Aerosol spray	○	○	○	○	×	×

No.	Items	Athletes-NOC/NPC		Workforce		Spectators	
15	Containers ·Glass containers ·Cans ·Paper cartons ·Aluminium containers ·Plastic bottles ·Water bottles	R	·Cosmetic containers made of glass for personal use ·Plastic bottles ·Water bottles	R	·Cosmetic containers made of glass for personal use ·Plastic bottles / water bottles up to 2 litres per person	R	·Plastic bottle / water bottle up to 750ml per person
16	Unauthorised wireless devices ·Unauthorised wireless radio devices ·Jamming devices ·Radio scanners ·Drones	R	·Use of unauthorised wireless routers inside venues is prohibited	R	·Use of unauthorised wireless routers inside venues is prohibited	R	·Use of unauthorised wireless routers inside venues is prohibited
17	National flags of countries not participating in the Games	×	×	×	×	×	×
18	Flags that are larger than 1x2m	○	○	×	×	×	×
19	Political, religious, vulgar messaging, trademarks etc. ·Advertising materials, signs, banners, etc. that include a religious or political message, or are deemed contrary to public order or morality ·Ropes, placards and other items that can be used for demonstrations in the venues	×	×	T	·Equipment used for Games operations	×	×
20	Bicycles	○	○	×	×	×	×
21	Unauthorised flyers, pamphlets, promotional materials ·Commercial items that can be used for ambush marketing	×	×	×	×	×	×
22	Large-scale luggage items	○	○	○	○	R	·Luggage with a capacity of less than 25 litres with soft material
23	Umbrellas ·Stick umbrellas ·Umbrellas with sharp pointed ends	○	○	○	○	R	·Folding umbrellas ·Long umbrellas can only be brought into venues designated by the Tokyo 2020 Organising Committee
24	Chairs including folding chairs	○	○	×	×	R	·Can only be brought into venues designated by the Tokyo 2020 Organising Committee

No.	Items	Athletes-NOC/NPC	Workforce	Spectators	
25	Items which may interfere with the operations of the Games ·Whistles, vuvuzelas, air horns, musical instruments etc., instruments that produce excessive noise ·Laser pointers ·Confetti or paper to be used as confetti ·Sports equipment and accessories ·Sprays, water-guns	R ·Sports equipment and accessories for the items	T ·Laser pointers to be used by contractors in meetings	× ×	
26	Photographic devices ·Camera lenses of 30cm or longer ·Tripods and monopods for cameras ·Stepladders of 30cm or higher	○	○	×	×

Olympic Village, Sailing Village,
Cycling Village, Grooms' Accommodation

Legend

× - Prohibited: Items NOT permitted to be brought into venues

○ - Permitted: Items permitted to be brought into venues

R - Restricted: Only indicated items permitted to be brought into venues

T - Tools of the Trade: Only indicated items permitted to be brought into venues

No.	Items	Athletes NOC/NPC		Workforce		Guests	
1	Firearms and swords ·Firearms, ammunition, knives ·Items which are prohibited by law	R	·Items considered to be souvenirs	×	×	×	×
2	Items that can be used as weapons ·Blades such as cutters, scissors, razors etc. ·Tools such as hammers, wrenches, saws, screwdrivers ·Sharp instruments such as ice picks, eyeleteers etc. ·Rod-like objects of 90cm or longer that can be used as weapons	R	·White canes or sticks to be used as walking aids ·Items considered to be souvenirs ·Daily necessities such as razors, etc. ·Office supplies	R	·White cane or sticks to be used as walking aids ·Cooking utensils used by chefs ·Office supplies	R	·White canes or sticks to be used as walking aids ·Office supplies
3	Explosives ·Gunpowder, smoke canisters, warning flares, fireworks ·Items resembling an explosive device, ignition devices, lighters, matches	R	·Vehicle-mounted warning flares ·Lighters and matches for personal use	R	·Vehicle-mounted warning flares ·Lighters and matches for personal use	R	·Vehicle-mounted warning flares ·Lighters and matches for personal use
4	Poisons, drugs, hazardous substances ·Items which may infringe on the Poisonous and Deleterious Substances Control Act ·Narcotics, stimulants and other controlled drugs or similar items ·Items corresponding to hazardous materials under the the Fire Service Act ·Specified chemical substances, etc. ·Items prohibited by the High Pressure Gas Safety Act ·Stimulating substances, tear gas ·Other harmful substances such as hydrogen fluoride ·Paint	T	·Medicines for the treatment of athletes	×	×	×	×
5	Alcoholic beverages	○	○	×	×	×	×

No.	Items	Athletes: NOC/NPC		Workforce		Guests	
6	Food	○	○	R	·Non-perishable food for personal consumption ·Food for personal consumption only in the following cases: - During work shift hours when meals cannot be provided by Tokyo 2020 - Meals provided by Tokyo 2020 cannot be consumed due to accepted circumstances (faith, allergy, etc.)	R	·Non-perishable food for personal consumption
7	Beverages	○	○	R	·Non-alcoholic beverages up to 2 litres per person contained in plastic bottle/water bottle	R	·Non-alcoholic beverages up to 2 litres per person contained in plastic bottle/water bottle
8	Ice, ice packs ·Ice ·Ice packs of more than 400 millilitres ·Ice packs which are hard when frozen and can be used as weapons	○	○	R	·Ice in water bottles ·Ice pack of less than 400 millilitres which is soft even when frozen	R	·Ice in water bottles ·Ice pack of less than 400 millilitres which is soft even when frozen
9	Flammable substances ·Fuel, flammable liquids	×	×	T	·Fuel brought in by suppliers or caterers	×	×
10	Gas cylinders and similar items ·Gas cylinders and similar items ·Fire extinguishers and other compressed gas cylinders	R	·Portable oxygen cylinders for medical use ·Vehicle-mounted fire extinguishers	R	·Portable oxygen cylinders for medical use ·Vehicle-mounted fire extinguishers	R	·Portable oxygen cylinders for medical use ·Vehicle-mounted fire extinguishers
11	Animals	R	·Service dogs	R	·Service dogs	R	·Service dogs
12	Pharmaceuticals ·Pharmaceuticals ·Liquid, aerosols, gel-like medicines	R	·Appropriate amount for personal use ·Medicines and medical equipment carried by doctors or medical staff accompanied by NOC/NPC personnel	R	·Appropriate amount for personal use	R	·Appropriate amount for personal use
13	Cream and lotion such as sunscreen, etc. ·Sunscreens, insect repellents ·Creams, lotions	○	○	○	○	R	·Appropriate amount for personal use ·Liquid in containers up to 100ml per person
14	Aerosol spray	○	○	○	○	×	×

No.	Items	Athletes NOC/NPC		Workforce		Guests	
15	Containers ·Glass containers ·Cans ·Paper cartons ·Aluminium containers ·Plastic bottles ·Water bottles	○	○	R	·Cosmetic containers made of glass for personal use ·Plastic bottles / water bottles up to 2 litres per person	R	·Plastic bottle / water bottle up to 1 litre per person
16	Unauthorised wireless devices ·Unauthorised wireless radio devices ·Jamming devices ·Radio scanners ·Drones	R	·Use of unauthorised wireless routers inside venues is prohibited	R	·Use of unauthorised wireless routers inside venues is prohibited	R	·Use of unauthorised wireless routers inside venues is prohibited
17	National flags of countries not participating in the Games	○	○	×	×	×	×
18	Flags that are larger than 1x2m	○	○	×	×	×	×
19	Political, religious, vulgar messaging, trademarks etc. ·Advertising materials, signs, banners, etc. that include a religious or political message, or are deemed contrary to public order or morality ·Ropes, placards and other items that can be used for demonstrations in the venues	○	○	T	·Equipment used for Games operations	×	×
20	Bicycles	○	○	×	×	×	×
21	Unauthorised flyers, pamphlets, promotional materials ·Commercial items that can be used for ambush marketing	○	○	×	×	×	×
22	Large-scale luggage items	○	○	○	○	R	·Luggage capacity up to 25 litres per person
23	Umbrellas ·Stick umbrellas ·Umbrellas with sharp pointed ends	○	○	○	○	○	○
24	Chairs including folding chairs	○	○	×	×	×	×

No.	Items	Athletes-NOC/NPC	Workforce	Guests
25	Items which may interfere with the operations of the Games ·Whistles, vuvuzelas, air horns, musical instruments etc., instruments that produce excessive noise ·Laser pointers ·Confetti or paper to be used as confetti ·Sports equipment and accessories ·Sprays, water-guns	R ·Items for entertainment such as musical instrument ·Sports equipment	T ·Laser pointers to be used by contractors in meetings	× ×
		T ·Laser pointers to be used in meetings		
26	Photographic devices ·Camera lenses of 30cm or longer ·Tripods and monopods for cameras ·Stepladders of 30cm or higher	○	×	R ·Camera lenses

In addition to the list mentioned above, items that resemble prohibited items (replicate guns, explosive lookalikes, white powder resembling illegal medicine and so on) are prohibited regardless of whether such items are dangerous or illegal. Prohibited items that are required by athletes and team officials for specific Games related activities will be classified as “Tools of the Trade” and excluded from prohibited items.

Sustainability

The Tokyo 2020 Organising Committee of the Olympic and Paralympic Games values the concept of sustainability and aims to share ideas around the world on how to actively contribute to a sustainable society.

The sustainability concept of the Games is “Be better, together - for the planet and the people”. Tokyo 2020 aims to contribute to the realisation of the United Nations Sustainable Development Goals by implementing and showcasing sustainability solution models in Japan; this will be done through the delivery of the Games for the future of the earth and its people.

Tokyo 2020 will share Olympic Games sustainability knowledge and best practices to future Olympic Games hosts and event organisers, in Japan and overseas.

Tokyo 2020 athletes have an important involvement in this project. This is a once-in-a-lifetime opportunity to showcase the efforts being made regarding climate change, resource management, biodiversity, human rights, diversity and inclusion and social engagement.

With this in mind, Tokyo 2020 appreciates your cooperation, for example, in turning off lights when leaving a room, and the engine while the vehicle is parked or stopped or in promoting diversity and inclusion within your teams and at Tokyo 2020 venues.

Tokyo 2020 would also like to advise clients to comply with relevant laws prohibiting the international trade of endangered species. In particular, be aware that exporting ivory from Japan is illegal despite it being domestically available.

Tokyo 2020 aims to recycle resources thoroughly, with the aim of “zero waste”. Garbage bins will be provided to allow waste separation at the Olympic Villages, competition, and non-competition venues. Tokyo 2020 will promote waste separation to maximise the recycling of resources. Visitors to the Olympic Games should look at the labels on garbage bins when discarding waste.

Leave no leftover food, do not waste water and bring your own eco bag, in the true Japanese *mottainai* spirit.

Mottainai means “waste is regrettable” and embodies the motto of reduce, reuse and recycle. There is a *mottainai* spirit in Japan, which from long ago has encouraged Japanese people to use things up to avoid waste.

Olympic Village



Operations

- Super Resident Centre (24 hours)
- Resident Centre (07:00-22:00)
- Laundry Desk
- Grab and Go Stations
- 1** NOC Services Centre

1st Floor : Sport Information Centre
 2nd Floor : Chefs de Mission Hall, FA Desks, Front Desk
 NOC/NPC Relations Offices, IOC NOC Relations Office
 M2nd Floor : Sewing Room(Judo, Karate)
 4th Floor : Services Centre Meeting Room

- 2** Multi-Function Complex
 1st Floor : Polyclinic, Doping Control Station
 2nd Floor : Recreation Centre, Casual Dining
 3rd Floor : Fitness Centre,
 Multi-faith Service Management Office
- 3** Village Plaza (For details, see the list at the right)
- 4** Village Plaza (Uniform Distribution Centre)
- 5** Guest Pass Centre, Venue Media Centre
- Fever Clinic, Area for Testing of Close Contacts
- Sample Collection Centre

6 Team Processing Centre
 The Olympic Rings
 Toilets
 Accessible Toilet
 Underpass
 Internal Shuttle Bus Stop
 Internal Shuttle Bus Route
 Entrance / Exit
 Residents' Entrance
 Building Entrance

- 6** Team Processing Centre
- The Olympic Rings
- Toilets
- Accessible Toilet
- Underpass
- Internal Shuttle Bus Stop
- Internal Shuttle Bus Route
- Entrance / Exit
- Residents' Entrance
- Building Entrance

- Residential Block : PORT
- Residential Block : SEA
- Residential Block : PARK
- Residential Block : SUN

Village Plaza Shops & Services

- Plaza Information & Tokyo City Information
- Bank
- ATM
- Hair Salon
- Official Shop
- General Store including florist
- Photo Studio
- Dry Cleaner
- Courier Counter
- Postal Services
- Village Plaza Café & Internet Lounge w/ Call Centre
Galaxy Athlete Lounge
- Athletes' Room Replica
- Japan Culture Stadium
- Medical Station

Venue	Sports/Discipline		-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
			21 Jul Wed	22 Jul Thu	23 Jul Fri	24 Jul Sat	25 Jul Sun	26 Jul Mon	27 Jul Tue	28 Jul Wed	29 Jul Thu	30 Jul Fri	31 Jul Sat	1 Aug Sun	2 Aug Mon	3 Aug Tue	4 Aug Wed	5 Aug Thu	6 Aug Fri	7 Aug Sat	8 Aug Sun
Ariake Gymnastics Centre	Gymnastics	Artistic Gymnastics						🏅	🏅	🏅	🏅			🏅	🏅	🏅					
	Gymnastics	Rhythmic Gymnastics																		🏅	🏅
	Gymnastics	Trampoline Gymnastics										🏅	🏅								
Ariake Urban Sports Park	Cycling	BMX Freestyle												🏅							
	Cycling	BMX Racing										🏅									
	Skateboarding	Street				🏅	🏅														
	Skateboarding	Park															🏅	🏅			
Ariake Tennis Park	Tennis											🏅	🏅	🏅							
Odaiba Marine Park	Aquatics	Marathon Swimming															🏅	🏅			
	Triathlon							🏅	🏅				🏅								
Shiokaze Park	Volleyball	Beach Volleyball																	🏅	🏅	
Aomi Urban Sports Park	Basketball	3 x 3 Basketball								🏅											
	Sport Climbing																	🏅	🏅		
Oi Hockey Stadium	Hockey																	🏅	🏅		
Sea Forest Cross-Country Course	Equestrian	Eventing[cross-country]																			
Sea Forest Waterway	Canoe	Sprint														🏅		🏅		🏅	
	Rowing								🏅	🏅	🏅	🏅									
Kasai Canoe Slalom Centre	Canoe	Slalom						🏅	🏅		🏅	🏅									
Yumenoshima Park Archery Field	Archery				🏅	🏅	🏅					🏅	🏅								
Tokyo Aquatics Centre	Aquatics	Swimming				🏅	🏅	🏅	🏅	🏅	🏅	🏅	🏅								
	Aquatics	Diving				🏅	🏅	🏅	🏅				🏅		🏅		🏅			🏅	
	Aquatics	Artistic Swimming															🏅			🏅	

Venue	Sports/Discipline	-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
		21 Jul Wed	22 Jul Thu	23 Jul Fri	24 Jul Sat	25 Jul Sun	26 Jul Mon	27 Jul Tue	28 Jul Wed	29 Jul Thu	30 Jul Fri	31 Jul Sat	1 Aug Sun	2 Aug Mon	3 Aug Tue	4 Aug Wed	5 Aug Thu	6 Aug Fri	7 Aug Sat	8 Aug Sun	
Saitama Stadium	Football																				
International Stadium Yokohama	Football																				

This competition schedule is subject to amendments up until the conclusion of Olympic Games Tokyo 2020.

* Surfing Festival will be held from Day 2 to Day 9. Starting from 25 July, the schedule will depend on the wave conditions.



The Worldwide Olympic Partners



Tokyo 2020 Olympic Gold Partners



Tokyo 2020 Olympic Official Partners



Tokyo 2020 Olympic Official Supporters

AOKI Aggreko ECC EY Japan KADOKAWA Google KOKUYO SHIMIZU CORPORATION TANAKA HOLDINGS Technogym TOBU TOWER SKYTREE NOMURA PARK24 Pasona Group BCG Japan MARUDAI FOOD Morisawa Yahoo Japan Corporation THE SANKEI SHIMBUN The Hokkaido Shimbun Press

THE PLAYBOOK

INTERNATIONAL FEDERATIONS

Your guide to a safe
and successful Games





CONTENTS

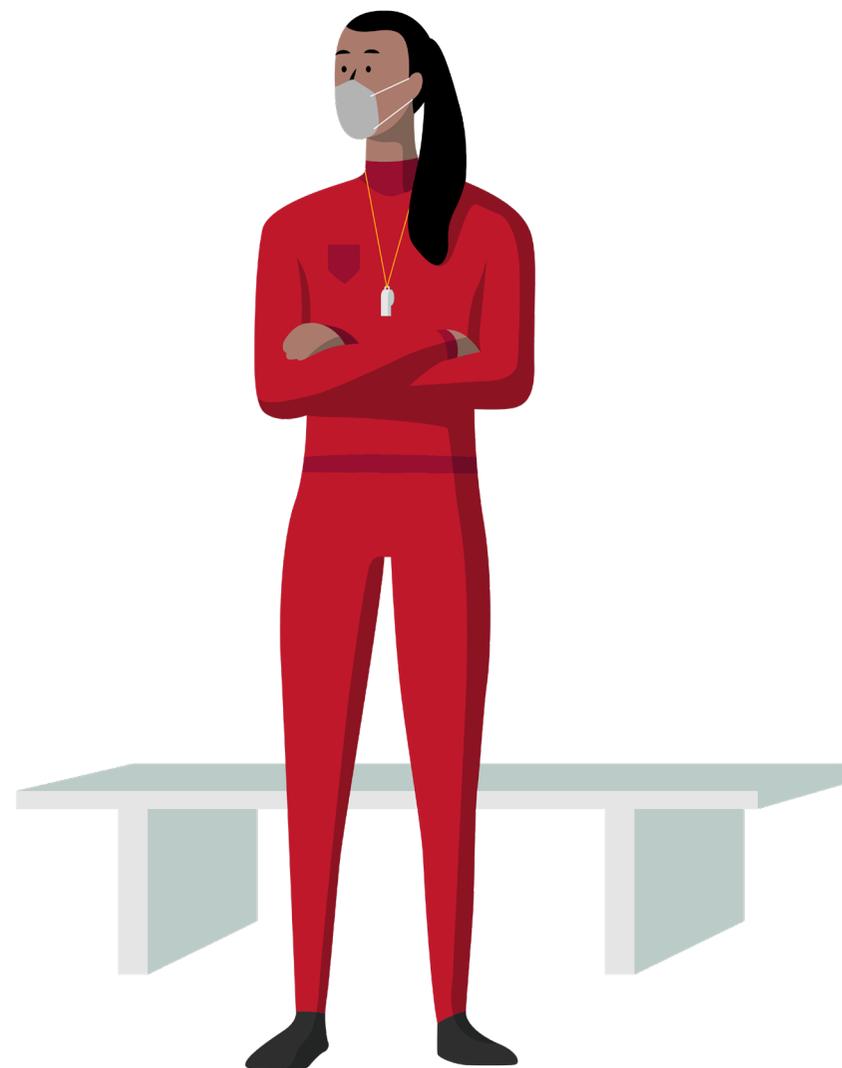
Who is this Playbook for?	3	Further information	37
Stronger Together	4	Sport countermeasures	38
		Venue countermeasures	41
Principles	5	Smartphone applications	44
Mask wearing	6	Vaccines	48
Minimise physical interaction	7	Compliance and consequences	49
Test, trace and isolate	8		
Think hygiene	9		
Your Journey	10		
Introduction	11		
Before you travel	13		
Entering Japan	19		
– Residents of Japan	23		
At the Games	24		
Leaving Japan	34		

 Important updates from the last version.

WHO IS THIS PLAYBOOK FOR?

Executive Board members	(IF)
IF Delegates*	(IF)
IF ITOs, Classifiers, Judges and Jury members*	(J)
National Technical Officials*	(J)
Equipment Technicians	(IF)
IF Full Time Senior Staff	(IF)
IF Staff	(IF)
Head of Media	(IF)
IF Media Staff - for Paralympic Games	(IF)
IF Medical Officer	(IF)
IF Chief Classifier - for Paralympic Games*	(IF)
Transferable Guests	(IF)

*For IF Delegates, ITOs, Classifiers, IF Chief Classifiers, Judges, Jury members and NTOs the rules in this Playbook must be followed throughout your time in Japan (in addition to the first 14 days)



STRONGER TOGETHER



To ensure the Olympic and Paralympic Games Tokyo 2020 go ahead this summer in a safe manner, the International Olympic Committee (IOC), International Paralympic Committee (IPC), Tokyo 2020 Organising Committee (Tokyo 2020), Tokyo Metropolitan Government (TMG) and the Government of Japan, together with the world's leading experts in health and sport event delivery, are working around the clock. They are developing a range of measures to enable the Games to be staged taking into account the evolution of COVID-19 in Japan and worldwide.

Every single Games participant has a clear role to play to ensure their own safety. That is why we have all combined forces to develop the Playbooks, which explain how the Games will be staged.

Following February's publication of the first Playbook, several briefings and online meetings were held with all stakeholder groups.

With the benefit of extensive feedback and questions, together with ongoing learnings from your recent international sport events and expert scientific advice, this Playbook Version 2 provides updated guidance

and further detail on how the Games will be organised and operated, so that you can advance your preparations and implement your plans.

The Games are fast approaching and we are working hand in hand with Tokyo 2020 and delivery partners to ensure that we are ready.

Additional detailed and sport-specific operational documents are due to be finalised in the coming month, such as the 'Athletes and Team Officials' Guide, 'Team Leaders' Guide and 'Technical Officials' Guide as well as online Q&As. These will continue to address the questions you may still have following this version of the Playbook.

To best support you ahead of the Games, your COVID-19 Liaison Officer (CLO) will soon be appointed and trained. June's third and final planned version of the Playbook will provide updates on any significant changes, in addition to the information from your CLO.

These Games will be different and we all have to adjust. In addition to no overseas spectators, you will face restrictions to the places you can go, as well as hygiene

and physical distancing measures. These 'safety first' decisions are there to protect you, all Games participants and the people of Tokyo and Japan.

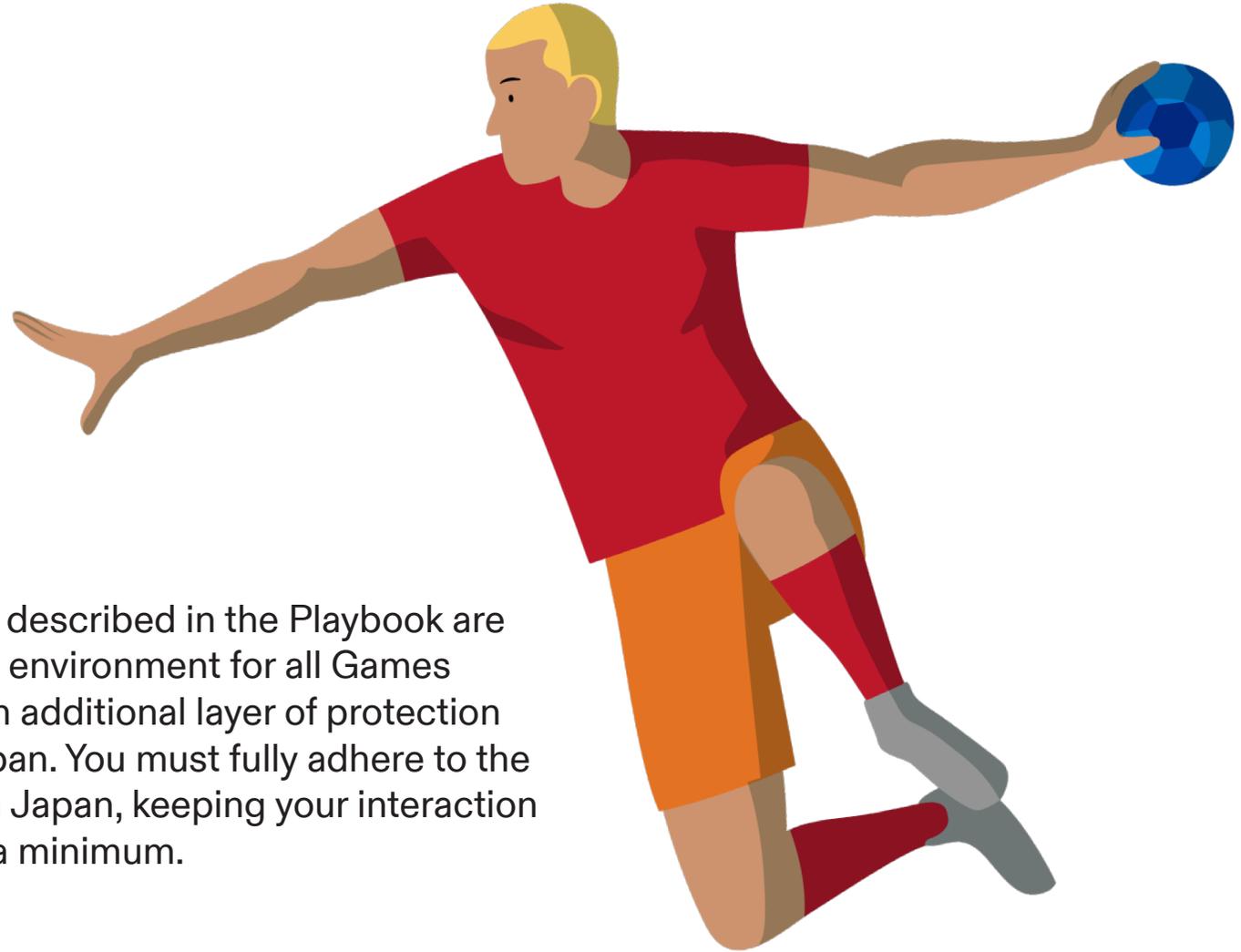
The eyes of the world will be on Tokyo this summer. With more broadcast and digital coverage than ever before, the performances of athletes, who have continued to train during these very difficult times, will provide much needed positivity and hope to billions of people around the world.

We must all take responsibility to ensure safe and successful Games. Follow the Playbook, live the values of Excellence, Respect and Friendship. There will be challenges to overcome, even sacrifices to be made. But **#StrongerTogether** we will experience Games like no other.

Thank you and see you at the Games,

Kit McConnell
IOC Sports Director

PRINCIPLES



The COVID-19 countermeasures described in the Playbook are designed to create a safe Games environment for all Games participants. Equally, they offer an additional layer of protection for our hosts, the residents of Japan. You must fully adhere to the Playbook throughout your time in Japan, keeping your interaction with non-Games participants to a minimum.

MASK WEARING

Wear a face mask at all times to protect you and everyone around you. Masks help prevent the spread of COVID-19, as they catch droplets exhaled by an infected person. By wearing a face mask at all times – except when eating, drinking or sleeping – you’ll help keep the Games safe for everyone.



MINIMISE PHYSICAL INTERACTION

COVID-19 is transmitted through infected droplets in our breath exhaled by coughing, sneezing, talking, shouting or singing – and is passed from person to person when we are in close contact. The risks of catching COVID-19 grow in crowded, poorly-aired spaces and when we spend time in proximity to those who are infected with COVID-19. That is why it is important to minimise social interaction, wear a mask, and avoid the 3Cs: spaces that are Closed, Crowded or involve Close Contact.

#1



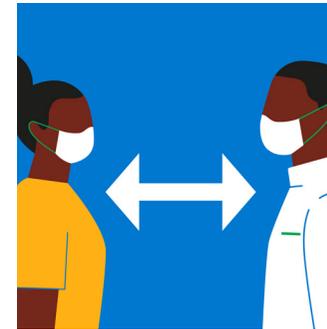
Keep physical interactions with others to a minimum (and don't forget to wear your mask!)

#2



Avoid physical contact, including hugs and handshakes

#3



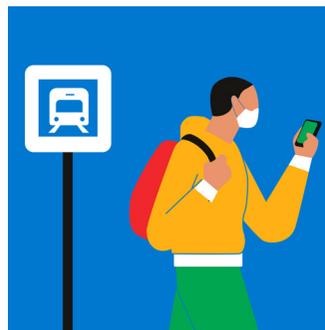
Keep two metres' distance from athletes and at least one metre from others, including in operational spaces

#4



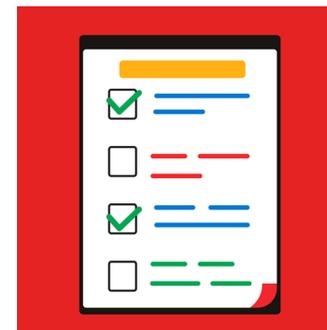
Avoid enclosed spaces and crowds where possible

#5



Use dedicated Games vehicles. Do not use public transport for the first 14 days

#6



Only carry out the activities submitted in your Activity Plan for the first 14 days, on the list of permitted destinations

TEST, TRACE AND ISOLATE

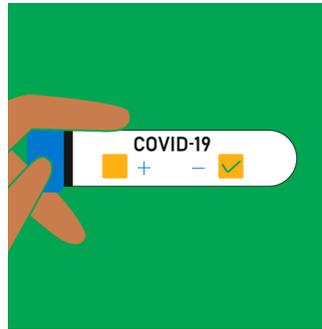
To stop the spread of COVID-19, it is vital to break the chain of human-to-human transmission. That is why it is important to have stricter protocols to identify who has the COVID-19 virus as early as possible, through testing; to understand who the virus might have been passed to, through contact tracing; and to use isolation and quarantining to stop the virus from spreading further.

#1



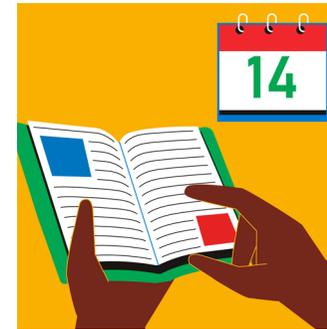
Download Japan's smartphone Contact Confirming Application (COCOA) and health reporting application (app), and familiarise yourself with any other technology solutions which may be used to support COVID-19 countermeasures

#2



Get tested and provide proof of negative results before you depart for the Games. You will be tested again when you arrive at the airport

#3



Follow the additional restrictions that apply to your first 14 days in Japan and until the end of your competition, detailed in your own specific Playbook

#4



Have regular screening tests for COVID-19 during the Games, as required for your role

#5



Get a test if you experience any symptoms or are told to by the Japanese health authorities. If your test is positive, you will need to isolate

+ Who is a close contact?

Close contacts are those who have prolonged contact (for 15 minutes or more) with a person who has a confirmed positive COVID-19 test, within one metre, without wearing a face mask. This is particularly applicable when such contact happens in enclosed spaces such as hotel rooms or vehicles.

Close contact cases will be confirmed by the Japanese health authorities, based on information provided by you, your organisation and Tokyo 2020.

THINK HYGIENE

COVID-19 can live on everyday surfaces through droplets exhaled by an infected person. If we touch those objects with our hands and then touch our eyes, nose or mouth, we run the risk of becoming infected. That is why we must not forget the basics of good hygiene – regularly and thoroughly cleaning our hands, disinfecting surfaces, avoiding touching our face, and wearing a face mask at all times.

#1



Wear a face mask
at all times

#2



Wash your hands regularly
and use hand sanitiser
where available

#3



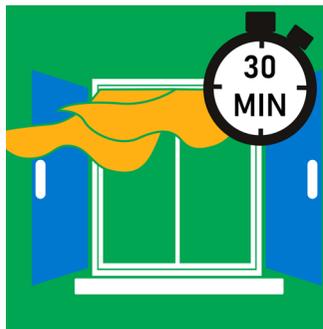
Support athletes by
clapping instead of
singing or chanting

#4



Avoid using shared
items where possible,
or disinfect them

#5



Ventilate rooms
and common spaces
every 30 minutes

YOUR JOURNEY



INTRODUCTION

The Playbooks are the basis of our game plan to ensure all Olympic and Paralympic Games participants and the people of Japan stay safe and healthy this summer.

They have been developed jointly by Tokyo 2020, the IOC and the IPC. They are based on the extensive work of the All Partners Task Force, which also includes the World Health Organization, the Government of Japan, the TMG, independent scientific experts and organisations from across the world.

This Playbook sets out your responsibilities as an International Federation (IF) representative, and should be considered alongside wider information received from your IF. Additional operational publications (for example, the 'Technical Officials' Guide, 'Late Athlete Replacement Policy' etc.) will be provided to your IF when available, using the IOC's SharePoint site for IFs. They will be regularly uploaded and updated as necessary between now and the Games.

The rules apply in the same way to every IF, regardless of your sport or where you are living – just as they apply to all other Games participants.

Please take time to understand the plans, the steps you must take and the rules you must follow – including those required by the Japanese authorities – starting 14 days before you travel and throughout the length of your stay in Japan. It's crucial that you take personal responsibility for your part in the plan: as an IF representative, you play a critical role in the delivery of a safe Games. Your actions will be crucial to set the standard for other participants.

+ COVID-19 Liaison Officers (CLOs)*

Every IF has been asked to appoint a CLO. This person will be your key contact for all matters related to COVID-19. They will also be the contact for Tokyo 2020, the Japanese health authorities, and, where relevant, the IOC/IPC. It is requested that the CLO be on-site in Japan for the full duration of your delegation's stay. Additional CLOs may be appointed as needed for support.

Your CLO will be responsible for ensuring that you understand the content of and the importance of complying with this Playbook. They will be given specific training before the Games. There will be a support framework in place for CLOs dedicated to each stakeholder group.

*More information, 'Roles and responsibilities of the COVID-19 Liaison Officer for IFs', has been communicated to IFs

+ Sport-specific countermeasures

You can find an overview of the general principles that apply to sports countermeasures at the Games on page 38. Sport-specific countermeasures will be detailed in an annex to the 'Team Leaders Guide' and 'Technical Officials Guide', available for your IF by the end of May.

+ When do the rules apply?

This Playbook describes the measures planned for Games time (date to be confirmed). Those entering Japan with a Pre-Valid Card (PVC)* must comply with the Government of Japan measures required at the time.

The Playbook will be implemented progressively as we get closer to the Games. Some countermeasures (for example, screening testing after day 14) and services (for example, Games transport) will be different during the pre-Games period (date to be confirmed). If you are travelling early, your IF will liaise with Tokyo 2020 for Playbook implementation dates** and confirm with you the measures that apply at the time you are travelling.

*PVC is valid as an entry document to Japan from 23 April, in conjunction with the other documents listed below. See 'Before you travel', page 13

**Further guidance on the implementation of the Playbook will be made available to your IF

INTRODUCTION

Rules are subject to change

This Playbook is written under the current understanding of the IOC, IPC and Tokyo 2020, based on the current measures and requirements in force in Japan and the foreseen situation at the time of the Olympic and Paralympic Games.

Changes may need to be made to countermeasures in the future, in collaboration with the Government of Japan and the TMG, to ensure any evolution of conditions and regulations in Japan are fully taken into account. This includes procedures for entry into Japan. Future versions of the Playbook could include more restrictions than those currently listed.

The next version (which is expected to be final) will be published by June 2021.

Responsibilities and risk

We trust that the measures laid out will mitigate the risks and impacts involved in participating in the Games, and we fully count on your support to comply with them. However, despite all the care taken, risks and impacts may not be fully eliminated, and therefore you agree to attend the Olympic and Paralympic Games at your own risk.



BEFORE YOU TRAVEL



ⓘ **Read this Playbook thoroughly**, before you travel, make sure that you have understood the Playbook and the importance of fully complying with the rules contained within. See 'Compliance and consequences', page 47

Your journey does not begin at the airport. Starting from now, ensure you take time to read and understand the latest version of the Playbook thoroughly when you receive it. If you have any questions, contact your IF or CLO well in advance of the Games.

The rules related to entry to Japan are in accordance with Japanese authorities' requirements. They apply from 14 days before your travel; it's important to adopt the right mindset in this period.

Further changes may be made to procedures for entry into Japan in collaboration with the Government of Japan, based on the latest situation.

You will be required to have medical treatment and repatriation insurance (including cover for COVID-19) covering the entire period of your stay in Japan

- For IF and J accreditation categories, Tokyo 2020 will provide such insurance for the period between the Village pre-opening and closing dates (Olympic Village: July 7 – August 11, Paralympic Village: August 15 – September 8). Please note that this insurance only covers costs incurred in Japan

⊕ **Support from your CLO before you travel**

- Your CLO is responsible for ensuring you comply with the Playbook
- They'll submit your Activity Plan to Tokyo 2020 and supply you with the 'Written Pledge'
- They'll help you prepare a list of regular contacts for your time in Japan
- If you test positive for COVID-19 before your departure, inform your CLO immediately
- If you have any questions or concerns about any of the measures, now is the time to ask!

TEST, TRACE AND ISOLATE

- **Make sure you have a Pre-Valid Card (PVC)**
which will be validated to become Olympic Identity and Accreditation Card (OIAC)/Paralympic Identity and Accreditation Card (PIAC)
- + **Your CLO will give you the 'Written Pledge'; you will need to show this at Japanese immigration**
 - The 'Written Pledge' is a document required by the Government of Japan. Signed by Tokyo 2020, it states that they take responsibility for your visit and will ensure you comply with the Playbook rules. Your signature is not needed on this document
 - The 'Written Pledge' can be replaced with the presentation of the health reporting app screen once it is introduced. Details will be shown in the next Playbook
- **Complete an Activity Plan* for the first 14 days of your stay in Japan**
 - Work with your CLO to finalise your planned and possible destinations
 - They will submit your plan to Tokyo 2020 for approval by the Japanese authorities
- It will be very difficult to request changes once approved, so it is important to be as comprehensive as possible when submitting
- + **Your Activity Plan* must include:**
 - Personal information (name, passport number, IF)
 - Accommodation address
 - All planned and possible destinations – restricted to official Games venues (as per your accreditation privileges) and limited additional locations, as defined by the list of permitted destinations
 - If you must use public transport (air and bullet trains): date and time, reason
 - The format is being finalised and will aim to allow you to select destinations in a simple manner

*The Activity Plan template and details of timing for submitting the plan will be available to your IF when finalised

TEST, TRACE AND ISOLATE

- **Make sure you know the latest information** on COVID-19 testing and certificates needed by your airline, for any transit countries and for entry into Japan. [See advice of the Government of Japan](#)
 - **Download and install** the Contact Confirming Application (COCOA) and health reporting app
 - The health reporting app is scheduled to be released in June
 For details, see 'Smartphone applications', page 44
 - **Monitor your health daily for the 14 days before arrival in Japan**
 - Take your temperature daily
 - Proactively monitor your personal health for any other COVID-19 symptoms [See WHO guidelines on COVID-19 symptoms](#)
 - **If you experience any symptoms of COVID-19 in the 14 days before arrival**
 - Do not travel to Japan
 - Inform your CLO, who will explain the next steps
-
- ⊕ **If you are travelling before the health reporting app is released, fill in the Japanese authorities' ['Questionnaire web'](#)**
 - Details required include accommodation in Japan, contact information and results of health monitoring for the 14 days before departure
 - When you submit the form, you will be given a QR code. Either take a screenshot or print it out, ready to show at Japanese immigration
 - ⊕ **Take two COVID-19 tests on two separate days within 96 hours of the departure of your flight to Japan** (first flight if you are on an indirect route)*
 - Tests must use one of the methods listed on the ['Certificate of Testing for COVID-19'](#) designated by the Japanese authorities
 - Currently, approved test types (saliva or nasopharyngeal swab) include real-time polymerase chain reaction (PCR), nucleic acid amplification (LAMP, TMA, TRC, Smart Amp, NEAR), New generation sequence and antigen (CLEIA) tests
-
- A list of approved testing providers is being developed and will be made available to your CLO. If the list does not include a convenient provider, your CLO can liaise with Tokyo 2020 to add providers to the list.
- *Take one of your two tests within 72 hours of departure. If you are travelling to Japan in the pre-Games period, take one test within 72 hours of your flight to Japan. The exact date from when two tests within 96 hours will be required will be provided to you when confirmed

TEST, TRACE AND ISOLATE

- ④ **Obtain a certificate of your negative COVID-19 test results**
 - Use the certificate format designated by the Government of Japan, or one which includes all necessary information specified as follows:
 - Date of issue, name, passport number, nationality, date of birth, sex, sample type, testing method, test result, test result date, specimen collection date and time, name and address of medical institution, doctor's signature (electronic)
 - You will need to present your negative test results certification in order to check-in at the airport/board the plane.
- **If a COVID-19 test is positive**
 - Immediately begin self-isolation in line with local rules
 - Your CLO, who will record your symptoms, test results and close contacts, as well as inform Tokyo 2020 and agree on next steps
 - If you are confirmed positive before leaving for Japan, your IF will determine a substitute from the people registered on the 'long list', contact the IOC/IPC Sports Department and Tokyo 2020, and take action as per the 'Technical Official Substitution Policy'

SOCIAL

- **Keep your physical contact with other people to a minimum** during the 14 days before you travel to Japan
- **Prepare a list of the people you will spend time with regularly** while in Japan (format to be agreed with your CLO), for example, your roommate or immediate members of your team
 - Share the list with your CLO, who will use it to help with contact tracing if required



THINK HYGIENE

-
- Follow good hygiene practice – including washing your hands regularly or using hand sanitiser, and always wearing a face mask
 - Make sure you have access to enough masks to last throughout your stay in Japan. Everyone is responsible for their own supply but your IF may provide them for you; check with your CLO
 - Follow WHO recommendations on mask wearing
 - If using fabric masks, ensure that they can be washed in high temperatures regularly, with at least two but ideally three layers:
 - Inner layer of absorbent material, such as cotton
 - Middle layer of non-woven material, such as polypropylene
 - Outer layer of non-absorbent material, such as polyester or polyester blend
 - Check the manufacturer's recommendations and health certification of the product
 - Note:
 - You will need to replace your masks as soon as they become damp and wash them once a day. You may use more masks than usual in hot and humid weather
 - Please also be aware of guidelines regarding 'Authorised Identifications' related to face mask branding. [See WHO guidance on wearing a mask](#)

ENTERING JAPAN

When you arrive, you must observe the instructions of the Japanese authorities and the following protocols at the airport and for your onward journey.

Physical distancing and good hygiene measures must be followed throughout your time in Japan. Additional rules also apply on arrival and for the next 14 days.

Further changes may be made to procedures for entry into Japan in collaboration with the Government of Japan, based on the latest situation.

- + **Support from your CLO when entering Japan**
 - If you test positive for COVID-19 on arrival or experience any symptoms, immediately inform your CLO by phone



TEST, TRACE AND ISOLATE

+ Be ready to show immigration authorities

- Your PVC (or OIAC/PIAC), along with your passport or other travel certificate associated with your PVC
- Negative COVID-19 test results certification (hard copy); without this you will not be allowed to enter Japan*
- 'Written Pledge' by Tokyo 2020 (hard copy); without this you will be required to quarantine for 14 days
- 'Questionnaire web' QR code (hard copy or screenshot)
- Any additional documents filled out on the aircraft and/or at the airport

+ Activate the COCOA app upon arrival and turn on Bluetooth

- Turn on location information services and location history on your smartphone, which may be needed for contact tracing
- For details, see 'Smartphone applications', page 44

+ Be ready to take a COVID-19 test (currently saliva antigen) on arrival

- Wait in the designated area for your test results, which will be processed at the airport
 - If your test results are unclear or positive, be ready to take a second test for confirmation
- **If your test results are confirmed positive**
 - You must isolate in accordance with the instructions of the Japanese health authorities
 - Immediately inform your CLO by phone; they will consult with Tokyo 2020
- For more guidance on isolation, see 'At the Games - Test, trace and isolate', page 25

- **If you experience any symptoms of COVID-19**
 - Immediately inform your CLO by phone; they will consult with Tokyo 2020
- [See WHO guidelines on COVID-19 symptoms](#)

*Take one of two tests within 72 hours of departure. If you are travelling to Japan in the pre-Games period, take one test within 72 hours of your flight to Japan. The exact date from when two tests within 96

hours will be required will be provided to you when confirmed

+ Quarantining on arrival and for the first three days

Border control measures in Japan have been revised since the first version of the Playbook released in February 2021. You must quarantine at your accommodation on arrival (the day of arrival is considered day 0) and for the next three days. However, you will have permission to perform essential Games-related activities during these three days, if:

- you test negative for COVID-19 every day; and
- you operate under a higher level of supervision by Tokyo 2020

Your other option is to be quarantined at your accommodation on arrival and for the next 14 days



SOCIAL

- Follow the instructions of Tokyo 2020 and your IF, and move as quickly as possible through the airport
 - Do not stop to visit any shops or services, other than the Accreditation Validation Counter
 - Use the Games-specific lanes provided at official airports to minimise contact with others
- Use only dedicated Games vehicles – do not use public transport for the first 14 days, unless it is the only way to reach remote Games venues. For more information, see ‘At the Games – Getting around’, page 30

PARALYMPIC CONSIDERATIONS

If you use a wheelchair or other mobility device that may be handled by another person under certain circumstances (for example airline staff during travel), regularly disinfect the relevant surfaces with sanitising wipes



+ RESIDENTS OF JAPAN

Before the Games

- For those living in Japan*, continue to follow countermeasures already in place

- 14 days before your Games role begins, additional countermeasures will apply:
 - Download the COCOA and health reporting app. The health reporting app is scheduled to be released in June
See 'Smartphone applications', page 44
 - Monitor your health
 - Minimise your physical contact with others
 - Adhere to countermeasures on public transport

- Residents of Japan – and those from overseas who have been in Japan for more than 14 days – may be asked to take a COVID-19 test before their Games role begins

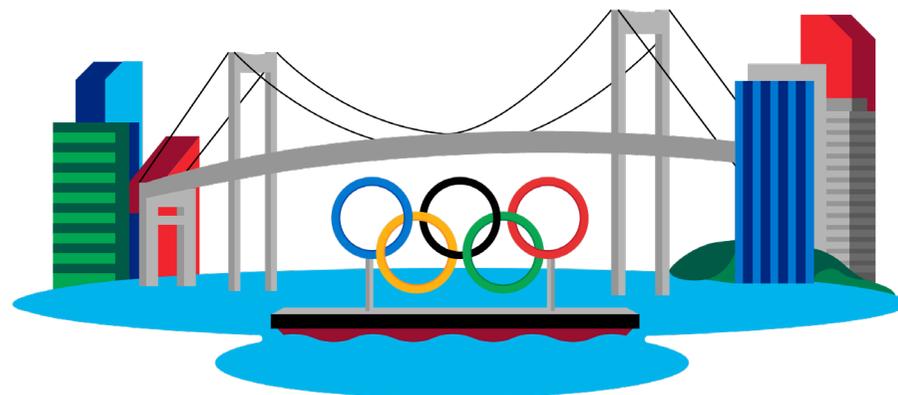
*This also applies to Games participants with a pre-Games role who have been in Japan for more than 14 days

During the Games

Follow the rules described in 'At the Games', pages 24



AT THE GAMES



During your stay in Japan, you will be expected to limit your activities to what is required in order to carry out your role.

Physical distancing and good hygiene measures (also laid out in the principles, pages 5-9) must be followed throughout your time in Japan (in addition to the first 14 days), for your own health and safety, and that of all Games participants and the people of Japan. These will be monitored by Tokyo 2020 to ensure compliances. To enable physical distancing, overall accreditation numbers have been reduced and access to venues restricted to what is strictly required for operational reasons.

Further changes may be made in collaboration with the Government of Japan and the TMG, based on the latest situation.

In accordance with the Japanese authorities' requirements, you are responsible for proactively monitoring and reporting your personal health every day via the health reporting app. Information on health monitoring for residents of Japan will be provided separately.

The comprehensive screening testing regime in place is based on science and expert advice. Testing will be a crucial part of minimising transmission: used for general screening, depending on your role and for those identified as a close contact of a positive case; as well as used for diagnosis for those experiencing symptoms of COVID-19.

+ First 14 days

Additional rules apply on arrival and for the first 14 days of your time in Japan for:

- **Screening testing:** You'll be tested more frequently
- **Where you can go, what you can do:** Limited to your Activity Plan
- **Getting around:** Don't use public transport
- **Places to eat:** Only eat in designated places

See pages 25-31 for full details

+ Support from your CLO

- If you test positive for COVID-19 or experience any symptoms, immediately inform your CLO, who will take you through the next steps
- Your CLO can support you with uploading daily health monitoring results
- If you're unclear about any of the rules ask your CLO

TEST, TRACE AND ISOLATE

- **Proactively monitor** your personal health every day (body temperature and any other COVID-19 symptoms) and report the results on the health reporting app (scheduled to be released in June)
 - Health monitoring protocols for residents of Japan will be provided separately

For more information, see 'Smartphone applications', page 44

- **Prepare to have your temperature checked before you enter a Games venue**
 - If you record a temperature of 37.5 degrees Celsius or higher, after a cool down period it will be checked a second time for confirmation
 - If you again record a temperature of 37.5 degrees Celsius or higher, you will not be permitted to enter the venue. Notify your CLO and follow their instructions. You will be taken to an isolation area to wait for further measures
 - Details on the procedure and locations for temperature checks will be included in the next Playbook

Screening testing

– **First three days**

In addition to the tests taken before departure and upon arrival in Japan, all Games participants will be tested daily for three days after arrival, to minimise the risk of undetected positive cases that could transmit the virus

– **After the first three days**

After the first three days and throughout your stay, you will be tested regularly, according to the operational nature of your role and level of contact with athletes

- The frequency of tests will be decided by Tokyo 2020 and the IOC/IPC, based on information provided by your IF. Frequency may vary within the same organisation, according to individual roles
 - If you have regular contact with athletes, in principle you will be tested daily
 - If you have some contact with athletes, you will be tested at least every four days
 - If you have limited or no contact with athletes, you will be tested every seven days

- Regardless of the frequency of your testing, everyone will be tested on day 14 after arrival
- The same principles apply to those already residing in Japan, with the exception of specific roles that may not need testing

TEST, TRACE AND ISOLATE

- **If you develop symptoms of COVID-19 during your stay**
 - Contact your CLO immediately for further instructions [See WHO Symptom Guidance](#)
 - You will be taken to a designated medical care facility and tested for COVID-19
 - Wait for the results in the designated area
 - If you are at a Games venue, proceed immediately to the medical station of the venue for medical examination. There will be an isolation space located close to the medical station where you will be temporarily isolated. If necessary, you will be transported to a Games designated hospital
- **If you have a confirmed positive test for COVID-19 during the Games**
 - Immediately begin isolating and inform your CLO
 - You will either be required to continue isolating or be hospitalised. You will not be allowed to perform your operational role
 - The location and length of your isolation period will be determined by the Japanese health authorities, depending on the severity and symptoms of your infection
 - ⊕ - **CLO response**
 - Your CLO and Tokyo 2020 will work with you to confirm your activities and places you visited, from the two days before your symptoms appeared to when you were tested and started isolating, and help identify close contacts in that period
 - In consultation with each IF and Tokyo 2020, sport contingency plans will be developed by the end of May. These plans will describe how to manage the competition in case an IF representative tests positive after entering Japan
 - Further details on isolation such as WiFi, catering, accessibility, contacting your CLO/team, etc. are being developed and will be shared when available
 - You will be discharged from isolation in accordance with the discharge guidelines in Japan
 - They will consult with the Japanese health authorities (including the local municipalities' health authorities) and Tokyo 2020 to determine further measures, such as disinfection of specific areas
 - More information will be provided to CLOs in May

TEST, TRACE AND ISOLATE

- + **If you are a close contact of someone with a confirmed positive test**
 - Close contacts are those who have prolonged contact (for 15 minutes or more) with a person who has a confirmed positive COVID-19 test, within one metre, without wearing a face mask, from the two days before the person's symptoms appeared to when they were tested and started isolating. This is particularly applicable when such contact happens in enclosed spaces, such as hotel rooms or vehicles
 - Close contact cases will be confirmed by the Japanese health authorities based on information provided by you, your IF and Tokyo 2020
 - If you are identified as a close contact of someone with a confirmed positive test, immediately stop your activities to quarantine at your accommodation; your CLO will contact you regarding the next steps

- The decision on applicable measures will be made on a case-by-case basis, and will take into consideration the likelihood of you spreading the virus
- Further details will be clarified in the next version of the Playbook



SOCIAL

- Limit your contact with other people as much as possible
- Keep a distance of two metres from athletes and one metre from others
 - There may be times when the distance between athletes and others is less than two metres, for example on the Field of Play (FOP) and in preparation areas. Tokyo 2020, IOC/IPC and the IFs will develop and implement the necessary countermeasures. See 'Sport Countermeasures' page 38
- Keep physical interactions with others to a minimum. Avoid unnecessary forms of contact such as hugs, high-fives and handshakes
- Keep your list of regular contacts list up to date
- Avoid enclosed spaces and crowds wherever possible
- Avoid staying an unnecessarily long time in a space where physical distance cannot be maintained. Refrain from talking in constrained areas such as elevators
- Eat meals keeping two metres away from others unless instructed otherwise, or eat by yourself, keeping contacts to a minimum



SOCIAL

+ Where you can go, what you can do

For the first 14 days

- Follow only the activities you have outlined in your Activity Plan
 - You must only leave your accommodation to go to Official Games Venues (as per your accreditation privileges) and limited additional locations, as defined by the list of permitted destinations. The permitted destinations are those that are critical for the Games and will have COVID-19 countermeasures in place
- Minimise contact (within one metre) with Games participants who have already been in Japan for more than 14 days, and with Japanese residents
- Wear a face mask at all times
- You must not use public transport*
- You must not visit Games venues as a spectator with a ticket

- You must not visit tourist areas, shops, restaurants or bars, gyms, etc.
- You are strongly encouraged to stay at accommodation provided by Tokyo 2020**
 - Rooms can be occupied by one person only***
 - If you are staying in self-arranged accommodation, you must adhere to Playbook rules at all times and provide information to Tokyo 2020 so they can work with respective local authorities to facilitate the implementation of COVID-19 countermeasures
 - If your planned accommodation is not able to confirm the implementation of all relevant COVID-19 countermeasures, you must contact Tokyo 2020 to be provided with suitable alternative options
 - Locations will be supervised on a regular basis to ensure the locations and guests follow expected standards

*Residents of Japan may use public transport. IF Delegates, ITOs, Classifiers, IF Chief Classifiers, Judges, Jury members and NTOs may not use public transport for their entire duration of stay

** Residents of Japan are not obligated to stay in a hotel

***Applies to IF Delegates, ITOs, Classifiers, IF Chief Classifiers, Judges, Jury members and NTOs who must stay in accommodation provided by Tokyo 2020

SOCIAL

Throughout the Games

- + - Olympic and Paralympic Village access will not be allowed
 - Those with essential operational roles such as IF medical personnel will be exceptionally allowed

Getting around

For your first 14 days

- You must not use public transport. You may only use dedicated Games vehicles such as buses, fleets and chartered taxis provided by Tokyo 2020 as a special service dedicated to Games participants within the first 14 days, while you do not have access to public transport. All dedicated Games vehicles will operate following official Japanese hygiene protocols. They will have:
 - Mandatory face mask wearing, thorough hand

sanitising and refraining from conversation

- Measures to enable as much physical distancing as possible between passengers, depending on the vehicle
- A partition between the driver's seat and passenger seats
- Constant ventilation, through air conditioning
- If you have to travel by air or bullet train to a venue in a remote city, you may do so on a limited basis. Tokyo 2020 will provide information on available flights and bullet trains
 - Tokyo 2020 will manage reservations in collaboration with respective operators to ensure there is appropriate space between you and other passengers

After the first 14 days

- You may use public transport, which will operate following Japanese hygiene protocols

SOCIAL



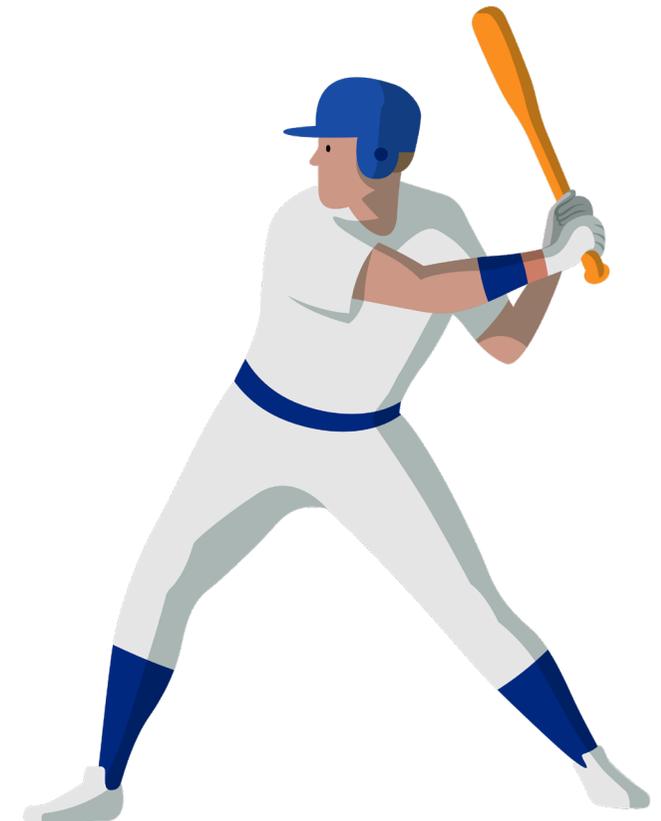
Places to eat*

For the first 14 days

- Considering the increased risk of infection when eating meals with others, you should avoid doing so, especially with Games participants who have been in Japan for more than 14 days, and with residents of Japan
- You must only eat in one of the following places, where COVID-19 countermeasures are in place:
 - Catering facilities at Games venues (as the preferred option)
 - Your accommodation's restaurant
 - Your room, using room service or food delivery

*Further guidance for eating locations applicable to IF Delegates, ITOs, Classifiers, IF Chief Classifiers, Judges, Jury members and NTOs will be communicated when available

- Should these options not be available
 - You can buy food at convenience stores and takeaway restaurants indicated by Tokyo 2020, that you can get to without using public transport
 - Use a private room in a restaurant that can be accessed in a manner compliant with COVID-19 countermeasures
 - The means of accessing and behaviour in these locations will be checked by Tokyo 2020 to ensure they comply with COVID-19 countermeasures, in particular physical distancing and hygiene
- Tokyo 2020 will require hotels to provide enhanced room service and grab and go options



THINK HYGIENE

- **Practice good hygiene throughout your stay in Japan.** Respect the rules displayed in venues and accommodation facilities, where enhanced cleaning protocols and hygiene countermeasures will be in place
 - Specific rules may apply to your role and at certain locations, for example on the Field of Play. See Sport countermeasures, page 38. These will be further developed by Tokyo 2020, the IOC/IPC and your IF, and will be detailed in the sport countermeasures annex of the ‘Team Leaders Guide’ and ‘Technical Officials Guide’, available from your IF by the end of May
- Wear a face mask at all times, except when eating, drinking or sleeping
- If you feel the need to avoid the risk of heatstroke, you may remove your mask when you are outside and able to keep two metres apart from others
[See WHO guidance on wearing a mask](#)
- Clean your hands before putting on and after taking off your mask and avoid touching your eyes, nose and mouth. If possible, wash your hands with soap and warm water for at least 30 seconds. Otherwise use hand sanitiser
- Replace masks as soon as they become damp and wash them daily
- A face shield is not an acceptable alternative to a mask. They should only be used to prevent infection of the eye area or in situations where wearing a mask would be impractical
- Wash your hands regularly and thoroughly for at least 30 seconds, ideally using soap and warm water. Otherwise use hand sanitiser
- Avoid shouting, cheering and singing – find other ways to show support or celebrate during competition, such as clapping
- Ventilate rooms regularly where possible – at least every 30 minutes and for a period of several minutes each time
- Avoid sharing items wherever possible. Always disinfect items that have been used previously by someone else
- Make cashless / contactless payments at all official venues
- Disinfect your dining table after eating



PARALYMPIC CONSIDERATIONS

- The restriction of keeping at least a one-metre distance from others will be waived for those in need of additional support, who can receive assistance from another member of their immediate circle
 - Masks should be worn at all times when providing assistance to others
 - Once aid has been given, sanitise your hands and go back to maintaining a physical distance of at least one-metre from others
- You should still try to keep physical contact to a minimum when possible
- You may temporarily remove your mask if you are speaking or providing assistance to someone who relies on lip reading, clear sound and/or facial expressions to communicate. You should stay at least a distance of one-metre and should put your mask back on as soon as possible
- If you use a wheelchair or other mobility device that may be handled by another person under certain circumstances (for example drivers), regularly disinfect the relevant surfaces with sanitising wipes

LEAVING JAPAN

The length of your stay is to be minimised to reduce the risk of infection and help ensure a safe and successful Games.

You should continue to follow the Playbook and any instruction or requirement from the Japanese authorities – including hygiene and distancing rules – throughout your departure and until you reach your destination.

+ **Support from your CLO when leaving Japan**
Your CLO can help confirm any COVID-19 requirements for international travel or entry into your destination country





TEST, TRACE AND ISOLATE

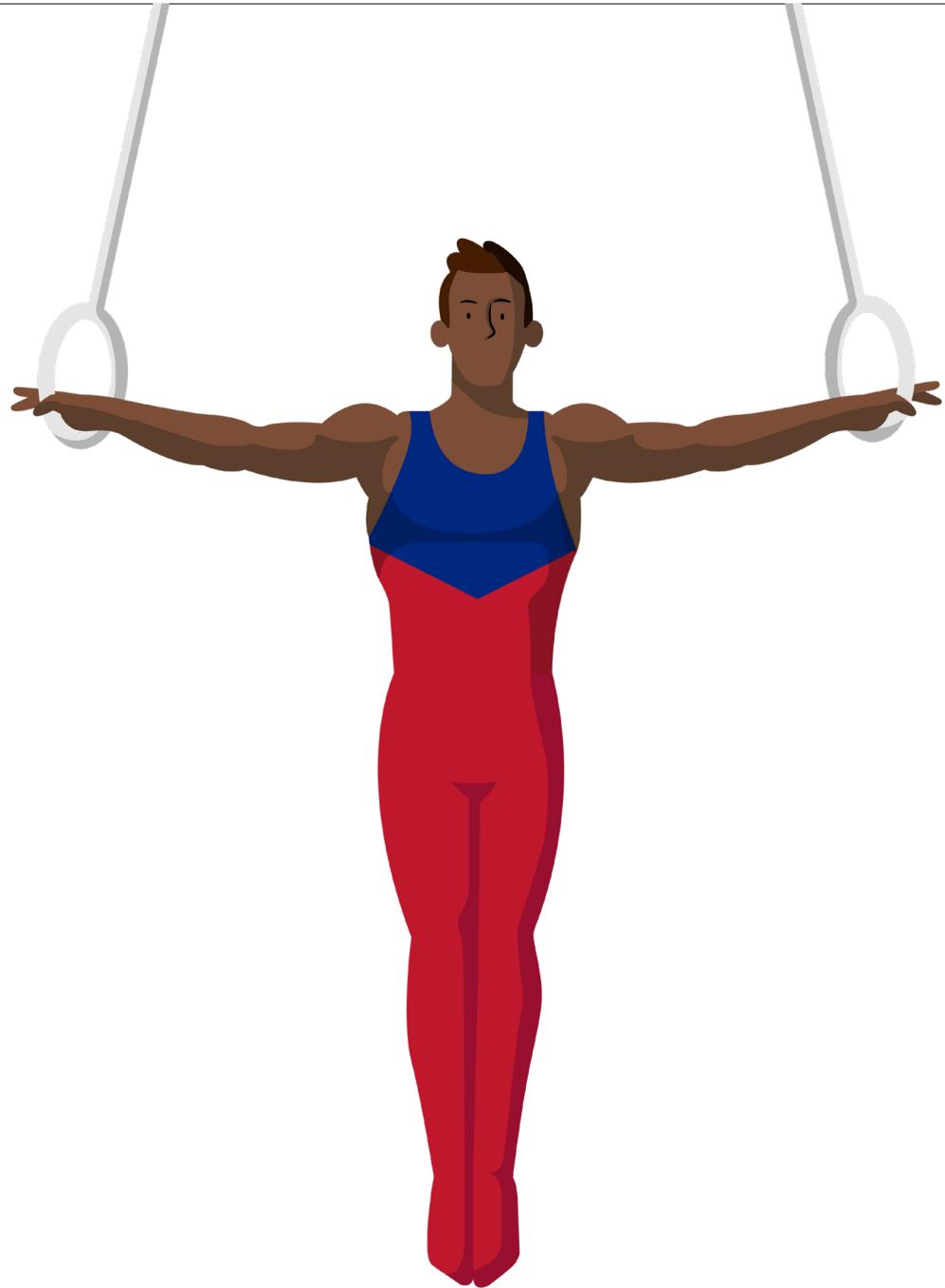
-
- Make sure you know the latest entry requirements for your destination country, as well as any countries you will pass through in transit
 - Solutions will be available if you need to take a final COVID-19 test and obtain a negative test certificate for international travel or entry to your destination country
 - Travel to the airport using a dedicated Games vehicle if within first 14 days of entering Japan. After 14 days, use public transport
 - When you arrive at your destination, follow local COVID-19 regulations, including any need to quarantine on arrival



PARALYMPIC CONSIDERATIONS

-
- Any Games participant staying in Tokyo and Japan after the closing of the Olympic Games to participate in the Paralympic Games will have to continue following the principles described in this Playbook
 - You are not required to exit Japan and re-enter the country for the Paralympic Games, but you are allowed to do so. In that case, upon re-entry for the Paralympic Games, you would begin a new 'first 14 days in Japan' period

FURTHER INFORMATION



SPORT COUNTERMEASURES

In addition to the Playbook principles, the following applies to sport operations at the Olympic and Paralympic Games Tokyo 2020. Details of sport-specific adaptations are being developed by Tokyo 2020 and the IOC/IPC in collaboration with the respective International Federations. Further information will be available by the end of May within individual sport publications, including the Team Leaders, Athletes and Team Officials and Technical Officials Guide.

Overall principles

- To enable physical distancing, overall accreditation numbers have been reduced, venue operational plans adapted and access to venues restricted to what is strictly required for operational reasons
- Venue and area layouts will also be designed to support physical distancing, along with the use of transparent acrylic screens where needed to help prevent transmission
- Please bear this in mind when deciding whether it's necessary to access a venue or a specific area within a venue and aim to keep your stay as short as possible

- In general, all equipment must be disinfected between uses and users must disinfect their hands before and after use
- Items such as towels and drinking bottles must not be shared
- Masks must be worn by athletes when receiving a notification for doping control

Olympic and Paralympic Village

Sport Information Centre (SIC)

- Floor markings will be used to help with physical distancing
- Transparent acrylic panels will be installed at the desks
- Some services such as training bookings may be provided online or at competition venues only
- Printing documents is not recommended. If you do need to print something, avoid sharing documents with others unnecessarily

Gym

- Disinfect equipment before and after use
- Athletes are required to wear a mask during fitness training in the Olympic and Paralympic Village

Pre-competition

Sport-specific activities such as draws, equipment inspections and weigh ins

- Activities will be held online or in open air spaces where possible
- When neither solution is available, such meetings will be held in a room with a limited number of participants to ensure physical distancing, and with appropriate ventilation

SPORT COUNTERMEASURES

Athlete preparation areas

Sport Information Desk (SID)

- Floor markings will be used to help with physical distancing
- Transparent acrylic panels will be installed at the desks
- Some services such as training bookings may be provided online or at competition venues only
- Printing documents is not recommended. If you do need to print something, avoid sharing documents with others unnecessarily

Physio areas

- Disinfect equipment before and after use
- Physios should use hand sanitiser before and after any contact with an athlete

Ice and ice baths

- Disinfect your hands before using ice
- When using the ice baths, keep a safe distance from others and use them one at a time or in small groups, avoiding facing each other

Towels

- Towels must not be shared and must be placed in a collection box after use

Changing rooms

- Physical distance must be maintained when showering and changing, which may mean waiting if the area is busy
- If possible, use facilities at the Olympic and Paralympic Village instead of at the venue

Warm up and athlete call areas

- Athletes can remove their face mask during their warm up
- An exception to the two-metre distancing rule from athletes will be made during warm up if required, for athletes and/or team officials to fulfil their role

Athlete and technical official lounges

- Entry to the lounges will be strictly restricted to those with access privileges and a purpose to be there
- Transparent acrylic panels will be placed on the tables if physical distancing cannot be respected, if necessary to enable people to fulfil their role

- Shields will be installed in food display areas to reduce the risk of droplet exposure
- Where possible, food and drink will be served by staff. Otherwise, disposable utensils to move the food and gloves will be provided
- Communal items with many users, for example beverage dispensers, will be frequently disinfected

Repair services

- Technicians should disinfect equipment before returning it to the athlete

During competition

Operational personnel on or by the Field of Play

- If it is not possible to ensure suitable physical distancing, alternative countermeasures will be in place, such as installing transparent acrylic panels
- This applies to all operational personnel on or around the FoP, such as Technical Officials and equipment technicians
- Exceptions may be made

SPORT COUNTERMEASURES

Athlete seating areas on or by the Field of Play

- Wear a face mask at all times
- Physical distancing between athletes on team benches will not be required
- All others must keep two metres from athletes if possible

Sport presentation

- The wearing of masks by personnel involved with sports presentation, such as performers and announcers, will be treated on a case-by-case basis
- Announcers and interviewers must keep a distance of two metres from athletes and avoid contact at all times
- Equipment such as headsets and microphones must not be shared and must be disinfected after use
- PA equipment will be disinfected regularly if shared between people

After competition

Mixed zone and press conference

RHB

- The use of a boom microphone (a microphone attached to a pole) will be mandatory, in order to ensure the two-metre distance between athletes and interviewers is maintained
- The floor of the mixed zone will be marked at all venues to ensure physical distancing: Athlete position < two-metres > interview position
- Interviews with athletes should last no more than 90 seconds

Press and Broadcast

- All interviewers must wear a mask.
Athletes can remove their mask for the interview

Press conferences

- Press conferences will be streamed live, with questioning via a dedicated platform

In addition to the mixed zone and press conference room, athlete interviews will be allowed in the IBC, RHB studios, standup positions, MPC and the Olympic and Paralympic Village Plaza. Please refer to the Broadcaster and Press Playbook for additional details.

Victory Ceremonies

- Victory Ceremonies with presentation of the medals will take place at the competition venues. Athletes and presenters will be required to wear a mask. Other specific information will be communicated closer to the Games.

VENUE COUNTERMEASURES

In addition to the Playbook principles, the following applies to venue operations at the Olympic and Paralympic Games Tokyo 2020. Details of venue-specific adaptations are being developed by Tokyo 2020 and the IOC/IPC. Any further information will be available within individual venue operating plans.

Physical distancing

- **Separation of flows between athletes and others**
 - Athlete flows will be organised so that they do not cross with others, unless it is unavoidable for operational purposes in which case additional countermeasures are put in place, such as managed crossings
- **Ensuring physical distancing:**
 - Maintain the standard Playbook physical distancing rule of at least two metres from athletes and one metre from others. Where this is not possible, for example in elevators, capacities will be limited and conversation prohibited.
 - Workforce will be trained in managing the movement of people, including guiding and

providing directions. They will be positioned in areas where people are likely to gather – including any waiting lines – for example at Pedestrian Screening Areas (PSAs), temperature check areas, concourses, toilets, concessions, seating bowl entrances, and venue entrances and exits. They will count people going in and out, so that venues do not exceed maximum capacities

- Signage will be installed in all necessary places, including distance markers on the ground
- Droplet prevention measures (dividers/splash guards) will be installed in areas as an additional measure where physical distancing cannot be easily ensured (for example, food and beverage concessions, check-in areas, counters, work areas)

Wearing of face masks

- Masks must be worn at all times, in all locations of venues, with the exception of training, competing, eating, drinking or during interviews in Tokyo
- Masks may be removed when eating or drinking but must be promptly replaced when finished

Cleaning and sanitisation

- **Installation of hand sanitisers**
 - Hand sanitiser will be available at numerous points throughout each venue, including every entrance/exit, rooms where medical treatment is performed, dining areas, toilets, mixed zone, press desks and commentary positions, seating bowl staircases, concourses, work rooms, sports information desks, ice and towel distribution points, changing rooms, athlete warm up and call areas and gyms
 - Hand sanitiser will be made available to spectators in all general public areas, such as PSAs and concourses
 - Hand sanitiser will be accessible for individuals with different types of impairment

VENUE COUNTERMEASURES

• Disinfection operations

- Doorknobs, switch panels, handrails, desks, elevator buttons, eating surfaces and other areas where high frequency contact is expected will be disinfected regularly
- You should disinfect items such as tables after eating and shared equipment (such as microphones, sports equipment, physio beds) before and after use

Signage and announcements

- Comprehensive dedicated signage (including pictograms) will be installed to support and enforce the respect of countermeasures (mask wearing, physical distancing, hygiene, disinfection, behaviour in the seating bowl, etc). This will include appropriate accessible signage for visually impaired people
- Messaging will also be delivered via public address and videoboards

Venue entrance: PSA & Vehicle Screening Area (VSA) Operations (*) – Temperature screening procedure

- **Temperature measurement when entering a venue (*Under coordination)**
 - Everyone will have their temperature checked before entering a venue.
 - The first temperature measurement area will be in front of the entrance of each venue, before the PSA or VSA. Temperature will be measured by thermography or non-contact thermometer
 - If the temperature taken is 37.5°C or higher, it will be taken again with a non-contact thermometer
 - If the temperature again measures 37.5°C or higher, you will move to the secondary temperature measurement area
 - In the secondary temperature measurement area, after a short rest, your temperature will be checked again, twice maximum, measured with a contact or noncontact thermometer
 - If your temperature is 37.5°C or higher, you will not be allowed to enter the venue

- The location of each temperature measurement area may be different for each venue

Isolation spaces

- There will be an isolation space at each venue, located close to the relevant medical station
- If you have a fever, other COVID-19 symptoms or any symptoms of illness, you will be temporarily isolated in this space

VENUE COUNTERMEASURES

Food and beverage operations

Be extra vigilant when eating and drinking, when the risk of infection is high. Additional measures in the food and beverage areas (concessions and concourses, seating bowl areas, lounges, workforce dining, accredited stakeholders catering areas, etc.) will include:

- Installation of droplet-prevention measures (for example, dividers/splash guards)
- Installation of hand sanitiser dispensers at the entrance and reception
- Regular disinfection and cleaning of tables
- Signage, for example, rules for washing hands, wearing masks etc.
- Disinfection of water dispensers and microwaves
- Installation of floor markings in waiting line areas (at least one metre physical distancing)
- Ventilation of the area
- Workforce wearing gloves
- Installation of hand-washing soap (pump type)
- Eating outside the dining area whenever possible, to avoid 3Cs (Crowded Places, Close-contact Settings, Confined and Enclosed Spaces)

SMARTPHONE APPLICATIONS (APPS)

Applications

Every visitor to Japan is required to have a smartphone and to download and use two smartphone applications ('apps'): a health reporting app and a Contact Confirming App (COCOA). These will support entry to Japan, daily health reporting and contact tracing in case of having close contact with somebody who has COVID-19. An overview of each app is provided below.

Health reporting app

Overview

The health reporting app is currently under development by the Government of Japan and scheduled to be released in June.

For Tokyo 2020, this health reporting app also supports infection prevention at venues and measures to prevent the outbreak of clusters.

You will need to download and install this app before you travel to Japan, to input daily health information after your arrival and some information required when entering Japan.

As a Games participant, to start using the app after downloading it you will need to input your OIAC/PIAC card number and an access code from the Tokyo 2020 Infection Control Support System (ICON).

Functions

Daily health reporting

You will need to input your daily body temperature (taken by a thermometer) and whether or not you have any other COVID-19 related symptoms after entry to Japan. This information will be transferred to Tokyo 2020 ICON under strict data management, and monitored by each organisation's CLO and the responsible Functional Area in Tokyo 2020 to help prevent the spread of COVID-19.

Functions for immigration

It also has the functions equivalent to the ['Questionnaire web'](#), required at the time of entry.

Languages

English, Japanese, French, Chinese (Simplified), Spanish and Korean.

Privacy policy and data protection

A privacy policy will be prepared in accordance with the rule of the Personal Information Protection Law in Japan, on the premise of giving consideration to the privacy of each person.

Download links

The app will be released in June.

SMARTPHONE APPLICATIONS (APPS)

Contact Confirming App (COCOA)

Overview

The COCOA app enables you to receive notifications about the possibility of contact with someone infected with COVID-19, while ensuring anonymity for your privacy. The app was released in June 2020. It uses the short-range communication (Bluetooth) function on smartphones and the Exposure Notification framework developed by Google and Apple, adopted by many countries for a similar purpose.

You are not asked to enter your name, phone number, e-mail address or other information that could identify you. Information on close contact with other smartphones is encrypted and recorded only in your smartphone and is automatically disabled after 14 days. Administrative agencies or third parties will not use or collect contact records or personal information.

You need to activate COCOA on arrival.

[Download more information about COCOA in English](#)

Language

At the moment, Japanese, English and Chinese are supported. The final supported languages for the Games are to be confirmed.

Download links

Download COCOA using the following links:

[Download from App Store](#)

[Download from Play Store](#)

[Privacy Policy](#)

[Terms and Conditions of Use](#)

GPS location information storage

In the event that an infection is found, the GPS function of your smartphone (Android/iOS) will be used to save your location information, in order to support the contact tracing process of Japanese health authorities. When entering Japan, please set the GPS function of your phone in accordance with the immigration procedure of the Government of Japan. This feature of your phone will only use a small amount of battery and a small amount of memory to store location information.

SMARTPHONE APPLICATIONS (APPS)

Tokyo 2020 Infection Control Support System (ICON)

Overview

The Tokyo 2020 Infection Control Support System (Tokyo 2020 ICON) has been introduced by Tokyo 2020 as a COVID-19 countermeasure, and is scheduled to be released at the end of May.

Each NOC/NPC's CLO(s) will be able to submit all documents required to enter Japan (for example, the Activity Plans of their delegation) to Tokyo 2020 using this system. It will also be used to check daily health reporting and reports of positive COVID-19 test results. Comprehensive training and support will be available to CLOs in May.

Health reporting app access code

To get your access code for the health reporting app, go to the access code issuing area within ICON and follow the instructions. You will need to enter details of the same identification used when applying for your accreditation card (passport number/driver's license number/my number card/residence card), and to agree to Tokyo 2020 ICON terms and conditions.

FREQUENTLY ASKED QUESTIONS ON SMARTPHONE APPLICATIONS

Q1. What about those without smartphones?

A1. All visitors to Japan are required to have a smartphone. In the exceptional case of someone arriving without one, an alternative solution will be explored.

Q2. I am already using a contact tracing app in my base country. Do I also need to install COCOA? And if so, how do I switch to COCOA?

A2. Yes, the Government of Japan requires you to install COCOA. If you already have a contact tracing app installed that uses the Exposure Notification (EN) framework of Apple and Google, you will need to turn it off before COCOA will work.

Q3. If I am notified by an app that I was in contact with an infected person, what do I do?

A3. Let your CLO know immediately. They will tell you the next measures to take.

Q4. When should I start reporting my health status using the health reporting app?

A4. Please input your health information just after you enter Japan.

Q5. When should I start to use the health reporting app if I am already in Japan at the time of the release of the health reporting app? Is it necessary if I have been in Japan for more than 14 days?

A5. Please input your health condition using the health reporting app fourteen days before. For more information, refer to 'At the Games - Residents of Japan', page 24

Q6. What if I cannot download the specified app?

A6. For countries where the app cannot be downloaded, Tokyo 2020 functional area will separately inform you how to download and install the app.

Q7. Can I install/transfer the apps onto a second Japanese phone after arrival (for example, a rate card phone or an athlete phone)? How?

A7. Yes, you can. You can transfer the data by scanning the QR code on the first phone by the second phone.

Q8. Will people with disabilities be able to use the apps?

A8. Yes, you will be able to use the apps using the voice read-aloud function on iPhone/Android OS.

VACCINES

Vaccines are one of the tools available in the toolbox. The IOC and IPC continue to strongly support the national immunisation priorities established by respective governments.

When vaccines are made available to a broader public, the IOC calls for Olympic, Paralympic teams and for any stakeholder group participating at the Games to be vaccinated. Therefore, the IOC and the IPC are working with the NOCs and NPCs to encourage and assist their athletes, officials and Games stakeholders residing in their territories to get vaccinated in their home countries in line with national immunisation guidelines, before they go to Japan. This is to contribute to the safe environment of the Games, but also out of respect for the residents of Japan.

Many national governments have already taken positive steps in this respect and are in consultation with their NOCs and NPCs to vaccinate Games participants.

Please note: While we encourage everyone coming to Tokyo to get vaccinated if this is possible in line with the national immunisation guidelines of your country, you will not be required to have received a vaccine in order to participate in the Games – and all of the rules outlined in this Playbook will apply, whether or not you have received the vaccine.

COMPLIANCE AND CONSEQUENCES

The measures documented in this Playbook have been established based on latest scientific evidence, expert advice and lessons from other international events. We draw to your attention that risks and impacts may not be fully eliminated and that you agree to attend the Olympic and Paralympic Games at your own risk. We trust that these measures are proportionate to mitigate the above-mentioned risks and impacts and we fully count on your support to comply with them.

As part of the accreditation process and related documents for the Olympic and Paralympic Games, your organisation will bring some information relating to these measures to your attention: in particular, that compliance with the rules of the Playbook is necessary in order for you be granted your accreditation and maintain it; and that, in some cases, these measures may also involve the processing of your personal information, including health-related information.

In light of the above, we count on you to ensure that you have read carefully and understood the content of this Playbook (including any further updates there to) and abide by the rules contained therein, as well as with

any further instructions that may be issued by the Japanese authorities, the IOC, the IPC, Tokyo 2020 and/ or your organisation. Your compliance with such rules and instructions is key to successfully achieve our common objective: to ensure that the health of all the participants in the Olympic and Paralympic Games are protected, and that the Games are safely staged.

Non-compliance with the Playbook

Non-compliance with the rules contained in this Playbook may expose you to consequences that may have an impact on your participation in the Olympic and Paralympic Games, your access to Games venues and, in some cases, on your participation in competitions. Failure to comply with these rules, such as the intentional refusal to take a test, may result in disciplinary consequences, such as the withdrawal of your accreditation and right to participate in the Olympic and Paralympic Games.

Please be aware that some of the measures described in the Playbook, such as those related to the entry into and departure from Japan, are under the jurisdiction of the Japanese authorities. In the event of a breach of these measures, there may be consequences imposed upon you, such as being subject to quarantine for 14 days, or procedures for revocation of your permit of stay in Japan.



International
Olympic
Committee



**INTERNATIONAL
PARALYMPIC
COMMITTEE**



TOKYO 2020



TOKYO 2020
PARALYMPIC GAMES



The Playbook has been developed jointly by the Tokyo Organising Committee for the Olympic and Paralympic Games 2020, the International Olympic Committee and the International Paralympic Committee.

All trademarks are the property of their respective owners.

© 2021 – International Olympic Committee – All Rights Reserved.