



4th TUR ARTISTIC GYMNASTICS WORLD CHALLENGE CUP

COVID-19 GUIDELINE

With regards to the situation around COVID-19 pandemic, please see below links towards to check restrictions:

<https://www.iatatravelcentre.com/international-travel-document-news/1580226297.htm>

<https://www.turkishairlines.com/en-tr/announcements/coronavirus-outbreak/travel-restrictions/>

ARRIVAL

As of March 15, 2021, passengers who enter Turkey on international flights (excluding transfer passengers and passengers under the age of 6) must complete the Turkey Entry Form, which they can access on this [page](#), within 72 hours prior to their flight. A paper printout or mobile screenshot of the completed form will be checked at the stations before the flight.

To Participate in the FIG World Challenge Cup Mersin 2021 and for the entry to TURKEY, all delegation members must bring following;

1- A Negative PCR test results 72h before or negative rapid antigen test result taken maximum 48 hours the time of arrival in Turkey.

2- All delegations must fill the declaration form and bring it at the accreditation.

DURING THE EVENT

There will be no PCR-tests or quick tests upon arrival, if you don't have any illness symptoms and if you have not been in contact with any positive tested person.

The use of disposable masks inside the venue is mandatory for all accredited persons. It is the responsibility of the delegations to bring a sufficient number of masks.

For breakfast, lunch or dinner, team members must use their own sitting which organized with national flags.

The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 meters whenever possible.



The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.

Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 meters whenever possible.

The LOC will check the body temperatures and health conditions of gymnasts, coaches, judges, and other personnel every time they enter the venue.

The FIG also requests gymnasts and coaches to avoid risky habits on the FOP. The unsafe practices related to virus transmission are:

- Spitting on the hands before performances
- Shaking hands with or hugging others
- Sharing magnesium carbonate with others. Depending on the discipline, the use of liquid chalk (70%–80% alcohol) instead of classical magnesium carbonate is recommended, otherwise every participant should receive, use and maintain their own personal magnesium.
- Any close physical interaction than absolutely necessary between gymnasts and coaches

In case of a positive result of PCR-test (Covid+), the person is moved to a specially designated isolation room in the hotel, where the LOC Medical Covid19 Team doctors are looking after the person. If the body temperature rises more than 38.5, lowering the level of oxygen saturation below 95%, the emergence of indicators critical for life, the person will be moved by ambulance to the Hospital.

All persons who have been in contact with a Covid + person within 2 days before and 10 days after the onset of symptoms in a Covid + patient have to do another PCR test if,

they had direct physical contact

they have been in contact with a COVID-19 + patient at a distance of up to one meter for 15 minutes or more, without Personal Protective Equipment

they have been in contact with a COVID-19 + patient at a distance of up to one meter for 15 minutes or more indoor

The test results will be provided within 6 to 8 hours.

If the PCR test is negative, no need for quarantine.



If the PCR test is positive, the concerned person needs to quarantine in specially designated rooms at the Hotel.

The costs of accommodation and all-inclusive during such an isolation period at the hotel are the following ones:

-During the official dates of the event: no additional costs for the concerned delegation.

-After the official dates of the event: same accommodation costs for the concerned delegation.

Treatment and all additional costs associated with it are covered by personal health insurance or the delegations' own expenses.

DEPARTURE

If delegation members need or wish to do a PCR test at the end of the event before their travel back home, they have the possibility to do so. Please inform the LOC well in advance.

All PCR-tests are at the charge of participating delegations and are to be paid cash onsite. **(50 € per/person)**

CONTACT

For any details regarding Covid-19, please contact;

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+905336663147

Best regards



4th TUR ARTISTIC GYMNASTICS

WORLD CHALLENGE CUP



DECLARATION

Delegation of.....

I HEREBY DECLARE THAT:

- I am not currently showing symptoms of any viral disease (fever, cough, difficult breathing, disturbance or loss of taste and smell, etc.)
- I have not been in contact with any person, sick with COVID-19 in the past 14 days I have not been in quarantine for the past 14 days
- I am familiar with and will follow the instructions, regarding prevention of COVID-19
- I am obliged to immediately contact the medical team and my coach, in case of any symptoms
- I am familiar with the epidemic situation in Turkey, as well as with the risk of spread of COVID-19
- I am familiar with the fact that I bear personal responsibility, in case of presenting untruthful information
- I am familiar with the fact that the LOC does not bear any responsibility, in case I am infected with COVID-19.

Name Surname:

Email address:

Phone Number:

Hotel:

Signature:

Date: