

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



MEDICAL GUIDELINES

for

FIG Artistic and Rhythmic Gymnastics

World Championships 2021

FIG Artistic Gymnastics World Championships 2021

Oct. 18 to Oct. 24, 2021

FIG Rhythmic Gymnastics World Championships 2021

Oct. 27 to Oct. 31, 2021

Kitakyushu (JPN)

Version 2 September 2021

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	Local Medical Doctors: MAEDA Akira MD, Contact +81-90-1677-2159	3
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1. Preamble

The COVID-19 pandemic has been affecting unprecedented challenges across every aspect of human life in 2020 and 2021. Though Tokyo 2020 Olympics finished under the pandemic in Tokyo, Japan, all the stakeholders for sports events face particular challenges based on their context.

While FIG Artistic and Rhythmic Gymnastics World Championships 2021 are reaching within a few weeks in Kitakyushu, Japan, the local organizing committee (LOC), and its medical committee (MC, Chief Medical Officer is Dr. IWASAKI, also Chair of FIG ADMSC) have been working with the Government of Japan(GOJ), Fukuoka Prefectural Government (FPG), the City of Kitakyushu (COK), and their local health authorities for the protocols of COVID-19 countermeasures.

Since the pandemic situation changes day by day, the governments have not reached concrete protocols, specifically for international travellers to enter, travel and stay in Japan and Kitakyushu. The LOC has decided to provide all the participants the **“COVID-19 Protocol Arrival, Departure and Stay in Kitakyushu, “** in addition to this Medical Guidelines.

With taking into account the "FIG Medical Guidelines for FIG Competitions and Events," FIG, the LOC, and its MC for the FIG Artistic and Rhythmic Gymnastics World Championships 2021 have created the medical guidelines to be followed by all stakeholders that are due to participate in the Championships 2021, on October 18 to 24 for Artistic Gymnastics and October 27 to 31 for Rhythmic Gymnastics, in Kitakyushu, Japan.

Meanwhile, the LOC will provide the **“COVID-19 Protocol Arrival, Departure and Stay in Kitakyushu “** as soon as the governments decide the protocol.

2. Medical Team

A) LOC Medical Team

Chief Medical Officer: IWASAKI Yasunobu MD, Contact +81-90-2115-9389

Local Medical Doctors: MAEDA Akira MD, Contact +81-90-1677-2159

Head Physiotherapist/Trainer: Registered Physiothrapist

- (1) FIG Anti-Doping, Medical and Scientific Commission Representative
IWASAKI Yasunobu MD (FIG)
- (2) LOC Medical working team for COVID-19
YAMAGUCHI Yukihiro MD (Kitakyushu Regional Infection Control Team)

3. Medical Services

Medical services will be provided to participants of the event as per normal procedures. In addition to this, a specific protocol must be put in place to adjust to the reality of the COVID-19 pandemic.

For this, the LOC will ensure that:

- Medical assistance is available 24 hours a day
- A hotline is provided for all participants in the event to promptly reach the LOC MC 24 hours per day
- Adequate transportation service is available 24 hours for removal of individuals from their hotel rooms into an isolated environment and/or the designated hospital

A) Hospitals

The LOC liaises with local authorities to fully understand the hospital services at the disposal of the individuals taking part in the event. The LOC has identified the following hospitals for each medical demand to act accordingly for all the participants' safety and security.

Injuries & Illnesses	Name of Hospital	Address	Contact Person
Possible COVID-19	Public Health Center & Prefectural Health Authority	Kitakyushu	MC /LOC Dr. IWASAKI Mobile: +81-90-2115-9389
Injuries & Medical Problems, Ear, Eye, etc.	Kitakyushu General Hospital	1-1 Higashi Shironocho, Kokurakita ward, Kitakyushu	Email: yaunobuiwasaki@gmail.com
	Tobata Kyoritsu Hospital	2-5-1 Sawami Tobata ward, Kitakyushu	FIG Sports Managers Stéphane Détraz (MAG Sports Manager), Email: sdetraz@fig-gymnastics.org
	JCHO Kyushu Hospital	1-8-1 Kishinoura, Yahatanishi ward, Kitakyushu	Céline Cachemaille (WAG Sports Manager) Email: ccachemaille@fig-gymnastics.org
	General Spinal Injuries Center	550-4 Igisu, Iizuka, Fukuoka	Sylvie Martinet (RG Sport Manager) Email: smartinet@fig-gymnastics.org
	Tobata General Hospital	1-3-33 Fukuyanagi, Tobata ward, Kitakyushu	
Dental problems	Kyushu Dental Unniversity Hospital	2-6-1 Minazuru, Kokurakita, Kitakyushu	
Pharmacies & Drug Stores	San Kyu Drugs Kokura Ekimae Branch	3-1-1 Kyomachi, Kokurakita ward, Kitakyushu Cent City Kitakyushu B1	MC/LOC Dr. IWASAKI LOC will organize a liaison person
	San Kyu Drugs Kurosaki Ekimae Branch	3-1-3 Kurosaki, Yahatanishi ward, Kitakyushu	
Psychological issues	Certified Psychologists available		MC/LOC Dr. IWASAKI

Note: The local government provides multi-language translation services.
(<https://imsc.pref.fukuoka.lg.jp/english/>)

4. Drugs and Medical Devices Import (Please contact the LOC)

GOJ sets strict rules for importing drugs and medical devices. Therefore, all teams participating in the FIG Artistic and Rhythmic Gymnastics World Championships 2021 must apply and get approval in advance for all medicines and medical equipment to be brought into Japan for the team's use not for individual use.

The Local Organizing Committee helps all the processes to get approval for delegations. Please contact the Local Organizing Committee personnel to the following e-mail address.

International@2021agrg.jp

A) Prohibited Drugs

Please note that psychoactive drugs and narcotics for medicinal use are not permitted for delegation use. Medical cannabis and stimulants (including raw materials) are not allowed to be imported to Japan under any circumstances.

B) Drugs for Attention-deficit hyperactivity disorder (ADHD)

Methylphenidate (Ritalin, Concerta) can be carried in for personal use. When the amount of the drug exceeds 2.16g, an advance application is required. Amphetamine (Adderall) is not allowed to bring to Japan.

5. Medical services at FOP and Training Halls

Local medical doctors, physiotherapists, and emergency paramedics with ambulatory cars will be on duty at the venue on competition days. Physiotherapists are on duty at training halls on training days and the city ambulatory cars and medical doctors are on call for emergency cases. Massage room will be set up at each venue.

Contact Number:

Chief Medical Officer: IWASAKI Yasunobu MD +81-90-2115-9389

Local Medical Doctors: MAEDA Akira MD, Contact +81-90-1677-2159

Head Physiotherapist: Registered Physiothrapist

A) Rescue drill

Collaborating with the local medical team, the LOC MC will organize a moc training for injured gymnasts evacuation at the FoP of the main competition halls for Artistics and Rhythmic championships. The teams' medical staff will be expected to take part in the drill.

ARG: Oct. 14, 16:00-18:00 at Kitakyushu General Gymnasium, 4-1 Hachiojimachi Yahatahigashi-ku, Kitakyushu, Fukuoka 805-0011

RYG: Oct. 25, 16:00-18:00 at West Japan General Exhibition Center Annex, 3-8-1 Asano, Kokurakitaku, Kitakyushu, Fukuoka 802-0001

6. Doping Control

Anti-doping procedures during the COVID-19 outbreak or pandemic situation are extensively described by the World Anti-Doping Agency (WADA) and can be found on the WADA website. (<https://www.wada-ama.org/en/resources/doping-control-process/guidance-for-testing-during-covid-19-pandemic>)

During the competition, athletes will follow instructions given by the DCO/Chaperon. As per standard doping control protocol, accompanying Team Officials will be able to do so, where applicable.

7. COVID-19 Protocol Arrival, Departure and Stay in Kitakyushu (will be provided separately)

The following subjects will be instructed in the **“COVID-19 Protocol Arrival, Departure and Stay in Kitakyushu.”**

- A) GOJ requirement for the entry and activity restriction in Japan
 - (1) Point of Entry Quarantine
 - (2) Activity plans between arrival and 14 days after the arrival in Japan
- B) FPG and COK requirement for staying in Kitakyushu and activity restriction
- C) Schedule of (PCR) testing and Health Monitoring
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