



**Artistic and Rhythmic Gymnastics
World Championships 2021
Kitakyushu**

**FIG 2021 MEDICAL GUIDELINE AND
COUNTERMEASURES AGAINST COVID-19**

**FIG ARTISTIC AND RHYTHMIC GYMNASTICS
WORLD CHAMPIONSHIPS 2021
17-31 OCTOBER 2021
KITAKTUSHU (JPN)**

**COVID-19 Protocol Arrival, Departure and Stay in Kitakyushu
Part 2**

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Following the “COVID-19 Protocol Arrival, Departure and Stay in Kitakyushu Part 1,” which instructs you how to enter Japan, the Part 2 explains **the several COVID-19 tests** and **the activity restriction** set by GOJ, the Fukuoka Prefectural Government (FPG), and the Kitakyushu City Government (KCG) while you are in Kitakyushu.

Please note that the test schedule and your activity restriction in the protocol are legal requirement by GOJ, FPG, and KCG.

1. COVID-19 Tests

Overview and frequency of tests

Participants will be grouped into categories as follows:

Category	Members	Description*	Remarks
A (from overseas)	Gymnasts (Other than designated countries and domestic participants)	PCR Test: Upon entry (Day 0), Day 1, Day 2, Day 3, Day 8 and Day 14 Antigen Test: Day 1, Day 2 and Day 3	
A (Designated Countries)	Gymnasts	PCR Test: Upon entry (Day 0), Day 1, Day 2, Day 3, Day 8, and Day 14, plus the day determined by the government* Antigen Test: Day 1, Day 2 and Day 3	When entering the country from designated country with a variant, report the test results to the airport quarantine and MHLW on the third day after entry.
B (from overseas)	Coaches (and other officials accompanying the gymnasts), Judges, FIG officials, and all other persons entering the country	PCR Test Upon entry* (Day 0), Day 1, Day 2, Day 3, Day 8 and Day 14 Antigen Test: (when going out to the competition venue for training, etc.) Day 1, Day 2, and Day 3	
B (Designated Countries)	Coaches (and other officials accompanying the gymnasts), Judges, FIG officials, and all other persons entering the country	PCR Test: Upon entry (Day 0), Day 1, Day 2, Day 3, Day 8, and Day 14, plus the day determined by the government* Antigen Test: (when going out to the competition venue for training, etc.) Day 1, Day 2, and Day 3	When entering the country from designated country with a variant, report the test results to the airport quarantine and MHLW on the third day after entry

- * The PCR Test upon entry is conducted at the quarantine station at the arrival airport.
- * The day of entry is counted as Day 0, and the day after the entry is counted as Day 1.
- * If a negative PCR Test result is required for entry into your country, you should apply to the LOC for the necessary conditions (type of test, when you need to take, etc.). The test can be taken at the testing booth prepared by LOC. The detail will be provided in the “COVID-19 Protocol Arrival, Departure and Stay in Kitakyushu Part 3”.
- * The list of designated countries and testing frequency will be changed based on the latest “Newly Designated Countries and Regions for Mutagens of Particular Concern for Waterfront Countermeasures” set by GOJ.

《Reference》

●: PCR Test AT: Antigen Qualitative Test

In Red: GOJ Requirement (Antigen test or PCR test)

	A From Overseas	A Designated Countries**	B From Overseas	B Designated Countries**	E
Entry Date Day 0*	●	●	●	●	
Day 1	●+AT	●+AT	●+AT	●+AT	
Day 2	●+AT	●+AT	●+AT	●+AT	
Day 3	●+AT	●+AT	●+AT	●+AT	
Day 4					
Day 5					
Day 6		●**		●**	
Day 7					
Day 8	●	●	●	●	
Day 9					
Day 10		●**		●**	
Day 11					
Day 12					
Day 13					
Day 14	●	●	●	●	
[After the completion of Activities] Day 5					
Day 14					

* For Japanese Delegation and an international participant who has stayed more than 14 days in Japan, Day 0 will be replaced with 72 hours prior to entering the designated LOC facility for the first time.

** The list of designated countries and testing frequency will be changed based on the latest “Newly Designated Countries and Regions for Mutagens of Particular Concern for Waterfront Countermeasures” set by GOJ.

Test Flow

While you are in Kitakyushu, the COVID-19 tests are scheduled in the hotel where you stay except your pre-departure test. The LOC staff at the hotel will instruct you how to collect your samples for the tests.

When a positive test result is confirmed

Response and treatment of a positive patient

1. immediate isolation, hotel care or hospitalization is required.
2. You must comply with any request to submit information such as applications related to the tracking of close contacts.
3. You must decline to participate in this event.
4. Release from quarantine will be determined in accordance with Japanese criteria for discharge, and you will not be allowed to return to your respective country until release.

LOC's response

If a positive case is confirmed at Haneda Airport or Narita Airport:

In accordance with the instructions of the quarantine station at each airport, the patient will be admitted to the designated hospital or recuperate at the designated accommodation. After the airport quarantine sends out a press release about the positive case, LOC will also send out a press release as soon as possible. (Both press releases will only disclose information that cannot identify individuals, such as country of residence, gender, age, and strain detected).

In the event of a positive test in Kitakyushu City:

The public health center of Kitakyushu will instruct the person how to manage based on the severity of the symptom.

The LOC will also investigate the activities of the positive person (including venues visited as far back as two days ago from the time symptoms first appeared or the day isolation was initiated).

Close Contact Person

The determination of whether or not a person is a "close contact" is made by the local public health center based on the information provided by the LOC.

If a positive result is confirmed by testing for the close contact person, he/she will be managed by the either hospitalization or isolation facility based on the severity of the symptom.

Note: If you are found to be a close contact, you will not be allowed to participate in the competition due to the Infectious disease law.

Certification of competition records

If a gymnast tests positive after competing up to any phase, the previous results will be certified.

Testing Before Departure

If you need to take the COVID-19 test before departure, please confirm the required test type, the timing of the test, and the format of the negative certificate.

The LOC will provide the detail in **COVID-19 Protocol Arrival, Departure and Stay in Kitakyushu Part 3**.

2. Transportation and Activity Restriction while in Kitakyushu

Transportation from Fukuoka Airport or Kitakyushu Airport to the hotel, and from the hotel to the competition venue, is limited to buses or cars provided by the LOC. The use of public transportation is prohibited for all participants except for some domestic staff.

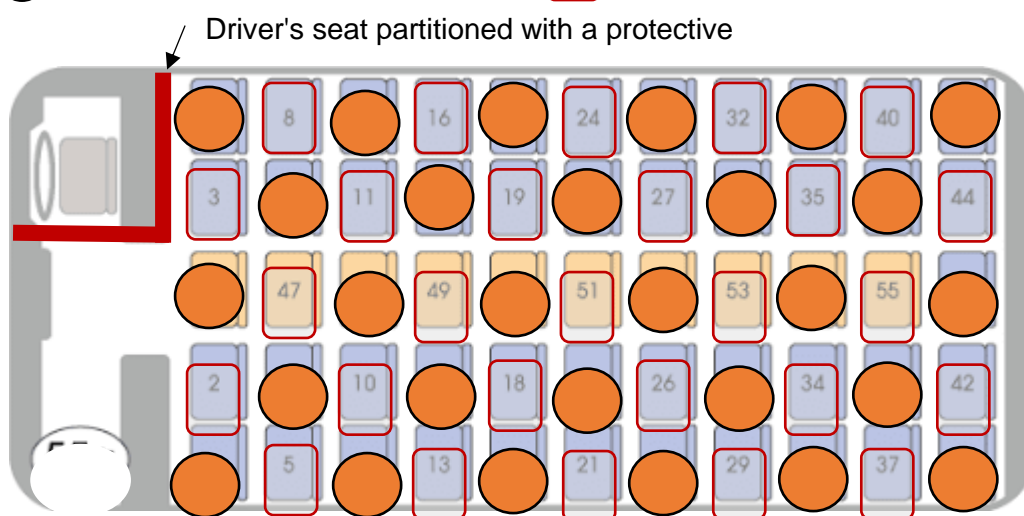
The LOC will ensure that all staff related transportation (bus drivers and hotel staff) comply with this guideline.

Airpot and Hotel Transfers

Large buses or hired cars provided by the LOC will be used for transportation between Fukuika/Kitakyushu Airport and the hotel.

The seating arrangement in the large bus will be as follows:

● Passengers (maximum 28 seats) □ Vacant seats or luggage



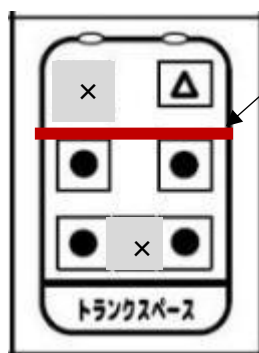
Transportation between the hotel and the competition site

Buses or hired cars provided by the LOC will be used for transportation between the hotel and the competition venue.

The vehicle type and seating arrangement are as follows (Buses are the same as the above illustration.):

△ Driver's seat ● Passenger × Not used

Image of a large hire car's passenger seat:

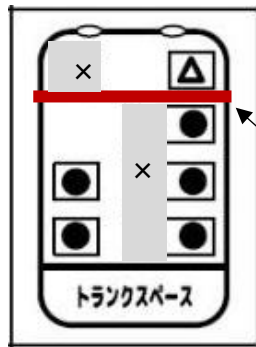


Driver's seat partitioned with a protective sheet

Image of seat partition:



Hired car seats:



Driver's seat
partitioned with a
protective sheet

Boarding and alighting

- Please get on/off at the place designated by the hotel.
- A car pool for hired cars will be set up at the competition venue. Please follow the guidance of the venue staff.
- Please maintain a physical distance of at least 1 meter in the waiting line.

Activity restriction while in Kitakyushu

While you are in Kitakyushu. Unfortunately, the governments require you to avoid being physically close position with local citizens. Hence, the LOC dispatch security guards and liaison personnel at your hotels so that they can friendly help you to get your necessity goods, such as foods and drinks.

Futhermore, the Kitakyushu city government is preparing recreational activities for you both inside and outside. The more information will be available soon at your hotel liaison desks.

Infection Control in Official Hotels

- Hand sanitizer is available at entrances and exits.
- Wear masks at all times in common areas, except while eating or drinking
- Do not eat or drink while walking in the lobby, hallways, elevators, etc.
- Use elevators designated by the hotel to avoid mixing with general guests. Do not crowd each other in the elevator. If it is not possible to use the elevators exclusively, the hotel staff and liaisons will guide you to avoid mixing with the general public.

Meals

Locations

Meals will be served at one of the following locations that are equipped with infection control measures for COVID-19.

- A restaurant designated by the LOC (in the hotel or, if the hotel does not have enough space, the nearest restaurant with infection control measures).
- Dining facilities at the competition site.
- Or distribution or delivery of lunch that can be taken in your room.

Lunch and dinner will be served at the following locations at the main dining rooms.

Venue 1. Aru-aruru City, Building 2, 1st floor
Map and layout of the venue are shown on the attached sheet.

Venue 2. Kitakyushu General Gymnasium
Map and layout of the venue are shown on the attached sheet.

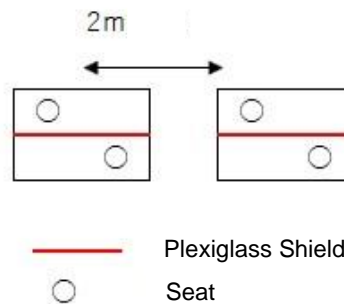
Venue 3. Aso Sports Center (Training Hall)
Map and layout of the venue are shown on the attached sheet.

Venue 4. Ano Dome (Training Hall)
Map and layout of the venue are shown on the attached sheet.



Infection Control Measures :

- Alcohol disinfection and body temperature check
- Served in buffet style with individual packages. Drinks are served in plastic bottles and caper cartons. (See pictures below).
- Adequate distance is maintained between tables.
- Seating on diagonal lines at tables for four people, with freestanding splash-proof panels separating them.
- Use fabric tablecloths, cover them with plastic sheets, and disinfect them with alcohol.



Breakfast is served in the room.

Technical Meetings

At the direction of the GOJ, all technical meetings will be held online.

- Judges Meeting
- Technical Meeting
- Medical Meeting
- Orientation Meeting