

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



REVISED
28.02.2022



TRAINING SCHEDULE - 12/18 and 13/19

Tuesday - 01.03.2022																	
Milli Gimnastika Arenasi																	
Warm up / Training Hall															FOP		
Floor 1			Floor 2			Floor 3			Floor 4 (music)			Floor C (music)					
GROUP	Federation	12-18/13-19 N° of P/G	Time	in	out	Time	in	out	Time	in	out	Time	in	out	Waiting Area	in	out
1	SUI 4, EST 1	5	30'	09:30:00	10:00:00				30'	10:00:00	10:30:00	25'	10:30:00	10:55:00			
2	USA 6	6	30'	09:30:00	10:00:00	30'	10:00:00	10:30:00							5'	10:35:00	11:05:00
3	BUL 6	6	30'	10:00:00	10:30:00				30'	10:30:00	11:00:00	30'	11:00:00	11:30:00			
4	BEL 6	6	30'	10:00:00	10:30:00	30'	10:30:00	11:00:00							5'	11:05:00	11:35:00
5	KAZ 7	7	30'	10:30:00	11:00:00				30'	11:00:00	11:30:00	35'	11:30:00	12:05:00			
6	GBR 6	6	30'	10:30:00	11:00:00	30'	11:00:00	11:30:00							5'	11:35:00	12:05:00
7	AUT 5, MON 2	7	30'	11:05:00	11:35:00				30'	11:35:00	12:05:00	35"	12:05:00	12:40:00			
8	USA 5	5	30'	11:05:00	11:35:00	30'	11:35:00	12:05:00							5'	12:10:00	12:35:00
9	RUS 6	6	30'	11:35:00	12:05:00				30'	12:05:00	12:35:00	30'	12:35:00	13:05:00			
10	POR 6	6	30'	11:35:00	12:05:00	30'	12:05:00	12:35:00							5'	12:40:00	13:10:00
11	POL 6	6	30'	12:05:00	12:35:00				30'	12:35:00	13:05:00	30'	13:05:00	13:35:00			
12	BEL 2, GER 3	5	30'	12:05:00	12:35:00	30'	12:35:00	13:05:00							5'	13:10:00	13:35:00
13	BLR 7	7	30'	12:35:00	13:05:00				30'	13:05:00	13:35:00	35'	13:35:00	14:10:00			
14	CAN 6	6	30'	12:35:00	13:05:00	30'	13:05:00	13:35:00							5'	13:40:00	14:10:00
15	ISR 6	6	30'	13:10:00	13:40:00				30'	13:40:00	14:10:00	30'	14:10:00	14:40:00			
16	GBR 6	6	30'	13:10:00	13:40:00	30'	13:40:00	14:10:00							5'	14:15:00	14:45:00
17	RUS 7	7	30'	13:40:00	14:10:00				30'	14:10:00	14:40:00	30'	14:40:00	15:15:00			
18	POR 6	6	30'	13:40:00	14:10:00	30'	14:10:00	14:40:00							5'	14:45:00	15:15:00
19	AZE 5, ESP 2	7	30'	14:15:00	14:45:00				30'	14:45:00	15:15:00	30'	15:15:00	15:50:00			
20	FRA 7	7	30'	14:15:00	14:45:00	30'	14:45:00	15:15:00							5'	15:20:00	15:55:00
21	GER 6	6	30'	14:50:00	15:20:00				30'	15:20:00	15:50:00	30'	15:50:00	16:20:00			
22	NED 6	6	30'	14:50:00	15:20:00	30'	15:20:00	15:50:00							5'	15:55:00	16:25:00
23	POL 3, POR 3	6	30'	15:20:00	15:50:00				30'	15:50:00	16:20:00	35'	16:20:00	16:50:00			
24	ISR 6	6	30'	15:20:00	15:50:00	30'	15:50:00	16:20:00							5'	16:25:00	16:55:00
25	RUS 6	6	30'	15:50:00	16:20:00				30'	16:20:00	16:50:00	30'	16:50:00	17:20:00			
26	GEO 5, BRA 1	6	30'	15:50:00	16:20:00	30'	16:20:00	16:50:00							5'	16:55:00	17:25:00
27	ITA 6	6	30'	16:20:00	16:50:00				30'	16:50:00	17:20:00	30'	17:20:00	17:50:00			
28	HUN 4, ISR 2	6	30'	16:20:00	16:50:00	30'	16:50:00	17:20:00							5'	17:25:00	17:55:00
29	AUT 3, FIN 2	5	30'	16:50:00	17:20:00				30'	17:20:00	17:50:00	30'	17:50:00	18:15:00			

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



REVISED
28.02.2022



TRAINING SCHEDULE - 12/18 and 13/19

Wednesday - 02.03.2022																	
Milli Gimnastika Arenasi																	
Warm up / Training Hall															FOP		
Floor 1			Floor 2			Floor 3			Floor 4 (music)			Floor C (music)					
GROUP	Federation	12-18/13-19 N° of P/G	Time	in	out	Time	in	out	Time	in	out	Time	in	out	Waiting Area	in	out
14	CAN 6	6	30'	09:30:00	10:00:00				30'	10:00:00	10:30:00	30'	10:30:00	11:00:00			
15	ISR 6	6	30'	09:30:00	10:00:00	30'	10:00:00	10:30:00							5'	10:35:00	11:05:00
16	GBR 6	6	30'	10:00:00	10:30:00				30'	10:30:00	11:00:00	30'	11:00:00	11:30:00			
17	RUS 7	7	30'	10:00:00	10:30:00	30'	10:30:00	11:00:00							5'	11:05:00	11:40:00
18	POR 6	6	30'	10:35:00	11:05:00				30'	11:05:00	11:35:00	30'	11:35:00	12:05:00			
19	AZE 5, ESP 2	7	30'	10:35:00	11:05:00	30'	11:05:00	11:35:00							5'	11:40:00	12:15:00
20	FRA 7	7	30'	11:10:00	11:40:00				30'	11:40:00	12:10:00	35"	12:10:00	12:45:00			
21	GER 6	6	30'	11:10:00	11:40:00	30'	11:40:00	12:10:00							5'	12:15:00	12:45:00
22	NED 6	6	30'	11:45:00	12:15:00				30'	12:15:00	12:45:00	30'	12:45:00	13:15:00			
23	POL 3, POR 3	6	30'	11:45:00	12:15:00	30'	12:15:00	12:45:00							5'	12:50:00	13:20:00
24	ISR 6	6	30'	12:15:00	12:45:00				30'	12:45:00	13:15:00	30'	13:15:00	13:45:00			
25	RUS 6	6	30'	12:15:00	12:45:00	30'	12:45:00	13:15:00							5'	13:20:00	13:50:00
26	GEO 5, BRA 1	6	30'	12:45:00	13:15:00				30'	13:15:00	13:45:00	30'	13:45:00	14:15:00			
27	ITA 6	6	30'	12:45:00	13:15:00	30'	13:15:00	13:45:00							5'	13:50:00	14:20:00
28	HUN 4, ISR 2	6	30'	13:15:00	13:45:00				30'	13:45:00	14:15:00	30'	14:15:00	14:45:00			
29	AUT 3, FIN 2	5	30'	13:15:00	13:45:00	30'	13:45:00	14:15:00							5'	14:20:00	14:45:00
2	USA 6	6	30'	13:45:00	14:15:00				30'	14:15:00	14:45:00	30'	14:45:00	15:15:00			
1	SUI 4, EST 1	5	30'	13:45:00	14:15:00	30'	14:15:00	14:45:00							5'	14:50:00	15:15:00
4	BEL 6	6	30'	14:15:00	14:45:00				30'	14:45:00	15:15:00	30'	15:15:00	15:45:00			
3	BUL 6	6	30'	14:15:00	14:45:00	30'	14:45:00	15:15:00							5'	15:20:00	15:50:00
6	GBR 6	6	30'	14:45:00	15:15:00				30'	15:15:00	15:45:00	30'	15:45:00	16:15:00			
5	KAZ 7	7	30'	14:45:00	15:15:00	30'	15:15:00	15:45:00							5'	15:50:00	16:25:00
8	USA 5	5	30'	15:20:00	15:50:00				30'	15:50:00	16:20:00	25'	16:20:00	16:45:00			
7	AUT 5, MON 2	7	30'	15:20:00	15:50:00	30'	15:50:00	16:20:00							5'	16:25:00	17:00:00
10	POR 6	6	30'	15:55:00	16:25:00				30'	16:25:00	16:55:00	30'	16:55:00	17:25:00			
9	RUS 6	6	30'	15:55:00	16:25:00	30'	16:25:00	16:55:00							5'	17:00:00	17:30:00
12	BEL 2, GER 3	5	30'	16:25:00	16:55:00				30'	16:55:00	17:25:00	25'	17:25:00	17:50:00			
11	POL 6	6	30'	16:25:00	16:55:00	30'	16:55:00	17:25:00							5'	17:30:00	18:00:00
13	BLR 7	7	30'	16:55:00	17:25:00				30'	17:25:00	17:55:00	35'	17:55:00	18:30:00			

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



REVISED
28.02.2022



TRAINING SCHEDULE - 13/19

Thursday - 03.03.2022					
Milli Gimnastika Arenasi					
Warm up / Training Hall					
Floor 1 (no music)					
GROUP	Federation	12-18/13-19 N° of P/G	Time	in	out
1	AUT 3, POL 3	6	60'	08:30:00	09:30:00
2	BEL 4, NED 2	6	60'	09:30:00	10:30:00
3	BLR 4, KAZ 2	6	60'	10:30:00	11:30:00
4	BUL 3, CAN 2, ITA1	6	60'	11:30:00	12:30:00
5	GEO 2, GER 4	6	60'	12:30:00	13:30:00
6	USA 4, POR 2	6	60'	13:30:00	14:30:00
7	POR 6	6	60'	14:30:00	15:30:00
8	ISR 6	6	60'	15:30:00	16:30:00
9	GBR 5, AZE 1	6	60'	16:30:00	17:30:00
10	MON 1, RUS 4, FRA 1	6	60'	17:30:00	18:30:00
11	RUS 6, SUI 1	7	60'	18:30:00	19:30:00
		67			

Training time ONLY for Units without any competition on March 3rd, 2022.
13-19

TRAINING SCHEDULE - 12/18

Friday - 04.03.2022					
Milli Gimnastika Arenasi					
Warm up / Training Hall					
Floor 1 (no music)					
GROUP	Federation	12-18/13-19 N° of P/G	Time	in	out
1	MG Finalists	4	60'	15:00:00	16:00:00

Training time ONLY for Units without any competition on March 4rd, 2022.
12-18 - MG Finalists

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