



**16<sup>th</sup> African Championships**  
**Cairo, EGY**  
**8-11 July 2022**  
**Artistic Gymnastics**  
**(Junior – Senior)**



## DIRECTIVES

**Event ID: 17099**

**Update 19 April 2022**

**New event dates**

**Update 20 April 2022**

**Provisional schedules**

Dear FIG affiliated Member Federation,

The Gymnastics Federation of **Egypt** has the pleasure to invite African Federation affiliated to the UAG and the FIG to participate in the aforementioned official FIG International Event.

<b>DISCIPLINE</b>	<b>Men Artistic Gymnastics</b> <b>Women Artistic gymnastics</b>
<b>HOST FEDERATION</b>	<b>Egyptian Gymnastics Federation</b> Elestad Elbahary St. Olympic Feds Buildings, Nasr city , Cairo , Egypt 002 02 240 250 24 002 02 240250 27 <a href="mailto:egypt@egyptgymnastics.com">egypt@egyptgymnastics.com</a> <a href="http://www.egyptgymnastics.com">www.egyptgymnastics.com</a>
<b>LOCATION</b>	<b>Cairo, Egypt</b>
<b>DATE</b>	<b>08-11 July 2022</b>
<b>VENUE</b>	<b>Cairo International stadium</b> Mamdouh Salem Street Al Estad, Nasr City, Cairo Governorate 
<b>APPARATUS SUPPLIER</b>	<b>Please refer to the attached apparatus list.</b>
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"><li>• Statutes</li><li>• Code of Ethics</li><li>• Code of Conduct</li><li>• Technical Regulations</li><li>• Code of Discipline</li><li>• Codes of Points and relevant Newsletters</li><li>• General Judges' Rules</li><li>• Specific Judges' Rules</li></ul>

	<ul style="list-style-type: none"> <li>• Anti-Doping Rules</li> <li>• Licence rules</li> <li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>• Medical Guidelines of FIG Competitions and Events</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Rules for Sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> <li>• Regulations for Award Ceremonies</li> <li>• Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>																																															
<b>FEDERATIONS INVITED</b>	The Organizing Member Federation will invite all Member Federations according to the following principles: affiliated to the UAG and the FIG																																															
<b>PARTICIPATIONS AND AGE LIMITS</b>	<p><b>PARTICIPATION</b></p> <p>The maximum size of the invited delegation is as follows:</p> <table border="1"> <thead> <tr> <th>Delegation members</th><th>MAG Sn</th><th>MAG Jn</th><th>WAG Sn</th><th>WAG Jn</th><th>Total</th></tr> </thead> <tbody> <tr> <td>Gymnast team</td><td>3 to 5</td><td>3 to 5</td><td>3 to 5</td><td>3 to 5</td><td rowspan="2">Max.20</td></tr> <tr> <td>Gymnast individual</td><td>1 -2</td><td>1 -2</td><td>1 -2</td><td>1 -2</td></tr> <tr> <td>Coach</td><td>2</td><td>2</td><td>2</td><td>2</td><td>8</td></tr> <tr> <td>Judge</td><td>3</td><td></td><td>3</td><td></td><td>6</td></tr> <tr> <td>Head of Delegation</td><td></td><td></td><td>1</td><td></td><td>1</td></tr> <tr> <td>Doctor/ paramedics</td><td></td><td></td><td>1</td><td></td><td>1</td></tr> <tr> <td>Team manger</td><td>1</td><td></td><td>1</td><td></td><td>2</td></tr> </tbody> </table> <p><b>MAG: (Juniors minimum 15 years - 18 years) (Seniors minimum 18 years, no maximum age limit.)</b> NFs must declare whether their 18 year old gymnasts will compete as junior or senior Prior to their first competition for the year concerned.</p> <p><b>WAG: (Juniors Minimum 14 years – 15 years) (Seniors minimum 16 years, no maximum age limit.)</b> All gymnasts must have a valid FIG licence until the end of the Event.</p> <p>All Federations are entitled to participate with a team of 3-5 gymnasts or with a maximum of 2 individuals. For teams: 5 gymnasts, 4 compete on each apparatus, best 3 scores are counted per team.</p>	Delegation members	MAG Sn	MAG Jn	WAG Sn	WAG Jn	Total	Gymnast team	3 to 5	3 to 5	3 to 5	3 to 5	Max.20	Gymnast individual	1 -2	1 -2	1 -2	1 -2	Coach	2	2	2	2	8	Judge	3		3		6	Head of Delegation			1		1	Doctor/ paramedics			1		1	Team manger	1		1		2
Delegation members	MAG Sn	MAG Jn	WAG Sn	WAG Jn	Total																																											
Gymnast team	3 to 5	3 to 5	3 to 5	3 to 5	Max.20																																											
Gymnast individual	1 -2	1 -2	1 -2	1 -2																																												
Coach	2	2	2	2	8																																											
Judge	3		3		6																																											
Head of Delegation			1		1																																											
Doctor/ paramedics			1		1																																											
Team manger	1		1		2																																											
<b>JUDGES AND JURIES</b>	<p><b>Each federation may bring up to 3 judges per discipline.</b></p> <p><b>All judges must have a current valid FIG brevet for their function at the time of the event, in the respective discipline.</b></p> <p><b>All judges must be minimum Cat III, those Continental championships are considered as Group 2 competitions.</b></p> <p>Any Cat IV judges registered can only be used as Judges' Assistants (Time or Line Judges).</p>																																															
<b>REGISTRATION DEADLINES</b>	<table border="1"> <tr> <td>Provisional registration</td><td>25 April 2022</td></tr> <tr> <td>Definitive registration</td><td>05 May 2022</td></tr> <tr> <td>Nominative registration</td><td>05 June 2022</td></tr> </table>	Provisional registration	25 April 2022	Definitive registration	05 May 2022	Nominative registration	05 June 2022																																									
Provisional registration	25 April 2022																																															
Definitive registration	05 May 2022																																															
Nominative registration	05 June 2022																																															
<b>ENTRY FEES</b>	<p><b>COMPETITION ENTRY FEE:</b></p> <p>The invited participating federations must pay entry fee at the time of the Definitive registration which is 10 March 2022, as follows:</p> <ul style="list-style-type: none"> <li>• Participation with only one (1) gymnast in a discipline: <b>USD 50 (per discipline)</b></li> <li>• Participation with more than one gymnast in a discipline: <b>USD 150 (per discipline, flat fee for the team)</b></li> </ul> <p>The entry fee is non-refundable and payable to the UAG.</p>																																															

### ANNUAL UAG AFFILIATION FEE:

Federations that have not yet paid their annual affiliation fee for 2022 to the UAG must also make payment to the UAG before they will be allowed to participate in the competition, as follows:

Existing Members		USD 200
New Members	Year 1	0
	Year 2	USD 100
	Year 3	USD 200

### **Banking Details for UAG Affiliation Fees and Entry Fees:**

<b>Payable to: Beneficiary</b>	African Gymnastics Union الاتحاد الأفريقي للجمباز
<b>account</b>	0013161399469301015
<b>Bank</b>	National bank of Egypt ( Main branch ) 24 SHEREF ST. CAIRO
<b>IBAN</b>	EG680003000131613994693010150
<b>SWIFT/BIC</b>	NBEGEGCX001

Reference Code : Country Code\_UAG+Entry+ART2022

Example: EGY\_UAG+Entry+ART2022

<b>ACCREDITATION</b>	Accreditation of all delegations will take place at their arrival in the sports hall. Please send a digital photo for each member of your delegation before <b>5 June 2022 to LOC.</b> <b>Heads of delegations have to bring to the accreditation office:</b> - 1 CD of the national anthem - 2 audio format CDs per gymnast Certification of insurance for delegation members covering covid-19, illness, Accidents, repatriation. In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.
----------------------	---

<b>EVENT FORMAT</b>	The African Championships will consist in qualifications and apparatus Finals. The team ranking and the All-Around ranking will be determined at the end of the qualification. For the All-Around ranking only 2 gymnasts per federation will be awarded. The qualifications competition will qualify team and individual AA gymnast by name to the ART WCH 2022 according to the Quota assigned to the continental union. <b>Day 1</b> Team competition ( 5-4-3) All-around competition Qualification for apparatus finals <b>Day 2</b> Apparatus finals 3 MAG – 2 WAG <b>Day 3</b> Apparatus finals 3 MAG – 2 WAG <b>Continental Qualification for 2022 FIG ART World Championships:</b> This event will serve as Qualifying event for the 2022 FIG ART WCH (for Teams and AA gymnasts). For AA gymnasts, the qualification will be based on the All-Around ranking results of the Qualifications and, as mentioned in the 2022 FIG Technical Regulations the allocated quota places for each continent will be by name with a maximum of two (2) gymnasts per NF. Quota Places:															
	<table border="1"><thead><tr><th></th><th colspan="2">Men</th><th colspan="2">Women</th></tr><tr><th></th><th>Team</th><th>All-Around</th><th>Team</th><th>All-Around</th></tr></thead><tbody><tr><td>UAG</td><td>1</td><td>2</td><td>1</td><td>4</td></tr></tbody></table>		Men		Women			Team	All-Around	Team	All-Around	UAG	1	2	1	4
	Men		Women													
	Team	All-Around	Team	All-Around												
UAG	1	2	1	4												

<b>PROVISIONAL SCHEDULE</b>	<b>Tuesday</b>	Arrival of delegations	
-----------------------------	----------------	------------------------	--

	<b>05 July 2022</b>		
	<b>Wednesday 06 July 2022</b>	Free training	Cairo international stadium Hall 2
	<b>Thursday 07 July 2022</b>	Orientation meeting Judges instruction and draw Podium training	Tolip Elgaaa Tolip Elgalaa Cairo international stadium Hall 1
	<b>Friday 08 July 2022</b>	Training Judges instruction (MAG – <b>WAG</b> ) <b>Qualifications Juniors (MAG)</b> <b>Qualifications apparatus - All around – Team</b>  <b>Qualifications Seniors (MAG &amp; WAG)</b> and WCH 2022 qualification (All around – Team)	Cairo international stadium Hall 2 judges lounge Cairo international stadium Hall 1
	<b>Saturday 09 July 2022</b>	Training Judges instruction ( <b>MAG</b> – WAG) Qualifications apparatus - All around – Team Juniors ( <b>MAG</b> & WAG)  <b>Qualifications Seniors (WAG)</b> and <b>WCH 2022 qualification (All around – Team)</b>	Cairo international stadium Hall 2 judges lounge Cairo international stadium Hall 1
	<b>Sunday 10 July 2022</b>	Training Judges instruction and draw <b>MAG (FX – PH- SR) , WAG (VT- UB) finals</b>	Cairo international stadium Hall 2 Tolip Elgaaa Cairo international stadium Hall 1
	<b>Monday 11 July 2022</b>	Training Judges instruction and draw <b>MAG (VT- PB-HB) , WAG (BB-FX) finals</b>	Cairo international stadium Hall 2 Tolip Elgaaa Cairo international stadium Hall 1
	<b>Tuesday 12 July 2022</b>	Departure of delegations	
<b>MEDICAL SERVICES</b>	A medical service will be available throughout the period of the championships. During these championships an anti-doping control will be carried out in accordance with international standard.		
<b>COVID 19</b>	<p>Besides the medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions.</p> <p>The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p><b>A medical Guide specific for the event will be distributed one month before the event regarding to standard changes by health authorities in Egypt at the time of the event.</b></p>		
<b>VISA</b>	<p>Please verify immediately with your travel agent or the <b>Egyptian</b> Embassy or Consulate in your country if a visa is required for your travel to <b>Egypt</b>. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>05 May 2022</b>.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the</p>		

	Delegation Member as well as the city the visa application support letter must be sent to.
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: <b>50 euro per person/day</b>.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by <b>05 June 2022</b>.</p>
<b>LOCAL TRANSPORTATION</b>	<p>The Organising committee will provide transportation from Cairo international Airport for the delegation booked their accommodation through the LOC.</p> <p>Also transportation between hotel, training, warm up and competition venue will be provided by LOC</p>
<b>ACCOMMODATION</b>	<p><b>Tolip Elgalaa Hotel ****</b></p> <p><b>100 EURO The costs per person /night in Single room Full board</b>  <b>80 EURO The costs per person / night in a Double room full board</b></p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by <b>05 May 2022</b> at the very latest, the Hotel rooms will be allocated on a "first come, first served" basis. The invited participating federations must pay for the accommodation expenses of their delegation members. Cancellation will only be accepted by e-mail 50% of the total amount of the booking must be paid at the date of the booking on 10/03/2022. The remaining balance is due by <b>05 May 2022</b>. From <b>05 June 2022</b>, no reimbursement will be made.</p>
<b>CANCELLATION POLICY</b>	<b>Any cancellations after 10 April 2022 will incur a penalty of 100% of total amount due.</b>
<b>BANK ACCOUNT INFORMATION</b>	<p>EGYPTIAN GYMNASTICS FEDERATION EL-ESTAD EL- BAHARY ST., OLYMPIC FED BUILDING , NASR CITY</p> <p>NATIONAL BANK OF EGYPT MAIN BRANCH</p> <p>24 SHERIF ST. DOWNTOWN CAIRO</p> <p>Sweft code : NBEGEGCX001</p> <p>Account Number: 0013060698236700012</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: <b>"ART African Championships"</b>.</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers</p>
<b>MARKETING SOCIAL MEDIA</b>	<p><b>FIG advertising and publicity norms must be respected</b></p> <p><b>Egyptian gymnastics federation official page</b></p>

<b>DEADLINES SUMMARY</b>	<b>Provisional Registration</b>	<b>25 April 2022</b>
	<b>Definitive Registration</b>	<b>05 May 2022</b>
	<b>Nominative Registration</b>	<b>05 June 2022</b>
	Accommodation Form	<b>05 May 2022</b>
	Visa Request Form	<b>05 May 2022</b>
	Payment of the Entry Fee	<b>05 May 2022</b>
	Payment of the Accommodation Costs 50%	<b>05 May 2022</b>
	Payment of the Accommodation Costs 100%	<b>05 June 2022</b>
	Travel Schedule Form	<b>05 June 2022</b>

Sincerely Yours  
Cairo, Egypt **79 April 2022**

Signature of the President or  
Secretary General of the FIG affiliated NF



President of EGF  
Dr. Ehab Amin Esawy