

A rhythmic gymnast is shown in a handstand position, holding a blue ribbon. She is wearing a blue and yellow leotard with a Portuguese flag patch on the back. The background is a shimmering, light blue and white bokeh effect.

Portimão Arena
May'22

Rhythmic Gymnastics

World Cup
27,28,29

XXIX International Tournament
24 e 25

WORKPLAN
WORLD CHALLENGE CUP

Dear Friends!

We are very excited to welcome all of you at Portimão Arena for the FIG Rhythmic Gymnastics World Challenge Cup to be held on May 27-29, 2022.

Providing you with the information indicated in the Work Plan, we do hope that it will help us to have smooth running of competitions with your kind cooperation.

After a two-years pause, the events will be held with attendance of spectators. In this Work Plan, you will find necessary information to go through all "pre", "in" & "post" competition procedures smoothly.

Looking forward to welcome you here in Portimão!

1. GENERAL PRINCIPLES

The competition will be organized under the FIG rules, as valid in the year of the competition, except for any deviation mentioned in this document:

- Accreditation Rules
- Advertising and Publicity Rules
- Anti-Doping Rules
- Apparatus Norms
- Code of Ethics
- Code of Points and relevant Help Desk
- Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events
- General Judges' Rules
- Licenses Rules
- Media Rules
- Medical Organization of the Official FIG Competitions and Events
- Regulations for Awards Ceremonies
- Specific Judges' Rules for Rhythmic Gymnastics
- Statutes
- Technical Regulations
- World Challenge Cup Rules for Rhythmic Gymnastics and subsequent decisions of the FIG Executive Committee.

2. ORGANIZING COMMITTEE

- INTERNATIONAL GYMNASTICS FEDERATION (FIG)

Contact Mrs. MARTINET, Sylvie (FIG Coordinator)
Tel. +41 (0) 21 321 55 15
E.mail smartinet@fig-gymnastics.org
Website www.gymnastics.sport

- PORTUGUESE GYMNASTICS FEDERATION (FGP)

Contact Person LOUREIRO, Teresa (Executive Director)
Tel. +351 926 241 139
E.mail rgportugal@gympor.com
Website www.fgp-ginastica.pt

- LOCAL ORGANIZING COMMITTEE (LOC) OFFICIALS

| | |
|---|--------------------------------------|
| President | ARRAIS, Luís |
| Vice President | LEANDRO, Catarina |
| Executive Director | LOUREIRO, Teresa |
| Local Technical Director | SANCHES, Andreia |
| General Secretariat Manager | CRUZ, Josefina |
| Accreditation | ANDRADE, Carla |
| Logistics and Equipment's Manager | HORTA, Tiago |
| Head of Scoring Office | CHAMBEL, Isabel |
| Official Doctor Medical Services Doping | FERNANDES, Filipa |
| Press & MKT Coordinator | ROSCA, Elena |
| Accommodation and Meals | CRUZ, Josefina |
| Transportation | COSTA, Emilia SANTOS, João |
| Ceremonies & Gala Coordinator | LEANDRO, Catarina LUCAS, Ana (CMP) |
| Protocol Manager | |
| Volunteers Manager | JORGE, Patrícia |
| Co-Organization | Portimão City Hall (CMP) |
| Support | Algarve Gymnastics Association |
| Hospital | Centro Hospitalar do Algarve |
| | HOSPITAL DE PORTIMÃO |

3. TRAINING AND COMPETITIONS

- VENUE AND TRAINING HALL

PORTIMÃO ARENA
Parque de Feiras e Exposições
Caldeira do Moinho
8500-726 Portimão



- APPARATUS SUPPLIED

GYMNOVA – Refª 6667

- OFFICIAL TRAINING SCHEDULES

Those official trainings will start on the 26th of May for all competitors. Delegations must respect the designated training times and the allocated training floors. Access to the competition hall and to the training locations will be given only to the members of the delegation wearing their accreditation card and only during their respective training times.

The training schedules will be given to the Head of Delegation, his or her representative, during the accreditation procedures.

• GENERAL PROGRAM

| DATE-TIME | DESCRIPTION | LOCATION |
|---------------|---|----------------------|
| WED. 25 May | <i>Official arrival day of Delegations for RGI and RGG competitions Accreditation</i> | Arena - LOC Office |
| THU. 26 May | | |
| 08:00 – 20:30 | Training and Podium training for RGI and RGG as per schedule | Arena |
| 09:00 – 10:00 | Draw for D-Judges for RGI and RGG Qualifications | Arena - Auditorium |
| 10:00 – 13:00 | Judges' Instruction for RGI and RGG Judges | Arena - Auditorium |
| 13:00 – 13:30 | Scoring System Instruction for RGI and RGG Judges | Arena |
| 18:00 – 19:00 | Orientation Meeting for RGI and RGG Competitions and Welcome Drink | Portimão's City Hall |
| FRI. 27 May | | |
| 09:45 – 10:45 | Draw for E/A/T/L/R Judges and briefing for Qualifications RGI Hoop-Ball and RGG 5 Hoops | Arena - Auditorium |
| 11:00 – 12:18 | RGI Qualifications Hoop and Ball – Group A – alternatively | |
| 12:18 – 13:36 | RGI Qualifications Hoop and Ball – Group B – alternatively | |
| 13:40 – 15:00 | Break | |
| 15:00 – 16:12 | RGI Qualifications Hoop and Ball – Group C – alternatively | |
| 16:12 – 17:24 | RGI Qualifications Hoop and Ball – Group D – alternatively | |
| 17:34 – 18:00 | Break | |
| 18:00 – 18:30 | Opening Ceremony | Arena |
| 18:30 – 19:15 | RGG Qualifications 5 Hoops | |
| SAT. 28 May | | |
| 09:45 – 10:45 | Draw for E/A/T/L/R Judges and briefing for Qualifications RGI Clubs-Ribbon and RGG 3 Ribbons + 2 Balls | Arena - Auditorium |
| 11:00 – 12:12 | RGI Qualifications Clubs and Ribbon – Group B – alternatively | |
| 12:12 – 13:24 | RGI Qualifications Clubs and Ribbon – Group A – alternatively | |
| 13:30 – 15:00 | Break | |
| 15:00 – 16:18 | RGI Qualifications Clubs and Ribbon – Group D - alternatively | |
| 16:18 – 17:36 | RGI Qualifications Clubs and Ribbon – Group C - alternatively | |
| 17:36 – 17:50 | Awards Ceremony for RGI All Around | |
| 17:50 – 18:15 | Break | |
| 18:15 – 19:00 | RGG Qualifications 3 Ribbons + 2 Balls | |

| DATE-TIME | DESCRIPTION | LOCATION |
|---------------|--|---------------------|
| 19:00 – 19:20 | Award Ceremony for RGG All Around | |
| SUN. 30 May | | |
| 08:00 – 10:30 | Training for RGG as per schedules | Arena |
| 13:45 – 14:45 | Draw for D/E/A/T/L/R Judges and briefing for RGI and RGG Apparatus Finals | Arena - Auditorium |
| 15:00 – 15:36 | RGI Hoop Final | |
| 15:37 – 16:13 | RGI Ball Final | |
| 16:15 – 16:55 | RGG 5 Hoops Final | |
| 16:58 – 17:18 | Award Ceremonies for RGI Hoop, RGI Ball and RGG 5 Hoops | |
| 17:20 – 17:56 | RGI Clubs Final | |
| 17:57 – 18:33 | RGI Ribbon Final | |
| 18:35 – 19:15 | RGG 3 Ribbons + 2 Balls Final | |
| 19:15 – 19:35 | Award Ceremony for RGI Clubs, RGI Ribbon and RGG 3+2 | |
| 19:35 – 20:00 | Gala and Closing Ceremony | |
| 21:00 – 00:00 | Banquet and Farewell Party | Hotel Tivoli Marina |

4. CEREMONIES

- OPENING CEREMONY

The opening ceremony will take place on the 27th of September at 18h00 in the competition hall. Each Delegation must present to the parade the maximum of 3 gymnast wearing leotard. The gymnasts must be present at the warm up area no later than 17h45.

- AWARDS CEREMONIES

All awards ceremonies will take place immediately after the end of each competition. On the podium, awards will only be presented to the medal winners (1st, 2nd and 3rd places):

| | | |
|-------------|--|---|
| 28th MAY | Individuals: All-around Groups: All-around | Individual Gymnasts - ranked 1 st to 3 rd Group Gymnasts - ranked 1 st to 3 rd |
| 29th MAY | Individuals and Groups (by the competition order) | Individual and Group Gymnasts - ranked 1 st to 3 rd in each routine |

All gymnasts must wear their national tracksuits for the Award Ceremonies. In case of infractions, the respective Federation will receive only 50% of the prize money (Technical Regulations, section 1, Art. 9.3.3).

- GALA & CLOSING CEREMONY

The Gala will take place in the competition hall after the last medal award ceremony on the 29th of May, from 19h35 to 20h00.

This is a free participation. Any Individual gymnast or Group that is interested to perform, is invited to do so and allowed to participate at the "Gala".

The ones that are interested in the "Gala" performance must fill in the respective form that will be given at the accreditation procedures. This form with the registration for "Gala" performance, must be returned at the LOC Office no later than the 28th of May till 12h00.

5. MEETINGS

- ORIENTATION MEETING (OM)

The Orientation Meeting for the Heads of Delegation or his/her representative will take place on the 26th of May by 18h00, after the welcome greetings by the Mayor of

Portimão. During the OM the LOC gives the last updates for competitions and any other important information. According to FIG rules this is compulsory for one person for each Country. LOC will provide transportation from the Venue and return to Arena.

- JUDGES INSTRUCTION

The Judge's instruction, conducted by the present FIG RG-TC Delegate, Mrs. Isabelle de Cossio, will take place on the 26th of May, from 10h00 to 13h00, at the Venue (Auditorium). All Judges must be present, it's compulsory.

- JUDGES MEETINGS

- 26th of May 09h00/10h00 at the Venue
- 27th of May 09h45/10h45 at the Venue
- 28th of May 09h45/10h45 at the Venue

6. ACCREDITATION

The accreditation procedures will take place, at the Venue, by schedule, according the time of arrival at Portimão. Teams will have information during the transfer from the Faro's airport to Portimão. Two responsible persons from the delegation, with the knowledge of all the necessary information, must be present to get the accreditation cards for all its members.

Remember that only the persons who are at the nominative FIG registration can be accredited.

The Head of Delegation or his/her representative must verify and confirm:

- The nominative list of the Team
- The National flag

- The National anthem
- All payments due

The Head of Delegation or his/her representative must show the following issues:

- Passports or Identity Cards of all the Delegation members
- Certification of valid insurance, medical and accident insurance policies written in English language for each member of the Delegation
- Music of all exercises, one pen drive, or CD per each routine properly identified, for the trainings.

Other remarks:

- Any missing photo, taken upon arrival, will be charged as an extra cost of 20EUR/each – the accreditation will only be available later on – in case of necessity a temporary access pass will be provide.
- Any missing payment must be done at the accreditation procedures.

If any of those steps is not dully fulfilled, the participation in the FIG RG WCCup of Portimão 2022 events will not be possible!

Accreditation card must always be visible at the venue. In case of losing the accreditation card, a new one will be issued for a cost of 100 EUR.

7. INFORMATION

All the necessary information will be communicated via email and WhatsApp group (email addresses and mobile phone numbers of HoD/responsible person will be collected for this purpose).

All STARTING ORDERS, intermediate RESULTS and FINAL RESULTS' BOOK will be sent ONLY via email to the National Federations' official email and Head of Delegations' (or his/her representative) email.

Delegations will be requested to inform the LOC about the correct email address upon

arrival.

8. TRANSPORTATION SERVICES

Free local transportation for all participants who booked their accommodation through the LOC, will be at disposal:

- Transfer from/to Faro (FAO) airport. Faro is 1h30 away to Portimão (by bus)
- Shuttle service from/to the Hotels and the Venue, for trainings and competitions. A schedule will be organized to the shuttle services, with one stop at each Hotel and the Venue.

LOC will give those information during the accreditation procedures, but the Teams could also find them at LOC office.

9. MEALS SERVICE

A catering service for lunch and dinner will be organised for participants at the Venue area. A "meals card" must be showed to the access control. Those "meals cards" will be delivered at the LOC office during the accreditation procedures.

Timetable:

| | |
|-----------|-------------------------|
| Breakfast | at the Hotel |
| Lunch | from 12h30 to 15h30 |
| Dinner | from 18h30 to 21h30 (*) |

(*) On the 25th of May: till 19h30.

- DINNER AND FAREWELL PARTY

The Final Banquet will be offered to all participants who have booked their accommodation through the LOC, on the 29th of May, from 21h00 till midnight. LOC will provide transportation from the Hotels and return.

10. APPARATUS CONTROL

Only a certain percent of the apparatus used by the participating gymnasts will be checked. The Technical Delegate will conduct a drawing of lots to select the apparatus to be checked. The controls can occur at any time.

11. OTHER INFORMATIONS

- Competition results/scores will be informed, by the end of each day to the email and Whatsapp group. A full results book will be sent to all participant National Federations, and to the FIG for upload at FIG website;
- After each competition the results will be posted in a frame in front of the LOC office. We will not provide copy of the results after competitions;
- Bottles of water will be at gymnasts' disposal.

We wish you a very good stay and
competitions in Portimão!