

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



17th FIG Aerobic Gymnastics World Championships

Guimarães (POR) 16 June - 18 June 2022



16967

TRAINING SESSION

Date: Wednesday 15 June 2022

version: 15.06.2022

Subject to change after accreditation

Group Nr	Federations								Units	General Warm-up 30"		Tranfert 5'	Aerobic floor without music 30"		Floor	Transfer to Podium	Floor Competition hall	
6	ARG	7	PER	5	MEX	1			13	8:50:00	9:20:00	9:20:00	9:25:00	9:55:00	2, 3, 4	9:55:00	10:00:00	10:39:00
7	FIN	4	FRA	4	ESP	4			12	9:29:00	9:59:00	9:59:00	10:04:00	10:34:00	2, 3, 4	10:34:00	10:39:00	11:15:00
8	ROU	8	TUR	1	NZL	1			10	10:05:00	10:35:00	10:35:00	10:40:00	11:10:00	2, 3, 4	11:10:00	11:15:00	11:45:00
9	HUN	8	TPE	1	SWE	1			10	10:35:00	11:05:00	11:05:00	11:10:00	11:40:00	2, 3, 4	11:40:00	11:45:00	12:15:00
10	IND	7	CZE	3					10	11:05:00	11:35:00	11:35:00	11:40:00	12:10:00	2, 3, 4	12:10:00	12:15:00	12:45:00
11	AZE	4	CHI	3	GRE	2			9	11:35:00	12:05:00	12:05:00	12:10:00	12:40:00	2, 3, 4	12:40:00	12:45:00	13:12:00
Break																		
12	BRA	3	GER	4	AUT	2			9	13:02:00	13:32:00	13:32:00	13:37:00	14:07:00	2, 3, 4	14:07:00	14:12:00	14:39:00
1	POR	9	GBR	5					14	13:29:00	13:59:00	13:59:00	14:04:00	14:34:00	2, 3, 4	14:34:00	14:39:00	15:21:00
2	ITA	9	BUL	5					14	14:11:00	14:41:00	14:41:00	14:46:00	15:16:00	2, 3, 4	15:16:00	15:21:00	16:03:00
3	KOR	7	AUS	5					12	14:53:00	15:23:00	15:23:00	15:28:00	15:58:00	2, 3, 4	15:58:00	16:03:00	16:39:00
4	EGY	6	LTU	4	SVK	3			13	15:29:00	15:59:00	15:59:00	16:04:00	16:34:00	2, 3, 4	16:34:00	16:39:00	17:18:00
5	UKR	8	VIE	4	COL	1			13	16:08:00	16:38:00	16:38:00	16:43:00	17:13:00	2, 3, 4	17:13:00	17:18:00	17:57:00
	CHI	3							3	16:52:00	17:22:00	17:22:00	17:27:00	17:57:00	2, 3, 4	17:57:00	17:57:00	18:06:00

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Group Nr	Federations										Units	General Warm-up 30"		Tranfert 5'	Aerobic floors		Floor
1	HUN	3	BRA	2	VIE	3	FRA	1			9	8:45:00	9:15:00	9:15:00	9:20:00	10:00:00	2, 3, 4
2	IND	4	ARG	3	PER	1	MEX	1			9	9:25:00	9:55:00	9:55:00	10:00:00	10:40:00	2, 3, 4
3	ITA	4	GBR	3	AUS	1	TPE	1			9	10:05:00	10:35:00	10:35:00	10:40:00	11:20:00	2, 3, 4
4	KOR	3	ESP	3	AZE	2	FIN	1			9	10:45:00	11:15:00	11:15:00	11:20:00	12:00:00	2, 3, 4
5	POR	4	EGY	3	SVK	1	COL	1			9	11:25:00	11:55:00	11:55:00	12:00:00	12:40:00	2, 3, 4
6	ROU	4	BUL	3	LTU	2					9	12:05:00	12:35:00	12:35:00	12:40:00	13:20:00	2, 3, 4
7	UKR	4	GER	2	CHI	1	CZE	1	GRE	1	9	12:45:00	13:15:00	13:15:00	13:20:00	14:00:00	2, 3, 4