

FEDERATION INTERNATIONALE DE GYMNASTIQUE



Revised (in red) 04 August 2022

ID 16058

39TH FIG RHYTHMIC GYMNASTICS WORLD CHAMPIONSHIPS
INDIVIDUAL AND GROUP COMPETITIONS
SOFIA (BUL)
14 – 18 SEPTEMBER 2022



39TH FIG RHYTHMIC GYMNASTICS
WORLD CHAMPIONSHIPS

WORK PLAN

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FOREWORD

The Workplan for the 39th FIG Rhythmic Gymnastics World Championships (WCH) in Sofia (BUL) to be held from 14 to 18 September 2022 has been developed between the FIG Headquarters, the FIG RG TC and the LOC, in accordance with the following FIG regulations and rules (as valid in 2022):

- Statutes
- Code of Ethics
- Code of Conduct
- Technical Regulations (TR)
- General and Specific Judges' Rules for Rhythmic Gymnastics
- Code of Points (version May 2022) and relevant Newsletters
- Apparatus Norms
- Competition Clothing and Advertising Rules
- Accreditation Rules
- Medical Organization of the FIG Competitions and Events
- Anti-Doping Rules
- Awards Ceremonies
- Media Rules
- Licenses Rules
- FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events

and subsequent decisions of the FIG Executive Committee and Technical Committee.

All participating Federations commit to respect the Statutes and all FIG Regulations, especially with regards to the license, the age and the nationality of the gymnasts, as well as the respective Regulations concerning "Insurance" art. 11.6 of the TR.

Federations which have not fulfilled their financial obligations towards the FIG (such as annual membership fees, unpaid invoices, non-refundable entry fee, etc.) and the LOC (such as accommodation, meals, etc.) will not be allowed to participate in these WCH.

The Motto of the event is "Colours of the Rhythm".

1. FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE (FIG)

Fédération Internationale de Gymnastique (FIG)
Contact Persons: Sylvie Martinet, Eunice Lebre
Avenue de la Gare 12 A
Case Postale 630 - 1001 Lausanne, Switzerland
Tel : +41 (0)21 321 55 10
Tel direct: +41 (0)21 321 55 15, +41 (0)21 321 55 35
E-mail: smartinet@fig-gymnastics.org, elebre@fig-gymnastics.org
Website: <http://www.gymnastics.sport>

FIG Officials

President	Morinari Watanabe
President of the Jury of Appeal and the Supervisory Board	Ali Al-Hitmi
Member of the Jury of Appeal and the Supervisory Board	Jani Tanskanen
Anti-doping, Medical and Mental Health Commission member	Mariela Sirakova
Anti-doping, Medical and Mental Health Commission member	Kimberly Kranz
Gymnastics Ambassador	Neviana Vladinova
Apparatus Commissioner	Julian Heydgen

Technical Committee and Superior Jury

President	Noha Abou Shabana
Vice President	Isabell Sawade
Vice President	Maria Petrova Mihaylova
Member	Natalya Bulanova
Member	Marcia Aversani
Member	Marie Moltubakk
Member	Liubou Charkashyna
Athletes' Representative	Siyana Vasileva

FIG Staff

Secretary General	Nicolas Buompane
Sports Director and Technical Coordinator	Steve Butcher
Marketing and Communication Director	Olivier Strebel
Sports Event Manager	Sylvie Martinet
Safeguarding Manager	Eunice Lebre
Technology & Internet	Tbd
Media Operations Manager	Raquel Nunes
Media	Blythe Lawrence
Official Photographer	Volker Minkus
TV Coordinator	Laura Merrin

TV – Host Broadcaster

Bulgarian National Television	Snezhana Karabasheva
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Swiss Timing – IRCOS

Swiss Timing Team Leader	Christophe Pittet
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2. HOST FEDERATION AND LOCAL ORGANIZING COMMITTEE (LOC)

Host Federation:

Bulgarian Gymnastics Federation (BGF)
Contact Person: Mr. Krasimir Dunev
75 Vassil Levski Blvd. - 1040 Sofia - Bulgaria
Tel: + 359 2 9300614
Fax: + 359 2 9800626
E-mail: bulgym@abv.bg

Local Organizing Committee (LOC)

Bulgarian Rhythmic Gymnastics Federation (BRGF)
Contact Person: Mrs. Rossina Atanassova
75 Vassil Levski Blvd. - 1040 Sofia - Bulgaria
Tel: + 359 2 9300629
Fax: + 359 2 9801670
E-mail: bulrg_office@fbgr.org – for general correspondence with NFs, Visa and Travel
irena.atanasova@happytour.bg – for Accommodation and Meals. Please keep the
LOC in CC.
Event Website: <https://www.rgwch2022.com>

BGF Officials

President	Krasimir Dunev
Secretary General	Yordan Yovchev

LOC Officials and Members

President	Iliana Raeva
Vice-President and Competition Manager	Rossina Atanassova
Head of Operations & Publicity	Gergana Yordanova
LOC Head Coordinator	Monika Panayotova
Venue Management	Ivan Terziyski
Floor and Workforce Manager	Gergana Yordanova Monika Panayotova
Protocol and Ceremonies	Eli Chamishka
Training Manager	Angelina Mihaylova
Facilities Manager	Viktoria Gindiyanova
LOC Competition Secretariat Manager	Maria Kancheva
LOC IT Manager	Viden Svilenov
Judges' Organization	Rada Vrazheva
Accreditation	Yoanna Angelova
Accommodation	Irena Atanassova
Transportation Manager	Iliya Zaprianov
Catering	Monika Panayotova Gergana Yordanova
Finance	Nikolay Kolarov Nadya Velichkova
Promotion	Yuliya Mumdzhieva
Press Office LOC	Krastina Ivanova
Sales, Marketing & Ticketing	Gergana Yordanova
TV Coordination & Production	Snezhana Karabasheva
VIP Services Management	Katrin Taseva
LOC Medical Services Manager	Lubomir Petrov
Security Manager	Todor Triuhchev
Volunteers	Mariana Pishtalova
Contracts & Music Rights	Kremena Georgieva

Sport Information Center and Desk

The Sport Information Desk (SID) will be located at the entrance C, level 0 in the Arena Armeec (delegation entrance). It will be in operation during all training, warm-up, and competition times. The SID will be open approximately 30 minutes before the start of the first training and 30 minutes after the last training / competition.

Sport Information Center responsible person: Natasha Koycheva, Silviya Yordanova



SID phone number: please refer to the back of the Accreditation card



SID Email address: natasha_koycheva@abv.bg
Sylvia_yordanova@abv.bg
rgtravel@2021agrq.jp

For the sake of the environment, no hard copies of any documents (start lists, results and other relevant documents) will be available for distribution. Therefore, no Delegation Mail Boxes will be set up at the SID. It is recommended that Delegations carry their Work Plan, training and competition schedules, and gymnasts' drawing of lots with them to the competition digitally.

The LOC is currently exploring the possibility of creating an event "portal" which will be operational throughout these WCH. If developed, this "portal" will provide, in principle, the training, warm-up and competition schedules, the start lists, the results and a range of technical information related to these WCH.

Information boards, including transport, will also be set up at the official hotels' lobbies.

Liaison Officers

The Official Language will be English. No designated Liaison Officers will be assigned to escort each Federation. Interpretation from and into any other language must be organized by the Delegations.

3. PROVISIONAL PROGRAMME (SUBJECT TO CHANGES)

DATE / TIME	DESCRIPTION	Armeec
FRI. 09 Sept As announced	Arrival of FIG RG Technical Committee Members	
SAT. 10 Sept 09:00 – 19:00	FIG RG Technical Committee Meeting	TC room
SUN. 11 Sept As announced 09:00 – 19:00	<i>Day 1</i> Official arrival day of RGI & RGG Delegations FIG RG Technical Committee Meeting	Accreditation Center TC Room
MON. 12 Sept 09:00 – 10:00 10:30 – 11:30 11:30 – 13:00 13:00 – 15:00 15:00 – 17:30 17:30 – 18:00 As per schedule All day 09:00 – 19:00	<i>Day 2</i> Orientation Meeting RGI & RGG Draw for D-Judges for RGI Qualifications and All-Around Final Draw for D-Judges for RGG All-Around competition (Qualification) Judges' instruction RGI & RGG – Part 1 Lunch break Judges' instruction and Judges' oath (RGI & RGG) – Part 2 Judges' instruction by scoring system specialists (RGI & RGG) RGI Podium Training and RGG Training RGI Athletes' portrait photo session FIG RG Technical Committee Meeting	Conference Hall Conference Hall Hall & FoP Training Halls/FoP Mixed Zone TC room
TUE. 13 Sept As per schedule All day 10:00 – 11:00 09:00 – 19:00	<i>Day 3</i> RGG Podium Training and RGI Training RGG Athletes' portrait photo session Round Table with FIG RG TC and TC Presidents of Continental Unions FIG RG Technical Committee Meeting	Training Halls/FoP Mixed Zone TBD TC room
WED. 14 Sept As per schedule Early morning All day TBD 21:00	<i>Day 4</i> RGI & RGG Training Judges' draw (E/A/T/L/R-Judges) & briefing for RGI Qualifications Hoop & Ball RGI Qualification, group A Hoop and Ball alternatively RGI Qualification, group B Hoop and Ball alternatively RGI Qualification, group C Hoop and Ball alternatively RGI Qualification, group D Hoop and Ball alternatively Judges' draw & briefing for Judges (all) for RGI Apparatus Finals Hoop & Ball Opening Ceremony Presentation of Finalists and RGI Hoop Apparatus Final Presentation of Finalists and RGI Ball Apparatus Final Award Ceremony RGI Hoop and Ball Apparatus Final	Training Halls Judges' room FoP Judges' room FoP
THU. 15 Sept As per schedule Early morning All day 21:00	<i>Day 5</i> RGI & RGG Training Judges' draw (E/A/T/L/R-Judges) & briefing for RGI Qualifications Clubs & Ribbon RGI Qualification, group B Clubs and Ribbon alternatively RGI Qualification, group A Clubs and Ribbon alternatively RGI Qualification, group D Clubs and Ribbon alternatively RGI Qualification, group C Clubs and Ribbon alternatively Judges' draw & briefing for Judges (all) for RGI Apparatus Finals Clubs & Ribbon Presentation of Finalists and RGI Clubs Apparatus Final Presentation of Finalists and RGI Ribbon Apparatus Final Award Ceremony RGI Clubs and Ribbon Apparatus Final	Training Halls Judges' room FoP Judges' room FoP

FRI. 16 Sept As per schedule 11:00 – 12:00 13:00 – 14:00 14:30	<i>Day 6</i> RGI training for All-Around Finalists and RGG Training FIG RG Technical Committee meeting – Judges’ evaluations Round Table on Medical, Anti-doping Fight and Education Judges’ draw (E/A/T/L/R-Judges) & briefing for RGG All-Around Competition RGG All-Around Competition 5 Hoops / 3 Ribbons + 2 Balls alternatively RGG All-Around Competition 5 Hoops / 3 Ribbons + 2 Balls alternatively Award Ceremony RGG All-Around Competition Award Ceremony Team Ranking (RGI and RGG combined) FIG RG TC meeting – Judges’ evaluations	Training Halls FIG TC room TBD Judges’ room FoP TC Room
SAT. 17 Sept As per schedule 11:00 – 12:00 13:15 – 14:15 14:45 – 16:55 17:15 – 19:25 Following 20:00 – 21:00 TBD	<i>Day 7</i> RGI training for All-Around Finalists and RGG training for Apparatus Finalists FIG RG Technical Committee meeting – Judges’ evaluations FIG President Round Table Judges’ draw (E/A/T/L/R-Judges) & briefing for RGI All-Around Final RGI All-Around Final Group B (rank 10-18) RGI All-Around Final Group A (rank 01-09) Award Ceremony RGI All-Around Final Athletes’ meeting Rehearsals for the Gala	Training Halls TC room TBD Judges’ room FoP Conference Hall FoP
SUN. 18 Sept TBD As per schedule 14:00 – 14:30 15:00 – 15:43 15:48 – 15:31 Following 17:15 – 18:00 TBD	<i>Day 8</i> Rehearsals for the Gala RGG training for Finalists FIG RG Technical Committee meeting – Judges’ evaluations Judges’ draw & briefing for Judges (all) for RGG Finals Presentation of the Finalists and RGG 5 Hoops Final Presentation of the Finalists and RGG 3 Ribbons + 2 Balls Final Award Ceremony RGG 5 Balls Final Award Ceremony RGG 3 Ribbons + 2 Balls Gala and Closing Ceremony Farewell Banquet	FoP Training Halls TC Room Judges’ room FoP FoP TBD
MON. 19 Sept As announced 09:00 – 19:00	<i>Departure of Delegations</i> FIG RG Technical Committee meeting – Judges’ evaluations	TC Hotel
TUE. 20 Sept 09:00 – 19:00	FIG RG Technical Committee meeting – Judges’ evaluations	TC Hotel
WED. 21 Sept As announced	<i>Departure FIG RG Technical Committee Members and FIG Staff</i>	

4. PARTICIPATION RIGHT AND ACCREDITATIONS

Please refer to the Directives for details on the participation rights and maximum delegation size, paying for accreditations, payment procedures, and insurance deadlines.

A list including all medical personnel duly approved by the FIG is published on the FIG website. Medical personnel seeking accreditation for these WCH and who are not on this list must send to the FIG Office (attention Mr. Loïc Vidmer at lvidmer@fig-gymnastics.org) a copy of his/her medical certificate/diploma duly translated into English or French. They must also complete as soon as possible but at the very latest at the deadline of the Nominative Registration – Step 2, the “Form to be accredited as Medical Doctor or Paramedical staff at FIG Events”. This Form can be downloaded from the FIG database after creating a profile for Medical Staff, (please refer to the FIG database User instructions available on the FIG administration website). Without this document, the accreditation of the medical personnel will not be released.

Accreditation Principles

The accreditation identifies individuals in good standing from FIG affiliated federations participating in the event. The accreditation is personal and non-transferable. It indicates and defines individuals' right to access the different zones as per their functions (Appendix 1 of the Directives), as well as to the LOC transport service (if accommodation is booked through the LOC only).

All participants and officials are required to wear their accreditation card at all times. The accreditation card is also necessary to pass the security controls.

Accreditation cards will have 3 different colours in order to identify delegations of Individuals from Groups. Colour Red is for Individual, Green for Group and white for both Individual and Group (for members such as Head of Delegation, Medical personnel who are in function for both Individual and Group competitions), etc. The access to the training and warm-up halls will be strictly limited to the gymnasts participating in the specific training or competition (Individual or Group) and according to the training and warm-up schedule, with the appropriate delegation member.

Delegation seating only (zone 6) will be accessible for Individuals during Group competitions and vice and versa.

Any misuse of an accreditation (zone, time, TAC, etc.) shall lead to the immediate withdrawal of the accreditation and a fine of CHF 2'500.- to the respective federation for each case. Further steps are possible (e.g. case could be submitted to the FIG Ethics Foundation).

In case of lost or stolen accreditation cards, the LOC and the FIG must be informed immediately to block the accreditation. They may be replaced at the expense of the card holder (refer to the Directives for the price).

Transferable access cards (TAC)

According to FIG Accreditation Rules, coaches will need to present a TAC to access the Competition Area (Field of Play (FoP), Zone 1). Head of Delegation/Team Manager will need to present a TAC to access the Warm-up Hall (WuH, Zone 3).

The TAC is valid only if presented in conjunction with the primary accreditation card. All delegations will be allocated a number of Zone 1 and Zone 3 TACs respecting FIG Accreditation Rules.

The TACs are only transferable within the Federation's official delegation and appropriate function.

Lost or stolen transferable access cards shall not be replaced.

Accreditation Centre

The Accreditation Centre will be located at the Entrance A0 of the Arena Armeec, situated at the side of the boulevard, and will be operational as follows:

- Opening Dates: from 11 to 18 September 2022
- Opening Hours: from 09:00 to 20:00 during the official accreditation day (11 September)
from 10:00 to 16:00 during the period 12-15 September
from 13:00 to 17:00 during the period 16-18 September

Accreditation Distribution

Accreditations will be distributed to the Head of Delegation or his/her Representative at the Accreditation Centre based on the nominative registrations submitted on the FIG online platform.

The LOC will inform the NFs in advance about the best moment to complete the accreditation process. Every delegation will receive an appointment to facilitate and speed up the accreditation procedure. Transportation between the hotel and the LOC office will be arranged by the LOC.

If a delegation decides to complete the accreditation procedure at another time, the LOC will not provide any transportation and will give priority to those countries who arrive at the agreed time. Up to 2 persons only will be allowed to visit the Accreditation Centre.

NFs which have not fulfilled their financial obligations towards the FIG and the LOC will be driven directly from the airport to the Accreditation Centre and will have to wait, as accreditations will be given on a "first come, first served" basis.

FIG Accreditation rules will be strictly applied notably as far as the number of accreditations and TACs per Federations is concerned. No additional accreditations may be issued without the prior approval of FIG. Any additional person to the official nominative list is considered as a spectator and must buy entry tickets.

Accreditations will not be delivered unless all financial, organizational and insurance obligations have been met.

Control and Distribution of the Required Material

At accreditation, Heads of Delegations or their Designees will be requested to:

- check the correct names of their complete Delegation
- present to the LOC a valid passport of all Delegation members for proof of identity and control of Nationality. A scan of the passport of the accredited gymnasts will be made and handed out to the FIG
- prove of the fulfilment of all financial obligations to the LOC and finalize the necessary payments if needed (such as insurance, paying accreditation, etc)
- show proof of the cover note or photocopy of the valid insurance policy in English only (if applicable)
- verify the accommodation and meal requirements including the farewell banquet
- verify the return flight schedules
- present printed and signed declarations for use of personal data for each delegation member (the LOC will send by e-mail later on)
- present printed Music forms
- if not done in advance, confirm the accuracy of the National Flag and Federation National Anthem presented by the LOC and sign the relevant form. It is not necessary for the NF to bring them on site
- confirm the accuracy of music uploaded by the Federation itself onto the LOC digital platform, and sign the relevant form
- hand in one back up CD/USB (1 CD/USB per gymnast/group and per routine) for safety reasons or in case of technical problems. All CDs/USBs must be labelled as mentioned in the CoP, A. Generalities Individual Exercises, article 11.2. The CD/USB will be returned to the Head of Delegation or his/her Representative at the SID at the conclusion of the competition
- submit the Individual' / Group' starting order for Podium training (Appendix 1).

Music: while music for each routine will have been uploaded onto the LOC digital platform, Coaches are also requested to always have 1 CD/USB with them as backup for safety reasons or in case of technical problems. All CDs/USBs must be labelled as mentioned above.

Delegations will also be requested to bring one CD/USB key for training sessions. Delegations are requested to play the music by themselves for their training sessions and requested to be responsible to manage the music. This music does not have to be handed in to the LOC.

Reminder (refer to the Directives):

Photo: photo for each delegation members must be uploaded onto the LOC platform by **24 August 2022** at the very latest. If not done, an additional service fee of EUR 25 per missing photo will be charged by the LOC and payable during the accreditation process.

At accreditation the LOC will also hand out to the Head of Delegation or his/her Representative the:

- ~~FIG "Medical and anti-doping practical information" *~~
- meal tickets (if applicable)
- transportation schedules (if not published in advance on the FIG website)
- information regarding gymnasts' safeguarding plan.

***for the sake of the environment, the FIG "Medical and anti-doping practical information" will be sent by e-mail from the FIG Anti-Doping and Medical Manager to all participating NFs prior arrival to Sofia.**

Delegation Seating

Depending on the COVID-19 situation, the LOC will reserve 170 seats for the accredited delegation members in sector A1.2. & A2.2, levels 1 and 2, as well as 55 seats in sector C1.1., level 1, for the Heads of delegation, in the Arena (Appendix 1 of the Directives). These seats will be available on a "first come, first served" basis. Delegates will be requested not to sit in any other spectator seats within the arena unless permitted to do so by a representative of the LOC.

5. INSURANCE

The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.

The FIG TR foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.

Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to the [IMSSA documents](#) for additional information regarding the FIG IMSSA insurance for Athletes and Judges.

A copy of the insurance while in the host country must be sent to the LOC well in advance but no later than **17 August 2022**. If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the Delegation members' insurance upon arrival at the latest (e.g., coverage note or photocopy of the valid policy in **English** only). Insurance notes in other languages will automatically be refused. The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.

Delegation members with insufficient insurance coverage must inform the LOC in writing no later than 17 August 2022. The LOC will subsequently offer insurance at the Federations' own charge at the price of **EUR 25** per person and per day.

6. REGISTRATIONS

Definitive Registration

The definitive registrations must be completed from 11 July until 20 July 2022 (23h59 CET) at the very latest.

Definitive registrations received in the FIG Office after the drawing of lots will be refused (i.e. the gymnasts will not be allowed to compete).

Nominative Registrations – Step 1

The nominative registrations must be completed from 21 July until **17 August 2022** (23h59 CET) at the very latest.

For NFs participating with 2-3 Individuals, particular attention must be given to the apparatus chosen, as well as to the starting order of the gymnasts. Unit 1 is the first gymnast of her NF to start at the prescribed apparatus, Unit 2 the second to compete.

Nominative Registrations – Step 2

Each NF will have the possibility to modify, if necessary, the apparatus and the starting order (for NFs with 2-3 Individuals) submitted at the nominative registration - Step 1 for its Individual gymnasts. For this purpose, the online nominative platform will reopen from 18 August until **31 August 2022** (23h59 CET) to allow the NFs concerned to submit the necessary modifications.

Past this deadline, the online platform will be closed and no further modifications related to the apparatus chosen or to the starting order will be accepted. In the case adjustments are not submitted by the deadline of 31 August 2022, the initial Nominative registration submitted by 17 August 2022 will be used.

Nominative Registrations of Coaches

No coaches will be accepted in these WCH without a valid coach-sport profile at the deadline of the Nominative Registration – Step 1. In order to be considered, the coach-sport profile (including all relevant documents) must be submitted in the FIG database by **03 August 2022** (23:59 CET) at the very latest (two weeks prior to the deadline for Nominative Registration – Step 1).

As per FIG Code of Ethics art. 2d), during the conduct of their activities, FIG members are expected to display proper behaviour, to declare any conflict of interest between the organization of which he/she is a member and all other organizations with which the FIG has relationships. Also if a judge is a close family relative* to a competitive gymnast, they may not judge that gymnast or his/her group at any FIG sanctioned event. If a conflict should or could appear, the Secretary General of the FIG and TC President must be informed, so appropriate action can be taken.

*Note: definition of “close family relative”:

- people who are or were married to or live in a registered partnership or co-habit with a gymnast
- people who are related to a gymnast by birth or marriage in direct or in collateral line, including the following persons: grandparent, parent, uncle, aunt, brother, sister, child, grandchild, nephew and cousin

FIG Fines

The fines after missing the Registrations deadlines or after late Registrations are as follows (as per the TR, Section 1, Reg. 11.1.2):

Fine after missing the Definitive Registration deadline or after late Definitive Registration (until the gymnast's drawing of lots)	CHF 1'500.-
Fine after missing the Nominative Registration deadline or after late Nominative Registration	CHF 1'000.-

FIG Gymnasts' licences

No gymnasts will be accepted without a valid FIG License at the deadline of the Nominative Registration – Step 1.

In order to be considered, Licence application forms (new or renewal) must be submitted at least one (1) month prior to the deadline for nominative registration.

Please consult [FIG License Rules](#) for additional information in this respect

Gymnasts' age limit

All participants must be minimum 16 years old in the year of the event (i.e. born in 2006 or earlier).

7. REGISTRATION CHANGES

Please refer to Section 3 Regulation 6 of FIG TR for details on the provisions related to the registration changes.

Please use the appropriate Form (Appendix 2, 3 or 4) for any accreditation change's requests (officials, gymnasts, function, name) made after the deadline of the Nomination Registration – Step 2.

REMINDER:

If any individual gymnast gets injured or ill after the Nominative Registration – Step 2, the replacing gymnast will have to perform all apparatus the sick or injured gymnast was registered for, and will fill the same position(s) in the draw (starting order) of the replaced gymnast.

8. MUSIC AND MUSIC FORM

Music:

The Music must be uploaded (.mp3 only) as soon as the LOC online platform is open but by **31 August 2022** at the very latest. After this deadline, the LOC online platform will be closed.

The music file shall be named as follows:

- The name of the nation (official abbreviation of the country – 3 letters)
- The first and last (with Capital letter) name of the individual competitor
- The category (RGI or RGG)
- The apparatus

Example:

RGG_BUL_Group_5Hoops.mp3

RGI_BUL_LAST NAME_First Name_APPARATUS.mp3

If the music upload is not completed by **31 August 2022** (i.e. at the Nominative Registration – Step 2) and needs to be done on site, an additional service fee of EUR 50 per missing Music will be charged by the LOC and payable during the accreditation process.

Music Form:

While the LOC guarantees the respect for the rights of author and broadcasting of the musical works, each NF will also have to confirm that the music used does not violate any copyrights and that it can be broadcasted within sports. This confirmation will have to be made by filling-in the online Music Form at the time of the nominative registration via the FIG online platform. This Music Form must be duly completed with all requested information otherwise it will be rejected. The Form must be sealed, signed and returned in excel format only to the FIG and the LOC by **17 August 2022** at the very latest.

If a change occurs between Nominative Registration Step 1 and Step 2, a revised Music Form must be sent to both FIG and LOC by **31 August 2022** at the very latest.

9. VENUE

Please refer to the Directives and their Appendices for pictures, descriptions, and the general plan of the Competition, Warm-up and Training Halls.

Venue (Appendix 1 of the Directives)	ARENA ARMEEC Distance from the official Hotels: between 3 to 10 km, 10 to 25 minutes
FoP (Appendix 2 of the Directives)	1 Competition floor (16m x 16m)
Warm-up Hall Hall 3 (Appendix 3 of the Directives)	Behind the dividing curtain 2 warm-up floors (14m x 14m)
Training Hall Hall 1 (Appendix 4 of the Directives)	Arena Armeec (Basketball hall) 2 training floors (14m x 14m)
Training Hall Hall 2 (Appendix 5 of the Directives)	Arena Armeec – Outdoor Balloon Training Hall 3 training floors (14m x 14m)
Training Hall 3 (Appendix 5 of the Directives)	Sofia Sports Hall 3 training floors (14m x 14m)

Wi-fi will be available inside the Armeec Arena at the following locations:

- FoP
- Warm-up Zone
- Training Hall
- Delegation seats
- Mixed Zone
- Restaurant

Wifi will also be available inside the Balloon and the Sofia Sports Hall.

Depending on the COVID-19 situation, the spectators' seating capacity will be determined at a later stage.

10. TRANSPORTATION AND VISAS

International Transportation

The international travel to Sofia will be at each delegation's own expenses. The FIG and the LOC strongly recommend that each Federation take cancellation insurance for their international transportation. The LOC recommend each Federation to book changeable and refundable flights at this stage. Please contact the Transport Office if your flight arrives late or is cancelled.

Arrival

The LOC personnel will be present at all official arrival points (Sofia international airport (SOF), Sofia Central Railway and Sofia Bus station) with greeting signs to welcome the Delegation members that stay at one of the official hotels, book their accommodation through the LOC and submit via the LOC online platform their Travel Schedule for Arrival and Departure by **17 August 2022**. Delegations will be requested to make their ways to meet with them.

Delegations that do not stay at one of the official hotels, did not book their accommodation through the LOC and did not submit their Travel Form in due time, will not be entitled to use the event local transportation service.

The LOC will apply an extra charge of EUR 50 up to 4 people and EUR 100 for more than 4 people for each extra transportation for Delegations arriving or departing on a different date than the official arrival/departure dates mentioned in the general programme (article 4).

Federations which have fulfilled their financial obligations towards the LOC will be driven to their respective hotel. The others will go directly to the Accreditation Centre.

Departure

If entitled, shuttle transportation will be coordinated by the LOC from the Official Hotels to the official departure points (Sofia international airport (SOF), Sofia Central Railway and Sofia Bus station), based on the information collected from the Delegations and confirmed by the Head of Delegation during the accreditation. A detailed schedule for departures will be sent by e-mail on due time, available on the LOC event portal, and displayed on the board at the official hotels.

Transportation Office and Phone Number

The Transportation Office will be located at the Arena Armeec, entrance C (for delegations), level 0, closed to the SID and will be operational as follows:

- Opening Dates: from 11 to 18 September 2022
- Opening Hours: from 09:30 to 19:00

The transport office phone number (printed on the back of each delegate's accreditation card) will be:

+ 359 878 100 091 (from a foreign mobile operator)

0878 100 091 (from a Bulgarian mobile operator)

Transportation Manager: Mr. Iliya Zaprianov

11. ACCOMMODATION

Please refer to the Directives for details on the selection of official Hotels, locations, reservations and payments procedures. While NFs are welcome to let the LOC know the name of their preferred hotel, the final allocation will however be the full responsibility of the LOC. If the desired Hotel is not available since it is already fully allocated, NFs will be informed by the LOC in order to discuss alternative options and change of Hotel.

Each NF is requested to register via the LOC online platform their "Accommodation by Name" and to pay the remaining 50% of their accommodation costs by **17 August 2022** at the very latest.

Check-in procedures

Each Official Hotel will have received a rooming list from those delegations who have submitted their registration. The room keys and hotel information will be distributed to the delegation upon their hotel check-in. **Please note that the hotels will request a valid credit card or a deposit upon arrival.**

Check-out procedures

According to each hotel policy.

Delegations will be responsible for all hotel costs incurred, including all extra costs (such as hotel services, laundry, room service, mini-bar, paid TV movies, telephone calls). Any damages made to the Hotel facilities will be the exclusive responsibility of the Delegation concerned.

12. MEALS

Please refer to the Directives for details on the prices, reservations and payments procedures. Breakfast is included in the room rates of the official hotels. For those who have booked the meal plan with the LOC, lunches will be served at the Armeec Arena and dinner at the respective hotels.

Access rights will be controlled at the entrance of the designated area in the Armeec Arena and at the entrance of the dining room at the hotel, in addition to the accreditation card with the coupons the delegations received at the accreditation. A variety of hot and cold food in sufficient quantities will be guaranteed each day. Menus will be designed to be nutritious, tasty, and of excellent quality.

The LOC will provide the Delegations with free water, coffee and fruits in the training halls, water only in the warm-up hall. The LOC will provide the working judges with small drinks, fruits and snacks throughout the event.

The LOC will not provide any meals to the judges. It is the responsibility of the NFs to order and pay for the meals of their judges.

To optimize the Meal plan as well as possible, breakfast, lunch and dinner time have been determined in accordance with the training and competition schedules:

Meals Hours

- Breakfast from 07:00 to 10:00
- Lunch from 12:00 to 14:00
- Dinner from 19:00 to 22:00

Farewell Banquet

Accredited Delegation members (with the exception of E- and R- media), who stay at one of the official hotels and book their accommodation through the LOC will receive a free ticket for the Farewell Banquet. The request for additional ticket must be submitted onto the LOC online platform and paid in full (EUR 55/person) to the LOC by **17 August 2022**.

The location and the time of the Farewell Banquet will be communicated later.

Bus transfers will be organized from the Hotels to the Banquet and back as needed. Transport Information will be distributed in due time on site.

The dress code will be "Cocktail".

13. CANCELLATION POLICY FOR ACCOMMODATION, MEALS AND BANQUET COSTS

The 100% of the costs for accommodation, meals, additional banquet tickets, supplementary accreditation and LOC fines must be paid to the LOC from **01 August to 19 August 2022**:

Failure to receive the payment by the required dates will result in the reservations being cancelled and fines being applied.

Accommodation, Meals and Farewell Banquet cancellation fees when notice is given:

Date	Cancellation fee
Until 31 July 2022	No charge
From 01 until 19 August 2022	50% of the total amount due
After 19 August 2022	100 % of the total amount due

LOC is kindly asking the NFs to respect the deadlines and to note that all cancellation fees will be applied.

14. FINANCIAL

Payment for the accommodation and meals (if applicable), for the supplementary accreditations and LOC fines (if any) must be made via bank transfer in EUR only to the LOC.

The details of the bank account to which these costs are to be paid are:

Beneficiary	DIAMONDS 21 Ltd.
Beneficiary address	75 Vassil Levski blvd., 1040 Sofia, Bulgaria
Account number	-
Bank	DSK BANK
Bank address	Shipchenski prohod blvd, building 240, 1111 Sofia, Bulgaria
Iban	BG49STSA93000029046246
Swift code	STSABGSF

The participating federations are responsible for covering all bank fees in connection with the bank transfers.

Please state the name of your Federation and the payment purpose on the transfer (i.e. SUI - RG WCH Sofia 2022 - Accommodation Payment).

15. TRAINING SCHEDULES

Official training schedules

The Official training schedules will be organized in accordance with the TR and will be available after the deadline of the Definitive registration.

Delegations must respect the designated training times and the allocated training floors. Delegations must also show respect to the other gymnasts sharing the same floor. Changes to the official scheduled training hours will not be accepted. Each individual gymnast/group has the same possibility of training session.

After the Qualification competition, training sessions will be available to the individual and group gymnasts (including the reserves) who have qualified for the Individual All-Around Final and the Apparatus Finals.

Podium training

Gymnasts will have the opportunity to perform their routine(s) on the Floor where the competition will take place on the official Podium training days only. Podium Training days will be considered as Training Days.

Federations will be required to inform the LOC of their individuals'/group' starting order for the sake of music playing (Appendix 1) by **the accreditation day** at the latest.

It is the responsibility of each NF to ensure that gymnasts/coaches listen to their music and sign to confirm that they are happy with the recording.

These Podium Training days will be officially open to the media and designated residents and school children in Sofia city.

Early or late training opportunities

Delegations arriving earlier or departing later than the official arrival and departure dates are requested to contact the LOC in order to receive information on early training opportunities, if needed, in local facilities. All costs (training floor, accommodation, catering, etc.) and logistical arrangements (incl. transportation from/to the airport) related to these early or late training opportunities will have to be covered by the NFs concerned. **No early or late training will be available at the official competition or training venues.** As these opportunities are very limited, early or late training opportunities will be allocated on a "first come, first served" basis.

16. COMPETITION FORMAT AND PROGRAMME

Competitions will be held in accordance with the 2022 FIG TR including Section 3 for Rhythmic Gymnastics, Reg. 5., and the RG Code of Points 2022-2024 (version May 2022).

Individual

Qualifications (number of exercises to be performed per gymnast at the choice of the NFs) according to the below requirements:

NFs with 2-3 Individuals	Min. 1 and max. 4 routines per gymnast Max. 2 routines per apparatus per NF Total 8 routines per NF
NFs with 1 Individual	Max. 1 routine per apparatus per gymnast

Apparatus Final

The 8 top gymnasts at each apparatus (including all gymnasts tied for the 8th place after the WCH tie-breaking rules have been applied) will advance to the final.

All-Around Final

The 18 top gymnasts from the All-Around ranking (qualifications - 3 best apparatus) (including all gymnasts tied for the 18th place after the WCH tie-breaking rules have been applied) will advance to the All-Around Final.

Sub-group B (gymnasts ranked 10-18 from the qualification) start, followed by sub-group A (gymnasts ranked 1-9 from the qualification).

Group

Qualification with All-Around ranking.

Each NF may enter 5 to 6 gymnasts for the total programme of group exercises (2 exercises and 2 finals). In case of 6 gymnasts, all 6 gymnasts must take part in at least one exercise. Should one gymnast not take part in any exercise, the group is disqualified.

The group composition must be submitted for both exercises at the time of the nominative registration.

The identity of each gymnast will be checked before entering the competition floor for both exercises. The coach will be informed should the group composition not correspond to the one submitted. He/she will be given the possibility to modify the group composition to be in accordance with the one declared. Should the coach let his/her group compete with a different composition will result in the disqualification of his/her group from the respective exercise(s). As a result, the group will not be ranked in the All-Around Ranking List nor in the Ranking List of the routine it was disqualified from. Modifications of the group composition can be accepted on site only with a medical certificate verified by the official FIG doctor.

The Group competition also begin with the qualifications, which will determine the All-Around ranking. Each Group shall present 1 routine using 5 Hoops and 1 routine using 3 Ribbons + 2 Balls.

Apparatus Final

The 8 top groups per apparatus (including all groups tied for the 8th place after the WCH tie-breaking rules have been applied) will advance to the Finals.

Team Ranking

The Team Ranking is established by adding the 8 scores of the Individual qualifications (NFs with 2-3 Individuals) and the 2 scores of the Group All-Around ranking.

These WCH are also part of the gymnasts' qualification for the [Olympic Games Paris 2024 \(FRA\)](#).

They will serve to qualify:

Warm up area

Access to the warm-up areas will be limited to the gymnasts and officials who are scheduled to train at that time. The number of persons who have access to the warm-up areas (HD with a TAC) will be strictly limited in accordance with the FIG Accreditation rules. Other delegation members or additional persons will not be allowed to enter the warm-up area.

Field of Play (FoP)

Access to the FoP will be limited to the gymnasts and coaches who are taking part in the competition at that time. The number of persons who have access to the FoP (coaches with TAC) will be strictly limited in accordance with the FIG Accreditation rules. Access to the FoP for gymnasts and coaches will be via the final warm-up floors (Appendix 2 of the Directives).

Presentation to the FoP

Gymnasts will be escorted from the final warm-up floor to the competition area by a member of the FoP team. It is the gymnasts/groups responsibility to be on time. Coaches will be escorted separately to the Kiss & Cry to watch the performance.

Individual gymnasts seating on the Field of Play

After their final routine (4th apparatus) of the Individual All-Around Final, gymnasts must sit in the designated area on the FoP to await the end of the competition of their respective sub-group (B or A). When the competition of sub-group B is finished, gymnasts leave the FoP and return to the Training Hall.

All gymnasts/coaches must bring the national tracksuits from the last warm-up area when they perform their last routine, as it will not be possible to return to the warm-up hall before the Award Ceremony.

Presentation of the Finalists

Individual and group gymnasts will be presented before each Final. **Participation is mandatory.** The timing for these presentations is already considered in the training and competition schedules.

Reserve individual gymnasts and groups

Three (3) reserve individual gymnasts and groups are designated, taking into account the list of results of the Qualification. **Reserves must be prepared to compete and present in the training hall in case they are called upon.** They will be entitled to use the Training Hall until the start of the RGI and RGG Apparatus Finals and the RGI All-Around Final. If called upon, a reserve works in accordance with the order of the gymnast / group replaced.

Gymnasts' drawing of lots

Based on the Definitive Registrations the [gymnasts' drawing of lots](#) for the Qualifications and the Finals **has been** conducted on Friday 22 July 2022 at 11:00 at the FIG Headquarters in Lausanne (SUI) in the virtual presence of RG TC President Noha Abou Shabana. The procedures are already published and the results **have been** published consecutively.

As per FIG TR Section 1 Art. 4.1, after the draw, no individual gymnast can be added to the number of gymnast(s) declared in the Definitive Registration. No additional individual gymnasts may appear at the accreditation.

Electronic device

During competition, on the FoP, gymnasts, coaches, and judges are absolutely prohibited from using any electronic device to talk, transmit or receive messages (mobile phones, mini-notebooks, computers, etc.) or use any camera or video device.

The Competition Director and the Floor Manager will be in charge of the competitions, warm-ups and training areas. All instructions given by them must be strictly observed, especially during TV broadcast.

17. KISS & CRY

After their routine, gymnasts will be escorted by a member of the FoP team to the Kiss & Cry where they will be reunited with their coach(es). Gymnast(s) and coach(es) **must** remain at the Kiss & Cry area until their score has been released, and until the next gymnast/group has been announced. A member of the FoP team will escort them back to the warm-up area.

The **maximum** number of persons authorized at the Kiss & Cry (coach(es) with TAC only) is:

Individual competition:

- 1 gymnast and 1 coach for NFs with 1 Individual
- 1 gymnast and 2 coaches for NFs with 2-3 Individuals and 2 or more registered coaches

Group competition:

- 5 or 6* gymnasts and 1 coach (for NFs with 1 registered coach)
- 5 or 6* gymnasts and 2 coaches (for NFs with 2 registered coaches)

***Note:** should the 6th gymnast be at the Kiss & Cry, she **must** wear the same competition attire as the other gymnasts from her Group otherwise she will not be allowed to stay at the Kiss & Cry. This rule has to be strictly respected. Any violation of it will result in a fine, and further steps are possible (e.g. case to be submitted to the FIG Ethic Foundation).

18. FIG CERTIFIED APPARATUS

Floor

The Manufacturer Supplier is Spieth, floors' reference [FIG ID 547](#), colour beige.

Replacement Apparatus provided by the LOC

The LOC will provide replacement apparatus from Sasaki.

Hoop:	FIG Reference 471 (provided the FIG Certificate is renewed)
Ball:	FIG Reference 473 (provided the FIG Certificate is renewed)
Clubs:	FIG Reference 466 (provided the FIG Certificate is renewed)
Ribbon:	FIG Reference 474 (provided the FIG Certificate is renewed)

Reminder: the use of candles or any other danger substances on the FOP or any carpets **is forbidden**.

19. CONTROL OF HAND APPARATUS AND COMPETITION ATTIRE

The list of the hand apparatus with valid certificates is published on the [FIG website](#) and updated regularly. Make sure that your gymnasts use only FIG certified hand apparatus for this event and for any other FIG recognized competitions.

Random checks will be carried out throughout the event by a representative of FIG and a representative of the GYMLAB - Freiburg Test Institute. They will take place during each Podium training session. Gymnasts will **not** be allowed to compete with Apparatus which does not comply with the norms.

At the same time, the competition leotards will be checked by the RG Athletes' Representative to be sure they are in compliance with the requirements stated in the 2022-2024 Code of Points and the Competition Clothing and Advertising Rules.

Gymnasts will also have the possibility to have a preliminary check during training sessions should they wish to.

Further checks on the hand apparatuses and the leotards may take place at the end of the competition exercise at the request of the Superior Jury.

20. SUPERIOR JURY AND JUDGES' PANELS

Superior Jury

The Superior Juries will be formed by the Technical Committee Members and 1 Category 1 Judge. The RG TC President is the President of both Superior Juries.

Judges and Judges' panels

Please refer to the Directives for Judges' eligibility.

For the sake of the environment, please note that during competitions, judges will not be provided with white paper from the LOC. This is their responsibility to carry with them scratch paper, notebook, etc. Only official D- and A-Forms will be provided.

21. JURY OF APPEAL AND SUPERVISORY BOARD

The Jury of Appeal and Supervisory Board consist of two members, Mr. Ali Al-Hitmi acting as President and Mr. Jani Tanskanen acting as Member, and a third person to be designated in accordance with the matter of the appeal. In case of a judge's appeal, a person not involved in the decision of the Superior Jury and in the judging process of the apparatus concerned will be nominated.

22. ANNOUNCEMENTS DURING COMPETITIONS

During the competitions, the announcements will be made in Bulgarian and in English. The competitors are required to follow the instructions of the LOC staff.

23. SCORING

Swiss Timing will provide the official scoring equipment for these WCH.

The Swiss Timing equipment will be used for the data management of the gymnasts' start lists, judges' lists, scores, and results. The IRCOS system will be used in accordance with FIG Rules for the video control.

Start lists of competitors, lists of judges, intermediate results and final result book will be distributed via e-mail to the NFs' official e-mail address, to their Head of Delegation's e-mail address, and through the Event Portal in case it becomes available, as well as displayed at the SID.

Federations are kindly requested to send by e-mail to the FIG (attn. smartinet@fig-gymnastics.org) as soon as possible but by no later than **31 August 2022** the exact contact's name, mobile phone number and e-mail address of their Head of Delegation or Representative while in Sofia for proper delivery of official documents.

24. INQUIRY

As per Art. 8.5 of the TR inquiries for the difficulty scores are allowed, provided that they are made verbally immediately after the publication of the score or at the very latest before the score of the following individual gymnast or group is shown. For the last individual gymnast/group of a rotation, this limit is one minute after the score is shown on the score board.

The person designated to receive the verbal inquiry (Inquiry Officer) has to note the time of receiving it and this starts the procedure. Only the accredited coaches in the competition area are entitled to submit an inquiry. The expected score must be mentioned on the inquiry form for the inquiry to be accepted. An area close to the Kiss & Cry where the coach of the competing gymnast can see the score of the exercise will be designated. Late verbal inquiries will be rejected.

A NF is not allowed to complain against a gymnast from another federation. Inquiries for Execution, Artistry, Time or Line are not allowed.

The inquiry must be confirmed as soon as possible in writing but within 4 minutes at the latest after the verbal inquiry and requires an agreement of payment of CHF 300.- for the first inquiry, CHF 500.- for the second inquiry, CHF 1'000.- for the third and all subsequent inquiries, lodged by the same Federation throughout the WCH (and not starting from "1" at each competition phase). Should the inquiry not be confirmed in writing within 4 minutes, the procedure becomes obsolete.

Federations shall not pay cash when submitting an inquiry as cash money is prohibited on the FoP.

Every inquiry must be examined by the Superior Jury and a final decision which may not be appealed must be taken at the very latest:

- at the end of the rotation for the Qualifications and for the All-Around Final
- before the score of the following individual gymnast/group is shown for the Apparatus Finals

After review of the inquiry, should the final score be higher, this sum will not be invoiced by FIG to the NF. However, should the final score remain unchanged or be lower, the sum will be invoiced and transferred to the FIG Foundation for Solidarity.

Since in Rhythmic Gymnastics the D-score is divided into two parts – Difficulty Body (DB) and Difficulty Apparatus (DA), each part is considered as a distinct score and must be challenged separately (either DB and DA or only DB or DA). Thus, if DB and DA of the same routine are challenged, the coach has to submit two inquiries (with the same form). DB will be considered as first inquiry, DA as second inquiry.

25. CEREMONIES

Opening Ceremony

The FIG and NF Flags will be presented on the large screen during the Opening Ceremony and the Host Country National Anthem will be played.

Gymnasts from participating Federations will not take part in the official Opening Ceremony but are kindly invited together with all Delegation members to watch it from the delegation seating.

At the end of the official speeches, the Judges', Athletes' and Coaches' Oaths will be delivered.

Victory Ceremonies

The award ceremonies will be held as per the schedules mentioned in the general programme and carried out in accordance with the FIG Regulations for Award Ceremonies.

The gymnasts must wear their **national tracksuits**.

Due to the COVID-19 situation, gymnasts will be required to wear a mask during the Victory Ceremonies. They will be allowed to take their mask off only during the photo session for a short period of time. A member of the LOC FoP Team will guide them during the ceremonies.

The persons requested to attend the awards ceremonies and be present in time for the line-up prior to the ceremonies will be as follows:

Team Ranking	All gymnasts of the Team including one coach from Teams ranked 1 st to 3 rd
Individual All-Around Final	Individual gymnasts ranked 1 st to 8 th
Individual Apparatus Finals	Individual gymnasts ranked 1 st to 3 rd
Group All-Around Competition	Groups ranked 1 st to 3 rd
Group Finals	Groups ranked 1 st to 3 rd

The following awards will be granted to the first 8 ranked individual gymnasts in the All-Around Final and Apparatus Finals, the first 8 ranked groups in the All-Around Competition and the Apparatus Finals, as well as in the Team ranking.

1 st place	1 gold medal and 1 diploma per gymnast
2 nd place	1 silver medal and 1 diploma per gymnast
3 rd place	1 bronze medal and 1 diploma per gymnast
4 th to 8 th place	1 diploma per gymnast (including one coach for team)

The national flags of the best 3 individual gymnasts, groups or teams will be hoisted and the national anthem of the World Champions will be played.

Please ensure that your Federation's medalists are in time for the line-up prior to the ceremonies.
A team, individual gymnast or a group who is absent with unjustified reason will be disqualified.

Gala

The Gala will take place immediately after the Victory Ceremony of the last Group Final.

The theme of the Gala is "World Folk Magic". The idea of the Gala is to present the traditional dances of the participating NFs. Therefore, NFs wishing to be part are kindly requested to prepare a performance that meets this criterion.

Music (not more than 2 minutes long) and photos of the respective country's nature / traditional clothing / dances etc. must be sent by e-mail to the LOC's official address (bulrg_office@fbgr.org) as soon as possible but by no later than **15 August 2022**.

Closing Ceremony

The closing Ceremony will take place immediately after the Gala.

At the end of the Closing Ceremony the FIG flag will be handed over to a representative of the 40th FIG Rhythmic Gymnastics World Championships to be held in Valencia (ESP) in 2023.

Distribution of Diplomas and Certificates

While the diplomas will be distributed at the SID the certificates of participation will be sent to each NF via e-mail by the LOC.

26. MEDICAL SERVICES

The medical service will be provided by the LOC Medical Staff according to the FIG Rules "[Medical Organization of the FIG Competitions and Events](#)".

Please review the document "Medical and anti-doping practical information" handed out at accreditation as it contains information regarding the access to medical care and mentions useful contact details in case of emergency.

The Official hospital will be:

Name: Acibadem City Clinique
Address: 1407 Sofia, 51B Nikola Vaptsarov blvd.
Tel: +35924034000

Name: N.I. Pirogov
Address: 1606 Sofia, 21 Gen. Totleben blvd.
Tel: +35929154303

The official LOC Medical Doctor will be Lubomir Petrov.

The official FIG Medical Doctor will be Dr. Mariela Sirakova, member of the FIG Anti-doping, Medical and Health Mental Commission.

IMPORTANT NOTE: in order to receive medical treatment in Bulgaria, a "guardian" must accompany any participants of minority age (i.e. 17 years old or younger) at the time of entry into Bulgaria. All NFs must therefore ensure that:

- one of their delegation members will be authorized by the Parent/Legal Guardian of the participants of minority age to serve as "guardian".
- a Letter of Consent, duly signed by the Parent/Legal Guardian, the NF and the Delegation member who will act as "guardian" is prepared. This Letter of Consent will be required for any medical treatment being administered to the participants of minority age by a medical

organization. A delegation member serving as a “guardian” has to be responsible for always carrying this Letter of Consent in order to present it when required at the hospital. Each participating NF will receive in due time this document to be completed.

27. DOPING CONTROL AND THERAPEUTIC USE EXPEMPTIONS

Anti-doping controls will be organised by the International Testing Agency (ITA) on behalf of the FIG and according to the current WADA Code, WADA International Standards and FIG Anti-Doping Rules.

The doping controls may take place at any time.

As per the applicable FIG Therapeutic Use Exemption (TUE) procedure in effect concerning the participation at FIG Events, any gymnast in need of a TUE is responsible, together with her Federation, to submit her request to the FIG no later than 30 days before the start of this competition. No TUE request will be accepted nor approved on spot, except for duly justified emergency cases. Should you need further assistance about TUE requests, please contact the FIG at antidoping@fig-gymnastics.org.

28. COVID-19 MEASURES

As the COVID-19 situation is still under observation and unstable around the world, besides the FIG medical guidelines for the particular event, FIG also still requires all the participants to follow the standard precautions.

Inside the Venue and at the training venues:

FIG requires **all participants, judges, officials and all LOC members** (i.e. **all** accredited people) to take standard precautionary measures, such as frequent hand-washing, **wearing masks or face coverings at all times** and keeping a physical distance of at least 1.5 metres whenever possible. The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete’s performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout. Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FoP and keeping a physical distance of at least 1.5 metres whenever possible.

Judges and all other persons are required to wear masks or wearing face shields at the Technical Table (judges’ table).

29. PRIZE MONEY

The following Prize Money (free of deductible taxes) will be transferred by FIG in CHF to the NFs’ bank account concerned:

Team Ranking (per Team)	Gold	CHF 5'000
	Silver	CHF 3'000
	Bronze	CHF 2'000
Individual All Around (per medalist)	Gold	CHF 5'000
	Silver	CHF 3'000
	Bronze	CHF 1'000
Individual Apparatus (per apparatus)	Gold	CHF 3'000
	Silver	CHF 2'000
	Bronze	CHF 1'000
Group All-Around competition (per Group)	Gold	CHF 10'000
	Silver	CHF 6'000
	Bronze	CHF 4'000

The following additional Prize Money/Support (free of deductible taxes) will be paid by the FIG in USD to the National Federations concerned by bank transfer at the end of the WCH:

Group All-Around Competition (per Groups)	1 st place	USD 10'000
	2 nd place	USD 6'000
	3 rd place	USD 4'000
	4 th place	USD 3'000
	5 th place	USD 3'000
	6 th place	USD 3'000

In case of a tie, the prize money/additional prize money of the respective ranking will be added and divided by the number of tied individual gymnasts or groups.

30. MEETINGS – INSTRUCTIONS – OFFICIAL FUNCTIONS

Orientation Meeting

The Orientation Meetings held exclusively in English will take place at the Arena Armeec in the Conference room at level -1. Important information concerning the detailed organization of these WCH will be given by the LOC and the FIG.

Participation is compulsory as per Technical Regulations, Section 1, Reg. 5.11. Unjustified failure to attend this meeting will result in a sanction of CHF 1'000.- against the Federation to be paid to the FIG.

Delegation representatives have to attend these meetings with a maximum of 2 accredited members per Delegation, including the Head of Delegation or his/her Representative.

Judges who wish to attend the Orientation Meeting will be part of the 2 delegation members and may not represent their country.

Judges' Instructions, Meetings, Briefings and Draw

All the judges are required to take part in the judges' instruction, briefings, draws and subsequent meetings (if any). Judges who do not participate will not be authorized to judge and will receive warnings and possibly other sanctions as well.

For competition, Judges must respect the FIG dress code (blue skirt or trousers and blue jacket, white shirt, no tank top, minimum short sleeves).

Scoring Instruction for Judges

The Swiss Timing Instruction will be held in the Judges' meeting room and on the FoP as mentioned in the general programme.

TC Meeting and Video Analysis

A continued evaluation of the judge's work will be carried out by the Members of the FIG TC. This will be done by observation and scoring by the responsible members of the Superior Juries during the competitions and by a global video analysis after the competitions. In case mistakes are established, the responsible judges will be disciplined accordingly.

31. ROUND TABLES

FIG President Round Table

Heads of Delegation, Coaches and Judges for a total of maximum 3 per Delegation are invited to participate in the Round Table presented by FIG President Morinari Watanabe.

As prior registration is required, each Federation is kindly required to send to FIG at smartinet@fig-gymnastics.org the Appendix 5 by **31 August 2022** at the very latest.

Round Table with FIG RG TC and TC Presidents of Continental Unions

The RG TC Presidents of each Continental Union have been invited to this Round Table. It will be directed by FIG RG TC, Ms. Noha Abou Shabana. The aim of the meeting is to share problems,

difficulties or issues each Continent is currently facing, for the FIG RG TC to support the development of the sport in each continent.

Round table on Medical aspects and fight against Doping

The FIG Anti-doping, Medical, and Mental Health Commission will invite to a Medical Round Table all accredited NFs' Medical doctors and Paramedical Staff, and all other delegation members interested in the medical aspects.

This Medical Round Table, presented by Dr. Mariela Sirakova is highly recommended. It is meant to provide valuable information on medical and focused on anti-doping fight and education.

As prior registration is required, each Federation is kindly required to send to FIG at smartinet@fig-gymnastics.org the Appendix 6 by **31 August 2022** at the very latest.

Athletes' Meeting

The FIG and its Athletes' Representative for Rhythmic Gymnastics, Ms. Siyana Vasileva, would like to invite athletes from all participating Federations to the Athletes' Meeting to give information on the last changes of the Rules, doping control, share ideas about the future of Rhythmic Gymnastics and give information on the new safeguarding plan adopted by FIG.

All gymnasts are more than very welcome.

Sightseeing Tour or any official function

The LOC is planning a sightseeing tour, depending on COVID-19 situation. Information will be distributed later on.

32. WELCOME DINNER

The LOC is delighted to invite FIG Authorities, Heads of Delegation and Judges to a Welcome Dinner. All information regarding this official welcome reception and the bus transport will be given during the Orientation Meeting.

Dress code: Cocktail

33. VIP LOUNGE AND ATHLETES' LOUNGE

VIP Lounge (starts its operation on 14 September) and Athletes' Lounge (starts its operation on 14 September) are located respectively on level 0 and level -1. The gymnasts can spend their free time from trainings and competitions at the Athletes' Lounge where they can enjoy themselves with some table games, wi-fi access, snacks, fruits and soft drinks.

34. MEDIA AND TV

Media representatives of FIG member federations

The FIG delivers a limited number of media credentials (max. 2 EF and 1 EFP) per federation to the communications staff of FIG member federations.

The registration timeline is **9-23 August 2022**.

Media representatives as well as federations' communications staff are requested to submit their requests for media credentials during the registration period online at <https://media.gymnastics.sport>. In addition, federations are requested to send a confirmation letter for their editorial staff and photographers to the FIG Media Department at mediafig@fig-gymnastics.org.

Late requests and incomplete registrations will not be accepted.

The FIG Accreditation Rules and Media Rules have to be strictly respected.

Media Positions

Mixed Zone

Gymnasts must exit the Field of Play through the Mixed Zone after podium training sessions and competitions. This is where journalists collect flash quotes from the competitors.

While there is no obligation for a gymnast to STOP for interviews, it is compulsory for them to pass through the mixed zone according to the FIG Technical Regulations 2022, Reg. 4.10.15.

Federations are responsible for the proper and timely appearance of their gymnasts at press and media opportunities, such as the mixed zone and press conferences. Any federation whose athletes do not appear as stated above will be fined for each infraction. The amount of the fine has been fixed by the FIG Council in 2002 at CHF 2'000.-.

Cooperation with the press is most appreciated. To assist gymnasts to talk to the press, each participating federation may ask for one Mixed Zone Card, which allows staff to accompany gymnasts on the athletes' lane of the mixed zone. The cards are distributed onsite by the FIG Media staff.

Training halls

Access to the training halls will not be authorised for the media.

Warm-up halls

Warm-up halls are a No Go Zone for the media. Access will not be authorised.

Podium training

All accredited media representatives have free access around the Field of Play during the official podium training sessions. ENR card holders are accepted with cameras.

Kiss and Cry Area (K&C)

Gymnasts are requested to go to the Kiss and Cry Area immediately after the end of their routine. The coaches are requested NOT TO STOP the gymnasts before they are seated in the K&C. One or two coaches are allowed to assist the athletes in K&C Area.

Award ceremonies

After the playing of the national anthem, gymnasts are requested to face all directions, together, to wave to the spectators and to allow photographers to take photos of all medallists.

Opening and Closing press conferences

No opening nor closing press conference are scheduled for this event.

Medallists' press conferences

No medallists' press conferences are scheduled for this event.

Publicity on Competition Attire – National Emblems

Publicity and national identification rules on attire and equipment must be strictly respected as per the FIG Competition Clothing and Advertising Rules. As the Code of Points foresees deductions should these clothing and advertising rules not be followed, each NF may fill in the online Advertising feedback form if deemed necessary by **17 August 2022** in order to have it reviewed.

Please refer to the Directives for additional information on the Publicity Rule Chart. Should you need additional information or clarification, you may contact tv@fig-gymnastics.org for further assistance.

Athletes' images for improved Sport Presentation

FIG has developed a system that allows us to use athletes profile photos for improved sport presentation during our WCH.

The images will be shown on the scoreboards and video screen in the competition hall, during the TV broadcast and on the FIG website as part of the [athletes' biographies](#).

In order for us to promote your athletes and sponsors in the best possible way, an **official and compulsory athlete photo session** for Individual and Group gymnasts will be organised during the Podium trainings.

Athletes are requested to wear their national tracksuit and any visible branding must meet the FIG Advertising Rules.

Media accommodation

Media representatives can book accommodation through the LOC in Best Western Plus Expo Hotel, located at 5.4 km from the Venue. Prices will be communicated in the revised version of this Work Plan, at the end of July

TELEVISION

Live television production of the finals is guaranteed. Competitors are requested to strictly follow the instructions of the LOC.

Cameras and video recording

In order to protect television rights, personal video or TV cameras and recording in the competition hall including from the spectators' **and delegation seating** is permitted solely for personal, private, non-commercial and non-promotional purposes, with the exclusion of licensing, broadcasting and/or publishing any such video and/or sound recordings including on social media and the internet. The only exceptions are the host broadcaster, rights holders and IRCOS cameras.

All exercises on each apparatus will be recorded in high definition by digital video cameras (IRCOS). Photos without flash may be taken from the seats in the competition hall. In the training and warm-up halls, coaches may only take photos and videos of their own gymnasts.

35. GYMNASTICS AMBASSADOR

Ms. Neviana Vladinova (BUL) has been chosen as Rhythmic Gymnastics Ambassador for these WCH by the FIG in conjunction with the LOC. She will present medals, especially the gold medal to the Individual All-Around winner. She will also be available for photo shoots and autograph sessions, meeting with athletes, interview requests and other activities on site.

36. SAFEGUARDING AND PROTECTING PARTICIPANTS IN GYMNASTICS

From the official date of arrival until the official day of departure of the event, participants (gymnasts, coaches, judges and any other delegation members) have the opportunity to contact by phone, what's up or e-mail a Safeguarding Officer in case of harassment or abuse of any type or if they are worried or do not feel comfortable.

The LOC Safeguarding Officer will be:

- Ms. Katrin Taseva and can be contacted at the number +359 896 555 325

The FIG Safeguarding Officer will be

- Syiana Vasileva and can be contacted at the number +37 254 442 282, and at the e-mail address vasileva.siyana96@gmail.com.

In addition, posters of the "10 Golden Rules of Gymnastics" – the FIG campaign to raise awareness about youth protection in Gymnastics - will be displayed in several locations, including training and warm-up halls and public zones

37. SECURITY CHECK

The security check will be made by visual recognition, by verifying the accreditation card and possible bag and body check.

38. FAN ZONE

A fan zone, where the official Ambassador of the event will give autographs and take pictures will be arranged in the Venue.

39. INFORMATION SOFIA

Ticketing

The online Tickets sale are available by clicking <https://epaygo.bg/7295018506>

Currency:

The BUL currency is the BGN (Lev)

Power supply:

Voltage 220 volts; frequency 50 Hz. An adapter might be needed.



GMT: UTC + 2 Hr

Temperature: Average minimum: 14 °C / Average maximum: 23 °C

40. SUMMARY OF REMAINING DEADLINES

For FIG

	Deadline
Definitive Registratrion	20 July 2022
Nominative Registration – Step 1 (online)	17 August 2022
Nominative Registration – Step 2 (online)	31 August 2022
Online Publicity (not compulsory) (Paper Form)	17 August 2022
Music Release Form (Paper Form)	17 August 2022
Music Release Form if changes occurred between nominative registration Step 1 and Step 2 (Paper Form)	31 August 2022
Contact details of the Head of Delegation or Representative (by e-mail)	31 August 2022
FIG President Round Table - registration	31 August 2022
FIG Medical Round Table – registration	31 August 2022

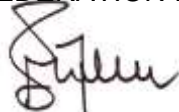
For the LOC

	Deadline
Accommodation (number of rooms)	20 July 2022
Meal Plan	20 July 2022
Visa Request – by e-mail	20 July 2022
Accommodation (names-to-rooms assignment) (online)	17 August 2022
Music Release Form – Paper Form	17 August 2022
Travel details (online)	17 August 2022
Additional ticket for Farewell Banquet (by e-mail)	17 August 2022
Photo and passport copies for Accreditation (online)	31 August 2022
Music Release Form if changes occurred between nominative registration Step 1 and Step 2 (Paper Form)	31 August 2022
Music for Individuals and for Groups	31 August 2022

Payments to the LOC

	Deadline
100% of the accommodation, meals, additional tickets for banquet costs	19 August 2022
Additional Accreditations	19 August 2022
Insufficient insurance Coverage	At accreditation
Upload of photo missing	At accreditation
Music upload not completed	At accreditation

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Nicolas Buompane
Secretary General

- Appendix 1: Individual / Group starting order for Podium training
- Appendix 2: Request for Accreditation Change for Official
- Appendix 3: Request for Accreditation withdrawal without replacement
- Appendix 4: Request for Change of Gymnast's Name
- Appendix 5: FIG President Round Table – confirmation of participation
- Appendix 6: Medical Round Table – confirmation of participation