



**2022 Aerobic Gymnastics Pan American Championship Senior, Junior and Age Group  
October 24<sup>th</sup> – 30<sup>th</sup> 2022, Cucuta, Norte de Santander, COL**

**DIRECTIVES**

**ID event: Senior 17227  
ID event: Junior 17237**

Dear PAGU affiliated Member Federations,  
The Pan American Gymnastics Union (PAGU) through the Colombian Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG and PAGU Senior and Junior Continental event.

<b>DISCIPLINE</b>	<b>Aerobic Gymnastics</b>
<b>PAN AMERICAN GYMNASTICS UNION</b>	<b>Pan American Gymnastics Union</b> Tenayuca 55, Oficina 403 Colonia Letrán Valle C.P. 03650, Alcaldía Benito Juárez Mexico City, México Tel: +52 55 8984-7848 E-mail: <a href="mailto:info@upag-pagu.org">info@upag-pagu.org</a>
<b>HOST FEDERATION</b>	<b>Colombian Gymnastics Federation</b> Tel: +573103433090 E-mail: <a href="mailto:fedecolq@yahoo.com">fedecolq@yahoo.com</a> Website: <a href="http://www.fedecolqim.co">www.fedecolqim.co</a> Contact: Jaime Corredor Tel: +573202739276 E-mail: <a href="mailto:fedecolq@yahoo.com">fedecolq@yahoo.com</a> Contact: Catalina Aguirre Telephone/Whatsapp : +573212008259 E-mail: <a href="mailto:panamaer2022@gmail.com">panamaer2022@gmail.com</a>
<b>LOCATION</b>	Cúcuta, Norte de Santander, Colombia
<b>DATES</b>	October 24-30, 2022
<b>VENUE</b>	<b>Stadium Toto Hernández</b> Av. 2 # 1 a – 75 Lleras Restrepo Neighborhood Cúcuta, Norte de Santander
	  

<b>APPARATUS</b>	Please refer to the attached apparatus list.
<b>RULES AND TECHNICAL REGULATIONS</b>	<p>The event will be organized according to the following FIG rules, as valid in the year of the event, and PAGU Technical Regulations:</p> <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Code of Ethics</li> <li>• Code of Conduct</li> <li>• Technical Regulations</li> <li>• Code of Discipline</li> <li>• Code of Points and relevant Newsletters / Helpdesk</li> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules for Aerobic Gymnastics</li> <li>• Anti-doping Control Rules</li> <li>• Medical organization of FIG competitions and events</li> <li>• FIG Framework for safeguarding athletes and other participants from harassment and abuse in sport during events</li> <li>• License Rules</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Rules for sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> <li>• Regulations for Award Ceremonies</li> <li>• Accreditation Rules</li> </ul> <p><i>and subsequent decisions made by FIG and PAGU Executive Committee.</i></p>
<b>INVITED FEDERATIONS</b>	The Pan American Gymnastics Union invites all Federations affiliated to the PAGU and the FIG and which are up to date in their obligations.
<b>AGES</b>	<p><b>Seniors:</b> 18 years old and older  <b>Junior:</b> 15–17 years old  <b>Age Group:</b> 12–14 years old  *as of <i>December 31, 2022</i>  <b>All gymnasts must have a valid FIG license until the end of the event.</b></p>
<b>JURY AND JUDGES</b>	<p><b>All judges must have a current valid FIG brevet at the time of the event.</b>  Each Federation must send 2 judges and shall evaluate in all phases of the competition.  If one delegation sends a maximum of 5 units, only 1 judge with FIG brevet will be required. Federations with PAGU TC member may register him in addition to the judges of his Federation.  The fine for failing to participate with the required judges is <b>USD\$1,000.00</b> per missing judge. This fine must be paid to PAGU by <b><u>24 August 2022</u></b> at the latest and it does not apply to those Federations that do not have FIG brevet judges and that this is the first cycle in which they participate in PAGU competitions.</p>

	<p>The National Federation must inform PAGU in advance (at the time of the definitive registration) to allow the appointment of an invited neutral judge.</p> <p>The judges' panel will have at least:</p> <ul style="list-style-type: none"> <li>4 Artistic Judges</li> <li>4 Execution Judges</li> <li>2 Difficulty Judges</li> <li>1 Chair Judge</li> <li>2 Line Judges</li> <li>1 Time Judge</li> </ul>								
<p><b>REGISTRATION DEADLINES</b></p>	<table border="1"> <tr> <td data-bbox="456 701 805 737">Definitive registration</td> <td data-bbox="812 701 1138 737">24 August 2022</td> <td data-bbox="1138 701 1461 737"><a href="mailto:info@upag-pagu.org">info@upag-pagu.org</a></td> </tr> <tr> <td data-bbox="456 737 805 772">Nominative registration</td> <td data-bbox="812 737 1138 772">26 September 2022</td> <td data-bbox="1138 737 1461 772"><a href="mailto:info@upag-pagu.org">info@upag-pagu.org</a></td> </tr> </table>	Definitive registration	24 August 2022	<a href="mailto:info@upag-pagu.org">info@upag-pagu.org</a>	Nominative registration	26 September 2022	<a href="mailto:info@upag-pagu.org">info@upag-pagu.org</a>		
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<p><b>ENTRIES</b></p>	<p>The entry fee for this event is <b>USD\$50.00</b> per gymnast and category and must be paid to Local Organizing Committee (LOC) by <b>24 August 2022</b> at the latest. Entry fees will be valid only if they are sent to PAGU through member Federations, the corresponding deposits are attached, and forms are filled in with the required information.</p> <p>Untimely entries will not be valid, and the participation will not be permitted.</p> <p>A gymnast can only take part on 3 categories, according to FIG Technical Regulations, Section 1, Art. 4.4, pt 6.</p> <p><b>Note:</b> Gymnasts registered in the Pan American Championship can also participate in the Club Pan American Cup, provided they make the respective registration and payment.</p> <p>There will be only one competition for Qualifications and for Finals. The scores will be taken into consideration for both, the Pan American Championship and the Club Pan American Cup respectively.</p>								

<b>DELEGATION SIZE</b>	The maximum number of persons per official delegation is as follows:			
	<b>Function</b>	<b>Senior</b>	<b>Junior</b>	<b>AG</b>
	Gymnasts/units			
	Individual Women	4	4	4
	Individual Men	4	4	4
	Mixed Pair	4	4	4
	Trio	4	4	4
	Group	4	4	4
	Aero Dance	4	4	4
	Aero Step	4	0	0
	Coaches	1 if participating with 1 unit 2 if they participate with 2-7 units 3 if they participate with 8-15 units 4 if they participate with 16-20 units 5 if they participate with 21 units or more		
	Medical personnel		1	
	Judges		2	
	Head of Delegation		1	
	<p>Accreditation cost for additional delegation members is <b>USD\$100.00</b> per person and must be paid to Local Organizing Committee by <b>24 August 2022</b> at the latest.</p> <p>Only the following persons will be entitled to receive an additional accreditation: Coach, Doctor, Physiotherapist, Team Manager and third judge (different from the PAGU TC Member).</p> <p>The accreditation for the third judge has no additional cost.</p>			
<b>ACCREDITATION</b>	<p>Along with the Nominative registration all Federations must send a copy of the passport and a photograph for each member of the delegation. These documents shall be sent via email to:  <a href="mailto:info@upag-pagu.org">info@upag-pagu.org</a> (only passports)  <a href="mailto:panamaer2022@gmail.com">panamaer2022@gmail.com</a></p> <p>Requirements for each photo:</p> <ul style="list-style-type: none"> <li>• File format: JPEG</li> <li>• Dimensions: min 210 x 270 pixels; max 420 x 540 pixels</li> <li>• 3.5 width x 4.5 cm high</li> <li>• File size: maximum 1 MB</li> <li>• White background</li> </ul> <p>Each document must be identified with the Country Code, Last name, Name, Age Group, Category and Function of each member.  Example: COL_FERNANDEZ_Ana_Junior_IF_Gymnast</p> <p>These documents must be sent no later than <b>26 September 2022</b>.</p>			

	<p>In case of not sending the photograph as requested, the Local Organizing Committee can take the photograph during the accreditation and will have an additional cost of <b>USD\$10.00</b> for each one.</p> <p>In case of theft or loss of the accreditation, it must be informed immediately to the Local Organization Committee for the cancellation of the accreditation. The replacement of stolen or lost accreditation will cost <b>USD\$50.00</b> to be covered by the accreditation holder.</p> <p>Accreditation will be distributed upon arrival at the accreditation desk.</p> <p>More information on the access zones for each accreditation will be given in the Work Plan.</p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>
<b>EVENT FORMAT</b>	<p>The Pan American Championship consists of two phases: Qualifications and Finals in all categories and age groups.</p> <p><b>Disciplines:</b>  senior: IM, IW; MP, Trio, GR, AD, AS  Junior: IM, IW; MP, Trio, GR, AD, AS  AG: IM, IW; MP, Trio, GR, AD</p> <p><b>Qualification</b>  A maximum of 4 gymnasts/units are allowed to participate per Federation on each category and age group.</p> <p><b>Finals</b>  The highest ranked eight (8) gymnasts/units per category and age group will qualify to finals (maximum 2 per Federation).  In case of a tie that cannot be broken, a second draw will be held for the tied positions, right after the Qualification competition.  If the Organizing Federation failed to qualify at least one gymnast/unit in an age group, it may have a "wild card" with a gymnast/unit in the category they choose on that specific age group, provided they participated in the Qualifications phase.  Therefore, the maximum number of gymnasts/units during the Finals is 8+1 in one category and 8 gymnasts/units on the remaining categories.  The gymnast/unit with the "wild card" may be awarded a medal.</p> <p><b>Team Ranking (in each age group)</b>  In order to participate on Team Ranking, Federations must be represented by at least one unit in 4 different categories during the qualifying round in:</p> <ul style="list-style-type: none"> <li>• Aerobic Gymnastics in Senior, Junior and AG: Individual Men and/or Individual Women, Mixed Pair, Trio, Group.</li> <li>• Aero Dance and/or Aero Step for Seniors.</li> <li>• Aero Dance for Junior and AG.</li> </ul>

	<p>Team Ranking will be established by the sum of the top 5 places in Senior, the top 4 places in junior and of the top 4 places in AG as follows:</p> <p><u>Senior</u></p> <ul style="list-style-type: none"> <li>• the 4 best places from Aerobic Gymnastics: Individual Men or Individual Women, Mixed Pair, Trio, Group</li> <li>• the best place in Aero Dance or Aero Step</li> </ul> <p><u>Junior</u></p> <ul style="list-style-type: none"> <li>• the 3 best places in Aerobic Gymnastics: Individual Men or Individual Women, Mixed Pair, Trio, Group</li> <li>• the place in Aero Dance</li> </ul> <p><u>AG</u></p> <ul style="list-style-type: none"> <li>• the 3 best places in Aerobic Gymnastics: Individual Men or Individual Women, Mixed Pair, Trio, Group</li> <li>• the place in Aero Dance</li> </ul> <p>The top 5 places in Senior, the top 4 places in Junior or the top 4 places in AG of each Team will turn into points according to their placement during Qualifications; for example, 1<sup>o</sup> place = 1 point, 2<sup>o</sup> place = 2 points, etc. = 2 puntos, etc.</p> <p>The Federation with the lowest number of points will be declared Pan American Team Champion.</p> <p>Medals will be awarded to the best place on each category registered by the winner Teams for Team Ranking, even if they failed to contribute points to the final Team sum.</p> <p>Delegations must inform their team composition for Senior, Junior and AG (1 Individual Men and/or Individual Women, 1 Mixed Pair, 1 Trio, 1 Group, 1 Aero Dance and/or Aero Step) at the moment of the Nominative Registration</p>
<b>AWARDS</b>	<p>The best 3 places on each category and age group (Senior, Junior, AG) will receive a medal and diploma.</p> <p>The tie breaking rules provided in the PAGU Technical Regulations will be applied.</p> <p>Senior Category: Ties breaking rules as per FIG Regulations will be applied Junior and Age Group category: Ties will not be broken</p> <p>The scores obtained in the Qualification phase will be used to determine the Team Ranking (as long as the Federation register at least 4 different categories per age group).</p> <p>Medals and diplomas will be presented to the members of the best 3 Teams per age group, including two official coaches designated by their Federation.</p> <p>All members of the delegation will receive a certificate of participation.</p>
<b>PROVISIONAL SCHEDULE</b>	<p><b>Monday 24/October</b></p> <p>All day           Arrival of PAGU authorities                           Arrival of delegations</p>

	<p>Delegations registration  Limited trainings upon previous request  Delegates' Technical Meeting</p> <p><b>Tuesday 25/October</b>  Judges Briefing  Podium Training</p> <p><b>Wednesday 26/October</b>  Opening Ceremony  Qualification Competition</p> <p><b>Thursday 27/October</b>  Qualification Competition</p> <p><b>Friday 28/October</b>  Qualification Competition</p> <p><b>Saturday 29/October</b>  Finals Competitions  Awards Ceremonies</p> <p><b>Sunday 30/October</b>  All day Departure of Delegations and PAGU authorities</p>
<b>DEFINITIVE SCHEDULE</b>	A detailed program of activities with final schedule will be sent to the National Federations after the close of the definitive registration.
<b>MEDICAL SERVICE</b>	The Local Organizing Committee will provide first aid services and ambulance at the competition and training sites during the official activities.
<b>COVID-19</b>	<p>Due to local government policy, the recommendations of the PAGU COVID commission, the security of each of the delegations and taking into account the current situation of the country and the pandemic, delegations will only be allowed to stay and take their meals in the official hotels provided by the organization.</p> <p>During the trainings and competition periods all participants are allowed to circulate only in the assigned spaces for the event.</p> <p>Besides the medical guidelines for the particular event, the FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 meters whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible, and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and must keep a physical distance of at least 1.5 meters whenever possible.</p>

	<p><b>Additional information will be included in the Work Plan that will be sent to the Federations prior to the event.</b></p>
<b>VISA</b>	<p>Please verify immediately with your travel agency, Colombian Embassy or Consulate in your country if a visa is required for your travel to Colombian. The Local Organizing Committee will be happy to assist each member of the Delegation by sending an official invitation letter, provided that this request is made no later than <b><u>26 September 2022</u></b>.</p> <p>This request must include the function, full name, gender, date of birth, citizenship, passport number, passport's expiration date, arrival and departure dates of the Delegation's member, as well as the city the official invitation letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation, the Local Organizing Committee ("LOC"), the PAGU and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresees that all participating Federations are responsible for making their own arrangements needed to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p><b>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance.</b></p> <p>For additional information on FIG IMSSA Insurance for Athletes and Judges, please visit <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a></p> <p>The LOC will verify the insurance upon arrival of the delegations (e.g., copy of valid insurance policy). Delegation members with insufficient insurance coverage must inform the LOC in advance, but no later than <b><u>26 September 2022</u></b>.</p> <p>The LOC will offer insurance at the Federations own charge as follows: <b>USD\$80.00</b> per person per day, for the official days of the event.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The Federations invited to participate must cover the international transportation costs of the members of their delegation.</p> <p><b>International Airport of arrival</b>  "Camilo Daza" International Airport of the City of Cúcuta  IATA Code: CUC</p> <p>The Travel Itinerary Form must be returned to the LOC by <b><u>26 September 2022</u></b> at the latest.</p>
<b>LOCAL TRANSPORTATION</b>	<p>Local transportation to and from the airport will be provided for all delegations. The Local Organizing Committee will provide local transportation from the airport to the hotel and vice versa, only on the official arrival day, Monday, October 24</p>

and on the official departure day, Sunday, October 30 (except for PAGU representatives arriving or departing on different days). Delegations arriving or returning on unofficial days may contact the Local Organizing Committee ([panamaer2022@gmail.com](mailto:panamaer2022@gmail.com)) to arrange transportation to their lodging (hotels) or to the airport at a cost of **USD\$15.00** per person per trip (airport-hotel or hotel-airport). The request must be submitted and paid no later than **26 September 2022**. The Local Organizing Committee will provide transportation from the hotels to the competition and training facilities and vice versa, for all duly accredited members of the delegation and according to the official program of activities.

**ACCOMMODATION AND MEALS**

**OFFICIAL HOTEL**

**OPTION 1 \*\*\*\***

Occupation	Prices per night, per person	Includes (per person)
Single	USD\$105.00	1 breakfast, 1 lunch, 1 dinner
Double	USD\$85.00	1 breakfast, 1 lunch, 1 dinner

**OPTION 2 \*\*\***

Occupation	Prices per night, per person	Includes (per person)
Single	USD\$95.00	1 breakfast, 1 lunch, 1 dinner
Double	USD\$85.00	1 breakfast, 1 lunch, 1 dinner
Triple	USD\$75.00	1 breakfast, 1 lunch, 1 dinner
Quadruple	USD\$65.00	1 breakfast, 1 lunch, 1 dinner

\*Hotel recommended by the organization.

**OPTION 3 \*\*\***

Occupation	Prices per night, per person	Includes (per person)
Single	USD\$85.00	1 breakfast, 1 lunch, 1 dinner
Double	USD\$70.00	1 breakfast, 1 lunch, 1 dinner
Triple	USD\$65.00	1 breakfast, 1 lunch, 1 dinner

The meals service starts the with lunch on the arrival day and finishes with the breakfast on the departure day.

Prices charged for the hotel rooms will not exceed the usual hotel rates.

While the Accommodation Form must be returned to the Local Organizing Committee no later than **24 August 2022**, the hotel rooms will be distributed in the order in which the applications and payments are received.

	<p>The participating Federations must cover the accommodation and/or meals expenses of their delegation members. 50% of the lodging/food costs must be paid to the Local Organizing Committee no later than <b><u>24 August 2022</u></b>. The remaining 50% must be paid no later than <b><u>26 September 2022</u></b>.</p> <p>Note: Rooms and prices cannot be guaranteed if requests and/or payments are received after the deadlines.</p>						
<p><b>CANCELLATION POLICY</b></p>	<p>Cancellation policy: The PAGU and the Local Organizing Committee strongly recommend that each Federation take cancellation insurance for their accommodation and meals reservation.</p> <table border="1" data-bbox="456 1031 1463 1142"> <thead> <tr> <th data-bbox="456 1031 976 1066">Date of cancellation</th> <th data-bbox="976 1031 1463 1066">Reimbursement for cancellation</th> </tr> </thead> <tbody> <tr> <td data-bbox="456 1066 976 1102">From September 17<sup>th</sup> to 26<sup>th</sup>, 2022</td> <td data-bbox="976 1066 1463 1102">30%</td> </tr> <tr> <td data-bbox="456 1102 976 1142">After September 26, 2022</td> <td data-bbox="976 1102 1463 1142">No reimbursement</td> </tr> </tbody> </table>	Date of cancellation	Reimbursement for cancellation	From September 17 <sup>th</sup> to 26 <sup>th</sup> , 2022	30%	After September 26, 2022	No reimbursement
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After September 26, 2022	No reimbursement						
<p><b>BANK INFORMATION</b></p>	<p><b>Intermediary Bank:</b> BANCOLOMBIA Code SWIFT: COLOCOBM Address: street 30 # 6-75 Mezzanine Torre Sur, Bogotá Country: Colombia</p> <p><b>Name of the final beneficiary:</b> Federación Colombiana de Gimnasia Account number: 35869092595 Address: Transversal 21 BIS # 60-358, Bogotá Country: Colombia</p> <p>The participating federation is responsible for covering the fees related to bank transfers.</p> <p>Each participating Federation is requested to make the payment to the LOC only after receiving the corresponding invoice. The respective Federation must send the payment reference as follows: <b>Country - Event - #Invoice</b>.</p>						
<p><b>MARKETING MEDIA</b></p>	<p>FIG advertising and publicity norms must be respected.</p> <p>The media representatives, as well as the communications staff of the federations who are interested in covering the event, may apply for registration to PAGU (<a href="mailto:info@upag-pagu.org">info@upag-pagu.org</a>) no later than <b><u>26 September 2021</u></b>.</p>						

	In addition, the National Federations are asked to send a confirmation letter to PAGU.																																		
<b>SOCIAL MEDIA</b>	<p>Information about the event will be posted on the following sites:  <b>Federación Colombiana de Gimnasia</b>  Facebook: <a href="https://www.facebook.com/fedecoljim2">https://www.facebook.com/fedecoljim2</a>  Twitter: @fedecoljim  YouTube:  <a href="https://m.youtube.com/channel/UCpOjuEM46FLQ_j_CwnNff2A/featured">https://m.youtube.com/channel/UCpOjuEM46FLQ_j_CwnNff2A/featured</a>  Instagram: @fede.coljim</p> <p><b>UPAG</b>  Instagram: @upagpagu  Twitter: @UPAG_PAGU  Facebook: UPAG.PAGU.ORG</p>																																		
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<b>ADDITIONAL INFORMATION</b>	<p><b>AER Music</b>  While the LOC guarantees respect for copyright and the dissemination of musical works, each National Federation must verify that the music of its Aerobic Gymnastics athletes does not infringe any copyright and that can be disseminated in the media.</p>																																		

	<p>This confirmation must be done along with the nominative registration, no later than <b>26 September 2022</b>. Each Federation will be asked to report on the duration, composer, artist and title of the music to be used for each exercise. Along with this information, the Federation must send via e-mail to the LOC the music (mp3 format) of each of the gymnasts/units, duly identified. Example: COL_SENIOR_IF_PEREZ_Juana</p> <p>MP3 music and the music form should be sent to: panamaer2022@gmail.com</p>
<p><b>ADDITIONAL INFORMATION</b></p>	<p>During the registration the Heads of Delegation must present the following documents:</p> <ul style="list-style-type: none"> <li>▪ Passport of each delegation member</li> <li>▪ Proof of medical coverage of all delegation members</li> <li>▪ The music for each routine (gymnast/unit) in mp3 format (pen drive)</li> <li>▪ National Anthem</li> <li>▪ Flag of the country</li> </ul>

Sincerely yours,



Patricia Diéguez  
PAGU Secretary General





Jaime Eduardo Corredor Segura  
President of the Colombian Gymnastics Federation

Mexico City, Mexico  
August 29th 2022