



**24<sup>th</sup> HAPPY CUP 2022**  
***International Tournament in Rhythmic Gymnastics***  
**Ghent, BELGIUM**  
**11-13 / 11 / 2022**



## DIRECTIVES

**Event ID: 17231**

Dear friends,

HAPPY GYM BELGIUM has the pleasure to invite your federation / club to participate in the aforementioned official International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>FEDERATION ROYALE BELGE DE GYMNASTIQUE</b> Mrs. Sylvie Ronsse Roodebeeklaan, 44 B-1030 Brussel Tel: + 32 2 234 38 38 Fax: + 32 2 230 06 69 E-mail: <a href="mailto:info@kbt-frbg.be">info@kbt-frbg.be</a> Website: <a href="http://www.frbg-kbt.be">www.frbg-kbt.be</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>HAPPY GYM</b> Mr. Edwin DE BACKER Moortelputstraat, 32 B-9031 GHENT – BELGIUM Tel: +32 – 9 – 281.02.22 Fax: +32 – 9 – 233.30.22 E-mail: <a href="mailto:happycup.rq@gmail.com">happycup.rq@gmail.com</a> Website: <a href="http://www.happyqym.be">www.happyqym.be</a>
<b>LOCATION</b>	<b>GHENT - BELGIUM</b>
<b>DATE</b>	<b>11-13 / 11 / 2022</b>
<b>VENUE</b>	<b>SPORTHAL “KEISKANT”</b> Keiskantstraat, 3 B- 9031 Gent - BELGIUM Tel.: +32 - 9 - 226.06.56 Fax: +32 - 9 - 236.12.89 
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"><li>• Statutes</li><li>• Code of Ethics</li><li>• Code of Conduct</li><li>• Technical Regulations</li><li>• Code of Discipline</li></ul>

	<ul style="list-style-type: none"> <li>• Code of Points and relevant Newsletters</li> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules</li> <li>• Anti-Doping Rules</li> <li>• Licence rules (except for non competitive events)</li> <li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>• FIG Medical Guidelines for FIG Competitions and Events</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Rules for Sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> <li>• Regulations for Award Ceremonies</li> <li>• Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>							
<b>PROVISIONAL SCHEDULE</b>	<p>10.11.2022: Arrival day of the delegations and meeting of the delegations</p> <p>11.11.2022: Judges meeting and drawing of lots Qualification (2 apparatus)</p> <p>12.11.2022: Qualification (2 apparatus)</p> <p>13.11.2022: Touristic visit of the city Ghent Judges meeting and drawing of lots Finals per apparatus (13.30h) Final Banquet (21h)</p> <p>14.11.2022: Departure of the delegations</p>							
<b>EVENT FORMAT</b>	<p><b>Individual Competition</b></p> <p><u>Qualification All-Round (Junior &amp; Senior):</u> All individual gymnast have to participate in the qualifications. In case of a tie at any place, the tie-breaking rules as set up to the Technical Regulation Section 3 Art. 7</p> <p><u>Apparatus Final</u> The best 6 gymnasts of the Qualifications on each of the 4 apparatus of the program are designated to participate in the Individual Apparatus Final. Maximum 1 gymnast per country per final.</p>							
<b>FEDERATIONS INVITED</b>	<p>The Organizing Member Federation will invite all Member Federations according to the following principles: all FIG member federation in good standing.</p> <p><b>Delegation:</b> The maximum size of the invited delegation is as follows:</p> <table border="1"> <tr> <td>Gymnasts</td> <td>4</td> <td rowspan="3">Preferably in different categories  Compulsory</td> </tr> <tr> <td>Coach</td> <td>1</td> </tr> <tr> <td>Judge</td> <td>1</td> </tr> </table>	Gymnasts	4	Preferably in different categories  Compulsory	Coach	1	Judge	1
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Coach	1							
Judge	1							
<b>ACCREDITATION</b>	In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.							
<b>AGE LIMITS</b>	<p>Junior: 2007-2008-2009 (13-15 years old) Senior: 2006 and older (from 16 years old)</p> <p><b>All gymnasts must have a valid FIG licence until the end of the event.</b></p>							
<b>JUDGES AND JURIES</b>	<p><b>All judges must have a valid certificate (XV cycle) in the respective discipline.</b></p> <p>The participating member federations must send minimum 1 qualified judge if they participate with individual gymnasts. Priority will be given to the highest categories.</p>							

	The Organizing Member Federation will apply a fine of <b>100 EUR</b> per missing judge (to be paid to the LOC by 31 October 2022) should a federation fail to bring the required number of judges or judges without the requested qualification (brevet).
<b>REGISTRATION DEADLINE</b>	ONLINE REGISTRATION VIA: <a href="http://ksis - Scripting, Registration &amp; Scoring System (rgform.eu)">ksis - Scripting, Registration &amp; Scoring System (rgform.eu)</a> Preliminary inscription: <b>01.10.2022</b> Definitive inscription: <b>15.10.2022</b>
<b>ENTRY FEES</b>	The Entry fee for this event will be <b>50,00 EUR / gymnast</b> (non-refundable)
<b>ACCOMMODATION</b>	<p><b>HOTEL HOLIDAY INN EXPO</b></p>   <p>The hotels' prices are <b>per person</b> and <b>per night</b>, including breakfast.</p> <ul style="list-style-type: none"> <li>- Triple room: 60,00 EUR (limited number of rooms)</li> <li>- Double room: 60,00 EUR</li> <li>- Single room: 110,00 EUR</li> </ul> <p><i>(these rates are only valid for 4 nights from Thursday 10 November until Monday 14 November 2022)</i></p> <p><b>Extra persons</b> must pay the price mentioned above <b>+25,00 EUR per day</b></p> <p>There is a <b>tourism tax</b> (2,83€) to be paid per person (from 18y.o) per night.</p> <p>The invited participating delegations must pay for the accommodation expenses of their own delegation members.</p> <p>The costs for the accommodations must be paid to the LOC by bank transfer before <b>15 October 2022</b>.</p> <p style="text-align: center;">Beneficiary name: HAPPY GYM vzw Bank name: ING België NV IBAN: BE69 6305 1018 3178 BIC: BBRUBEBB</p> <p>Cancellations or changes in the delegation should be notified to the LOC before <b>20.10.2022</b>. Afterwards all costs must be paid and accommodation cannot be guaranteed.</p> <p>While the <b>Accommodation Form</b> must be returned to the LOC by <b>15.10.2022</b> at the very latest, the hotel rooms will be allocated on a "first come, first serve" basis.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. Proof of payment must be shown to the LOC upon arrival.</p> <p><b>All delegations must stay in the official hotel of this event, to make it possible to organise the transport and meals.</b></p>
<b>MEALS</b>	<p><i>Breakfast</i> is included in the accommodation expenses (also for extra persons).</p> <p><i>Lunch</i> will be provided by the organizers in the hotel on Friday, Saturday and Sunday (only for gymnasts, coaches and judges and only if hotel reservations are made through the LOC).</p>

	<p><i>Dinner</i> will be provided by the organizers in the competition hall on Friday and Saturday (only for gymnasts, coaches and judges and only if hotel reservations are made through the LOC)</p> <ul style="list-style-type: none"> <li>- <u>Thursday</u>: Dinner-boxes can be ordered; Costs: <b>€ 8,50</b> per box. Form must be returned by <b>15.10.2022</b></li> </ul> <p>The LOC can provide lunch (€25,00) and dinner (€15,00) for other/extra persons (if hotel reservations are made through the LOC). The costs of the meals are per person and per meal.</p> <p>The <b>Meals Form</b> must be returned to the LOC by <b>15.10.2022</b> at the very latest.</p>						
<b>FINAL BANQUET</b>	<p>The banquet will be held on Sunday after the finals and is free of charge for the participants / delegation (gymnasts, coach, judge). Extra persons can buy tickets at the price of <b>€ 25,00</b> per person. The tickets for the Final Banquet must be paid to the LOC by <b>15 October 2022</b>.</p>						
<b>INTERNATIONAL TRANSPORT</b>	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The <b>Travel Schedule Form</b> must be returned to the LOC by <b>15.10.2022</b></p>						
<b>LOCAL TRANSPORT</b>	<table border="1" data-bbox="476 848 1475 1763"> <tr> <td data-bbox="476 848 928 1066"><b>Arrival at the Railway Station Ghent-Sint-Pieters:</b></td><td data-bbox="928 848 1475 1066">Representatives of the organizing committee will meet your delegation at Ghent train station on Thursday 10.11.2022. The costs are at charge of the LOC.</td></tr> <tr> <td data-bbox="476 1066 928 1403"><b>Arrival at Brussels International Airport (Zaventem):</b></td><td data-bbox="928 1066 1475 1403"> <p>For the arrival on Thursday 10.11.2022 or sooner, the local transportation costs will be covered by the LOC for minimum 4 persons.</p> <p>There is also a direct railway line (<a href="https://www.belgiantrain.be/en">https://www.belgiantrain.be/en</a>) to Ghent Sint-Pieters where the LOC can pick you up.</p> </td></tr> <tr> <td data-bbox="476 1403 928 1763"><b>Arrival at Brussels South Airport (Charleroi):</b></td><td data-bbox="928 1403 1475 1763"> <p>The LOC can organise the transport (90 minutes from Ghent) at a charge of 15 EUR per person per ride (minimum 4 persons).</p> <p>There is a shuttle bus service – <a href="http://www.flibco.com">www.flibco.com</a> Nine shuttles per day are organised from/to Ghent Train station.</p> </td></tr> </table> <p>The LOC will take in charge transportation costs for all (minimum 4) accredited people from the hotel to the competition hall (and vice – versa).</p> <p>The LOC will organise the local transportation <b>only if hotel reservations are made through the LOC</b>.</p>	<b>Arrival at the Railway Station Ghent-Sint-Pieters:</b>	Representatives of the organizing committee will meet your delegation at Ghent train station on Thursday 10.11.2022. The costs are at charge of the LOC.	<b>Arrival at Brussels International Airport (Zaventem):</b>	<p>For the arrival on Thursday 10.11.2022 or sooner, the local transportation costs will be covered by the LOC for minimum 4 persons.</p> <p>There is also a direct railway line (<a href="https://www.belgiantrain.be/en">https://www.belgiantrain.be/en</a>) to Ghent Sint-Pieters where the LOC can pick you up.</p>	<b>Arrival at Brussels South Airport (Charleroi):</b>	<p>The LOC can organise the transport (90 minutes from Ghent) at a charge of 15 EUR per person per ride (minimum 4 persons).</p> <p>There is a shuttle bus service – <a href="http://www.flibco.com">www.flibco.com</a> Nine shuttles per day are organised from/to Ghent Train station.</p>
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<b>CITY TOUR</b>	Depending on the COVID-rules we hope to be able to organise the city tour this year.		
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Belgian Embassy or Consulate in your country if a visa is required for your travel to Belgium. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, if the request is made before <b>01.10.2022</b> to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>		
<b>INSURANCE</b>	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresees that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay</p> <p>Delegation members with insufficient insurance cover must inform the LOC in advance. The OC will subsequently offer insurance at the Federations own charge as follows: 10 EUR per person/day.</p>		
<b>FINANCIAL OBLIGATIONS</b>	Federations which have not fulfilled their financial obligations towards the Local Organizing Committee by the given deadline in the invitation, may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.		
<b>BANK ACCOUNT INFORMATION</b>	<p>Beneficiary name: HAPPY GYM vzw        Bank name and address: ING België NV – Marnixlaan, 24 – 1000 Brussels        IBAN: BE69 6305 1018 3178        BIC: BBRUBEBB</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: <b>RG HAPPY CUP 2022 – BELGIUM</b>.</p> <p>The participating Federation is responsible for covering all bank fees in connection with the bank transfers.</p>		
<b>EVENT MANAGER</b>	Mr. Edwin De Backer (President of the LOC)		
<b>MEDICAL SERVICES</b>	<p>First Aid (EHBO)</p> <p><u>Nearest Hospital:</u>        AZ JAN PALFIJN        Watersportbaan, 5 – 9000 Gent        Tel.: +32 – 9 – 224 71 11        E-mail: <a href="mailto:info@janpalfijngent.be">info@janpalfijngent.be</a></p>		

<b>CANCELLATION POLICY</b>	Cancellations or changes in the delegation must be notified to the LOC before <b>15.10.2022</b> . Afterwards all costs must be paid and accommodation cannot be guaranteed. No refund possible if later arrival or early departure.																						
<b>COVID-19</b>	Besides the medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions. The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 meters whenever possible. The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout. Directives 3 / 4 Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 meters whenever possible.  You can find all actual information with Covid-19 at the following link: Guidelines Belgian government: <a href="https://www.info-coronavirus.be/en/faq/">https://www.info-coronavirus.be/en/faq/</a>																						
<b>MUSIC</b>	Music's (mp3) must be send no later than 15.10.2022 to <a href="mailto:happycup.rq@gmail.com">happycup.rq@gmail.com</a>																						
<b>DEMO GALA</b>	On Sunday November 14 <sup>th</sup> 2022, after all finals and before the price ceremony, there will be a small Demonstration Gala. Gymnasts are welcome to present 1 short exhibition (max. 3 min). Clubs can let us know by e-mail ( <a href="mailto:happycup.rq@gmail.com">happycup.rq@gmail.com</a> ) before <b>20.10.2022</b> .  It is possible we will not be able to accept all demonstrations due to the time limit (max. 10 demonstrations, including the demonstration of the organizing club).																						
<b>DEADLINES SUMMARY</b>	<table border="1"> <tr> <td><b>Preliminary Registration</b></td><td><b>1 October 2022</b></td></tr> <tr> <td><b>Definitive &amp; Nominative Registration</b></td><td><b>15 October 2022</b></td></tr> <tr> <td>Visa Request Form</td><td><b>1 October 2022</b></td></tr> <tr> <td>Accommodation Form</td><td><b>15 October 2022</b></td></tr> <tr> <td>Meals Form</td><td><b>15 October 2022</b></td></tr> <tr> <td>Payment of the Entry Fee</td><td><b>15 October 2022</b></td></tr> <tr> <td>Payment of the Accommodation Costs</td><td><b>15 October 2022</b></td></tr> <tr> <td>Payment of the Meals</td><td><b>15 October 2022</b></td></tr> <tr> <td>Travel Schedule Form</td><td><b>15 October 2022</b></td></tr> <tr> <td>Payment of the Final Banquet (extra persons)</td><td><b>20 October 2022</b></td></tr> <tr> <td>Payment of the fine for missing Judge</td><td><b>11 November 2022</b></td></tr> </table>	<b>Preliminary Registration</b>	<b>1 October 2022</b>	<b>Definitive &amp; Nominative Registration</b>	<b>15 October 2022</b>	Visa Request Form	<b>1 October 2022</b>	Accommodation Form	<b>15 October 2022</b>	Meals Form	<b>15 October 2022</b>	Payment of the Entry Fee	<b>15 October 2022</b>	Payment of the Accommodation Costs	<b>15 October 2022</b>	Payment of the Meals	<b>15 October 2022</b>	Travel Schedule Form	<b>15 October 2022</b>	Payment of the Final Banquet (extra persons)	<b>20 October 2022</b>	Payment of the fine for missing Judge	<b>11 November 2022</b>
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<b>ADDITIONAL INFORMATION</b>	At the time of this tournament, there will be held a competition for younger gymnasts (age categories: 2010-2013) and non-fig juniors and seniors. For more information contact organizing committee.																						

The organising committee hopes to see you in Ghent,

Approved by the Royal Belgian Gymnastics Federation

Signature of Co-Présidents of the FEDERATION ROYALE BELGE DE GYMNASTIQUE

  
Jacqueline Quirin-Herbrand

  
Peter Frederickx

