



**FIG Apparatus World Cup
Cairo, Egypt
27-30 April 2023**



DIRECTIVES

Dear FIG affiliated Member Federation,


Following the decision of the FIG Executive Committee, the Gymnastics Federation of **Egypt** has the pleasure to invite your Federation to participate in the aforementioned official FIG Apparatus World Cup.

FIG	Fédération Internationale de Gymnastique (FIG) Contact Person : Stéphane Détraz Avenue de la Gare 12 A 1003 Lausanne Switzerland Tel : +41 (0)21 321 55 10 / Direct +41 (0)21 321 55 33 Fax: +41 (0)21 321 55 19 e-mail : sdetraz@fig-gymnastics.org website: www.fig-gymnastics.com
HOST FEDERATION	Egyptian Gymnastics Federation Elestade el bahary street, Olympic feds. Building , Nasr City, Cairo, Egypt Tel:+201277710716 Fax:+224025027 e-mail: egypt@egyptgymnastics.com website: www.egyptgymnastics.com
ORGANIZING COMMITTEE	Contact person: Abdallah Mahmoud Address: Elestade el bahary street, Olympic feds. Building , Nasr City Tel:+201277710716 e-mail: abdallah1997mahmoud@gmail.com
LOCATION	Cairo , Egypt
DATES	27-30 April 2022
VENUE	Cairo International Stadium Mamdouh Salem Street ,Al Estad, Nasr City, Cairo Governorate, Egypt Tel: 002 02 22607863 Web site: http://www.cairo-stadium.org.eg
APPARATUS SUPPLIER	A detailed list of Gymnova equipment to be used for this FIG Apparatus World Cup will be published on the FIG web site. For training, warm-up and competition identical apparatus will be used.
RULES AND REGULATIONS	The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in the Rules for FIG Apparatus World Cup Series in Artistic Gymnastics: <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • License Rules • Code of Points, relevant Newsletters, and Helpdesk • General Judges' Rules • Specific Judges' Rules for Artistic Gymnastics • Medical Organization of FIG Competitions and Events • Anti-Doping Rules

	<ul style="list-style-type: none"> • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • Media Rules • Apparatus Norms • Rules for Advertising and Publicity • Accreditation Rules • Rules for Awards Ceremonies <p>and subsequent decisions of the FIG Executive Committee</p> <p>Federations which have not fulfilled their financial obligations towards the FIG (e.g. annual membership fees, unpaid invoices, etc.) or the LOC may not be allowed to participate in this Apparatus World Cup.</p> <p>Federations which have not fulfilled their financial obligations towards the Local Organizing Committee by the given deadline in these Directives may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.</p>																																				
<p>PARTICIPATION AND FIG LICENSE</p>	<p>Only senior gymnasts in good standing with the correct age and holding a valid FIG License may participate. The Organizing Committee will be responsible for checking the validity of the gymnasts' licenses. No gymnasts will be accepted without a valid FIG License at the deadline of the Nominative Registration. The maximum size of the invited delegation is as follows:</p> <p>Apparatus World Cup Competitions</p> <table border="1" data-bbox="507 987 1461 1406"> <thead> <tr> <th>Delegation member</th> <th>Men</th> <th>Women</th> <th>Joint</th> </tr> </thead> <tbody> <tr> <td>Head of Delegation</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>NF President or Secretary General ²</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Team Manager (4-12 MAG and 4-8 WAG gymnasts only)</td> <td>1</td> <td>1</td> <td>2</td> </tr> <tr> <td>Coach (max. 1 per gymnast) ¹</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Gymnasts (max. 2 per apparatus)</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Medical Doctor</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Paramedical Staff</td> <td>1</td> <td>1</td> <td>2</td> </tr> <tr> <td>Judges</td> <td>2</td> <td>2</td> <td>4</td> </tr> </tbody> </table> <p>¹ Access to warm-up, training and FoP will be restricted to the number of gymnasts in training or competition</p> <p>² Only for World Cup competitions qualifying for the Olympic Games</p>	Delegation member	Men	Women	Joint	Head of Delegation	1	1	1	NF President or Secretary General ²	1	1	1	Team Manager (4-12 MAG and 4-8 WAG gymnasts only)	1	1	2	Coach (max. 1 per gymnast) ¹				Gymnasts (max. 2 per apparatus)				Medical Doctor	1	1	1	Paramedical Staff	1	1	2	Judges	2	2	4
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<p>AGE LIMITS</p>	<p>Age limit for MAG: 18 years (born in 2005) or before.</p> <p>Age limit for WAG: 16 years (born in 2007) or before.</p> <p><i>Note: For MAG: NFs must declare whether their 18 year old gymnasts will compete as junior or senior prior to their first competition for the year concerned</i></p>																																				
<p>REGISTRATION DEADLINES</p>	<p>Provisional, Definitive and Nominative Registrations must be made exclusively on-line via the FIG website (http://www.fig-gymnastics.com). These on-line registrations will only be accepted from FIG Gymnastics Member Federations.</p> <p>Registrations and payments made after the gymnasts' drawing of lots will not be accepted and the Delegations members concerned will not be authorized to participate.</p> <table border="1" data-bbox="496 1962 1466 2069"> <tr> <td>Provisional registration</td> <td>25 December 2022 (4 months prior to the event) Midnight Swiss Time</td> </tr> </table>	Provisional registration	25 December 2022 (4 months prior to the event) Midnight Swiss Time																																		
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ENTRY FEES	No Entry Fee will be applied for this event.										
ACCREDITATION	<p data-bbox="491 857 1543 947">Each federation will be taken to the accreditation desk upon arrival. In order to accelerate the accreditation procedure, The LOC will provide online platform for accreditation data entry by the time of definitive registration</p> <p data-bbox="491 992 1543 1081">If a photo has to be taken during the accreditation because none has been sent within the deadline, there will be a charge of 20 EUR for each photo taken at the accreditation desk.</p> <p data-bbox="491 1093 1300 1126">During the accreditation the Head of Delegation must present</p> <ul data-bbox="539 1126 1236 1261" style="list-style-type: none"> • the Insurances of all members of the delegation • Competitors' music WAG (CD 1copy) • Proof for full payment of the costs due to the LOC • Transport – Departure <p data-bbox="491 1305 1543 1366">In addition, the LOC will distribute information regarding the safeguarding Officer operations plan upon accreditation.</p>										
COMPETITION FORMAT	<p data-bbox="491 1377 1157 1440">The Apparatus World Cup competitions consist of: Qualifications and Apparatus Finals</p> <p data-bbox="491 1440 678 1473"><u>Qualifications:</u></p> <ul data-bbox="539 1473 1543 1664" style="list-style-type: none"> ▪ Participation is limited to 2 gymnasts per NF on each apparatus. ▪ FIG rules for Apparatus Final will be applied for vault. ▪ In case of a tie at any place (i.e. for gymnasts with the same final score), the tie-breaking rules as set up in the Technical Regulations, Section 2 shall be applied. <p data-bbox="491 1664 582 1697"><u>Finals:</u></p> <ul data-bbox="539 1697 1543 1843" style="list-style-type: none"> ▪ The best eight gymnasts per apparatus from the qualifications qualify for the Finals ▪ Participation is limited to 2 gymnasts per NF on each apparatus. ▪ FIG rules for Apparatus Final will be applied for vault. 										
DRAWING OF LOTS/REPLACEMENT POLICY	<p data-bbox="491 1877 1543 1977">The gymnasts' drawing of lots for all FIG Apparatus World Cup events will take place on site, during the orientation meeting or during a separate function organized for that purpose with invitation to all participating NFs.</p> <p data-bbox="491 2011 1543 2072">At the time of the nominative registration, the apparatus on which the gymnast will compete must be mentioned. Modifications can be made until accreditation.</p>										

	Gymnast may be changed and apparatus can be added as long as 2 gymnasts/apparatus/NF is respected.
PROVISIONAL SCHEDULE	<p>25 APRIL 2023 Arrival of delegations Free training Accreditation</p> <p>26 APRIL 2023 Free training Podium training Orientation meeting</p> <p>27 APRIL 2023 MAG&WAG judges instruction Training Opening ceremony Qualification MAG(FX-PH-SR)& WAG (VT-UB) Competition</p> <p>28 APRIL 2023 Training (warm up hall) Qualification MAG (VT-PB-HB) & WAG (BB-FX) Competition.</p> <p>29 APRIL 2023 Training Final MAG (FX-PH-SR) & WAG (VT-UB) Competition</p> <p>30 APRIL 2023 Training Final MAG (VT-PB-HB) & WAG (BB-FX) Competition</p> <p>1 MAY 2023 Departure of delegations</p>
EVENT MANAGER	Yasser Zayed egypt@egyptgymnastics.com yasotheone@gmail.com
MEDIA	Gasser Ahmed e-mail: g_edessa@hotmail.com
SOCIAL MEDIA	Facebook Page: Egyptian Gymnastics news http://www.egyptgymnastics.net
MEDICAL SERVICES	The Organizing Committee will provide first aid medical services. A physiotherapist and medical support will be present during training and competition as well as other staff specialized in first aids
COVID 19	<p>As the COVID-19 situation is still under observation and unstable around the world, besides the FIG medical guidelines for the particular event, FIG also still requires all the participants to follow the standard precautions.</p> <p>The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>A medical Guide specific for the event will be distributed one month before the event regarding to standard changes by health authorities in Egypt at the time of the event if any.</p>

OFFICIAL HOSPITAL	<p>Arab Contractors Medical Centre Address: Al Abageyah, Nasr City, Cairo Governorate, Egypt Tel: +20 101 665 3279</p>	
DOPING CONTROLS	<p>Anti-Doping controls will be organized by the International Testing Agency (ITA) on behalf of the FIG and according to the WADA Code, Standards and FIG Anti-Doping Rules</p>	
VISA	<p>Please verify immediately with your travel agent or the Egyptian Embassy or Consulate in your country if a visa is required for your travel to Egypt.</p> <p>The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 25 February 2023 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>	
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).</p> <p>The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay</p> <p>Delegation members with insufficient insurance coverage must inform the LOC in advance. The LOC will subsequently offer insurance coverage at the Federations own charge as follows: 120 Euro per person/day.</p>	
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 25 March 2023.</p>	
LOCAL TRANSPORTATION	<p>The LOC will provide free local transportation for all participants, that book their accommodation through the LOC, from and to Cairo international airport as well as from/ to the hotel and competition, training and warm up hall</p>	
ACCOMMODATION	<p>***** (Category 1)</p> <p>The costs per person /night in this first Official Hotel are as follows: 280 Euro (single room, full board) 240 Euro (double room, full board)</p>	

	<p>**** (Category 2) The costs per person /night in this second Hotel are as follows: 240 Euro (single room, full board) 200 Euro (double room, full board)</p> <p>*** (Low cost) (Category 3) The costs per person /night in this third “low cost” Hotel are as follows: 220 Euro (single room, full board) 180 Euro (double room, full board)</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 25 February 2023 at the very latest, the Hotel rooms will be allocated on a “first come, first served” basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members</p> <p>The costs for the accommodations must be paid to the LOC by 25 February 2023 as follows: Cancellation will only be accepted by e-mail 50% of the total amount of the booking must be paid at the date of the booking on 25 February 2023. The remaining balance is due by 25 March 2023.</p> <p>From 26 March 2023, no reimbursement will be made.</p> <p>The Organising Member Federation must pay for:</p> <p>Accommodation expenses, including full board, for the gymnasts ranked 1-3, per apparatus, as follows:</p> <ul style="list-style-type: none"> • For the 2023 and 2024 World Cup competitions the three best ranked Finalists per Apparatus from the last World Championships preceding the competition (including tied gymnasts if any). <p>The Organising member Federation shall determine among the official hotels at its discretion, but may not chose the “low cost” category hotel.</p>
<p>FIG TECHNICAL DELEGATE AND EC MEMBER</p>	<p>The FIG Technical Delegate and EC member (if applicable) will be designated by the FIG. The FIG Technical Delegates will serve as Presidents of the Superior Jury.</p>
<p>JUDGES AND PANELS</p>	<p>Each Judge’s panel will be composed as follows:</p> <p>Two Judges’ Panels for WAG and two or three for MAG, depending on the number of participants must be composed. Each Judges’ Panel must be composed as follows:</p> <ul style="list-style-type: none"> – 2 D judges (min. cat. 2, for 2024: cat. 1), – 5 E judges (min. cat. 3, for 2024 min. cat. 2); for the finals, priority given to judges with cat 1 and 2 – 1 Supervisor (cat. 1) <p>Not more than one judge per Federation per panel will be permitted (except for Time and Line Judges (min. cat. 4).</p> <p>The Judges’ Panels are determined by a draw from the judges present at the event. The draw must be directed by the MAG and WAG Technical Delegates.</p>

	<p>The participating member federations must send minimum one qualified judge for MAG if they participate with male gymnasts and minimum one qualified judge for WAG if they participate with female gymnasts</p> <p>The Organizing Member Federation is responsible that there are enough FIG brevetted judges present with the appropriate valid category of brevet for their function. Should there not be sufficient judges as per the on-line nominative registration the Organizing Member Federation must propose to the FIG for prior approval of the FIG Technical Delegate the name of neutral additional judges to complete the panels (plus 2 reserves, 1 for MAG and 1 for WAG).. These judges, once approved, have to be invited at the cost of the Organizing Member Federation. Such invitation must be made through the respective Member Federation. Should the Organizing Member Federation fail to propose names for additional judges, the FIG Office in consultation with the FIG Technical Delegate concerned will invite these judges at the cost of the Organizing Member Federation. For additional judge's requirements see the Specific Judges' Rules.</p>																						
<p>VIDEO CONTROL SYSTEM</p>	<p>Should IRCOS not be available, the Organizing Member Federation will provide another video control system which allows to treat inquiries and records all exercises of the competition in a quality which allows to judge the exercises.</p>																						
<p>PRIZE MONEY</p>	<p>The organising member federation must pay the minimum Prize Money of CHF 32'500.- for FIG Apparatus World Cup events as follows, per apparatus:</p> <p>The Prize Money, free of any deductible taxes, will be distributed in CHF as follows:</p> <table border="1" data-bbox="772 958 1246 1368"> <thead> <tr> <th>Ranking</th> <th>Amount CHF</th> </tr> </thead> <tbody> <tr><td>1</td><td>1000</td></tr> <tr><td>2</td><td>750</td></tr> <tr><td>3</td><td>500</td></tr> <tr><td>4</td><td>300</td></tr> <tr><td>5</td><td>250</td></tr> <tr><td>6</td><td>200</td></tr> <tr><td>7</td><td>150</td></tr> <tr><td>8</td><td>100</td></tr> </tbody> </table> <p>If after application of the tie-breaking rules as set up in the Technical Regulations, Section 2, there is still a tie, the prize money of the tied ranks will be added and divided by the number of ties.</p>	Ranking	Amount CHF	1	1000	2	750	3	500	4	300	5	250	6	200	7	150	8	100				
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1	1000																						
2	750																						
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6	200																						
7	150																						
8	100																						
<p>ASSIGNMENT OF POINTS FOR THE APPARATUS WORLD CUP SERIES</p>	<p>At the end of each competition, Apparatus World Cup points are assigned on each apparatus to the competitors by name as follow:</p> <table border="1" data-bbox="678 1559 1378 2076"> <thead> <tr> <th>Rank</th> <th>Apparatus World Cup Points</th> </tr> </thead> <tbody> <tr><td>1</td><td>30</td></tr> <tr><td>2</td><td>25</td></tr> <tr><td>3</td><td>20</td></tr> <tr><td>4</td><td>18</td></tr> <tr><td>5</td><td>16</td></tr> <tr><td>6</td><td>14</td></tr> <tr><td>7</td><td>12</td></tr> <tr><td>8</td><td>10</td></tr> <tr><td>9</td><td>8</td></tr> <tr><td>10</td><td>7</td></tr> </tbody> </table>	Rank	Apparatus World Cup Points	1	30	2	25	3	20	4	18	5	16	6	14	7	12	8	10	9	8	10	7
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10	7																						

11	6
12	5
13	4
14	3
15	2
16	1

If after application of the tie breaking rules outlined in the Technical Regulations, Section 2, there is still a tie, the points of the equal ranks will be added and divided by the number of ties.

Based on the Apparatus World Cup points assigned, separate men's and women's Apparatus World Cup Ranking Lists are established on each apparatus as follow:

Apparatus World Cup Ranking Lists	
MAG	WAG
Floor Exercise	Vault
Pommel Horse	Uneven Bars
Still Rings	Balance Beam
Vault	Floor Exercise
Parallel Bars	
Horizontal Bar	

These Ranking Lists are established after the first Apparatus World Cup event of the year and end with the last Apparatus World Cup event of the year.

WINNER OF THE ANNUAL APPARATUS WORLD CUP SERIES

The winner of the annual Apparatus World Cup Series is the gymnast with the highest number of Apparatus World Cup points on the respective apparatus after the last event of the year, taking into consideration the best results (maximum 3), regardless of the number of competitions the athletes participated in.

In case of a tie in ranks in the Apparatus World Cup Ranking List concerned, the tie will be broken by respecting the following criteria:

- a. The ranks of the max. three (3) counting exercises will be added and the gymnast with the lowest total prevails.

Note: in case of a tie in the ranks to determine the three counting exercises, the exercises with the highest final scores will prevail.

- b. If the tie remains, the final scores of the max. three (3) counting exercises will be averaged and the gymnast with the highest average prevails.
- c. If the tie remains, the total E-scores of the max. three (3) counting exercises (max. six (6) scores for Vault) will be averaged and the gymnast with the highest average prevails.
- d. If the tie remains, the total D-scores of the max. three (3) counting exercises (max. six (6) scores for Vault) will be averaged and the gymnast with the highest average prevails.

	<p>Winners of the annual Apparatus World Cups Series will receive an additional prize money paid by the FIG as per Art. 10.2.</p> <p>A special award ceremony must be held at the last Apparatus World Cup Competition of the year in which the winning gymnasts of the Apparatus World Cup Series shall receive a Cup.</p>																
BANK ACCOUNT INFORMATION	<p><i>EGYPTIAN GYMNASTICS FEDERATION</i> <i>EL-ESTAD EL- BAHARY ST., OLYMPIC FED BUILDING , NASR CITY</i> <i>NATIONAL BANK OF EGYPT</i> <i>MAIN BRANCH 24 SHERIF ST. DOWNTOWN CAIRO</i> <i>Swift code : NBEGEGCX001</i> <i>Account Number: 0013060698236700012</i></p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: “ART World cup Egypt “ The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>																
MARKETING	FIG advertising and publicity norms must be respected																
TELEVISION	<p>For the Apparatus World Cup competitions television coverage is compulsory.</p> <p>The Organizing Member Federation must guarantee the production of a basic feed (international signal). Please refer to Reg 14.3 of Rules for the FIG Apparatus World Cup Series 2022, 2023, 2024 in Artistic Gymnastics for additional information.</p> <p>On Time sport TV Amr Makhlof amakhlof@hawaltd.com</p>																
SAFEGUARDING	<p>From the official date of arrival until the official day of departure of the event, participants (gymnasts, coaches, judges and any other delegation members) have the opportunity to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment or abuse of any type or if they are worried or do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations.</p> <p>In addition, posters of the “10 Golden Rules of Gymnastics” – the FIG campaign to raise awareness about youth protection in Gymnastics - will be displayed in several locations, including training and warm-up halls and public zones.</p>																
DEADLINES SUMMARY	<table border="1"> <tr> <td>Provisional Registration (on line)</td> <td>25 December 2022</td> </tr> <tr> <td>Definitive Registration (on line)</td> <td>25 February 2023</td> </tr> <tr> <td>Nominative Registration (on line)</td> <td>25 March 2023</td> </tr> <tr> <td>Visa Request Form</td> <td>25 February 2023</td> </tr> <tr> <td>Travel Schedule Form</td> <td>25 March 2023</td> </tr> <tr> <td>Accommodation Form</td> <td>25 February 2023</td> </tr> <tr> <td>Payment of the Accommodation Costs 50% by time of definitive registration</td> <td>25 February 2023</td> </tr> <tr> <td>Payment of the Accommodation Costs 100% by time of Nominative registration</td> <td>25 March 2023</td> </tr> </table>	Provisional Registration (on line)	25 December 2022	Definitive Registration (on line)	25 February 2023	Nominative Registration (on line)	25 March 2023	Visa Request Form	25 February 2023	Travel Schedule Form	25 March 2023	Accommodation Form	25 February 2023	Payment of the Accommodation Costs 50% by time of definitive registration	25 February 2023	Payment of the Accommodation Costs 100% by time of Nominative registration	25 March 2023
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Sincerely Yours,



Signature of the President or
Secretary General of the FIG affiliated NF

Cairo, Egypt 31 August 2022