



TARTU GYMNASTICS WEEK
International FIG RGG and
RGI Junior Team Competition
“Miss Valentine 2023”



DIRECTIVES

Event ID: 17306

Update December 15, 2022

Format and delegation size

Dear FIG affiliated Member Federations and Clubs

Gymnastics Club Janika and Estonian Gymnastics Federation has the pleasure to invite your Federation or Club to participate in the aforementioned official RG International Tournament.

DISCIPLINE	Rhythmic Gymnastics Individual (RGI) Rhythmic Gymnastics Group (RGG)
HOST FEDERATION	Estonian Gymnastics Federation Contact person: Ms. Natalja Inno Tondi 84, Tallinn, Estonia Phone: +372 6031555 e-mail: eevl@eevl.ee Website: www.missvalentine.eu www.eevl.ee
LOCAL ORGANIZING COMMITTEE	Gymnastics Club Janika Contact Person: Mrs. Janika Molder Ihaste tee 7, Tartu, Estonia Phone: +1 647 300 1071 and +37 250 29682 WhatsApp: +1 647 300 1071 e-mail: janika@vkjanika.ee janika@rogers.com Website: www.missvalentine.eu
LOCATION	Tartu, Estonia
DATE	February 23-26, 2023
VENUE	<u>Competition and training hall</u> University of Tartu Sports hall Ujula 4A, Tartu, Estonia Phone/fax: +372 7376280 7 warmup carpets and 1 competition carpet
APPARATUS SUPPLIER	Please refer to the attached apparatus list
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conduct• Technical Regulations• Code of Discipline

	<ul style="list-style-type: none"> • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • Licence rules (except for non competitive events) • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • FIG Medical Guidelines for FIG Competitions and Events • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p style="text-align: center;"><i>and subsequent decisions of the FIG Executive Committee</i></p>						
FEDERATIONS AND CLUBS INVITED	National Teams and clubs from all FIG member Federations, in good standing , are entitled to participate.						
AGE LIMITS	<p>RGI Junior Team Competition: 2008, 2009, 2010 Minimum 2, Maximum 4 gymnasts per Team</p> <p>RGJ Junior, RGG Senior: Senior gymnasts: 2007 and older Junior gymnasts: 2008, 2009, 2010</p>						
JUDGES	Valid FIG Brevet judges (2022-2024) can judge Miss Valentine 2023						
REGISTRATION DEADLINES	<p>Registration will be ONLINE (Open for National Gymnastics Federations and Clubs) at http://rgform.eu/event.php?id_prop=4123</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%;">Definitive registration</td> <td style="width: 33%;">December 22, 2022</td> <td style="width: 33%;">Must be sent ONLINE</td> </tr> <tr> <td>Nominative registration</td> <td>January 22, 2023</td> <td>Must be sent ONLINE</td> </tr> </table>	Definitive registration	December 22, 2022	Must be sent ONLINE	Nominative registration	January 22, 2023	Must be sent ONLINE
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ENTRY FEES	<p>The non-reimbursable Entry fees:</p> <p>*60€ per RGI gymnast *150.00€ per RGG group *40.00€ per each team member who does not choose to book accommodation Through the LOC.</p>						
ACCREDITATION	<p>Delegations' accreditation will take place upon arrival at the venue of the event. For accreditation team leaders are required to bring the following documents:</p> <ul style="list-style-type: none"> -passports of all members of the delegation -proof of medical insurance of all members of the delegation -proof for full payment towards the LOC -Please keep USB flash drive with music for the routines for back up -All delegations are requested to upload the music and <u>portrait</u> photos of their gymnasts/delegation members to KSIS -Accreditation card is personal for all delegation members. <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>						

<p>EVENT FORMAT AND AWARDS</p>	<p><u>Competition for RGI Junior (only 1 team per country)</u></p> <p>Junior (2008,2009,2010). Min 2, Max 4 gymnasts per country (Max 8 routines) Junior Team Competition (No AA Competition) Junior Apparatus Finals (1 gymnast per country) Awards: Team awards and final apparatus awards</p> <p><u>Competition for RGG Senior and Junior</u></p> <p>Senior Groups (2007 and older) Senior Groups AA (two routines – 5 hoops + 3 ribbons and 2 balls) Finals (1 group per country per apparatus) Awards: AA awards and final awards</p> <p>Junior Groups (2008,2009,2010) Junior Groups – AA (two routines – 5 ropes and 5 balls) Finals (1 group per country per apparatus) Awards: AA awards and final awards</p>														
<p>PROVISIONAL SCHEDULE</p>	<table border="0"> <tr> <td>February 22, Wednesday</td> <td>Arrival of delegations Podium training 8am-5pm</td> </tr> <tr> <td>February 23, Thursday</td> <td>RGI Team and RGG Competition</td> </tr> <tr> <td>February 24, Friday</td> <td>RGI Team and RGG Competition</td> </tr> <tr> <td>February 25, Saturday</td> <td>RGG Finals</td> </tr> <tr> <td>February 26, Sunday</td> <td>RGI Finals</td> </tr> <tr> <td>February 26, Sunday</td> <td>RGG Departure</td> </tr> <tr> <td>February 27, Monday</td> <td>RGI Departure</td> </tr> </table>	February 22, Wednesday	Arrival of delegations Podium training 8am-5pm	February 23, Thursday	RGI Team and RGG Competition	February 24, Friday	RGI Team and RGG Competition	February 25, Saturday	RGG Finals	February 26, Sunday	RGI Finals	February 26, Sunday	RGG Departure	February 27, Monday	RGI Departure
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<p>EVENT MANAGER</p>	<p>Mrs. Janika Moelder WhatsApp: +1 647 300 1071 e-mail: janika@vkjanika.ee , janika@rogers.com</p>														
<p>MEDICAL SERVICES</p>	<p>The Local Organizing Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area.</p>														
<p>COVID 19</p>	<p>The <u>FIG Medical Guidelines for FIG Competitions and Events</u> are still effective and they should be used according to the situation with COVID-19 pandemic in your country. Considering the current situation as it is written in the guideline, it is the health situation in your country that prevails. "These guidelines can be adapted according to the health situation related to the COVID-19 pandemic in the host country and the city." The competition will be organized taking into account the safety of participants and current COVID instructions of Estonian Government and authoritative.</p>														

VISA	<p>Please verify immediately with your travel agent or the Estonian Embassy or Consulate in your country if a visa is required for your travel to Estonia. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before January 22,2023 to the LOC http://rgform.eu/event.php?id_prop=4123</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member, as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).</p> <p>NOTE: In the case of any medical services in the hospital, the cost must be covered by the delegation.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay the International travel costs of their delegation members.</p> <p>The Travel Schedule Form must be sent to the OC – ONLINE: http://rgform.eu/event.php?id_prop=4123 by January 22, 2023</p> <p>If delegations will send travel plan later than January 22, 2023, then the local transportation from the airport will not be available</p> <p>Local Transportation will be provided only for the Delegation members who booked their hotel accommodation through the Organizing Committee.</p>
LOCAL TRANSPORTATION	<p><u>Free local transportation:</u></p> <ul style="list-style-type: none"> from Tallinn International Airport, Tallinn Railway Station or Tallinn Harbour to the hotel and back from the hotels to the Competition Venue and vice-versa (shuttle busses) <p>Local Transportation will be provided only for the Delegation members who booked their hotel accommodation through the Organizing Committee.</p>

**ACCOMMODATION
AND MEALS**

All delegations must stay in the official hotel of this event, to make it possible for the LOC to provide the necessary health protection measures due to Covid-19. The hotel rooms will be allocated on a “first-come, first-served” basis.

The invited participating federations and clubs must pay for the accommodation expenses of their delegation members.

The prices charged for the hotel rooms will not exceed the usual hotel rates.

While the Accommodation Form must be returned to the LOC ONLINE – http://rgform.eu/event.php?id_prop=4123 by January 22, 2023, at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.

The costs for the accommodations must be paid to the LOC by January 22, 2023.

1-day package in the hotel - 110 € per person in double or triple room (single room 130 €)

The price includes:

accommodation in the hotel for 1 night, incl. Breakfast and dinner
transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back

shuttle busses between hotel and competition hall

competition accreditation

2-day package in the hotel - 220 € per person in double or triple room (single room 235 €)

The price includes:

accommodation in the hotel for 2 nights, incl. Breakfast and dinner
transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back

shuttle busses between hotel and competition hall

competition accreditation

3-day package in the hotel - 285 € per person in double or triple room (single room 330 €)

The price includes:

accommodation in the hotel for 3 nights, incl. Breakfast and dinner
transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back

shuttle busses between hotel and competition hall

competition accreditation

4-day package in the hotel - 370 € per person in double or triple room (single room 435 €)

The price includes:

accommodation in the hotel for 4 nights, incl. Breakfast and dinner
transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back

shuttle busses between hotel and competition hall

competition accreditation

5-day package in the hotel - 455 € per person in double or triple room (single room 540 €)

The price includes:

accommodation in the hotel for 5 nights, incl. Breakfast and dinner
transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back

	<p>shuttle busses between hotel and competition hall competition accreditation</p> <p><u>6-day package in the hotel - 540 € per person in double or triple room (single room 645 €)</u> The price includes: accommodation in the hotel for 6 nights, incl. Breakfast and dinner transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back shuttle busses between hotel and competition hall competition accreditation</p>
<p>HOTEL, PAYMENTS, COVID-19</p> <p>CANCELLATION of accommodation</p>	<p>All delegations must stay in the official hotels of this event, to make it possible for the LOC to provide the necessary health protection measures due to Covid-19. Payment of Entry Fees (100%): January 22, 2023 (non-refundable)</p> <p><u>The costs for the accommodations must be paid to the LOC as follows:</u> - 50/% of the accommodation's costs must be paid to the LOC by January 22, 2023, at the time of Nominative Registration - Remaining 50/% of the accommodation's costs must be paid to the LOC by February 10, 2023</p> <p><u>In case of cancellation of accommodation, costs will be refunded as follows:</u> Before January 22, 2023: 50% of the total amount due From January 23, 2023: no refund. <u>Please be sure, that each delegation will have insurance in case of cancellation.</u></p>
<p>BANK ACCOUNT INFORMATION</p>	<p>Each participating Federation is kindly requested to integrate the payment's purpose as follows:</p> <p>Beneficiary: Võimlemisklubi Janika Address: Ihaste tee 7, 51013 Tartu, Estonia Bank: SEB Address: Tornimäe 2, 15010 Tallinn, Estonia SWIFT: EEUHEE2X IBAN: EE791010102001526002</p> <p>Please state the name of the Country/Federation the payment purpose on the transfer (i.e "HUN, Miss Valentine 2023").</p> <p>The <u>participating federation</u> is responsible for <u>covering all bank fees</u> in connection with the bank transfers.</p>
<p>MARKETING</p>	<p>FIG advertising and publicity norms must be respected</p>
<p>MEDIA</p>	<p>Local Press</p>
<p>SOCIAL MEDIA</p>	<p>Facebook page, Homepage: www.missvalentine.eu</p>

DEADLINES SUMMARY	Definitive Registration Delegations can register only federation or club by name, number of gymnasts, coaches, judges and other delegation members-no names needed ONLINE http://rgform.eu/event.php?id_prop=4123	December 22, 2022
	Nominative Registration Register all delegation members by name and add photos for all delegation members and apparatus for gymnasts ONLINE http://rgform.eu/event.php?id_prop=4123	January 22, 2023
	Accommodation and travel plan ONLINE http://rgform.eu/event.php?id_prop=4123	January 22, 2023
	Visa Request Form ONLINE http://rgform.eu/event.php?id_prop=4123	January 22, 2023
	Music mp3 only ONLINE http://rgform.eu/event.php?id_prop=4123	January 22, 2023
	Payment of the costs: Start Fees and Accommodation of delegation members and additional persons (by bank transfer)	January 22, 2023
	Payment of the costs of delegation members and additional persons (only in cash)	During accreditation in In competition hall

Sincerely Yours,

21.11.2022




Natalja Inno,
EST NF Secretary General