



TARTU GYMNASTICS WEEK
Miss Valentine Tartu Grand Prix 2023
Tartu, Estonia, February 25-26, 2023
RGI



DIRECTIVES

Event ID: 17349

Dear FIG affiliated Member Federation,

Estonian Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Rhythmic Gymnastics (RGI)
HOST FEDERATION	Estonian Gymnastics Federation Contact person: Ms. Natalja Inno Tondi 84, Tallinn, Estonia Phone: +372 6031555 e-mail: eevl@eevl.ee Website : www.missvalentine.eu , www.eevl.ee
LOCAL ORGANIZING COMMITTEE	Gymnastics Club Janika Contact Person: Mrs. Janika Mölder Ihaste tee 7, Tartu, Estonia Phone: +1 647 3001071 (WhatsApp) and +372 5029682 e-mail: janika@vkjanika.ee janika@rogers.com Website: www.missvalentine.eu
SUPERVISOR	Jose de Freitas
ADMINISTRATION MANAGER	Evelin Daniel
LOCATION	Tartu, Estonia
DATE	February 25-26, 2023
VENUE	<u>Competition and training hall</u> University of Tartu Sports hall Ujula 4A, Tartu, Estonia Phone/fax: +372 7376280 7 warm up carpets and 1 competition carpet
APPARATUS SUPPLIER	Please refer to the attached apparatus list
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conduct• Technical Regulations• Code of Discipline

COACHES	Each Federation must send minimum 1 judge. As per FIG official communication dated 31 March 2021, no coaches will be accepted in this GP without a valid coach-sport profile at the deadline of the Nominative Registration. In order to be considered, the coach-sport profile (including all relevant documents) must be submitted in FIG Database ON JANUARY 8, 2023 at the very latest (two weeks prior to the deadline for Nominative Registration).								
COMPETITIONS HEAD JUDGE	The President of the Superior Jury: IEROMINA NATALIIA (Brevet 1 in RGI)								
REGISTRATION DEADLINES	<p>Registration will be ONLINE (Only National Gymnastics Federations can register) at http://rqform.eu/event.php?id_prop=4123</p> <table border="1"> <tr> <td>Preliminary registration</td> <td>December 22, 2022</td> <td>(Online registration)</td> </tr> <tr> <td>Nominative registration</td> <td>January 22, 2023</td> <td>(Online registration)</td> </tr> </table>	Preliminary registration	December 22, 2022	(Online registration)	Nominative registration	January 22, 2023	(Online registration)		
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ENTRY FEES	No entry fees will be applied for this event								
ACCREDITATION	<p>Delegations' accreditation will take place upon arrival at the venue of the event</p> <p>For accreditation team leaders are required to bring the following documents:</p> <ul style="list-style-type: none"> -passports of all members of the delegation -proof of medical insurance of all members of the delegation (obligatory) -FIG License for gymnasts -National Anthem -All delegations are requested to upload the music and portrait photos of their gymnasts/delegation members to KSIS -Please keep USP flash drive with music for the routines for back up. <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>								
EVENT FORMAT	<p><u>Miss Valentine Grand Prix 2023</u></p> <p>According to the Grand Prix Regulations. Competition for Senior Individuals 2007 and older All-Around and Apparatus Finals</p>								
PROVISIONAL SCHEDULE	<table> <tr> <td>February 24, Friday</td> <td>Arrival, Official training (8pm) Delegations & judges technical meeting</td> </tr> <tr> <td>February 25, Saturday</td> <td>Grand Prix Qualification, All-Around Awards Ceremony – All-Around</td> </tr> <tr> <td>February 26, Sunday</td> <td>Grand Prix Final (hoop) Grand Prix Final (ball) Awards Ceremony Grand Prix Final (clubs) Grand Prix Final (ribbon) Awards Ceremony GALA (TBC)</td> </tr> <tr> <td>February 27, Monday</td> <td>Departure of delegations</td> </tr> </table>	February 24, Friday	Arrival, Official training (8pm) Delegations & judges technical meeting	February 25, Saturday	Grand Prix Qualification, All-Around Awards Ceremony – All-Around	February 26, Sunday	Grand Prix Final (hoop) Grand Prix Final (ball) Awards Ceremony Grand Prix Final (clubs) Grand Prix Final (ribbon) Awards Ceremony GALA (TBC)	February 27, Monday	Departure of delegations
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EVENT MANAGER	Mrs. Janika Mölder Phone: +647 300 1071 (WhatsApp) e-mail: janika@vkjanika.ee janika@rogers.com
MEDICAL SERVICES	The Local Organizing Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area.
COVID 19	The <u>FIG Medical Guidelines for FIG Competitions and Events</u> are still effective and they should be used according to the situation with COVID-19 pandemic in your country. Considering the current situation as it is written in the guideline, it is the health situation in your country that prevails. "These guidelines can be adapted according to the health situation related to the COVID-19 pandemic in the host country and the city." The competition will be organized taking into account the safety of participants and current COVID instructions of Estonian Government and authoritative. For any policy update regarding the COVID-19 Travel Regulations in Estonia, the LOC will keep all delegations and interested parties informed.
VISA	Please verify immediately with your travel agent or the Estonian Embassy or Consulate in your country if a visa is required for your travel to Estonia. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before January 22, 2023 to the LOC http://rgform.eu/event.php?id_prop=4123 The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member, as well as the city the visa application support letter must be sent to.
INSURANCE	The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation. Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay. Delegation members with insufficient insurance coverage must inform the LOC in advance. The LOC will subsequently offer insurance coverage at the Federations own charge as follows: 30€ per person.
INTERNATIONAL TRANSPORTATION	The invited participating federations must pay the International travel costs of their delegation members. The Travel Schedule Form must be returned to the OC – ONLINE: http://rgform.eu/event.php?id_prop=4123 by January 22, 2023.

<p>LOCAL TRANSPORTATION</p>	<p>If delegations will send travel plan later than January 22, 2023, then the local transportation from the airport won't be guaranteed.</p> <p>Local Transportation will be provide only for the Delegation members who booked their accommodation through the Organizing Committee.</p> <p><u>Free local transportation for all accredited delegation members:</u></p> <ul style="list-style-type: none"> • from Tallinn International Airport, Tallinn Railway Station or Tallinn Harbor to the hotel and back • from the hotels to the Competition Venue and vice-versa (shuttle busses) <p>Will be provided only for the Delegation members who booked their hotel accommodation through the Organizing Committee.</p>
<p>ACCOMMODATION AND MEALS</p>	<p>All delegations must stay in the official hotel of this event, to make it possible for the LOC to provide the necessary health protection measures due to Covid-19. The hotel rooms will be allocated on a “first-come, first-served” basis.</p> <p>The invited participating federations and clubs must pay for the accommodation expenses of their delegation members.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC ONLINE – http://rgform.eu/event.php?id_prop=4123 by January 22, 2023, at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The costs for the accommodations must be paid to the LOC by January 22, 2023.</p> <p><u>3-day package in the hotel - 285 € per person double or triple room (single room 330 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 3 nights, incl. Breakfast and dinner - transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back - shuttle busses between hotel and competition hall <p><u>4-day package in the hotel - 370 € per person double or triple room (single room 435 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 4 nights, incl. Breakfast and dinner - transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back - shuttle busses between hotel and competition hall <p><u>5-day package in the hotel - 455 € per person double or triple room (single room 540 €)</u></p> <p>The price includes:</p> <ul style="list-style-type: none"> - accommodation in the hotel for 5 nights, incl. Breakfast and dinner - transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back - shuttle busses between hotel and competition hall - competition accreditation

DEADLINES SUMMARY	Definitive Registration (register only federation, number of gymnasts, coaches, judges and other delegation members) ONLINE at http://rgform.eu/event.php?id_prop=4123	December 22, 2022
	Nominative Registration (register all delegation members by name and add apparatus for gymnasts, FIG license nr for gymnasts and judges) ONLINE http://rgform.eu/event.php?id_prop=4123	January 22, 2023
	Accommodation ONLINE - http://rgform.eu/event.php?id_prop=4123	January 22, 2023
	Travel Plan http://rgform.eu/event.php?id_prop=4123	January 22, 2023
	Visa Request Form-send ONLINE http://rgform.eu/event.php?id_prop=4123	January 22, 2023
	Music mp3 (only) ONLINE http://rgform.eu/event.php?id_prop=4123	January 22, 2023
	Payment of the costs of delegation members and additional persons (by bank transfer)	January 22, 2022
	Payment of the costs of delegation members and additional persons (in cash)	During accreditation in the competition hall

Sincerely Yours,

15.12.2022



Natalja Inno,
EST NF Secretary General