

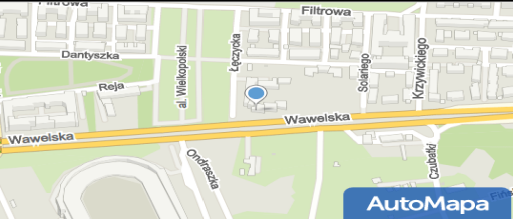




**DIRECTIVES**

**Event ID: 17353**


Dear FIG affiliated Member Federation,

The Gymnastics Federation of Poland has the pleasure to invite your Federation to participate in the official FIG International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics</b>	
<b>HOST FEDERATION</b>	 <p><b>Polish Gymnastic Association</b> Ms. Khrystyna Hnitetska Ratuszowa 11, 03-450 Warsaw, Poland +(48) 736 179 035 <a href="mailto:k.hnitetska@pzg.pl">k.hnitetska@pzg.pl</a> <a href="http://pzg.pl">http://pzg.pl</a></p>	
<b>LOCAL ORGANIZING COMMITTEE</b>	 <p><b>UKS "Irina", Warsaw</b> Irina Lortkipanidze – Director of the competition L. Narbutta 14, 02-541 Warsaw, Poland +(48) 608 300 832 <a href="mailto:lord1108@hotmail.com">lord1108@hotmail.com</a> <a href="http://www.uksirina.pl">www.uksirina.pl</a></p>	
<b>LOCATION</b>	<b>Warsaw, Poland</b>	
<b>DATE</b>	<b>April 28 – April 30, 2023</b>	
<b>VENUE</b>	 <p align="center">- 2 training floors - 1 competition floor</p>  	<p><b>Sports Hall</b> Wawelska str. 46, 02-067 Warsaw, Poland</p> <p><u>Additional information:</u> - very good sound system, unique acoustic of hall</p>
<b>APPARATUS SUPPLIER</b>	Please refer to the attached apparatus list	
<b>RULES AND REGULATIONS</b>	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Code of Ethics</li> <li>• Code of Conduct</li> <li>• Technical Regulations</li> <li>• Code of Discipline</li> <li>• Code of Points and relevant Newsletters / Helpdesk</li> <li>• General Judges' Rules</li> </ul>	

	<ul style="list-style-type: none"> <li>• Specific Judges' Rules</li> <li>• Anti-Doping Rules</li> <li>• Medical Organisation of FIG Competitions and Events</li> <li>• Framework for safeguarding athletes and other participants from harassment and abuse in sport during events</li> <li>• License Rules</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Rules for Sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> <li>• Regulations for Award Ceremonies</li> <li>• Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>						
<b>FEDERATIONS INVITED</b>	The Organizing Member Federation will invite all Member Federations in good standing						
<b>AGE LIMITS</b>	<p><b>Junior Individual: 13-15 years (2010, 2009, 2008)</b></p> <p><b>Senior Individual: 16+ years (2007 and older)</b></p> <p><b>All gymnasts must have a valid FIG licence until the end of the event.</b></p>						
<b>JUDGES AND JURIES</b>	<p><b>All judges must have a current valid FIG brevet at the time of the event, for the respective discipline (RGI and/or RGG).</b></p> <p>The participating Member Federations must send minimum one qualified judge. Failure to do so will result a fine of 200€ - to be paid to the LOC at the accreditation.</p>						
<b>REGISTRATION DEADLINES</b>	<table border="1"> <tr> <td>Provisional registration</td> <td><b>January 31, 2023</b></td> </tr> <tr> <td>Definitive registration:</td> <td><b>February 20, 2023</b></td> </tr> <tr> <td>Nominative registration</td> <td><b>March 15, 2023</b></td> </tr> </table>	Provisional registration	<b>January 31, 2023</b>	Definitive registration:	<b>February 20, 2023</b>	Nominative registration	<b>March 15, 2023</b>
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Definitive registration:	<b>February 20, 2023</b>						
Nominative registration	<b>March 15, 2023</b>						
<b>ENTRY FEES</b>	<p>The Entry fee for this event will be:</p> <p><b>50€</b> per individual gymnast  <b>- 70€</b> for an extra person</p>						
<b>ACCREDITATION</b>	<p>The accreditation procedure will take place at the competition hall. Heads of delegation have to bring to the accreditation office:</p> <ul style="list-style-type: none"> <li>• The passports of all participants</li> <li>• The national flag</li> <li>• 1 CD or USB stick with the music for routines</li> <li>• Certification of insurance for all delegation members covering illness, accidents, and repatriation</li> <li>• Proof for full payment towards the LOC (copy of the SWIFT to be given to the LOC)</li> </ul> <p>Please <u>send all <b>music</b> for routines for each gymnast before March 30, 2023</u> together with the nominative registration, to the following address: <a href="mailto:muzyka.uksirina@gmail.com">muzyka.uksirina@gmail.com</a></p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>						
<b>EVENT FORMAT</b>	<p><b><u>Junior Individual All-Around Competition (FIG Rules)</u></b></p> <p><b>Junior Team (2-4 gymnasts) Competition</b>  2 x Hoop, 2 x Ball, 2 x Clubs, 2 x Ribbon</p> <p><b><u>Senior Individual Competition (FIG Rules)</u></b>  <b>All around</b> - 3 gymnasts per federation</p> <p><b><u>Delegations' size:</u></b>  Senior Individual – 3  Junior Individual – 4</p>						

<b>PROVISIONAL SCHEDULE</b>	<p><b>April 28, Friday</b> Arrival of delegations, 16:00-20:00 – Official Trainings 20:15 – Orientation meeting and Judges’ meeting RGI</p> <p><b>April 29, Saturday</b> 09:30 – Judges drawing for RGI 10:30-15:30 – General Competitions (age categories): <i>Warsaw Mermaid –Irina CUP</i> 16:30-21:00 – General Competitions: Junior/Senior Individual (all-round)</p> <p><b>April 30, Sunday</b> 09:30 – Judges drawing 10:30-14:30 – General Competitions (age categories): <i>Warsaw Mermaid –Irina CUP</i> 15:00 – OPENING CEREMONY 16:00-20:00 – General Competitions: Junior/Senior Individual (all-round) 20:30 – Final Banquet (for judges, coaches)</p>
<b>MEDICAL SERVICES</b>	<p>First aid staff will be available at the venue and will assist with further needs.</p>
<b>COVID 19</b>	<p>The <a href="#">FIG Medical Guidelines for FIG Competitions and Events</a> are still effective, and they should be used according to the situation with COVID-19 pandemic in your country. Considering the current situation as it is written in the guideline, it is the health situation in your country that prevails. <b>"These guidelines can be adapted according to the health situation related to the COVID-19 pandemic in the host country and the city.</b></p>
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Polish Embassy or Consulate in your country if a visa is required for your travel to Poland. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>February 10, 2023</b> to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. Basic insurance (sickness, accident, and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance upon arrival of the delegation members (e.g., cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance. <b>NOTE:</b> In case of any medical services in the hospital, the cost must be covered by the delegation</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p><b>The invited participating federations must pay for the travel costs of their delegation members.</b></p>
<b>LOCAL TRANSPORTATION</b>	<p>The <b>only</b> airport: Warsaw Chopin. Transportation Airport - Hotel, Hotel – Airport, as well as Hotel - Sports hall, Sports hall - hotel: <b>20 Euro/</b> per person for 3/4 days. The fee is paid to the LOC directly by the delegates.</p> <p>The Travel Schedule Form must be returned to the LOC by <b>April 10, 2023</b></p>

<b>ACCOMMODATION</b>	<p><b>Hotel Arche Poloneza</b> ★★ ★</p> <p>Poloneza street 87, 02-826 Warsaw, Poland +(48) 531 489 597</p> <p><a href="http://www.archehotelpoloneza.pl">http://www.archehotelpoloneza.pl</a></p> <p><u>The costs per room/night are as follows:</u> 80 euro (single room, including breakfast) 130 euro (double room, including breakfast) 160 euro (triple room, including breakfast)</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by <b>February 27, 2023</b> at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The costs for the accommodations must be paid to the LOC upon arrival at the latest or by bank transfer before arrival.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p>
<b>MEALS</b>	<p>During the competition, the lunch will be served in Sport Hall The costs per person and per meal are as follows: Lunch: 15 EUR The meal plan starts by the dinner on the delegations’ official arrival day and ends with the breakfast on the official departure day. The invited participating federations must pay for the meal’s expenses of their delegation members.</p>
<b>FINAL BANQUET</b>	<p>The Local Organizing Committee is pleased to organize in the evening of 30 April 2023 free of charge final banquet for judges, coach, and Head of Delegation. Banquet dinner is <b>25€/person</b>, for those not accommodated in hotel.</p>
<b>BANK ACCOUNT INFORMATION</b>	<p>*Each participating member Federation is kindly requested to integrate the payment’s purpose as follows:</p> <p><i>Bank Name: ALIOR BANK SA ul. Postępu 18B, 02-676 Warszawa Branch Name; Irina Lortkipanidze IBAN (for transfers within Europe only): PL 98 2490 0005 0000 4100 9358 1112 (euro) SWIFT Code (BIC+): ALBPPLPW</i></p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>
<b>MARKETING</b>	<p>FIG advertising and publicity norms must be respected</p>
<b>SOCIAL MEDIA</b>	<p> FB: <a href="https://www.facebook.com/rythmicgymnastics">https://www.facebook.com/rythmicgymnastics</a> IG: @uks_irina_warszawa</p> <p>Direct coverage and score system during the competition is provided Rell/tv and Rell/score available at <a href="http://www.rell.tv/wp/">http://www.rell.tv/wp/</a></p>



**DEADLINES  
SUMMARY**

Provisional Registration	<b>January 31, 2023</b>
Definitive Registration	<b>February 20, 2023</b>
Accommodation Form	<b>February 27, 2022</b>
Visa Request Form	<b>March 10, 2023</b>
Nominative Registration	<b>March 15, 2023</b>
Travel Schedule Form	<b>April 10, 2023</b>
Payment of the Entry Fee	<b>Upon arrival/Bank transfer</b>
Payment of the Accommodation Costs	<b>Bank transfer</b>
Payment of the fine for missing judge	<b>Upon arrival</b>
Payment of the Transportation Costs	<b>Upon arrival</b>

Sincerely Yours,

Warsaw, January 12<sup>th</sup>, 2023



**Agnieszka Jowik**  
Secretary General  
Polish Gymnastic Association