



**2023 Trampoline Gymnastics Senior Pan American Championship
Monterrey (MEX)
May 12-14, 2023**

DIRECTIVES

Event ID: 17376

Dear PAGU affiliated Member Federation,

The Pan American Gymnastics Union (PAGU) through the Mexican Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG and PAGU international event. This competition will also serve as a qualifying event for the Pan American Games Santiago 2023.

DISCIPLINE	Trampoline Gymnastics (TRI, TRS, DMT, TUM)
PAN AMERICAN GYMNASTICS UNION	Pan American Gymnastics Union Tenayuca 55, Oficina 403 Colonia Letran Valle, C.P. 03650 Alcaldía Benito Juárez Ciudad de México, MEX Tel.: +52 55 8984-7848 E-mail: info@upag-pagu.org
HOST FEDERATION	Mexican Gymnastics Federation Tenayuca 55, Oficina 403 Colonia Letran Valle, C.P. 03650 Ciudad de México, MEX Tel: +52 55 8984 7848 E-mail: info@fmgimnasia.org.mx Website: www.fmgimnasia.org Contact: Gustavo Salazar, Presidente
EVENT MANAGER	Contact: Gustavo Salazar Tel: +52 55 4618 7257 E-mail: mty.gt2023@gmail.com
LOCATION	Monterrey, Nuevo Leon, MEX
DATE	May 12 - 14, 2023
VENUE	Competition and Training venue Gimnasio Nuevo León Manuel Albarrán 1000 Colonia Regina, Monterrey, Nuevo Leon, Mexico
APPARATUS SUPPLIER	Please refer to the attached apparatus list. For training, warm-up and competition, identical apparatus will be used.
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, and PAGU Technical Regulations: <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conduct• Technical Regulations• Code of Discipline• Code of Points and relevant Newsletters / Helpdesk

	<ul style="list-style-type: none"> • General Judges' Rules • Specific Judges' Rules for Trampoline Gymnastics • Anti-Doping Rules • Medical organization of FIG competitions and events • FIG Framework for safeguarding athletes and other participants from harassment and abuse in sport during events • License Rules • Media Rules • Apparatus Norms • Rules for sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG and PAGU Executive Committees</i></p>															
FEDERATIONS INVITED	The Pan American Gymnastics Union invites all Federations affiliated to the PAGU and the FIG and which are up to date in their obligations.															
AGE LIMITS	Senior All gymnasts must have a valid FIG licence until the end of the event.															
QUALIFICATION FOR OTHER EVENTS	This Championship will serve as qualifier event for the following competition: <ul style="list-style-type: none"> ▪ XIX Sport Pan American Games Santiago 2023. 															
JUDGES AND JURIES	<p>All judges must have a current valid FIG brevet at the time of the event, for the respective discipline.</p> <p>Each Federation may register a maximum of 2 judges on each competition where is registered (TRA, DMT, TUM). The fine for not registering at least one judge in the respective competition is USD\$1,000.00.</p> <p>Federations with a PAGU TC Member can register that Member in addition to their official judges.</p> <p>The fines for not registering the required number of judges must be paid to PAGU by March 13, 2023 at the latest and it does not apply to those Federations that do not have FIG brevet judges in the respective competition (TRA, DMT, TUM) and that this is the first cycle in which they participate in PAGU competitions.</p> <p>The National Federation must inform PAGU at the time of the definitive registration (March 13, 2023) to allow the appointment of invited neutral judges.</p>															
REGISTRATION DEADLINES	<table border="1"> <tr> <td>Provisional Registration</td> <td>February 20, 2023</td> <td>https://intranet.upag-pagu.org</td> </tr> <tr> <td>Definitive Registration</td> <td>March 13, 2023</td> <td>https://intranet.upag-pagu.org</td> </tr> <tr> <td>Nominative Registration</td> <td>April 12, 2023</td> <td>https://intranet.upag-pagu.org</td> </tr> </table>	Provisional Registration	February 20, 2023	https://intranet.upag-pagu.org	Definitive Registration	March 13, 2023	https://intranet.upag-pagu.org	Nominative Registration	April 12, 2023	https://intranet.upag-pagu.org						
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ENTRY FEES	The entry fee for this event is USD\$50.00 per gymnast, per competition (TRI, TRS, TUM, DMT). It must be paid to the Local Organizing Committee ("LOC") by March 13, 2023 at the latest.															
DELEGATION SIZE	<table border="1"> <thead> <tr> <th>Function</th> <th>IND (F/M)</th> <th>SYN (F/M)</th> <th>DMT (F/M)</th> <th>TUM (F/M)</th> </tr> </thead> <tbody> <tr> <td>Gymnasts</td> <td>4 / 4</td> <td>2 / 2 pairs</td> <td>4 / 4</td> <td>4 / 4</td> </tr> <tr> <td>Coaches</td> <td>1-2 / 1-2</td> <td></td> <td>1-2 / 1-2</td> <td>1-2 / 1-2</td> </tr> </tbody> </table>	Function	IND (F/M)	SYN (F/M)	DMT (F/M)	TUM (F/M)	Gymnasts	4 / 4	2 / 2 pairs	4 / 4	4 / 4	Coaches	1-2 / 1-2		1-2 / 1-2	1-2 / 1-2
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ACCREDITATION	<p>Along with the nominative registration all the Federations must send a copy of the passport and a photograph of each delegation member, via e-mail to: info@upag-pagu.org (passports only) mtv.gt23@gmail.com</p> <p>Requirements for the photos:</p> <ul style="list-style-type: none"> • File format: JPEG • Dimensions: min 210 x 270 pixels; max 420 x 540 pixels • 3.5 cm width x 4.5 cm high • File size: no more than 1 MB • White background <p>Each document must be identified with the Country Code, Last name, First Name, Competition (TRI, TRS, DMT, TUM), category and function of each member. Example: PER_FERNANDEZ_Ana_TRI_Senior_gymnast This documentation must be sent no later than April 12, 2023.</p> <p>In case of not sending the photograph as requested, the Local Organizing Committee can take the photograph during the registration and will have an additional cost of USD\$10.00 for each one.</p> <p>In case of theft or loss of accreditation, it must be informed immediately to the Local Organization Committee for the cancellation of the accreditation. The replacement of stolen or lost accreditation will cost USD\$50.00 to be covered by the accreditation holder.</p> <p>Accreditation will be distributed upon arrival at the registration desk. More information on the access zones for each accreditation will be given in the Work Plan. In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>																				
EVENT FORMAT	<p>The competition will follow the FIG rules for Seniors.</p> <p>3 phases of competition per discipline (TRI, TRS, DMT and TUM):</p> <ul style="list-style-type: none"> ▪ Phase 1: Qualification competitions ▪ Phase 2: TRI, TRS, DMT and TUM Finals competition ▪ Phase 3: TRI, DMT and TUM Team Finals competition 																				
PROVISIONAL SCHEDULE	<p>May 8 Arrival of PAGU TRA TC President and other PAGU representatives</p>																				

	<p>May 9 Arrival of delegations</p> <p>May 10 Training as per schedule Judge's briefing Delegates' Technical Meeting</p> <p>May 11 Podium Training</p> <p>May 12 Opening Ceremony Qualification competition</p> <p>May 13 Qualification competition</p> <p>May 14 Finals competition Awards Ceremonies</p> <p>May 15 Departure of the Delegations</p>
MEDICAL SERVICES	The Local Organizing Committee will provide first aid services and ambulance at the competition and training sites during the official activities.
COVID-19	<p>During the registration, proof of full vaccination must be provided by each one of the members of the delegation. If this requirement cannot be fulfilled, a negative PCR test result must be provided, this test must be realized between 72 and 48 hours prior to the registration.</p> <p>During the trainings and competition periods all participants are allowed to circulate only in the assigned sport venues and official hotels.</p> <p>The FIG Medical Guidelines for FIG Competitions and Events are still effective and they should be used according to the situation with COVID-19 pandemic in your country.</p> <p>Considering the current situation as it is written in the guideline, it is the health situation in your country that prevails.</p> <p>"These guidelines can be adapted according to the health situation related to the COVID-19 pandemic in the host country and the city."</p> <p>Additional information will be included in the Work Plan that will be sent to the Federations prior to the event.</p>
VISA	<p>Please verify immediately with your travel agent or the Mexican Embassy or Consulate in your country if a visa is required for your travel to Mexico. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before April 12, 2023 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The host Federation, the LOC, the PAGU and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance.</p>

	<p>Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance, no later than <u>April 12, 2023.</u></p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: USD\$15.00 per person per day for the official days of the event.</p>																		
<p>INTERNATIONAL TRANSPORTATION</p>	<p>The invited participating Federations must pay for the international travel costs of their delegation members.</p> <p>International Airport of arrival Mariano Escobedo International Airport – Monterrey (MTY) The travel itinerary form must be returned to the LOC by <u>April 12, 2023.</u></p>																		
<p>LOCAL TRANSPORTATION</p>	<p>Local transportation will be offered to and from the airport, provided that the delegations stay in one of the official hotels and book their accommodation through the Local Organizing Committee.</p> <p>The Local Organizing Committee will provide local transportation from the airport to the hotel and vice versa, only on the official arrival day of <u>Tuesday May 9,</u> and on the official departure day of <u>Monday May 15</u> (except for PAGU representatives arriving or departing on different days).</p> <p>Delegations arriving or departing on non-official days may contact the Local Organizing Committee (mty.gt23@gmail.com) to arrange transportation to its accommodation (official hotels) or to the airport at a cost of USD\$30.00 per person per way (airport-hotel or hotel-airport). The request must be submitted and paid no later than <u>April 12, 2023.</u></p> <p>The Local Organizing Committee will provide transportation from the official hotels to the competition and training facilities and vice versa, for all members of the delegation duly accredited and according to the official program of activities, provided that the delegation stays in one of the official hotels and book its accommodation through the Local Organizing Committee.</p>																		
<p>ACCOMMODATION AND MEALS</p>	<p><u>OFFICIAL HOTELS</u></p> <p>Hotel Kristal Centro Corregidora 519, Colonia Centro, 64000, Monterrey, NL +52 81 8319 0900</p> <table border="1" data-bbox="459 1529 1453 1697"> <thead> <tr> <th>Occupancy</th> <th>Price per person per night</th> <th>Includes (per person)</th> </tr> </thead> <tbody> <tr> <td>Double room</td> <td>USD\$120</td> <td>1 breakfast, lunch, dinner</td> </tr> <tr> <td>Single room</td> <td>USD\$170</td> <td>1 breakfast, lunch, dinner</td> </tr> </tbody> </table> <p>Hotel Kavia Monterrey (limited vacancy) Oriente, entre Escobedo Ignacio Zaragoza Norte y Melchor Ocampo 531, Colonia Centro, 64000, Monterrey, NL +52 81 2530 6500</p> <table border="1" data-bbox="459 1870 1453 2067"> <thead> <tr> <th>Occupancy</th> <th>Price per person per night</th> <th>Includes (per person)</th> </tr> </thead> <tbody> <tr> <td>Double room</td> <td>USD\$110</td> <td>1 breakfast, lunch, dinner</td> </tr> <tr> <td>Single room</td> <td>USD\$160</td> <td>1 breakfast, lunch, dinner</td> </tr> </tbody> </table>	Occupancy	Price per person per night	Includes (per person)	Double room	USD\$120	1 breakfast, lunch, dinner	Single room	USD\$170	1 breakfast, lunch, dinner	Occupancy	Price per person per night	Includes (per person)	Double room	USD\$110	1 breakfast, lunch, dinner	Single room	USD\$160	1 breakfast, lunch, dinner
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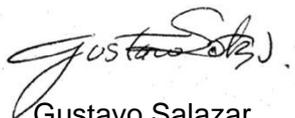
	<p>The meals service starts with lunch on the arrival day and finishes with breakfast on the departure day.</p> <p>While the accommodation and meals form must be returned to the Local Organizing Committee by March 13, 2023 at the latest, the hotel rooms and meals will be distributed in the order in which the applications and payments are received. The participating Federations must cover the accommodation and/or meals expenses of all the members of their delegation. Accommodation and meals costs must be paid to the Local Organizing Committee by March 13, 2023 at the latest.</p> <p>Note: Rooms and meals and their prices cannot be guaranteed if requests and/or payments are received after the deadlines.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates.</p>								
<p>CANCELLATION POLICY</p>	<p>Cancellation policy: The PAGU and the Local Organizing Committee strongly recommend that each Federation take cancellation insurance for their accommodation and meal reservations.</p> <table border="1" data-bbox="456 819 1449 963"> <thead> <tr> <th data-bbox="456 819 935 853">Date of cancellation</th> <th data-bbox="935 819 1449 853">Reimbursement for cancellation</th> </tr> </thead> <tbody> <tr> <td data-bbox="456 853 935 887">No later than March 26, 2023</td> <td data-bbox="935 853 1449 887">100% reimbursement</td> </tr> <tr> <td data-bbox="456 887 935 920">From March 27 to April 9, 2023</td> <td data-bbox="935 887 1449 920">50% reimbursement</td> </tr> <tr> <td data-bbox="456 920 935 963">From April 10, 2023</td> <td data-bbox="935 920 1449 963">No reimbursement</td> </tr> </tbody> </table>	Date of cancellation	Reimbursement for cancellation	No later than March 26, 2023	100% reimbursement	From March 27 to April 9, 2023	50% reimbursement	From April 10, 2023	No reimbursement
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<p>BANK ACCOUNT INFORMATION</p>	<p>The following payments must be made directly to the Local Organizing Committee's bank account:</p> <ul style="list-style-type: none"> ▪ Entry fees ▪ Accommodation and meals ▪ Additional accreditations ▪ Insurance ▪ Transportation airport-hotel or hotel-airport (if applicable) <p>The payments must be made only after the Local Organizing Committee sends to the Federation the respective invoice with the total amount and bank account information.</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p> <p>Each participating federation is requested to send to the LOC the payment reference as follows: Country – Discipline – Invoice#</p>								
<p>MARKETING</p>	<p>FIG advertising and publicity norms must be respected.</p>								
<p>MEDIA</p>	<p>The media representatives, as well as the communications staff of the federations that are interested in covering the event, may apply for registration to PAGU (info@upag-pagu.org) by April 12, 2023 at the latest. In addition, the National Federations are requested to send a letter of confirmation to PAGU.</p> <p>Photos for accreditations must be submitted to the Local Organizing Committee by April 12, 2023.</p>								
<p>SOCIAL MEDIA</p>	<p>Information about the event will be posted on the following sites:</p> <p>FMG Facebook: https://es-la.facebook.com/fmgimnasia.org.mx/ Twitter: https://twitter.com/fmgimnasia?lang=es YouTube: @FMGimnasia</p>								

	<p>Instagram: @fedmex_gimnasia</p> <p>PAGU Instagram: @upagpagu Twitter: @UPAG_PAGU Facebook: UPAG.PAGU.ORG</p>																												
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ADDITIONAL INFORMATION	<p>National Anthem National Anthem of your country must be handed in onsite during the registration.</p> <p>National Flag Country's National Flag must be handed in onsite during the registration. The size of the flag shall be 1.2 mts x 2.1 mts.</p>																												

Sincerely Yours,



Patricia Dieguez
PAGU Secretary General

Gustavo Salazar
President of the Mexican Gymnastics Federation

Mexico City, February 13th, 2023