



2023
RHYTHMIC GYMNASTICS
AFRICA CUP
MAURITIUS

**1st Mauritius Africa Cup,
Junior Rhythmic Gymnastics
Competition (Individuals)
Cote d'Or - Mauritius
19-20th May 2023**



DIRECTIVES

Event ID: 17394

Dear FIG Member Federation,

The Gymnastics Federation of Mauritius has the pleasure to invite your Federation to participate at the 1st Mauritius Africa Cup, Junior Rhythmic Gymnastics Championships, Mauritius from 19-20 May 2023.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	The Gymnastics Federation of Mauritius c/o Mauritius Olympic Committee, 6A, Stateland Trianon, QUATRE BORNES, Mauritius Contact Person : Mr Lloyd Aling Tel: +23057017098 E-Mail: lloyd.aling@gmail.com
LOCATION	Cote d'Or - Mauritius
DATE	19 – 20 May 2023
VENUE	Cote d'Or National Sports Complex Address: Motorway M3, Côte D'Or St Pierre, Moka, Mauritius   
APPARATUS SUPPLIER	Please refer to the attached apparatus list.
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:

	<ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Codes of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • License rules • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • Medical Guidelines of FIG Competitions and Events • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>																
FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations according to the following principles: affiliated to the UAG and the FIG																
PARTICIPATIONS AND AGE LIMITS	<p>PARTICIPATION The maximum size of the invited delegation is as follows:</p> <table border="1"> <thead> <tr> <th>Delegation members</th> <th>RGI Junior</th> </tr> </thead> <tbody> <tr> <td>Gymnasts</td> <td>4</td> </tr> <tr> <td>Coaches</td> <td>2</td> </tr> <tr> <td>Judges</td> <td>2</td> </tr> <tr> <td>Head of Delegation</td> <td>1</td> </tr> <tr> <td>Team Manager</td> <td>1</td> </tr> <tr> <td>Doctor</td> <td>1</td> </tr> <tr> <td>Total</td> <td>Max. 11</td> </tr> </tbody> </table> <p>Age group: Junior gymnasts All gymnasts must have a valid FIG license until the end of the Event</p>	Delegation members	RGI Junior	Gymnasts	4	Coaches	2	Judges	2	Head of Delegation	1	Team Manager	1	Doctor	1	Total	Max. 11
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JUDGES AND JURIES	<p>Each federation may bring up to 2 judges. All judges must have a current valid FIG brevet at the time of the event for RGI.</p>																
REGISTRATION DEADLINES	<table border="1"> <tbody> <tr> <td>Provisional registration</td> <td>25th March 2023</td> </tr> <tr> <td>Definitive registration</td> <td>1st April 2023</td> </tr> <tr> <td>Nominative registration</td> <td>19th April 2023</td> </tr> </tbody> </table>	Provisional registration	25th March 2023	Definitive registration	1st April 2023	Nominative registration	19th April 2023										
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ENTRY FEES	<p>The non- reimbursable cost for the Entry Fee is:</p> <ul style="list-style-type: none"> • 50 USD per Individual gymnast <p>At the time of the Definitive Registration 1st April 2022, 100% of the Entry Fee must be paid to the LOC. The entry fees should be paid by bank transfer to the Gymnastics Federation of Mauritius.</p>																
REGISTRATIONS AND ACCREDITATION	<p>Event administrator: rgmauritius@gmail.com Registrations are available online via the event link: https://rgform.eu/event.php?id_prop=4795</p> <p>Members of participating delegations as well as FIG, UAG representatives, judges and officials must send electronic ID photographs to the OC via email within the deadline set for the nominative registration.</p>																

	<p>Gymnasts' names / ages / nationality will be verified with a passport check at Accreditation. The UAG will check the validity of the gymnast's licenses. No gymnast will be accepted without a valid FIG license at the time of the deadline of the Nominative registration (valid until the end of the competition).</p> <p>Heads of delegations must bring to the accreditation office:</p> <ul style="list-style-type: none"> - 1 CD or USB of the national anthem - 2 audio format CDs per gymnast <p>Certification of insurance for delegation members covering covid-19, illness, Accidents, repatriation.</p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>
EVENT FORMAT	<p>All-Around competition and Apparatus Finals – Junior (FIG Rules) with the team ranking</p> <p>Team Definition A Team consists of two (2) to four (4) individual gymnasts performing 4 RGI routines in total General principales</p> <ul style="list-style-type: none"> - each gymnast must perform at least one (1) routine - each NF has the right to choose the number of routines to be performed per its gymnast - each NF has the right to choose the apparatus to be performed per its gymnast - the minimum number of routines per gymnast is 1, the maximum is 4 routines - the maximum number of routines per NF is 4 in total, i.e., one (1) per apparatus <p>Individual Qualification with Team: Each NF must participate with 2, 3 or 4 Individual gymnasts.</p> <p>Individual Qualification without Team: Each NF is entitled to participate with 1, 2, 3 or 4 Individual gymnast(s).</p> <p>Apparatus Final The best eight (8) gymnasts of the Qualifications on each of the 4 apparatus of the program are designated to participate in the Individual Apparatus Finals, regardless of if they participate with or without a Team.</p> <p>Team Ranking : The team ranking is established by adding the four (4) scores of the Individual Qualification</p>
PROVISIONAL SCHEDULE	<p>The schedule may change depending on definitive registrations.</p> <p>17th May 2023 Arrival of delegations</p> <p>18th May 2023 Orientation meeting Podium training</p> <p>19th May 2023 RGI Juniors qualifications</p> <p>20th May 2023 RGI Juniors finals – Final Banquet</p> <p>21st May 2023 Departure of delegations</p>
MEDICAL SERVICES	<p>A medical service will be available throughout the period of the competition. During this competition an anti-doping control will be carried out in accordance with international standard.</p>
COVID 19	<p>The LOC should follow local guidelines in management of COVID-19. The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.</p>
VISA	<p>Please verify immediately with your travel agent or the Mauritius Embassy or Consulate in your country if a visa is required for your travel to Mauritius. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 10th April 2023</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p>

	<p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 19th April 2023.</p>
LOCAL TRANSPORTATION	<p>The Organising committee will provide transportation from Sir Seewoosagur Ramgoolam international Airport for the delegations who booked their accommodation through the LOC.</p> <p>Also, transportation between the official hotel, training, warm up and competition venue will be provided by LOC</p>
ACCOMMODATION	<p>Aanari Hotel & Spa (***) Address: Pasadena Village, Flic en Flac, Mauritius</p> <p>120 EURO The costs per person /night in Single room Full board 100 EURO The costs per person / night in a Double room full board</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 1st April 2023 at the very latest, the Hotel rooms will be allocated on a "first come, first served" basis. The invited participating federations must pay for the accommodation expenses of their delegation members. Cancellation will only be accepted by e-mail 50% of the total amount of the booking must be paid at the date of the booking on 1st April 2023. The remaining balance is due by 19th April 2023. From 19th April 2023, no reimbursement will be made.</p>
FINAL BANQUET	<p>The Final Banquet will be free of charge for all participating delegation members who are welcome to attend, only if the hotel reservations are made through the LOC.</p> <p>Additional delegation members are welcome to attend the Final Banquet at an additional fee of EUR 50 p/person and for other non-delegation members, which must be booked and paid to the LOC.</p>
CANCELLATION POLICY	<p>Any cancellations after 19th April 2023 will incur a penalty of 100% of total amount due.</p>
BANK ACCOUNT INFORMATION	<p>Bank Name: ABSA BANK (MAURITIUS) LIMITED Account Name: MAURITIUS OLYMPIC COMMITTEE Account Number: 07/2514106 IBAN Number: MU71BARC0307000002514106000USD Currency: USD Swift code: BARCMUMUOBU ADDRESS: ABSA HOUSE, EBENE CYBERCITY, 72201 QUATRE-BORNES, MAURITIUS</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: "Country code RG Mauritius Africa Cup 2023". Example: MRI_RG Mauritius Africa Cup 2023 The participating federation is responsible for covering all bank fees in connection with the bank transfers</p>
MARKETING	<p>FIG advertising and publicity norms must be respected</p>

DEADLINES SUMMARY	Provisional Registration	25th March 2023
	Definitive Registration	1st April 2023
	Nominative Registration	19th April 2023
	Accommodation Form	1st April 2023
	Visa Request Form	10th April 2023
	Payment of the Entry Fee	1st April 2023
	Payment of the Accommodation Costs 50%	1st April 2023
	Payment of the Accommodation Costs 100%	19th April 2023
	Travel Schedule Form	19th April 2023

Sincerely Yours
March 21, 2023



L. Aling

Lloyd Aling,
The Gymnastics Federation of Mauritius President