



**19th Junior Rhythmic Gymnastics
Asian Championships
(INDIVIDUAL AND GROUP)
31 May to 3 June 2023 | Manila, PHILIPPINES**



DIRECTIVES

Event ID: 17381

Dear AGU affiliated Member Federations,

The Gymnastics Association of the Philippines has the pleasure to invite your Federation to participate in the 19th Junior Rhythmic Gymnastics Asian Championships in Manila, Philippines from **May 31 - June 3, 2023**.


DISCIPLINE	Rhythmic Gymnastics - Junior
HOST FEDERATION / LOCAL ORGANIZING COMMITTEE	Gymnastics Association of Philippines (GAP) Contact Person: Ms. Rowena Eusuya Address: 606 Victoria corner Basco Streets Intramuros, Manila, Philippines Telephone & Mobile: +63 2 87728605 +63917 672 8762 E-mail: secgen@philippinegymnastics.com rj.asianchamp2023@philippinegymnastics.com
AGU	Asian Gymnastics Union (AGU) Address: Al-Bida Tower, 5/F – Al Dafna, Doha 22955 Qatar Tel: +974 44944 133 Fax: +974 44944 131 E-mail: info@agu-gymnastics.com Website: www.agu-gymnastics.com
LOCATION	Manila, Philippines
DATES	May 31 to June 3, 2023
VENUE	Ninoy Aquino Stadium Rizal Memorial Sports Complex 1750 M. Adriatico Street, Malate, Manila, Philippines
APPARATUS SUPPLIER	Please refer to the attached apparatus list

RULES AND REGULATIONS	<p>The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> ● Statutes ● Code of Ethics ● Code of Conduct ● Technical Regulations ● Code of Discipline ● Code of Points and relevant Newsletters ● General Judges' Rules ● Specific Judges' Rules ● Doping Control Rules ● FIG License Rules (except for non-competitive events) ● FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events ● FIG Medical Guidelines for FIG Competitions and Events ● FIG Rules for Sanctioning (approval) of International Events ● Media Rules ● Advertising and Publicity Rules ● Regulations for Award Ceremonies ● Accreditation Rules <p>and subsequent decisions of the FIG Executive Committee</p>
FEDERATIONS INVITED	<p>The Organizing Member Federation will invite all AGU Member Federations in good standing.</p> <p>Federations which have not fulfilled their annual membership fees towards the AGU and the FIG and not fulfilled their financial obligations towards the Organizing Committee will not be allowed to participate in the Asian Championships.</p>
AGE LIMITS	JUNIOR
FIG LICENSE	All gymnasts must have a valid FIG license until the end of the event.
ENTRY FEES	<p>Entry Fee</p> <ul style="list-style-type: none"> ● 50 USD per Individual gymnasts ● 100 USD per Group <p>At the time of the Definitive Registration 28 Feb 2023 100% of the Entry Fee must be paid to the LOC.</p> <p>The entry fees should be paid by bank transfer onto the account of Gymnastics Association of Philippines. Any bank charges will be shouldered by the delegation.</p>
COMPETITION FORMAT - JUNIOR	<p>Team Definition</p> <p>A Team consists of two (2) to four (4) individual gymnasts performing 4 RGI routines in total, and one (1) group performing 2 RGG routines.</p> <p><u>Participation with Individual</u></p> <p>General principles</p> <ul style="list-style-type: none"> ● Each gymnast must perform at least one (1) routine. ● Each NF has the right to choose the number of routines to be performed per its gymnast. ● Each NF has the right to choose the apparatus to be performed per its gymnast. ● The minimum number of routines per gymnast is 1, the maximum is 4 routines.

	<ul style="list-style-type: none"> The maximum number of routines per NF is 4 in total, i.e., one (1) per apparatus. <p><u>Individual Qualification with Team:</u> Each NF must participate with 2, 3 or 4 Individual gymnasts.</p> <p><u>Individual Qualification without Team:</u> Each NF is entitled to participate with 1, 2, 3 or 4 Individual gymnast(s).</p> <p><u>Apparatus Final</u> The best eight (8) gymnasts of the Qualifications on each of the 4 apparatus of the programme are designated to participate in the Individual Apparatus Finals, regardless of if they participate with or without a Team.</p> <p><u>Participation with Group</u> <i>Group All-Around Competition with Team:</i> Each Group must present 1 routine with 5 Ropes and 1 routine with 5 Balls.</p> <p><i>Group All-Around Competition without Team:</i> Each Group may present 1 routine with 5 Ropes and 1 routine with 5 Balls. A Group may perform 1 routine only but in that case is not eligible for the All-Around</p> <p><u>Ranking or Team Ranking.</u> <i>All-Around Ranking:</i> The All-Around Ranking is established by adding the two (2) results of the All-Around Competition.</p> <p><u>Apparatus Finals</u> The best eight (8) Groups of the All-Around Competition of each apparatus are designated to participate in the Apparatus Final, regardless of if they participate with or without a Team.</p> <p><u>Team Ranking:</u> The team ranking is established by adding the four (4) scores of the RGI Qualification and the two (2) scores of the RGG All-Around Competition.</p>																																				
TECHNICAL DELEGATE	Mrs. Gyoza Muminova - President of AGU RG TC																																				
DELEGATION SIZE	<table border="1"> <thead> <tr> <th>Team Size</th> <th>Individual</th> <th>Group</th> <th>Mixed</th> </tr> </thead> <tbody> <tr> <td>Head of Delegation</td> <td>1</td> <td></td> <td>1</td> </tr> <tr> <td>Team Manager</td> <td>1</td> <td></td> <td>1</td> </tr> <tr> <td>Coach</td> <td>3</td> <td>2</td> <td>max. 5</td> </tr> <tr> <td>Gymnasts</td> <td>4</td> <td>6</td> <td>max. 10</td> </tr> <tr> <td>Judges</td> <td>1</td> <td>1</td> <td>2</td> </tr> <tr> <td>Doctor</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Physiotherapist</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>TOTAL</td> <td></td> <td></td> <td>21</td> </tr> </tbody> </table>	Team Size	Individual	Group	Mixed	Head of Delegation	1		1	Team Manager	1		1	Coach	3	2	max. 5	Gymnasts	4	6	max. 10	Judges	1	1	2	Doctor	1	1	1	Physiotherapist	1	1	1	TOTAL			21
Team Size	Individual	Group	Mixed																																		
Head of Delegation	1		1																																		
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DRAWING OF LOTS	The gymnasts' drawing of lots will take place at the AGU headquarter in (QAT) after the closing date of the definitive registration and the participating countries will be informed of the starting order accordingly.																																				

PROVISIONAL SCHEDULE	<p>28-29 May 2023: Arrival of the Delegations</p> <p>30 May 2023: Podium Training Individuals and Group Judges' meeting and Draw</p> <p>31 May 2023: Opening Ceremony Qualification Individual (Hoop, Ball) All-around Group Competition (5 Ropes)</p> <p>1 June 2023: Qualification Individual (Clubs, Ribbon) All-around Group competition (5 Balls) Award Ceremony for Team Award Ceremony for Group All-Around</p> <p>2 June 2023: Apparatus Finals for Individual (Hoop, Ball) Apparatus Finals for Group (5 Ropes)</p> <p>3 June 2023: Apparatus Finals for Individual (Clubs, Ribbon) Apparatus Finals for Group (5 Balls) Award Ceremony for all Apparatus Finals FAREWELL BANQUE</p> <p>4 June 2023: Departure of Delegations</p>
EVENT MANAGER	<p>Ms. Anna Lou M. Carreon Mobile No: +63939 9060115 Email: loucarreon@yahoo.com</p>
MUSIC	<p>The LOC wishes to receive the music of each Individual Gymnast and Group exercise on MP3 format on or before 30 April 2023 through e-mail: rg.asianchamp2023@philippinegymnastics.com</p> <p>☛ Please label each music mp3 filename (RGI + RGG) as follows.</p> <p>1) For Individual:</p> <ul style="list-style-type: none"> - Example: PHI_Hoop_CANTERO_Andrea.mp3 - Example: PHI_Ball_CANTERO_Andrea.mp3 - Example: PHI_Clubs_CANTERO_Andrea.mp3 - Example: PHI_Ribbon_CANTERO_Andrea.mp3 <p>2) For Group:</p> <ul style="list-style-type: none"> - Example: PHI_Apparatus1_5 Ropes.mp3 - Example: PHI_Apparatus2_5 Balls.mp3 <p>Bring a copy of your music in portable drive for your training sessions and in case of a technical problem during the actual competition.</p>
MEDICAL SERVICES	<p>The Organizing Committee will provide a first aid medical service, a doctor and emergency medical transportation in the competition area.</p>
COVID 19 MEASURES	<p>As the COVID-19 situation is still under observation and unstable around the world.</p> <hr/> <p>The LOC should follow local guidelines in management of COVID-19. The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.</p> <p>Competitors arriving in Philippines must fully comply with the precautions that are specified in the Regulations of the Department of Health "To warn and prevent the spread of COVID-19 during the RG Competition."</p> <p>To enter Philippines, all foreign nationals including their children, can visit the Philippines. Fully vaccinated individuals are exempted to present a pre-departure test.</p>

	<p>You are considered fully vaccinated when you have received the 2nd dose in a two-dose series or a single dose vaccine more than 14 days prior to the date of departure from the country of origin.</p> <p>Children below 15 years old, regardless of vaccination status, can also travel to the country. They will follow the protocol for the accompanying fully vaccinated parent or guardian.</p> <p>For fully vaccinated individuals, present any off the following proofs of vaccination:</p> <ul style="list-style-type: none"> ● WHO International Certificates of Vaccination and Prophylaxis ● VaxCertPH for balikbayans who had their COVID-19 vaccination in the Philippines ● National/State manual/digital vaccination certificates of a foreign government ● Other proof of vaccination <p>*except for children below 15 years old, who will follow the protocol for the accompanying parent or guardian.</p> <p>Unvaccinated or partially vaccinated foreign nationals fifteen years old and above shall present a remotely supervised or a laboratory-based rapid antigen negative test result, failure to present the said pre-departure test shall be required to undergo a laboratory-based rapid antigen test taken upon arrival.</p> <p>Fill out the eArrival card at least two (2) days prior to get a QR Code.</p> <p>NO QUARANTINE NEEDED but self-monitor for any COVID-19 sign or symptom*** for seven (7) days. ***If you exhibit COVID-19 symptoms, immediately report to your hotel or accommodation for proper coordination with the local government unit of your destination.</p> <p>Further specific guidelines will be communicated and implemented separately depending on the current local situation.</p>
DOPING CONTROLS	<p>The Organizing Member Federation will provide at its own charge a minimum of 5 doping controls for Individual gymnasts and 5 for Groups. Anti-Doping Control Agency as well as Anti-Doping Control Laboratory will be nominated later.</p>
VISA	<p>Please verify immediately with your travel agent or the Philippine Embassy or Consulate in your country if a visa is required for your travel to Philippines. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made on or before 30 March 2023 to the LOC, using the visa request form, along with a clear copy passports.</p>

<p>INSURANCE</p>	<p>The Host Federation, the LOC, the AGU and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents, and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p> <p>Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance at the Federation own charge as follows: 25 USD per person/day.</p>
<p>SAFEGUARDING</p>	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the "10 Golden Rules of Gymnastics", the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>
<p>INTERNATIONAL TRANSPORTATION</p>	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 30 April 2023.</p>
<p>LOCAL TRANSPORTATION</p>	<p>The LOC will take charge of the transportation arrangements for all accredited delegates from the airport of Manila to the official hotel, to and from the competition/training venues; only if hotel reservations are made through the LOC.</p>
<p>ACCOMMODATION</p>	<p>Hotel: Sofitel Philippine Plaza Address: CCP Complex, Roxas Blvd, Pasay, Metro Manila, Philippines Telephone: +63 2 85735555 Website: https://www.sofitelmanila.com/</p>  <p>The costs per person/night in this Hotel are as follows:</p> <p>USD 265 (single room, including full board & local transport) USD 210 (twin/double room, including full board & local transport)</p>

	<p>You may also pay in Peso Php14,000 (single room, including full board & local transport) Php11,000 (twin/double room, including full board & local transport)</p> <p>While the Accommodation form must be returned to the LOC by 15 March 2023 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members. The costs for the accommodations and meals must be paid to the LOC by 20 March 2023.</p>
<p>ACCREDITATION</p>	<p>Accreditation of all delegations will take place at the hotel upon arrival.</p> <p>The Heads of Delegations have to check the names of their own delegation members and hotel rooms reserved.</p> <p>The the following are to be presented upon LOC Accreditation Office:</p> <ul style="list-style-type: none"> - Passports of all members of the delegation - Valid FIG licenses of gymnasts - National anthem in portable drive - National flag (120x 2025 cm) - Gymnasts/ Group music in portable drive – 2 sets (one for competition, one for trainings) - Certification of insurance for all delegation members covering illness (including COVID-19), accidents, repatriation. - Proof of full payment to LOC <p>In order to speed accreditation procedures, please send to the Organizing Committee a photo of each member of the delegation (in jpg format or passport photo) together with the nominative registration on or before 15 March 2023.</p> <p>If the photo must be taken at the Accreditation because none has been sent within the deadline or not sent in the official requested format, there will be a charge of 10 USD for each photo taken at the accreditation desk. In addition, the LOC will distribute information regarding the gymnasts’ safeguarding plan.</p>
<p>FINAL BANQUET</p>	<p>The LOC provides for the official delegation free of charge for all participants, only if the hotel reservations are made through the LOC. All other persons willing to attend this Banquet will be entitled to do so, provided that a request will be send in writing to the LOC using the “Meals” Form and that the amount of \$60 per person will be paid in full to the LOC.</p>
<p>BANK ACCOUNT INFORMATION</p>	<p>Account Name: Gymnastics Association of the Philippines PESO Acct No: 000004980816-0 USD Acct No: 000005561352-8 Name of Bank: Security Bank Corporation Branch: Taft-Vito Cruz Address: G/F 2 Torre Lorenzo Condominium Taft Avenue corner Malate, Manila, Philippines</p> <p>Contact No: (+63) 2 85210925 Swift Code: SETCPHMM Chips UID: 01-0457</p> <p>Each participating member Federation is kindly requested to integrate the payment’s purpose as follows: the accommodation, meals, entry fee has to be paid in full before 15 March 2023.</p>

	The participating Federations are responsible for covering all bank fees in connection with the bank transfers.	
JUDGES AND JURIES	All judges must have a valid FIG brevet for the respective discipline (RGI and/or RGG).	
	<p>The participating member federations must send minimum one qualified judge if they participate with individual gymnast(s) and one qualified judge if they participate with a group.</p> <p>The Organizing Member Federation is responsible that there are enough FIG brevetted judges present with the appropriate valid category of brevet for their function. Should there not be sufficient judges as per the on-line nominative registration, or not sufficient cat. 1 and 2 judges, the Organizing Member Federation must propose to the AGU for prior approval of the Technical Delegate the name of neutral additional judges to complete the panels (plus 2 reserves). These judges, once approved, have to be invited at the cost of the Organizing Member Federation.</p> <p>Such invitation must be made through the respective Member Federation. Should the Organizing Member Federation fail to propose names for additional judges, the AGU Office in consultation with the Technical Delegate concerned will invite these judges at the cost of the Organizing Member Federation.</p> <p>The selection of judges will be made:</p> <ul style="list-style-type: none"> • D Judges are drawn among the judges with cat. 1, 2 • A, E, T, L Judges are drawn among the judges cat. 1, 2, 3 or 4 (preference is given to the judges with the highest qualification) <p>The Organizing Member Federation will apply a fine of USD 1500 per missing judge (to be paid to the LOC) should a federation fail to bring the required number of judges. This fine must be paid to the LOC by 15 March 2023.</p> <p>The travel expenses and accommodation are to be borne by the participating Federations.</p>	
DEADLINE SUMMARY	Provisional Registration	Feb 20, 2023
	Definitive Registration	Mar 15, 2023
	Nominative Registration Step 1	Apr 15, 2023
	Nominative Registration Step 2	Apr 22, 2023
	Entry Form for Judges	Mar 15, 2023
	Accommodation Form	Mar 15, 2023
	Payment of the Entry Fee	Mar 20, 2023
	Payment of the Hotel Rooms & Meals	Mar 20, 2023
	Visa Request Form	Mar 30, 2023
	Travel Schedule Form	Apr 30, 2023
	Music mp3	April 30, 2023

Looking forward to welcoming you in Manila!

Sincerely Yours,

Manila: April 24th, 2023



Cynthia L. Carrion

President Gymnastics Association of Philippines