



**14th Senior Rhythmic Gymnastics
Asian Championships
(INDIVIDUAL AND GROUP)
& Oceania Continental Championships
(INDIVIDUAL)**



31 May to 3 June 2023 | Manila, PHILIPPINES

DIRECTIVES

Event ID: 17382

Dear AGU & OGU affiliated Member Federations,

The Gymnastics Association of the Philippines has the pleasure to invite your Federation to participate in the 14th Senior Rhythmic Gymnastics Asian Championships and 2023 RG Oceania Continental Championships in Manila, Philippines from **May 31 - June 3, 2023**.

DISCIPLINE	Rhythmic Gymnastics - Senior
HOST FEDERATION / LOCAL ORGANIZING COMMITTEE	Gymnastics Association of Philippines (GAP) Contact Person: Ms. Rowena Eusuya Address: 606 Victoria corner Basco Streets Intramuros, Manila, Philippines Telephone & Mobile: +63 2 87728605 +63917 672 8762 Email: secgen@philippinegymnastics.com rg.asianchamp2023@philippinegymnastics.com
AGU	Asian Gymnastics Union (AGU) Address: Al-Bida Tower, 5/F – Al Dafna, Doha 22955 Qatar Tel: +974 44944 133 Fax: +974 44944 131 E-mail: info@agu-gymnastics.com Website: www.agu-gymnastics.com
LOCATION	Manila, Philippines
DATES	May 31 to June 3, 2023
VENUE	Ninoy Aquino Stadium Rizal Memorial Sports Complex 1750 M. Adriatico Street, Malate, Manila, Philippines
APPARATUS SUPPLIERS	Please refer to the attached apparatus list

RULES AND REGULATIONS	<p>The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Doping Control Rules • FIG License Rules (except for non-competitive events) • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • FIG Medical Guidelines for FIG Competitions and Events • FIG Rules for Sanctioning (approval) of International Events • Media Rules • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules and subsequent decisions of the FIG Executive Committee
FEDERATIONS INVITED	<p>The Organizing Member Federation will invite all AGU Member Federations in good standing. Federations which have not fulfilled their annual membership fees towards the AGU and the FIG and not fulfilled their financial obligations towards the Organizing Committee will not be allowed to participate in the Asian Championships.</p>
AGE LIMITS	SENIOR
FIG LICENSE	All gymnasts must have a valid FIG license until the end of the event.
ENTRY FEES	<p>Entry Fee</p> <ul style="list-style-type: none"> • 50 USD per Individual gymnasts • 100 USD per Group <p>At the time of the Definitive Registration 15 Mar 2023 100% of the Entry Fee must be paid to the LOC.</p> <p>The entry fees should be paid by bank transfer onto the account of Gymnastics Association of Philippines. Any bank charges will be covered by the delegation.</p>
COMPETITION FORMAT – SENIOR	<p>Individual Qualification:</p> <ul style="list-style-type: none"> • Federations with 2-3 Individuals: each federation has the right to choose the number of exercises to be performed per gymnast, minimum 1 and maximum 4 exercises per gymnast, for a total of 8 exercises per NF (2 of each apparatus) • Federations with 1 Individual: 4 exercises <p>The results obtained in the Qualification determine:</p> <ul style="list-style-type: none"> • the qualification for the All-Around Final made by adding the 3 best scores obtained in the Qualification • the qualification for the Apparatus Finals

- the ranking of the All-Around competitors ranked from the 19th to the last place
- the ranking of the competitors ranked from the 9th to the last place on each individual apparatus

All-Around Final:

- The 18 best gymnasts from Qualifications participate in the All-Around Final (max. 2 per NF).
- The programme consists of 4 exercises with the four prescribed apparatus and the ranking is made by adding the 4 scores obtained with the four apparatus.

Apparatus Finals:

- The 8 best ranked gymnasts from Qualification participate in the Apparatus Final (max. 2 gymnasts per NF).

Group

Qualifications and All-Around Ranking:

- Each federation participating in the competition shall present two different exercises.

Apparatus Finals:

- The 8 best Groups from the Qualification participate in the Apparatus Finals.

Team Ranking

- Federations participating in the Team ranking must perform a total of 8 Individual routines (2 of each apparatus) + 2 Group routines
- The ranking is established by adding the 8 scores registered by the Individual gymnasts plus the scores of the 2 Group routines of the team (from Qualifications).

Qualification for the World Championship 2023 for Individual:

- According to the FIG TR Section 3 Art 5.2.1 participation in World Championships will be determined by qualifications through Continental Championships
- Participation in World Championships will be determined through the All-Around– Final.
- If there are not enough eligible NFs from the All-Around Final, the last attribution will be based on the results of the Qualification results.

TECHNICAL DELEGATE

Mrs. Gyoza Muminova - President of AGU RG TC

DELEGATION SIZE

Team Size	Individual	Group	Mixed
Head of Delegation	1		1
Team Manager	1		1
Coach	3	2	max. 5
Gymnasts	4	6	max. 10
Judges	1	1	2
Doctor	1	1	1
Physiotherapist	1	1	1
TOTAL			21

DRAWING OF LOTS	The gymnasts' drawing of lots will take place at the AGU headquarter in (QAT) after the closing date of the definitive registration and the participating countries will be informed of the starting order accordingly.
OCEANIA CONTINENTAL CHAMPIONSHIP	<p>Oceania Gymnastics Union</p> <p>OGU Federations will compete at the Asian Championships for 2023. This event will serve as the Oceania Continental Championships.</p> <p>The maximum delegation of individual gymnasts is three (+1 reserve). These athletes can compete in the Oceania Continental Championships. RGI Team Competition Federations can enter up to 3 Senior International Individual athletes. Up to 3 athletes can compete on any apparatus, with the top 2 scores per apparatus (8 scores total) to contribute to the RGI Team score.</p> <p>World Championships 2023 Quota Places for Individuals</p> <p>The Oceania Continental Individual Quota place (2-3 gymnasts) will be allocated to the Federation with the highest RGI Team All-Around score. The Oceania Continental Individual Quota place (1 individual) will be allocated to the Federation who did not qualify the Quota place for 2-3 Individual gymnasts.</p> <p>The RGI Team results will be based on the Qualification Round of the competition.</p> <p>EVENT MANAGER Kim Richardson – OGU Project Manager Tel No: 03 8698 9723 Email: ProjectManager@oceaniagymnastics.org</p>
PROVISIONAL SCHEDULE	<p>28-29 May 2023: Arrival of the Delegations</p> <p>30 May 2023: Podium Training Individuals and Group Judges' meeting and Draw</p> <p>31 May 2023: Opening Ceremony Qualification Individual (Hoop, Ball) All-around Group Competition (5 Hoops)</p> <p>1 June 2023: Qualification Individual (Clubs, Ribbon) All-around Group competition (3 Ribbons + 2 Balls) Award Ceremony for Team Award Ceremony for Group All-Around</p> <p>2 June 2023: Apparatus Finals for Individual (Hoop, Ball) Apparatus Finals for Group (5 Hoops)</p> <p>3 June 2023: Apparatus Finals for Individual (Clubs, Ribbon) Apparatus Finals for Group (3 Ribbons + 2 Balls) Award Ceremony for all Apparatus Finals FAREWELL BANQUET</p> <p>4 June 2023: Departure of Delegations</p>
EVENT MANAGER	Ms. Anna Lou M. Carreon Mobile No: +63939 9060115 E-mail: loucarreon@yahoo.com

MUSIC	<p>The LOC wishes to receive the music of each Individual Gymnast and Group exercise on MP3 format on or before 30 April 2023 through e-mail: rg.asianchamp2023@philippinegymnastics.com</p> <p>Please label each music mp3 filename (RGI + RGG) as follows.</p> <p>1) For Individual:</p> <ul style="list-style-type: none"> - Example: PHI_Hoop_CANTERO_Andrea.mp3 - Example: PHI_Ball_CANTERO_Andrea.mp3 - Example: PHI_Clubs_CANTERO_Andrea.mp3 - Example: PHI_Ribbon_CANTERO_Andrea.mp3 <p>2) For Group:</p> <ul style="list-style-type: none"> - Example: PHI_Apparatus1_5 Hoops.mp3 - Example: PHI_Apparatus2_3 Ribbons_2 Balls.mp3 <p>Bring a copy of your music in portable drive for your training sessions and in case of a technical problem during the actual competition.</p>
MEDICAL SERVICES	<p>The Organizing Committee will provide a first aid medical service, a doctor and emergency medical transportation in the competition area.</p>
COVID 19 MEASURES	<p>As the COVID-19 situation is still under observation and unstable around the world.</p> <hr/> <p>The LOC should follow local guidelines in management of COVID-19. The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.</p> <p>Competitors arriving in Philippines must fully comply with the precautions that are specified in the Regulations of the Department of Health “To warn and prevent the spread of COVID-19 during the RG Competition.”</p> <p>To enter Philippines, all foreign nationals including their children, can visit the Philippines. Fully vaccinated individuals are exempted to present a pre-departure test.</p> <p>You are considered fully vaccinated when you have received the 2nd dose in a two-dose series or a single dose vaccine more than 14 days prior to the date of departure from the country of origin.</p> <p>Children below 15 years old, regardless of vaccination status, can also travel to the country. They will follow the protocol for the accompanying fully vaccinated parent or guardian.</p> <p>For fully vaccinated individuals, present any off the following proofs of vaccination:</p> <ul style="list-style-type: none"> • WHO International Certificates of Vaccination and Prophylaxis; • VaxCertPH for balikbayans who had their COVID-19 vaccination in the Philippines; • National/State manual/digital vaccination certificates of a foreign government; and • Other proof of vaccination. <p>*except for children below 15 years old, who will follow the protocol for the accompanying parent or guardian.</p> <p>Unvaccinated or partially vaccinated foreign nationals fifteen years old and above shall present a remotely supervised or a laboratory-based rapid</p>

	<p>antigen negative test result, failure to present the said pre-departure test shall be required to undergo a laboratory-based rapid antigen test taken upon arrival.</p> <p>Fill out the eArrival card at least two (2) days prior to get a QR Code.</p> <p>NO QUARANTINE NEEDED but self-monitor for any COVID-19 sign or symptom*** for seven (7) days. ***If you exhibit COVID-19 symptoms, immediately report to your hotel or accommodation for proper coordination with the local government unit of your destination.</p> <p>Further specific guidelines will be communicated and implemented separately depending on the current local situation.</p>
DOPING CONTROLS	<p>The Organizing Member Federation will provide at its own charge a minimum of 5 doping controls for Individual gymnasts and 5 for Groups. Anti-Doping Control Agency as well as Anti-Doping Control Laboratory will be nominated later.</p>
VISA	<p>Please verify immediately with your travel agent or the Philippine Embassy or Consulate in your country if a visa is required for your travel to Philippines. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made on or before 30 March 2023 to the LOC, using the visa request form, along with a clear copy passports.</p>
INSURANCE	<p>The Host Federation, the LOC, the AGU and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents, and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p> <p>Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance at the Federation own charge as follows: 25 USD per person/day.</p>
SAFEGUARDING	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the "10 Golden Rules of Gymnastics", the FIG campaign to raise awareness about youth protection in Gymnastics, will</p>

	have to be displayed in several locations, including training and warm-up halls and public zones.
INTERNATIONAL TRANSPORTATION	The invited participating federations must pay for the travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by 30 April 2023 .
LOCAL TRANSPORTATION	The LOC will take charge of the transportation arrangements for all accredited delegates from the airport of Manila to the official hotel, to and from the competition/training venues; only if hotel reservations are made through the LOC.
ACCOMMODATION	<p>Hotel: Sofitel Philippine Plaza Address: CCP Complex, Roxas Blvd, Pasay, Metro Manila, Philippines Telephone: +63 2 85735555 Website: https://www.sofitelmanila.com/</p>  <p>The costs per person/night in this Hotel are as follows:</p> <p>USD 265 (single room, including full board & local transport) USD 210 (twin/double room, including full board & local transport)</p> <p>You may also pay in Peso Php14,000 (single room, including full board & local transport) Php11,000 (twin/double room, including full board & local transport)</p> <p>While the Accommodation form must be returned to the LOC by 15 March 2023 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members. The costs for the accommodation and meals must be paid to the LOC by 20 March 2023.</p>
FINAL BANQUET	The LOC provides for the official delegation free of charge for all participants, only if the hotel reservations are made through the LOC. All other persons willing to attend this Banquet will be entitled to do so, provided that a request will be send in writing to the LOC using the “Meals” Form and that the amount of \$60 per person will be paid in full to the LOC.
ACCREDITATION	Accreditation of all delegations will take place at the hotel upon arrival. The Heads of Delegations have to check the names of their own delegation members and hotel rooms reserved. The the following are to be presented upon LOC Accreditation Office: <ul style="list-style-type: none"> - Passports of all members of the delegation - Valid FIG licenses of gymnasts - National anthem in portable drive - National flag (120x 2025 cm) - Gymnasts/ Group music in portable drive – 2 sets (one for competition, one for trainings) - Certification of insurance for all delegation members covering illness (including COVID-19), accidents, repatriation. - Proof of full payment to LOC

	<p>In order to speed accreditation procedures, please send to the Organizing Committee a photo of each member of the delegation (in jpg format or passport photo) together with the nominative registration on or before 15 April 2023.</p> <p>If the photo must be taken at the Accreditation because none has been sent within the deadline or not sent in the official requested format, there will be a charge of 10 USD for each photo taken at the accreditation desk.</p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>
<p>BANK ACCOUNT INFORMATION</p>	<p>Account Name: Gymnastics Association of the Philippines PESO Acct No: 000004980816-0 USD Acct No: 000005561352-8 Name of Bank: Security Bank Corporation Branch: Taft-Vito Cruz Address: G/F 2 Torre Lorenzo Condominium Taft Avenue corner Malate, Manila, Philippines</p> <p>Contact No: (+63) 2 85210925 Swift Code: SETCPHMM Chips UID: 01-0457</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: the accommodation, meals, entry fee must be paid in full before 15 March 2023.</p> <p>The participating Federations are responsible for covering all bank fees in connection with the bank transfers.</p>
<p>JUDGES AND JURIES</p>	<p>All judges must have a valid FIG brevet for the respective discipline (RGI and/or RGG).</p> <p>The participating member federations must send minimum one qualified judge if they participate with individual gymnast(s) and one qualified judge if they participate with a group.</p> <p>The Organizing Member Federation is responsible that there are enough FIG brevetted judges present with the appropriate valid category of brevet for their function. Should there not be sufficient judges as per the on-line nominative registration, or not sufficient cat. 1 and 2 judges, the Organizing Member Federation must propose to the AGU for prior approval of the Technical Delegate the name of neutral additional judges to complete the panels (plus 2 reserves). These judges, once approved, have to be invited at the cost of the Organizing Member Federation.</p> <p>Such invitation must be made through the respective Member Federation. Should the Organizing Member Federation fail to propose names for additional judges, the AGU Office in consultation with the Technical Delegate concerned will invite these judges at the cost of the Organizing Member Federation.</p> <p>The selection of judges will be made:</p> <ul style="list-style-type: none"> • D Judges are drawn among the judges with cat. 1, 2 • A, E, T, L Judges are drawn among the judges cat. 1, 2, 3 or 4 (only T or L) <p>preference is given to the judges with the highest qualification</p>

	<p>The Organizing Member Federation will apply a fine of USD 1500 per missing judge (to be paid to the LOC) should a federation fail to bring the required number of judges. This fine must be paid to the LOC by 15 March 2023.</p> <p>The travel expenses and accommodation are to be borne by the participating Federations.</p>	
DEADLINE SUMMARY	Provisional Registration	Feb 20, 2023
	Definitive Registration	Mar 15, 2023
	Nominative Registration	Step 1 Apr 15, 2023
	Nominative Registration	Step 2 Apr 22, 2023
	Entry Form for Judges	Mar 15, 2023
	Accommodation Form	Mar 15, 2023
	Payment of the Entry Fee	Mar 20, 2023
	Payment of the Hotel Rooms & Meals	Mar 20, 2023
	Visa Request Form	Mar 30, 2023
	Travel Schedule Form	Apr 30, 2023
	Music mp3	April 30, 2023

Looking forward to welcoming you in Manila!

Sincerely Yours,

Manila: April 26th, 2023



Cynthia L. Carrion
President
Gymnastics Association of Philippines