

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



FONDÉE EN 1881



WORLD CUP RZESZÓW - POLAND

RZESZÓW, POLAND – JUNE 9th –JUNE 11th 2023

www.akrobatykarzeszow.com



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1. GENERAL INFORMATION

This competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these World Cup Rules for Acrobatics Gymnastics:

- Statutes
- Code of Ethics
- Technical Regulations
- License Rules
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules for Acrobatic Gymnastics
- Medical Organization of the Official FIG Competitions
- Doping Control Rules
- Media Rules
- Apparatus Norms
- Advertising and Publicity Rules
- Accreditation Rules
- Regulations for Awards Ceremonies
- and subsequent decisions of the FIG Executive Committee

2. COMPETITION VENUE

Hala Sportowa "Podpromie"
Podpromie 10
35-045 Rzeszów
+48 17 8536868
e-mail: hala@erzeszow.pl
web site: www.hala.rzeszow.pl



3. ORGANIZATION

International Federation

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE

Avenue de la Gare, 12A 1001 Lausanne

SWITZERLAND

Phone : +41 (0) 21 321 55 10

Fax : +41 (0) 21 321 55 19

E-Mail: rvinagre@fig-gymnastics.com

URL: www.gymnastics.sport

- Technical Delegate: **Frank Böhm**

Local Organizing Committee

Podkarpacki Okręgowy Związek Akrobatyki Sportowej

Puławskiego 13a, 30-011 Rzeszów

Contact person: Eliza Kaplita-Wójcik

Phone: +48 605 080 226

E-mail: acro2023.rzeszow@gmail.com

Website: www.akrobatykarzeszow.pl

4. RESPONSIBLE PERSONS

Mr. Tadeusz Kaplita

Mrs. Eliza Wójcik

Mrs. Izabela Matias

Mr. Maciej Stopa

Mrs. Izabela Matias

Mrs. Eliza Wójcik

Mr. David Kuś

Mr. Daniel Woźniak

Mr. Robert Sokołowski

Mrs. Dorota Skiba

OC President

OC Vice-President

Competition Manager

Head of Media

Office / Accreditations

Accommodation and Transports

Results Software

Video Manager

Floor Manager

Opening and Award Ceremonies

5. GENERAL PROGRAMME

Wednesday, 7th June	All day	Delegations arrival
	11:30 – 20:30	Free Training (Warm Up floor – <u>with music</u>)
Thursday, 8th June	10:00	Orientation meeting
	11:00	Judges' Meeting
	10:30 – 14:45	Training Per Schedule

Friday, 9th June	15:00	Start Warm-up
	16:00	Qualification 1 st exercise
	WP B (8) / MxP D (9) / MP B (4) – (1:15h)	
	15 min break	
	WG D (13) / MG B (5) – (1:05h)	
Saturday, 10th June	15:00	Start Warm-up
	16:00	Qualification 2 nd exercise
	WP D (8) / MxP B (9) / MP D (4) – (1:15h)	
	15 min break	
	WG B (13) / MG D (5) – (1:05h)	
Sunday, 11th June	12:30	Start Warm-up
	14:00	FINALS
	16:00	Award Ceremony
	20:30	Dinner & Farewell Party
Monday, 12th June	Departure of all delegations	

6. TRANSPORTATION

Transfers by bus to and from the to the training and competition hall to official hotels, as well as from the official hotel to the training and competition hall will be provided to the delegations that booked their accommodation through the Organizing Committee. The transport schedule will be given upon arrival.

Nevertheless, shuttle buses will leave the Competition Venue and the Hotels according to the schedule they will follow strictly. **Please be on time!!!**

7. ACCREDITATION

Hala Sportowa "Podpromie" - OC OFFICE

Wednesday, 7th June from 10:00 – 20:00

(Delegation arriving later than 20:00 must contact the LOC)

The accreditation system identifies individuals participating in the competition and ensures controlled access to each area. All participants and officials are required to wear accreditation cards at all times.

At accreditation, the Head of Delegation must check the correct names of their complete

delegation, verify accommodation requirements, make the necessary payments (including insurance, if necessary) They also have to present the passports / ID of all competitors and judges for the control of nationality and age. The definitive competition schedule will be given to the Head of Delegation.

The accreditation is personal, non-transferable and compulsory to control access to training and competition hall, functions, official transport, lunches and dinners.

Without your accreditation card, you cannot pass the security control and you cannot participate in lunches, dinners, etc. So if you have lost your accreditation card, you must purchase a new one for the price of 150 Euro.

When all the commitments are fulfilled, all delegation members will receive their accreditations. All participants and officials are required to wear the accreditations at all times.

Federations will receive accreditation based on nominative entry upon arrival at the Competition Venue.

8. TARIFF SHEETS

Tariff Sheets must be submitted on AcroCompanion until the day of arrival.

All Tariff Sheets must use AcroCompanion software (the delegations will be contacted in order to use the software).

9. INSURANCE

The host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness or repatriation.

The FIG Technical Regulations (Section 1, Article 12.10) foresees that all participating Federations are obliged to cover the expenses for all members of their Delegation for the necessary insurance coverage against accidents and illness.

The Organizing Committee will verify the insurance of all federations at accreditation. Federations who cannot provide proof will have to purchase the insurance offered by the OC at their own cost. The Organizing Committee will subsequently offer insurance at the Federations own charge as follows: 50 Euro per person/day (except judges and gymnasts).

10. OFFICIAL LANGUAGE

The official language is English. Interpretations from and into other language must be organized by the delegations. Announcements will be made in English. The Work Plan and all other documents are available in English only.

11. VISAS

Please check immediately with your travel agent or the Polish Embassy or Consulate in your country, if a visa is required for your travel to Poland.

12. HOTELS

HOTEL BRISTOL/METROPOLITAN **** Address: Rynek 20-23, 35-064 Rzeszów	HOTEL AMBASADORSKI **** Address: Rynek 13-14, 35-064 Rzeszów Website: www.ambadorski.com
HOTEL HETMAN *** Address: Langiewicza 29b, 35-085 Rzeszów Website: www.hotelhetman.rzeszow.pl	HOTEL ISKRA ** Address: Dąbrowskiego 75, 35-040 Rzeszów Website: www.hoteliskra.pl
HOTELZIMOWIT *** Address: Al. Armii Krajowej 4b, 35-307 Rzeszów Website: www.hotel-zimowit.pl	HOTEL PREZYDENCKI ***/**** Address: Podwisłocze 48 35-309 Rzeszów Website: https://hoteleprezydenckie.pl/

13. MEALS

Full board is included in the accommodation packages booked through the OC. Breakfast will be served at the hotel. Lunch and dinner will be served close to the Competition Venue, inside the Sports Complex.

The Head of Delegation will receive meal tickets upon arrival at accreditation.

NO TICKET—NO MEALS!!! - NO ACCREDITATION—NO MEALS!!!

DAY	LUNCH	DINNER
Wednesday, 7 June	11:30 – 15:00	18:00 – 21:00
Thursday, 8 June	11:30 – 15:00	18:00 – 21:00
Friday, 9 June	11:30 – 15:00	18:00 – 21:30
Saturday, 10 June	11:30 – 15:00	18:00 – 21:30
Sunday, 11 June	11:30 – 15:00	Banquet 20:00

14. ORIENTATION MEETING

The orientation meeting will take place on Thursday, **June 8th** beginning at **10:00 in the Podpromie Hall**. The meeting can be attended by Head of Delegations and Team Managers. Daily information and results will be delivered in the Delegation's mailboxes. Only the Head of Delegation will be entitled to retrieve mail from the box.

15. TRAINING BY SCHEDULE AND MEASUREMENTS –June 8th

#	Country (number of temas)	Warm Up 20 minutes		Floor 1 20 minutes		Floor 2 (music) 20 minutes		Competition Floor 60 minutes	
		in	out	in	out	in	out	in	out
1	Ukraine (4), Georgia (1), Kazakhstan (3)	10:00	10:20	10:20	10:40	10:40	11:00	11:00	12:00
2	Great Britain (3), Ireland (2), Israel (3)	11:00	11:20	11:20	11:40	11:40	12:00	12:00	13:00
3	Portugal (8)	12:00	12:20	12:20	12:40	12:40	13:00	13:00	14:00
4	USA (3), Poland (2), Spain (2), Belgium (1)	13:00	13:20	13:20	13:40	13:40	14:00	14:00	15:00
5	Germany (3), China (2), Austria (1), Italy (1), Azerbaijan (1)	14:00	14:20	14:20	14:40	14:40	15:00	15:00	16:00

Gymnasts measurement will be made immediately after the podium training on JUNE 8th

16. EQUIPEMENT

Competition Floor: Spieth (blue spring floor)

Training Floor: Spieth (blue spring floor)

17. JUDGES MEETING

The Judges Meeting will take place on Thursday, 8th June at **11:00** in the Sports Hall (Judges room – Competition Venue).

All participating federations must provide at least one judge with a valid FIG Brevet. Failure to do so will result in a fine of Swiss Francs 2 000,00.

18. THE DRAW FOR JUDGES

The drawing of lots of the Judges' Panels for the Qualification and Finals will be conducted by the FIG Technical Delegate during the judge's meetings on Thursday, 8th June.

19. NO SMOKING POLICY

Please note that it is strictly forbidden to smoke in the venue complex.

20. MEDICAL SERVICES & ROOM

The Organizing Committee will provide medical services. A special room is marked with "Medical Room". Red Cross will be present on the Competition Area.

Doping controls will be made according FIG Anti-Doping Rules.

21. MARCH IN

On the beginning of each Competition, JUDGES are asked to be ready to march in on to their panel places so they can be called by the official speaker.

Judges are requested to remain in their places during the awards ceremony following Finals

22. VIDEO RECORDING

All routines and passes will be recorded.

23. AWARD CEREMONIES

The award ceremonies will take place on Friday, 9th June. Competitors must appear in their **national tracksuit**.

24. FINAL BANQUET

The banquet will take place on Sunday, 11th June at 20:30

25. DELEGATIONS SEATS

A special area will be reserved for delegations in the competition area. Please note that all delegations members must sit in this designated area. Do not leave backpacks marking spots.

26. MUSIC

Each participating NF needs to transmit all the music for its exercises to music.wc2023@gmail.com by 30/05/2023,

The LOC wishes to receive your music only in MP3format.

How to name MP3 – files:

Routine: Balance: BAL, Dynamic: DYN Combined :COM

Example: SEN_WP1_POL_DYN.mp3

Please bring along a copy of your music to the World Cup, as a back-up in case of a technical problem in the competition area or for your training sessions.

27. NATIONAL FLAG AND ANTHEM

Please bring a National Flag and the National Anthem to deliver upon arrival on Accreditation.

28. RIAC INTERNATIONAL ACRO CUP 2023 CONNECTION

The Rzeszów FIG Acro World Cup 2023 is held in close connection with the Rzeszów International Acro Cup 2023. All the facilities, transportations and services provided to the RIAC'23 Delegations can be fully used by the World Cup Delegations that booked their accommodation through the OC.

**9-11
JUNE
2023**

**RZESZOW
HALA PODPROMIE
FREE ENTRANCE**

**WORLD
CUP**

**&RZESZOW
INTERNATIONAL ACRO CUP IN
ACROBATIC GYMNASTICS**

