



**European
Gymnastics**

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**31ST EUROPEAN CHAMPIONSHIPS IN ACROBATIC GYMNASTICS
FOR SENIORS & JUNIORS
VARNA (BUL)**

18 – 22 OCTOBER 2023



VARNA²⁰²³

31st European Championships
Acrobatic Gymnastics • 18 - 22 October

Directives

EVENT ID Juniors: 17285

EVENT ID Seniors: 16909

Dear President,

EUROVISION
OPERATED BY EBU

SMARTSCORING

European Gymnastics is pleased to herein provide you with the Directives for the 31st European Championships in Acrobatic Gymnastics to be held in Varna (BUL) from October 18th – 22nd, 2023.

These European Championships will be organised following the FIG & European Gymnastics Statutes and Technical Regulations (TR), ACRO Code of Points and relevant newsletters, FIG Code of Ethics, FIG Code of Conduct, FIG Code of Discipline, FIG General Judges Rules, FIG Specific Judges Rules, FIG Anti-Doping Rules, European Gymnastics Medical Guidelines, the Medical Organisation of FIG Competitions and Events, the FIG Framework for safeguarding athletes and other participants from harassment and abuse in sport during events, the FIG License Rules, European Gymnastics Media Rules, FIG Apparatus Norms, FIG Advertising and Publicity Rules, FIG Rules for Sanctioning (approval) of International Events and European Gymnastics Accreditation Directives, as well as all other Rules and Guidelines valid starting 01 January 2023 onwards, any possible amendments by the date of these European Championships, and any complements decided in the meantime.

All participating Federations commit to abide by the Statutes and all European Gymnastics & FIG Rules and Regulations. Federations that fail to respect them will not be allowed to participate.

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1. EUROPEAN GYMNASTICS

EUROPEAN GYMNASTICS

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2. HOST FEDERATION

Bulgarian Gymnastics Federation

75 Vassil Levski blvd.
1040 Sofia, Bulgaria
Tel: +359 2 930 0614
Email: bulgym@abv.bg





3. LOCAL ORGANISING COMMITTEE (LOC)

Bulgarian Federation of Sports Acrobatics

75 Vassil Levski blvd.
1040 Sofia, Bulgaria
Contact person: Nedko Kostadinov
Tel: +359 2 987 62 45/mob. +359 894 64 01 08
Email: bulacro@gmail.com
Event Website: [2023 European Championships in Acrobatic Gymnastics](http://2023EuropeanChampionshipsinAcrobaticGymnastics.com)



4. LOCATION OF THE COMPETITION, TRAINING AND WARM-UP HALLS

Competition Arena	Palace of Culture and Sports Address bul. "Knyaz Boris I" 115 9002 Varna Center, Varna Kongresna Hall: 5000 seats Length: 45 m Width: 25 m Ceiling height: 14 Equipment: SPIETH Distance from the official Hotels: 20 -30 minutes	
Warm-up Hall	Mladost Hall A Address bul. "Knyaz Boris I" 115 9002 Varna Center, Varna Length: 36m Width: 18m Ceiling height: 13m Equipment: SPIETH	

Training Halls	Mladost Hall B	
	Length: 36m Width: 24m Ceiling height: 13m Equipment: SPIETH	

5. PROVISIONAL PROGRAMME *(subject to modification)*

Monday, October 16th, 2023		
<i>Official arrival day of Delegations</i>		<i>Accreditation</i>
Tuesday, October 17th, 2023		
Official training for Juniors & Seniors European Gymnastics TC-ACRO Meeting Judges meeting, instruction for electronic judges draw and evaluation and for SmartScoring Checking of tariff sheets Measurement Orientation meeting & welcome reception (TBC)		Palace of Culture and Sports
Wednesday, October 18th, 2023		
Training for Seniors Judges meeting & draw Opening Ceremony		Palace of Culture and Sports
JUNIORS	Qualifications 1st exercise Individual Junior Finals 1st exercise Award Ceremony	
Thursday, October 19th, 2023		
Training for Juniors Judges meeting & draw		Palace of Culture and Sports
SENIORS	Qualifications 1st exercise Individual Senior Finals 1st exercise Award Ceremony	
Friday, October 20th, 2023		
Judges draw		Palace of Culture and Sports
JUNIORS	Qualifications 2nd exercise	
SENIORS	Qualifications 2nd exercise	
Saturday, October 21st, 2023		
Judges draw		Palace of Culture and Sports
JUNIORS	All Around Final	
	Award Ceremony	
JUNIORS	All Around Final	
	Award Ceremony	
SENIORS	All Around Final	
	Award Ceremony	
Sunday, October 22nd, 2023		

Judges draw		
JUNIORS	Individual Junior Finals 2nd exercise Award Ceremony	Palace of Culture and Sports
SENIORS	Individual Senior Finals 2nd exercise Award Ceremony	
Closing ceremony Farewell banquet		
Monday, October 23rd, 2023		
<i>Departure of Delegations & European Gymnastics officials</i>		Hotel

6. PARTICIPATION RIGHT AND ACCREDITATIONS

Gymnasts holding a valid FIG License and with the correct age from European Gymnastics affiliated member federations in good standing may take part in these European Championships:

Participation right for Senior Gymnasts:

- Max. 2 units per category

Participation right for Junior Gymnasts:

- Max. 2 units per category

Maximum size of delegation

The maximum size of each delegation, together with the number of transferable access cards (transferable within the Federation's official delegation) as per European Gymnastics Rules for Accreditation is as follows:

Function	Seniors	Juniors	Total
Gymnasts	max. 2 units per category and per age group		
Head of Delegation	1	1	2
Team Manager 3 to 5 units	1	1	2
Team Manager 6 to 10 units	2	2	4
Coaches 1 unit	1	1	2
Coaches 2 units	2	2	4
Coaches 3 to 4 units	3	3	6
Coaches 5 to 6 units	4	4	8
Coaches 7 to 8 units	5	5	10
Coaches 9 units & more	6	6	12
Additional coach or choreographer * 4 to 6 units	1	1	2
Additional coach or choreographer * 7 units & more	2	2	4
Judges 1 to 5 units**	1 or 2		
Judges 6 units and more**	2		
Medical Doctor	1	1	2
Paramedical Staff	1	1	2
Additional medical doctor or paramedical staff 4 to 7 units	1	1	2
Additional medical doctor or paramedical staff 8 units & more	2	2	4
Guest or VIP Guest 1 to 4 units	1	1	2
Guest or VIP Guest 5 units and more*	2	2	4
Chaperon* (1 per 10 gymnasts under 18 years, max 4)	4	4	8

Note: additional transferable access cards may be delivered by European Gymnastics upon request by the delegation due to competition schedule / conditions

* Accreditation at the charge of the Federation

** in accordance with the TR/FIG excluding any Chair or Difficulty Judge drawn by the ACRO Technical Committee.

Additional accreditations (to be paid to the LOC):

Additional accreditations	Price
Additional coach or choreographer	EUR 180
Additional paramedical staff	EUR 180
Guest	EUR 180
VIP Guest	EUR 200
Chaperon	EUR 180

Accreditation Application Process

Accreditation cards will be distributed at the Accreditation Centre situated at the Competition Venue upon arrival of the delegations.

The following items will be checked there with the Heads of delegations:

- The passport of gymnasts and judges including all members of the delegations
- Transport – Departure
- The medical insurance for the members of the delegations, except from the gymnasts and judges, see point 19.
- Prove of the fulfilment of all financial obligations to the LOC
- Music check
- Check of national anthem and national flag

In order to accelerate the process of the accreditation, each participating Federation is kindly requested to upload photos and passport copy of each member of its delegation (gymnasts, head of delegation, team leaders, coaches, judges, doctor, physiotherapist) into the Acro Companion digital platform (www.acro-companion.com/registrations), by **14th September 2023**.

Media Accreditation

International and local media representatives as well as federations' communications staff who are interested in covering the event can register online at <http://registry.gymdata.online/>

Deadline: 4th October 2023.

The European Gymnastics Accreditation Rules and Media Rules have to be strictly respected.

7. AGE LIMIT OF GYMNASTS

Juniors

Seniors

All gymnasts must have a current valid FIG licence until the end of the event.

A "unit" without any changes in 2023, who has competed in any FIG approved competition, cannot participate in a "lower age group".

In a table, it is summarised as follows:

Participated	May participate			
	Senior	13-19	12-18	11-16
Senior	yes	no	no	no
13-19	yes	yes	no	no
12-18	yes	yes	yes	no
11-16	yes	yes	yes	yes

A gymnast may only participate in one Age Group and unit (pair/group) during the same competition (ECh). An individual who has competed as Senior are eligible for the junior competition only if he/she belongs to a different unit* (pair/group).

* Is considered a different unit when minimum one partner changes in a pair/group.

8. REGISTRATIONS AND ENTRY FEES

Registrations can only be made by European Gymnastics and FIG affiliated federations in good standing, via the **GymData** Online registration tool from Smart Scoring (<http://registry.gymdata.online/>) and by using the National Gymnastics Federations' login and password.

Definitive Registration

The definitive registrations must be completed by entering the composition of the delegation until **Monday, July 17th, 2023 (23:59 Swiss time) at the very latest.**

Nominative Registrations

The nominative registrations must be completed by entering the composition of the delegation until **Thursday, September 14th, 2023 (23:59 Swiss time) at the very latest.**

Entry Fees EUR 150.- per gymnast

The total amount of the entry fees must be paid until the date of the nominative registration deadline, **September 14th, 2023 at the very latest on European Gymnastics bank account.**

European Gymnastics fines

The fines for late Registrations after the deadlines are as follows (as per the European Gymnastics Technical Regulations, Art. 3.2.6). No more late registrations can be accepted after the drawing of lots.

Definitive Registration received after the deadline	EUR 1'500
Nominative Registration received after the deadline	EUR 1'000
No participation at all (noticed at the venue)	EUR 1'000

9. LICENSES

No gymnasts will be accepted without a valid FIG License at the deadline of the Nominative Registration.

In order to be considered, Licence application forms (new or renewal) must be submitted to the FIG at least one (1) month prior to the deadline for nominative registration.

Please consult FIG License Rules for additional information in this respect.

10. JUDGES AND JURY OF APPEAL

Judges

All judges must have a current valid FIG brevet at the time of the event.

Each delegation may have two judges: from category 1, 2 or 3 for seniors and from category 1, 2, 3 or 4 for juniors, excluding any appointed difficulty judge or chair of judges. In the draw, the priority may be given to the judges with the high categories. If a NF presents units in both categories (seniors and juniors) a minimum of 1 judge needs to be from category 1, 2 or 3. The category 4 judges will be entitled to judge only the junior competition.

Federations with international brevet judges are obliged to present a minimum of one judge.

All judges will be given the opportunity to officiate in at least one event. The selection of judges (draw) is made by the European Gymnastics TC-ACRO. The judges must be eligible to judge in the respective function. The Chairs of Judges Panel and the Difficulty judges are appointed by the European Gymnastics TC-ACRO. All judges must participate in the judges' instruction meeting. The costs for the judges will be at the charge of their respective federations.

- If a federation does not enter a judge or comes with a judge of an insufficient level, European Gymnastics will request payment of the amount indicated in the below list:

Requested by European Gymnastics	NF comes with	Sanction
1 judge	0 judge	€ 2'000.-
2 judges	1 judge	€ 2'000.-
2 judges	0 judges	€ 4'000.-

Judges shall recuse themselves if

- They are or were married to or live in a registered partnership or co-habit with a gymnast
- They are related to a gymnast by birth or marriage in direct or in collateral line, including the following persons: grandparent, parent, uncle, aunt, brother, sister, child, grandchild, nephew and cousin.

Jury of Appeal and Supervisory Board

The Jury of Appeal consist of two members of the Executive Committee (one acting as President) and a third person to be designated by the LOC in accordance with the matter of the appeal. In case of a judge's appeal, a person not involved in the decision of the Superior Jury and in the Judging process will be nominated. The composition of the Jury of Appeal will be communicated in the Workplan.

11. DRAWING OF LOTS

The gymnasts' drawing of lots will decide the starting order of the qualification competitions and the finals. It will take place on 07.08.2023.
No registrations can be accepted after the drawing of lots.

12. COMPETITION FORMAT AND PROGRAMME

See the current European Gymnastics & FIG Technical Regulations. Difficulty for the junior's units will be restricted in accordance with the rules for the FIG Acrobatic Gymnastics World Championships (WCh).

13. EQUIPMENT

The Supplier is Spieth. Floor FIG ID: 253 colour blue. The dimensions are:

- 14x14m for the competition
- 14x14m for training
- 12x12 m for warm up
- Mats 20cm: Spieth – Ref.: 623

14. VISA

Please verify immediately with your travel agent or the Bulgarian Embassy or Consulate in your country if a visa is required for your travel to Bulgaria. The Bulgarian federation of sports acrobatics will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before **27th July 2023** to Bulgarian Federation of sport acrobatics at the following email address: bulacro@gmail.com.

The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.

15. TRANSPORTATION

International Transportation

The invited participating Federations must pay for the travel costs of their delegation members to any of the official arrival locations. The official arrival locations are: Varna airport, Varna train station or Varna bus station.

Please fill in your travel details in the Acro Companion platform www.acro-companion.com/registrations no later than **14th September 2023**.

Transfer from / to Burgas airport

The LOC will also provide local transportation from Burgas Airport to Varna and back. This service will be charged at the price of 20 € per person per way and at each delegation's own expenses.

Local Transportation

The LOC will organize return shuttle buses from official hotels to the competition / training venue as well as transportation from/to the airport (provided travel details are submitted in due time) for all delegations that have booked their accommodation through the LOC.

16. ACCOMMODATION AND MEALS

Official hotel for European Gymnastics



Hotel: Poseidon Beach Resort

Golden Sands, Varna, Golden Sands, Bulgaria

<https://www.facebook.com/PoseidonBeachResort/>

Located from the venue around 20 minutes by bus

Category A****



Hotel: Poseidon Beach Resort

Golden Sands, Varna, Golden Sands, Bulgaria

<https://www.facebook.com/PoseidonBeachResort/>

Located from the venue around 20- 30 minutes by bus

Prices per night/per person			
	Full board	Half board	Bed & Breakfast
Single room	EUR 175	EUR 160	EUR 140
Twin/Double room	EUR 160	EUR 145	EUR 125
Triple room	EUR 145	EUR 130	EUR 105

Category B****



Hotel Apollo

Golden Sands, Varna 9007, Bulgaria


<https://apollosparesort.com/bg/>

Located from the venue around 20 - 30 minutes by bus

Prices per night/per person			
	Full board	Half board	Bed & Breakfast
Single room	EUR 165	EUR 150	EUR 130

Twin/Double room	EUR 145	EUR 130	EUR 115
Triple room	EUR 130	EUR 115	EUR 100

Category *C

	<p>Hotel Helios Golden Sands, Varna 9007, Bulgaria</p> <p>http://www.helios-spa.com/ Located from the venue around 20 – 30 minutes by bus</p>
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Prices per night/per person			
	Full board	Half board	Bed & Breakfast
Single room	EUR 155	EUR 140	EUR 120
Twin/Double room	EUR 135	EUR 120	EUR 105
Triple room	EUR 125	EUR 110	EUR 85

Hotel Reservation

The Accommodation Request must be submitted by email to the Acro Companion platform www.acro-companion.com/registrations no later than **17th July 2023**.

The hotel rooms will be allocated on a “*first come, first serve*” basis, as the number of rooms are limited at each hotel.

The rooming list shall be submitted to the Acro Companion platform www.acro-companion.com/registrations no later than **17th July 2023**.

Details will be communicated by the LOC directly to NF.

17. MEALS

The participating federations must pay for the meal’s expenses of their delegation members.

The lunch will be provided at the competition venue.

Tickets for lunch (**20 euro**/per person/per day) can be purchased through LOC. Make sure to add extra tickets in the registration in Acro Companion if needed.

18. FINANCIAL OBLIGATIONS – PAYMENT

Payments to European Gymnastics:

The non-reimbursable registration fee of **EUR 150.-** per gymnast must be paid to the European Gymnastics.

Registrations without the appropriate payment of the registration fee at the time of the Nominative Registration (funds received by the European Gymnastics) will be considered invalid (i.e. the athletes will not be allowed to compete).

Federations which have not fulfilled their financial obligations towards the European Gymnastics & FIG are not be allowed to participate in these European Championships either.

Each participating member Federation is kindly requested to clearly state payment’s purpose as follows:

NF Discipline Event Year Host Country and invoice number.

Example: SUI ACRO ECh 2023 BUL

The participating federation is responsible for covering all bank fees in connection with the bank transfers.

The payment must be made in EUR only. Total amount of the European Gymnastics entry fees to be paid to:

Beneficiary

European Gymnastics

	Av. de la Gare 12, CH-1003 Lausanne/Switzerland
Bank Account / IBAN	CH05 0076 7000 L520 5704 9
Bank name	BCV, Place St.-François 14, CP 300, CH-1002 Lausanne/Switzerland
SWIFT/BIC	BCVLCH2LXXX

Payments to the LOC:

Federations which have not fulfilled their financial obligations towards the LOC by the given deadlines herein mentioned may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.

Payment for the accommodation and meals must be made through bank transfer to:

Beneficiary	Bulgarian Federation of Sports Acrobatics
Bank Account / IBAN	BG20 FINV 9150 10 EUR 0 LPB4
Bank name	First Investment Bank – Branch Narodno sabranie 2
SWIFT/BIC	FINV BGSF / EUR

Each participating member Federation is kindly requested to write on the transfer document the payment's purpose as follows: **country_ECh** (ex. BUL_ ECh) and the invoice number.

The participating federation is responsible for covering all bank fees in connection with the bank transfers. Please state the name of your Federation and the payment purpose on the transfer. The payment must be made in EUR only.

Payment deadlines:

- The first 50% – by **17th July 2023**
- Settlement of the remaining 50% – by **14th September 2023**

Cancellation Policy for Accommodation and Meals

European Gymnastics and the LOC strongly recommend that each Federation take a cancellation insurance.

- from 17th July, 2023 to 13th August 25% of the total official package cost will be charged
- from 14th August to 13th September 50% of the total official package cost will be charged
- after: 14th September 100% cancellation fee of the total official package cost will be applied

19. INSURANCE

The Host Federation, the Organizing Committee, European Gymnastics and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The European Gymnastics and FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.

The FIG insurance IMSSA (International Medical & Security Sports Assistance) for **gymnasts and judges** with a valid FIG License / Brevet is valid for these European Championships. Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <https://www.gymnastics.sport/site/pages/medical-insurance.php> for additional information regarding the FIG IMSSA insurance for Athletes and Judges. **All other delegation members are NOT included in this insurance and must present a proof of insurance at the accreditation.**

The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy in English writing). Delegation members with insufficient insurance cover must inform the LOC in advance.

The LOC will subsequently offer insurance at the Federations own charge as follows: **60 EUR** per person.

20. WORK PLAN

The Workplan will be published on the European Gymnastics website six weeks before the start of the competitions.

21. OFFICIAL HOSPITAL

The Official hospital will be:

Name: MBAL St. Anna

Address: **blv. Tsar Osvoboditel № 100 – Varna, Bulgaria**

Tel: **+35952655911/ +35952648230**

The name of the Medical Doctor will be communicated in the Work Plan.

This official hospital as well as the medical personnel assigned duly accept the International SOS (IMSSA insurance card) for all athletes holding a valid FIG License as well as for all judges with an International FIG Judges Brevet valid at the time of these European Championships.

22. SAFEGUARDING

From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.

The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.

In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.

23. DOPING CONTROLS

Doping controls will be made according to FIG Anti-Doping Rules and WADA Code and Standards. The following tests will be run: standard controls (urine), standard control(s) + ESA, standard control(s) + GHRF, standard control(s) + GH (blood).

24. MUSIC & MUSIC FORMS

The music must be uploaded to the LOC via LOC digital platform of Acro Companion with the tariff sheet by **14th September** at the very latest.

Musics have to be uploaded in the following format:

File format: .mp3

Delegation members are requested to keep in their possession a specimen of their USB key for their training sessions and in case of a technical problem.

Each Federation will also have to confirm that the music used does not violate any copyrights and that it can be broadcasted within sports.

At the accreditation, the Heads of delegation have to hand in the Music Release form which you will receive together with the work plan.

25. LOC DIGITAL PLATFORM

In order to get the link and sign in details to access the Acro Companion digital platform for your registration, please send an email with the name and details (email address,...) of a contact person that will be responsible for the registration on behalf of the federation to www.acro-companion.com/registrations

26. SUMMARY OF THE DEADLINES AND PAYMENTS

For European Gymnastics

	Deadline
Definitive Registration – Gyndata	17th July 2023
Nominative Registration – Gyndata	14th September 2023
Payment of the European Gymnastics Registration Fees	
Media registration – Gyndata	4th October 2023

For the LOC (Forms / Official Varna 2023 package)

	Deadline
Accommodation / meals booking	17th July 2023
Visa Request	27th July 2023
Travel Schedule	14th September 2023
Photo & passports for Accreditation	14th September 2023
Music for Individuals and for Groups	14th September 2023
Accommodation / meals payment (first 50%)	17th July 2023
Accommodation / meals payment (last 50%)	14th September 2023
Cancellation deadlines	14th September 2023

Sincerely Yours,

EUROPEAN GYMNASTICS



Carine Charlier
TC-ACRO President



BULGARIAN GYMNASTICS FEDERATION



Krasimir Dunev
President

