



**10th SENIOR ARTISTIC GYMNASTICS
ASIAN CHAMPIONSHIPS
15th – 18th June 2023
Singapore, SINGAPORE**



DIRECTIVES

Event ID: 17404

Dear AGU affiliated Member Federation,

The Singapore Gymnastics Federation has the pleasure to invite your Federation to participate in the 10th Senior Artistic Gymnastics Asian Championships in Singapore from 12th to 19th June 2023.

DISCIPLINE	Men's Artistic Gymnastics - Senior Women's Artistic Gymnastics – Senior
HOST FEDERATION ORGANISING COMMITTEE	Singapore Gymnastics 3 Stadium Drive, #01-33 Singapore 397630 Tel: (65) 6258 4851 Email: SGEvents@singaporegymnastics.org.sg www.singaporegymnastics.org.sg Event Website: https://www.2023asianchampionships.sg Championship Director Ms Karen Norden Email: gm@singaporegymnastics.org.sg
AGU	Asian Gymnastics Union Address: Al-Bidda Tower, 5 th Floor – Al Dafna, Doha 22955 Qatar Tel: +974 44944 133 Fax: +974 44944 131 E-mail: info@agu-gymnastics.com Website: http://www.agu-gymnastics.com
LOCATION	Singapore, SINGAPORE
DATES	From June 15th to 18th, 2023
VENUE	Competition Venue OCBC Arena Singapore Sports Hub 5 Stadium Dr, Singapore 397631 web site: https://www.sportshub.com.sg/venues-facilities/ocbc-arena The Warm-up Hall will be located in the same venue. Training venues: Men's Artistic Gymnastics Bishan Sports Hall 5 Bishan Street 14 Singapore 579783 Women's Artistic Gymnastics PESEB Stadium 21 Evans Road Singapore 259366
APPARATUS SUPPLIER	Please refer to the attached apparatus list.
RULES AND REGULATIONS	The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in the Rules for FIG in Artistic Gymnastics: <ul style="list-style-type: none">• Statutes

	<ul style="list-style-type: none"> • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters / Helpdesk • General Judges' Rules • Specific Judges' Rules for Artistic Gymnastics • Anti-Doping Rules • Medical organization of FIG competitions and events • FIG Framework for safeguarding athletes and other participants from harassment and abuse in sport during events • License Rules • Media Rules • Apparatus Norms • Rules for sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p>and subsequent decisions of the FIG Executive Committee Federations which have not fulfilled their financial obligations towards the FIG (e.g., annual membership fees, unpaid invoices, etc.) AGU or the LOC may not be allowed to participate in these Asian Art. Gymnastics Championships.</p>		
FEDERATIONS INVITED	The Organising Member Federation will invite all AGU Member Federations in good standing.		
AGE LIMITS	Age limit MAG Senior <i>Note: 18 years old MAG gymnasts who choose to compete as juniors in 2023 are not allowed to participate in this competition</i> WAG Senior		
FIG LICENSE	All gymnasts must have a current valid FIG license until the end of the event.		
ENTRY FEES	No Entry Fee will be applied for this event for Federations staying in the official hotels.		
COMPETITION EVENTS	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <u>Men's Events</u> Team All-Around Floor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar </td> <td style="width: 50%; vertical-align: top;"> <u>Women's Events</u> Team All-Around Vault Uneven Bars Balance Beam Floor Exercise </td> </tr> </table>	<u>Men's Events</u> Team All-Around Floor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar	<u>Women's Events</u> Team All-Around Vault Uneven Bars Balance Beam Floor Exercise
<u>Men's Events</u> Team All-Around Floor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar	<u>Women's Events</u> Team All-Around Vault Uneven Bars Balance Beam Floor Exercise		
COMPETITION FORMAT	<p>According to FIG TR 2023, the 2023 Asian Championships is a qualifying event for the 2023 World Championships. For details, see the FIG Art.5.1.1 Section 2 Qualifications Pathway to the World Championships.</p> <p>AA gymnasts and Teams will qualify for Antwerp 2023 in accordance with the results of the "Qualifications" phase which determines the Team Ranking and the AA Ranking.</p> <p>The competitions will be conducted according to FIG's Technical Regulations 2023 including Section 2 for Artistic Gymnastics, Reg. 5.1, with the following modifications.</p> <p>The competition consists of Men's and Women's Team Finals, All-Around Finals and Apparatus Qualifications and Finals.</p>		

Team Final, All-Around Final, Apparatus Qualifications

Competition Day 1: MAG (FX, PH, SR, VT, PB, HB),
Competition Day 2: WAG (VT, UB, BB, FX)

Team and All-Around Finals will also serve as the qualifications for the Apparatus Finals. Team and All-Around Finals results will be determined by results of qualifications.

All the federations in good standing are entitled to participate either with a team of 3- 5 gymnasts (and 1 reserve) or with a maximum of 3 Individual gymnasts.

Important:

Member Federations with 3 individuals may be considered in the team ranking in the Qualification and may be in the ranking list for the Team Final provided they register as a team at the provisional, definitive, and nominative entry registration deadline.

A Team shall be composed of a maximum of 5 gymnasts, 4 gymnasts may compete on any single piece of apparatus and the 3 highest scores will be taken into account for the team total.

For men, the competition consists of optional exercises on six apparatus.

For women, the competition consists of optional exercises on four apparatus.

To qualify for the vault finals, two vaults are necessary. The qualifying score is based on the average of the two scores.

Only the first vault will count for the Team and All-Around ranking.

The total scores of the gymnasts who perform on all the apparatus in competition, will determine the All-Around rankings (with maximum 2 gymnasts per federation).

The tie-breaking rules will be applied for the Team Final and the All-Around Final as defined in the FIG Technical Regulations, Art. 7, Section 2

In the qualifications for the Apparatus Finals, in case of ties, the tie-breaking rules as defined in the FIG TR Art. 7, Section 2 will be applied.

Apparatus Finals

Competition Day 3: MAG (FX, PH, SR) & WAG (VT, UB)
Competition Day 4: MAG (VT, PB, HB) & WAG (BB, FX)

The results of the finals determine the champion on each apparatus.

The top eight gymnasts on each apparatus from the Apparatus Qualifications shall be qualified to participate in the Apparatus Finals (with maximum 2 gymnasts per Federation).

In case of ties, the tie-breaking rules as defined in the FIG TR Art. 7, Section 2 will be applied.

***Award Ceremonies**

Award ceremonies will be held after each competition. The gymnasts are required to attend the Awards ceremonies.

The medals will be granted to the top 3 gymnasts from each competition

according to the result rankings.
In team Finals/ranking, each gymnast receives the awards, including the reserve gymnast. The same award will be presented to one designated coach at the same time.

In case of ties, the tie-breaking rules as defined in the FIG TR Art. 7, Section 2 will be applied.

DELEGATION SIZE

	Men	Women	TOTAL
Head of Delegation (HD)	1		1
Team Manager (TM)***	1	1	2
Coach*	2	2	4
Gymnasts	5	5	10
Reserve Gymnast***	1	1	2
Doctor	1		1
Physiotherapist	1	1	2
Judges	2/1**	2/1**	4/2**
Accompanying Person	1	1	2
TOTAL			28/26

* Depending on the number of participating gymnasts - no more coaches than gymnasts at any time
The participating member federations must send two qualified judges for participation in the Team competition and one qualified judge for participation in the Individual competition only (see "JUDGES AND JURIES** ").
*** In case of registration with a team only

DRAWING OF LOTS

The gymnasts' drawing of lots will take place at the AGU headquarter in (QAT) after the closing date of the definitive registration and the participating countries will be informed of the starting order accordingly.

PROVISIONAL SCHEDULE

Sunday 11 June	
All Day	Arrival Day MAG TC & MAG D judges
Monday 12 June	
All Day	Arrival Day of all MAG delegation
All Day	Arrival Day WAG TC & WAG D judges
14:00 - 20:30	Training at National Training Centre on request - MAG
15:00 – 19:00	MAG D Jury Judges Instruction
Tuesday 13 June	
All Day	Arrival Day of all WAG delegation
14:00 - 20:30	Training at National Training Centre on request - WAG
All Day	Training as per Schedule - MAG
10:00	MAG Judges Briefing D-Panel (E judges not mandatory)
10:30 – 19:10	MAG Podium Training (Subdivision 1-3)
10:00 – 12:55	Subdivision 1
14:00 – 16:55	Subdivision 2
17:30 – 20:15	Subdivision 3
15:00 – 19:00	WAG D Jury Judges Instruction
20:00 – 21:00	Orientation Meeting
Wednesday 14 June	
All Day	Training as per Schedule – WAG & MAG
09:00	WAG Judges Briefing/instruction & Draw for QC, AAF & TF
10:00 – 13:00	MAG E-Jury Judges Instruction & Draw for QC & AAF & TF
10:30 – 19:10	WAG Podium Training (Subdivision 1-4)
10:30 – 12:10	Subdivision 1
13:30 – 15:10	Subdivision 2
15:30 – 17:10	Subdivision 3
17:30 – 19:10	Subdivision 4

Thursday 15 June	
All Day	Training as per Schedule – WAG
08:45	MAG Judges Briefing
10:00 – 20:00	MAG: Team & All-Around Finals and Apparatus Qualifications Competition (Subdivision 1-3)
10:00 – 12:55	Subdivision 1
14:00 – 16:55	Subdivision 2
17:30 – 20:15	Subdivision 3
20:30 – 21:00	Award presentations
Friday 16 June	
All Day	Training as per Schedule – MAG Apparatus finalists only
10:30 – 18:10	WAG: Team & All-Around Final and Apparatus Qualifications Competition (Subdivision 1-4)
10:30 – 12:10	Subdivision 1
13:30 – 15:10	Subdivision 2
15:30 – 17:10	Subdivision 3
17:30 – 19:10	Subdivision 4
19:30 – 20:00	Award presentations
Saturday 17 June	
All Day	Training as per Schedule – MAG & WAG Apparatus finalists only
14:30 – 15:30	MAG Judges Briefing & Draw for AF Day 1
15:00 – 16:00	WAG Judges Briefing & Draw for AF Day1
16:00 – 18:30	Apparatus Finals part 1 MAG : (FX · PH · SR) WAG : (VT · UB)
19:00 – 19:30	Award presentations
Sunday 18 June	
12:30 – 13:30	MAG Judges Briefing & Draw for AF Day 2
13:00 – 14:00	WAG Judges Briefing & Draw for AF Day 2
14:00 – 16:30	Apparatus Finals part 2 MAG: (VT · PB · HB) WAG: (BB · FX)
17:00 – 17:30	Award presentations
20:00 - 23:00	Farewell Banquet
Monday 19 June	
All Day	Departure of all delegation: All-day
TECHNICAL DELEGATE	MAG: HAN Yoon Soo - AGU MAG TC President WAG: Radiye KIZILGUN - AGU WAG TC President
EVENT MANAGMENT	Championship Director Ms Karen NORDEN Email: gm@singaporegymnastics.org.sg Competition Manager Mr. Alex HO Email: mne@singaporegymnastics.org.sg
MEDICAL SERVICES	The Organising Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area and warm-up halls.
COVID 19	The LOC should follow local guidelines in management of COVID-19. The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.
VISA	Please verify immediately with your travel agency or the Embassy or Consulate of Singapore in your country if a visa is required for your travel to Singapore. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the Visa request is made to the LOC before 6 April 2023 and includes a clear copy of the valid passport (i.e. picture page with

	<p>specific information), the identity of the applicants, the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, as well as the arrival and departure dates of the Delegation Member.</p> <p>General visa information for Singapore can also be obtained as follows: https://www.ica.gov.sg/enter-transit-depart/entering-singapore/visa_requirements</p>
INSURANCE	<p>The Host Federation, the LOC the AGU and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).</p> <p>The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p>
SAFEGUARDING	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the "10 Golden Rules of Gymnastics", the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the OC by 6 May 2023</p>
LOCAL TRANSPORTATION	<p>Accredited Delegations who will:</p> <ul style="list-style-type: none"> • stay at one of the official hotels, • book their accommodation through the LOC and • Submit the travel schedule information for arrivals and departures by 6 May 2023 at the latest, <p>Will be provided with the local transportation free of charge from/to the airport and the hotel as well as from/to the hotel and the Competition, Training, and Warm-up Hall and from/to the Hotel for all Federations that stay in the official hotels.</p> <p>This service will be organized by the LOC. A shuttle service will also be available for the local transportation of all accredited persons (if applicable) between the official hotels and the training, warm-up, and competitions halls as well as any other official functions as needed.</p> <p>Member Federations who do not stay at one of the official hotels, do not book their accommodations through the LOC and do not submit to the LOC their travel schedule for arrival and departure within the given deadline will not be entitled to use the LOC local transportation system. They will be responsible for the transportation of their Delegation members and or being on time as per the event schedule.</p>
ACCOMMODATION	Grand Mercure Singapore Roxy

Address: 50 East Coast Road, Marine Parade Road, Roxy Square, Singapore 428769

Located at 10 to 15 minutes by bus from Competition Hall (OCBC Arena, 5 Stadium Drive, Singapore 397631)

Website: <https://www.grandmercuroxy.com.sg/>

The cost per person/ night in this hotel are as follows:

SGD \$270.00 SG (Single Room, Including Breakfast)

SGD \$180.00 (Double Room, Including Breakfast)

Holiday Inn Express

Address: 88 East Coast Road #07-05, Katong Square, Singapore 423371

Located at 10 to 15 minutes by bus from Competition Hall (OCBC Arena, 5 Stadium Drive, Singapore 397631)

Website:

<https://www.ihg.com/holidayinnexpress/hotels/us/en/singapore/sinka/hoteldetail>

The cost per person/ night in this hotel are as follows:

SGD \$270.00 SG (Single Room, Including Breakfast)

SGD \$166.00 (Double Room, Including Breakfast)

Hotel Indigo (Officials Hotel)

Address: 86 East Coast Road, Singapore, 428788 Singapore

Website:

<https://www.ihg.com/hotelindigo/hotels/us/en/singapore/sinki/hoteldetail>

Located at 10 to 15 minutes by bus from Competition Hall (OCBC Arena, 5 Stadium Drive, Singapore 397631)

The Accommodation Form must be returned to the LOC by **6 May 2023** at the very latest, the Hotel rooms will be allocated on a “first come, first served” basis. The invited participating federations must pay for the accommodation expenses of their delegation members.

The costs for the accommodations must be paid in full to the LOC by **6 May 2023** as follows:

- At the time of the Definitive entry (i.e., 2 months prior to the event) 50% of the Accommodation costs must be paid to the LOC.
- At the time of the Nominative entry (i.e. 1 month prior to the event) the remaining 50% i.e. 100% of the Accommodation costs must be paid to the LOC. Entries without the payment of the Accommodation costs will be considered as invalid and will be refused.

Cancellation will only be accepted by e-mail.

The LOC strongly recommend that each Federation take a cancellation insurance for their accommodations and meals (including paying Farewell Banquet tickets).

The cancellation policy is as follows:

- Up until 6 April 2023: 100 % refund
- 7 April – 6 May 2023: 50% refund
- From 6 May 2023: no refund.
- Only bank transfer will make refund.
- All costs for the bank transfers will be at the charge of the participating federations.
- The Organising member Federation shall determine among the official hotels at its discretion but may not choose the “low cost” category hotel.

MEALS	<p>Grand Mercure Singapore Roxy</p> <ul style="list-style-type: none"> • Lunch: \$SGD 42.00 • Dinner: \$SGD 48.00 <p>The invite participating federations must pay for the meal's expenses of their delegation members (see exception herein below).</p> <p>While the Meals Form must be returned to the LOC by 6 May 2023, the costs for the meals must be paid to the LOC by 6 May 2023.</p> <p>Cancellation will only be accepted by e-mail. In case of cancellation, costs will be refunded as follows:</p> <ul style="list-style-type: none"> • Up until 6 April 2023: 100 % refund • 7 April – 6 May 2023: 50% refund • From 6 May 2023: no refund. 																
ACCREDITATION	<p>To arrange the accreditation procedures for all participating delegation members, electronic ID photographs must be completed on the LOC platform within the deadline set for the nominative registration.</p> <p>In addition, the LOC will distribute information regarding the safeguarding Officer operations plan upon accreditation.</p>																
JUDGES AND JURIES	<p>All judges must have a current valid FIG brevet for their function with minimum Cat 3. As per FIG's General Judges Rules, Cat 4 Judge(s) may only serve as Time/Line Judge at the championships.</p> <p>The participating member federations must send two qualified judges for MAG if male gymnasts participate in the Team competition and one qualified MAG judge if participates in the Individual competition only.</p> <p>Likewise, the participating member federations must send two qualified judges for WAG if female gymnasts participate in the Team competition and one qualified WAG judge if participates in the Individual competition only.</p> <p>The travel expenses and accommodation are to be borne by the participant Federations.</p> <p>The judges must bring the official uniform with them.</p> <p>The LOC will apply a fine of SGD 2000 per missing judge (to be paid to the LOC) should a federation fail to bring the required number of judges.</p> <p>This fine must be paid to the LOC by 6 May 2023.</p>																
PRIZE MONEY	<p>AGU will pay the minimum prize money of USD 18,100 for the Senior ART Asian Championships.</p> <p>The Prize Money is free of any deductible taxes, will be distributed in US Dollars as follows:</p> <table border="1" data-bbox="427 1464 1469 1603"> <thead> <tr> <th>Ranking</th> <th>Team Final</th> <th>All-Around Final</th> <th>Apparatus Finals</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>1000</td> <td>600</td> <td>500</td> </tr> <tr> <td>2</td> <td>800</td> <td>500</td> <td>350</td> </tr> <tr> <td>3</td> <td>500</td> <td>400</td> <td>200</td> </tr> </tbody> </table> <p>Grand total of the Prize Money: USD: 18.100, - USD 10'100, - for MAG & USD 8'000, - for WAG</p> <p>The prize money of the tied ranks will be added and divided by the number of ties.</p>	Ranking	Team Final	All-Around Final	Apparatus Finals	1	1000	600	500	2	800	500	350	3	500	400	200
Ranking	Team Final	All-Around Final	Apparatus Finals														
1	1000	600	500														
2	800	500	350														
3	500	400	200														
BANK ACCOUNT INFORMATION	<p>Bank Transfer referenced "GAACSnr 2023-YourFederation Name".</p> <p>Singapore Gymnastics DBS Bank Ltd Account Number: 001-901445-0 Swift Code: DBSSSGSG</p> <p>The participating federation is responsible for covering all bank fees in</p>																

	connection with the bank transfers.	
FINANCIAL OBLIGATIONS	Federations which have not fulfilled their financial obligations towards the Organising Member federation upon arrival will not be accredited.	
DEADLINES SUMMARY	Provisional Registration Form (three months before)	6 March 2023
	Definitive Registration Form (two months before)	6 April 2023
	Accommodation numbers	6 April 2023
	Visa Request Form	6 April 2023
	Payment of Accommodation costs first 50%	6 April 2023
	Nominative Registration Form (one month before)	6 May 2023
	Entry Form for Judges (one month before)	6 May 2023
	Meal Nominative Form	6 May 2023
	Accommodation Nominative Form	6 May 2023
	Travel Details Form (ARRIVAL / DEPARTURE)	6 May 2023
	Payment of Accommodation & Meals Costs last 50% i.e., 100% paid	6 May 2023

Sincerely Yours,

Singapore, May 31st, 2023



Mr Patrick Liew

President of the Singapore Gymnastics