



# **WORLD CUP 2023**

West Palm Beach, FL

**Trampoline, Tumbling & Double Mini**

## **TRAMPOLINE WORLD CUP** *WEST PALM BEACH, FL USA – AUGUST 3-5, 2023* **WORK PLAN**

14.07.2023

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## 2. GENERAL INFORMATION

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The Work Plan has been developed in accordance with the following FIG rules, as valid in the year of the competition, except for any deviations mentioned in these directives or in the FIG World Cup Rules for Trampoline Gymnastics:

- Statutes
- Technical Regulations
- Code of Points
- Licenses Rules
- World Cup Rules for Trampoline Gymnastics
- General Judges Rules
- Specific Judges' Rules for Trampoline Gymnastics
- Medical Organization of the Official FIG Competitions
- Doping Control Rules
- Media Rules
- Apparatus Norms
- Advertising and Publicity Rules
- Regulations for Awards Ceremonies

and subsequent decisions of the FIG Executive Committee

## 3. COMPETITION VENUE

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Palm Beach County Convention Center  
650 Okeechobee Blvd  
West Palm Beach, FL (USA) 33401

## 4. COMPETITION DATES

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3<sup>rd</sup>-5<sup>th</sup> of August 2023

## 5. ORGANIZATION

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### INTERNATIONAL GYMNASTICS FEDERATION (FIG)

Contact Person	Mr. Rui VINAGRE
Tel.	+41 (0) 21 321 55 32
E.mail	<a href="mailto:rvinagre@fig-gymnastics.org">rvinagre@fig-gymnastics.org</a>
Website	<a href="http://www.gymnastics.sport">www.gymnastics.sport</a>

### FIG TECHNICAL COMMITTEE

Christophe Lambert (FRA) – President  
Tatiana Shuiska (UKR)  
Miguel Vicente Marino (ESP)  
Mariela Stoycheva (BUL)  
Dmitri Poliaroush (BLR)  
Liu Xing (CHN)  
Muto Shinya (JPN)

HOST FEDERATION  
USA Gymnastics (USA)

Contact Person Ms. Grace Schumacher  
Tel./WhatsApp +1 317 363 4574  
E-mail [2023TRAWcup@usagym.org](mailto:2023TRAWcup@usagym.org)  
Website <https://trawestpalm.com/>

**ORGANIZING COMMITTEE**

Competition Director:	Jacqui Godfrey
Competition Office:	Sydney Carlson, Grace Schumacher, Patti Conner
Event Management:	Scott Cole
Scoring:	Matt Browne
Technical:	Brad Doran, Todd Wenger
Ceremonies:	Cindy Scharns
Transportation and Hotels:	Allan Judah, Gretchen Judah, McKenzie Flores
Media:	Jill Geer, Amy Hughes

**6. OFFICIAL LANGUAGE**

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The official language of this world cup is English. Announcements will be made in English only. The Work Plan and all other documents are available in English only.

**7. ACCREDITATION**

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Accreditation will take place at the accreditation desk upon arrival. Accreditation desk will be available on July 31 and August 1 from 0900-1700.

At accreditation Heads of Delegation are required to verify the names of their entire delegation and the accommodation requirement, pay any outstanding amounts due to the LOC and / or the FIG, provide their confirmation of insurance and check their national anthem and national flag. They are also asked to provide bank details to be used to pay the money prize for the awarded gymnasts.

HoDs are requested to provide a valid phone number (working in USA) and e-mail address. These contact details will be used during and after the competition to send to delegations any relevant information via WhatsApp and e-mail.

The FIG Rules and the Directives will be strictly applied as far as the number of accreditations per country.

All delegation members will receive a Credential. The Credential is a personal, non-transferable and mandatory to get access to the training and competition hall, functions, and the bus system. All participants and officials are required to wear their Credential at all times.

**8. NATIONAL FLAG AND ANTHEM**

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Delegations will be requested to check their national anthem and their national flag upon accreditation. It is not required to bring these.

## 9. CORRESPONDANCE

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Every delegation will receive all relevant information via email and WhatsApp to the contact handed in upon accreditation.

Contact details for the LOC are as follows:

- E-mail: [2023TRAWcup@usagym.org](mailto:2023TRAWcup@usagym.org)
- WhatsApp: +1 (317) 363 4574

## 10. HOTELS

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Please note that the Organizing Committee is not liable for any damages in the hotel rooms, costs for mini-bars, pay-TV or the like. This is the responsibility of each delegation.

Please note that the latest check-out time is 1100 on the day of departure.

## 11. MEALS

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Breakfast will be served in the respective hotels at the following hours:

- Ramada: 0700-1000
- Hyatt Place: 0630-0930 weekdays / 0700-1000 weekend
- Hilton: 0700-0900 (served in the Convention Center Ballroom)
- Hilton Airport: 0630-11:00

Lunch will be served at the competition venue from 1130 to 1430.

Dinner will be served at the competition venue from 1730 to 2030.

Arrangements will be made for delegations arriving outside these hours on arrival day.

## 12. LOCAL TRANSPORTATION

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The Organizing Committee will provide bus transportation between airports, hotels, and the competition venue between 1-6 August for arrival/departure, training and competition.

Buses from/to the hotels and the competition venue will be on a regular basis. A detailed schedule will be provided to delegations upon arrival and will be available at hotels and at the competition office.

The transport is for the sole use of the delegations who have booked their accommodation through the LOC.

**13. GENERAL SCHEDULE**

## Friday 28 July

All day	Arrival of delegations and officials	
All day	Assigned early training	Warmup hall

## Saturday 29 July

All day	Arrival of delegations and officials	
All day	Assigned early training	Warmup hall

## Sunday 30 July

All day	Arrival of delegations and officials	
All day	Assigned early training	Warmup / competition hall

## Monday 31 July

All day	Arrival of delegations and officials	
All day	Assigned early training	Warmup / competition hall

## Tuesday 1 August

All day	Arrival of delegations and officials	
All day	Assigned early training	Warmup / competition hall

## Wednesday 2 August

1000-1730	Podium training (training per schedule)	Warmup / competition hall
1645-2000	Open training	Warmup / competition hall
1515-1600	Trampoline judges meeting and score instruction	Meeting room 1D
1600-1615	Trampoline judges score instruction	Competition hall
1600-1630	Tumbling judges meeting	Meeting room 1D
1630-1700	Double mini judges meeting and score instruction	Meeting room 1D
1700-1715	Tumbling & Double mini judges score instruction	Competition hall
1730	Competition card deadline	LOC Office 1A
1730-1830	Orientation meeting	Meeting room 1D

## Thursday 3 August

0910-1050	Men's Synchronized Trampoline warmup	Warmup hall
1000-1140	Men's Synchronized Trampoline Qualification	Competition hall
1140-1320	Women's Synchronized Trampoline warmup	Warmup hall

1230-1410	Women's Synchronized Trampoline Qualification	Competition hall
1320-1410	Men's Tumbling warmup Women's Double Mini warmup	Warmup hall
1410-1500	Men's Tumbling Qualification Women's Double Mini Qualification	Competition hall
1410-1800	Open training	Warmup hall
1500-1800	Open training	Competition hall

## Friday 4 August

0910-1500	Men's Trampoline warmup	Warmup hall
1000-1500	Women's Trampoline warmup	Warmup hall
1000-1550	Men's Trampoline Qualification 1	Competition hall
1050-1550	Women's Trampoline Qualification 1	Competition hall
1500-1550	Women's Tumbling warmup Men's Double Mini warmup	Warmup hall
1550-1640	Women's Tumbling Qualification Men's Double Mini Qualification	Competition hall
1550-1800	Open training	Warmup hall
1640-1800	Open training	Competition hall

## Saturday 5 August

1000-1100	Men's Trampoline warmup Women's Trampoline warmup	Warmup hall
1030-1130	Men's Trampoline Qualification 2 Women's Trampoline Qualification 2	Competition hall
1100-1130	Women's Tumbling warmup	Warmup hall
1130-1200	Men's Tumbling warmup	Warmup hall
1130-1200	Women's Tumbling Final	Competition hall
1200-1230	Men's Tumbling Final	Competition hall
1200-1230	Women's Trampoline warmup	Warmup hall
1230-1300	Women's Trampoline Final	Competition hall
1230-1300	Men's Trampoline warmup	Warmup hall
1300-1330	Men's Trampoline Final	Competition hall
1330-1400	Awards (TUM W, TUM, M, TRI W, TRI M)	Competition hall
1400-1430	Women's Double Mini warmup	Warmup hall
1430-1500	Men's Double Mini warmup	Warmup hall
1430-1500	Women's Double Mini Final	Competition hall
1500-1530	Men's Double Mini Final	Competition hall

1500-1530	Women's Synchronized Trampoline warmup	Warmup hall
1530-1600	Men's Synchronized Trampoline warmup	Warmup hall
1530-1600	Women's Synchronized Trampoline Final	Competition hall
1600-1630	Men's Synchronized Trampoline Final	Competition hall
1630-1700	Awards (DMT W, DMT, M, TRS W, TRS M)	Competition hall

#### Sunday 6 August

All day	Departure of delegations and officials	
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### 14. ORIENTATION MEETING

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The Orientation Meeting will take place Wednesday, August 2<sup>nd</sup> at 1730 in meeting room 1D at the competition venue.

The orientation meeting is compulsory for all Heads of Delegation.

At this meeting all information concerning the detailed organization of the World Cup will be given by the Organizing Committee and the FIG. The meeting will be held in English only.

### 15. JUDGES INSTRUCTION & MEETING

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The judges' instruction is compulsory for all judges. Please note that the judges' instruction will be held in English only. Judges who do not participate in the judges' instruction may not be authorized to judge and their respective federations may face a penalty fee.

- August 2<sup>nd</sup> 1515-1600: Trampoline judges meeting and score instruction
- August 2<sup>nd</sup> 1600-1645: Tumbling judges meeting and score instruction
- August 2<sup>nd</sup> 1645-1730: Double mini judges meeting and score instruction

The judges will be drawn after the judges' instruction.

### 16. SUPERIOR JURY

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The TC President will act as President of the Superior Jury

### 17. DRAWING OF LOTS

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The drawing of lots and starting order was made in the FIG office and published on the FIG website.

The list of finalists will be provided to the Heads of Delegation after the qualifications.

Any withdrawal from the Finals must be declared in writing with the LOC.

The World Cup Competition draw, the competition groups, the starting lists, the training groups, the training schedule, and the competition schedule are based on the assumption that all registered federations will participate in accordance with their nominative registrations. Should there be any changes to participating numbers at the time of the competition, the FIG TC in consultation with the LOC reserve the right to make adjustments which will facilitate the smooth running of the competition.

## **18. EQUIPMENT**

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All equipment used during warmup and competition will be per the apparatus list published on FIG website.

## **19. COMPETITION CARDS**

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Competition cards must be returned to the Competition Office by 1730 Wednesday 2 August, at the latest.

## **20. PUBLICATION OF THE SCORES**

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A detailed list of results will be sent to National Federations and to HoDs after the finals. During the competition, all results will be sent to HoDs via e-mail and published at <https://usagym.org/results/2023>.

## **21. NO SMOKING POLICY**

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It is strictly forbidden to smoke inside any facility in the US, including the venue complex (including toilets and changing rooms) and hotels.

## **22. MEDICAL SERVICES**

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### **Official Hospital**

Joe DiMaggio's Children's Hospital

1005 Joe DiMaggio Dr Hollywood FL 33021

[https://www.jdch.com/?utm\\_source=gmb&utm\\_medium=organic&utm\\_campaign=hospital\\_locations&utm\\_content=jdch](https://www.jdch.com/?utm_source=gmb&utm_medium=organic&utm_campaign=hospital_locations&utm_content=jdch)

Emergency Number 911

## **23. LIVESTREAMING & BROADCAST**

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The Finals (Saturday, August 5) will be live transmitted as a host signal to and through Spring Media, per FIG host feed requirement. Finals will be livestreamed on FlipNow.tv, geoblocked for a U.S.-only audience.

## **24. DOPING CONTROL**

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Doping controls may be made during the World Cup - as per the FIG, IOC and WADA regulations.

## **25. MARCH IN**

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The competitors are asked to assemble in the staging area 5 minutes prior to each competition.

## **26. WARM UP**

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Immediately prior to the Qualifying Round, Semifinals and Finals each competitor/pair will be allowed 45 seconds of warm-up on the competition apparatus, per FIG regulations.

## **27. COMPETITION ATTIRE**

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Competition attire is as per the FIG Code of Points.

## **28. CHALK**

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Chalk will be provided for training, warmup and competition.

## **29. VIDEO RECORDING**

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All routines will be recorded.

## **30. AWARD CEREMONIES**

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The award ceremonies will take place immediately after the last final of each section, in the same order of the Finals. Two ceremonies will take place per the schedule.

Only the medal winners are invited to participate. They must wear their national tracksuit according to FIG rules.

## **31. BANQUET**

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There will be a farewell banquet on Saturday 5<sup>th</sup> August from 1930-0000.

The banquet is for official delegation members only, and a valid banquet ticket must be

presented at the entrance.

## **32. PRIZE MONEY**

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Prize money will be given as follows:

TRI / M TUM:

- 1st place: 1,500 CHF
- 2nd place: 1,000 CHF
- 3rd place: 500 CHF

TRS (per pair):

- 1st place: 1,500 CHF
- 2nd place: 1,000 CHF
- 3rd place: 500 CHF

W TUM, M DMT and W DMT:

Because are less than 4 countries in these categories, no medals, prize money and World Cup Points will be awarded.

Prize money will be paid by bank transfer to the National Federation of the awarded gymnasts. Federations are asked to provide bank details upon accreditation.

## APPENDIX 1 TRAINING GROUPS

M TRA	
Group 1	AUT 4, IRL 1, POL 2, UZB 2
Group 2	AUS 2, GBR 3, GER 4
Group 3	GRE 1, NZL 3, USA 4
Group 4	CAN 5, MEX 3
Group 5	EGY 2, FRA 4, ITA 2
Group 6	CHN 4, NED 1, POR 4
Group 7	BRA 1, COL 2, ITA 2, UKR 4
Group 8	BUL 2, JPN 6
Group 9	ESP 4, KAZ 4

W TRA	
Group 1	AUS 4, GBR 2, GER 2
Group 2	CZE 2, GRE 1, NZL 1, USA 4
Group 3	CAN 4, MEX 4
Group 4	AZE 1, EGY 1, FRA 4, ITA 2
Group 5	CHN 4, NED 1, POR 4
Group 6	BRA 2, COL 2, ITA 1, LAT 1, UKR 2
Group 7	BUL 2, JPN 6
Group 8	ESP 2, GEO 4, KAZ 1

TUM	
Group 1	USA 8
Group 2	CAN 7
Group 3	FRA 5, AZE 3

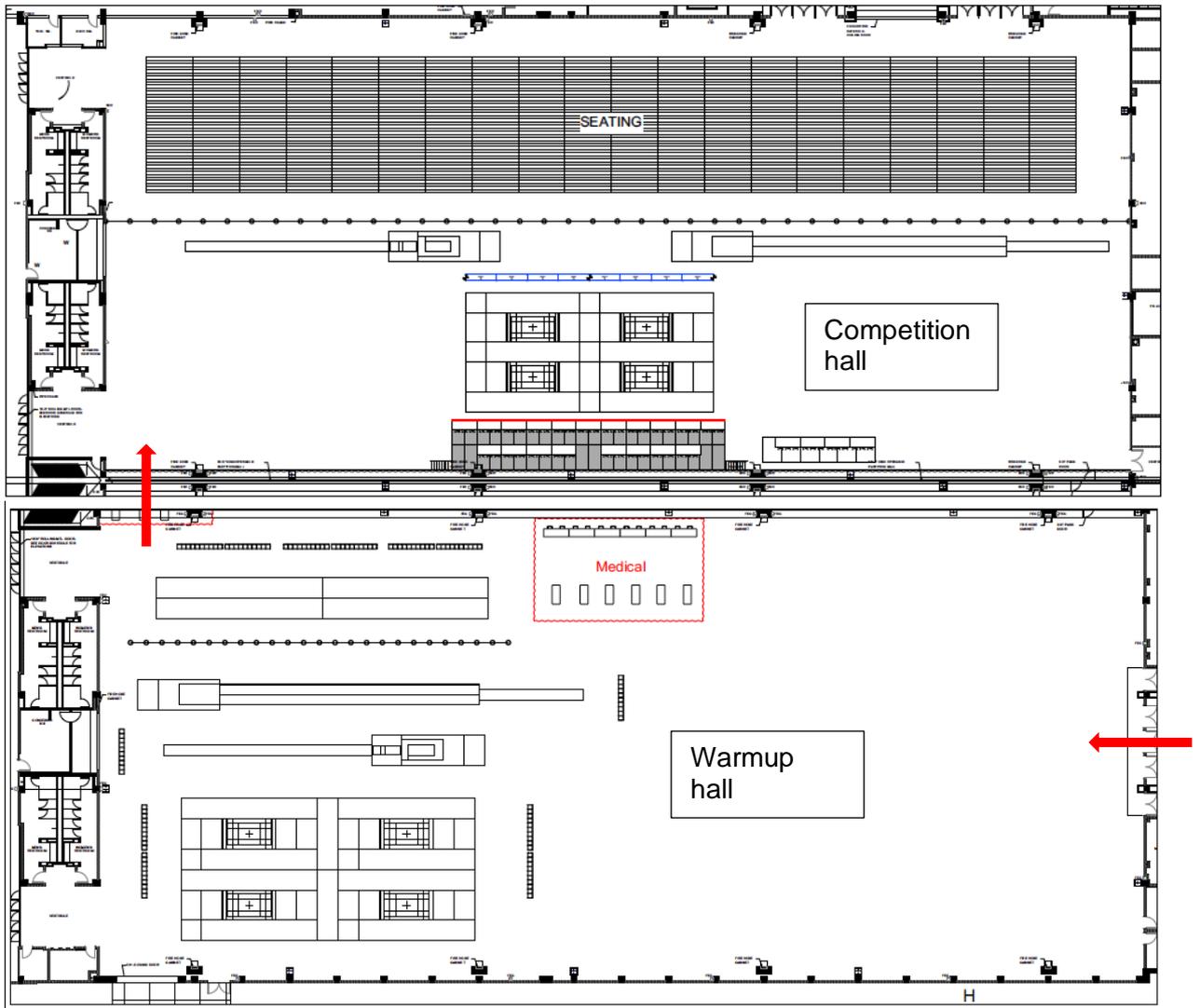
DMT	
Group 1	USA 8, NZL 2
Group 2	CAN 8

**APPENDIX 2  
COMPETITION SCHEDULE**

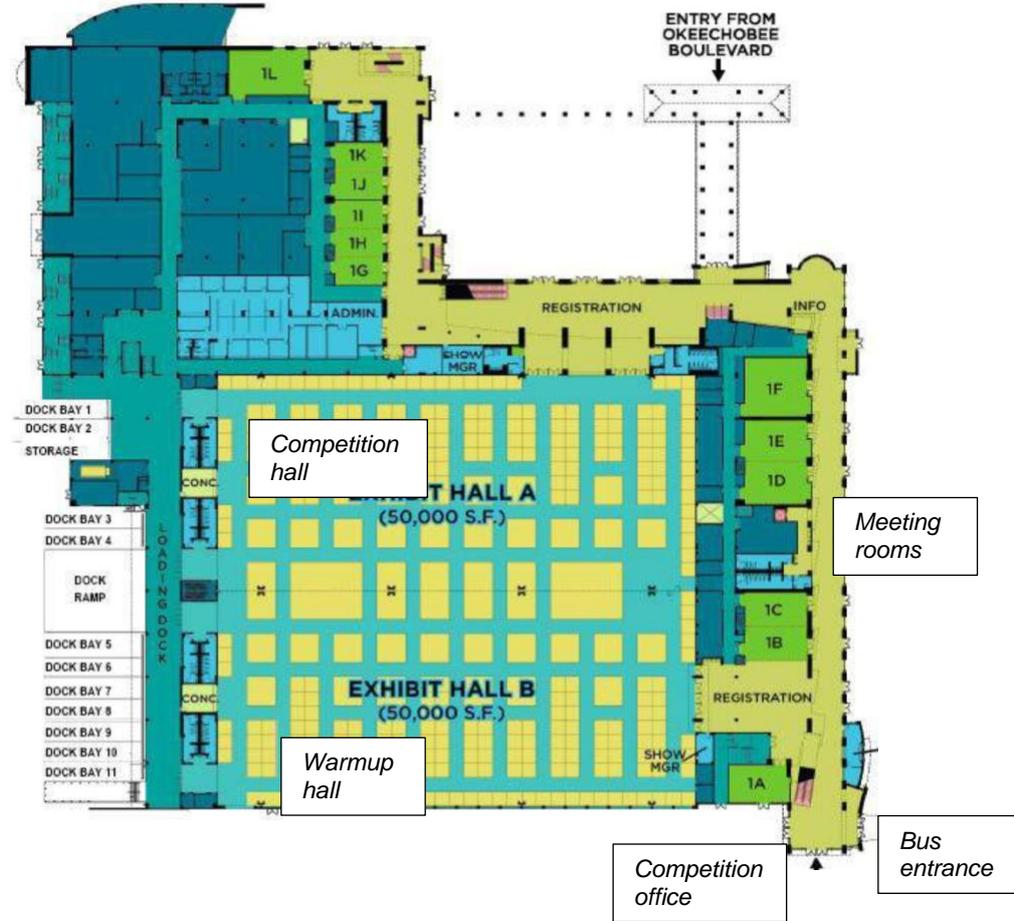
2-Aug	M TRA WARMUP HALL 71 athletes plus alternates 9 groups	W TRA WARMUP HALL 60 athletes + alternates 8 groups	TUM WARMUP HALL 23 athletes 3 groups	DMT WARMUP HALL 18 athletes 2 groups
1000-1045	Group 1	Group 1		
1045-1130	Group 2	Group 2		
1130-1215	Group 3	Group 3		
1215-1300	Group 4	Group 4		
1300-1345	Group 5	Group 5		
1345-1430	Group 6	Group 6		
1430-1515	Group 7	Group 7		
1515-1600	Group 8	Group 8		
1600-1645	Group 9	Group 9		
1645-1730				
1645-2000		Open training (warmup hall from 1645, competition hall from 1730)		
3-Aug	M TRS WARMUP HALL 22 athletes 2 groups	W TRS WARMUP HALL 19 athletes 2 groups	M TUM WARMUP HALL 11 athletes 1 group	W DMT WARMUP HALL 9 athletes 1 group
0910-1000	Q1 Group 1			
1000-1050	Q1 Group 2			
1050-1140				
1140-1230				
1230-1320	Q1 Group 1	Q1 Group 1		
1320-1410	Q1 Group 2	Q1 Group 2		
1410-1500				
1410-1800		Open training (warmup hall from 1410, competition hall from 1500)		

4-Aug	M TRI WARMUP HALL COMPETITION HALL	W TRI WARMUP HALL COMPETITION HALL	W TUM WARMUP HALL COMPETITION HALL	M DMT WARMUP HALL COMPETITION HALL
Groups 50 mins each	71 athletes 6 groups	60 athletes 5 groups	12 athletes 1 group	9 athletes 1 group
0910-1000	Q1 Group 1	Q1 Group 1	Q1 Group 1	Q1 Group 1
1000-1050	Q1 Group 2	Q1 Group 2		
1050-1140	Q1 Group 3	Q1 Group 3		
1140-1230	Q1 Group 4	Q1 Group 4		
1230-1320	Q1 Group 5	Q1 Group 5		
1320-1410	Q1 Group 6			
1410-1500				
1500-1550				
1550-1640				
1640-1730				
1730-1820				
1820-1910				
1910-2000				
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9910-10000				

**APPENDIX 3**  
**VENUE LAYOUT**  
Competition halls



Ground floor



Second floor

