



TARTU GYMNASTICS WEEK  
2024 Miss Valentine Tartu Grand Prix  
Tartu, Estonia, March 2-3, 2024  
RGI



**DIRECTIVES**

**Event ID: 17603**

Dear FIG affiliated Member Federation,

Estonian Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics (RGI)</b>
<b>HOST FEDERATION</b>	<b>Estonian Gymnastics Federation</b> Contact person: Ms. Tene-Riin Vaarmann Tondi 84/3, Tallinn, Estonia Phone: +372 59192717 e-mail: <a href="mailto:info@estoniangymnastics.ee">info@estoniangymnastics.ee</a> Website: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a> <a href="http://www.estoniangymnastics.ee">www.estoniangymnastics.ee</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>Gymnastics Club Janika</b> Contact Person: Mrs. Janika Mölder Ihaste tee 7, Tartu, Estonia Phone: +1 647 3001071 (WhatsApp) and +372 5029682 e-mail: <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a> <a href="mailto:janika@rogers.com">janika@rogers.com</a> Website: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a>
<b>SUPERVISOR</b>	Mrs. Nataliia Ieromina (UKR), FIG ID: 50, Cat 1 in RGI
<b>ADMINISTRATION MANAGER</b>	Mr. Jose De Freitas (FRA)
<b>COMPETITIONS DIRECTOR</b>	Mrs. Janika Mölder (EST)
<b>LOCATION</b>	<b>Tartu, Estonia</b>
<b>DATE</b>	<b>March 2-3, 2024</b>
<b>VENUE</b>	<u>Competition and training hall</u>  <b>University of Tartu Sports Hall</b> Ujula 4A, Tartu, Estonia Phone/fax: +372 7376280 7 warm up carpets and 1 competition carpet
<b>APPARATUS SUPPLIER</b>	<b>Please refer to the attached apparatus list.</b>
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"><li>• Statutes</li><li>• Code of Ethics</li><li>• Code of Conduct</li><li>• Technical Regulations</li><li>• Code of Discipline</li><li>• Code of Points and relevant Newsletters</li></ul>

	<ul style="list-style-type: none"> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules</li> <li>• Anti-Doping Rules</li> <li>• Licence rules (except for non-competitive events)</li> <li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>• FIG Medical Guidelines for FIG Competitions and Events</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Rules for Sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> <li>• Regulations for Award Ceremonies</li> <li>• Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>
<b>PARTICIPANTS DELEGATIONS</b>	<p>National Federations may register to participate as follows:</p> <p><b>Individual gymnasts 1-2</b>  <b>Coach 1</b>  <b>Judge 1</b></p> <ol style="list-style-type: none"> <li>1) 2024 Grand Prix Organizing Federations are allowed to enter 2 gymnasts + 1 coach + 1 judge (FRA, UKR, CZE, ESP, EST, ISR). Host country Estonia may register 4 individual gymnasts.</li> <li>2) Individual gymnasts will be invited according to the Grand Prix ranking list after the last 2023 Grand (RGI): Maximum 2 gymnasts from 2023 final ranking list per country can participate. Only Top-12 gymnasts.</li> <li>3) For all other countries 1 individual gymnast per Federation (the best National gymnast) + 1 coach + 1 judge</li> <li>4) Maximum 30 gymnasts in total</li> </ol> <p><b>The LOC will cover accommodation, meals and local transportation for the following participants:</b></p> <ol style="list-style-type: none"> <li>1) 2024 Grand Prix Organizing Federations 1 gymnast + 1 coach + 1 judge (FRA, CZE, UKR, ESP, EST, ISR).</li> <li>2) Individual gymnasts according to the Grand Prix ranking list after the last 2023 Grand (RGI): Top-12 gymnasts of each apparatus final, max 2 per country (nominative invitations)</li> </ol>
<b>GRAND PRIX SUPERVISORS</b>	<p>The LOC, according to Grand Prix Regulations will cover the flight ticket, accommodation, meals, and 50€ per day including the days of the travel for official Supervisors from the Grand Prix Committee for the period of February March 1-March 4, 2024 (3 nights)</p>
<b>AGE LIMITS</b>	<p>Senior gymnasts  <b>All gymnasts must have a valid FIG License until the end of the event.</b></p>
<b>JUDGES</b>	<p><b>Only current valid FIG Brevet judges (2022-2024) can judge 2024 Miss Valentine Tartu Grand Prix</b>  1 judge (per federation) Brevet Cat. 1-3, XIV Cycle  Each Federation must send minimum 1 judge.</p>
<b>REGISTRATION DEADLINES</b>	<p><b>Registration will be ONLINE</b> (Only National Gymnastics Federations can register) at <a href="http://rqform.eu/event.php?id_prop=5280">http://rqform.eu/event.php?id_prop=5280</a></p>

	<table border="1"> <tr> <td><b>Preliminary registration</b></td> <td><b>December 27, 2023</b></td> <td>(Two month prior to the event)</td> </tr> <tr> <td><b>Nominative registration</b></td> <td><b>January 27, 2024</b></td> <td>(Two month prior to the event)</td> </tr> </table>	<b>Preliminary registration</b>	<b>December 27, 2023</b>	(Two month prior to the event)	<b>Nominative registration</b>	<b>January 27, 2024</b>	(Two month prior to the event)
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<b>ENTRY FEES</b>	No entry fees will be applied for this event.						
<b>ACCREDITATION</b>	<p>Delegation accreditation will take place upon arrival at the venue of the event  For accreditation team leaders are required to bring the following documents:</p> <ul style="list-style-type: none"> <li>-passports of all members of the delegation</li> <li>-proof of medical insurance of all members of the delegation (obligatory)</li> <li>-FIG License for gymnasts</li> <li>-National Anthem</li> <li>-All delegations are requested to upload the music and portrait photos of their gymnasts/delegation members to KSIS</li> </ul> <p>-Please keep USP flash drive with music for the routines for back up  In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>						
<b>EVENT FORMAT</b>	<p><b><u>2024 Miss Valentine Tartu Grand Prix</u></b></p> <p>According to the Grand Prix Regulations.  Competition for Senior Individuals 2008 and older  All-Around Competition and Apparatus Finals</p>						
<b>PROVISIONAL SCHEDULE</b>	<p><b>March 1, Friday</b>      Arrival (all day)  Delegations technical meeting and draw 19:00  At VIP room (Sports Hall, second floor)  Official training 20:00</p> <p><b>March 2, Saturday</b>      Judges meeting 14:00 (Judges room first floor)  Grand Prix Qualification All-Around 16:00  Awards Ceremony AA (Top 12)</p> <p><b>March 3, Sunday</b>      Grand Prix Finals 16:00  Awards Ceremony (Top 8 per apparatus)  GALA  Farewell party</p> <p><b>March 4, Monday</b>      Departure of delegation</p>						
<b>EVENT MANAGER</b>	<p>Mrs. Janika Moelder  Phone: +647 300 1071 (WhatsApp)  E-mail : <a href="mailto:janika@rogers.com">janika@rogers.com</a></p>						
<b>MEDICAL SERVICES</b>	The Local Organizing Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area.						
<b>COVID-19</b>	<p>The LOC should follow local guidelines in management of COVID-19.  The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.  The competition will be organized considering the safety of participants and current COVID instructions of Estonian Government and authoritative. For any policy update regarding the COVID-19 Travel Regulations in Estonia, the LOC will keep all delegations and interested parties informed.</p>						

<p><b>VISA</b></p>	<p>In addition, the LOC will distribute information regarding gymnasts' safeguarding plan.</p> <p>Please verify immediately with your travel agent or the Estonian Embassy or Consulate in your country if a visa is required for your travel to Estonia. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made <b>before January 27, 2024</b>, to the LOC <a href="http://rgform.eu/event.php?id_prop=5280">http://rgform.eu/event.php?id_prop=5280</a>. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member, as well as the city the visa application support letter must be sent to.</p>
<p><b>INSURANCE</b></p>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g., cover note or photocopy of the valid policy).</p> <p>The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p> <p>Delegation members with insufficient insurance coverage must inform the LOC in advance. The LOC will subsequently offer insurance coverage at the Federations own charge as follows: <b>50€</b> per person.</p>
<p><b>SAFEGUARDING</b></p>	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the "10 Golden Rules of Gymnastics", the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>
<p><b>INTERNATIONAL TRANSPORTATION</b></p>	<p>The invited participating federations must pay the international travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the OC – ONLINE: <a href="http://rgform.eu/event.php?id_prop=5280">http://rgform.eu/event.php?id_prop=5280</a> by <b>January 27, 2024</b>.</p> <p>If delegations will send travel plan later than January 27, 2024, then the local transportation from the airport won't be guaranteed.</p> <p>Local Transportation will be provided only for the Delegation members who booked their accommodation through the Organizing Committee.</p>

<p><b>LOCAL TRANSPORTATION</b></p>	<p><b><u>Free local transportation for all accredited delegation members:</u></b></p> <ul style="list-style-type: none"> <li>• from Tallinn International Airport, Tallinn Railway Station or Tallinn Harbor to the hotel and back</li> <li>• from the hotels to the Competition Venue and vice-versa (shuttle busses)</li> </ul> <p><b>Will be provided only for the Delegation members who booked their hotel accommodation through the Organizing Committee.</b></p>
<p><b>ACCOMMODATION AND MEALS</b></p>	<p><b>All delegations must stay in the official hotel of this event. The hotel rooms will be allocated on a “first-come, first-served” basis.</b> The invited participating federations and clubs must pay for the accommodation expenses of their delegation members.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC ONLINE – <a href="http://rgform.eu/event.php?id_prop=5280">http://rgform.eu/event.php?id_prop=5280</a> by January 27, 2024, at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p><b><u>2-night package in the hotel - 280 € per person double or triple room (single room 340 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 2 nights, incl. breakfast and dinner</li> <li>- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul> <p><b><u>3-night package in the hotel - 380 € per person double or triple room (single room 440 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 3 nights, incl. breakfast and dinner</li> <li>- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul> <p><b><u>4-night package in the hotel - 480 € per person double or triple room (single room 540 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 4 nights, incl. Breakfast and dinner</li> <li>- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul> <p><b><u>5-night package in the hotel - 580 € per person double or triple room (single room 640 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 5 nights, incl. Breakfast and dinner</li> <li>- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall, competition accreditation</li> </ul> <p>The Accommodation Form must be returned to the OC ONLINE – <a href="http://rgform.eu/event.php?id_prop=5280">http://rgform.eu/event.php?id_prop=5280</a> by <b>January 27, 2024</b>, at the very latest.</p> <p>The costs for the accommodation must be paid to the LOC as following:</p> <ul style="list-style-type: none"> <li>- <u>50% of the accommodation costs</u> by <b>January 27, 2024</b>, at the time of Nominative Registration. Only then LOC can guarantee your stay at official hotel</li> </ul>

	<p>- Remaining 50% of the accommodation costs by <b>February 1, 2024, latest</b>  <b>Please make sure that each delegation has effective <u>insurance in case of cancellation.</u></b></p>
<b>CANCELLATION POLICY</b>	<p><b>ACCOMMODATION CANCELLATION</b>  In case of cancellation, costs will be refunded as following:  If cancellation is made by January 27, 2024 latest then 50% of the total amount paid will be refunded, any later cancellations will not be refunded</p>
<b>FINAL BANQUET</b>	<p>Final banquet will take place March 3, 20:00 (Place TBC)</p>
<b>PRIZE MONEY</b>	<p>The prize money for those places will get the following gymnasts of the respective result list. They also will get points for the ranking list.</p> <p>1 Place _ 22 points_ 550 Euro  2 Place_ 17 points_ 425 Euro  3 Place_ 13 points_ 325 Euro  4 Place_ 10 points_ 250 Euro  5 Place_ 8 points_ 200 Euro  6 Place_ 6 points_ 150 Euro  7 Place_ 5 points_ 125 Euro  8 Place_ 3 points_ 75 Euro</p> <p>Gymnasts in position 9 and 10 in qualifying competitions each earn two (2) points. Gymnasts in position 11 and 12 in qualifying competitions each earn one (1) point.</p> <p><b>Grand total of the Prize Money: 8400.- Euro</b></p>
<b>BANK ACCOUNT INFORMATION</b>	<p>Each participating Federation is kindly requested to integrate the payment's purpose as follows:</p> <p>Beneficiary: Võimlemisklubi Janika  Address: Ihaste tee 7, 51013 Tartu, Estonia  Bank: SEB  Address: Tornimäe 2, 15010 Tallinn, Estonia  SWIFT: EEUHEE2X  IBAN: EE791010102001526002</p> <p>The <u>participating federation</u> is responsible for <u>covering all bank fees</u> in connection with the bank transfers.  Please state the name of the Country/Federation the payment purpose on the transfer (i.e "Team NOR, 2024 Miss Valentine Tartu Grand Prix").</p>
<b>CANCELLATION INSURANCE</b>	<p>The FIG and LOC strongly recommend that each Federation will take a cancellation insurance for their accommodation and meal options.</p>
<b>MARKETING</b>	<p>FIG advertising and publicity norms must be respected.</p>
<b>MEDIA SOCIAL MEDIA</b>	<p>Local Press  <u>Facebook page</u>, Homepage: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a></p>
<b>ADDITIONAL INFORMATION</b>	<p>The following competitions will be organized in Tartu:  - 2024 Miss Valentine International Tournament (RGI, RGG)  - 2024 Miss Valentine International Tournament (AGG)</p>

<b>DEADLINES SUMMARY</b>	Definitive Registration (register only federation, number of gymnasts, coaches, judges and other delegation members) ONLINE at <a href="http://rqform.eu/event.php?id_prop=5280">http://rqform.eu/event.php?id_prop=5280</a>	<b>December 27, 2023</b>
	Nominative Registration (register all delegation members by name and add apparatus for gymnasts, FIG license nr for gymnasts and judges) ONLINE <a href="http://rqform.eu/event.php?id_prop=5280">http://rqform.eu/event.php?id_prop=5280</a>	<b>January 27, 2024</b>
	Accommodation ONLINE <a href="http://rqform.eu/event.php?id_prop=5280">http://rqform.eu/event.php?id_prop=5280</a>	<b>January 27, 2024</b>
	Travel Plan <a href="http://rqform.eu/event.php?id_prop=5280">http://rqform.eu/event.php?id_prop=5280</a>	<b>January 27, 2024</b>
	Visa Request Form-send ONLINE <a href="http://rqform.eu/event.php?id_prop=5280">http://rqform.eu/event.php?id_prop=5280</a>	<b>January 27, 2024</b>
	<b>Music mp3 (only)</b> ONLINE <a href="http://rqform.eu/event.php?id_prop=5280">http://rqform.eu/event.php?id_prop=5280</a>	<b>January 27, 2024</b>
	Payment of the accommodation costs (50%)	<b>By January 27, 2024</b>
	Payment of the accommodation costs (50%)	<b>By February 1, 2024</b>
	Remaining payment of the costs of delegation members and additional persons (in cash)	During accreditation in the competition hall

Sincerely Yours,



Tene-Riin Vaarmann,  
Secretary General

October 2<sup>nd</sup>, 2023  
Tallinn