



**1st Rhythmic Gymnastics International
Tournament
TALLINN OPEN
Tallinn (EST)
5 – 7th of April 2024**



DIRECTIVES

Event ID: 17641

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Estonia has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Rhythmic Gymnastics RGI Rhythmic Gymnastics RGG
HOST FEDERATION & LOCAL ORGANIZING COMMITTEE	Estonian Gymnastics Federation Contact person Ms Tene-Riin Vaarmann Tondi 84/3, Tallinn, Estonia +372 5919 2717 tallinnopen@estoniangymnastics.ee www.estoniangymnastics.ee
LOCATION	Tallinn, Estonia
DATE	5 – 7 th of April 2024
VENUE	Kalev Sports Hall Juhkentali 12, 10132 Tallinn, Estonia   
APPARATUS SUPPLIER	Please check the attached apparatus list.
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conduct• Technical Regulations

	<ul style="list-style-type: none"> • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • License rules (except for non-competitive events) • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • FIG Medical Guidelines for FIG Competitions and Events • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <i>and subsequent decisions of the FIG Executive Committee</i> 						
FEDERATIONS INVITED	The Host Federation will invite all Member Federations in good standing.						
AGE LIMITS	Junior Individual Senior Individual and Group All gymnasts must have a valid FIG licence until the end of the event.						
JUDGES AND JURIES	All judges must have a current valid FIG brevet (RGI and/or RGG) at the time of the event, for the respective discipline. The participating Member Federations must send minimum one judge with valid FIG brevet. Failure to do so will result in a 200€ fine to be paid to the LOC during the accreditation process.						
REGISTRATION DEADLINES	Registrations can only be made via online platform (click here). <table border="1"> <tr> <td>Definitive registration:</td> <td>1 February 2024 (23:59 CET)</td> <td>Online</td> </tr> <tr> <td>Nominative registration</td> <td>1 March 2024 (23:59 CET)</td> <td>Online</td> </tr> </table>	Definitive registration:	1 February 2024 (23:59 CET)	Online	Nominative registration	1 March 2024 (23:59 CET)	Online
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ENTRY FEES	The non-reimbursable registration fees to be paid to the LOC are of: 70€ per Individual Gymnast 40€ per Group Gymnast 75€ per person (incl. gymnasts, coaches and staff), who have not booked their accommodation and meals through LOC. The costs of entry fees must be paid to the LOC by bank transfer by 1 st of March 2024.						
ACCREDITATION	The accreditation procedure will take place at the competition hall. Heads of delegations have to bring to the accreditation office: -The passports of all participants -One USB stick with the music for routines -Certification of insurance for all delegation members covering illness, accidents and repatriation -Proof of full payment towards the LOC Music Files must be uploaded (.mp3 only) to the LOC online platform (click here) by 1 March 2024 at the very latest. Past this deadline, the LOC online platform will be closed. In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.						
EVENT FORMAT	Junior Individual All – Around Competition Junior Individual – Apparatus Finals (8 best gymnasts, 1 per country) Senior Individual All – Around Competition Senior Individual Apparatus Finals (8 best gymnasts, 2 per country) Senior Group All – Around Competition Senior Group Apparatus Finals (8 best groups, 1 per country)						

	<p>Team Competition: Junior RGI (2 x Hoop, 2 x Ball, 2 x Clubs, 2 x Ribbon + Senior RGI (2 x Hoop, 2 x Ball, 2 x Clubs, 2 x Ribbon)</p> <p>Delegations' size:</p> <table border="1"> <thead> <tr> <th>Function</th> <th>RGI SEN</th> <th>RGI JUN</th> <th>RGG SEN</th> <th>Total</th> </tr> </thead> <tbody> <tr> <td>Gymnast</td> <td>2-4</td> <td>2-4</td> <td>5-6</td> <td>2-14</td> </tr> <tr> <td>Coach</td> <td>1-2</td> <td>1-2</td> <td>1-2</td> <td>1-6</td> </tr> <tr> <td>Judge</td> <td>1</td> <td>1</td> <td>1</td> <td>1-3</td> </tr> <tr> <td>Paramedical</td> <td>1</td> <td>1</td> <td>1</td> <td>2</td> </tr> <tr> <td>Medical Doctor</td> <td>1</td> <td>1</td> <td>1</td> <td>2</td> </tr> <tr> <td>Head of Delegation</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> </tr> </tbody> </table>	Function	RGI SEN	RGI JUN	RGG SEN	Total	Gymnast	2-4	2-4	5-6	2-14	Coach	1-2	1-2	1-2	1-6	Judge	1	1	1	1-3	Paramedical	1	1	1	2	Medical Doctor	1	1	1	2	Head of Delegation	1	1	1	1
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PROVISIONAL SCHEDULE	<p>April 3, 2024 (Wednesday) - Arrival of the delegations</p> <p>April 4, 2024 (Thursday) - Arrival of the delegations - Trainings from 16.00 to 22.00 - Orientation meeting</p> <p>April 5, 2023 (Friday) - Judges drawing for AA - All around: Junior, Senior, Senior Groups</p> <p>April 6, 2023 (Saturday) - All around: Junior, Senior, Senior Groups - AA and Team Competition Awarding Ceremony</p> <p>April 7, 2023 (Sunday) - Judges drawing for Finals - Finals for Junior, Senior, Senior Groups - Finals Awarding Ceremony</p> <p>April 8, 2023 (Monday) - Departure of the delegations</p>																																			
MEDICAL SERVICES	First aid staff will be available at the venue, and will assist with further needs.																																			
COVID 19	The LOC should follow local guidelines in management of COVID-19. The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.																																			
VISA	<p>Please verify immediately with your travel agent or the Estonian Embassy or Consulate in your country if a visa is required for your travel to Estonia. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 1st of February 2024 to the LOC (tallinnopen@estoniangymnastics.ee).</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>																																			
<u>INSURANCE</u>	<p><u>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</u></p> <p><u>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</u></p> <p><u>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay</u></p>																																			

	The LOC will subsequently offer insurance at the Federations own charge as follows: XXX (complete) per person/day.
SAFEGUARDING	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form should be upload online (click here) by 1st of March 2024.</p>
LOCAL TRANSPORTATION	The LOC will provide transportation from/to Tallinn Lennart Meri airport and Tallinn Harbour to/from the official hotels.
ACCOMMODATION	<p>Radisson Blu Hotel Olümpia (400m, 6 minutes from competition hall) https://www.radissonhotels.com/en-us/hotels/radisson-blu-tallinn-olumpia Liivalaia 33, Tallinn,10118, Estonia The costs per person/night in this first Hotel are as follows: 125 € (single room, including breakfast) 75 € (double room, including breakfast)</p> <p>ibis Tallinn Center (290m, 4 minutes from competition hall) https://www.ibistallinncenter.ee/et/ Juhkentali 28, 10132 Tallinn The costs per person/night in this second Hotel are as follows: 85 € (single room, including breakfast) 50 € (double room, including breakfast) 45 € (triple room*, including breakfast)</p> <p>*The number of triple rooms is limited.</p> <p>While the Accommodation Form must be returned to the LOC by 1st of February 2024 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p> <p>The costs for the accommodations must be paid to the LOC by bank transfer by 1st of March 2024.</p>
MEALS	<p>Breakfast is included in the price of each room. The Meal Plan (lunch and dinner) is not compulsory and the delegations are free to make their own meal arrangements for lunch and dinner. Lunch and dinner will be served only at the respective hotels.</p> <p>Bookings of lunch and dinner must be made via the LOC online system as soon as possible but by 1st of February 2024 at the very latest.</p> <p>The price for one meal ticket is as follows: - 35€ per lunch (buffet) at the Hotel - 35€ per dinner (buffet) at the Hotel</p> <p>The invited participating federations must pay for the meals expenses of their delegation members.</p> <p>The costs for the meals must be paid to the LOC by bank transfer 1st of March 2024.</p>
CANCELATION POLICY	Accommodation and meals cancellation: Until 1 st of February 0% cancellation fee

	<p>From 2nd of February to 1st of March 50% cancellation fee From 2nd of March onwards 100% cancellation fee</p> <p>Entry fees are non-reimbursable</p>																						
BANK ACCOUNT INFORMATION	<p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: Beneficiary: Estonian Gymnastics Federation Address: Tondi 84/3, 11316 Tallinn Bank: Swedbank Address: Liivalaia 8, 15040 Tallinn, Estonia SWIFT: HABAE2X IBAN: EE142200221002104505</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>																						
MARKETING MEDIA	<p>FIG advertising and publicity norms must be respected</p> <p>International and local media representatives as well as federations' communications staff who are interested in covering the event can register online (click here) (deadline 1st of April 2024)</p>																						
SOCIAL MEDIA	<p>Official social media activities: Event: @rgtallinnopen #rgtallinnopen LOC: @estoniangymnastics Web: www.estoniangymnastics.ee</p>																						
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ADDITIONAL INFORMATION	<p>Personal data of gymnasts, coaches, judges and volunteers who are registered participants of the Tallinn Open 2024 will be used in the documented results, on rgform.eu website, websites of Estonian Gymnastics Federation and/or organizer as well as social media sites.</p> <p>Upon registration, gymnasts, coaches, judges and volunteers also agree to publication of visual materials featuring their person (photos, videos). In case someone does not agree to public use of their personal data or visual materials, he/she must inform the main organizer of the competition and Estonian Gymnastics Federation in writing before the competition.</p> <p>Only accredited journalists and photographers are allowed to take photos and videos using professional equipment (they must be registered on rgform.eu site or at the festival site at the start of the event). There are no restrictions concerning mobile phones or other smart devices.</p>																						

Sincerely Yours,



Tene-Riin Vaarmann
Secretary General
Estonian Gymnastics Federation