




International Rhythmic Gymnastics Tournament
«ALEM CUP»
for Junior and Senior – Astana, Kazakhstan
22-25 March 2024



DIRECTIVES

Event ID: 17721

The Gymnastics Federation of **Kazakhstan** has pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	Kazakhstan Gymnastics Federation
LOCAL ORGANIZING COMMITTEE	Alem Rhythmic Gymnastics Academy Adress: Turan avenue, 59 Phone number: +77018078883 Assem Akhmetzhanova
LOCATION	Astana, Kazakhstan
DATE	22-25 March 2024
VENUE	<p style="text-align: right;">«Qazaqstan» athletic complex</p>  <p>Turan avenue, 59 Astana, Kazakhstan The multifunctional «Qazaqstan» athletic complex offers all necessary sports facilities for big sport events.</p> <p>- Very good sound system-unique acoustic of hall</p> <ul style="list-style-type: none">- 2 training carpet- 1 competition carpet
APPARATUS SUPPLIER	Please refer to the attached apparatus list
RULES AND REGISTRATION	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conduct• Technical Regulations• Code of Discipline• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules• Anti-Doping Rules• License rules (except for non competitive events)• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events• Medical Guidelines for FIG Competitions and Events• Media Rules• Apparatus Norms• Rules for Sanctioning (approval) of International Events• Advertising and Publicity Rules• Regulations for Award Ceremonies• Accreditation Rules

	<i>and subsequent decisions of the FIG Executive Committee</i>	
FEDERATION INVITED	The Organizing Member Federation will invite all FIG member federation in good standing.	
AGE LIMITS	Senior and Junior: According to the FIG technical regulations All gymnasts must have an FIG license valid until the end of event.	
JUDGES AND JURIES	All judges must have a current valid FIG brevet (min IV) at the time of the event, in the respective category (RGI and/or RGG) <i>(Delegations without judge must pay 200 EUR)</i>	
REGISTRATION DEADLINES	Definitive registration	1 March
	Nominative registration	1 March
ENTRY FEES	The non-refundable entry fee for this event will be as follows: — 50 EUR per gymnast — 150 EUR per gymnasts, who have not booked their accommodation and meals through LOC.	
ACCREDITATION	<p>The accreditation procedure will take place at the competition hall. Heads of delegations must keep the accreditation schedule, which will be distributed by LOC before the official date of arrival.</p> <p>Heads of delegation have to bring to the accreditation office:</p> <ul style="list-style-type: none"> — Passports of all participants — Passport copies of all participants – <u>on paper</u> — National anthem — National flag — 1 CD or USB per music <p>Certificate of insurance for all delegation members covering illness, accidents and repatriation – <u>on paper.</u> Proof for full payment towards the LOC Separate declarations for use of personal data – <u>on paper and signed.</u> In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>	
EVENT FORMAT	<p><u>Junior RGI (FIG Rules)</u> ALL-AROUND AND QUALIFICATION FOR FINALS Each gymnast performs 4 exercises. Each Federation can participate with more than 2 gymnasts. However, in the final ranking only 2 gymnasts per Federation will be included (these with the best results). APPARATUS FINAL – Finals (the best 8 gymnasts per apparatus – max 2 per federation)</p> <p><u>Senior RGI (FIG Rules)</u> ALL-AROUND AND QUALIFICATION FOR FINALS Each gymnast performs 4 exercises. Each Federation can participate with more than 2 gymnasts. However, in the final ranking only 2 gymnasts per Federation will be included (these with the best results). APPARATUS FINAL – Finals (the best 8 gymnasts per apparatus – max 2 per federation)</p> <p><u>Junior RGG (FIG Rules)</u> ALL-AROUND AND QUALIFICATION FOR FINALS Each Group performs 2 exercises APPARATUS FINAL – Finals (the best 8 Groups per apparatus – max 1 per federation)</p> <p><u>Senior RGG (FIG Rules)</u> ALL-AROUND AND QUALIFICATION FOR FINALS</p>	

	Each Group performs 2 exercises APPARATUS FINAL – Finals (the best 8 Groups per apparatus – max 1 per federation)
PROVISIONAL SCHEDULE	March 20 – Arrival day of the delegations March 21 – Training sessions according to schedule March 22 – Competition March 23 – Competition March 24 – Finals and Banquet March 25 – Departure of the delegations
COMPETITION AWARDS	Each gymnast receives a participation certificate and present. All-around competition (individual and groups): first 3 gymnasts/groups receive cup, medal, and certificate. Gymnasts/groups in position 4-8 will be awarded by honor diplomas. Separate award for each Apparatus first 3 gymnasts receive medal and certificate.
MEDICAL SERVICES	The medical services will be provided by the Astana Sports Medicine Centre.
VISA	Please, verify immediately with your travel agent or Kazakhstan Embassy or Consulate in your country if a visa is required for your travel to Kazakhstan. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the is made by 25 January to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city of Kazakhstan Consular Department to which the official visa support letter be sent.
INSURANCE	The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance upon arrival of the delegation members. Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance at the Federations own charge as follows: 25 EUR per person/day.
SAFEGUARDING	From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable. The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site. In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.
INTERNATIONAL TRANSPORTATION	The invited participating federations must pay for the travel costs of their delegation members.

	The Travel Schedule Form must be returned to the LOC by 1 February.
LOCAL TRANSPORTATION	The LOC will arrange the local transportation (i.e. from/to the airport, railway station and/or bus station as well as from/to the hotel and the venue) to all participating NFs, who booked their accommodation and meals through LOC.
ACCOMODATION	<p>The invited participating federations must pay for accommodation expenses of their delegation members. The costs for additional persons and/or days are the same.</p> <p>The costs per person and per night (including the local transportation) are as follows:</p> <p>1.Hotel “Saryarka” Turan avenue, 59 40 EUR (single room, including breakfast) 30 EUR (double room, including breakfast) 30 EUR (triple room, including breakfast)</p> <p>2.Hotel «Rixos President Astana»**** St.D.Kunaev,7 140 EUR (single room, including breakfast) 120 EUR (double room, including breakfast)</p> <p>The Accommodation Form must be returned to the LOC by 15 January 2024 at the very latest.</p> <p>The LOC does not guarantee the hotel reservation if the payment is after the deadline.</p> <p>The price for accommodation includes the local transportation (i.e. from/to the airport, railway station and/or bus station as well as from/to the hotel and the Venue).</p>
MEALS	<p>The invited participating federations must pay for accommodation expenses of their delegation members. The costs for additional persons and/or days are the same.</p> <p>The costs per person and per meal (including the local transportation) are as follows:</p> <p>Lunch: 10 EUR Dinner: 10 EUR</p> <p>The Meals Form must be returned to the LOC by 15 January 2024 at the very latest.</p>
CANCELLATION POLICY	<p>In case of cancellation, costs will be refunded as follows:</p> <p>Until March 5: 50% of the total amount After March 5: no refund</p>
FINAL BANQUET	The Local Organizing Committee is pleased to organize in the evening of 24 March 2024 a free of charge final banquet for all accredited members in the delegations.
BANK ACCOUNT INFORMATION	<p>LLP Academy «Alem» 211140007859 Bank Center Credit BCC Account number IBAN KZ068562203135326701 BIC KCJBKZKX</p>
MARKETING	FIG advertising and publicity norms must be respected.
MEDIA	<p>Local Media Officer: Mr.Ainagul Amankeldy Phone number: +7758887014</p>
SOCIAL MEDIA	Instagram: alem.academy

DEADLINES SUMMARY	Definitive Registration	1 March
	Accommodation Form	15 March
	Meals Form	15 March
	Visa Request	15 March
	Nominative Registration	1 March
	Payment of the Entry Fee	1 March
	Payment of the Accommodation Costs and Meals 100%	1 March
	Travel Schedule Form	1 March
	Music and music form	1 March

Sincerely yours,

Nur-Sultan, 09.02.2024



R. Ashimbekov

Signature of the Secretary General of the FIG affiliated NF