

## **AER FIG WORLD CUP – Training Schedule 1**

#	Number of Routines	Nation	Day / Time for Training	Warm Up		Podium	
			21 <sup>st</sup> March	General	Specific	Start	Finish
1	4	AZERBAIJAN	00:12	7:30	8:00	8:30	8:42
2	4	FRANCE	00:12	7:42	8:12	8:42	8:54
3	2	HUNGARY	00:06	7:54	8:24	8:54	9:00
4	1	NEW ZEALAND	00:03	8:00	8:30	9:00	9:03
5	9	SPAIN	00:27	8:03	8:33	9:03	9:30
6	3	BRAZIL	00:09	8:30	9:00	9:30	9:39
7	4	CHEQUIA	00:12	8:39	9:09	9:39	9:51
8	7	GERMANY	00:21	8:51	9:21	9:51	10:12
9	9	ITALY	00:27	9:12	9:42	10:12	10:39
10	5	JAPAN	00:15	9:39	10:09	10:39	10:54
11	3	PERU	00:09	9:54	10:24	10:54	11:03
12	6	PORTUGAL	00:18	10:03	10:33	11:03	11:21
13	1	AUSTRALIA	00:03	10:21	10:51	11:21	11:24
14	3	CHINESE TAIPEI	00:09	10:24	10:54	11:24	11:33
15	7	EGYPT	00:21	10:33	11:03	11:33	11:54
16	6	FINLAND	00:18	10:54	11:24	11:54	12:12
17	2	LITHUANIA	00:06	11:12	11:42	12:12	12:18
18	4	MEXICO	00:12	11:18	11:48	12:18	12:30
19	2	ROMANIA	00:06	11:30	12:00	12:30	12:36
20	1	SLOVAKIA	00:03	11:36	12:06	12:36	12:39
21	5	UKRAINE	00:15	11:39	12:09	12:39	12:54

## **AER FIG WORLD CUP – Training Schedule 2**

#	Number of Routines	Nation	Day / Time for Training	Warm Up		Podium	
			22 <sup>nd</sup> March	General	Specific	Start	Finish
1	9	SPAIN	00:27	7:30	8:00	8:30	8:57
2	6	PORTUGAL	00:18	7:57	8:27	8:57	9:15
3	1	NEW ZEALAND	00:03	8:15	8:45	9:15	9:18
4	2	HUNGARY	00:06	8:18	8:48	9:18	9:24
5	4	FRANCE	00:12	8:24	8:54	9:24	9:36
6	4	AZERBAIJAN	00:12	8:36	9:06	9:36	9:48
7	5	UKRAINE	00:15	8:48	9:18	9:48	10:03
8	1	SLOVAKIA	00:03	9:03	9:33	10:03	10:06
9	2	ROMANIA	00:06	9:06	9:36	10:06	10:12
10	4	MEXICO	00:12	9:12	9:42	10:12	10:24
11	2	LITHUANIA	00:06	9:24	9:54	10:24	10:30
12	6	FINLAND	00:18	9:30	10:00	10:30	10:48
13	7	EGYPT	00:21	9:48	10:18	10:48	11:09
14	3	CHINESE TAIPEI	00:09	10:09	10:39	11:09	11:18
15	1	AUSTRALIA	00:03	10:18	10:48	11:18	11:21
16	3	PERU	00:09	10:21	10:51	11:21	11:30
17	5	JAPAN	00:15	10:30	11:00	11:30	11:45
18	9	ITALY	00:27	10:45	11:15	11:45	12:12
19	7	GERMANY	00:21	11:12	11:42	12:12	12:33
20	4	CHEQUIA	00:12	11:33	12:03	12:33	12:45
21	3	BRAZIL	00:09	11:45	12:15	12:45	12:54