



**18th African Championships
MARRAKECH, MAR
03-05-2024 /06-05-2024
Artistic Gymnastics (Senior)**



DIRECTIVES

Event ID:

Dear UAG affiliated Member federation,

The African Gymnastics Union in collaboration with the LOC (The Gymnastics Federation of MOROCCO) has the pleasure to invite your Federation to participate in the 18th Artistic Gymnastics African Championships (Senior).

| | |
|------------------------------|---|
| DISCIPLINE | Men's Artistic Gymnastics Women's Artistic Gymnastics |
| HOST FEDERATION | FEDERATION ROYALE MAROCAINE DE GYMNASTIQUE Casa principale B.P. 15880 CASABLANCA Morocco Contact person:0661057874 Mobile: +212 661057478 / +212 22276706 Email frmqym2@gmail.com |
| LOCATION | M'HAMID Marrakech – Morocco |
| DATE | 03-05-2024 / 06-05-2024 |
| VENUE | Training, warm-up and competition halls M'HAMID Marrakech  |
| APPARATUS SUPPLIER | Please refer to the attached apparatus list. |
| RULES AND REGULATIONS | The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points, relevant Newsletters, and Help Desk • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • Licence rules (except for non competitive events) • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • FIG Medical Guidelines for FIG Competitions and Events • Media Rules • Apparatus Norms |

| | <ul style="list-style-type: none"> • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------------------------|--|---------------------------------|------------------------|--------------------------------|---------------------|--------------------------------|---------------------|--------|---------|---------------------|------|------|--------|-------|---|---|---|--------------------|---|---|---|--------------------------------|---|--|---|--------------------------------|---|--|---|---------------|---|---|---|
| FEDERATIONS INVITED | All FIG affiliated member federations in Africa that are in good standing with the FIG and UAG may participate. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| PARTICIPATIONS AND AGE LIMITS | <p>PARTICIPATION The maximum size of the invited delegation is as follows:</p> <table border="1"> <thead> <tr> <th>Delegation members</th> <th>MAG Sn</th> <th>WAG Sn</th> <th>Total</th> </tr> </thead> <tbody> <tr> <td>Gymnast team</td> <td>3 to 5</td> <td>3 to 5</td> <td>6 to 10</td> </tr> <tr> <td>Gymnast individuals</td> <td>1 -2</td> <td>1 -2</td> <td>2 to 4</td> </tr> <tr> <td>Coach</td> <td>2</td> <td>2</td> <td>4</td> </tr> <tr> <td>Total Judges Sn+Jn</td> <td>3</td> <td>3</td> <td>6</td> </tr> <tr> <td>Total Head of Delegation Sn+Jn</td> <td colspan="2">1</td> <td>1</td> </tr> <tr> <td>Total Doctor/ paramedics Sn+Jn</td> <td colspan="2">1</td> <td>1</td> </tr> <tr> <td>Team manager*</td> <td>1</td> <td>1</td> <td>2</td> </tr> </tbody> </table> <p>*ONLY WHEN DELEGATION HAVE TEAM</p> <p>MAG: Seniors, as per FIG Technical regulations NFs must declare on the FIG Database whether their 18-yearold gymnasts will compete as junior or senior prior to their first competition for the year concerned.</p> <p>WAG: Seniors, as per FIG Technical regulations All gymnasts must have a valid FIG licence until the end of the Event.</p> <p>All Federations are entitled to participate with a team of 3-5 gymnasts or with a maximum of 2 individuals.</p> | Delegation members | MAG Sn | WAG Sn | Total | Gymnast team | 3 to 5 | 3 to 5 | 6 to 10 | Gymnast individuals | 1 -2 | 1 -2 | 2 to 4 | Coach | 2 | 2 | 4 | Total Judges Sn+Jn | 3 | 3 | 6 | Total Head of Delegation Sn+Jn | 1 | | 1 | Total Doctor/ paramedics Sn+Jn | 1 | | 1 | Team manager* | 1 | 1 | 2 |
| Delegation members | MAG Sn | WAG Sn | Total | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Gymnast team | 3 to 5 | 3 to 5 | 6 to 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Gymnast individuals | 1 -2 | 1 -2 | 2 to 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Coach | 2 | 2 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Judges Sn+Jn | 3 | 3 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Head of Delegation Sn+Jn | 1 | | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Doctor/ paramedics Sn+Jn | 1 | | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Team manager* | 1 | 1 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| JUDGES AND JURIES | <p>All judges must have a current valid FIG brevet for their function at the time of the event, in the respective discipline. All judges must be minimum Cat III, as these Continental championships are considered a Group 2 competitions.</p> <p>5 E (min Cat. 4), 2 D (min Cat. 2) and 1 AS (min Cat. 2)</p> <p>Each federation may bring up to 3 judges per discipline with a maximum of 2 judges per NF in the same panel.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| REGISTRATION DEADLINES | <table border="1"> <tbody> <tr> <td>Provisional registration</td> <td>23 January 2024</td> </tr> <tr> <td>Definitive registration</td> <td>1 March 2024</td> </tr> <tr> <td>Nominative registration</td> <td>1 April 2024</td> </tr> </tbody> </table> | Provisional registration | 23 January 2024 | Definitive registration | 1 March 2024 | Nominative registration | 1 April 2024 | | | | | | | | | | | | | | | | | | | | | | | | | | |
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ENTRY FEES**COMPETITION ENTRY FEE:**

The invited participating federations must pay entry fee at the time of the Definitive registration which is 1 March 2024, as follows:

- Participation with only one (1) gymnast in a discipline: **USD 50 (per discipline)**
- Participation with more than one gymnast in a discipline: **USD 150 (per discipline, flat fee for the team)**

The entry fee is non-refundable and payable to the UAG. **ANNUAL UAG AFFILIATION FEE:**

Federations that have not yet paid their annual affiliation fee for 2024 to the UAG

must also make payment to the UAG before they will be allowed to participate in the competition, as follows:

| | | |
|------------------|-------|--------|
| Existing Members | | USD200 |
| New Members | Year1 | USD0 |
| | Year2 | USD100 |
| | Year3 | USD200 |

Banking Details for UAG Affiliation Fees and Entry Fees:

| | |
|----------------------------|---|
| Payable to: Beneficiary | AfricanGymnasticsUnion |
| Account | 0013161399469301015 |
| Bank | NationalBankofEgypt(MainBranch) 24 SHEREFST. CAIRO |
| IBAN | EG680003000131613994693010150 |
| SWIFT/BIC | NBEGEGCX001 |

Reference Code: Country Code_UAG+EntryART
Example: MAR_UAG+EntryART

ACCREDITATION

Accreditation of all delegations will take place at their arrival in the sports hall. Please send a digital photo for each member of your delegation before **10 April 2024 to LOC.**

Heads of delegations have to bring to the accreditation office:

- 1 CD of the national anthem / flash memory card
- 2 audio format CDs per gymnast

Certification of insurance for delegation members covering covid-19, illness, Accidents, repatriation.

In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.

EVENT FORMAT

The 18th Senior African Championships will be held on 4 days competition.

For teams: 5 gymnasts, 4 compete on each apparatus, best 3 scores are counted per team.

*The team ranking (5-4-3) and the All-Around ranking will be determined at the end of the qualifications.

*The highest ranked eligible athlete based on the All-Around Qualifications results will obtain 1 quota place by name to the Olympic games (Paris 2024).

*Apparatus finals: The best eight gymnasts per apparatus from the qualifications qualify for the Finals (Participation is limited to 2 gymnasts per NF on each apparatus)

*In case of a tie at any place, the tie will be broken according to the FIG technical regulations.

| | | |
|-------------------------------------|---|---|
| PROVISIONAL SCHEDULE | 30 April 2024 | Arrival of delegations |
| | 01 May 2024 | Training Orientation meeting Judges' instruction and draw |
| | 2 May 2024 | Podium training Judges' Meeting (MAG – WAG) |
| | 3 May 2024 | Training Judges' Meeting WAG Qualifications Juniors seniors WAG |
| | 4 May 2024 | Training Judges' Meeting MAG Qualifications Juniors seniors MAG |
| | 5 May 2024 | Judges Meeting (MAG – WAG) Apparatus Finals Juniors seniors WAG-MAG MAG (FX – PH- SR), WAG (VT- UB) |
| | 6 May 2024 | Training Judges' Meeting (MAG – WAG) Apparatus Finals (Jnr & Snr) MAG (VT- PB-HB) , WAG (BB- FX) |
| | 7 May 2024 | Departure of delegations |
| MEDICAL SERVICES | A medical service will be available throughout the period of the championships. | |
| COVID 19 | <p>The LOC should follow local guidelines in management of COVID-19. The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.</p> <p>A medical Guide specific for the event will be distributed one month before the event regarding to standard changes by health authorities in MORRACAN at the time of the event.</p> | |
| DOPING CONTROLS | Anti-doping controls will be organised by the International Testing Agency (ITA) on behalf of the FIG and according to the WADA Code, Standards and FIG Anti-Doping Rules. | |
| VISA | <p>Please verify immediately with your travel agent or the MORRACAN Embassy or Consulate in your country if a visa is required for your travel to MORRACAN. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 10 March 2024.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p> | |
| INSURANCE | <p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as Follows: 50 euro per person/day.</p> | |
| INTERNATIONAL TRANSPORTATION | The invited participating federations must pay for the travel costs of their delegation members. | |

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|---|---|--|---------------------------------|---|--------------------------------|-------------------------|--------------------------------|---|--------------------|------------------------------------|-------------------|---------------------|--------------------------|---------------------|--|---------------------|---|---------------------|----------------------|---------------------|
| | The Travel Schedule Form must be returned to the LOC by 10 April 2024 . | | | | | | | | | | | | | | | | | | | |
| LOCAL TRANSPORTATION | The Organising committee will provide transportation from menara Marrakech for the delegation booked their accommodation through the LOC. Also transportation between hotel, training, warm up and competition venue will be provided by LOC | | | | | | | | | | | | | | | | | | | |
| ACCOMMODATION | Hotel FARAH **** double PC 100/Euros - per person single PC 120/Euro Hotel zalagh Kasbah **** double PC 100/Euros - per person single PC 120/Euro | | | | | | | | | | | | | | | | | | | |
| CANCELATION POLICY | Any cancellations after 10 April 2024 will incur a penalty of 100% of total amount due. | | | | | | | | | | | | | | | | | | | |
| BANK ACCOUNT INFORMATION | <table border="1"> <tr> <td>Payable to : Beneficiary</td> <td>Fédération Royale Marocaine de Gymnastique</td> </tr> <tr> <td>Account</td> <td>000124N000000151</td> </tr> <tr> <td>BANK</td> <td>ATTIJARIWAFABANK 63BD MY Youssef place de la fraternite Casa Expansion</td> </tr> <tr> <td>IBAN</td> <td>007 780 0001245000000151 78</td> </tr> <tr> <td>SWIFT /BIC</td> <td>BCM AM AMC</td> </tr> </table> | | Payable to : Beneficiary | Fédération Royale Marocaine de Gymnastique | Account | 000124N000000151 | BANK | ATTIJARIWAFABANK 63BD MY Youssef place de la fraternite Casa Expansion | IBAN | 007 780 0001245000000151 78 | SWIFT /BIC | BCM AM AMC | | | | | | | | |
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| SWIFT /BIC | BCM AM AMC | | | | | | | | | | | | | | | | | | | |
| MARKETING | FIG advertising and publicity norms must be respected | | | | | | | | | | | | | | | | | | | |
| SOCIAL MEDIA | MORRACAN gymnastics federation official page | | | | | | | | | | | | | | | | | | | |
| DEADLINES SUMMARY | <table border="1"> <tr> <td>Provisional Registration</td> <td>23 January 2024</td> </tr> <tr> <td>Definitive Registration</td> <td>1 March 2024</td> </tr> <tr> <td>Nominative Registration</td> <td>1 April 2024</td> </tr> <tr> <td>Accommodation Form</td> <td>1 March 2024</td> </tr> <tr> <td>Visa Request Form</td> <td>1 March 2024</td> </tr> <tr> <td>Payment of the Entry Fee</td> <td>1 March 2024</td> </tr> <tr> <td>Payment of the Accommodation Costs 50%</td> <td>1 March 2024</td> </tr> <tr> <td>Payment of the Accommodation Costs 100%</td> <td>1 April 2024</td> </tr> <tr> <td>Travel Schedule Form</td> <td>1 April 2024</td> </tr> </table> | | Provisional Registration | 23 January 2024 | Definitive Registration | 1 March 2024 | Nominative Registration | 1 April 2024 | Accommodation Form | 1 March 2024 | Visa Request Form | 1 March 2024 | Payment of the Entry Fee | 1 March 2024 | Payment of the Accommodation Costs 50% | 1 March 2024 | Payment of the Accommodation Costs 100% | 1 April 2024 | Travel Schedule Form | 1 April 2024 |
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Sincerely Yours



Mr BITARI Abdessadeq
President of the FEDERATION ROYALE
MAROCAINE DE GYMNASTIQUE

Casablanca, ~~02.02~~04.03.2024