



**Aerobic Gymnastics Senior Pan American Championships 2024**  
**November 13 to 16, 2024**                      **Panama City, PAN**

**DIRECTIVES**

**Event ID: 17851**

Dear PAGU affiliated Member Federations,  
The Pan American Gymnastics Union (PAGU) through the Panamanian Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG and PAGU international event.

<b>DISCIPLINE</b>	<b>Aerobic Gymnastics</b>
<b>PAN AMERICAN GYMNASICS UNION</b>	<b>Pan American Gymnastics Union</b> Tenayuca 55, Oficina 403 Colonia Letrán Valle C.P. 03650, Alcaldía Benito Juárez Mexico City, ME Phone: +52 55 8984-7848 Email: <a href="mailto:info@upag-pagu.org">info@upag-pagu.org</a>
<b>HOST FEDERATION</b>	<b>PANAMANIAN GYMNASICS FEDERATION</b> Apartado 0831-02630 Panama City - Panama Phone: +507 2245400 Email: <a href="mailto:presidencia@fpgimnasia.org">presidencia@fpgimnasia.org</a> Web Page: <a href="http://www.figimnasia.org">http://www.figimnasia.org</a> <b>Carlos Antonio Herrera, President</b>
<b>EVENT MANAGER</b>	<b>Contact:</b> Carlos Antonio Herrera Email: <a href="mailto:panaerpan2024@gmail.com">panaerpan2024@gmail.com</a>
<b>LOCATION</b>	Panama City (PAN)
<b>DATE</b>	November 13th to 16th, 2024
<b>VENUE</b>	Trainings, warm-ups and competitions will be at: Centro de Convenciones Vasco Núñez de Balboa – Hotel Panamá Address: Calle Eusebio A. Morales 111, Panama
<b>APPARATUS SUPPLIER</b>	Please refer to the attached apparatus list
<b>RULES AND TECHNICAL REGULATIONS</b>	The event will be organized according to the following FIG rules, as valid in the year of the event, and PAGU Technical Regulations: <ul style="list-style-type: none"><li>• Statutes</li><li>• Code of Ethics</li><li>• Code of Conduct</li><li>• Technical Regulations</li><li>• Code of Discipline</li><li>• Code of Points and relevant Newsletters / Helpdesk</li><li>• General Judges' Rules</li><li>• Specific Judges' Rules for Aerobic Gymnastics</li><li>• Anti-doping Control Rules</li><li>• Medical organization of FIG competitions and events</li><li>• FIG Framework for safeguarding athletes and other participants from harassment and abuse during sports events</li></ul>

	<ul style="list-style-type: none"><li>• License Rules</li><li>• Media Rules</li><li>• Apparatus Norms</li><li>• Rules for sanctioning (approval) of International Events</li><li>• Advertising and Publicity Rules</li><li>• Regulations for Award Ceremonies</li><li>• Accreditation Rules</li></ul> <p><i>and subsequent decisions made by Executive Committees of the FIG and PAGU.</i></p>									
INVITED FEDERATIONS	Pan American Gymnastics Union invites all Federations affiliated to the PAGU and to the FIG, and which are up to date in their obligations.									
AGES	<p><b>Senior: as per FIG Technical Regulations</b> <i>as of December 31, 2024</i></p> <p><b>All gymnasts must have a valid FIG license until the end of the event.</b></p>									
JUDGES AND JURY	<p><b>All judges must have a current valid FIG brevet at the time of the event.</b> Each Federation must send 2 judges that shall evaluate in all phases of the competition. If one delegation sends a maximum of 5 units, only 1 judge with FIG brevet will be mandatory. Federations with PAGU TC members may register them in addition to the judges of their Federation. The fine for failing to participate with the required judges is \$1,000.00 USD per missing judge. This fine must be paid to PAGU no later than <b><u>September 13th, 2024.</u></b> This does not apply to those Federations that do not have FIG brevet judges and that is the first cycle in which they participate in PAGU competitions. The National Federation must inform PAGU in advance (at the time of the definitive registration) to allow the appointment of an invited neutral judge. The judges' panel will have at least: 4 Artistic Judges 4 Execution Judges 2 Difficulty Judges 1 Chair Judge 2 Line Judges 1 Time Judge</p>									
REGISTRATION DEADLINES	<table><tr><td>Provisional Registration</td><td>August 14<sup>th</sup>, 2024</td><td><a href="https://upag.vercel.app">upag.vercel.app</a></td></tr><tr><td>Definitive Registration</td><td>September 13<sup>th</sup>, 2024</td><td><a href="https://upag.vercel.app">upag.vercel.app</a></td></tr><tr><td>Nominal Registration</td><td>October 14<sup>th</sup>, 2024</td><td><a href="https://upag.vercel.app">upag.vercel.app</a></td></tr></table>	Provisional Registration	August 14 <sup>th</sup> , 2024	<a href="https://upag.vercel.app">upag.vercel.app</a>	Definitive Registration	September 13 <sup>th</sup> , 2024	<a href="https://upag.vercel.app">upag.vercel.app</a>	Nominal Registration	October 14 <sup>th</sup> , 2024	<a href="https://upag.vercel.app">upag.vercel.app</a>
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ENTRY FEES	<p>The entry fee for this event is <b><u>\$50.00 USD</u></b> per gymnast and category and must be paid to the Local Organizing Committee (LOC) no later than <b><u>September 13th, 2024.</u></b> Entry fees will be valid as long as they are sent through the federations affiliated to the PAGU and are accompanied by the corresponding deposit and the forms with the required information. A gymnast can only take part on 3 categories, according to FIG Technical Regulations. Note: Gymnasts registered in the Pan American Championship can also participate in the Club Pan American Cup, provided they make the respective registration and payment. There will be only one competition for Qualifications and for Finals. The scores will be taken into consideration for both, the Pan American Championship and the Club Pan American Cup respectively.</p>									
DELEGATION SIZE	The maximum number of persons per official delegation is as follows:									

Function	Senior
Gymnasts/units	
Women's Individual	4
Men's Individual	4
Mixed Pair	4
Trio	4
Group	4
Aero Dance	4
Coaches	1 if participating with 1 unit 2 if they participate with 2-7 units 3 if they participate with 8-15 units 4 if they participate with 16-20 units 5 if they participate with 21 units
Medical Staff	1
Judges	2
Head of Delegation	1

Accreditation cost for additional delegation members is **\$100.00 USD** per person and must be paid to Local Organizing Committee no later than **September 13th, 2024.**

Only the following persons will be entitled to receive an additional accreditation: Coach, Doctor, Physiotherapist, Team Manager and third judge (different from the PAGU TC Member).

The accreditation for the third judge has no additional cost.s

## ACCREDITATIONS

Along with the Nominative registration, all clubs through their respective Federations must upload a copy of the passport and a photograph of each of the members of their delegation:

[upag.vercel.app](http://upag.vercel.app) (for the PAGU intranet)

<https://sportevents.com.co> (for the LOC)

Requirements for each photo:

- File format: JPEG
- Dimensions: min 210 x 270 pixels; max 420 x 540 pixels
- 3.5 cm width x 4.5 cm height
- File size: maximum 1 MB
- White background

Each document must be identified with the Country Code, Last name, Name, Age Group, Category and Function of each member.

Example: PAN\_FERNANDEZ\_Ana\_Senior\_IF\_Gymnast

Additionally, the information of each participating athlete and official must be uploaded to SportEvents (<https://sportevents.com.co>). The Federations will be able to access at any time with the user already assigned to them, if they need assistance they can write to [info@sportevents.com.co](mailto:info@sportevents.com.co) or to the chat on the page. If clubs do not have a user, they will be able to create one and thus relate their athletes and officials who will be registered for the event.

This documentation must be uploaded to the **PAGU intranet** and SportEvents no later than **October 14, 2024.**

In case of not uploading the photograph as requested, the Local Organizing Committee can take the photograph in the host city and will have an additional cost of **\$10.00 USD** for each one.

In case of theft or loss of the accreditation, it must be informed immediately to the Local Organization Committee for the cancellation of the accreditation. The replacement of stolen or lost accreditation will cost **\$50.00 USD** which must be covered by the accreditation holder.

Accreditations will be distributed upon arrival at the accreditation desk. Additional information on the access zones for each accreditation will be given in the Work Plan.

	In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.
<b>EVENT FORMAT</b>	<p>The Pan American Championship consists of a qualifying phase and a final phase in all categories and age groups.</p> <p><b>Qualification</b> A maximum of 4 gymnasts/units are allowed to participate per Federation on each category.</p> <p><b>Finals</b> The eight (8) best-ranked gymnasts/units ranked per category will qualify to finals (maximum 2 per Federation). In case of a tie that cannot be broken, a second draw will be held for the tied positions, right after the Qualification competition. If the Organizing Federation failed to qualify at least one gymnast/unit in an age group, it may have a "wild card" with a gymnast/unit in the category they choose, provided they participated in the Qualifications phase. Therefore, the maximum number of gymnasts/units during the Finals is 8+1 in one category and 8 gymnasts/units on the remaining categories. The gymnast/unit with the "wild card" may be awarded a medal.</p> <p><b>Team Ranking</b> In order to participate on Team Ranking, Federations must be represented by at least one unit in 4 different categories during the qualifying round in:</p> <ul style="list-style-type: none"> <li>• Aerobic Gymnastics: Individual Men and/or Individual Women, Mixed Pair, Trio, Group</li> <li>• Aero Dance</li> </ul> <p>Team Ranking will be established by the sum of the top 5 places as follows: Seniors:</p> <ul style="list-style-type: none"> <li>• the 4 best places from Aerobic Gymnastics: Individual Men or Individual Women, Mixed Pair, Trio, Group</li> <li>• the best place in Aero Dance</li> </ul> <p>The top 5 places of each Team will turn into points according to their placement in the Qualification, for example, 1<sup>o</sup> place = 1 point, 2<sup>o</sup> place = 2 points, etc. The Federation with the <b>lowest number of points</b> will be declared the Pan American Team Champion.</p> <p>Medals will be awarded to the best place on each category registered by the winner Teams for Team Ranking, even if they failed to contribute points to the final Team total.</p> <p>Delegations must inform their team composition (1 Individual Men and/or Individual Women, 1 Mixed Pair, 1 Trio, 1 Group, 1 Aero Dance) at the moment of the Nominative Registration.</p>
<b>AWARDS</b>	<p>The best 3 places on each category will receive a medal and diploma. The tie breaking rules provided in the FIG Technical Regulations will be applied. The scores obtained in the Qualification phase will be used to determine the Team Ranking (if the Federation registers at least 4 different categories). Medals and diplomas will be delivered to the members of the best 3 Teams, including two official coaches designated by their Federation. All members of the delegation will receive a certificate of participation.</p>
<b>PROVISIONAL SCHEDULE</b>	<p><b>Monday Nov/11</b> All day Arrival of PAGU authorities Arrival of delegations Delegations' registration Limited trainings upon previous request</p> <p><b>Tuesday Nov/12</b> Delegates' Technical Meeting Judges Briefing Podium Training</p>

	<p><b>Wednesday Nov/13</b> Opening Ceremony Qualification Competition</p> <p><b>Thursday Nov/14</b> Qualification Competition</p> <p><b>Friday Nov/15</b> Qualification Competition</p> <p><b>Saturday Nov/16</b> Finals Competitions Awards Ceremonies</p> <p><b>Sunday Nov/17</b> All day Departure of Delegations and PAGU authorities</p>
<b>DEFINITIVE SCHEDULE</b>	The detailed program of activities with definitive schedules will be sent to the National Federations after the Definitive Registration period.
<b>MEDICAL SERVICES</b>	The Local Organizing Committee will provide first aid services and ambulance at the competition and training sites during the official activities.
<b>ANTI-DOPING</b>	<p><b><u>Doping controls</u></b> Doping controls will be organized by the International Testing Agency (ITA) on behalf of the FIG and in accordance with the World Anti-Doping Code (WADC), international standards promulgated by the World Anti-Doping Agency (WADA) and the FIG Anti-Doping Rules.</p>
<b>COVID-19</b>	<p>The LOC should follow local guidelines in management of COVID-19. The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.</p>
<b>VISA</b>	<p>Please verify immediately with your travel agency, Embassy or Consulate of Panama in your country if a visa is required for your travel to Panama. The Local Organizing Committee will be happy to assist each member of the Delegation by sending an official invitation letter, provided that this request is made to the LOC through SportEvents <a href="https://sportevents.com.co">https://sportevents.com.co</a> no later than <b><u>October 14th, 2024.</u></b> This request must include the function, full name, gender, date of birth, citizenship, passport number, passport's expiration date, arrival and departure dates of the Delegation's member, as well as the city the official invitation letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation, the Local Organizing Committee ("LOC"), the PAGU and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation or similar. The FIG Technical Regulations foresees that all participating Federations are responsible for making their own arrangements needed to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. For additional information on FIG IMSSA Insurance for Athletes and Judges, please visit <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> The LOC will verify the insurance upon arrival of the delegations (e.g., copy of valid insurance policy). Delegation members with insufficient insurance coverage must inform the LOC in advance, but no later than <b><u>October 14th, 2024.</u></b> The LOC will offer insurance to the Federations, at their expense, at a cost of <b>\$150.00 USD</b> per person on the official days of the event. This insurance covers accidents in training and competition, and does not cover pre-existing conditions or illnesses, injuries in activities outside the event nor administrative situations.</p>



	The request must be made through SportEvents ( <a href="https://sportevents.com.co">https://sportevents.com.co</a> ) before the stipulated date.															
SAFEGUARDING	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p><b>In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</b></p>															
INTERNATIONAL TRANSPORTATION	<p>The Federations invited to participate must cover the international transportation costs of the members of their delegation.</p> <p><b>International Airport of arrival</b> Aeropuerto Internacional de Tocumen (PTY) The Travel Itinerary Form must be sent to the LOC no later than <b><u>October 14th, 2024.</u></b></p>															
LOCAL TRANSPORTATION	<p>Local transportation to and from the airport will be provided for all delegations that have made the reservations on the official hotels through the Local Organizing Committee.</p> <p>The Local Organizing Committee will provide local transportation from the airport to the hotel and vice versa, only on the official arrival day, <b><u>Monday, November 11th</u></b>, and on the official departure day, <b><u>Sunday, November 17th</u></b> (except for PAGU representatives arriving or departing on different days).</p> <p>Delegations arriving or returning on unofficial days may contact the Local Organizing Committee to coordinate transportation to their accommodation (official hotels) or to the airport at a cost of <b><u>\$35.00 USD</u></b> per person per trip (airport-hotel or hotel-airport). The request must be submitted and paid no later than <b><u>October 14th, 2024.</u></b></p> <p>The Local Organizing Committee will provide transportation from the Hotel Faranda Express to the competition and training facilities and vice versa, for all duly accredited members of the delegation and according to the official program of activities.</p> <p>The list of itineraries must be made through SportEvents (<a href="https://sportevents.com.co/home">https://sportevents.com.co/home</a>) before the stipulated date. You can choose official transportation at no cost on official arrival and departure days, or additional transportation at a cost if arrivals or departures take place on unofficial days.</p>															
MEALS AND ACCOMMODATION	<p><b>OFFICIAL HOTELS</b> <b>Option A: HOTEL PANAMÁ</b> <b>Address: Via España 111. Apartado postal 0816-06754, Panama City</b></p> <table><tr><th>Occupation</th><th>Price per night, per person</th><th>Includes (per person)</th></tr><tr><td>Single</td><td>USD\$ 185.00</td><td>Breakfast, Lunch, Dinner</td></tr><tr><td>Double or Triple</td><td>USD\$ 97.50</td><td>Breakfast, Lunch, Dinner</td></tr></table> <p><b>NOTE:</b> The host hotel does not require local transportation service since the venue is located in its same facilities.</p> <p><b>Option B: HOTEL FARANDA EXPRESS</b> <b>Address: Avenida Perú, 30, Panama City</b></p> <table><tr><th>Occupation</th><th>Price per night, per person</th><th>Includes (per person)</th></tr><tr><td></td><td></td><td></td></tr></table>	Occupation	Price per night, per person	Includes (per person)	Single	USD\$ 185.00	Breakfast, Lunch, Dinner	Double or Triple	USD\$ 97.50	Breakfast, Lunch, Dinner	Occupation	Price per night, per person	Includes (per person)			
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	<table><tr><td>Single</td><td>USD\$ 113.00</td><td>Breakfast, Lunch, Dinner</td></tr><tr><td>Double</td><td>USD\$ 103.00</td><td>Breakfast, Lunch, Dinner</td></tr><tr><td>Triple</td><td>USD\$ 93.00</td><td>Breakfast, Lunch, Dinner</td></tr></table> <p>Meals service starts with lunch on the arrival day and finishes with breakfast on the departure day.</p> <p>Prices charged for the hotel rooms will not exceed the usual hotel rates.</p> <p>The Meals and Accommodation Form must be completed through SportEvents (<a href="https://sportevents.com.co/home">https://sportevents.com.co/home</a>) no later than <b>September 13th, 2024</b>. Rooms and meals will be distributed according to the order in which the requests and payments are received.</p> <p>The participating Federations must cover the accommodation and/or meals expenses of all their delegation members.</p> <p>50% of the accommodation/meals costs must be paid to the Local Organizing Committee no later than <b>September 13th, 2024</b>.</p> <p>The remaining 50% must be paid no later than <b>October 14th, 2024</b>.</p> <p>Note: Rooms and meals, as well as their prices, cannot be guaranteed if requests and/or payments are received after the deadlines.</p>	Single	USD\$ 113.00	Breakfast, Lunch, Dinner	Double	USD\$ 103.00	Breakfast, Lunch, Dinner	Triple	USD\$ 93.00	Breakfast, Lunch, Dinner
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CLOSING PARTY	<p>Closing Party will be held on <b>Saturday, November 16th</b> and will not have an additional cost to the accredited members of the participating delegations that have their accommodation at one of the official hotels and have made this reservation through the Local Organizing Committee.</p> <p>Additional entrances can be requested to the LOC for this Closing Party before <b>September 13th, 2024</b>, at the moment of the reservation of the meals and accommodation packages.</p> <p>The price for the additional entrance is \$30.00 USD.</p> <p>This request must be made through SportEvents before the stipulated date.</p>									
CANCELLATION POLICY	<p>Cancellation policy: The PAGU and the Local Organizing Committee strongly recommend that each Federation take cancellation insurance for their accommodation and meals reservation.</p> <table><tr><td><b>Cancelation Date</b></td><td><b>Reimbursement for cancelation</b></td></tr><tr><td>No later than October 16th, 2024</td><td>50% reimbursement</td></tr><tr><td>On and after October 17th, 2024</td><td>No reimbursement</td></tr></table>	<b>Cancelation Date</b>	<b>Reimbursement for cancelation</b>	No later than October 16th, 2024	50% reimbursement	On and after October 17th, 2024	No reimbursement			
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BANK INFROMATION	<p><b>The following payments should be done directly to the bank account of the Local Organizing Committee:</b></p> <ul style="list-style-type: none"><li>- Registrations (entry fees)</li><li>- Meals and accommodation</li><li>- Additional accreditations</li><li>- Insurance</li><li>- Transportation Airport-Hotel or Hotel-Airport (if applicable)</li></ul> <p><b>The payments should be done only after the LOC has sent the corresponding invoice to the Federation with the total amount to pay and the bank information.</b></p> <p>The participating federation is responsible for covering the commissions related to the bank transfers.</p> <p>Each participating Federation is requested to send the LOC the reference of the transfer transaction as follows: <b>Country – Discipline – #Invoice</b></p> <p>BANK: BANCO GENERAL SWIFT: BAGEPAPAXXX ADDRESS: AVE. CENTRAL Y CALLE 16 PANAMA NAME: FEDERACIÓN PANAMEÑA DE GIMNASIA CURRENT ACCOUNT IN USD: <u>03-81-01-114094-2</u></p>									
MARKETING	<p>FIG advertising and publicity norms must be respected.</p>									

<b>MEDIA</b>	<p>The media representatives, as well as the communications staff of the federations who are interested in covering the event, may apply for registration to PAGU (info@upag-pagu.org) no later than <b>October 14th, 2024</b>. In addition, the National Federations are asked to send a confirmation letter to PAGU. Pictures for the accreditations must be sent to the LOC before <b>October 14th, 2024</b>.</p>																																		
<b>SOCIAL MEDIA</b>	<p>Information about the event will be posted on the following sites:</p> <p><b>UPAG</b>  Instagram: @upagpagu  Twitter: @UPAG_PAGU  Facebook: UPAG.PAGU.ORG</p> <p><b>Panamanian Gymnastics Federation</b>  Instagram: <a href="https://www.instagram.com/gimnasiapanama/">https://www.instagram.com/gimnasiapanama/</a>  Facebook: <a href="https://www.facebook.com/profile.php?id=100063511870339">https://www.facebook.com/profile.php?id=100063511870339</a>  Youtube: <a href="https://www.youtube.com/@gimnasiapanama7176">https://www.youtube.com/@gimnasiapanama7176</a></p>																																		
<b>DEALINES SUMMARY</b>	<p><b>To PAGU</b> (<a href="https://upag.vercel.app">upag.vercel.app</a>)</p> <table> <tr> <td>Provisional Registration</td><td>August 14th, 2024</td></tr> <tr> <td>Definitive Registration</td><td>September 13th, 2024</td></tr> <tr> <td>Nominative Registration</td><td>October 14th, 2024</td></tr> <tr> <td>Fine Payment for a missing judge</td><td>September 13th, 2024</td></tr> <tr> <td>Music Form submission</td><td>October 14th, 2024</td></tr> <tr> <td>Upload of Passports and photos to PAGU's intranet</td><td>October 14th, 2024</td></tr> </table> <p><b>To the Local Organizing Committee</b> (<a href="mailto:panaerpan2024@gmail.com">panaerpan2024@gmail.com</a>)</p> <table> <tr> <td>Payment of the Entry Fees</td><td>September 13th, 2024</td></tr> <tr> <td>Payment for additional accreditation</td><td>September 13th, 2024</td></tr> <tr> <td>Accommodation/meals information at SportEvents</td><td>September 13th, 2024</td></tr> <tr> <td>Payment of 50% of accommodation/meals</td><td>September 13th, 2024</td></tr> <tr> <td>Payment of the remaining 50% of accommodation/meals</td><td>October 14th, 2024</td></tr> <tr> <td>Travel Itinerary Information in SportEvents</td><td>October 14th, 2024</td></tr> <tr> <td>Request and payment for transportation from/to the airport on unofficial dates at SportEvents</td><td>October 14th, 2024</td></tr> <tr> <td>Visa letter request at SportEvents</td><td>October 14th, 2024</td></tr> <tr> <td>Documents for accreditation (photos and copy of passports) in SportEvents</td><td>October 14th, 2024</td></tr> <tr> <td>Insurance application and payment at SportEvents</td><td>October 14th, 2024</td></tr> <tr> <td>Submission of music form and music in mp3 format</td><td>October 14th, 2024</td></tr> </table>	Provisional Registration	August 14th, 2024	Definitive Registration	September 13th, 2024	Nominative Registration	October 14th, 2024	Fine Payment for a missing judge	September 13th, 2024	Music Form submission	October 14th, 2024	Upload of Passports and photos to PAGU's intranet	October 14th, 2024	Payment of the Entry Fees	September 13th, 2024	Payment for additional accreditation	September 13th, 2024	Accommodation/meals information at SportEvents	September 13th, 2024	Payment of 50% of accommodation/meals	September 13th, 2024	Payment of the remaining 50% of accommodation/meals	October 14th, 2024	Travel Itinerary Information in SportEvents	October 14th, 2024	Request and payment for transportation from/to the airport on unofficial dates at SportEvents	October 14th, 2024	Visa letter request at SportEvents	October 14th, 2024	Documents for accreditation (photos and copy of passports) in SportEvents	October 14th, 2024	Insurance application and payment at SportEvents	October 14th, 2024	Submission of music form and music in mp3 format	October 14th, 2024
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<b>ADDITIONAL INFORMATION</b>	<p><b>National Anthem</b>  During the accreditation the National Anthem of the country must be delivered.</p> <p><b>National Flag</b>  During the accreditation the National Flag of the Country must be delivered. The size of the flag must be 2.1m x 1.2m.</p> <p><b>Music</b>  While the LOC guarantees respect for copyright and the dissemination of musical works, each National Federation must verify that the music of its Aerobic Gymnastics athletes does not infringe any copyright and that can be disseminated in the media.  This confirmation must be done along with the nominative registration, no later than <b>October 14th, 2024</b>. Each Federation will be asked to report on the duration, composer, artist, and title of the music to be used for each exercise. Once the start list is determined, a link to the Heads of delegation will be provided, where they must upload the music with the numeral prefix (according to the start list) and properly identified:</p>																																		



	<p>Example: 015_PAN_SENIOR_IF_PEREZ_Juana</p> <p>The music form should be sent to:  <a href="mailto:panaerpan2024@gmail.com">panaerpan2024@gmail.com</a></p>
<b>CAMP</b>	<p><b>The Camp will be held right after the 2024 AER Pan American Championship and Pan American Club Cup, from November 17 to 19, 2024.</b></p> <p><b>Departure of Delegations: November 20, 2024.</b></p>

Sincerely,

Patricia Dieguez  
PAGU's General Secretary



Carlos Herrera  
Panamanian Gymnastics Federation President



Mexico City, June 24<sup>th</sup>, 2024