



17th International “Loulé Cup” Competition
Loulé, Portugal
31st October to 2nd November 2024
Junior and Senior



DIRECTIVES

Event ID: 17858

Dear FIG, Affiliated Member Federation,

Following the decision of the FIG Presidential Commission, the **Portuguese Gymnastics Federation** has the pleasure to invite your Federation to participate in the afore mentioned official FIG International event.

Please find herein below the Invitation letter and the directives:

DISCIPLINE	Trampoline Double Mini-Trampoline Tumbling
HOST FEDERATION	Federação de Ginástica de Portugal Estrada da Luz, nº 30A 1600-159 Lisboa / Portugal Tel: +351 21 814 1145 Fax: +351 21 814 2950 e-mail: federacao@ginastica.org / teresa.loureiro@ginastica.org website: www.ginastica.org
LOCAL ORGANIZING COMMITTEE	APAGL - Loulé Cup Rua da Marroquia, 30 8100-684 Loulé, Portugal Technical Director: Fábio Viegas/Rute Simão LOC: Marta Martins / Mário Dias Mobile: +351 932895679 / +351 918562781 E-mail: loulecup.apagl@gmail.com Website: www.apagl.pt
LOCATION	Loulé Municipal Sport Centre Professor Joaquim Vairinhos 8100-760 Loulé – Portugal
DATE	31st October to 2nd November 2024
VENUE	Loulé Municipal Sport Centre Professor Joaquim Vairinhos 8100-760 Loulé – Portugal
APPARATUS SUPPLIED	Please refer to the attached apparatus list.
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, with the exceptions foreseen in the present regulation. <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules for Trampoline Gymnastics • Anti-Doping Rules • Medical Organization of FIG Competitions and Events • FIG Framework for safeguarding athletes and other participants from harassment and abuse in sport during events

Loulé Cup – www.apagl.pt
e-mail : loulecup.apagl@gmail.com



	<ul style="list-style-type: none"> • License Rules • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p> <p><u>SPECIFIC RULES</u> Individual Trampoline, Double Mini-Trampoline and Tumbling 15-16 - Following 15-16 WAGC rules 17+ - Following FIG Senior rules</p>
PROVISIONAL SCHEDULE	<p>Wednesday, 30th October All Day – Arrival of Delegations. Free training – 14:00 – 22:00</p> <p>Thursday, 31st October Free training – 08:00 – 12:00 Handing of competition cards Head of Delegation Meeting TR, DMT and TU Judges Meeting Qualifying Rounds – TRI/DMT/TUM</p> <p>Friday, 1st November Qualifying Rounds – TRI/DMT/TUM Finals</p> <p>Saturday, 2nd November Teams Finals – TRI/DMT/TUM 12.00h - Teams Award Ceremony Individual Finals – TRI/DMT/TUM 19.00h - Individual Award Ceremony</p> <p>Closing Ceremony 21h30 – Banquet and Final Party</p> <p>Sunday, 3rd November All day – Departure of Delegations</p>
FEDERATIONS INVITED	Loulé Cup is an international event, open to all clubs affiliated in the respective Federations as well as Representatives of National Federations, District or Regional associations.
AGE LIMITS	Individual Trampoline * Double Mini Trampoline * Tumbling Junior: as per FIG Technical Regulations Senior: as per FIG Technical Regulations All gymnasts must have a valid FIG licence, until the end of the event.
ENTRY FEES	The cost for the entry fee is € 20 (twenty euros) per gymnast per class. Entries will be considered on a first come first served basis.
EVENT FORMAT	Each gymnast can only participate in one group in each apparatus. Difficulty limits as in FIG Code of Points Q1 – Individual (all apparatus): Junior (Male/Female) – in accordance with FIG Junior/WAGC Rules as per FIG in valid Code of Points. Senior (Male / Female) – in accordance with FIG Senior Rules as per FIG in valid Code of Points



	<p>Q2 – Individual (all apparatus): Only in Senior (Male/Female) competition, in accordance with FIG code of points</p> <p>FINALS – Individual: F1 – Individual Trampoline / F1+F2 – Individual Double Mini Trampoline and Tumbling Junior and Senior (Male/Female) - In accordance with FIG code of points In case of less than 8 competitors, all of them will go to the finals. Though, no competitor will go through to the next competition phase without participating in the respecting qualification rounds or having DNF or DSQ as a final score. All Finals starts from zero. Tie-breaking rules as per FIG TR.</p> <p>FINALS - Team Team Competition format will be defined in the Workplan. Includes all ages and apparatus.</p>
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the Members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. (For additional information regarding the FIG IMSSA insurance for Athletes and Judges: go to https://www.gymnastics.sport/site/pages/medical-insurance.php)</p> <p>The Local Organizing Committee will verify the insurance upon arrival of the Delegation Members (e.g. cover note or photocopy of the valid policy). Delegation Members with insufficient insurance cover must inform the Local Organizing Committee in advance.</p>
SAFEGUARDING	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges, and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable. The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>
ACCREDITATION	<p>Delegation accreditation will take place upon arrival. For accreditation, Heads of the Delegations are required to bring the following documents:</p> <ul style="list-style-type: none"> • Passports of all members of the delegation; • Proof of total payments; • Proof of medical insurances; <p>All financial obligations must be fulfilled before arrival or during the accreditation. Accreditation card is personal for each of the delegation members. Accreditation card wearing is required at all times of the tournament. In addition, the LOC will distribute information regarding the gymnasts’ safeguarding plan.</p> <p>NOTE: <i>The Organizing Committee will be responsible for checking the validity of the gymnast’ Licenses.</i></p>
JUDGES AND JURIES	<p>All judges must have a current valid FIG brevet until the end of the event, and in the respective discipline.</p>



It is compulsory that the participating Delegations bring 1 (one) judge with **FIG judges brevet** for every 8 competitors.

2-8 = 1 Judge

9-16 = 2 Judges

17-24 = 3 Judges

25 or more = 4 Judges

The Clubs, Associations or Federations that present less judges than required by the established rules will be penalized with the payment of a fee of **50€/gymnast** (Fifty Euros per gymnast) for each missing judge according to the previous threshold (e.g. if only one FIG judge is indicated for 11 competitors, a fee of €150 Euros will be due). The non-payment of the penalization will imply the non-participation in the event of the respective competitors. All the judges indicated by the respective Clubs, Associations and Federations to the organization, will have to be present at the respective judges' meetings.

Note: Transport, accommodation, and meals of the judges of each delegation are of the respective delegations' responsibility.

PRIZE MONEY

The Organisers established PRIZE MONEY for the first three qualified in the **Individual Senior** (male and female) competition in TRI, DMT and TUM, and for the first qualified in TRI, DMT and TUM **Teams** (male and female) as follows:

	TRI	DMT	TUM	TRI / DMT / TUM TEAMS
1st Place	300€	300€	300€	400€
2nd Place	150€	150€	150€	
3rd Place	100€	100€	100€	

Grand Total: 5.700,00€

The PRIZE MONEY will only be attributed to each class/category if there are at least 8 (eight) effective participants in the competition. The prize money should be collected from the LOC until the end of the competition. If a prize money is not claimed until the beginning of the farewell dinner (22pm, 2nd November), it will no longer be due and will revert to the LouleCup LOC.

The 1st, 2nd and 3rd places in each single event will receive a medal.

All the competitors will receive a Participation Certificate.

OBS: Less than 200 participants – no prize money will be awarded

BANK ACCOUNT INFORMATION

All payments must be made in euros, through bank transfer, to the following account:

Account Name: ASSOC PAIS E AMIGOS DA GINÁSTICA DE LOULÉ

Bank: Crédito Agrícola

Agency: Loulé

IBAN: PT50 0045 7211 40308094153 07

BIC/SWIFT: CCCMPTPL

Reference: Loulé Cup 2024 (followed by the name of the Club, Association or Federation)

Important Notes:

1. **All fees relating to the bank transfers are of the responsibility of the participating delegations.**

2. **Until payment is made, entries will be considered as provisional, including accommodation and meals**

3. **Proof of payment must be sent, with the respective identification, to:**

loulecup.apagl@gmail.com



VISA	<p>If any delegation requires a Special Declaration/Invitation in order to obtain Visas for entry in Portugal, send information by e-mail (loulecup.apagl@gmail.com) as soon as possible.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
WORKPLAN	<p>Detailed information about the competition will be sent to participating delegations the beginning of September.</p>
INTERNATIONAL TRANSPORTATION	<p>The members of the invited participants must pay for their international transportation.</p>
ACCOMMODATION, MEALS and LOCAL TRANSPORTATION	<p>The Organisers will arrange, at a determined fee, accommodation and meals (from 30st October to 2nd November).</p> <p>The costs are per person/night and includes (Package):</p> <ul style="list-style-type: none"> - Room - Breakfast (Hotel) + lunch + dinner - Banquet and Final Party - Transportation from either Faro Airport or Loulé Railway station to the competition venue or hotel and back - Transportation from the hotel to the competition venue and back. <p>A - Hotel **** The costs in this hotel are as follows (the costs is per person/night): € 150 (single room) € 125 (double room)</p> <p>B - Hotel *** The costs in this hotel are as follows (the costs is per person/night): € 120 (single room) € 115 (double room) € 100 (triple room)</p> <p>C - Low-Cost Hotel (breakfast will be served on the Sports Hall) The costs in this hotel are as follows (the costs is per person/night): € 95 (single room) € 75 (double or triple room)</p> <p>The hotel rooms will be allocated on a “first come, first served” basis. At the time of the Definitive registration, 50% of the accommodation costs must be paid to the OC.</p>
ONLY MEALS	<p>Cost of each meal per person (Lunch and Dinner) – 13 euros Cost of each meal per person acquired on accreditation (Lunch or Dinner) – 17 euros Cost of banquet and final party per person – 30 euros Cost of banquet and final party acquired on accreditation – 40 euros</p>
CANCELLATION POLICY	<p>Definitive entries will only be accepted with payment of: 100% of the amount of the entries (amount not refundable if the competition takes place); Cancelation of accommodation after 8th September 2024 is not refundable.</p>
MARKETING	<p>FIG advertising and publicity norms must be respected.</p>
SOCIAL MEDIA	<p>The competition will be filmed and broadcasted in live streaming. All participants automatically consent the use of photos and videos to LOC. Home-page: www.apagl.pt Instagram: https://www.instagram.com/loulecup/</p>
MEDICAL SERVICES	<p>The Organizing Committee will provide a first aid medical service and emergency medical transportation in the competition / training area during the whole competition.</p>



SERVICES	For additional services (special transfers, extra days accommodation etc) kindly do not hesitate to contact us.	
OFFICIAL HOSPITAL	Centro Hospitalar Universitário do Algarve - Hospital de Faro R. Leão Penedo 8000-386 Faro	
COVID-19	The LOC should follow local guidelines in management of COVID-19. The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.	
DEADLINES	Declaration of Interest	31th May 2024 https://forms.gle/UNKeKJHDNDYM3fyMA
	All Delegations that send their Provisional Registration (Declarations of Interest) until the defined date will get a 10% discount on the entries.	
	Definitive Registration	30th June 2024
	Nominal Registration	8th September 2024
	Accommodation Form	30th June 2024
	Travel Schedule Form	8th September 2024
	Meals Form	8th September 2024
	Payment of the Entry Fee	30th June 2024
	Payment of the accommodation costs (first 50%)	30th June 2024
Payment of the accommodation costs (last 50%)	8th September 2024	
Payment of the fine for missing judge	8th September 2024	
ADDITIONAL INFORMATION	Parallel Age Group Competition for: U13; 13-14.	

Sincerely Yours,

Place and date:
Lisboa, 5 August 2024.



Signature of the Executive
Director of the FIG affiliated NF