



# FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



**Revised**  
**13.09.2024 / 12:30**



## TRAINING SCHEDULE

Tuesday - 17.09.2024

Multusos Guimarães (MuG)

			Training / Warm up Hall												FOP	
			Stretching area		Floor 1 (no music)			Floor 2 (no music)			Floor 3 (music)			Competition (music)		
GROUP	Federation	N° of P/G	in	out	Time	in	out	Time	in	out	Time	in	out	Transition	in	out
1	UZB 2, HKG 1, ARM 1, PRK 2	6			30'	08:25:00	08:55:00	30'	08:55:00	09:25:00	30'	09:25:00	09:55:00	5'	10:00:00	10:33:00
2	GBR 5, NED 1	6			30'	09:00:00	09:30:00	30'	09:30:00	10:00:00	30'	10:00:00	10:30:00	5'	10:35:00	11:08:00
3	AZE 4, EST 2	6			30'	09:35:00	10:05:00	30'	10:05:00	10:35:00	30'	10:35:00	11:05:00	5'	11:10:00	11:43:00
4	BUL 3, KAZ 3	6			30'	10:10:00	10:40:00	30'	10:40:00	11:10:00	30'	11:10:00	11:40:00	5'	11:45:00	12:18:00
5	ESP 2, IND 2, POL 2	6			30'	10:45:00	11:15:00	30'	11:15:00	11:45:00	30'	11:45:00	12:15:00	5'	12:20:00	12:53:00
6	HUN 1, USA 5	6			30'	11:20:00	11:50:00	30'	11:50:00	12:20:00	30'	12:20:00	12:50:00	5'	12:55:00	13:28:00
7	ISR 7	7	Free Use		30'	12:55:00	13:25:00	30'	13:25:00	13:55:00	30'	13:55:00	14:25:00	5'	14:30:00	15:08:30
8	UKR 8	8		30'	13:35:00	14:05:00	30'	14:05:00	14:35:00	30'	14:35:00	15:05:00	5'	15:10:00	15:54:00	
9	POR 5, MON 1	6		30'	14:20:00	14:50:00	30'	14:50:00	15:20:00	30'	15:20:00	15:50:00	5'	15:55:00	16:28:00	
10	CHN 5, BEL 2	7		30'	14:55:00	15:25:00	30'	15:25:00	15:55:00	30'	15:55:00	16:25:00	5'	16:30:00	17:08:30	
11	AUT 3, FRA 3	6		30'	15:35:00	16:05:00	30'	16:05:00	16:35:00	30'	16:35:00	17:05:00	5'	17:10:00	17:43:00	
12	FIN 1, ITA 2, GEO 3	6		30'	16:10:00	16:40:00	30'	16:40:00	17:10:00	30'	17:10:00	17:40:00	5'	17:45:00	18:18:00	
13	AUS 5, CAN 1	6		30'	16:45:00	17:15:00	30'	17:15:00	17:45:00	30'	17:45:00	18:15:00	5'	18:20:00	18:53:00	
14	GER 6	6		30'	17:20:00	17:50:00	30'	17:50:00	18:20:00	30'	18:20:00	18:50:00	5'	18:55:00	19:28:00	

Wednesday - 18.09.2024

Multisusos Guimarães (MuG)

			Training / Warm up Hall												FOP		
			Stretching area		Floor 1 (no music)			Floor 2 (no music)			Floor 3 (music)			Competition (music)			
			in	out	Time	in	out	Time	in	out	Time	in	out	Transition	in	out	
<b>7</b>	<b>ISR 7</b>	7			30'	08:25:00	08:55:00	30'	08:55:00	09:25:00	30'	09:25:00	09:55:00	5'	10:00:00	10:38:30	
<b>8</b>	<b>UKR 8</b>	8			30'	09:05:00	09:35:00	30'	09:35:00	10:05:00	30'	10:05:00	10:35:00	5'	10:40:00	11:24:00	
<b>9</b>	<b>POR 5, MON 1</b>	6			30'	09:50:00	10:20:00	30'	10:20:00	10:50:00	30'	10:50:00	11:20:00	5'	11:25:00	11:58:00	
<b>10</b>	<b>CHN 5, BEL 2</b>	7			30'	10:25:00	10:55:00	30'	10:55:00	11:25:00	30'	11:25:00	11:55:00	5'	12:00:00	12:38:30	
<b>11</b>	<b>AUT 3, FRA 3</b>	6			30'	11:05:00	11:35:00	30'	11:35:00	12:05:00	30'	12:05:00	12:35:00	5'	12:40:00	13:13:00	
<b>12</b>	<b>FIN 1, ITA 2, GEO 3</b>	6			30'	11:45:00	12:15:00	30'	12:15:00	12:45:00	30'	12:45:00	13:15:00	5'	13:20:00	13:53:00	
<b>13</b>	<b>AUS 5, CAN 1</b>	6			Free Use		30'	12:55:00	13:25:00	30'	13:25:00	13:55:00	30'	13:55:00	14:25:00	5'	14:30:00
<b>14</b>	<b>GER 6</b>	6	30'	13:30:00			14:00:00	30'	14:00:00	14:30:00	30'	14:30:00	15:00:00	5'	15:05:00	15:38:00	
<b>1</b>	<b>UZB 2, HKG 1, ARM 1, PRK 2</b>	6	30'	14:05:00			14:35:00	30'	14:35:00	15:05:00	30'	15:05:00	15:35:00	5'	15:40:00	16:13:00	
<b>2</b>	<b>GBR 5, NED 1</b>	6	30'	14:40:00			15:10:00	30'	15:10:00	15:40:00	30'	15:40:00	16:10:00	5'	16:15:00	16:48:00	
<b>3</b>	<b>AZE 4, EST 2</b>	6	30'	15:15:00			15:45:00	30'	15:45:00	16:15:00	30'	16:15:00	16:45:00	5'	16:50:00	17:23:00	
<b>4</b>	<b>BUL 3, KAZ 3</b>	6	30'	15:50:00			16:20:00	30'	16:20:00	16:50:00	30'	16:50:00	17:20:00	5'	17:25:00	17:58:00	
<b>5</b>	<b>ESP 2, IND 2, POL 2</b>	6	30'	16:25:00			16:55:00	30'	16:55:00	17:25:00	30'	17:25:00	17:55:00	5'	18:00:00	18:33:00	
<b>6</b>	<b>HUN 1, USA 5</b>	6	30'	17:00:00			17:30:00	30'	17:30:00	18:00:00	30'	18:00:00	18:30:00	5'	18:35:00	19:08:00	

Guimarães 13.09.2024