

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



To:
All FIG Member Federations

Lausanne, 30 October 2024/smt

EVENT: 17984

FIG SYMPOSIUM FOR RHYTHMIC GYMNASTICS COACHES 24 – 26 JANUARY 2025 PARIS (FRA)

INVITATION

Dear President,

We have the pleasure to invite RG coaches from your national federation (NF) to participate in the **FIG rhythmic gymnastics symposium for coaches** which will be held in **Paris (FRA)** in January 2025.

The purpose of this symposium is to present the changes to the RG 2025-2028 code of points (CoP) and to engage coaches in discussing potential improvements and new ideas, with an aim of enhancing clarity and overall content quality.

General information:

FIG	Fédération Internationale de Gymnastique (FIG) Contact person: Sylvie Martinet Avenue de la Gare 12A - 1003 Lausanne - Switzerland Tel: +41 (0) 21 321 55 10 / Direct +41 (0) 21 321 55 15 E-mail: smartinet@fig-gymnastics.org Website: www.gymnastics.sport
Hosting federation and local organizing committee (LOC)	Fédération Française de Gymnastique (FRA) Contact person: Isabelle De Cossio 7 ter, Cour des Petites Ecuries – 75010 Paris - France Tel: +33 1 480 12 448 E-mail: isabelle.decossio@ffgym.fr Website: https://www.ffgym.fr/
Location	Paris – Ile de France, France
Dates	23 (arrival) –26 January 2025
Symposium venue	National Institute for Sport and Physical Education - INSEP 11, Avenue de Tremblay – 75012 Paris - France



General Programme	Date	Time	Object	Location at INSEP
	Thu. 23 Jan.	All day	Official arrival day of participants <i>Dinner</i>	Restaurant
	Fri. 24 Jan.	Morning	General information Presentation changes in CoP by RG TC Discussions, sharing of opinions, new ideas <i>Lunch</i>	Auditorium Restaurant Gymnasium
		Afternoon	Practical session for RGI by Olympic RGI coach <i>Dinner</i>	Restaurant
	Sat. 25 Jan.	Morning	Practical session for RGI by Olympic RGI coach <i>Lunch</i>	Gymnasium Restaurant Gymnasium
		Afternoon	Practical session for RGG by Olympic RGG coach <i>Dinner</i>	Restaurant
Sun. 26 Jan.	09:00-13:00	Practical session for RGG by Olympic RGG coach <i>Lunch</i>	Gymnasium	
	From 13:00	Official departure day of participants	Restaurant	
	<p>The detailed programme will be communicated to all participants after the deadline of the nominative registrations but please note already now that the symposium will start on Friday 24 January 2025 at 09:00 am and will end with the last practical session on Sunday 26 January 2025 at 13:00. Therefore, participants who have a flight in the early afternoon may leave immediately at the end of the last practice session.</p>			
Participation rights	<p>The total number of participants is limited to 150. Each NF is guaranteed one participant. The symposium will be filled on a first come, first served basis.</p> <p>Each National Federations (NFs) may register a maximum of two (2) coaches + one (1) reserve (to be placed on a waiting list). After the close of registrations, the remaining places will be allocated to the reserve coaches in the order of registration by their NFs (first come, first served).</p> <p>Each coach must have a valid FIG coach-sport profile (FIG ID) at the deadline of the nominative registration to be allowed to attend the symposium. In order to be considered, the coach-sport profile (including all relevant documents) must be submitted in the FIG database by 13 November 2024 (23:59 CET) at the very latest.</p>			
Language	The symposium will be held in English only. Personal interpreters are not allowed.			
Visa	<p>Please verify immediately with your travel agent or the French Embassy or Consulate in your country if a visa is required for your travel to Paris.</p> <p>The LOC will be happy to assist each delegation member with an official invitation letter, provided that the visa request form (appendix 1), duly completed, is made by 20 November 2024 at the very latest.</p>			



	<p><u>It is not guaranteed by the LOC that the requests made after this deadline will be fulfilled.</u> The visa request form has to be returned to the French NF, attention Isabelle de Cossio at isabelle.decossio@ffgym.fr, in format word only (no .pdf).</p> <p>NFs should send their visa request forms as a matter of priority and if possible, well in advance of the due date of 20 November 2024 as administrative offices will be closed early for the festive season.</p>
<p>International transportation</p>	<p>The international travel to Paris is at each delegation's own expenses. FIG and the LOC strongly recommend that each NF takes cancellation insurance for its international transportation. The LOC recommend each NF to book changeable and refundable flights at this stage.</p> <p>Official international airports:</p> <ul style="list-style-type: none"> • Paris-Orly international airport (ORY), appr. 40-50 min. to INSEP with LOC shuttle By public transport: At Terminal 3 (T3), metro line 14 direction Paris, stop at Paris Gare de Lyon metro line 1 direction Château de Vincennes, bus nr 112 direction INSEP. Stop at INSEP • Paris-Charles de Gaulle international airport (CDG), appr. 50-60 min. to INSEP with LOC shuttle <p>Official railway stations:</p> <ul style="list-style-type: none"> • Paris Gare de Lyon, appr. 20 min. to INSEP by metro (no LOC shuttle provided) By public transport: in the station, metro line 1 direction Château de Vincennes, bus nr 112 direction INSEP. Stop at INSEP • Paris Gare de l'Est, appr. 40-50 min. to INSEP with LOC shuttle • Paris Gare du Nord, appr. 40-50 min. to INSEP with LOC shuttle
<p>Airport / railway stations pick-up-drop off</p>	<p>The LOC offer free local transportation from the airports and railways stations as mentioned above (not from Paris Gare de Lyon) to INSEP and Sejour and Affaires and back for all participants that book the official symposium package, and submit their travel details for arrival and departure by the deadline of 18 December 2024, 23:59 CET at the very latest.</p> <p>Please note that you may have to wait for other delegations at the airport, in order to reduce the number of travels from the airport/railway stations and INSEP / Sejour and Affaires.</p> <p>Participants who do not submit their travel details in due course and who did not inform the LOC (by the deadline of 18 December 2024) if a pick up/drop off is needed (online form) will be responsible to arrange and pay for their airport transfers.</p> <p>Airport transfers will be available on the official arrival day (23 January 2025) and official departure day (26 January 2025) only. No transportation will be arranged by the LOC in case of arrival and/or departure beyond the symposium schedule. In this case, it will be up to those concerned to arrange and pay for their own transfers.</p>
<p>Symposium package</p>	<p>The symposium package include accommodation, full board as described in the below section, coffee breaks, symposium fees and airport transfers. The symposium package is mandatory for all participants.</p> <p>FIG will pay the symposium package for one (1) coach per NF in twin room. That will cover 3 nights, 3 breakfasts, 3 lunches and 3 dinners. Participants for which the package is covered by FIG who are willing to stay in single room instead of twin room will have to</p>



	<p>pay the extra additional costs. The free board and lodging for one coach per NF are only valid for what is officially organised and offered.</p> <p>The symposium package for all other delegation members is at the charge of each respective NF.</p> <p>Please note that the following costs are intended for the period of the symposium, any arrival earlier or stay longer will have to be covered separately. Participants who want to arrive earlier or depart later than the official dates will be responsible to arrange and pay for their extra nights at a hotel other than INSEP or Sejour and Affaires.</p> <p>Prices per person for the package: Single: EUR 500 Twin: EUR 450</p> <p>The above-mentioned rates do not include personal expenses (if any).</p>
Accommodation	<p>INSEP, capacity for 101 persons 11, av du Tremblay - 75012 Paris and Sejours et Affaires – Paris Vincennes, capacity for 49 persons 25, rue des Murs du Parc - 94300 Vincennes Tel: +33 1 43 65 20 00</p> <p>Although the INSEP is easily accessible on foot from the Sejour and Affaires (15 minutes walking), shuttle buses will be organised by the LOC (5 minutes).</p> <p>NFs should request via this link their accommodation needs well in advance of the due date of 20 November 2024 as rooms are limited.</p> <p>While NFs are welcome to indicate their preferred kind of room (single or twin) and the hotel (INSEP or Sejour and Affaires), the final allocation will however be the full responsibility of the LOC. The rooms will be assigned strictly in order of booking receipt (first come, first served) therefore, if the desired kind of room or hotel is not available since it is already fully allocated, the LOC will automatically assign a room or hotel of a different type and inform the NFs concerned.</p> <p>Note: for a person choosing a twin room but who is the only participant from its NF, this person will be accommodated with another person from another NF in a twin room. This will be advised accordingly to all parties concerned.</p>
Meals	<p>Breakfast, lunch, dinner and coffee breaks are included in the price of the official symposium package and will be taken at the INSEP cafeteria. Meals will be offered in the form of a self-service meal and will include starters, main courses, cheeses, desserts, bread and water. The meals schedule will be communicated with the detailed programme.</p> <p>Meals included in the package: 23 January 2025: dinner 24 January 2025: breakfast, lunch and dinner 25 January 2025: breakfast, lunch and dinner 26 January 2025: breakfast, lunch</p>
Cancellation policy	<p>Cancellation received by FIG: From 09 January 2025 until no show : 100% of the package will be charged.</p>



Registration	<p>Registrations can only be made by FIG affiliated NFs in good standing.</p> <p>NFs which have not fulfilled their financial obligations towards FIG (e.g., annual membership fees, unpaid invoices etc.) or NFs which are suspended will not be allowed to participate in the symposium.</p> <p>The definitive registration, accommodation needs and visa requests must be completed online from now until 20 November 2024 (23h59 CET) at the very latest, by clicking here.</p> <p>The nominative registration, names-to-rooms assignment and travel details for each participant must be completed online from now until 18 December 2024 (23h59 CET) at the very latest, by clicking here.</p> <p>Registrations will be confirmed by FIG two (2) days after the close of definitive registrations, i.e. on 22 November 2024, so that each federation can proceed with the purchase of the flight/train tickets.</p>														
Registration fees	<p>The non-refundable registration fee to be paid to FIG is EUR 100 per person. This fee is in addition to the symposium package costs.</p> <p>It must be paid by all participants, also the one official representative per NF that FIG covers.</p>														
Payment	<p>All payments must be made in EUR to FIG bank account after receiving the invoice from the FIG office. Invoices will be sent after the symposium and will be due at the latest thirty (30) days after date of invoicing.</p> <p>The participating NFs are responsible for covering all bank fees in connection with the bank transfers.</p>														
Questions	<p>Please contact Sylvie at the FIG offices at smartinet@fig-gymnastics.</p>														
Deadlines	<table border="1"> <tr> <td data-bbox="363 1149 1066 1182">Coach-sport profile</td> <td data-bbox="1074 1149 1485 1182">13 November 2024</td> </tr> <tr> <td data-bbox="363 1193 1066 1227">Definitive registration</td> <td data-bbox="1074 1193 1485 1227">20 November 2024</td> </tr> <tr> <td data-bbox="363 1238 1066 1272">Accommodation request (number, kind of rooms)</td> <td data-bbox="1074 1238 1485 1272">(link)</td> </tr> <tr> <td data-bbox="363 1283 1066 1317">Visa request</td> <td data-bbox="1074 1283 1485 1317"></td> </tr> <tr> <td data-bbox="363 1328 1066 1361">Names-to rooms assignment (rooming list)</td> <td data-bbox="1074 1328 1485 1361">18 December 2024</td> </tr> <tr> <td data-bbox="363 1373 1066 1406">Travel details</td> <td data-bbox="1074 1373 1485 1406">(link)</td> </tr> <tr> <td data-bbox="363 1417 1066 1451">Payment to FIG</td> <td data-bbox="1074 1417 1485 1451">30 days after date of invoicing</td> </tr> </table>	Coach-sport profile	13 November 2024	Definitive registration	20 November 2024	Accommodation request (number, kind of rooms)	(link)	Visa request		Names-to rooms assignment (rooming list)	18 December 2024	Travel details	(link)	Payment to FIG	30 days after date of invoicing
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We wish you very welcome and looking forward to seeing you in Paris.

Kind regards

Fédération Internationale de Gymnastique



Nicolas Buompane
Secretary General

Appendix: Visa request form

