



**TARTU GYMNASTICS WEEK**  
2025 Miss Valentine  
Tartu, Estonia  
February 28 - March 2, 2025



## **DIRECTIVES**

**Event ID: 18091**

Dear FIG, affiliated Member Federation,

Gymnastics Club Janika and Estonian Gymnastics Federation has the pleasure to invite your Federation to participate in the official FIG International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics RGI</b> <b>Rhythmic Gymnastics RGG</b>
<b>HOST FEDERATION</b>	Estonian Gymnastics Federation Contact person: Ms. Tene-Riin Vaarmann Tondi 84, Tallinn, Estonia Phone: +372 6031555 e-mail : <a href="mailto:info@estoniangymnastics.ee">info@estoniangymnastics.ee</a> Website : <a href="http://www.missvalentine.eu">www.missvalentine.eu</a> ; <a href="http://www.estoniangymnastics.ee">www.estoniangymnastics.ee</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	Gymnastics Club Janika Contact Person: Mrs. Janika Mölder Ihaste tee 7, Tartu, Estonia Phone: +1 647 3001071 (WhatsApp) e-mail : <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a> Website: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a>
<b>LOCATION</b>	<b>Tartu, Estonia</b>
<b>DATE</b>	<b>February 28 - March 2, 2025</b>
<b>VENUE</b>	<u>Competition and training hall</u>   University of Tartu Sports Hall Ujula 4A, Tartu, Estonia Phone/fax: +372 7376280 7 warm-up carpets and 1 competition floor.

APPARATUS SUPPLIER	<b>Please refer to the attached apparatus list.</b>						
RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> <li>✓ Statutes</li> <li>✓ Code of Ethics</li> <li>✓ Code of Conduct</li> <li>✓ Technical Regulations</li> <li>✓ Code of Discipline</li> <li>✓ Code of Points and relevant Newsletters</li> <li>✓ General Judges' Rules</li> <li>✓ Specific Judges' Rules</li> <li>✓ Anti-Doping Rules</li> <li>✓ Licence rules (except for non competitive events)</li> <li>✓ FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>✓ FIG Medical Guidelines for FIG Competitions and Events</li> <li>✓ Media Rules</li> <li>✓ Apparatus Norms</li> <li>✓ Rules for Sanctioning (approval) of International Events</li> <li>✓ Advertising and Publicity Rules</li> <li>✓ Regulations for Award Ceremonies</li> <li>✓ Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>						
FEDERATIONS INVITED	The Host Federation will invite all Member Federations						
AGE LIMITS	<p>Junior, as per FIG technical regulations: Individual and Group  Senior, as per FIG technical regulations: Individual and Group  <b>All gymnasts must have a valid FIG licence until the end of the event.</b></p>						
JUDGES AND JURIES	<p><b>All judges must have a current valid FIG brevet (RGI and/or RGG cycle 2025-2028) at the time of the event, for the respective discipline.</b></p> <p>The participating Member Federations must send minimum one judge with valid FIG brevet. Failure to do so will result in a 200€ fine to be paid to the LOC during the accreditation process.</p>						
REGISTRATION DEADLINES	<p><b>Registration will be ONLINE</b> (National Gymnastics Federations and Clubs) at <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%; padding: 5px;">Preliminary registration</td> <td style="width: 33%; padding: 5px;">December 22, 2024</td> <td style="width: 33%; padding: 5px;">Online</td> </tr> <tr> <td style="width: 33%; padding: 5px;">Nominative registration</td> <td style="width: 33%; padding: 5px;">January 22, 2025</td> <td style="width: 33%; padding: 5px;">Online</td> </tr> </table>	Preliminary registration	December 22, 2024	Online	Nominative registration	January 22, 2025	Online
Preliminary registration	December 22, 2024	Online					
Nominative registration	January 22, 2025	Online					
ENTRY FEES	<p>The non-reimbursable registration fees to be paid to the LOC are of:  <b>70€</b> per Individual Gymnast  <b>150€</b> per Group</p> <p>An accreditation fee of <b>50€</b> per person will apply if delegation members (gymnasts, coaches and staff) do not stay at the official hotel.</p>						

	<p>The costs of entry fees must be paid to the LOC by bank transfer by 22<sup>nd</sup> January 2025.</p>
<b>ACCREDITATION</b>	<p>Delegation accreditation will take place upon arrival at the venue of the event</p> <p>For accreditation team leaders are required to bring the following documents:</p> <ul style="list-style-type: none"> <li>-passports of all members of the delegation</li> <li>-proof of medical insurance of all members of the delegation (obligatory)</li> <li>-FIG License for gymnasts</li> <li>-National Anthem</li> </ul> <p>-All delegations are requested to upload the music and portrait photos of their gymnasts/delegation members to KSIS <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a></p> <p>-Please keep USP flash drive with music for the routines for back up</p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>
<b>EVENT FORMAT</b>	<p><b><u>RGG (Junior, Senior)</u></b></p> <p>AA</p> <p>Apparatus Finals</p> <p><u>Awards:</u> AA and Apparatus Finals</p> <p><b><u>RGI (Senior)</u></b></p> <p>Team Competition: (Max 8 routines per team; min 2, max 8 gymnasts in team)</p> <p>Apparatus Finals: (1 gymnast per country per apparatus, max 8 gymnasts in finals)</p> <p>Awards: Team AA award and Apparatus Finals awards</p> <p><b><u>RGI (Junior)</u></b></p> <p>Team Competition: (Max 8 routines per team; min 2, max 8 gymnasts in team)</p> <p>Apparatus Finals: (1 gymnast per country per apparatus, max 8 gymnasts in finals)</p> <p>Awards: Team AA award and Apparatus Finals awards</p> <p><b>Special awards:</b></p> <p>Country ranking team award (Top 3 countries will be awarded):</p> <p>Seniors: RGI Senior + RGG Senior</p> <p>Juniors: RGI Junior + RGG Junior</p>
<b>PROVISIONAL SCHEDULE</b>	<p><b>February 25, Tuesday</b></p> <p>-Arrival of the delegations</p> <p><b>February 26, Wednesday</b></p> <p>-Arrival of the delegations</p> <p><b>February 27, Thursday</b></p> <p>-Podium training starting at 18:00</p> <p><b>February 28, Friday</b></p> <p>-Competition RGI (hoop, ball) RGG first routine</p> <p><b>March 1, Saturday</b></p> <p>-Competition RGI (clubs, ribbon) RGG second routine</p> <p><b>March 2, Sunday</b></p> <p>-Competition Finals RGI, RGG</p> <p>-Gala</p> <p>-Banquet</p> <p><b>March 3, Monday</b></p> <p>-Departure of delegations</p>

<b>EVENT MANAGER</b>	Mrs. Janika Mölder Phone: +647 300 1071 (WhatsApp) E-mail : <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a>
<b>MEDICAL SERVICES &amp; SAFEGUARDING</b>	<p>The Local Organizing Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area.</p> <p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable. The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Estonian Embassy or Consulate in your country if a visa is required for your travel to Estonia.</p> <p>The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made <b>by January 22, 2025</b>, to the LOC <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a></p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member, as well as the city the visa application support letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g., cover note or photocopy of the valid policy).</p> <p>The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p> <p>Delegation members with insufficient insurance coverage must inform the LOC in advance. The LOC will subsequently offer insurance coverage at the Federations own charge as follows: <b>50€</b> per person.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating federations must pay the international travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC – ONLINE: <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a> by January 22, 2025.</p> <p>If delegations will send travel plan later than January 22, 2025, then the local transportation from the airport will not be guaranteed.</p>

<b>LOCAL TRANSPORTATION</b>	<p>Local Transportation will be provided only for the Delegation members who booked their accommodation through the Organizing Committee.</p> <p><b>Free local transportation for all accredited delegation members:</b></p> <ul style="list-style-type: none"> <li>• from Tallinn International Airport, Tallinn Railway Station or Tallinn Harbor to the hotel and back</li> <li>• from the hotels to the competition venue and vice-versa (shuttle busses)</li> </ul> <p><b>Will be provided only for the Delegation members who booked their hotel accommodation through the Organizing Committee.</b></p>
<b>ACCOMMODATION AND MEALS</b>	<p><b>The hotel rooms will be allocated on a “first-come, first-served” basis.</b> The invited participating federations and clubs must pay for the accommodation expenses of their delegation members. The prices charged for the hotel rooms will not exceed the usual hotel rates. NF-s and clubs can book a hotel among the ones proposed via the LOC online KSIS platform. These rooms will be assigned strictly in order of booking receipt (first-come, first-served). While the Accommodation Form must be returned to the LOC ONLINE – <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a> by January 22, 2025, at the very latest.</p> <p><b><u>2-night package in the hotel - 295 € per person double or triple room (single room 355 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 2 nights, incl. breakfast and dinner</li> <li>- transportation from Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul> <p><b><u>3-night package in the hotel - 395 € per person double or triple room (single room 455 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 3 nights, incl. breakfast and dinner</li> <li>- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul> <p><b><u>4-night package in the hotel - 495 € per person double or triple room (single room 555 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 4 nights, incl. Breakfast and dinner</li> <li>- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul> <p><b><u>5-night package in the hotel - 595 € per person double or triple room (single room 655 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 5 nights, incl. Breakfast and dinner</li> <li>- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul>
<b>ACCOMMODATION FORM</b>	<p>The Accommodation Form must be returned to the OC ONLINE – <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a> by January 22, 2025, at the very latest.</p>

	<p>The costs for the accommodation must be paid to the LOC by January 22, 2025, at the very latest.</p> <p><b>Please make sure that each delegation has effective <u>insurance in case of hotel cancellation</u>.</b></p>	
<b>CANCELLATION POLICY</b>	<p><b>ACCOMMODATION CANCELLATION</b></p> <p>In case of cancellation, costs will be refunded as following: If cancellation is made by January 22, 2025, latest then 50% of the total amount paid will be refunded, <b>any later cancellations will not be refunded</b>.</p>	
<b>FINAL BANQUET</b>	<p>Final banquet will take place March 2<sup>nd</sup> (Place TBC) Free for all delegation members who will stay in official hotel.</p> <p>Final banquet fee of 40€ per person will apply if delegation members do not stay at the official hotel.</p>	
<b>BANK ACCOUNT INFORMATION</b>	<p>Each participating Federation is kindly requested to integrate the payment's purpose as follows:</p> <p>Beneficiary: Võimlemisklubi Janika Address: Ihaste tee 7, 51013 Tartu, Estonia Bank: SEB Address: Tornimäe 2, 15010 Tallinn, Estonia SWIFT: EEUHEE2X IBAN: EE791010102001526002</p> <p><b>The <u>participating federation</u> is responsible for <u>covering all bank fees</u> in connection with the bank transfers.</b></p> <p>Please state the name of the Country/Federation the payment purpose on the transfer (i.e "Team FIN, 2025 Miss Valentine Tartu Grand Prix").</p>	
<b>CANCELLATION INSURANCE</b>	<p>The FIG and LOC strongly recommend that each Federation will take a cancellation insurance for their accommodation and meal options.</p>	
<b>MARKETING</b>	<p>FIG advertising and publicity norms must be respected</p>	
<b>MEDIA SOCIAL MEDIA</b>	<p>Local Press <u>Facebook page</u>, Homepage: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a></p>	
<b>ADDITIONAL INFORMATION</b>	<p>The following competitions will be organized in Tartu:</p> <ul style="list-style-type: none"> <li>- 2025 Miss Valentine Tartu Grand Prix (RGI)</li> <li>- 2025 Miss Valentine International <b>non-FIG tournament</b> (RGI, RGG)</li> <li>- 2025 Miss Valentine International B- Category Tournament (AGG)</li> <li>- 2025 Miss Valentine World Cup and World Challenge Cup (AGG)</li> </ul>	
<b>DEADLINES SUMMARY</b>	<p>Definitive Registration <u>ONLINE at</u> <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a></p>	<b>December 22, 2024</b>
	<p>Nominative Registration (Please register all delegation members by name and add max 2 apparatus for gymnasts)</p>	<b>January 22, 2025</b>
	<p><u>ONLINE at</u> <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a></p> <p>Participation fees are due by January 22</p>	<b>January 22, 2025</b>

Accommodation ONLINE at <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a>	January 22, 2025
Travel Plan ONLINE at <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a>	January 22, 2025
Submit Visa Request form (It's an online form, follow the instructions and complete the form with required information) ONLINE at <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a>	January 22, 2025
<b>Music mp3 (only)</b> ONLINE at <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a>	January 22, 2025
Payment of the accommodation costs (100%)	January 22, 2025
<u>Accreditation and banquet fee is due by January 22, 2025</u> An accreditation fee of 50€ per person will apply if delegation members do not stay at the official hotel. Final banquet fee of 40€ per person will apply if delegation members do not stay at the official hotel.	January 22, 2025
Remaining payment of the costs of delegation members and additional persons (in cash)	During accreditation in the competition hall

Sincerely Yours,



Tene-Riin Vaarmann  
Secretary General  
ESTONIAN GYMNASTICS FEDERATION



19 December 2024, Tallinn