



VII Gdynia Rhythmic Stars
Gdynia, Poland
May 16 - May 18, 2025



DIRECTIVES

Event ID: 18104

Dear FIG affiliated Member Federation,

Polish Gymnastic Association has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	Polish Gymnastic Association  Ms. Wieslawa Milewska 11 Ratuszowa St., 03450 Warsaw, Poland +(48) 793 005 241 wmilewska@pzg.pl http://pzg.pl
LOCAL ORGANIZING COMMITTEE	Fundacja Corda Ms. Anna Mrozinska Al. Zwycięstwa 255, 81-525 Gdynia +(48) 503 113 846 kontakt@fundacjacorda.pl
LOCATION	Gdynia, Poland
DATE	May 16 – May 18, 2025
VENUE	Polsat Plus Arena Gdynia Kazimierza Gorskiego 8, 81-302 Gdynia, Poland +48 (58) 783 55 00 http://www.gdyniaarena.pl  <u>Additional information:</u> - two training floors - one competition floor - state-of-the-art sound system - impressive acoustic of the hall
APPARATUS SUPPLIER	Please refer to the attached Apparatus List
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conduct• Technical Regulations• Code of Discipline• Code of Points and relevant Newsletters / Helpdesk• General Judges' Rules• Specific Judges' Rules• Anti-Doping Rules• Medical Organization of FIG Competitions and Events• Framework for safeguarding athletes and other participants from harassment and abuse in sport during events• License Rules• Media Rules• Apparatus Norms

	<ul style="list-style-type: none"> • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>						
FEDERATIONS INVITED	The Host Federation will invite all Member Federations in good standing.						
AGE LIMITS	Junior, as per FIG technical regulations - Individual and Group Senior, as per FIG technical regulations - Individual and Group All gymnasts must have a valid FIG licence until the end of the event						
JUDGES AND JURIES	All judges must have a current valid FIG brevet at the time of the event, for the respective discipline (RGI and/or RGG). The participating Member Federations must send minimum one qualified judge. Failure to do so will result in a 300€ fine to be paid to the LOC during the accreditation.						
REGISTRATION DEADLINES	<table border="1"> <tr> <td>Provisional registration</td> <td>January 31, 2025</td> </tr> <tr> <td>Definitive registration:</td> <td>February 28, 2025</td> </tr> <tr> <td>Nominative registration</td> <td>March 31, 2025</td> </tr> </table>	Provisional registration	January 31, 2025	Definitive registration:	February 28, 2025	Nominative registration	March 31, 2025
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ENTRY FEES	The entry fee for this event will be: - 50€ for an individual gymnast; and - 200€ for a group. - 100€ per person (incl. gymnasts, coaches, staff) who have not booked their accommodation through LOC)						
ACCREDITATION	The accreditation procedure will take place at the competition hall. Heads of delegation have to bring to the accreditation office: <ul style="list-style-type: none"> - The passports of all participants - The national flag - One CD or USB stick with the music for routines - Certification of insurance for all delegation members covering illness, accidents and repatriation - Proof of full payment towards the LOC (a SWIFT copy given to the LOC). <p>Please <u>send all music for routines for each gymnast before April 1, 2025</u> together with the nominative registration, at: rgmusic@wp.pl</p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>						
EVENT FORMAT	<p><u>Junior RGI (FIG Rules)</u></p> <p>ALL-AROUND TEAM COMPETITION AND QUALIFICATION FOR FINALS:</p> <p>The Federations participating with 2-4 gymnasts will join the Team Competition. They must present 4 exercises according to the junior program. In a team competition, a gymnast may participate with 1-3 exercises. No more than 4 exercises can be executed per Federation (except host NF). The team result will be calculated based on all 4 presented exercises. If a NF participates with only 1 gymnast, she must present an exercise with each of the 4 apparatus and can qualify with each apparatus for the Apparatus Finals. However, she won't be ranked in the team ranking and won't get a medal/certificate for AA.</p> <p>APPARATUS FINAL: The best 8 gymnasts per apparatus – max 1 per Federation (except host NF)</p> <p><u>Junior RGG (FIG Rules)</u></p> <p>ALL-AROUND AND QUALIFICATION FOR FINALS:</p> <p>Each Group performs 2 exercises.</p> <p>APPARATUS FINAL: The best 8 Groups per apparatus – max 1 per Federation</p> <p><u>Senior RGI (FIG Rules)</u></p> <p>ALL-AROUND AND QUALIFICATION FOR FINALS:</p>						

	<p>Each gymnast performs 4 exercises Each Federation can participate with max. 2 gymnasts. Senior RGG (FIG Rules) ALL-AROUND AND QUALIFICATION FOR FINALS: Each Group performs 2 exercises. APPARATUS FINAL: The best 8 Groups per apparatus – max 1 per Federation</p> <p>Host country has no limit regarding individual gymnasts, but only two seniors and one junior gymnast can qualify to the apparatus finals.</p>
PROVISIONAL SCHEDULE	<p>May 14, 2025 (Wednesday) - Arrival of the delegations</p> <p>May 15, 2024 (Thursday) <ul style="list-style-type: none"> - Podium Training (8:00 – 16:00) - Orientation meeting - Judges drawing for AA </p> <p>May 16, 2025 (Friday) <ul style="list-style-type: none"> - All around: RGI, RGG </p> <p>May 17, 2025 (Saturday) <ul style="list-style-type: none"> - All around: RGI, RGG </p> <p>May 18, 2025 (Sunday) <ul style="list-style-type: none"> - Judges drawing for Finals - Finals: RGI, RGG - Gala Show </p> <p>May 6, 2024 (Monday) <ul style="list-style-type: none"> - Departure of the delegations </p>
MEDICAL SERVICES	First aid staff will be available at the venue, and will assist with further needs.
COVID 19	Considering the current situation, it is the health situation in your country that prevails.
VISA	<p>Please verify immediately with your travel agent or the Polish Embassy or Consulate in your country if a visa is required for your travel to Poland.</p> <p>The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before February 1, 2025 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to .</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>NOTE: In case of any medical services in the hospital, the cost must be covered by the delegation.</p>
SAFEGUARDING	From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.

	<p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>
INTERNATIONAL TRANSPORTATION	The invited participating federations must pay for the travel costs of their delegation members.
LOCAL TRANSPORTATION	The only airport is Gdansk-Rebiechowo “Lech Walesa” Airport (GDN). The LOC will provide free transportation from/to Gdansk airport, Gdynia railway and bus stations as well as from/to the hotel and the Competition Hall.
ACCOMMODATION	<p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p> <p>Hotel My Story 4****</p>  <p>Distance from the hotel to the Venue: 1,4 km 8 min bus 20 min walking distance</p> <p>The costs per person and per night or Accommodation including breakfast are as follows:</p> <ul style="list-style-type: none"> - 120€ (single room) - 80€ (double room) - 65€ (triple room) <p>The number of rooms is limited.</p> <p>Hotel Mercure 3 ***</p>  <p>Distance from the hotel to the Venue: 3,4 km 15 min bus 35 min walking distance</p> <p>The costs per person and per night for Accommodation including breakfast are as follows:</p>

- 130€ (single room)
- 85€ (double room)
- 75€ (triple room)

The number of rooms is limited.

Hotel Kuracyjny 3***



Distance from the hotel to the Venue: 3,8 km
 15 min bus
 45 min walking distance

The costs **per person and per night** for Accommodation including breakfast are as follows:

- 110€ (single room)
- 75€ (double room)
- 65€ (triple room)

The number of rooms is limited.

The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by **February 28, 2025** at the very latest, the hotel rooms will be allocated on a "first come, first served" basis.

100% for the Accommodations costs must be paid to the LOC at the time of the Nominative entry – **31st March 2025**

In case of the cancelation, costs will be refunded as follows:

Up until 15th April 2025: 50% of the total amount

After 15th April 2025: no refund

Only written cancellation sent by e-mail will be accepted.

MEALS	Dinner - 25 euro (in the hotel) Lunch will be served for Judges during competition days free of charge.
BANK ACCOUNT INFORMATION	<p>BANK ACCOUNT INFORMATION</p> <p>Beneficiary: Fundacja Corda Adress: Al.Zwyciestwa 255, 81- 525 Gdynia, Poland Bank Name: Santander Bank Polska IBAN: PL 81109011020000000157159500 SWIFT Code: WBPPLPXXX</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: <u>Gdynia Rhythmic Stars 2025</u>. The participating federations are responsible for covering all bank fees in connection with the bank transfers.</p>
MARKETING	FIG advertising and publicity norms must be respected.
WEBSITE & SOCIAL MEDIA	www: www.gdyniargstars.pl Instagram: www.instagram.com/gdyniargstars

DEADLINES SUMMARY	
Provisional registration	January 31, 2025
Visa request form	January 31, 2025
Definitive registration	February 28, 2025
Nominative registration	March 31, 2025
Accommodation form	March 31, 2025
Travel schedule form	March 31, 2025
Payment of the entry fee	March 31, 2025
Payment of the accommodation costs	March 31, 2025
Payment of the fine for missing judge	March 31, 2025

Sincerely Yours,



SZAFRAN Maciej
Secretary General

of the Polish Gymnastic Association

Warsaw, January 13, 2024