



**TARTU GYMNASTICS WEEK**  
**2025 Miss Valentine Tartu Grand Prix**  
**Tartu, Estonia, March 1-2, 2025**  
**RGI**



## **DIRECTIVES**

**Event ID: 18103**

Dear FIG affiliated Member Federation,

Estonian Gymnastics Federation has the pleasure to invite your Federation to participate in the official FIG International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics (RGI)</b>
<b>HOST FEDERATION</b>	Estonian Gymnastics Federation Contact person: Ms. Tene-Riin Vaarmann Tondi 84, Tallinn, Estonia Phone: +372 6031555 e-mai : <a href="mailto:info@estonian Gymnastics.ee">info@estonian Gymnastics.ee</a> Website : <a href="http://www.missvalentine.eu">www.missvalentine.eu</a> ; <a href="http://www.estonian Gymnastics.ee">www.estonian Gymnastics.ee</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	Gymnastics Club Janika Contact Person: Mrs. Janika Mölder Ihaste tee 7, Tartu, Estonia Phone: +1 647 3001071 (WhatsApp) E-mail : <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a> Website: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a> Mr. Jose de Freitas (FRA)
<b>SUPERVISOR ADMINISTRATION MANAGER COMPETITION DIRECTOR</b>	Mr. Kaupo Kallemaa (EST) Ms. Sirli Pöhjala (EST)
<b>LOCATION</b>	<b>Tartu, Estonia</b>
<b>DATE</b>	<b>March 1-2, 2025</b>
<b>VENUE</b>	<u>Competition and training hall</u>  <p>University of Tartu Sports Hall</p>

	<p>Ujula 4A, Tartu, Estonia Phone/fax: +372 7376280 7 warm-up carpets and 1 competition floor.</p>
<b>APPARATUS SUPPLIER</b>	<b>Please refer to the attached apparatus list</b>
<b>RULES AND REGULATIONS</b>	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> <li>✓ Statutes</li> <li>✓ Code of Ethics</li> <li>✓ Code of Conduct</li> <li>✓ Technical Regulations</li> <li>✓ Code of Discipline</li> <li>✓ Code of Points and relevant Newsletters</li> <li>✓ General Judges' Rules</li> <li>✓ Specific Judges' Rules</li> <li>✓ Anti-Doping Rules</li> <li>✓ Licence rules (except for non competitive events)</li> <li>✓ FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>✓ FIG Medical Guidelines for FIG Competitions and Events</li> <li>✓ Media Rules</li> <li>✓ Apparatus Norms</li> <li>✓ Rules for Sanctioning (approval) of International Events</li> <li>✓ Advertising and Publicity Rules</li> <li>✓ Regulations for Award Ceremonies</li> <li>✓ Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee and regulations for Grand Prix events in RGI 2025</i></p>
<b>SIZE OF DELEGATIONS</b>	<p>Each delegation may consist of:</p> <ul style="list-style-type: none"> <li>✓ Gymnasts according to the regulations of GP</li> <li>✓ 1 coach</li> <li>✓ 1 judge</li> </ul> <p><i>In case a delegation is not able to bring a judge, that delegation must cover the accommodation costs of person.</i></p>
<b>AGE LIMITS</b>	<p>Senior, as per FIG Technical Regulations: Individual <b>All gymnasts must have a valid FIG License until the end of the event.</b></p>
<b>JUDGES</b>	<b>All judges must have a current valid FIG brevet (RGI and/or RGG cycle 2025-2028) at the time of the event, for the respective discipline.</b>
<b>HEAD JUDGE</b>	1 judge (per federation) Brevet Cat. 1-3. Each Federation must send minimum 1 judge.
<b>COACHES</b>	The President of the Superior Jury will be: <i>To be confirmed due to COP change</i>
	As per FIG official communication dated 31 March 2021, no coaches will be accepted in this GP without a valid coach-sport profile at the deadline of the Nominative Registration. In order to be considered, the coach-sport profile (including all relevant documents) must be submitted in FIG Database on January 25, 2025, at the very latest (one week prior to the deadline for Nominative Registration).

<b>REGISTRATION DEADLINES</b>	<p><b>Registration will be ONLINE</b> (Only National Gymnastics Federations can register) at <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a></p> <table border="1" data-bbox="487 309 1479 444"> <tr> <td data-bbox="487 309 812 384"><b>Definitive registration (country)</b></td><td data-bbox="812 309 1107 384"><b>January 5, 2025</b></td><td data-bbox="1107 309 1479 384"></td></tr> <tr> <td data-bbox="487 384 812 444"><b>Nominative registration (name)</b></td><td data-bbox="812 384 1107 444"><b>February 1, 2025</b></td><td data-bbox="1107 384 1479 444">(One month prior to the event)</td></tr> </table>	<b>Definitive registration (country)</b>	<b>January 5, 2025</b>		<b>Nominative registration (name)</b>	<b>February 1, 2025</b>	(One month prior to the event)
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<b>ENTRY FEES</b>	No entry fees will be applied for this event.						
<b>ACCREDITATION</b>	<p>Delegation accreditation will take place upon arrival at the venue of the event</p> <p>For accreditation team leaders are required to bring the following documents:</p> <ul style="list-style-type: none"> <li>-passports of all members of the delegation</li> <li>-proof of medical insurance of all members of the delegation (obligatory)</li> <li>-FIG License for gymnasts</li> <li>-National Anthem</li> </ul> <p>-All delegations are requested to upload the music and portrait photos of their gymnasts/delegation members to KSIS  <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a></p> <p>-Please keep USP flash drive with music for the routines for back up</p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>						
<b>EVENT FORMAT</b>	<p><b><u>2025 Miss Valentine Tartu Grand Prix</u></b></p> <p>According to the Grand Prix Regulations.</p> <p>Competition for RGI (Senior) 2008 and older.</p> <p>All-Around Competition and Apparatus Finals</p>						
<b>PROVISIONAL SCHEDULE</b>	<p><b>Thursday, February 27, 2025</b></p> <ul style="list-style-type: none"> <li>-Arrival of delegations</li> </ul> <p><b>Friday, February 28, 2025</b></p> <ul style="list-style-type: none"> <li>-Arrival of delegations</li> <li>-Technical meeting and draw 18:00</li> <li>-Podium training 19:00</li> </ul> <p><b>Saturday, March 1, 2025</b></p> <ul style="list-style-type: none"> <li>-Qualification of Grand Prix 17:00</li> <li>-Awards Ceremony AA (Top 12)</li> </ul> <p><b>Sunday, March 2, 2025</b></p> <ul style="list-style-type: none"> <li>-Finals of Grand Prix 17:00</li> <li>-Awards Ceremony</li> <li>-Gala 19:30</li> <li>-Banquet 21:00</li> </ul> <p><b>Monday, March 3, 2025</b></p> <ul style="list-style-type: none"> <li>-Departure of delegations</li> </ul>						
<b>EVENT MANAGER</b>	<p>Mrs. Janika Mölder</p> <p>Phone: +647 300 1071 (WhatsApp)</p> <p>E-mail : <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a></p>						
<b>MEDICAL SERVICES</b>	<p>The Local Organizing Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area.</p>						

	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable. The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Estonian Embassy or Consulate in your country if a visa is required for your travel to Estonia.</p> <p>The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made <b>by February 1, 2025</b>, to the LOC <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a></p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member, as well as the city the visa application support letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g., cover note or photocopy of the valid policy).</p> <p>The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p> <p>Delegation members with insufficient insurance coverage must inform the LOC in advance. The LOC will subsequently offer insurance coverage at the Federations own charge as follows: <b>50€</b> per person. harassment and abuse of any type or if they are worried and do not feel comfortable.</p>
<b>SAFEGUARDING</b>	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges, and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of the information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones</p>
<b>INTERNATIONAL TRANSPORTATION</b>	The invited participating federations must pay the international travel costs of their delegation members.

	<p>The Travel Schedule Form must be returned to the OC – ONLINE: <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a> by February 1, 2025.</p>
LOCAL TRANSPORTATION	<p><b><u>Free local transportation for all accredited delegation members:</u></b></p> <ul style="list-style-type: none"> <li>• from Tallinn International Airport</li> <li>• from the hotels to the Competition Venue and vice-versa (shuttle busses)</li> </ul>
ACCOMMODATION AND MEALS	<p>The LOC will cover the accommodation costs of the gymnasts qualified from the 1<sup>st</sup> to the 12<sup>th</sup> place in the ranking of the International Grand Prix on each apparatus. <b>The rooms will be double rooms</b> in Hotel Dorpat (Soola 6, 51013 Tartu, Estonia).</p> <p>Reservations must be made online before February 1, 2025. The extra cost may be paid via bank.</p> <p>Additional accommodation information:</p> <p><b>The hotel rooms will be allocated on a “first-come, first-served” basis.</b> The invited participating federations and clubs must pay for the accommodation expenses of their delegation members. The prices charged for the hotel rooms will not exceed the usual hotel rates. NF-s and clubs can book a hotel among the ones proposed via the LOC online KSIS platform. These rooms will be assigned strictly in order of booking receipt (first-come, first-served). While the Accommodation Form must be returned to the LOC ONLINE – <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a> by January 22, 2025, at the very latest.</p> <p><b><u>2-night package in the hotel - 295 € per person double or triple room (single room 355 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 2 nights, incl. breakfast and dinner</li> <li>- transportation from Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul> <p><b><u>3-night package in the hotel - 395 € per person double or triple room (single room 455 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 3 nights, incl. breakfast and dinner</li> <li>- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul> <p><b><u>4-night package in the hotel - 495 € per person double or triple room (single room 555 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 4 nights, incl. Breakfast and dinner</li> <li>- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul> <p><b><u>5-night package in the hotel - 595 € per person double or triple room (single room 655 €)</u></b></p> <p>The price includes:</p>

	<ul style="list-style-type: none"> <li>- accommodation in the hotel for 5 nights, incl. Breakfast and dinner</li> <li>- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul> <p>The Accommodation Form must be returned to the OC ONLINE – <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a> by <b>January 22, 2025</b>, at the very latest.</p> <p>The costs for the accommodation must be paid to the LOC by January 22, 2025, at the very latest.</p> <p><b>Please make sure that each delegation has effective <u>insurance in case of hotel cancellation</u>.</b></p>										
<b>CANCELLATION POLICY</b>	<p><b>ACCOMMODATION CANCELLATION</b></p> <p>In case of cancellation, costs will be refunded as following: If cancellation is made by January 22, 2025, latest then 50% of the total amount paid will be refunded, <b>any later cancellations will not be refunded</b>.</p>										
<b>PRIZE MONEY</b>	<p>The prize money for these places will go the following gymnasts of the respective results list. They will also get points for the ranking list.</p> <p>1 Place _ 22 points_ 550 Euro      2 Place_17 points_425 Euro      3 Place_13 points_325 Euro      4 Place_10 points_250 Euro      5 Place_8 points_200 Euro      6 Place_6 points_150 Euro      7 Place_5 points_125 Euro      8 Place_3 points_75 Euro</p> <p>Gymnasts in position 9 and 10 in qualifying competitions each earn two (2) points. Gymnasts in position 11 and 12 in qualifying competitions each earn one (1) point.</p> <p>Grand total of the Prize Money: <b>8400.- Euro</b></p>										
<b>MARKETING</b>	FIG advertising and publicity norms must be respected										
<b>MEDIA SOCIAL MEDIA</b>	Local Press <a href="http://www.missvalentine.eu">Facebook page</a> , Homepage: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a>										
<b>ADDITIONAL INFORMATION</b>	<p>The following competitions will be organized in Tartu:</p> <ul style="list-style-type: none"> <li>- 2025 FIG Miss Valentine (FIG RGI, RGG)</li> <li>- 2025 Miss Valentine International Tournament (non-FIG RGI, RGG)</li> </ul>										
<b>DEADLINES SUMMARY</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%; padding: 5px;">Definitive Registration (register only federation, number of gymnasts, coaches, judges and other delegation members)</td> <td style="width: 40%; padding: 5px; text-align: right;"><b>January 5, 2025</b></td> </tr> <tr> <td colspan="2" style="padding: 5px;">ONLINE at <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a></td> </tr> <tr> <td colspan="2" style="padding: 5px;">Nominative Registration (register all delegation members by name and add apparatus for gymnasts, FIG license nr for gymnasts and judges)</td> </tr> <tr> <td colspan="2" style="padding: 5px;">ONLINE</td> </tr> <tr> <td colspan="2" style="padding: 5px;"><a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a></td> </tr> </table>	Definitive Registration (register only federation, number of gymnasts, coaches, judges and other delegation members)	<b>January 5, 2025</b>	ONLINE at <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a>		Nominative Registration (register all delegation members by name and add apparatus for gymnasts, FIG license nr for gymnasts and judges)		ONLINE		<a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a>	
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Accommodation <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a>	ONLINE	-	<b>February 1, 2025</b>
Travel Plan <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a>			<b>February 1, 2025</b>
Visa Request Form-send <a href="http://rgform.eu/event.php?id_prop=5280">http://rgform.eu/event.php?id_prop=5280</a>	ONLINE		<b>February 1, 2025</b>
<b>Music</b> ONLINE <a href="http://rgform.eu/event.php?id_prop=6936">http://rgform.eu/event.php?id_prop=6936</a>	<b>mp3</b>	<b>(only)</b>	<b>February 1, 2025</b>

Sincerely Yours,




Tene-Riin Vaarmann  
Secretary General  
ESTONIAN GYMNASTICS FEDERATION

8 December 2025, Tallinn