

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



BURGAS, BULGARIA – 28th May - 2nd June 2025



Work Plan



Event ID - 17903

TABLE OF CONTENTS

1. GENERAL INFORMATION
2. COMPETITION VENUE
3. ORGANIZATION
4. LOCAL ORGANIZING COMMITTEE (LOC)
5. GENERAL PROGRAMME
6. TRANSPORTATION
7. ACCREDITATION
8. TARIFF SHEETS
9. MUSIC
10. INSURANCE
11. OFFICIAL LANGUAGE
12. VISAS
13. HOTELS
14. MEALS
15. ORIENTATION MEETING
16. TRAINING BY SCHEDULE AND MEASUREMENTS
17. EQUIPMENT
18. JUDGES MEETING
19. THE DRAW FOR JUDGES
20. NO SMOKING POLICY
21. MEDICAL SERVICES & ROOM
22. JUDGE PRESENTATION
23. VIDEO RECORDING
24. AWARD CEREMONIES
25. FINAL BANQUET
26. NATIONAL FLAG AND ANTHEM
27. BURGAS INTERNATIONAL ACRO CUP 2024 CONNECTION
28. SAFEGUARDING OFFICER
29. DOPING CONTROL

1. GENERAL INFORMATION

This competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these World Cup Rules for Acrobatics Gymnastics:

- Statutes
- Code of Ethics
- Technical Regulations
- License Rules
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules for Acrobatic Gymnastics
- Medical Organization of the Official FIG Competitions
- Doping Control Rules
- Media Rules
- Apparatus Norms
- Advertising and Publicity Rules
- Accreditation Rules
- Regulations for Awards Ceremonies
- and subsequent decisions of the FIG Executive Committee

2. COMPETITION VENUE

ARENA BURGAS
79 Stefan Stambolov blvd.
8000, Burgas
BULGARIA



3. ORGANIZATION

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE

Avenue de la Gare, 12A 1001 Lausanne
SWITZERLAND
Phone: +41 (0) 21 321 55 10
Fax: +41 (0) 21 321 55 19
E-Mail: rvinagre@fig-gymnastics.com
URL: www.gymnastics.sport

- FIG Technical Delegate on site: **Marco Palella**

BULGARIAN FEDERATION OF SPORT ACROBATICS

75 Vasil Levski, Blvd
1000 Sofia BULGARIA
Phone: +359 894 46 40 08
E-Mail: bulacro@gmail.com

4. LOC - LOCAL ORGANIZING COMMITTEE

President	Nedko Kostadinov
Competition Manager	Atanas Kostadinov
Head of Media	Nayden Todorov
Office / Accreditations	Lili Borisova
Accommodation and Transports	Nedko Kostadinov
Official Doctor	Klimentin Dimitrov
Safeguarding Officer	Stiliyan Bozhinov
Results Software	David Gillemot
Video Manager	Atanas Stoyanov
Floor Manager	Radostin Nikolov
Doping Control	Stiliyan Bozhinov, Sandra Velcheva Hunt
Award Ceremonies	Sandra Velcheva Hunt
Photography	Aleksandar Kostadinov

5. PROVISIONAL PROGRAMME

Wednesday, 28 th May	All Day	Delegations arrival and Accreditation
Thursday, 29 th May	11:30 – 12:30 14:00 – 20:00 17:00 – 18:00	Orientation Meeting – Sports Hall Training Per Schedule (FOP – 15:30) Judges meeting
Friday, 30 th May	15:00 15:15 16:00 – 16:30 16:30 – 19:35	Start Warm-up Judges' Briefing Opening Ceremony Qualification 1 st exercise W2 / W3 – BALANCE Mx2 / M2 / MG – DYNAMIC
Saturday, 31 st May	15:00 15:45 16:30 – 19:40	Start Warm-up Judges' Briefing Qualification 2 nd exercise W2 / W3 – DINAMIC Mx2 / M2 / MG – BALANCE
Sunday, 1 st June	15:00 15:45 16:30 – 18:50 19:00 21:00	Start Warm-up Judges' Briefing FINALS Award Ceremony Dinner & Farewell Party
Monday, 2 nd June	All Day	Departure of all Delegations

6. TRANSPORTATION

Dedicated bus transfers between **Burgas International Airport** and the official hotels, as well as from the official hotel to the training and competition hall (shuttle buses) will be provided to the delegations that booked their accommodation through the LOC.

The shuttle bus transportation schedule will be provided upon arrival at accreditation and also shared via the official event's WhatsApp Group.

Shuttle buses will leave the destinations according to the provided timetable which will be strictly followed, so please be on time!

Local transport manager: Mr. Stiliyan Bozhinov +359 898 81 87 57

7. ACCREDITATION

ARENA Burgas - LOC OFFICE (Ground Floor)

Wednesday, 28th May from 09:00 – 20:00

(Delegation arriving later than 20:00 must contact the LOC in advance.)

The accreditation system identifies individuals participating in the competition and ensures controlled access to each area. Federations will receive accreditation based on the nominative entry upon arrival at the Competition Venue.

All participants and officials are required to wear accreditation cards at all times.

At accreditation, the Head of Delegation must check the correct names of their complete delegation, verify accommodation requirements, make the necessary payments (including insurance, if necessary). They also must present the passports / ID of all competitors and judges for the control of nationality and age.

If any last-minute change via the FIG website, the definitive competition schedule will be provided to the Head of Delegation upon accreditation.

The accreditation is personal, non-transferable and compulsory to control access to training and competition hall, functions, official transport, lunches and dinners.

For lost accreditation the LOC will charge **100 Euro**.

When all the commitments are fulfilled, all delegation members will receive their accreditations.

8. TARIFF SHEETS

Tariff sheets must be provided only via the Acro Companion software and uploaded not later than 25.05.2025. Changes on tariff sheets will be allowed according to the CoP (by 28.05.2025, the accreditation day).

Please make sure that all tariff sheets are correct, so any penalties might be avoided. In principle, no changes can be made to the Tariff Sheets after arrival. Changes will be accepted only in case of injuries/minor accidents or for other important reasons subject to approval by the FIG Superior Jury President.

Each delegation must officially inform the LOC (via atanas_plamenov@bulgym.bg) on the coach(es) who is/are responsible for preparing and uploading the Tariff Sheets on AC platform by sending the coach(es) email address.

9. MUSIC

Routines' music must be uploaded in Acro Companion not later than 25.5.2025 alongside the Tariff Sheets.

The Organizing Committee guarantees personal protection and the strict use of your musical creations during this event.

Keep in your possession a *specimen* of your music on a USB Key in case of a technical problem in the Competition area or for your training sessions.

Identify the MUSIC TRACKS as follows:

TOP NAME_SPECIALITY_EXERCISE_COUNTRY

Example: DANIEL_M4_BAL_BUL.mp3

10. INSURANCE

The host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness or repatriation.

The FIG Technical Regulations (Section 1, Article 12.10) foresees that all participating Federations are obliged to cover the expenses for all members of their Delegation for the necessary insurance coverage against accidents and illness.

The Organizing Committee will verify the insurance of all federations at accreditation. Federations who cannot provide proof will have to purchase the insurance offered by the OC at their own cost. The Organizing Committee will subsequently offer insurance at the Federations own charge as follows: **25 Euro** per person/day (except judges and gymnasts).

Please, upload all the insurance papers to Acro Companion in advance.

11. OFFICIAL LANGUAGE

The official language is English. Interpretations from and into other language must be organized by the delegations. Announcements will be made in English. The Work Plan and all documents are available in English only.

12. VISAS

Please check immediately with your travel agent or the Bulgarian Embassy or Consulate in your country, if a visa is required for your travel to Bulgaria.

13. HOTELS

Hotel Bulgaria	Hotel Avenue Deluxe	Hotel Avenue
Address: Burgas, Alexandrovskaya 21, str. Website: https://www.bulgaria-hotel.com/en/index.html	Address: Burgas, Transportna 6, str. Website: avenuedeluxe.bg	Address: Burgas, Transportna 6, str. Website: hotelavenue.bg



14. MEALS

Breakfast and dinner are included in the accommodation package booked through the LOC and will be served at the hotel. Lunch will be served close to the Competition Venue, inside the Sports Complex.

The Head of Delegation will receive meal tickets upon arrival at accreditation.

NO LUNCH TICKET—NO MEALS! NO ACCREDITATION—NO MEALS!

DAY	LUNCH
Wednesday, 28 May	11:30 – 14:30
Thursday, 29 May	11:30 – 14:30
Friday, 30 May	11:30 – 14:30
Saturday, 31 May	11:30 – 14:30
Sunday, 1 June	11:30 – 14:30

15. ORIENTATION MEETING

The orientation meeting will take place on Thursday, **May 29th** at **11:30** in the Sports Hall. LOC will provide further instructions. The meeting can be attended by Head of Delegations, Team Managers, and Coaches. It is compulsory for each delegation.

16. TRAINING SCHEDULE AND MEASUREMENTS – May 29th

Group and National Federation			General Warm up (mats)		Floor A (warm-up floor)		Floor B (warm-up floor)		Floor (FOP)	
			(20 min.)		(20 min.)		(40 min.)		(60 min. / PG)	
Group	NF	PG	in	out	in	out	in	out	in	out
Group 1	AZE5 / BEL2	7	14:10	14:30	14:30	14:50	14:50	15:30	15:30	16:30
Group 2	GBR 3 / ITA3 / ARM1	7	15:10	15:30	15:30	15:50	15:50	16:30	16:30	17:30
Group 3	ISR5 / BUL2	7	16:10	16:30	16:30	16:50	16:50	17:30	17:30	18:30
Group 4	KAZ4 / ESP1 / AUT 2	7	17:10	17:30	17:30	17:50	17:50	18:30	18:30	19:30
Group 5	UKR7	7	18:10	18:30	18:30	18:50	18:50	19:30	19:30	20:30
Group 6	USA5	5	19:10	19:30	19:30	19:50	19:50	20:30	20:30	21:15

Gymnast measurement will be made immediately after the podium training on May 29th.

17. EQUIPEMENT

Competition Floor: Spieth (blue spring floor)
Training Floor: Spieth (blue spring floor)

18. JUDGES MEETING

The Judges Meeting will take place on Thursday, **May 29th at 17:00** in the Sports Hall (Judges room – Competition Venue).

All participating federations must provide at least one judge with a valid FIG Brevet. Failure to do so will result in a fine of 2 000,00 Swiss Francs.

19. THE DRAW FOR JUDGES

The drawing of lots of the Judges' Panels for the Qualification and Finals will be conducted by the FIG Technical Delegate during the judge's meetings on :

Friday 30th at 15:15

Saturday 31st at 15:45

Sunday 1st at 15:45

20. NO SMOKING POLICY

Please note that it is strictly forbidden to smoke in the venue hall.

21. MEDICAL SERVICES & ROOM

The Organizing Committee will provide medical and physiotherapist services. A special room is marked with "Medical Room". Red Cross and Physiotherapist will be present on the Competition Area.

22. JUDGES PRESENTATION

Before the beginning of each Competition, JUDGES are asked to be ready on their seats on their panel places so they can be called by the official speaker.

Judges are requested to remain in their places during the awards ceremony following Finals.

23. VIDEO RECORDING

All routines and passes will be recorded.

24. AWARD CEREMONIES

The award ceremonies will take place on Sunday, 1st June. Competitors must appear in their **national tracksuit**.

25. FINAL BANQUET

The banquet will take place on Sunday, 1st June at 21:00 at the Meals Hall.

26. NATIONAL FLAG AND ANTHEM

Please bring a National Flag and the National Anthem to deliver upon arrival on Accreditation.

27. BURGAS INTERNATIONAL ACRO CUP 2024 CONNECTION

The BURGAS FIG Acro World Cup 2024 is held in close connection with the Burgas International Acro Cup 2024. All the facilities, transportation and services provided to the

BIAC'24 Delegations can be fully used by the World Cup Delegations that booked their accommodation through the LOC.

28. SAFEGUARDING OFFICER

From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.

LOC Safeguarding Officer:

- **Mr. Stiliyan Bozhinov | +359 898 818 757**

In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, are displayed in several locations, including training and warm-up halls and public zones.

29. DOPING CONTROL

Anti-doping control will be organized by the International Testing Agency (ITA) on behalf of the FIG and according to the WADA Code, Standards and FIG Anti-Doping Rules.

As per the applicable FIG Therapeutic Use Exemption (TUE) procedure in effect concerning the participation at FIG Events, any gymnast in need of a TUE is responsible, together with his/her Federation, to submit his/her request to the FIG no later than 30 days before the start of this competition.

No TUE request will be accepted nor approved on spot, except for duly justified emergency cases.

Should you need further assistance about TUE requests, please contact the FIG at antidoping@fig-gymnastics.org.

30.04.2025

**Representing LOC
/Nedko Kostadinov/**

The Work Plan is provisional and may be subject to future changes