



**18<sup>th</sup> International “Loulé Cup” Competition**  
**Loulé, Portugal**  
**23<sup>rd</sup> to 25<sup>th</sup> October 2025**  
**JUN and SEN**



## DIRECTIVES

**Event ID: 18167**

**Update May 6**

**Accommodation, Meals and deadline**

Dear FIG, Affiliated Member Federation,

Following the decision of the FIG Presidential Commission, the **Portuguese Gymnastics Federation** has the pleasure to invite your Federation to participate in the afore mentioned official FIG International event.

Please find herein below the Invitation letter and the directives:

<b>DISCIPLINE</b>	<b>Trampoline</b> <b>Double Mini-Trampoline</b> <b>Tumbling</b>
<b>HOST FEDERATION</b>	<b>Federação de Ginástica de Portugal</b> Estrada da Luz, nº 30A 1600-159 Lisboa / Portugal Tel: +351 21 814 1145 Fax: +351 21 814 2950 e-mail: <a href="mailto:federacao@ginastica.org">federacao@ginastica.org</a> / <a href="mailto:teresa.loureiro@ginastica.org">teresa.loureiro@ginastica.org</a> website: <a href="http://www.ginastica.org">www.ginastica.org</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>APAGL - Loulé Cup</b> Rua da Marroquia, 30 8100-684 Loulé, Portugal Technical Director: Fábio Viegas/Rute Simão LOC: Marta Martins / Mário Dias Mobile: +351 932895679 / +351 918562781 E-mail: <a href="mailto:loulecup.apagl@gmail.com">loulecup.apagl@gmail.com</a> Website: <a href="http://www.apagl.pt">www.apagl.pt</a>
<b>LOCATION</b>	<b>Loulé Municipal Sport Centre Professor Joaquim Vairinhos</b> 8100-760 Loulé – Portugal
<b>DATE</b>	<b>23<sup>rd</sup> to 25<sup>th</sup> October 2025</b>
<b>VENUE</b>	<b>Loulé Municipal Sport Centre Professor Joaquim Vairinhos</b> 8100-760 Loulé – Portugal
<b>APPARATUS SUPPLIED</b>	<b>Please refer to the attached apparatus list.</b>
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, with the exceptions foreseen in the present regulation. <ul style="list-style-type: none"> <li><input type="checkbox"/> Statutes</li> <li><input type="checkbox"/> Code of Ethics</li> <li><input type="checkbox"/> Code of Conduct</li> <li><input type="checkbox"/> Technical Regulations</li> <li><input type="checkbox"/> Code of Discipline</li> <li><input type="checkbox"/> Code of Points and relevant Newsletters</li> <li><input type="checkbox"/> General Judges' Rules</li> </ul>

Loulé Cup – [www.apagl.pt](http://www.apagl.pt)  
e-mail : [loulecup.apagl@gmail.com](mailto:loulecup.apagl@gmail.com)



	<ul style="list-style-type: none"> <li><input type="checkbox"/> Specific Judges' Rules for Trampoline Gymnastics</li> <li><input type="checkbox"/> Anti-Doping Rules</li> <li><input type="checkbox"/> Medical Organization of FIG Competitions and Events</li> <li><input type="checkbox"/> FIG Framework for safeguarding athletes and other participants from harassment and abuse in sport during events</li> <li><input type="checkbox"/> License Rules</li> <li><input type="checkbox"/> Media Rules</li> <li><input type="checkbox"/> Apparatus Norms</li> <li><input type="checkbox"/> Rules for Sanctioning (approval) of International Events</li> <li><input type="checkbox"/> Advertising and Publicity Rules</li> <li><input type="checkbox"/> Regulations for Award Ceremonies</li> <li><input type="checkbox"/> Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p> <p><b><u>SPECIFIC RULES</u></b></p> <p><b>Individual Trampoline, Double Mini-Trampoline and Tumbling</b></p> <p>15-16 - Following 15-16 WAGC rules</p> <p>17+ - Following FIG Senior rules</p>
<b>PROVISIONAL SCHEDULE</b>	<p><b>Wednesday, 22<sup>nd</sup> October</b></p> <p>All Day – Arrival of Delegations.</p> <p>Free training – 10:00 – 22:00</p> <p>Handing of competition cards</p> <p>Head of Delegation Meeting</p> <p>TR, DMT and TU Judges Meeting</p> <p><b>Thursday, 23<sup>rd</sup> October</b></p> <p>Free training – 08:00 – 10:00</p> <p>Qualifying Rounds – TRI/DMT/TUM</p> <p><b>Friday, 24<sup>th</sup> October</b></p> <p>Qualifying Rounds – TRI/DMT/TUM</p> <p><b>Saturday, 25<sup>th</sup> October</b></p> <p>Individual Finals – TRI/DMT/TUM</p> <p>12:30 - Individual Award Ceremony (1/2)</p> <p>Individual Finals – TRI/DMT/TUM</p> <p>18:30 - Individual Award Ceremony (2/2)</p> <p>21:00 – Banquet and Final Party</p> <p><b>Sunday, 26<sup>th</sup> October</b></p> <p>All day – Departure of Delegations</p>
<b>FEDERATIONS INVITED</b>	Loulé Cup is an international event, open to all clubs affiliated in the respective Federations as well as Representatives of National Federations, District or Regional associations.
<b>AGE LIMITS</b>	<p>Individual Trampoline * Double Mini Trampoline * Tumbling</p> <p><b>Junior:</b> as per FIG Technical Regulations</p> <p><b>Senior:</b> as per FIG Technical Regulations</p> <p><b>All gymnasts must have a valid FIG licence, until the end of the event.</b></p>
<b>ENTRY FEES</b>	<p>The cost for the entry fees is as follows:</p> <ul style="list-style-type: none"> <li>• One apparatus: € 20 (twenty euros);</li> <li>• Two apparatus: € 30 (thirty euros);</li> <li>• Three apparatus: € 40 (forty euros).</li> </ul> <p><b>Entries will be considered on a first come first served basis.</b></p>
<b>EVENT FORMAT</b>	<p>Each gymnast can only participate in one group in each apparatus.</p> <p><b>Difficulty limits as in FIG Code of Points</b></p> <p><b>Q1 – Individual (all apparatus):</b></p>



	<p>Junior (Male/Female) – in accordance with FIG Junior/WAGC Rules as per FIG in valid Code of Points. Senior (Male / Female) – in accordance with FIG Senior Rules as per FIG in valid Code of Points</p> <p><b>Q2 – Individual (all apparatus):</b> Only in Senior (Male/Female) competition, in accordance with FIG code of points</p> <p><b>FINALS – Individual:</b> <b>F1 – Individual Trampoline / F1+F2 – Individual Double Mini Trampoline and Tumbling</b> <b>Junior and Senior (Male/Female) - In accordance with FIG code of points</b> In case of less than 8 competitors, all of them will go to the finals. Though, no competitor will go through to the next competition phase without participating in the respecting qualification rounds or having DNF or DSQ as a final score. <b>All Finals starts from zero.</b> Tie-breaking rules as per FIG TR.</p> <p><b>FINALS - Team</b> Team Competition format will be defined in the Workplan but includes all ages and apparatus.</p>
<b>INSURANCE</b>	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the Members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. (For additional information regarding the FIG IMSSA insurance for Athletes and Judges: go to: <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a>)</p> <p>The Local Organizing Committee will verify the insurance upon arrival of the Delegation Members (e.g. cover note or photocopy of the valid policy). Delegation Members with insufficient insurance cover must inform the Local Organizing Committee in advance.</p>
<b>SAFEGUARDING</b>	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges, and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>
<b>ACCREDITATION</b>	<p>Delegation accreditation will take place upon arrival. For accreditation, Heads of the Delegations are required to bring the following documents:</p> <ul style="list-style-type: none"> <li>• Passports of all members of the delegation;</li> <li>• Proof of total payments;</li> <li>• Proof of medical insurances;</li> </ul> <p>All financial obligations must be fulfilled before arrival or during the accreditation. Accreditation card is personal for each of the delegation members. Accreditation card wearing is required at all times of the tournament.</p>



	<p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p> <p><b>NOTE:</b> <i>The Organizing Committee will be responsible for checking the validity of the gymnast' Licenses.</i> No gymnasts will be accepted without a valid FIG License until the end of the event.</p>																				
JUDGES AND JURIES	<p><b>All judges must have a current valid FIG brevet until the end of the event, and in the respective discipline.</b></p> <p>It is compulsory that the participating Delegations bring 1 (one) judge with <b>FIG judges brevet</b> for every 8 competitors.</p> <p>1-8 = 1 Judge 9-16 = 2 Judges 17-24 = 3 Judges 25 or more = 4 Judges</p> <p>The Clubs, Associations or Federations that present less judges than required by the established rules will be penalized with the payment of a fee of <b>€50/gymnast</b> (Fifty Euros per gymnast) for each missing judge according to the previous threshold (<u>e.g. if only one FIG judge is indicated for 11 competitors, a fee of €150 will be due</u>). The non-payment of the penalization will imply the non-participation in the event of the respective competitors. All the judges indicated by the respective Clubs, Associations and Federations to the organization, will have to be present at the respective judges' meetings and must remain available during all competition days. Note that judges penalties will still be due in case judges are either not fully available throughout the three competition days or fail to be present at one of the sessions they are indicated to judge.</p> <p><b>Note:</b> Transport, accommodation, and meals of the judges of each delegation are of the respective delegations' responsibility.</p>																				
PRIZE MONEY	<p>The Organisers established PRIZE MONEY for the first three qualified in the <b>Individual Senior</b> (male and female) competition in TRI, DMT and TUM, and for the first qualified in TRI, DMT and TUM <b>Teams</b> (male and female) as follows:</p> <table><tr><td></td><td>TRI</td><td>DMT</td><td>TUM</td><td>TRI / DMT / TUM TEAMS</td></tr><tr><td>1st Place</td><td>300€</td><td>300€</td><td>300€</td><td>400€</td></tr><tr><td>2nd Place</td><td>150€</td><td>150€</td><td>150€</td><td></td></tr><tr><td>3rd Place</td><td>100€</td><td>100€</td><td>100€</td><td></td></tr></table> <p><b>Grand Total: 5.700,00€</b></p> <p>The PRIZE MONEY will only be attributed to each class/category if there are at least 8 (eight) effective participants in the competition. The prize money should be collected from the LOC until the end of the competition. If a prize money is not claimed 1 hour before the beginning of the farewell dinner (<b>20pm, 25<sup>th</sup> October</b>), it will no longer be due and will revert to the LouleCup LOC.</p> <p>The 1st, 2nd and 3rd places in each single event will receive a medal.</p> <p><b>OBS:</b> Less than 200 participants – no prize money will be awarded.</p>		TRI	DMT	TUM	TRI / DMT / TUM TEAMS	1st Place	300€	300€	300€	400€	2nd Place	150€	150€	150€		3rd Place	100€	100€	100€	
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1st Place	300€	300€	300€	400€																	
2nd Place	150€	150€	150€																		
3rd Place	100€	100€	100€																		
BANK ACCOUNT INFORMATION	<p>All payments must be made in euros, through bank transfer, to the following account:</p> <p>Account Name: ASSOC PAIS E AMIGOS DA GINÁSTICA DE LOULÉ Bank: Crédito Agrícola Agency: Loulé IBAN: PT50 0045 7211 40308094153 07</p>																				



	<p>BIC/SWIFT: CCCMPTPL</p> <p><b>Reference: Loulé Cup 2025 (followed by the name of the Club, Association or Federation)</b></p> <p><b>Important Notes:</b></p> <ol style="list-style-type: none"> <li><b>All fees relating to the bank transfers are of the responsibility of the participating delegations.</b></li> <li><b>Until payment is made, entries will be considered as provisional, including accommodation and meals</b></li> <li><b>Proof of payment must be sent, with the respective identification, to:</b>  <a href="mailto:loulecup.apagl@gmail.com">loulecup.apagl@gmail.com</a> </li> </ol>
<b>VISA</b>	<p>If any delegation requires a Special Declaration/Invitation to obtain Visas for entry in Portugal, send information by e-mail (<a href="mailto:loulecup.apagl@gmail.com">loulecup.apagl@gmail.com</a>) as soon as possible.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
<b>WORKPLAN</b>	<p>Detailed information about the competition will be sent to participating delegations by the end of September.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The members of the invited participants must pay for their international transportation.</p>
<b>ACCOMMODATION, MEALS and LOCAL TRANSPORTATION</b>	<p>The Organisers will arrange, at a determined fee, accommodation and meals (from 21<sup>st</sup> October to 26<sup>th</sup> October).</p> <p><b>The costs are per person/night and includes (Package A and B):</b></p> <ul style="list-style-type: none"> <li>- Room</li> <li>- Breakfast (Hotel) + lunch + dinner</li> <li>- Banquet and Final Party</li> <li>- Transportation from either Faro Airport or Loulé Railway station to the competition venue or hotel and back</li> <li>- Transportation from the hotel to the competition venue and back.</li> </ul> <p><b>A - Hotel ****</b></p> <p>The costs in this hotel are as follows (the costs are per person/night):</p> <p>€ <b>160</b> (single room)</p> <p>€ <b>135</b> (double room)</p> <p><b>B - Hotel ***</b></p> <p>The costs in this hotel are as follows (the costs are per person/night):</p> <p>€ <b>130</b> (single room)</p> <p>€ <b>125</b> (double room)</p> <p>€ <b>120</b> (triple room)</p> <p><b>The costs are per person/night and includes (Package C):</b></p> <ul style="list-style-type: none"> <li>- Room</li> <li>- <b>Lunch + dinner</b></li> <li>- Banquet and Final Party</li> </ul> <p><b>C - Low-Cost Hotel</b></p> <p>The costs in this hotel are as follows (the costs are per person/night):</p> <p>€ <b>105</b> (single room)</p> <p>€ <b>85</b> (double or triple room)</p> <p>The hotel rooms will be allocated on a “first come, first served” basis.</p> <p>At the time of the <b>Definitive registration</b>, 50% of the accommodation costs must be paid to the OC.</p>
<b>ONLY MEALS</b>	<p>Cost of each meal per person (Lunch and Dinner) – <b>13,5 euros</b></p>





	Cost of each meal per person acquired on accreditation (Lunch or Dinner) – 17 euros Cost of banquet and final party per person – <b>40 euros</b>						
<b>CANCELLATION POLICY</b>	Definitive entries will only be accepted with payment of: 100% of the amount of the entries (amount not refundable if the competition takes place); Cancellation of accommodation after 5 <sup>th</sup> September 2025 is not refundable; No gymnasts will be allowed to train or compete until accreditation is complete and all financial matters are settled and supported with the respective proof of payments.						
<b>MARKETING SOCIAL MEDIA</b>	FIG advertising and publicity norms must be respected. The competition will be filmed and broadcasted in live streaming. All participants automatically <b>consent</b> the use of photos and videos to LOC. <b>Home-page:</b> <a href="http://www.apagl.pt">www.apagl.pt</a> <b>Instagram:</b> <a href="https://www.instagram.com/loulecup/">https://www.instagram.com/loulecup/</a>						
<b>MEDICAL SERVICES</b>	The Organizing Committee will provide a first aid medical service and emergency medical transportation in the competition / training area during the whole competition.						
<b>SERVICES</b>	For additional services (special transfers, extra days accommodation etc) kindly do not hesitate to contact us.						
<b>OFFICIAL HOSPITAL</b>	<b>Centro Hospitalar Universitário do Algarve - Hospital de Faro</b> R. Leão Penedo 8000-386 Faro						
<b>DEADLINES</b>	<table border="1"> <tr> <td><b>Declaration of Interest</b> All Delegations that send their Provisional Registration (Declarations of Interest) until the defined date will get a 10% discount on the entries.</td><td><b>30<sup>th</sup> April 2025</b></td></tr> <tr> <td><b>Definitive Registration</b> <b>Accommodation Form</b> <b>Payment of the Entry Fee</b> <b>Payment of the accommodation costs (first 50%)</b></td><td>30<sup>th</sup> June 2025</td></tr> <tr> <td><b>Nominal Registration</b> <b>Travel Schedule Form</b> <b>Meals Form</b> <b>Payment of the accommodation costs (last 50%)</b> <b>Payment of the fine for missing judge</b></td><td>5<sup>th</sup> September 2025</td></tr> </table>	<b>Declaration of Interest</b> All Delegations that send their Provisional Registration (Declarations of Interest) until the defined date will get a 10% discount on the entries.	<b>30<sup>th</sup> April 2025</b>	<b>Definitive Registration</b> <b>Accommodation Form</b> <b>Payment of the Entry Fee</b> <b>Payment of the accommodation costs (first 50%)</b>	30 <sup>th</sup> June 2025	<b>Nominal Registration</b> <b>Travel Schedule Form</b> <b>Meals Form</b> <b>Payment of the accommodation costs (last 50%)</b> <b>Payment of the fine for missing judge</b>	5 <sup>th</sup> September 2025
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<b>ADDITIONAL INFORMATION</b>	Parallel Age Group Competition for: U13; 13-14.						

Sincerely Yours,

Place and date:  
Lisboa, 6<sup>th</sup> of May, 2025



Signature of the President of the  
FIG affiliated NF