



**3RD RHYTHMIC GYMNASTICS JUNIOR WORLD CHAMPIONSHIPS  
RGG PODIUM TRAININGS**

**20 June 2025**

**ARENA Training Hall**

	<b>Carpet 5</b>	<b>Carpet 4</b>	<b>Carpet 3</b>	<b>Carpet 2</b>	<b>Podium</b>	<b>Carpet 8</b>	<b>Carpet 7</b>	<b>Carpet 6</b>
<b>CAN/ESP/KAZ</b>	09.30-11.00			X	11.00-11.30	11.35-13.05		
<b>GER/GEO/MAS</b>		10.00-11.30		X	11.30-12.00		12.05-13.35	
<b>EGY/AZE/HUN</b>			10.30-12.00	X	12.00-12.30			12.35-14.05
<b>TPE/USA/TUR</b>	11.00-12.30			X	12.30-13.00	13.05-14.35		
<b>UKR/ANG/JPN</b>		11.30-13.00		X	13.00-13.30		13.35-15.05	
<b>KOR/RSA/CZE</b>			12.00-13.30	X	13.30-14.00			14.05-15.35
<b>GBR/GRE/CHI</b>	12.30-14.00			X	14.00-14.30	14.35-16.05		
<b>UZB/SVK/POR</b>		13.00-14.30		X	14.30-15.00		15.05-16.35	
<b>MDA/LTU/EST</b>			13.30-15.00	X	15.00-15.30			15.35-17.05
<b>BUL/LAT/MEX</b>	14.00-15.30			X	15.30-16.00	16.05-17.35		
<b>NOR/POL/AUS</b>		14.30-16.00		X	16.00-16.30		16.35-18.05	
<b>FIN/BRA/ITA</b>			15.00-16.30	X	16.30-17.00			16.55-18.35

**\*Stretching is available 30 minutes prior**