

TECHNICAL HANDBOOK

RHYTHMIC GYMNASTICS

VERSION 2.0
JULY 2025



FISU
WORLD
UNIVERSITY
GAMES
SUMMER

ABBREVIATIONS

ABBREVIATION	LONG FORM
CEO	Chief Executive Officer
CIC	FISU Control Committee
CSO	Chief Sports Officer
F&B service	Food and Beverages service
FIG	Fédération Internationale de Gymnastique
FISU	International University Sports Federation
FISU Games	FISU World University Games
GMS	Games Management System
GTM	General Technical Meeting
HoD	Head of Delegation
IF TD	International Federation Technical Delegate
ISTUE	International Standard for Therapeutic Use Exemption
ITO	International Technical Official
MEE	Messe Essen
MIC	Main Information Centre
NADA	National Anti-Doping Agency
NF	National Federation
NOC	National Olympic Committee
NRW	North Rhine-Westphalia
NTO	National Technical Official
NUSF	National University Sports Federation
OC	Organising Committee
SIC	Sport Information Centre
SID	Sport Information Desk
TCC	Technical Committee Chair



TO	Technical Official
TUE	Therapeutic Use Exemption
WADA	World Anti-Doping Agency
WADC	World Anti-Doping Code

STRUCTURE

A Technical Handbook is the go-to ‘instruction manual’ for athletes, team officials and other competition-facing delegation staff attending the Rhine-Ruhr 2025 FISU World University Games. Following a uniform structure, the Organising Committee has produced one handbook for each of the 18 sports on the programme.

In the first of its three sections, a Technical Handbook provides a general introduction to the FISU Games and the staging concept for 2025, and information likely to be of use to visitors to the Rhine-Ruhr region or Berlin. In the second section, services information specific to delegations in that sport is considered, such as accreditation, transport, accommodation and catering, and the information and medical services. In the final section, the handbook details the technicalities for participating in the sport: key dates, technical meetings, details on the competition and training venues and schedules, technical regulations including the competition format and rules, and competition procedures.

Each handbook includes external links to more detailed content where necessary, and is designed as a practical, easy-to-navigate guide which can be downloaded and referred to throughout a delegation’s preparation for, and participation at, the Rhine-Ruhr 2025 FISU Games. The different Icons are designed to support a better and faster overview of each topic. Please find below a detailed list of the icons and their meaning.



Location



Dates and Operational Hours



Contact Details



Additional Information



Files to Download



External Link



Important



Video Link



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GENERAL INFORMATION



1.1 THE FISU GAMES

1.1.1 INTERNATIONAL UNIVERSITY SPORTS FEDERATION (FISU)

The International University Sports Federation (in French: Fédération Internationale du Sport Universitaire) is the body responsible for the organisation and governance of international competitions for athletes, including the FISU World University Games. FISU is based in Lausanne, Switzerland, and is governed by President Leonz Eder.

1.1.2 FISU WORLD UNIVERSITY GAMES

Debuting as the World University Games in 1923 in Paris, France, the precursor event was held in Europe every two years until 1939. The event was revived in 1947 – two years before the founding of FISU - and returned as the ‘Universiade’ in Turin, Italy, in 1959. As part of the relaunch, the ‘U’ shape of the FISU flag and the song ‘Gaudeamus Igitur’, which is played at the Medal Ceremonies instead of the national anthem, were introduced. Since then, the multi-sport event has been held every two years (in odd-numbered years), with both summer and winter editions. The most important competition in international university sport, the Universiade became known as the ‘FISU World University Games’ in 2020.

1.1.3 ELIGIBILITY

The FISU Games are open to students who have been nominated by their national university sports federations and are aged between 18 and 25 on 31 December of the year of the event (for the Rhine-Ruhr 2025 FISU Games, athletes must have been born between 1 January 2000 and 31 December 2007). Participants include both up-and-coming and established athletes, of whom many already have world championship and Olympic Games appearances – and medals – to their name.

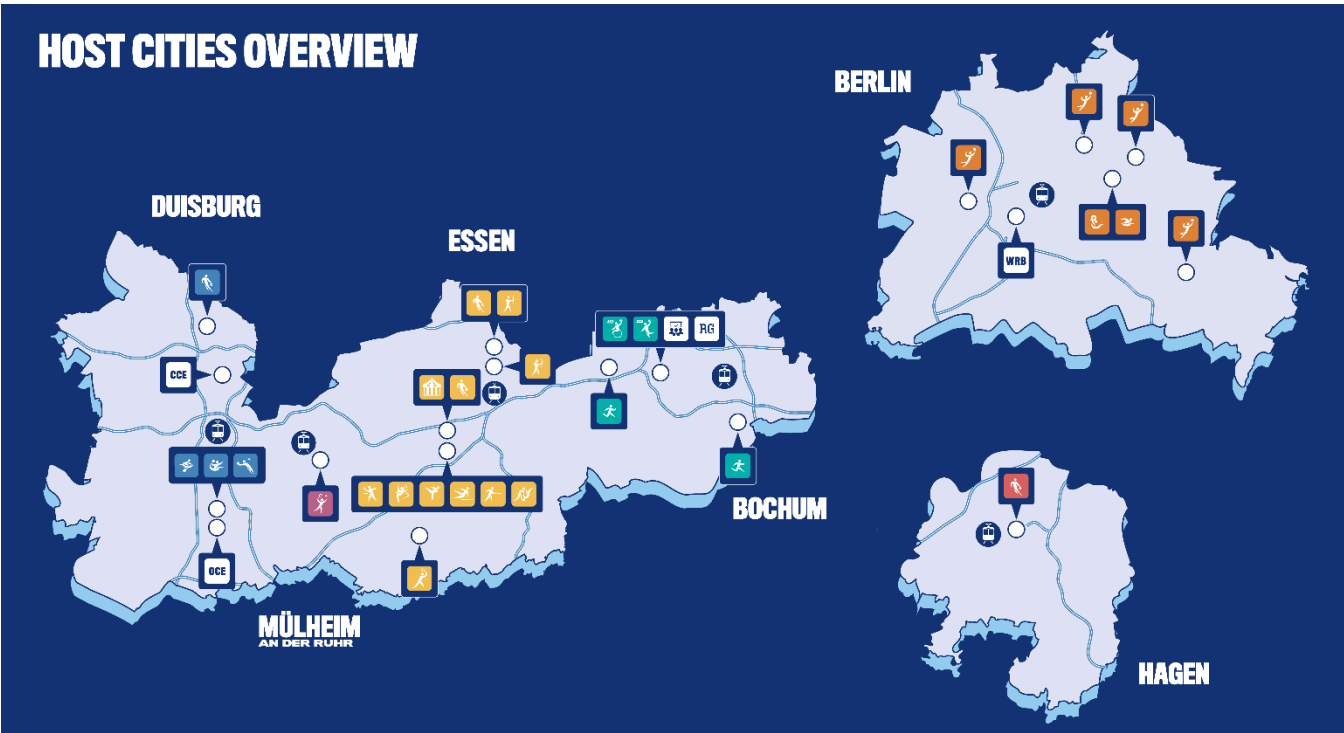
1.1.4 SPORTS

The summer edition of the FISU World University Games comprises 15 compulsory sports: archery, artistic gymnastics, athletics, badminton, basketball, diving, fencing, judo, rhythmic gymnastics, swimming, taekwondo, tennis, table tennis, volleyball, and water polo. For the Rhine-Ruhr 2025 FISU World University Games, the optional sports of 3x3 basketball, 3x3 wheelchair basketball, beach volleyball and rowing complete the programme.

1.2 THE RHINE-RUHR 2025 FISU WORLD UNIVERSITY GAMES

1.2.1 GENERAL CONCEPT

From 16 to 27 July 2025, the Rhine-Ruhr region plus Berlin will be the stage for one of the greatest sporting shows on Earth, as around 8,500 athletes and officials from up to 150 countries come together for the Rhine-Ruhr 2025 FISU World University Games. With medals to be won in 18 sports, the action will be shared among the cities of Bochum, Duisburg, Essen, Mülheim an der Ruhr and Hagen in North Rhine-Westphalia, plus Berlin.





Beyond the 23 competition venues, there will be plenty more to see and experience. Because this will be a sporting spectacular with a festival vibe, reaching out to a diverse audience through an extensive - and mostly free - programme of artistic, cultural, and educational opportunities. ‘Alle Spielen Mit’ is the slogan (‘Everyone is all-in’), and for 12 glorious days in the summer of 2025, there really will be something for everyone to enjoy.

1.2.2 IN NUMBERS

- ✓ 16-27 July 2025
- ✓ Six host cities
- ✓ 12 days of sporting action
- ✓ 18 sports
- ✓ 23 competition venues
- ✓ 150 countries represented (approx.)
- ✓ 8,500 athletes and officials expected (approx.)
- ✓ 12,000 volunteers (approx.)
- ✓ 0 new venues constructed

1.2.3 COMPETITION VENUES

CITY	COMPETITION VENUES		SPORTS		
BOCHUM	02	Jahrhunderthalle	02	 3X3 Basketball	
		Lohrheidestadion		 3X3 Wheelchair basketball	
				 Athletics	
DUISBURG	04	ASC Duisburg	04	 Water polo	
		Regattabahn Duisburg		 Rowing	
		Sportpark Duisburg		 Beach volleyball	
		Walter-Schädlich-Halle		 Basketball	
ESSEN	10	ETUF Tennisanlage	09	 Tennis	
		Grugahalle		 Basketball (finals)	
		Messe Essen		Halle 1	 Table tennis
				Halle 3	 Artistic gymnastics
				Halle 4	 Judo
					 Rhythmic gymnastics
				Halle 5	 Fencing
				Halle 6	 Taekwondo
		Sporthalle Am Hallo		 Basketball	
		Sportpark Am Hallo Stadion		 Archery (qualification)	
		Zeche Zollverein		 Archery (finals)	
MÜLHEIM A.D.R.	01	Westenergie Sporthalle	01	 Badminton	
HAGEN	01	Ischelandhalle	01	 Basketball	
BERLIN	05	Schwimm- und Sprunghalle im Europasportpark (SSE)	03	 Diving	
		Ballsporthalle Köpenick		 Volleyball	
		Horst-Korber Sportzentrum			
		Max-Schmeling Halle			
		Sportforum Große Sporthalle			
TOTAL	23		18 *		

* Note: Basketball listed under three different cities

1.2.4 THE ‘FISU GAMES NEIGHBOURHOOD’

For the Rhine-Ruhr FISU World University Games, centralised ‘hubs’ known as FISU Games Neighbourhoods are being created to meet all the needs of athletes and delegation members.

This innovative redesign of the traditional FISU Games Village idea ensures easy access to essential services such as catering, laundry, medical needs, and comprehensive information desks. Beyond meeting practical needs, the FISU Games Neighbourhood is designed to foster a sense of community and connection. It provides a welcoming space for social interaction, where participants from different nations and sports can come together, share experiences, and form lasting friendships. The largest FISU Games Neighbourhood will be located at Messe Essen, serving as the primary centre for catering, laundry, information desks, and other key services for athletes competing in Essen. To make it as convenient as possible for all athletes, these services are also offered on a smaller scale in the other host cities for the athletes competing there. Please note that it will not be possible for athletes to visit an alternative FISU Games Neighbourhood in addition to the one where they and their sport is centred.

1.3 THE RHINE-RUHR REGION

1.3.1 NRW: ‘SPORTLAND NUMMER 1’

The No.1 state for sport in Germany? With approximately 18,000 professional and local sports clubs with five million active participants, it would be hard to argue against North Rhine-Westphalia. The state hosts more Bundesliga football teams than anywhere else, the world-leading CHIO equestrian centre in Aachen, the annual ‘Final Four’ in handball, biathlon in Schalke, rowing in Duisburg and hockey in Mönchengladbach. But the Sportland.NRW initiative focuses on so much more than high-performance sport. Community sports for everyone, club and school sports, and inclusive sports for people with impairments or social disadvantages: in North-Rhine Westphalia, nobody is left on the sidelines.



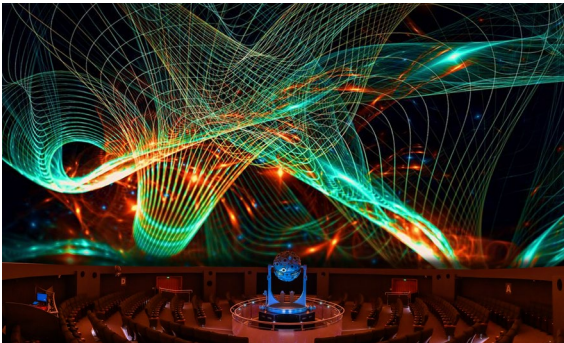
Slogan translation:

As the number 1 sports state, we are looking forward to top-class student sports in the Rhine-Ruhr metropolitan region

1.3.2 TEN TOP SITES AND SIGHTS

Planetarium Bochum: domed astronomy centre with digital projectors showing over 9,000 shining stars in the night sky, as seen from Earth

Photo credit: Stadt Bochum



Duisburg Port: the largest inland port in the world with 21 docks handling over 20,000 ships and millions of containers each year.

Photo credit: duisport/Hans Blosssey



Hohenlimburg Castle: medieval fortress southeast of **Hagen** known as ‘Westphalian Heidelberg’ because of its picturesque hillside location.

Photo credit: <https://schloss-hohenlimburg.de/>



Broich Castle: fortification in **Mülheim an der Ruhr** dating back to the ninth century, and lately an atmospheric venue for music festivals like Castle Rock and the Ruhrbühne.

Photo credit: nrw-tourismus.de



Gasometer Oberhausen: formerly Europe's largest disc-type gas holder, now decommissioned and converted into a cultural and exhibition space.

Photo: <https://www.oberhausen-tourismus.de/>



Grugapark: a 60-hectare oasis in **Essen** featuring numerous themed gardens and drawing over one million visitors a year.

Photo credit: Grugapark Essen / M. Gülpen



Landschaftspark Duisburg-Nord: a former ironworks re-purposed as a nature and cultural park (and the venue for the Closing Ceremony on 27 July 2025).

Photo credit: Thomas Berns



Rüttenscheid: a popular district of hip cafes, bars, restaurants and boutique shops in **Essen**.

Photo credit: ruettenscheid.de



Zeche Zollverein: an arts and cultural centre in **Essen** housed beneath the imposing steel frame of the so-called ‘Eiffel Tower of the Ruhr area’

Photo credit: Peter Wieler / Essen Marketing GmbH



Zoom Erlebniswelt: a 30-hectare zoo situated around 10km northeast of **Essen**, known for its cultural approach to zoology.

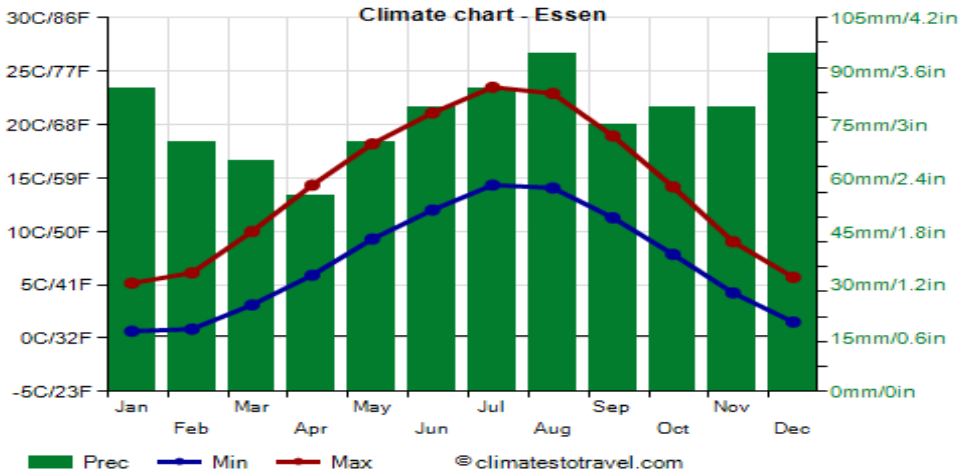
Photo credit: zoom-erlebniswelt.de/



1.4 CLIMATE INFORMATION - RHINE-RUHR REGION

The climate of the Rhine-Ruhr region of North Rhine-Westphalia is sub-oceanic. Winters are cold but not freezing, while summers are mild or pleasantly warm. The Atlantic Ocean influences the climate, bringing clouds and rain for much of the year, and cold, unstable air from the North Sea. However, there can also be mild periods in winter, and warm to hot periods from late April to early October, because of air masses coming from the subtropical latitudes of the ocean (source: www.climatestotravel.com).

July is typically the hottest month of the year, with daytime temperatures averaging 19 degrees Celsius (66f). On average, Essen receives 85mm of rainfall in July, over an average of 11 days. December and January are the wettest months, and April the driest.



1.5 GENERAL INFORMATION FOR VISITORS

1.5.1 LANGUAGES

German is the primary language of Germany, spoken as a first or foreign language by around 95% of the population. English is widely spoken, by around one-third (32%) of the population as a first or foreign language, followed by French (9%), Russian (8%) and Turkish (3%) (source: www.languageknowledge.eu/).

1.5.2 TIME ZONE

The time zone in Germany is Central European Time (UTC+01:00) and Central European Summer Time (UTC+02:00). Daylight saving time is observed from the last Sunday in March (02:00 CET) to the last Sunday in October (03:00 CEST).

All times mentioned in this handbook are Central European Summer Time (CEST), unless stated.

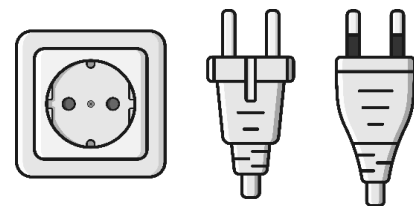
1.5.3 CURRENCY

The currency in Germany is the euro. Each euro is divided into 100 cents. When buying currency for Germany, look out for the currency code EUR.

Please note that Germany is not yet a cashless society; while all large retailers accept all major credit and debit cards, many smaller and independent shops, cafes, restaurants and bars prefer cash and will often not accept card payments.

1.5.4 ELECTRICITY

In Germany, the standard voltage is 230 V at a frequency of 50 Hz. Power plugs and sockets of type F are used. The type F plugs (also called Schuko plugs) have two round pins and are also used in the Netherlands, Austria, Sweden, Norway, Finland, Portugal, Spain, Türkiye, and Eastern Europe.



1.5.5 WATER

Tap water is drinkable in all areas of Germany. If wishing to request this in bars, cafes or restaurants, the German term “Leitungswasser” can be used (note, the establishment is not obligated to provide tap water free of charge).

1.5.6 SAFETY AND SECURITY

Overview: Germany is statistically one of the safest countries in the EU. Violent crime is rare, but theft and other petty crimes can occur, particular in the larger cities. Sensible caution should be exercised in busy areas and around main transport hubs, where bag snatching and pickpocketing can occur. Visitors should secure their belongings, including wallets, passports and other travel documents, at all times, and be vigilant when using ATMs to withdraw cash.



Travel Advice: the governments of countries including [Australia](#), [Canada](#), [New Zealand](#), [UK](#) and [USA](#) regularly update their advice to citizens planning to visit Germany (and other countries of the world).

Consular assistance: click [here](#) for a list of diplomatic missions in Germany.

Special security measures in place for the Rhine-Ruhr 2025 FISU World University Games will focus on the hotels and venues, as well as the Opening Ceremony and Closing Ceremony. Security concepts and security measures are based on a risk assessment carried out in advance and have been finalised in close consultation with the relevant authorities of the Federal Republic of Germany and the state of North Rhine-Westphalia.

Access and entry controls will be in place at all event locations. Sufficient **security personnel** will be deployed and **video surveillance** systems are also used, which are monitored 24/7 from the SOC. Reception and lobby areas at the hotels are usually staffed 24/7, and video surveillance is also usually standard.

Security Operation Centre (SOC): All security-relevant information is processed via the SOC. The SOC forms part of the Main Operation Centre (MOC) in Essen and is staffed around the clock by several people to analyse incoming reports and take appropriate action. The SOC is closely networked with the relevant authorities.

1.5.7 EMERGENCY NUMBERS

There are two **emergency numbers** in Germany:



- 112 for the fire brigade / ambulance
- 110 for the police

1.6 CONTACTS

1.6.1 FISU

International University Sports Federation (FISU)

Secretary General / Chief Executive Officer (CEO) Matthias Remund

FISU Games Summer Director Jing Zhao



Head Office Quartier UNIL-Centre, Batiment Synthathlon, 1015 Lausanne, Switzerland

www.fisu.net

Email summergames@fisunet

1.6.2 THE ORGANISING COMMITTEE

Rhine-Ruhr 2025 FISU Games gGmbH

Chief Executive Officer (CEO) Niklas Börger

Chief Sports Officer (CSO) Sina Diekmann



Head Office Nördlicher Zubringer 9-11, 40470 Düsseldorf, Germany

www.rhineruhr2025.com

Email delegationsservices@rhineruhr2025.com

SERVICE INFORMATION



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2.1 ACCREDITATION

2.1.1 ACCREDITATION CARDS

All delegation members attending the Rhine-Ruhr 2025 FISU World University Games will be issued with an **Accreditation Card**, which must be worn across all venues and at all times when accessing services such as transport or catering. The card must be clearly visible to security personnel and be presented upon request to OC staff and volunteers. The Accreditation Card is personal and non-transferable. If an accredited participant does not comply with these rules, their accreditation may be withdrawn.

2.1.2 ACCREDITATION PROCEDURES ON ARRIVAL

For delegations with members based in only the **Rhine-Ruhr area**, or in the **Rhine-Ruhr area and Berlin**, the full arrival procedure for all members -including those based in Berlin- must be carried out in the Main Accreditation Centre within the Welcome Centre at Düsseldorf Airport. The Accreditation Cards of delegation members staying in Berlin can then be collected by the HoD (or their representative) in Berlin from the Satellite Accreditation Centre located at Hotel Vienna House Andel's. Accreditation cards can only be picked up for Delegation members arriving within the next 24 hours (or the next calendar day, if more than 24 hours).

The CIC process and approval must be completed by the HoD within 24 hours of the members receiving their card at the Welcome Centre in Düsseldorf. The CIC sticker is an approval sticker from the FISU International Control Committee that gives the delegation member full access to the training and competition venues. In the respective location the HoD (or their representative) presents the delegation member's passport for CIC validation. The hologram sticker is attached (and therefore activated) to each verified Accreditation Card and gives the access required to compete and/or access the field of play in/at the FISU World University Games.

2.1.3 ACCESS RIGHTS

The sports code (icon of the different sports) will grant access to the sports venue for athletes and sport officials. For other delegation members the access is depending on their function/role at the Games.

The card will also feature the **access zones** inside each competition venue, which are denoted by a series of six numbers, as follows:

- 1: Competition Area (Blue)
- 2: Athlete Preparation / Warm-up Area (Blue)
- 3: Operational Area (Red)
- 4: Media (Green)
- 5: Broadcast (Green)
- 6: FISU Family (Purple)

Access control to competition and certain non-competition venues will be controlled by Accreditation Card scanning. To enter specific zones within the venues, access will be controlled by visual check of the Accreditation Card.

2.2 TRANSPORT

2.2.1 ARRIVALS AND DEPARTURE

The Organising Committee (OC) will provide arrival and departure services for delegations. All accredited members of delegations, as well as their accompanying baggage and sport equipment, will be transported to/from the designated official port of entry Airport Düsseldorf to/from their official accommodation sites or other appropriate destinations, depending on the delivery model. Arrival and departure services will not be provided at train stations (except Airport Düsseldorf Train Station). No additional transfer for bulky sports equipment will be provided, instead bulky sports equipment must be taken on the bus shuttle. Pick-Up times for departure will be shared at the reception of the respective hotel.

To ensure functioning procedures, all participants are responsible for including arrival and departure information in the Arrival & Departure Form, including registering bulky sports equipment.

Detailed information on arrival and departure service can be found in the final version of the [HoD Manual](#).

2.2.2 SHUTTLE SERVICE

The OC provides transportation services for delegations, as well as their baggage and sports equipment. This includes bus shuttle service from the delegation hotel to the competition venue, training venue and FISU Games Neighbourhood at Messe Essen (distance max. 4 km / 25 min, see chapter 2.3), at an expected frequency of once every 30 minutes. A detailed **transportation schedule** adapted to competition times will be shared at respective load zones and can be found at the following link: [Transportation Portal](#)

Bus shuttle services will be provided for delegations for the Opening Ceremony at the Schauinsland-Reisen-Arena in Duisburg on 16 July 2025.

2.2.3 TRAVEL BETWEEN HOST CITIES

The official accreditation will guarantee free use of public transport in their respective region during the Rhine-Ruhr 2025 FISU World University Games (validity period 13 July –28 July 2025). FISU Family Members accommodated in the Rhine-Ruhr region will have free access to public transport between the Host Cities of Bochum, Duisburg, Essen, Mülheim an der Ruhr and Hagen on where official sport and non-sport venues are located (VRR-region).

The accreditation must be worn at all times while using public transport for ticket checks by personnel.

2.2.4 DELEGATION CARS

According to the delegation size, the OC provides the delegations a certain number of delegation cars. The delegation cars are provided for transportation to and from the official port (Düsseldorf Airport) of entry, accommodation sites, the competition and training venues, and FISU World University Games official events sites, as well as any other official location within the host cities. Cars can only be used for official business during the FISU Games and cannot be used for non-official business. The delegation cars are driven by persons of the respective delegation who are in possession of a valid driving license for Germany.

If a delegation whose national driving license is not valid in Germany submitted a respective request via the “Delegation cars” HoD Questionnaire, it will get limited access to a carpool with drivers, according to its quota. The carpool operates only within official FISU Games locations and during limited service hours. The bookings are subject to the availability of cars and drivers.

2.3 ACCOMMODATION

2.3.1 OVERVIEW

The Organising Committee is working to a **decentralised hotel concept** for the Rhine-Ruhr 2025 FISU Games. Depending on the sport, the delegations will be accommodated close to the respective competition venue. Delegations within the same sport are not split up.

Accommodation will be provided in hotels with single rooms, twin rooms (two separate beds) and triple rooms (three separate beds).

2.3.2 SERVICES

The following services are available in all hotels:



Accommodation



Information Desk



Breakfast



Internet connection

2.3.3 LOCATIONS



HOTEL	ADRESS	DISTANCE	SHUTTLE TIME
Motel One	Kennedyplatz 3 45127 Essen	4km	approx. 25 min



2.3.4 BREAKFAST



HOTEL	BREAKFAST TIMES	
	MONDAY – FRIDAY	SATURDAY – SUNDAY
Motel One	06:00 – 10:00	07:00 – 11:00

2.3.5 CHECK-IN PROCEDURES

DÜSSELDORF

The check-in procedure for all delegations starts at the Welcome Centre (Main Accreditation Centre) at Düsseldorf Airport (see section 4.3.3, [HoD Manual](#)). Here, the HoD or a relevant representative will need to confirm the **accommodation allocation and rooming lists** and sign an **accommodation disclaimer**. This disclaimer includes the house rules of the hotels (for general rules see section 2.3.6, below) and states who is liable -and to what extent -in the event of damages caused to the hotel property.

TIMES

The check-in time for the hotel is from 15:00. The check-out time for the hotel will be at 12:00. For more information on the departures process, see section 2.2.1.



ROOM ACCESS

A designated delegation official will be given all the room cards/ room keys/ room codes for every member of the delegation group. The official will then distribute these according to the approved rooming list. Depending on the hotel, one responsible person or the whole group may be required to sign a rooming list. Volunteers will be at the hotels to support the check in process.

ROOM CHECK FOR DAMAGE

Upon check-in at the hotel, if the guest notices any pre-existing damages, the most senior member of Delegation will immediately list the damages in the grid on pages 6-8 of accommodation disclaimer and take pictures. This list and photos must be shared with the OC Accommodation Team by email and the hotel front desk no later than 12 hours after check-in. The hotel will check the room(s) immediately to acknowledge the damages, so that Delegation cannot be held liable for any charges.

EARLY ARRIVALS

Delegation members who arrive at their hotel before 15:00 can go to the FISU Games Neighbourhood, where the Delegation Lounge and Dining Hall are located. In the case of gymnastics rhythmic, this is located at Messe Essen (Halle 8).

For early morning arrivals, it is possible to leave luggage at the hotel.



2.3.6 GENERAL RULES

SMOKING AND TABACCO USE

It is forbidden to smoke in all hotels in Germany. The use of tobacco products including cigarettes, cigars, smokeless tobacco and e-cigarettes is prohibited within all hotels.

ALCOHOL, DRUGS, CONTROLLED SUBSTANCES

It is forbidden to store and consume alcohol, drugs, or toxic substances in all hotels.

DAMAGE TO PROPERTY / GOODS

Heads of Delegations are required to pay a **Delegation Damage Deposit** to the Organising Committee to cover any potential damage to, or losses of, hotel property or goods by delegation members during their period of residence. Should any damage occur, the HoD of the responsible delegation member(s) must reimburse the hotel for the cost of the damages or loss as determined by the hotel. The deposit will be refunded latest by end of August 2025 if a post-event/departure inspection determines that no damage has been made and nothing has been lost. For more information see the [HoD Manual](#) section 3.5.1.

HOTEL QUIET HOURS

Quiet hours will be in operation in all hotels to ensure participants have adequate rest. A policy of low level of noise will be active overnight between **22:00** and **06:00**. All delegation members are requested to show respect to their fellow hotel guests by keeping all noise to an absolute minimum during these hours.

IMPORTANT NOTICE



If any member of the delegation encounters problems or concerns while staying in the hotels, it is crucial to communicate these soon as possible to the OC at the Accommodation Desks at the hotel or to Delegation Services. The OC will act on all concerns raised and collaborate with the hotel to resolve the issue promptly, confirming with the delegation members in the relevant hotel, as well as the HoD, that the issue has been resolved or what action is to be taken.

2.4 CATERING

2.4.1 OVERVIEW

The Organising Committee aims to ensure that athletes and team officials are well-nourished, energised, and well prepared for their competitions and responsibilities. For all meals, dietary requirements such as for gluten-free, dairy-free, and vegan and vegetarian options will be considered.

For the rhythmic gymnastics competition, delegations will have breakfast at their hotel, with lunch, dinner, snacks, and beverages served at the Messe Essen. Service hours and locations have been tailored to the schedule of the rhythmic gymnastics events and specific delegation needs.

2.4.2 OPERATIONAL HOURS



The F&B service for the rhythmic gymnastics delegations at Messe Essen is divided into various meal periods to cater to the athletes, staff, and officials. Each period has specific service guidelines, menu types, and facilities available. Opening hours are subject to change based on the requirements of each sport and venue.

MEAL TYPE	TIME	LOCATION
Breakfast	See chapter 2.3.4	Provided at Hotel
Lunch	11:30 - 15:00	Messe Essen - Dining Area – Halle 7
Snacks	07:00 - 22:00	Messe Essen - Lounge – Halle 8
Dinner	18:00 - 22:00	Messe Essen - Dining Area – Halle 7
Late Night Dinner	22:00 - 00:00	Messe Essen - Dining Area – Halle 7

2.4.3 MENU

BREAKFAST:

- Selection of bread and bread rolls (wheat and wholemeal products)
- Cold cuts and spreads
- Sausages (chicken and pork)
- Cheese
- Butter and sweet spreads (honey, jam, chocolate cream)
- Fruits and vegetables
- Small selection of hot dishes and egg dishes
- Vegetarian options
- Cereals
- Milk variations
- Yoghurts and curd cheese
- Hot drinks and juices

LUNCH:

- A balanced buffet offering international and local cuisines
- High-protein options (grilled chicken, fish) to support athletes’ nutritional needs
- Carbohydrate-rich items (pasta, rice, whole grains) to provide sustained energy
- Fresh vegetables and salads
- Hydration stations offering water

SNACKS:

- Assorted light snacks such as fresh fruits, muesli bars
- Beverages such as water, coffee, and tea
- Quick-serve snack stations will be strategically placed to ensure easy access during competitions and training sessions

DINNER:

- Similar to the lunch buffet
- Emphasis on balanced nutrition with lean proteins, carbohydrates, and healthy fats
- A selection of salads, main courses, and desserts
- Hydration stations

LATE NIGHT DINNER:

- A lighter meal option for athletes and staff returning late from competitions or training
- Hot dishes such as grilled proteins, pasta, and rice dishes
- Hydration stations available with water

2.5 FISU GAMES NEIGHBOURHOOD SERVICES IN MESSE ESSEN

2.5.1 DELEGATION LOUNGE

The Delegation Lounge is the ultimate social and relaxation space within the FISU Games Neighbourhood, designed to support delegations during their busy days of competition and training. This welcoming area provides a comfortable environment to unwind, recharge, and connect with others. With its vibrant and inclusive atmosphere, the Delegation Lounge invites participants to mix and mingle, fostering friendships across nations and sports. It’s the perfect place to share experiences, celebrate achievements, and embrace the global spirit of the FISU Games. Conveniently located in Halle 8, right next to the catering in Halle 7 and close to the delegations’ entrance at Messe Essen, the Lounge offers a variety of zones:

- Chill & Relaxation Area with soft seating and calming lighting
- Entertainment Corner featuring popular games (like table football, board games, and interactive challenges)
- Coworking & Study Space with desks, charging stations, and a quiet zone for academic work
- Recovery Area offering tools and space for muscle regeneration and mobility exercises
- Snack & Hydration points to keep delegations refreshed throughout the day

Opening hours: 07:00 to 22:00 daily, supporting athletes' varying competition schedules

2.5.2 GYM

As part of the comprehensive services offered in the FISU Games Neighbourhood, athletes will have access to a state-of-the-art gym located in Halle 2 of Messe Essen. Covering 500m², this fitness facility is equipped to meet the diverse training needs of athletes:

- A wide range of cardio machines (treadmills, bikes, rowers)
- Strength training equipment including free weights and resistance machines
- Designated stretching & mobility zones
- Suitable for full workouts, warm-ups, or light recovery sessions to help athletes maintain peak performance

Opening hours: 07:00 to 22:00 daily, matching the Lounge's schedule

2.5.3 LAUNDRY SELF-SERVICE

The OC provides free self-service laundry service for delegations at Messe Essen, located in the Galeria. This service ensures that athletes and teams can maintain their personal gear clean and competition-ready throughout the FISU Games. The facilities include:

- 18 washing machines and 18 tumble dryers available on a first-come, first-served basis
- Laundry detergents, laundry baskets, and all necessary supplies provided
- Volunteers on-site to assist delegations with the laundry process
- A clear set of instructions displayed at every machine to ensure easy and smooth operation

Opening hours: 07:00 to 22:00 daily



Note: Rhythmic Gymnastics athletes are not provided with towels by the OC and are kindly asked to bring their own towels for training and competition as needed.

2.5.4 MEDICAL CENTRE

To ensure comprehensive medical care for all delegation members, a fully equipped Medical Centre will be available in Halle 6. A physician will be on-site to provide treatment for acute injuries and illnesses without prior appointment (for further details, see chapter 2.7). The service hours of the physician are:

14.07.2025	14:00 – 21:00
15.07.2025	08:00 – 21:00
16.07.2025	08:00 – 16:00
17.-26.07.2025	08:00 – 22:00

2.5.5 PHYSIOTHERAPY AREA

The Physiotherapy Area, also located in Halle 6, is available to meet physiotherapy needs (for further details, see chapter 2.7). The service hours of the OC physiotherapists are:

14.07.2025	14:00 – 18:00
15.07.2025	10:00 – 18:00
16.07.2025	10:00 – 16:00
17.-26.07.2025	08:00 – 21:00

2.5.6 FAITH ROOMS

To support the diverse religious and spiritual needs of all participants, the FISU Games Neighbourhood will include dedicated faith rooms in Congress South of Messe Essen. These calm and inclusive spaces are designed for quiet reflection, prayer, and meditation by people of all backgrounds, traditions and faiths.

2.5.7 DELEGATION MEETING ROOMS

Delegations will have the opportunity to book dedicated meeting rooms within the FISU Games Neighbourhood in Congress South of Messe Essen. These rooms, available in various sizes, are ideal for activities such as video analysis for team sports, strategy sessions or other meeting activities, either scheduled or spontaneous. Each space will be fully equipped with essential meeting tools, including presentation equipment and seating arrangements, to ensure a productive and efficient environment. To make the process seamless, these meeting rooms can be booked via this [link](#), enabling delegations to plan and organise their activities with ease and flexibility. A Tutorial on how to use the booking tool can be found on Delegations Portal. Further a coworking room will be available to support the everyday work of team staff by providing single work or group spaces.

2.6 INFORMATION SERVICES

2.6.1 OVERVIEW

The role of Information Services is to assist delegations (and Technical Officials and FISU Family Members) attending the Rhine-Ruhr 2025 FISU Games. Information is provided through four main outlets: Delegation Services Centres, Main Information Centres, Sports Information Centres, and Information Desks.

2.6.2 DELEGATION SERVICES CENTRES

Delegation Services Centres will provide key information and booking services for delegations. There will be three centres: a main centre located at Messe Essen Congress West (level 2), and smaller centres in Sportschule Wedau in Duisburg and Hotel Vienna House Andel's in Berlin. The opening hours during FISU Games Time are 07:00 to 22:00 for all centres.

Delegations will have access to the following services via the Delegation Services Centres:

- Individual delegation office spaces
- Delegation co-working space
- Delegation pigeon holes
- OC Delegation Services staff team office
- Meeting rooms
- Faith rooms
- Rate card services



2.6.3 MAIN INFORMATION CENTRES

There will be three Main Information Centres (MICs) at the Rhine-Ruhr 2025 FISU Games, located within the Delegation Services Centres. The locations and opening hours are the same as the Delegation Services Centres.

Service desks will be available for the following areas:

- Accommodation
- Accreditation (for any issues arising with accreditation, e.g.: lost or damaged pass)
- Arrivals and departures
- Cultural activities
- Delegations
- General FISU Games information (including weather updates)
- Lost and found
- Rate card
- Ticketing
- Transport

2.6.4 SPORTS INFORMATION CENTRES

Every MIC will additionally include a Sports Information Centre (SIC). The SICs will be able to accommodate requests relating to any sport (regardless of location). For more information on SICs for the rhythmic gymnastics competition, refer to section 3.5.1.

2.6.5 INFORMATION DESKS

Information desks providing information on topics including transport, weather, and general FISU Games inquiries will be located:

- At each delegation hotel (lobby area)
- At each competition venue. Note that information desks at sports venues will also provide information about that specific sport, such as competition and training schedules, start lists and results (for details specific to rhythmic gymnastics at the MEE, see chapter 3.5.1).

2.7 MEDICAL SERVICES

2.7.1 GENERAL INFORMATION



The Organising Committee ensures medical care to cover any emergency issues, acute injuries and illnesses of delegation members that may occur during the Rhine-Ruhr 2025 FISU Games. A full overview of available medical services — including guidance on medication importation and local pharmacies — can be found in the **Medical Services Guide**. Secondary, non-emergency medical treatments including cases of chronic injury and illness are not covered by the OC Medical Services. All delegations are required to have appropriate insurance as outlined in the FISU Games Regulations.

2.7.2 FIRST AID AND EMERGENCY CARE

AT TRAINING AND COMPETITION VENUES

First-aid stations staffed with medical staff are set up near all Fields of Play to react with immediate medical response in the event of injuries during all warm-up, training, or competition times. If needed, the medical staff can provide further treatment in a Medical Room, refer the athlete to the Medical Centre, or arrange transfer to a nearby hospital or specialized medical facility.

OUTSIDE OF TRAINING AND COMPETITION VENUES

In emergencies outside competition and training venues, delegation members should contact the **public emergency services** directly by dialling **112** (ambulance).

In case of non-emergencies delegations are asked to call the **OC Medical Care Hotline (+49 211 542398-40)** if help is needed. The hotline is available 24 hours a day from the arrival of the first delegation and is staffed by medical experts who can advise on appropriate steps in case of illnesses, injuries, and other medical concerns.

2.7.3 PHYSIOTHERAPY

A physiotherapy area is available for each sport. Athletes may use these spaces:

- with their delegation medical staff
- with physiotherapists provided by the Organising Committee (OC)

Treatment benches and services can be used on demand or pre-booked up to 48 hours in advance via the following link. The booking tool will be operational from 11 July:



Booking Tool

2.8 TICKETING

2.8.1 OVERVIEW

Tickets for the Rhine-Ruhr 2025 FISU World University Games can be purchased via the official online [ticket shop](#). All tickets for events in the Rhine-Ruhr region include free public transportation within the VRR (Verkehrsverbund Rhein-Ruhr) network, price category D, valid on the day(s) printed on the ticket. This offer does not apply in Berlin.

Further details about public transport coverage are available [online](#). A comprehensive [FAQ](#) is also provided.

2.8.2 TICKET TYPES

For spectators, the following main ticket types are available, each designed to offer maximum flexibility depending on individual preferences and needs.

GROUND PASS

The Ground Pass provides access to every sport at every venue for all 12 days of competition (subject to venue capacities). Excluded from this are the Opening Ceremony, Closing Concert, and other selected concerts. By purchasing a Ground Pass, the purchaser does not acquire the right to a guaranteed seat for the desired venue / sport. Rather, admission is on a ‘first come, first served basis’. In principle, 10% of the available seats at each venue will be made available to Ground Pass holders. Ground Pass holders can upgrade to a Sport Ticket for EUR 5 to ensure a seat. This is subject to Sport Ticket availability.

DAY TICKET

The Day Ticket grants the holder access to all venues / sports taking place in the respective Host City on that day. Rights of admission to a particular venue are the same as with the Ground Pass (see above).

SPORT TICKET

The Sport Ticket gives the holder a guaranteed seat for the chosen sport at a specified venue for a single session (where applicable) on a particular day. It is aimed at people who have a special interest in a particular sport. While a seat is guaranteed within the reserved area for sport ticket holders, they will be taken up on a ‘first come, first served basis’ within the area so Sport Ticket holders are advised to arrive early for the biggest possible choice.

The Sport Ticket can also be used as a Day Ticket for all other sports in the selected Host City during the period of validity.

NON-SPORT EVENTS

Spectator tickets for the Opening Ceremony, Closing Concert, FISU World Conference and other events not on the sports programme must be purchased separately.

2.8.3 DELEGATION TICKETING POLICY

OPENING CEREMONY AND CLOSING CONCERT

At either or both ceremonies, delegation members can enter the designated areas via the accredited personnel passage by presenting their Accreditation Cards.

Delegations are reminded that all members must wear their official uniform and Accreditation Card in order to gain access. For the Opening Ceremony, delegation members must also have the designated Marching Sticker on their Accreditation Card. They are prohibited from bringing any items other than their official country's flag, a mobile phone, and a camera. Bags or sports equipment are not permitted.

SPECTATING AT COMPETITION VENUES

Delegation members, that wish to watch a competition, can use their Accreditation Cards to enter the section on the grandstand reserved for delegation at all competition venues. The exact capacity blocked for delegations at each venue will depend on the total capacity available. Access will be granted based on a ‘first come, first served basis’ and upon scanning of the accreditation card at the venue entrance. Please note that when visiting other competition venues, the public entrance must be used, and bags larger than A4 size are not permitted.

TICKETING DISCOUNT FOR DELEGATIONS

For the purchase of tickets for the semi-finals and finals of team sports, all delegations have received a promo code that allows “family and friends” and student-athletes to buy tickets with a discount of at least 10%. Please contact ticketing@rhineruhr2025.com for more details.

COMPETITION INFORMATION



FISU
WORLD
UNIVERSITY
GAMES
SUMMER

3.1 TECHNICAL COMMITTEE



The Technical Committee consists of the following people:

FISU RHYTHMIC GYMNASTICS TCC	Josef Robert ZELLWEGER (SUI), Natalya BULANOVA (AZE)
FIG TECHNICAL DELEGATE	Gyozal MUMINOVA (UZB)
GERMAN GYMNASTICS FEDERATION TECHNICAL DELEGATE	Andrea MAIER (GER)
OC REPRESENTATIVE (SPORT MANAGER)	Alexander FLEIGE (GER), Christine SCHELLER (GER)

3.2 RHYTHMIC GYMNASTICS KEY DATES / TECHNICAL MEETINGS

DATE	TIME	MEETING	LOCATION	PARTICIPANTS
Sunday 13.07.25	08:00 - 21:00	General Training	MEE Halle 2	All
Monday 14. - Tuesday 15.07.25	08:00 - 19:30	General Training	MEE Halle 2	All
Tuesday 15.07.25	16:30 - 18:00	Anti-Doping Workshop	MEE – Room Essen	All
Wednesday 16.07.25	08:00 - 17:45	Warm-Up for Podium Training	MEE Halle 2	All
Wednesday 16.07.25	10:00 - 18:45	Podium Training	MEE Halle 4	All
Wednesday 16.07.25	12:30 - 14:00	General Technical Meeting	MEE – Room Essen	TCC, ITOs and HoDs (or their representative)
Wednesday 16.07.25	20:00	Opening Ceremony	Schauinsland-Reisen-Arena	All
Thursday 17. - Friday 18.07.25	09:18 - 19:48	Warm-Up before Competition	MEE Halle 2	All
Thursday 17.07.25	11:30 - 19:55	Competition Day	MEE Halle 4	All
Friday 18.07.25	11:30 - 20:15	Competition Day	MEE Halle 4	All
Saturday 19.07.25	12:10 - 18:33	Warm-Up before Competition	MEE Halle 2	All
Saturday 19.07.25	14:00 - 19:16	Competition Day	MEE Halle 4	All
Sunday 27.07.25	18:00	Closing Ceremony	Landschaftspark Duisburg-Nord	All



Please Note: the meeting times and locations are subject to change.



The General Technical Meeting (GTM) is mandatory for all delegations (involved in rhythmic gymnastics), as it informs about the execution of the FISU Games’ rhythmic gymnastics competition. Each delegation should bring a maximum of two representatives to the meeting.

In the GTM, delegations confirm by signing the final list of athletes. Any entry not duly confirmed at the GTM, will not be taken into consideration except for force majeure. Only with an accreditation card approved by the FISU International Control Committee can an athlete be entitled to participate in any of the competitions.



3.3 COMPETITION AND TRAINING VENUE INFORMATION

3.3.1 INTRODUCTION

MESSE ESSEN HALLE 4 (MEE)

Address	Messe Platz 1 45131 Essen	
Distance to hotel	3.5km (15 to 20 minutes by bus)	
Opening hours	13. -19.07.2025 Competition Hall: 30 min before Competition Start until 1 hour after the end of competition Training Area: 30 min before Training Start until end of Training	
Facilities	<div><div><ul style="list-style-type: none">▪ Changing rooms▪ Showers▪ Training Area▪ Warm-up Area▪ Field of Play</div><div><ul style="list-style-type: none">▪ Medical Station▪ Athletes Meet and Greet▪ Gym▪ Water Station</div></div>	
	FIELD OF PLAY	TRAINING/WARM-UP AREA
Apparatus	1 x RG Floor (16 x 16)	Training area: 4 x RG Floor (14 x 14) Warm-up area: 1 x RG Floor (14 x 14)
Spectator Seating	1,500	none

3.3.2 FACILITIES

CHANGING ROOMS

The changing rooms are located in the venue near the training/warm-up area. There are lockers in the changing rooms, and these must be emptied daily.

SHOWERS

Showers are available at the venue.

TRAINING AREA

Training Area is in MEE 2 and equipped with a sound system for each floor and a ballet bar system. Furthermore, sewing kits and an iron can be used. The area is not visible to spectators and is directly accessible from the changing rooms. The podium training will take place in MEE 4 and will be open to public.

WARM-UP AREA

The warm-up area is next to the Field of Play and equipped with a sound system and a ballet bar system. On competition days, the Floor is reserved exclusively for warm-up. The area is not visible to spectators and is directly accessible from the changing rooms.

FIELD OF PLAY

There will be a RG Floor (16 x 16) according to FIG rules.

FIRST AID STATIONS

First aid stations, staffed with medical staff, are set up near all Fields of Play to react with immediate medical response in the event of injuries during warm-up, training, or competition. If necessary, the medical staff refer the athlete to the Medical Centre or Hospital if needed.

ATHLETES MEET AND GREAT

Near the warm-up/training area there is a small ‘meet and greet’ area for a relaxed exchange and a short rest break.

SNACKS & DRINKS

Water will be provided at different essential points throughout the venue. Snacks and other drinks will be available at the Athletes’ Lounge.

GYM

A gym is available in Messe Essen Halle 2 (MEE 2) and is reachable within a two minutes’ walk. It will be open to all athletes whose sports take place at the Messe Essen and will provide all usual stationary strength-training devices and mobile equipment. An open space for core training will also be provided.

3.3.3 SPORTS EQUIPMENT

TRAINING AREA, WARM-UP AREA and **FIELD OF PLAY** are equipped with SPIETH RG Floors and follow the FIG Rules:

SPORTS EQUIPMENT	SPECIFICATION	BRAND
RG FLOOR	FIG ID # 675	SPIETH GYMNASTICS

3.3.4 VENUE MAPS RHYTHMIC GYMNASTICS

MESSE ESSEN HALLE 4 & 2



- FOP** FIELD OF PLAY
- MED** MEDICAL
- i** SPORT INFORMATION DESK
- 1** SPECTATORS
- 2** DELEGATION SEATS
- 3** WARM-UP AREA
- 4** TO TABLE
- 5** KISS & CRY
- 6** CALL ROOM
- 7** MEET & GREET
- 8** TO TOILETS
- 9** SHOWERS
- 10** CHANGING ROOMS
- 11** TRAINING AREA: RHYTHMIC GYMNASTICS



3.4 TECHNICAL REGULATIONS
3.4.1 COMPETITION RULES AND REGULATIONS

The rhythmic gymnastics events will be organised in accordance with the most recent technical regulations of the Fédération Internationale de Gymnastique (FIG). In case of disagreement in the interpretation of these rules, the English text will be regarded as authoritative.

3.4.2 COMPETITION FORMAT

The rhythmic gymnastics competition will last three days and includes the following events for women:

The individual all-around competition and individual apparatus finals include the following apparatus:

- Hoop
- Ball
- Clubs
- Ribbon

The group all-around competition and group apparatus finals include the following apparatus:

- 5 Ribbons
- 3 Balls & 2 Hoops

INDIVIDUAL ALL-AROUND COMPETITION

Each participating delegation may enter up to two athletes. Results will be determined by adding up the points scored by each athlete on each apparatus. In case of a tie, the tie-break rule specified in the FIG technical regulation shall apply.

INDIVIDUAL APPARATUS FINALS

The best eight athletes on each apparatus from the Individual All-Around Competition qualify to participate in the apparatus finals. Having qualified, the participation in finals is mandatory unless athletes are proven to be injured.

The classification by apparatus will be determined by the points obtained in the apparatus finals on the respective apparatus. In case of a tie, the tie-break rule specified in the FIG technical regulation shall apply.

GROUP ALL-AROUND COMPETITION

In the Group All-Around competition, each participating delegation is authorised to enter one group of five to six athletes.

GROUP APPARATUS FINALS

The best eight groups on each apparatus in the Group All-Around competition qualify to participate in the group finals per apparatus. Having qualified, the participation in the finals is mandatory unless athletes are proven to be injured. The classification by apparatus will be determined by the points obtained in the group finals on the respective apparatus. In case of a tie, the tie-break rule specified in the FIG technical regulation shall apply.

DRAW

The drawing of lots was held on June, 23rd in accordance with the FIG Technical Regulations. No entries will be accepted after the drawing of lots.



STARTING ORDER

According to the draw, the starting order will be as follows:

INDIVIDUAL ALL-AROUND - DAY 1

STARTING ORDER	GROUP A	STARTING ORDER	GROUP B	STARTING ORDER	GROUP C
1	ROU	18	CAN 1	35	JPN 2
2	UKR 1	19	HUN 2	36	FIN 2
3	HUN 1	20	GER 2	37	POR 2
4	USA 1	21	UKR 2	38	UZB
5	NED 1	22	AUT 1	39	AIN2 2
6	THA	23	JPN 1	40	CAN 2
7	ARM 1	24	NED 2	41	AZE 2
8	AZE 1	25	KAZ	42	ARM 2
9	NOR	26	PHI	43	EST 2
10	GER 1	27	FRA	44	NZL
11	MDA	28	ITA 2	45	AUT 2
12	AUS 1	29	CHI 2	46	SUI 2
13	SGP	30	LTU	47	CZE
14	KOR 1	31	POR 1	48	CRO
15	CHI 1	32	EST 1	49	KOR 2
16	AIN2 1	33	FIN 1	50	USA 2
17	ITA 1	34	SUI 1	51	AUS 2

INDIVIDUAL ALL-AROUND - DAY 2

STARTING ORDER	GROUP A	STARTING ORDER	GROUP B	STARTING ORDER	GROUP C
1	UKR 1	18	HUN 2	35	FIN 2
2	HUN 1	19	GER 2	36	POR 2
3	USA 1	20	UKR 2	37	UZB
4	NED 1	21	AUT 1	38	AIN2 2
5	THA	22	JPN 1	39	CAN 2
6	ARM 1	23	NED 2	40	AZE 2
7	AZE 1	24	KAZ	41	ARM 2
8	NOR	25	PHI	42	EST 2
9	GER 1	26	FRA	43	NZL
10	MDA	27	ITA 2	44	AUT 2
11	AUS 1	28	CHI 2	45	SUI 2
12	SGP	29	LTU	46	CZE
13	KOR 1	30	POR 1	47	CRO
14	CHI 1	31	EST 1	48	KOR 2
15	AIN2 1	32	FIN 1	49	USA 2
16	ITA 1	33	SUI 1	50	AUS 2
17	ROU	34	CAN 1	51	JPN 2

GROUP ALL-AROUND – DAY 1

STARTING ORDER	5 RIBBONS
1	UKR
2	KOR
3	TPE
4	AZE
5	JPN

GROUP ALL-AROUND – DAY 2

STARTING ORDER	3 BALLS & 2 HOOPS
1	KOR
2	JPN
3	UKR
4	AZE
5	TPE

In consultation with the TCC and the FIG TD, the LOC reserves the right to make adjustments to the draw and starting order if the Nominative Registrations received or the final number of participants at the time of the competition create organisational challenges related to training, podium training, warm-up and competition schedules.

APPARATUS FINAL 1

HOOP		BALL	5 RIBBONS
STARTING RANK	QUALIFICATION RANK	QUALIFICATION RANK	QUALIFICATION RANK
1	2	6	4
2	5	7	2
3	7	2	1
4	3	1	5
5	6	4	3
6	8	8	
7	4	3	
8	1	5	

APPARATUS FINAL 2

CLUBS		RIBBON	3 BALLS & 2 HOOPS
STARTING RANK	QUALIFICATION RANK	QUALIFICATION RANK	QUALIFICATION RANK
1	4	5	1
2	1	6	4
3	3	3	5
4	8	1	3
5	2	2	2
6	7	7	
7	6	8	
8	5	4	

INSTRUCTIONS ON THE SUBMISSION OF MUSICAL ACCOMPANIMENT

When submitting the musical accompaniment for rhythmic gymnastics events, the following rules shall be followed:

- Musical accompaniment and the respective music form shall be submitted via email no later than 8 July 2025 to rhythmicgymnastics@rhineruhr2025.com. The music form can be downloaded in the Delegation Portal. With this music form, the National Federation confirms that the music for the respective exercise does not violate any copyright and can be broadcasted within sports. Infringement of the relevant copyright are forbidden.
- The subject line of the email shall follow the format:
 - Country Code (the 3 capital letters used by the FIG to designate the gymnast's NUSF)
 - Gymnast name and family name
 - Licence ID
 - Apparatus name
- Ready-to-use music files in MP3 format shall be submitted. The bit depth and sample rate shall be above 16-bit/44 KHz.
- Musical accompaniment for rhythmic gymnastics events has to be double checked on site in training area. By signing the music list at the Training Area Manager, the National University Sport Federation confirms that the uploaded music is correct.
- It is recommended to bring data storage devices (e.g. USB sticks) with backup music files to the competition venue on the competition day.
- For musical accompaniment at the training venue, it is necessary to bring music files on a USB stick.

3.4.3 ENTRIES

GENERAL RESTRICTIONS



Only delegations with athletes will be approved as official delegations participating in the FISU World University Games. All athletes must have a valid FIG license. The license number must be properly indicated on the individual entry form.

To be eligible, competitors must be:

- A national of the country they represent;
- At least 18 and no older than 25 years of age on 31 December of the year of the event (that is, born between 1 January 2000 and 31 December 2007);
- Students who are currently officially registered as proceeding towards a degree or diploma at the university or similar institute, the status of which is recognised by the appropriate national academic authority of their country; or former students of the institutions mentioned above who have obtained their academic degree or diploma in the year preceding the event.

In countries with fewer than 2,000,000 inhabitants or having fewer than 5,000 university students, students attending technical or secondary schools may participate in FISU events provided they have been attending their establishments for at least two (2) years. Such countries/regions must submit an application to the FISU Executive Committee at least six months before the scheduled start of the event. Such an application must be supported by documents endorsed by the appropriate State, Regional or National Academic Authorities.

ENTRY TIMETABLE

FORM	DEADLINE
Quantitative Entry Form (Q)	16.04.2025
Individual Entry Form (I)	16.06.2025
Final confirmation of the athletes	General Technical Meeting (16.07.2025)



All delegations must ensure that all their entries reach the Organising Committee by the deadline and in the form prescribed by the Organising Committee and the FISU Regulations. All Entry Forms shall be submitted through the Games Management System (GMS) owned by FISU.

Entries received after the required deadlines will not be taken into consideration, except in the event of force majeure, with the agreement of the FISU Executive Committee and on the advice of the Organising Committee.

The Quantitative Entry numbers are considered as final. The same overall number of athletes and officials shall be submitted in the Individual Entry, changes are only allowed within a quota of 10% of the delegation size at the Quantitative Entry. Further details regarding penalties are provided in the FISU Games Regulations (cf. Art. 5.4.6). If, at the deadline for Quantitative Entries, the total number of registered delegation members exceeds 8,500, it is at the discretion of the Organising Committee and FISU, in agreement with each other, to adjust the quota for allowed officials (FISU Games Regulations cf. Art. 5.4.4).

Individual entry forms of athletes from a non-member association must be countersigned by the NF or by the NOC. The NF of the concerned sport or the NOC must submit an official request to the FISU General Secretariat.

All replacements requested by the NUSFs after the individual entry deadline of 16 June 2025 shall follow the Late Athlete Replacement Policy. Details of the Late Athlete Replacement Policy are included in the I-Form User Guide which will be distributed on the official website.

3.4.4 PROTEST AND APPEALS

There are two different legal bases for making a protest: sports or disciplinary nature; or non-technical nature.

Any type of **PROTEST/APPEAL OF A SPORTS NATURE** must follow the rules of FIG (Technical Regulations Art. 8.5).

Inquiries about the Difficulty score are allowed, provided that they are made verbally immediately after the publication of the score, or at the very latest before the score of the following gymnast/athlete or group is shown.

Since in rhythmic gymnastics the D-score is divided into two sub-groups –Difficulty Body (DB) and Difficulty Apparatus (DA) –each sub-group is considered as a distinct score and must be challenged separately (either DB and DA or only DB or DA). Thus, if DB and DA of the same routine are challenged, the coach must submit two inquiries with the respective forms. DB will be considered as first inquiry, DA as second inquiry.

For the last gymnast or group of a rotation, this limit is one (1) minute after the score is shown on the scoreboard. The person designated to receive the verbal inquiry must record the time of receiving it, either in writing or electronically, and this starts the procedure.

Only the accredited coaches in the competition area are entitled to submit an inquiry. An area where the coach of the competing gymnast can observe the exercise must be designated.

Late verbal inquiries will be rejected. A National Federation is not allowed to complain against a gymnast from another National Federation.

Requests of Line and Time revisions are possible, according to FIG rules (Technical Regulations 8.5). Inquiries for all other scores are not allowed.

During the FISU World University Games, **PROTESTS OF A NON-TECHNICAL NATURE** as allowed in article 3.2.2. d) of the Rhine Ruhr 2025 FISU Games Regulations shall be presented to the FISU President or Secretary General/CEO, by the HoD or their representative, in writing no later than six hours after the incident, and no protest received after this time shall be considered. Each protest shall be accompanied by a deposit of EUR 50, which shall be returned only if the protest is considered justified.

To challenge the eligibility of an athlete from another country, the HoD must make a written protest to the FISU Executive Committee. The CIC shall be authorised to investigate the eligibility of the participant concerned. Only the HoD or their representative shall be authorised to make such a protest. All decisions taken by the FISU Executive Committee are final.

3.4.5 EQUIPMENT AND UNIFORMS

Competition leotards must comply with the FIG Rules Competition Clothing and Advertising to state that the design of clothing is expected to be compatible as a sports uniform and not as a costume. Details are provided in the Code of Points for Rhythmic Gymnastics (Art. 10.1.).

The competitors and the coaches are permitted to wear and display advertising on their clothing in the competition venues according to FIG RULES COMPETITION CLOTHING AND ADVERTISING.

Gymnasts must compete with Hand Apparatus with valid FIG certificates only. A detailed list of Hand Apparatus is published on the FIG website and updated regularly. Nevertheless, gymnasts are given the possibility during training sessions to have their hand apparatus checked to ensure it conforms to the standards prescribed in the FIG Apparatus Norms. A measurement table will be located in the training/ warm up area.

Replacement apparatus comprising two complete sets of apparatus used for the competition will be placed around the floor area on the Field of Play.

The usage of the Rhine-Ruhr 2025 FISU World University Games Summer logo is not mandatory; however, if a NUSF decides to use it on their uniform, the following conditions must be observed:

- The logos should be placed and produced in accordance with the “Rhine-Ruhr 2025 FISU World University Games Summer Brand Book.
- All delegations using the Rhine-Ruhr 2025 FISU Games logo must send the layouts to delegationservices@rhineruhr2025.com.
- The usage of the FISU logo (official “U” + FISU wordmark” logo) is not permitted.



3.5 COMPETITION PROCEDURES

3.5.1 SPORT INFORMATION SERVICES

A **SPORT INFORMATION CENTRE** (SIC) will be set up during Rhine Ruhr 2025 FISU Games to provide information efficiently to delegations and team officials. The SIC is located in Messe Essen Congress West, right next to the MIC. Opening hours are from 07:00 to 22:00.

The following information and services will be provided to delegations at the SIC during the FISU Games:

- Competition schedule
- Training schedule
- Start lists
- Competition results
- Weather information
- Technical meetings information
- Daily Bulletin
- Lost and Found
- Accreditation and access issues
- Medical and Anti-Doping information
- Additional services
- Protocol and ceremony details
- Catering

At the competition venue, a **SPORT INFORMATION DESK** will be set-up in MEE Halle 4 to provide the following information and services to delegations during the FISU Games:

- Competition schedule
- Training schedule
- Start lists
- Competition results
- Technical meetings information
- Lost and Found
- Accreditation and access issues
- Medical and Anti-Doping information
- Additional services
- Protocol and ceremony details
- Catering
- Additionally, these desks are the designated location for delegations to collect ice.

The Sport Information Desk will operate throughout the opening hours of the venue. The exact hours of operation will be available at the desk.

3.5.2 WARM-UP GUIDELINES

Warm-up is organised in the training hall and the warm-up area. A warm-up on the Field of Play is not permitted. Access to the warm-up area will be limited to the gymnasts and officials who are scheduled to train at that time. The number of persons who have access to the warm-up area will be strictly limited in accordance with the Accreditation rules. Other delegation members or additional persons will not be allowed to enter the warm-up area.

3.5.3 CALL OUT AREA AND ENTRY TO FOP

Access to the Field of Play will be limited to the gymnasts and coaches who are taking part in the competition at that time. The number of persons who have access to the Field of Play will be strictly limited in accordance with the Accreditation rules. Access to the Field of Play for gymnasts and coaches will be from the warm-up floor via the call out area.

Gymnasts will be escorted from the call out area next to the warm-up area to the competition area by a member of the Field of Play team. It is the gymnasts/groups responsibility to be on time in the call out area. Coaches will be escorted separately to the Kiss & Cry to watch the performance.

3.5.4 EVENT PRESENTATION

All individual athletes and groups will be introduced by Name and Delegation.

After their routine, gymnasts will be escorted by a member of the Field of Play team to the Kiss & Cry where they will be reunited with their coach(es). Gymnast(s) and coach(es) must remain at the Kiss & Cry area until their score has been released.

At Individual All-Around Competition each Athlete will receive the score at the end of the Routine of the upcoming Athlete. At Group All-Around Competition each group will get their score directly after their routine. After that, the next group will be announced.

At Individual Apparatus Finals and Group Apparatus Finals each Athlete/ Group will receive their score directly after their routine before the next Athlete/ Group will be announced.

A member of the Field of Play team will escort them back to the warm-up area.

3.5.5 TIMING, SCORING AND RESULTS

All timing, scoring and results services for the fencing competitions at the FISU World University Games 2025 will be provided by the official partner ATOS.

Delegations will have access to:

- Competition schedules
- Entry and start lists
- Official results

These will be available:

- on the official live results website
- in the RR2025 mobile app
- at the Sport Information Desk at the venue

Official printed reports will also be available at the venue as needed.

EQUIPMENT

JUDGING SYSTEM

- System for 2 judging panels -each judging system has
 - display panels
 - a superior control system
 - scoring device for each judge and line judge
 - large screen for chief judge
 - master telephone for chief judge
 - number of systems required see lists below

SUPERIOR JURY AND JURY OF CONTROL SYSTEM

- Master telephone
- Results summary screen
- Confidential screen (Superior Jury)
- Confidential screens (Jury of Appeal)
- Operational control screens

3 FACE PLASMA

- 2x 3 Face Plasmas:
 - Red and green light to start the exercise
 - Execution score
 - Difficulty score
 - Rank and penalties for all disciplines.

VIDEO REPLAY SYSTEM

- Digital Inquiry

3.5.6 EXIT FROM FOP AND MIXED ZONE

After the competitions, all athletes must exit the field of play through the Mixed Zone, where they may be requested for interviews by the media. After the interviews, the athletes leave the mixed zone in the direction of the warm-up area.

3.5.7 MEDALS AND AWARDS

A Medal Ceremony will be held after each final. The ceremony for Individual All-Around Competition and Group All-Around Competition will be held right after the competitions. For Apparatus Finals it will be held after the first half of the finals (Individual Hoop, Individual Ball, Group 5 Ribbons) as well as after the second half (Individual Clubs, Individual Ribbon, Group 3 Balls & 2 Hoops).

The following athletes must attend to the medal ceremony:

- INDIVIDUAL ALL-AROUND COMPETITION: top 3 ranked gymnasts
- INDIVIDUAL APPARATUS FINALS: top 3 ranked gymnasts
- GROUP ALL-AROUND COMPETITION: top 3 ranked teams
- GROUP APPARATUS FINALS: top 3 ranked teams

If a medallist is unable to attend, the medal will be presented to an official of the relevant delegation who must be dressed in their delegation's official tracksuit. They must not mount the podium; only stand behind it.

The medallists are expected to mount the podium in their delegation's official tracksuit, with appropriate footwear. However, they are allowed to attend the official ceremony wearing sports uniforms when the ceremony takes place immediately after the competition. The medallists are not allowed to take any national/regional flags or any other national, cultural, or religious symbols on the podium. They must not wear hats, caps, or sunglasses on the podium.

The athletes (teams) of the top three places in the finals will be awarded a gold medal, a silver medal and a bronze medal, and gifts, respectively.

The delegation flags will be raised for medallists and the FISU anthem will be played. All medallists and relevant officials are required to face the flags while they are being raised and the FISU anthem is being played.

After the anthem is played, medallists are expected to pause for photos. The exit from the FOP will be through the mixed zone for interviews.


Diplomas will be awarded in accordance with the FISU Protocol. Delegations will receive these electronically after the FISU Games.

Any dispute regarding protocol will have to be addressed to FISU.



3.5.8 DOPING CONTROL

GENERAL INFORMATION

 Doping control during the Rhine-Ruhr 2025 FISU World Games will be performed in accordance with the **World Anti-Doping Code** [the Code], the **International Standards** of WADA, the **FISU Anti-Doping Rules** [the Rules] and the **National Anti-Doping Code** (NADC). All athletes and athlete support personnel participating in the event are subject to these regulations and shall abide by the decisions of FISU. All delegation members participating in the event are subject to these regulations and shall abide by the decisions of FISU. As per Article 5.3 of the Code, FISU has exclusive Testing Authority over all participating athletes during the event period.

In-Competition testing and Out-of-Competition testing will be carried out. Testing includes the collection of both urine and blood samples. Athletes notified of their selection for a doping control test shall cooperate. Any athlete who evades, refuses, or fails to submit to sample collection after being notified by a duly authorised person shall be suspected of an anti-doping rule violation.


PREPARATIONS FOR TESTING

Athletes must produce identification, which in the case of the Rhine-Ruhr 2025 FISU World University Games should be in the form of a passport, driver’s license, ID card, similar valid photo identification, or the official accreditation of the event.

Athletes shall also be prepared to provide Doping Control Officers (DCOs) and Blood Collection Officers (BCOs) with information on all prescription and non-prescription medications or supplements taken over the past seven (7) days, including the names, dosage, frequency, and date of last use, where possible. Additionally, a list of any blood transfusions received over the last three months shall be made available, if a blood sample is collected.

In the case of rhythmic gymnastics, Doping Control Stations are installed at Messe Essen and Grugahalle. The Doping Control Stations are also used for testing other athletes competing at Messe Essen and Grugahalle. The walking distances from the Field of Play to the Doping Control Stations are less than 15 minutes.

DOPING CONTROL GUIDE

 All delegation members are advised to read the **Doping Control Guide** to adequately prepare for their participation in the event. This guide contains, among other topics, information about:

- Anti-Doping Rule Violations
- Prohibited List, medication, and supplement use
- Therapeutic Use Exemptions (TUE)
- Legal framework / Anti-Doping Law
- Anti-doping intelligence
- Doping Control Stations (incl. rules and behaviour)
- Roles & responsibilities of athletes and athlete support personnel
- Anti-doping education measures (eLearning, workshops, info booth, ...)

3.6 COMPETITION SCHEDULE RHYTHMIC GYMNASTICS

DATE	TIME	COMPETITION	LOCATION
Thursday 17.07.25	11:30 – 13:12	INDIVIDUAL ALL-AROUND (GROUP A) (Hoop, Ball)	MEE Halle 4
	14.30 – 16:12	INDIVIDUAL ALL-AROUND (GROUP B) (Hoop, Ball)	MEE Halle 4
	16:30 – 18:12	INDIVIDUAL ALL-AROUND (GROUP C) (Hoop, Ball)	MEE Halle 4
	19:30 – 19:55	GROUP ALL-AROUND (5 Ribbons)	MEE Halle 4
Friday 18.07.25	11:30 – 13:12	INDIVIDUAL ALL-AROUND (GROUP A) (Clubs, Ribbon)	MEE Halle 4
	14.30 – 16:12	INDIVIDUAL ALL-AROUND (GROUP B) (Clubs, Ribbon)	MEE Halle 4
	16:30 – 18:12	INDIVIDUAL ALL-AROUND (GROUP C) (Clubs, Ribbon)	MEE Halle 4
	18:22 – 18:30	INDIVIDUAL ALL-AROUND MEDAL CEREMONY	MEE Halle 4
	19:30 – 19:55	GROUP ALL-AROUND (3 Balls & 2 Hoops)	MEE Halle 4
	20:05 – 20:15	GROUP ALL-AROUND MEDAL CEREMONY	MEE Halle 4
Saturday 19.07.25	14:00 – 16:31	APPARATUS FINAL I INDIVIDUAL -HOOP INDIVIDUAL -BALL GROUP –5 RIBBONS MEDAL CEREMONIES	MEE Halle 4
	16:45 – 19:16	APPARATUS FINAL II INDIVIDUAL -CLUBS INDIVIDUAL -RIBBON GROUP –3 BALLS & 2 HOOPS MEDAL CEREMONIES	MEE Halle 4

*See detailed Training and Competition Schedule in Appendix D!

3.7 TRAINING SCHEDULE

DATE	TIME	COMPETITION	LOCATION
Sunday 13.07.25	08:00 – 21:00	Training	MEE Halle 2
Monday 14.07.25	08:00 – 19:30	Training	MEE Halle 2
Tuesday 15.07.25	08:00 – 19:30	Training	MEE Halle 2
Wednesday 16.07.25	08:00 – 17:45	Warm-Up before Podium Training	MEE Halle 2
Wednesday 16.07.25	10:00 – 18:45	Podium Training	MEE Halle 4
Thursday 17.07.25	09:18 – 19:48	Warm-Up before Competition	MEE Halle 2 + MEE Halle 4
Friday 18.07.25	09:18 – 19:48	Warm-Up before Competition	MEE Halle 2 + MEE Halle 4
Saturday 19.07.25	12:10 – 18:33	Warm-Up before Competition	MEE Halle 2 + MEE Halle 4

*See detailed Training and Competition Schedule in Appendix D!

APPENDICES



APPENDIX A: COMPETITION SCHEDULE

Event			Date	Comp. Days	Day 0	Day 01	Day 02	Day 03	Day 04	Day 05	Day 06	Day 07	Day 08	Day 09	Day 10	Day 11	Medal Events	Main Venue	
					Wed 16 Jul	Thu 17 Jul	Fri 18 Jul	Sat 19 Jul	Sun 20 Jul	Mon 21 Jul	Tue 22 Jul	Wed 23 Jul	Thu 24 Jul	Fri 25 Jul	Sat 26 Jul	Sun 27 Jul			
Opening Ceremony																		DUI	Schauinsland-Reisen-Arena
3X3			4														4	BOC	Jahrhunderthalle
Archery			5														10	ESS	Sportpark am Hallo & Zeche Zollverein
Artistic Gymnastics			5														14	ESS	Messe Essen / Halle 3
Athletics			7														51	BOC	Lohrheidestadion
Badminton			10														6	MUL	Westenergie Sporthalle
Basketball			9														2	ESS DUI HAG	Multiple Venues
Beach Volleyball			6														2	DUI	Sportpark Duisburg
Diving			7														15	BER	SSE Berlin
Fencing			6														12	ESS	Messe Essen / Halle 5
Judo			4														15	ESS	Messe Essen / Halle 4
Rhythmic Gymnastics			3														8	ESS	Messe Essen / Halle 4
Rowing			3														11	DUI	Regattabahn Duisburg
Swimming			7														42	BER	SSE Berlin
Table Tennis			8														7	ESS	Messe Essen / Halle 1
Taekwondo			7														24	ESS	Messe Essen / Halle 6
Tennis			10														7	ESS	ETUF Tennisanlage
Volleyball			9														2	BER	Multiple Venues Berlin
Water Polo			10														2	DUI	ASC Duisburg
Closing Ceremony																		DUI	Landschaftspark DUI-Nord
Medal Events per day				0	10	13	21	20	14	20	31	20	20	40	25	234			
Sports per day				1	11	12	12	11	11	14	14	11	10	10	2				

Medal Event

BOC / Bochum

DUI / Duisburg

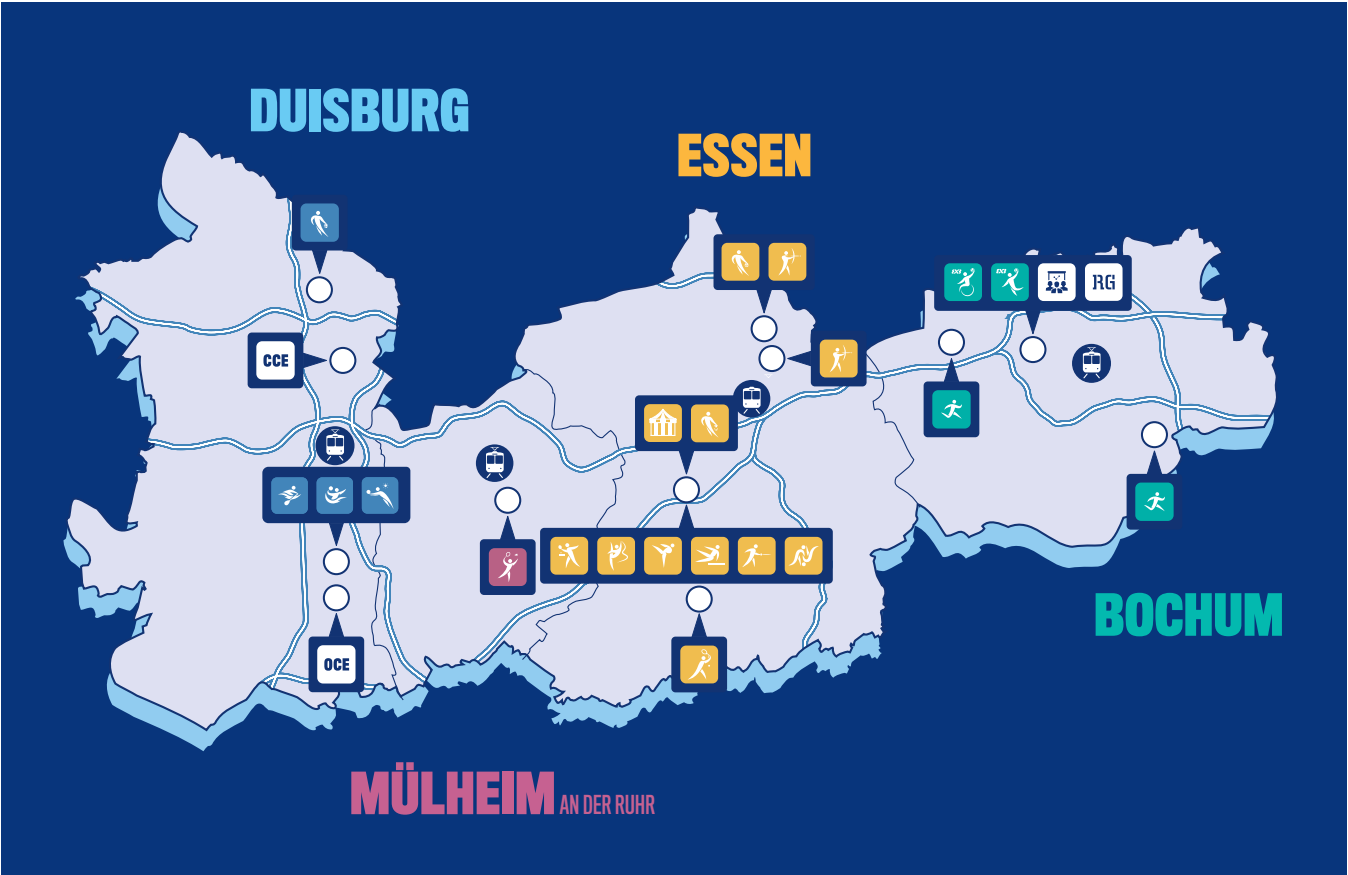
ESS / Essen

MUL / Mülheim an der Ruhr

HAG / Hagen

BER / Berlin

APPENDIX B: CITY MAPS



DUISBURG

- Water polo**
ASC Duisburg
- Rowing**
Regattabahn Duisburg
- Beach volleyball**
Sportpark Duisburg
- Basketball**
Walter-Schädlich-Halle

MÜLHEIM AN DER RUHR

- Badminton**
Westenergie Sporthalle

BOCHUM

- Athletics**
Lohrheidestadion
Kemnader See
- 3x3 Basketball**
Jahrhunderthalle
- 3x3 Wheelchair basketball**
Jahrhunderthalle

ESSEN

- Table tennis**
Messe Essen Halle 1
- Artistic gymnastics**
Messe Essen Halle 3
- Rhythmic gymnastics**
Messe Essen Halle 4
- Judo**
Messe Essen Halle 4
- Fencing**
Messe Essen Halle 5
- Taekwondo**
Messe Essen Halle 6
- Basketball**
Grugahalle
Sporthalle Am Hallo
- Tennis**
ETUF Tennisanlage
- Archery**
Sportpark Am Hallo Stadion
Zeche Zollverein



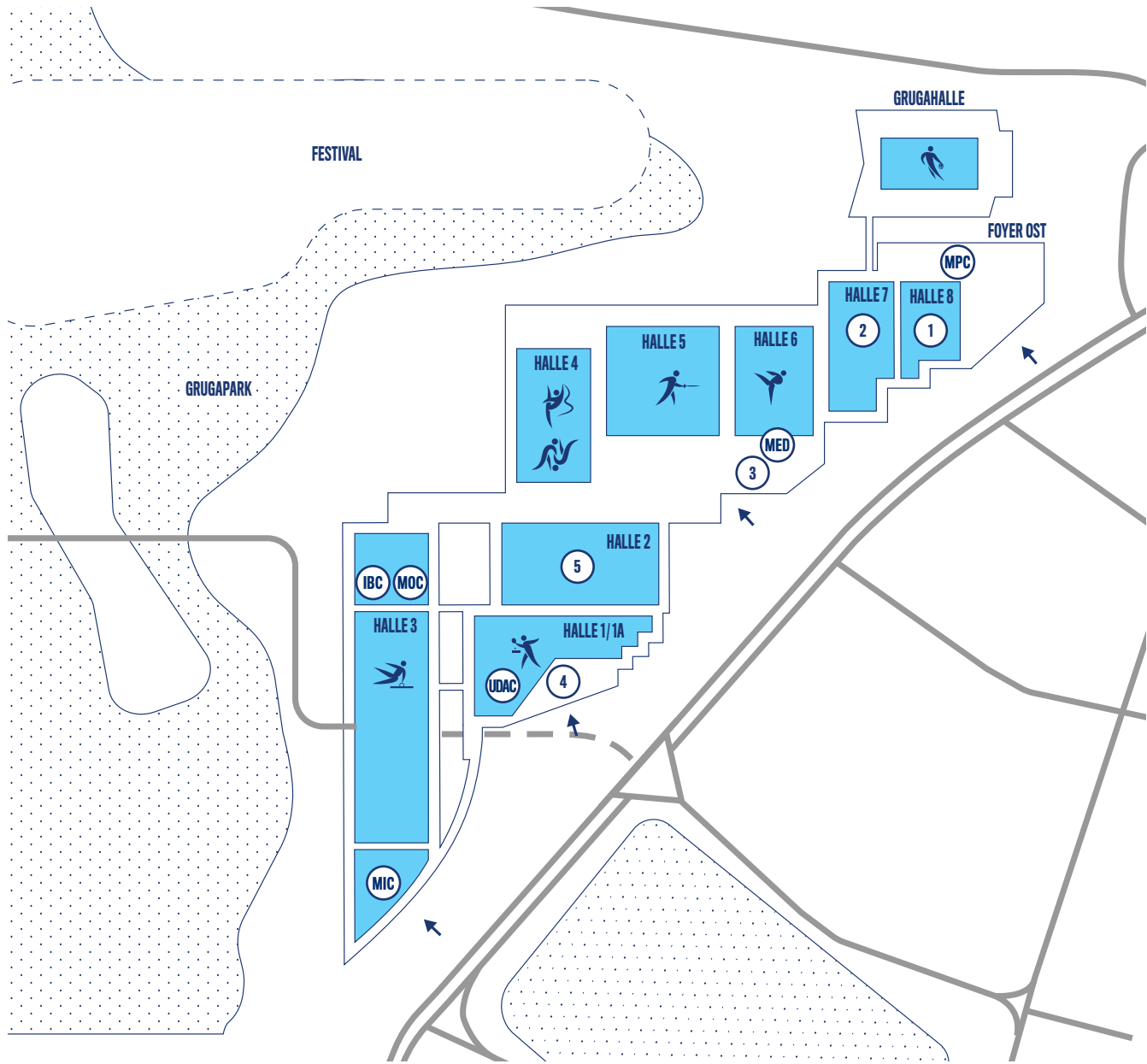
BERLIN

- Volleyball**
Max-Schmeling-Halle
Sportforum Große Halle
Ballsporthalle Köpenick
Horst-Korber-Sportzentrum
- Swimming and Diving**
Schwimm-und Sprunghalle im Europasportpark [SSE]

HAGEN

- Basketball**
Ischelandhalle

APPENDIX C: VENUE MAP MESSE ESSEN



- | | | |
|---|--|---------------------|
| (MED) MEDICAL CENTRE | (1) DELEGATION LOUNGE | TABLE TENNIS |
| (MPC) MAIN PRESS CENTRE | (2) MAIN DINING | FENCING |
| (MIC) MAIN INFORMATION CENTRE ¹ | (3) SERVICE CENTER MITTE / BUSINESS CLUB ² | BASKETBALL |
| (IBC) INTERNATIONAL BROADCAST CENTRE | (4) MEETING ROOMS | ARTISTIC GYMNASTICS |
| (MOC) MAIN OPERATIONS CENTRE | (5) TRAINING & GYM | TAEKWONDO |
| (UDAC) UNIFORM DISTRIBUTION AND ACCREDITATION CENTRE | ENTRANCE | RHYTHMIC GYMNASTICS |
| | | JUDO |

¹incl. FISU offices for delegation services meeting rooms & co-working spaces

²incl. delegation offices & meeting rooms

APPENDIX D: TRAINING AND COMPETITION SCHEDULE

Time	Sun 13.07.2025		Mon 14.07.2025		Tue 15.07.2025		Wed 16.07.2025		Thu 17.07.2025		Fri 18.07.2025	Sat 19.07.2025			
08:00	8:00-18:30 RGI Training MEE 2		8:00-17:30 RGI Training MEE 2+4		8:00-17:30 RGI Training MEE 2+4		8:00-17:00 RGI Podium Training MEE 2+4								
08:30															
09:00										09:15		09:15			
09:30										RGI AA 1/2		RGI AA 1/2			
10:00															
10:30										MEE 2+4		MEE 2+4			
11:00															
11:30												11:30-13:15	11:30-13:15		
12:00												Group A	Group A		12:10 RGI RGG AF MEE 2+4
12:30												MEE 4	MEE 4		
13:00															
13:30															
14:00				14:00-19:30 RGG Training MEE 2+4		14:00-19:30 RGG Training MEE 2+4		14:00-18:45 RGG Podium Training MEE 2+4				14:00-16:30 RGI RGG AF I MEE 4			
14:30										14:30-16:15	14:30-16:15				
15:00										Group B	Group B				
15:30		15:30-21:00 RGG Training MEE 2								MEE 4	MEE 4				
16:00														+ MC	
16:30										16:30-18:15	16:30-18:30		16:45-19:15 RGI RGG AF II MEE 4		
17:00										Group C	Group C	17:20		RGG AA 2/2 MEE 2+4	
17:30							MEE 4	RGG AA 1/2 MEE 2+4							
18:00															
18:30												+ MC			
19:00															
19:30									19:30-20:00	19:30-20:15					
20:00									RGG AA	RGG AA + MC					
20:30															
21:00															

Sunday, 13 July 2025 Training RGI RGG					Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up	FoP (MEE4)
RGI					MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4	
	ROU	THA	NOR	MDA	8:00	8:30	8:30	11:00								
	HUN 1	HUN 2	UKR 1	UKR 2	8:00	8:30			8:30	11:00						
	NED 1	NED 2	GER 1	GER 2	8:00	8:30					8:30	11:00				
	SGP	KAZ	ARM 1	ARM 2	8:00	8:30							8:30	11:00		
	AZE 1	AZE 2	CHI 1	CHI 2	10:30	11:00	11:00	13:30								
	ITA 1	ITA 2	PHI	FRA	10:30	11:00			11:00	13:30						
	AIN2 1	AIN2 2	USA 1	USA 2	10:30	11:00					11:00	13:30				
	CAN 1	CAN 2	JPN 1	JPN 2	10:30	11:00							11:00	13:30		
	AUS 1	AUS 2	KOR 1	KOR 2	13:00	13:30	13:30	16:00								
	LTU	UZB	AUT 1	AUT 2	13:00	13:30			13:30	16:00						
	POR 1	POR 2	FIN 1	FIN 2	13:00	13:30					13:30	16:00				
	EST 1	EST 2	SUI 1	SUI 2	13:00	13:30							13:30	16:00		
	NZL	CZE	CRO		15:30	16:00	16:00	18:30								
RGG																
1	UKR				15:30	16:00			16:00	18:30						
2	KOR				15:30	16:00					16:00	18:30				
3	TPE				15:30	16:00							16:00	18:30		
4	AZE				18:00	18:30	18:30	21:00								
5	JPN				18:00	18:30			18:30	21:00						

Monday 14 July					Training RGI RGG		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		FoP (MEE4)	
RGI					MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			
	ROU	THA	NOR	MDA	8:00	8:30	8:30	10:30									10:30	11:00	11:00	11:30
	HUN 1	HUN 2	UKR 1	UKR 2	8:00	8:30			8:30	10:30							11:00	11:30	10:30	11:00
	NED 1	NED 2	GER 1	GER 2	9:00	9:30							9:30	11:30			11:30	12:00	12:00	12:30
	SGP	KAZ	ARM 1	ARM 2	9:00	9:30									9:30	11:30	12:00	12:30	11:30	12:00
	AZE 1	AZE 2	CHI 1	CHI 2	10:00	10:30	10:30	12:30									12:30	13:00	13:00	13:30
	ITA 1	ITA 2	PHI	FRA	10:00	10:30			10:30	12:30							13:00	13:30	12:30	13:00
	AIN2 1	AIN2 2	USA 1	USA 2	11:00	11:30							11:30	13:30			13:30	14:00	14:00	14:30
	CAN 1	CAN 2	JPN 1	JPN 2	11:00	11:30									11:30	13:30	14:00	14:30	13:30	14:00
	AUS 1	AUS 2	KOR 1	KOR 2	12:00	12:30	12:30	14:30									14:30	15:00	15:00	15:30
	LTU	UZB	AUT 1	AUT 2	12:00	12:30			12:30	14:30							15:00	15:30	14:30	15:00
	POR 1	POR 2	FIN 1	FIN 2	13:00	13:30							13:30	15:30			15:30	16:00	16:00	16:30
	EST 1	EST 2	SUI 1	SUI 2	13:00	13:30									13:30	15:30	16:00	16:30	15:30	16:00
	NZL	CZE	CRO		14:00	14:30	14:30	16:30									16:30	17:00	17:00	17:30
RGG																				
1	UKR				14:00	14:30			14:30	16:30							17:00	17:30	16:30	17:00
2	KOR				15:00	15:30							15:30	17:30			17:30	18:00	18:00	18:30
3	TPE				15:00	15:30									15:30	17:30	18:00	18:30	17:30	18:00
4	AZE				16:00	16:30	16:30	18:30									18:30	19:00	19:00	19:30
5	JPN				16:00	16:30			16:30	18:30							19:00	19:30	18:30	19:00

Tuesday 15 July Training RGI RGG					Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		FoP (MEE4)	
RGI					MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			
	ROU	THA	NOR	MDA	8:00	8:30	8:30	10:30							10:30	11:00	11:00	11:30
	HUN 1	HUN 2	UKR 1	UKR 2	8:00	8:30			8:30	10:30					11:00	11:30	10:30	11:00
	NED 1	NED 2	GER 1	GER 2	9:00	9:30					9:30	11:30			11:30	12:00	12:00	12:30
	SGP	KAZ	ARM 1	ARM 2	9:00	9:30							9:30	11:30	12:00	12:30	11:30	12:00
	AZE 1	AZE 2	CHI 1	CHI 2	10:00	10:30	10:30	12:30							12:30	13:00	13:00	13:30
	ITA 1	ITA 2	PHI	FRA	10:00	10:30			10:30	12:30					13:00	13:30	12:30	13:00
	AIN2 1	AIN2 2	USA 1	USA 2	11:00	11:30					11:30	13:30			13:30	14:00	14:00	14:30
	CAN 1	CAN 2	JPN 1	JPN 2	11:00	11:30							11:30	13:30	14:00	14:30	13:30	14:00
	AUS 1	AUS 2	KOR 1	KOR 2	12:00	12:30	12:30	14:30							14:30	15:00	15:00	15:30
	LTU	UZB	AUT 1	AUT 2	12:00	12:30			12:30	14:30					15:00	15:30	14:30	15:00
	POR 1	POR 2	FIN 1	FIN 2	13:00	13:30					13:30	15:30			15:30	16:00	16:00	16:30
	EST 1	EST 2	SUI 1	SUI 2	13:00	13:30							13:30	15:30	16:00	16:30	15:30	16:00
	NZL	CZE	CRO		14:00	14:30	14:30	16:30							16:30	17:00	17:00	17:30
RGG																		
1	UKR				14:00	14:30			14:30	16:30					17:00	17:30	16:30	17:00
2	KOR				15:00	15:30					15:30	17:30			17:30	18:00	18:00	18:30
3	TPE				15:00	15:30							15:30	17:30	18:00	18:30	17:30	18:00
4	AZE				16:00	16:30	16:30	18:30							18:30	19:00	19:00	19:30
5	JPN				16:00	16:30			16:30	18:30					19:00	19:30	18:30	19:00

Wednesday, 16 July Podium Training RGI RGG					Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		FoP (MEE4)	
RGI					MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			
	ROU	THA	NOR	MDA	8:00	8:30	8:30	10:00							10:00	10:30	10:30	11:00
	HUN 1	HUN 2	UKR 1	UKR 2	8:00	8:30			8:30	10:00					10:30	11:00	10:00	10:30
	NED 1	NED 2	GER 1	GER 2	9:00	9:30					9:30	11:00			11:00	11:30	11:30	12:00
	SGP	KAZ	ARM 1	ARM 2	9:00	9:30							9:30	11:00	11:30	12:00	11:00	11:30
	AZE 1	AZE 2	CHI 1	CHI 2	10:00	10:30	10:30	12:00							12:00	12:30	12:30	13:00
	ITA 1	ITA 2	PHI	FRA	10:00	10:30			10:30	12:00					12:30	13:00	12:00	12:30
	AIN2 1	AIN2 2	USA 1	USA 2	11:00	11:30					11:30	13:00			13:00	13:30	13:30	14:00
	CAN 1	CAN 2	JPN 1	JPN 2	11:00	11:30							11:30	13:00	13:30	14:00	13:00	13:30
	AUS 1	AUS 2	KOR 1	KOR 2	12:00	12:30	12:30	14:00							14:00	14:30	14:30	15:00
	LTU	UZB	AUT 1	AUT 2	12:00	12:30			12:30	14:00					14:30	15:00	14:00	14:30
	POR 1	POR 2	FIN 1	FIN 2	13:00	13:30					13:30	15:00			15:00	15:30	15:30	16:00
	EST 1	EST 2	SUI 1	SUI 2	13:00	13:30							13:30	15:00	15:30	16:00	15:00	15:30
	NZL	CZE	CRO		14:00	14:30	14:30	16:00							16:00	16:30	16:30	17:00
RGG																		
1	UKR				14:00	14:30			14:30	16:00					16:30	17:00	16:00	16:30
2	KOR				15:00	15:30					15:30	17:00			17:00	17:30	17:30	18:00
3	TPE				15:45	16:15							16:15	17:45	17:45	18:00	18:00	18:15
4	AZE				16:00	16:30	16:30	18:00							18:00	18:15	18:15	18:30
5	JPN				16:15	16:45			16:45	18:15					18:15	18:30	18:30	18:45

Thursday, 17. July / RGI Hoop and Ball Qualification and All Around Final 1 of 2

RGI		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		waiting	FoP (MEE4)			
Group A		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			Hoop		Ball	
1	ROU	9:18	9:48	9:48	10:33			10:33	11:18			11:20	11:28	11:28	11:30	11:33		
2	UKR 1	9:21	9:51			9:51	10:36			10:36	11:21	11:23	11:31	11:31			11:33	11:36
3	HUN 1	9:24	9:54	9:54	10:39			10:39	11:24			11:26	11:34	11:34	11:36	11:39		
4	USA 1	9:27	9:57			9:57	10:42			10:42	11:27	11:29	11:37	11:37			11:39	11:42
5	NED 1	9:30	10:00	10:00	10:45			10:45	11:30			11:32	11:40	11:40	11:42	11:45		
6	THA	9:33	10:03			10:03	10:48			10:48	11:33	11:35	11:43	11:43			11:45	11:48
7	ARM 1	9:36	10:06	10:06	10:51			10:51	11:36			11:38	11:46	11:46	11:48	11:51		
8	AZE 1	9:39	10:09			10:09	10:54			10:54	11:39	11:41	11:49	11:49			11:51	11:54
9	NOR	9:42	10:12	10:12	10:57			10:57	11:42			11:44	11:52	11:52	11:54	11:57		
10	GER 1	9:45	10:15			10:15	11:00			11:00	11:45	11:47	11:55	11:55			11:57	12:00
11	MDA	9:48	10:18	10:18	11:03			11:03	11:48			11:50	11:58	11:58	12:00	12:03		
12	AUS 1	9:51	10:21			10:21	11:06			11:06	11:51	11:53	12:01	12:01			12:03	12:06
13	SGP	9:54	10:24	10:24	11:09			11:09	11:54			11:56	12:04	12:04	12:06	12:09		
14	KOR 1	9:57	10:27			10:27	11:12			11:12	11:57	11:59	12:07	12:07			12:09	12:12
15	CHI 1	10:00	10:30	10:30	11:15			11:15	12:00			12:02	12:10	12:10	12:12	12:15		
16	AIN2 1	10:03	10:33			10:33	11:18			11:18	12:03	12:05	12:13	12:13			12:15	12:18
17	ITA 1	10:06	10:36	10:36	11:21			11:21	12:06			12:08	12:16	12:16	12:18	12:21		
1	ROU									11:33	12:09	12:11	12:19	12:19			12:21	12:24
2	UKR 1							11:36	12:12			12:14	12:22	12:22	12:24	12:27		
3	HUN 1									11:39	12:15	12:17	12:25	12:25			12:27	12:30
4	USA 1							11:42	12:18			12:20	12:28	12:28	12:30	12:33		
5	NED 1									11:45	12:21	12:23	12:31	12:31			12:33	12:36
6	THA							11:48	12:24			12:26	12:34	12:34	12:36	12:39		
7	ARM 1									11:51	12:27	12:29	12:37	12:37			12:39	12:42
8	AZE 1							11:54	12:30			12:32	12:40	12:40	12:42	12:45		
9	NOR									11:57	12:33	12:35	12:43	12:43			12:45	12:48
10	GER 1							12:00	12:36			12:38	12:46	12:46	12:48	12:51		
11	MDA									12:03	12:39	12:41	12:49	12:49			12:51	12:54
12	AUS 1							12:06	12:42			12:44	12:52	12:52	12:54	12:57		
13	SGP									12:09	12:45	12:47	12:55	12:55			12:57	13:00
14	KOR 1							12:12	12:48			12:50	12:58	12:58	13:00	13:03		
15	CHI 1									12:15	12:51	12:53	13:01	13:01			13:03	13:06
16	AIN2 1							12:18	12:54			12:56	13:04	13:04	13:06	13:09		
17	ITA 1									12:21	12:57	12:59	13:07	13:07			13:09	13:12

Thursday, 17. July / RGI Hoop and Ball Qualification and All Around Final 1 of 2

RGI		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		waiting	FoP (MEE4)	
Group B		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 3*				Ball**
18	CAN 1	12:18	12:48	12:48	13:33			13:33	14:18			14:20	14:28	14:28	14:30	14:33
19	HUN 2	12:21	12:51			12:51	13:36			13:36	14:21	14:23	14:31	14:31		14:33
20	GER 2	12:24	12:54	12:54	13:39			13:39	14:24			14:26	14:34	14:34	14:36	14:39
21	UKR 2	12:27	12:57			12:57	13:42			13:42	14:27	14:29	14:37	14:37		14:39
22	AUT 1	12:30	13:00	13:00	13:45			13:45	14:30			14:32	14:40	14:40	14:42	14:45
23	JPN 1	12:33	13:03			13:03	13:48			13:48	14:33	14:35	14:43	14:43		14:45
24	NED 2	12:36	13:06	13:06	13:51			13:51	14:36			14:38	14:46	14:46	14:48	14:51
25	KAZ	12:39	13:09			13:09	13:54			13:54	14:39	14:41	14:49	14:49		14:51
26	PHI	12:42	13:12	13:12	13:57			13:57	14:42			14:44	14:52	14:52	14:54	14:57
27	FRA	12:45	13:15			13:15	14:00			14:00	14:45	14:47	14:55	14:55		14:57
28	ITA 2	12:48	13:18	13:18	14:03			14:03	14:48			14:50	14:58	14:58	15:00	15:03
29	CHI 2	12:51	13:21			13:21	14:06			14:06	14:51	14:53	15:01	15:01		15:03
30	LTU	12:54	13:24	13:24	14:09			14:09	14:54			14:56	15:04	15:04	15:06	15:09
31	POR 1	12:57	13:27			13:27	14:12			14:12	14:57	14:59	15:07	15:07		15:09
32	EST 1	13:00	13:30	13:30	14:15			14:15	15:00			15:02	15:10	15:10	15:12	15:15
33	FIN 1	13:03	13:33			13:33	14:18			14:18	15:03	15:05	15:13	15:13		15:15
34	SUI 1	13:06	13:36	13:36	14:21			14:21	15:06			15:08	15:16	15:16	15:18	15:21
18	CAN 1									14:33	15:09	15:11	15:19	15:19		15:21
19	HUN 2							14:36	15:12			15:14	15:22	15:22	15:24	15:27
20	GER 2									14:39	15:15	15:17	15:25	15:25		15:27
21	UKR 2							14:42	15:18			15:20	15:28	15:28	15:30	15:33
22	AUT 1									14:45	15:21	15:23	15:31	15:31		15:33
23	JPN 1							14:48	15:24			15:26	15:34	15:34	15:36	15:39
24	NED 2									14:51	15:27	15:29	15:37	15:37		15:39
25	KAZ							14:54	15:30			15:32	15:40	15:40	15:42	15:45
26	PHI									14:57	15:33	15:35	15:43	15:43		15:45
27	FRA							15:00	15:36			15:38	15:46	15:46	15:48	15:51
28	ITA 2									15:03	15:39	15:41	15:49	15:49		15:51
29	CHI 2							15:06	15:42			15:44	15:52	15:52	15:54	15:57
30	LTU									15:09	15:45	15:47	15:55	15:55		15:57
31	POR 1							15:12	15:48			15:50	15:58	15:58	16:00	16:03
32	EST 1									15:15	15:51	15:53	16:01	16:01		16:03
33	FIN 1							15:18	15:54			15:56	16:04	16:04	16:06	16:09
34	SUI 1									15:21	15:57	15:59	16:07	16:07		16:09

Thursday, 17. July / RGI Hoop and Ball Qualification and All Around Final 1 of 2

RGI		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		waiting	FoP (MEE4)			
Group C		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 3*			Hoop**		Ball**	
35	JPN 2	14:18	14:48	14:48	15:33			15:33	16:18			16:20	16:28	16:28	16:30	16:33		
36	FIN 2	14:21	14:51			14:51	15:36			15:36	16:21	16:23	16:31	16:31			16:33	16:36
37	POR 2	14:24	14:54	14:54	15:39			15:39	16:24			16:26	16:34	16:34	16:36	16:39		
38	UZB	14:27	14:57			14:57	15:42			15:42	16:27	16:29	16:37	16:37			16:39	16:42
39	AIN2 2	14:30	15:00	15:00	15:45			15:45	16:30			16:32	16:40	16:40	16:42	16:45		
40	CAN 2	14:33	15:03			15:03	15:48			15:48	16:33	16:35	16:43	16:43			16:45	16:48
41	AZE 2	14:36	15:06	15:06	15:51			15:51	16:36			16:38	16:46	16:46	16:48	16:51		
42	ARM 2	14:39	15:09			15:09	15:54			15:54	16:39	16:41	16:49	16:49			16:51	16:54
43	EST 2	14:42	15:12	15:12	15:57			15:57	16:42			16:44	16:52	16:52	16:54	16:57		
44	NZL	14:45	15:15			15:15	16:00			16:00	16:45	16:47	16:55	16:55			16:57	17:00
45	AUT 2	14:48	15:18	15:18	16:03			16:03	16:48			16:50	16:58	16:58	17:00	17:03		
46	SUI 2	14:51	15:21			15:21	16:06			16:06	16:51	16:53	17:01	17:01			17:03	17:06
47	CZE	14:54	15:24	15:24	16:09			16:09	16:54			16:56	17:04	17:04	17:06	17:09		
48	CRO	14:57	15:27			15:27	16:12			16:12	16:57	16:59	17:07	17:07			17:09	17:12
49	KOR 2	15:00	15:30	15:30	16:15			16:15	17:00			17:02	17:10	17:10	17:12	17:15		
50	USA 2	15:03	15:33			15:33	16:18			16:18	17:03	17:05	17:13	17:13			17:15	17:18
51	AUS 2	15:06	15:36	15:36	16:21			16:21	17:06			17:08	17:16	17:16	17:18	17:21		
35	JPN 2									16:33	17:09	17:11	17:19	17:19			17:21	17:24
36	FIN 2							16:36	17:12			17:14	17:22	17:22	17:24	17:27		
37	POR 2									16:39	17:15	17:17	17:25	17:25			17:27	17:30
38	UZB							16:42	17:18			17:20	17:28	17:28	17:30	17:33		
39	AIN2 2									16:45	17:21	17:23	17:31	17:31			17:33	17:36
40	CAN 2							16:48	17:24			17:26	17:34	17:34	17:36	17:39		
41	AZE 2									16:51	17:27	17:29	17:37	17:37			17:39	17:42
42	ARM 2							16:54	17:30			17:32	17:40	17:40	17:42	17:45		
43	EST 2									16:57	17:33	17:35	17:43	17:43			17:45	17:48
44	NZL							17:00	17:36			17:38	17:46	17:46	17:48	17:51		
45	AUT 2									17:03	17:39	17:41	17:49	17:49			17:51	17:54
46	SUI 2							17:06	17:42			17:44	17:52	17:52	17:54	17:57		
47	CZE									17:09	17:45	17:47	17:55	17:55			17:57	18:00
48	CRO							17:12	17:48			17:50	17:58	17:58	18:00	18:03		
49	KOR 2									17:15	17:51	17:53	18:01	18:01			18:03	18:06
50	USA 2							17:18	17:54			17:56	18:04	18:04	18:06	18:09		
51	AUS 2									17:21	17:57	17:59	18:07	18:07			18:09	18:12

Thursday, 17. July / RGG 5 Ribbons Qualification and All Around Final 1 of 2

RGG		Ballet barre		Floor A-D		warm up		Waiting	FoP (MEE4)	
		MEE 2		MEE 2		MEE 4			5 Ribbons	
1	UKR	17:21	17:51	17:51	19:21	19:23	19:28	19:28	19:30	19:35
2	KOR	17:26	17:56	17:56	19:26	19:28	19:33	19:33	19:35	19:40
3	TPE	17:31	18:01	18:01	19:31	19:33	19:38	19:38	19:40	19:45
4	AZE	17:36	18:06	18:06	19:36	19:38	19:43	19:43	19:45	19:50
5	JPN	17:41	18:11	18:11	19:41	19:43	19:48	19:48	19:50	19:55

Friday, 18 July / RGI Clubs and Ribbon Qualification and All Around Final 2 of 2

RGI		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		waiting	FoP (MEE4)			
Group A		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			Clubs		Ribbon	
2	UKR 1	9:18	9:48	9:48	10:33			10:33	11:18			11:20	11:28	11:28	11:30	11:33		
3	HUN 1	9:21	9:51			9:51	10:36			10:36	11:21	11:23	11:31	11:31			11:33	11:36
4	USA 1	9:24	9:54	9:54	10:39			10:39	11:24			11:26	11:34	11:34	11:36	11:39		
5	NED 1	9:27	9:57			9:57	10:42			10:42	11:27	11:29	11:37	11:37			11:39	11:42
6	THA	9:30	10:00	10:00	10:45			10:45	11:30			11:32	11:40	11:40	11:42	11:45		
7	ARM 1	9:33	10:03			10:03	10:48			10:48	11:33	11:35	11:43	11:43			11:45	11:48
8	AZE 1	9:36	10:06	10:06	10:51			10:51	11:36			11:38	11:46	11:46	11:48	11:51		
9	NOR	9:39	10:09			10:09	10:54			10:54	11:39	11:41	11:49	11:49			11:51	11:54
10	GER 1	9:42	10:12	10:12	10:57			10:57	11:42			11:44	11:52	11:52	11:54	11:57		
11	MDA	9:45	10:15			10:15	11:00			11:00	11:45	11:47	11:55	11:55			11:57	12:00
12	AUS 1	9:48	10:18	10:18	11:03			11:03	11:48			11:50	11:58	11:58	12:00	12:03		
13	SGP	9:51	10:21			10:21	11:06			11:06	11:51	11:53	12:01	12:01			12:03	12:06
14	KOR 1	9:54	10:24	10:24	11:09			11:09	11:54			11:56	12:04	12:04	12:06	12:09		
15	CHI 1	9:57	10:27			10:27	11:12			11:12	11:57	11:59	12:07	12:07			12:09	12:12
16	AIN2 1	10:00	10:30	10:30	11:15			11:15	12:00			12:02	12:10	12:10	12:12	12:15		
17	ITA 1	10:03	10:33			10:33	11:18			11:18	12:03	12:05	12:13	12:13			12:15	12:18
1	ROU	10:06	10:36	10:36	11:21			11:21	12:06			12:08	12:16	12:16	12:18	12:21		
2	UKR 1									11:33	12:09	12:11	12:19	12:19			12:21	12:24
3	HUN 1							11:36	12:12			12:14	12:22	12:22	12:24	12:27		
4	USA 1									11:39	12:15	12:17	12:25	12:25			12:27	12:30
5	NED 1									11:42	12:18	12:20	12:28	12:28	12:30	12:33		
6	THA									11:45	12:21	12:23	12:31	12:31			12:33	12:36
7	ARM 1									11:48	12:24	12:26	12:34	12:34	12:36	12:39		
8	AZE 1									11:51	12:27	12:29	12:37	12:37			12:39	12:42
9	NOR									11:54	12:30	12:32	12:40	12:40	12:42	12:45		
10	GER 1									11:57	12:33	12:35	12:43	12:43			12:45	12:48
11	MDA									12:00	12:36	12:38	12:46	12:46	12:48	12:51		
12	AUS 1									12:03	12:39	12:41	12:49	12:49			12:51	12:54
13	SGP									12:06	12:42	12:44	12:52	12:52	12:54	12:57		
14	KOR 1									12:09	12:45	12:47	12:55	12:55			12:57	13:00
15	CHI 1									12:12	12:48	12:50	12:58	12:58	13:00	13:03		
16	AIN2 1									12:15	12:51	12:53	13:01	13:01			13:03	13:06
17	ITA 1									12:18	12:54	12:56	13:04	13:04	13:06	13:09		
1	ROU									12:21	12:57	12:59	13:07	13:07			13:09	13:12

Friday, 18 July / RGI Clubs and Ribbon Qualification and All Around Final 2 of 2

RGI		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		waiting	FoP (MEE4)		
Group B		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			Clubs		Ribbon
19	HUN 2	12:18	12:48	12:48	13:33			13:33	14:18			14:20	14:28	14:28	14:30	14:33	
20	GER 2	12:21	12:51			12:51	13:36			13:36	14:21	14:23	14:31	14:31			14:33 14:36
21	UKR 2	12:24	12:54	12:54	13:39			13:39	14:24			14:26	14:34	14:34	14:36	14:39	
22	AUT 1	12:27	12:57			12:57	13:42			13:42	14:27	14:29	14:37	14:37			14:39 14:42
23	JPN 1	12:30	13:00	13:00	13:45			13:45	14:30			14:32	14:40	14:40	14:42	14:45	
24	NED 2	12:33	13:03			13:03	13:48			13:48	14:33	14:35	14:43	14:43			14:45 14:48
25	KAZ	12:36	13:06	13:06	13:51			13:51	14:36			14:38	14:46	14:46	14:48	14:51	
26	PHI	12:39	13:09			13:09	13:54			13:54	14:39	14:41	14:49	14:49			14:51 14:54
27	FRA	12:42	13:12	13:12	13:57			13:57	14:42			14:44	14:52	14:52	14:54	14:57	
28	ITA 2	12:45	13:15			13:15	14:00			14:00	14:45	14:47	14:55	14:55			14:57 15:00
29	CHI 2	12:48	13:18	13:18	14:03			14:03	14:48			14:50	14:58	14:58	15:00	15:03	
30	LTU	12:51	13:21			13:21	14:06			14:06	14:51	14:53	15:01	15:01			15:03 15:06
31	POR 1	12:54	13:24	13:24	14:09			14:09	14:54			14:56	15:04	15:04	15:06	15:09	
32	EST 1	12:57	13:27			13:27	14:12			14:12	14:57	14:59	15:07	15:07			15:09 15:12
33	FIN 1	13:00	13:30	13:30	14:15			14:15	15:00			15:02	15:10	15:10	15:12	15:15	
34	SUI 1	13:03	13:33			13:33	14:18			14:18	15:03	15:05	15:13	15:13			15:15 15:18
18	CAN 1	13:06	13:36	13:36	14:21			14:21	15:06			15:08	15:16	15:16	15:18	15:21	
19	HUN 2									14:33	15:09	15:11	15:19	15:19			15:21 15:24
20	GER 2							14:36	15:12			15:14	15:22	15:22	15:24	15:27	
21	UKR 2									14:39	15:15	15:17	15:25	15:25			15:27 15:30
22	AUT 1							14:42	15:18			15:20	15:28	15:28	15:30	15:33	
23	JPN 1									14:45	15:21	15:23	15:31	15:31			15:33 15:36
24	NED 2							14:48	15:24			15:26	15:34	15:34	15:36	15:39	
25	KAZ									14:51	15:27	15:29	15:37	15:37			15:39 15:42
26	PHI							14:54	15:30			15:32	15:40	15:40	15:42	15:45	
27	FRA									14:57	15:33	15:35	15:43	15:43			15:45 15:48
28	ITA 2							15:00	15:36			15:38	15:46	15:46	15:48	15:51	
29	CHI 2									15:03	15:39	15:41	15:49	15:49			15:51 15:54
30	LTU							15:06	15:42			15:44	15:52	15:52	15:54	15:57	
31	POR 1									15:09	15:45	15:47	15:55	15:55			15:57 16:00
32	EST 1							15:12	15:48			15:50	15:58	15:58	16:00	16:03	
33	FIN 1									15:15	15:51	15:53	16:01	16:01			16:03 16:06
34	SUI 1							15:18	15:54			15:56	16:04	16:04	16:06	16:09	
18	CAN 1									15:21	15:57	15:59	16:07	16:07			16:09 16:12

Friday, 18 July / RGI Clubs and Ribbon Qualification and All Around Final 2 of 2

RGI		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		waiting	FoP (MEE4)		
Group C		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			Clubs		Ribbon
36	FIN 2	14:18	14:48	14:48	15:33			15:33	16:18			16:20	16:28	16:28	16:30	16:33	
37	POR 2	14:21	14:51			14:51	15:36			15:36	16:21	16:23	16:31	16:31		16:33	16:36
38	UZB	14:24	14:54	14:54	15:39			15:39	16:24			16:26	16:34	16:34	16:36	16:39	
39	AIN2 2	14:27	14:57			14:57	15:42			15:42	16:27	16:29	16:37	16:37		16:39	16:42
40	CAN 2	14:30	15:00	15:00	15:45			15:45	16:30			16:32	16:40	16:40	16:42	16:45	
41	AZE 2	14:33	15:03			15:03	15:48			15:48	16:33	16:35	16:43	16:43		16:45	16:48
42	ARM 2	14:36	15:06	15:06	15:51			15:51	16:36			16:38	16:46	16:46	16:48	16:51	
43	EST 2	14:39	15:09			15:09	15:54			15:54	16:39	16:41	16:49	16:49		16:51	16:54
44	NZL	14:42	15:12	15:12	15:57			15:57	16:42			16:44	16:52	16:52	16:54	16:57	
45	AUT 2	14:45	15:15			15:15	16:00			16:00	16:45	16:47	16:55	16:55		16:57	17:00
46	SUI 2	14:48	15:18	15:18	16:03			16:03	16:48			16:50	16:58	16:58	17:00	17:03	
47	CZE	14:51	15:21			15:21	16:06			16:06	16:51	16:53	17:01	17:01		17:03	17:06
48	CRO	14:54	15:24	15:24	16:09			16:09	16:54			16:56	17:04	17:04	17:06	17:09	
49	KOR 2	14:57	15:27			15:27	16:12			16:12	16:57	16:59	17:07	17:07		17:09	17:12
50	USA 2	15:00	15:30	15:30	16:15			16:15	17:00			17:02	17:10	17:10	17:12	17:15	
51	AUS 2	15:03	15:33			15:33	16:18			16:18	17:03	17:05	17:13	17:13		17:15	17:18
35	JPN 2	15:06	15:36	15:36	16:21			16:21	17:06			17:08	17:16	17:16	17:18	17:21	
36	FIN 2							16:33	17:09			17:11	17:19	17:19		17:21	17:24
37	POR 2							16:36	17:12			17:14	17:22	17:22	17:24	17:27	
38	UZB							16:39	17:15			17:17	17:25	17:25		17:27	17:30
39	AIN2 2							16:42	17:18			17:20	17:28	17:28	17:30	17:33	
40	CAN 2							16:45	17:21			17:23	17:31	17:31		17:33	17:36
41	AZE 2							16:48	17:24			17:26	17:34	17:34	17:36	17:39	
42	ARM 2							16:51	17:27			17:29	17:37	17:37		17:39	17:42
43	EST 2							16:54	17:30			17:32	17:40	17:40	17:42	17:45	
44	NZL							16:57	17:33			17:35	17:43	17:43		17:45	17:48
45	AUT 2							17:00	17:36			17:38	17:46	17:46	17:48	17:51	
46	SUI 2							17:03	17:39			17:41	17:49	17:49		17:51	17:54
47	CZE							17:06	17:42			17:44	17:52	17:52	17:54	17:57	
48	CRO							17:09	17:45			17:47	17:55	17:55		17:57	18:00
49	KOR 2							17:12	17:48			17:50	17:58	17:58	18:00	18:03	
50	USA 2							17:15	17:51			17:53	18:01	18:01		18:03	18:06
51	AUS 2							17:18	17:54			17:56	18:04	18:04	18:06	18:09	
35	JPN 2							17:21	17:57			17:59	18:07	18:07		18:09	18:12
Medal Ceremony RGI All Around Final																	

Friday, 18 July / RGG 3 Balls + 2 Hoops Qualification and All Around Final 2 of 2

RGG		Ballet barre		Floor A-D		warm up		Waiting	FoP (MEE4)	
AA		MEE 2		MEE 2		MEE 4*			3 Balls + 2 Hoops	
1	KOR	17:21	17:51	17:51	19:21	19:23	19:28	19:28	19:30	19:35
2	JPN	17:26	17:56	17:56	19:26	19:28	19:33	19:33	19:35	19:40
3	UKR	17:31	18:01	18:01	19:31	19:33	19:38	19:38	19:40	19:45
4	AZE	17:36	18:06	18:06	19:36	19:38	19:43	19:43	19:45	19:50
5	TPE	17:41	18:11	18:11	19:41	19:43	19:48	19:48	19:50	19:55
Medal Ceremony RGG All Around Final										

Saturday, 19. July / RGI/ RGG Apparatus Final I

RGI		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		waiting	FoP (MEE4)	
		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			Hoop	
HOOP	Rank Quali											Presentation of athletes RGI I			13:49	13:58
1	2	12:10	12:40	12:40	13:40							13:42	13:58	13:58	14:00	14:04
2	5	12:14	12:44			12:44	13:44					13:46	14:02	14:02	14:04	14:08
3	7	12:18	12:48	12:48	13:48							13:50	14:06	14:06	14:08	14:12
4	3	12:22	12:52			12:52	14:01					14:03	14:10	14:10	14:12	14:16
5	6	12:26	12:56	12:56	14:05							14:07	14:14	14:14	14:16	14:20
6	8	12:30	13:00			13:00	14:09					14:11	14:18	14:18	14:20	14:24
7	4	12:34	13:04	13:04	14:13							14:15	14:22	14:22	14:24	14:28
8	1	12:38	13:08			13:08	14:17					14:19	14:26	14:26	14:28	14:32

RGI		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		waiting	FoP (MEE4)	
		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			Ball	
Ball	Rank Quali											Presentation of athletes RGI II			14:34	14:43
1	6	12:55	13:25					13:25	14:25			14:27	14:43	14:43	14:45	14:49
2	7	12:59	13:29							13:29	14:29	14:31	14:47	14:47	14:49	14:53
3	2	13:03	13:33					13:33	14:33			14:35	14:51	14:51	14:53	14:57
4	1	13:07	13:37							13:37	14:46	14:48	14:55	14:55	14:57	15:01
5	4	13:11	13:41					13:41	14:50			14:52	14:59	14:59	15:01	15:05
6	8	13:15	13:45							13:45	14:54	14:56	15:03	15:03	15:05	15:09
7	3	13:19	13:49					13:49	14:58			15:00	15:07	15:07	15:09	15:13
8	5	13:23	13:53							13:53	15:02	15:04	15:11	15:11	15:13	15:17

RGG		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		waiting	FoP (MEE4)	
		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			5 Ribbons	
5 RIBBONS	Rank Quali											Presentation of athletes RGG I			15:19	15:28
1	4	13:42	14:12	14:12	14:42			14:42	15:12			15:14	15:28	15:28	15:30	15:35
2	2	13:47	14:17			14:17	14:47			14:47	15:17	15:28	15:33	15:33	15:35	15:40
3	1	13:52	14:22	14:22	14:52			14:52	15:31			15:33	15:38	15:38	15:40	15:45
4	5	13:57	14:27			14:27	14:57			14:27	14:57	15:38	15:43	15:43	15:45	15:50
5	3	14:02	14:32	14:32	15:02			15:02	15:41			15:43	15:48	15:48	15:50	15:55

Medal Ceremony RGI Apparatus Final Hoop																
Medal Ceremony RGI Apparatus Final Ball																
Medal Ceremony RGG Apparatus Final 5 Ribbons																

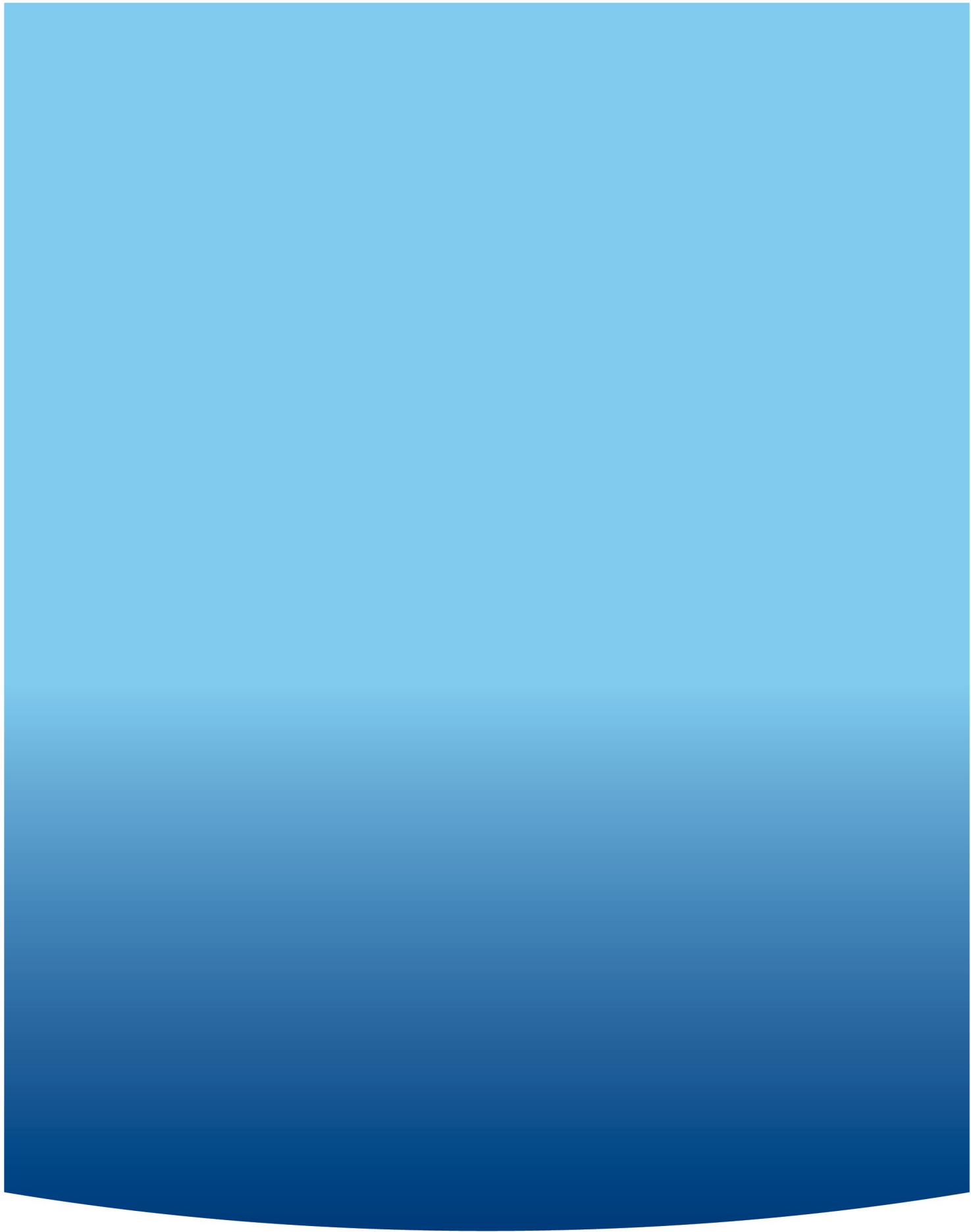
Saturday, 19. July / RGI/ RGG Apparatus Final II

RGI		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		Waiting	FoP (MEE 4)	
		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			Clubs	
Clubs	Rank Quali											Presentation of athletes RGI I			16:34	16:43
1	4	14:55	15:25	15:25	16:25							16:27	16:43	16:43	16:45	16:49
2	1	14:59	15:29			15:29	16:29					16:31	16:47	16:47	16:49	16:53
3	3	15:03	15:33	15:33	16:33							16:35	16:51	16:51	16:53	16:57
4	8	15:07	15:37			15:37	16:46					16:48	16:55	16:55	16:57	17:01
5	2	15:11	15:41	15:41	16:50							16:52	16:59	16:59	17:01	17:05
6	7	15:15	15:45			15:45	16:54					16:56	17:03	17:03	17:05	17:09
7	6	15:19	15:49	15:49	16:58							17:00	17:07	17:07	17:09	17:13
8	5	15:23	15:53			15:53	17:02					17:04	17:11	17:11	17:13	17:17

RGI		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		Waiting	FoP (MEE 4)	
		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			Ribbon	
Ribbon	Rank Quali											Presentation of athletes RGI II			17:19	17:28
1	5	15:40	16:10					16:10	17:10			17:12	17:28	17:28	17:30	17:34
2	6	15:44	16:14							16:14	17:14	17:16	17:32	17:32	17:34	17:38
3	3	15:48	16:18					16:18	17:18			17:20	17:36	17:36	17:38	17:42
4	1	15:52	16:22							16:22	17:31	17:33	17:40	17:40	17:42	17:46
5	2	15:56	16:26					16:26	17:35			17:37	17:44	17:44	17:46	17:50
6	7	16:00	16:30							16:30	17:39	17:41	17:48	17:48	17:50	17:54
7	8	16:04	16:34					16:34	17:43			17:45	17:52	17:52	17:54	17:58
8	4	16:08	16:38							16:38	17:47	17:49	17:56	17:56	17:58	18:02

RGG		Ballet barre		Floor A		Floor B		Floor C		Floor D		warm up		Waiting	FoP (MEE 4)	
		MEE 2		MEE 2		MEE 2		MEE 2		MEE 2		MEE 4			3 Balls + 2 Hoops	
3 BALLS + 2 HOOPS	Rank Quali											Presentation of athletes RGG I			18:04	18:13
1	1	16:27	16:57	16:57	17:27			17:27	17:57			17:59	18:13	18:13	18:15	18:20
2	4	16:32	17:02			17:02	17:32			17:32	18:02	18:13	18:18	18:18	18:20	18:25
3	5	16:37	17:07	17:07	17:37			17:37	18:16			18:18	18:23	18:23	18:25	18:30
4	3	16:42	17:12			17:12	17:42			17:12	17:42	18:23	18:28	18:28	18:30	18:35
5	2	16:47	17:17	17:17	17:47			17:47	18:26			18:28	18:33	18:33	18:35	18:40

Medal Ceremony RGI Apparatus Final Clubs																
Medal Ceremony RGI Apparatus Final Ribbon																
Medal Ceremony RGG Apparatus Final 3 Balls + 2 Hoops																



Gefördert durch:



aufgrund eines Beschlusses
des Deutschen Bundestages

