

# WORK PLAN



*FIG Rhythmic Gymnastics*  
**WORLD CUP**  
MILANO 2025

**18 - 20 JULY 2025**

[WWW.RGWORLDCUP-MILANO.IT](http://WWW.RGWORLDCUP-MILANO.IT)



## USEFUL INFORMATION

### USEFUL NUMBERS

- LOC Infoline/Whatsapp: +39 331 229 5045
- Health emergency: 118
- Emergency response: 112
- Fire Brigade: 115

### HOW TO REACH CITY CENTER

- By Subway: Green Line (#2) – from “Assago Milanofiori Forum” to Cadorna Station
- By Taxi: +39 02 4040 to book (Radiotaxi Milano)

### PLEASE NOTE

- All prize moneys will be wired by bank transfer
- Results and start-lists during competition days will be available on the official web site [www.rgworldcup-milano.it](http://www.rgworldcup-milano.it)
- The LOC will send Diplomas by email

### MUST-SEE IN MILANO

#### [Duomo, Cathedral of Milano](#)

The view from the lofty spires of Milano’s Duomo is an experience you will treasure: the Cathedral brings to life in its smooth marble half a millennium of history.

#### [Castello Sforzesco \(Sforza Castle\)](#)

City’s former fifteenth-century defensive fortress, is now a place where art can be relished in several first-class museums. The Castello is also a place to enjoy in the open, pausing to take in the spectacular courtyards, embraced by the massive walls.

#### [Galleria Vittorio Emanuele II](#)

The elegance of Galleria Vittorio Emanuele is a pleasure to walk through without haste, shielded by the glass and steel dome, enraptured by the charm of its stylish shop-windows.

### Fashion District - Quadrilatero della Moda

The heart of exclusive, high-end shopping in Milano is very close to the city centre - in the area bordered by via della Spiga, via Montenapoleone, via Manzoni and Corso Venezia: most of the designer labels that have made Italian style and fashion famous all over the world will be found on these streets.

### Brera Art Gallery

Set in one of the most charming neighbourhoods of the city, the Pinacoteca di Brera belongs to the exclusive club of Europe's premier art galleries featuring masterpieces by Raphael, Piero della Francesca, Caravaggio and many others.

### Teatro alla Scala

Since 1778, operas and ballets at La Scala have provided exhilarating emotions for enraptured audiences: its famous stage has hosted the greatest conductors and artists from Arturo Toscanini to Claudio Abbado and the magnificent voice of the iconic Maria Callas.

### Navigli (canals)

The Navigli district is the ideal place for a romantic evening stroll along the city's waterways, as well as for a montly visit to the bustling antiques market, or chilling out at one of the many restaurants and bars.

### Porta Nuova and Corso Como

Milano's state-of-the-art architecture and its vibrant nightlife scene come together among the skyscrapers of Piazza Gae Aulenti and Corso Como - the perfect place to gaze in awe at the Bosco Verticale (Vertical Forest) tower and enjoy a happy hour with friends.

### Leonardo da Vinci's 'The Last Supper'

The Last Supper, painted by Leonardo da Vinci in the refectory of Santa Maria delle Grazie, has fascinated and intrigued art lovers and countless visitors for centuries.

### Basilica di Sant'Ambrogio

With its four-sided portico welcoming visitors and the evocative remains of its early Christian church, the Basilica of Sant'Ambrogio (St. Ambrose, Patron Saint of the City) is one of the most beautiful examples of Romanesque architecture in Lombardy.



# FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



## FIG RHYTHMIC GYMNASTICS WORLD CUP MILAN (ITA), 18 – 20 JULY 2025



### PROVISIONAL PROGRAMME (subject to modifications)

EVENT 17877

DATE-TIME	DESCRIPTION	LOCATION
<b>WED. 16 July</b> As announced	Arrival day of RGI and RGG delegation and accreditation	
<b>THU. 17 July</b> As per schedule 15:30 – 18:00 18:00 – 18:15 <b>18:30 – 19:15</b>	Training and Podium training for RGI and RGG Judges' Instruction for RGI and RGG Judges Scoring System Instruction for RGI and RGG Judges <b>Orientation Meeting for RGI and RGG Competitions</b>	Unipol Forum Meeting Room Forum Meeting Room Forum Meeting Room Forum
<b>FRI. 18 July</b> As per schedule 09:00 – 09:45 <b>10:00 – 12:00</b> <b>12:10 – 13:40</b> <b>14:45 – 16:45</b> <b>16:55 – 18:49</b> 18:55 – 19:20  <b>19:30 – 20:15</b> <b>20:25 – 21:05</b>	Training for RGI and RGG Judges' draw (all positions) and briefing for RGI qualifications <b>RGI qualifications hoop and ball – group A – alternatively</b> <b>RGI qualifications hoop and ball – group B – alternatively</b> <b>RGI qualifications hoop and ball – group C – alternatively</b> <b>RGI qualifications hoop and ball – group D – alternatively</b> Judges' draw (all positions) and briefing for RGG all-around competition (qualifications) 5 ribbons <b>RGG qualifications 5 ribbons – group A</b> <b>RGG qualifications 5 ribbons – group B</b>	Sporting Milano 3 Meeting Room Forum  <b>FoP</b>  Meeting Room Forum  <b>FoP</b>
<b>SAT. 19 July</b> As per schedule 09:00 – 09:45  <b>10:00 – 11:30</b> <b>11:40 – 13:40</b> <b>14:45 – 16:39</b> <b>16:50 – 18:50</b> 19:00 – 19:25  <b>19:30 – 20:00</b> <b>20:00 – 20:40</b> <b>20:50 – 21:35</b> 21:40 Following	Training for RGI and RGG Judges' draw (all positions) and briefing for RGI qualifications clubs and ribbons <b>RGI qualifications clubs and ribbon – group B – alternatively</b> <b>RGI qualifications clubs and ribbon – group A – alternatively</b> <b>RGI qualifications clubs and ribbon – group D – alternatively</b> <b>RGI qualifications clubs and ribbon – group C – alternatively</b> Judges' draw (all positions) and briefing for RGG all-around competition (qualifications) 3 balls + 2 hoops <b>Opening Ceremony</b> <b>RGG qualifications 3 balls + 2 hoops – group B</b> <b>RGG qualifications 3 balls + 2 hoops – group A</b> Award ceremony for RGI and RGG all-around Award ceremony for the RGI and RGG all-around winners of the RG World Cup Series 2025	Sporting Milano 3 Meeting Room Forum  <b>FoP</b>  Meeting Room Forum  <b>FoP</b>
<b>SUN. 20 July</b> As per schedule 11:50 – 12:50 <b>14:05 – 14:42</b> <b>14:45 – 15:22</b> <b>15:25 – 16:10</b> 16:15 – 16:35 <b>16:35 – 17:12</b> <b>17:15 – 17:52</b> <b>18:00 – 18:45</b> <b>18:50</b> Following	Training for RGI and RGG Finalists as per schedule Judges' draw (all positions) and briefing for RGI and RGG finals <b>Presentation of RGI hoop finalists and hoop final</b> <b>Presentation of RGI ball finalists and ball final</b> <b>Presentation of RGG 5 ribbons finalists and ribbons final</b> Award ceremonies RGI and RGG <b>Presentation of RGI clubs finalists and clubs final</b> <b>Presentation of RGI ribbon finalists and ribbon final</b> <b>Presentation of RGG 3 balls + 2 hoops and 3+2 final</b> Award ceremonies RGI and RGG Award ceremony for the RGI and RGI apparatus winners of the 2025 world cup series	Unipol Forum Meeting Room Forum      <b>FoP</b>
<b>MON. 21 July</b> All day	Departure of delegations	



## FIG RG WORLD CUP MILANO 2025



<b>PODIUM TRAINING</b> 17 July		Stretching Zone	I	H	G	F		E	D	C	A		B				
		<i>TRAINING HALL GALLERY</i>						<i>WARM-UP FORUM</i>				<i>FOP</i>		<i>WARM-UP</i>			
		<i>30 min</i>	<i>50 min</i>					<i>5 min</i>	<i>60 min</i>				<i>40 min</i>		<i>30 min</i>		
1	<b>RG1</b>	1ARM-1AUT-2BEL-2AIN	07:05:00	07:35:00			08:25:00	08:30:00			<b>09:30:00</b>	<b>10:10:00</b>	10:15:00	10:45:00			
2		2BUL-2CAN-2CHN	07:45:00		08:15:00		09:05:00		09:10:00		<b>10:10:00</b>	<b>10:50:00</b>	10:55:00	11:25:00			
3		1CRO-2CYP-2CZE-1FIN	08:25:00			08:55:00	09:45:00			09:50:00	<b>10:50:00</b>	<b>11:30:00</b>	11:35:00	12:05:00			
4		2EST-2FRA-2GEO	09:05:00				09:35:00	10:25:00	10:30:00		<b>11:30:00</b>	<b>12:10:00</b>	12:15:00	12:45:00			
5		2ITA-2SMR-2CHI	09:45:00	10:15:00				11:05:00		11:10:00		<b>12:10:00</b>	<b>12:50:00</b>	12:55:00	13:25:00		
6		2IND-2JPN-2LAT	10:25:00		10:55:00			11:45:00			11:50:00	<b>12:50:00</b>	<b>13:30:00</b>	13:35:00	14:05:00		
7		2BRA-2HUN-2UKR	11:05:00			11:35:00		12:25:00	12:30:00			<b>13:30:00</b>	<b>14:10:00</b>	14:15:00	14:45:00		
8		3GER-1LAO-2NED	11:45:00				12:15:00	13:05:00		13:10:00		<b>14:10:00</b>	<b>14:50:00</b>	14:55:00	15:25:00		
9		2ISR-2POL-2MEX	12:25:00	12:55:00				13:45:00			13:50:00	<b>14:50:00</b>	<b>15:30:00</b>	15:35:00	16:05:00		
10		2ROU-2SVK-2POR	13:05:00		13:35:00			14:25:00	14:30:00			<b>15:30:00</b>	<b>16:10:00</b>	16:15:00	16:45:00		
11		2SWE-2USA-1RSA-1SLO-1TUR	13:45:00			14:15:00		15:05:00		15:10:00		<b>16:10:00</b>	<b>16:55:00</b>	17:00:00	17:30:00		
12		2UZB-1SGP-2VEN-1PHI-1LTU	14:30:00				15:00:00	15:50:00			15:55:00	<b>16:55:00</b>	<b>17:40:00</b>	17:45:00	18:15:00		
<b>PODIUM TRAINING</b>		<i>30 min</i>	<i>50 min</i>					<i>5 min</i>	<i>60 min</i>				<i>25 min</i>		<i>20 min</i>		
1	<b>RG2</b>	MEX-CHN	15:25:00	15:55:00			16:45:00	16:50:00			<b>17:50:00</b>	<b>18:15:00</b>	18:20:00	18:40:00			
2		BRA-CAN	15:50:00		16:20:00		17:10:00		17:15:00		<b>18:15:00</b>	<b>18:40:00</b>	18:45:00	19:05:00			
3		CZE-FIN	16:15:00			16:45:00	17:35:00			17:40:00	<b>18:40:00</b>	<b>19:05:00</b>	19:10:00	19:30:00			
4		ISR-FRA	16:40:00				17:10:00	18:00:00	18:05:00		<b>19:05:00</b>	<b>19:30:00</b>	19:35:00	19:55:00			
5		UKR-JPN	17:05:00	17:35:00				18:25:00		18:30:00		<b>19:30:00</b>	<b>19:55:00</b>	20:00:00	20:20:00		
6		HUN-GER	17:30:00		18:00:00			18:50:00			18:55:00	<b>19:55:00</b>	<b>20:20:00</b>	20:25:00	20:45:00		
7		POL-TUR	17:55:00			18:25:00	19:15:00	19:20:00				<b>20:20:00</b>	<b>20:45:00</b>	20:50:00	21:10:00		
8		USA-UZB	18:20:00				18:50:00	19:40:00		19:45:00		<b>20:45:00</b>	<b>21:10:00</b>	21:15:00	21:35:00		
9		ITA	18:45:00	19:15:00				20:05:00			20:10:00	<b>21:10:00</b>	<b>21:35:00</b>	21:40:00	22:00:00		



## FIG RG WORLD CUP MILANO 2025



### TRAINING *SPORTING MILANO 3*

<b>RGG</b>		COREOGRAPHY + TRAINING B	COREOGRAPHY + TRAINING A	MUSIC FLOOR 1	MUSIC FLOOR 2
	<b>18 July</b>	<i>60 min</i>		<i>60 min</i>	
1	POL-CHN	09:00:00		<b>10:00:00</b>	
2	UKR-FIN		09:00:00		<b>10:00:00</b>
3	USA-UZB	10:00:00		<b>11:00:00</b>	
4	BRA-CAN		10:00:00		<b>11:00:00</b>
5	HUN-TUR	11:00:00		<b>12:00:00</b>	
6	ISR-FRA		11:00:00		<b>12:00:00</b>
7	CZE-MEX	12:00:00		<b>13:00:00</b>	
8	JPN-ITA		12:00:00		<b>13:00:00</b>
9	GER	13:00:00		<b>14:00:00</b>	

18 July GROUP A		NF	APPARATUS	Stretching Zone	I	H	G	F		E	D	C	B	WAITING ZONE	A				
				TRAINING HALL GALLERY								WARM-UP FORUM				3 min	3 min		
				20 min	30 min		30 min			5 min	50 min								
1	KAJAIA Mariami	GEO	HOOP	07:42:00	08:02:00		08:32:00		09:02:00				09:07:00	09:57:00	10:00:00				
2	ONOFRIICHUK Taisiia	UKR	BALL	07:45:00		08:05:00		08:35:00	09:05:00			09:10:00		10:00:00	10:03:00				
3	TRICOLICI Milana	LTU	HOOP	07:48:00	08:08:00		08:38:00		09:08:00		09:13:00			10:03:00	10:06:00				
4	MATSUSAKA Reina	JPN	BALL	07:51:00		08:11:00		08:41:00	09:11:00	09:16:00				10:06:00	10:09:00				
5	RAMADANI Gresa	CRO	HOOP	07:54:00	08:14:00		08:44:00		09:14:00				09:19:00	10:09:00	10:12:00				
6	KVANTALIANI Nino	GEO	BALL	07:57:00		08:17:00		08:47:00	09:17:00			09:22:00		10:12:00	10:15:00				
7	RAFFAELI Sofia	ITA	HOOP	08:00:00	08:20:00		08:50:00		09:20:00		09:25:00			10:15:00	10:18:00				
8	RAMONATXO Lily	FRA	BALL	08:03:00		08:23:00		08:53:00	09:23:00	09:28:00				10:18:00	10:21:00				
9	SUMKIN Meital Maayan	ISR	BALL	08:06:00	08:26:00		08:56:00		09:26:00				09:31:00	10:21:00	10:24:00				
10	FOELDESI Panni	HUN	HOOP	08:09:00		08:29:00		08:59:00	09:29:00			09:34:00		10:24:00	10:27:00				
11	KALLEMAA Carmel	CAN	BALL	08:12:00	08:32:00		09:02:00		09:32:00		09:37:00			10:27:00	10:30:00				
12	NIKOLOVA Stiliana	BUL	HOOP	08:15:00		08:35:00		09:05:00	09:35:00	09:40:00				10:30:00	10:33:00				
13	ROGOZHINA Anastasia	FIN	BALL	08:18:00	08:38:00		09:08:00		09:38:00				09:43:00	10:33:00	10:36:00				
14	MORE Shubhashree	IND	HOOP	08:21:00		08:41:00		09:11:00	09:41:00			09:46:00		10:36:00	10:39:00				
15	NOVAKOVA Nikola	CZE	BALL	08:24:00	08:44:00		09:14:00		09:44:00		09:49:00			10:39:00	10:42:00				
16	ALEXANDRE M. Eduarda	BRA	HOOP	08:27:00		08:47:00		09:17:00	09:47:00	09:52:00				10:42:00	10:45:00				
17	VAHER Anette	EST	BALL	08:30:00	08:50:00		09:20:00		09:50:00				09:55:00	10:45:00	10:48:00				
18	HE Cindy	CAN	HOOP	08:33:00		08:53:00		09:23:00	09:53:00			09:58:00		10:48:00	10:51:00				
19	PUSCH Lada	GER	BALL	08:36:00	08:56:00		09:26:00		09:56:00				10:01:00	10:51:00	10:54:00				
20	GIELIS Laura	BEL	HOOP	08:39:00		08:59:00		09:29:00	09:59:00		10:04:00			10:54:00	10:57:00				
1	KAJAIA Mariami	GEO	BALL											10:57:00	11:00:00				
2	ONOFRIICHUK Taisiia	UKR	HOOP											11:00:00	11:03:00				
3	TRICOLICI Milana	LTU	BALL											11:03:00	11:06:00				
4	MATSUSAKA Reina	JPN	HOOP											11:06:00	11:09:00				
5	RAMADANI Gresa	CRO	BALL											11:09:00	11:12:00				
6	KVANTALIANI Nino	GEO	HOOP											11:12:00	11:15:00				
7	RAFFAELI Sofia	ITA	BALL											11:15:00	11:18:00				
8	RAMONATXO Lily	FRA	HOOP											11:18:00	11:21:00				
9	SUMKIN Meital Maayan	ISR	HOOP											11:21:00	11:24:00				
10	FOELDESI Panni	HUN	BALL											11:24:00	11:27:00				
11	KALLEMAA Carmel	CAN	HOOP											11:27:00	11:30:00				
12	NIKOLOVA Stiliana	BUL	BALL											11:30:00	11:33:00				
13	ROGOZHINA Anastasia	FIN	HOOP											11:33:00	11:36:00				
14	MORE Shubhashree	IND	BALL											11:36:00	11:39:00				
15	NOVAKOVA Nikola	CZE	HOOP											11:39:00	11:42:00				
16	ALEXANDRE M. Eduarda	BRA	BALL											11:42:00	11:45:00				
17	VAHER Anette	EST	HOOP											11:45:00	11:48:00				
18	HE Cindy	CAN	BALL											11:48:00	11:51:00				
19	PUSCH Lada	GER	HOOP											11:51:00	11:54:00				
20	GIELIS Laura	BEL	BALL											11:54:00	11:57:00				

RGI

## FIG RG WORLD CUP MILANO 2025



18 July GROUP B		NF	APPARATUS	Stretching Zone	I	H	G	F		E	D	C	B	WAITING ZONE	A		
				TRAINING HALL GALLERY						WARM-UP FORUM					3 min	FOP	
				20 min	30 min		30 min			5 min	50 min						3 min
1	SARANOVA Tereza	SVK	HOOP	09:52:00	10:12:00		10:42:00		11:12:00				11:17:00	12:07:00	12:10:00		
2	LOVASZ Luca Flora	HUN	BALL	09:55:00		10:15:00		10:45:00	11:15:00			11:20:00		12:10:00	12:13:00		
3	LEWINSKA Liliana	POL	BALL	09:58:00	10:18:00		10:48:00		11:18:00		11:23:00			12:13:00	12:16:00		
4	KARIKA Polina	UKR	HOOP	10:01:00		10:21:00		10:51:00	11:21:00	11:26:00				12:16:00	12:19:00		
5	GARRELTS Lyvana	NED	BALL	10:04:00	10:24:00		10:54:00		11:24:00				11:29:00	12:19:00	12:22:00		
6	DRAGAS Tara	ITA	HOOP	10:07:00		10:27:00		10:57:00	11:27:00			11:32:00		12:22:00	12:25:00		
7	ASSOR Viktoria	EST	HOOP	10:10:00	10:30:00		11:00:00		11:30:00		11:35:00			12:25:00	12:28:00		
8	BREZALIEVA Eva	BUL	BALL	10:13:00		10:33:00		11:03:00	11:33:00	11:38:00				12:28:00	12:31:00		
9	LEONOVICH Polina	NED	BALL	10:16:00		10:36:00		11:06:00	11:36:00			11:41:00		12:31:00	12:34:00		
10	WANG Zihan	CHN	BALL	10:19:00	10:39:00		11:09:00		11:39:00		11:44:00			12:34:00	12:37:00		
11	MONTILLA SANCHEZ A.	VEN	BALL	10:22:00		10:42:00		11:12:00	11:42:00	11:47:00				12:37:00	12:40:00		
12	FREITAS Carolina	POR	HOOP	10:25:00	10:45:00		11:15:00		11:45:00				11:50:00	12:40:00	12:43:00		
13	KEYS Rin	USA	BALL	10:28:00		10:48:00		11:18:00	11:48:00			11:53:00		12:43:00	12:46:00		
14	BIJNENS Maya	BEL	HOOP	10:31:00	10:51:00		11:21:00		11:51:00		11:56:00			12:46:00	12:49:00		
15	ARAUJO Rita	POR	HOOP	10:34:00		10:54:00		11:24:00	11:54:00	11:59:00				12:49:00	12:52:00		
1	SARANOVA Tereza	SVK	BALL											12:52:00	12:55:00		
2	LOVASZ Luca Flora	HUN	HOOP											12:55:00	12:58:00		
3	LEWINSKA Liliana	POL	HOOP											12:58:00	13:01:00		
4	KARIKA Polina	UKR	BALL											13:01:00	13:04:00		
5	GARRELTS Lyvana	NED	HOOP											13:04:00	13:07:00		
6	DRAGAS Tara	ITA	BALL											13:07:00	13:10:00		
7	ASSOR Viktoria	EST	BALL											13:10:00	13:13:00		
8	BREZALIEVA Eva	BUL	HOOP											13:13:00	13:16:00		
9	LEONOVICH Polina	NED	HOOP											13:16:00	13:19:00		
10	WANG Zihan	CHN	HOOP											13:19:00	13:22:00		
11	MONTILLA SANCHEZ A.	VEN	HOOP											13:22:00	13:25:00		
12	FREITAS Carolina	POR	BALL											13:25:00	13:28:00		
13	KEYS Rin	USA	HOOP											13:28:00	13:31:00		
14	BIJNENS Maya	BEL	BALL											13:31:00	13:34:00		
15	ARAUJO Rita	POR	BALL											13:34:00	13:37:00		

18 July GROUP C		NF	APPARATUS	Stretching Zone	I	H	G	F		E	D	C	B	WAITING ZONE	A	
				TRAINING HALL GALLERY						WARM-UP FORUM					3 min	FOP
				20 min	30 min		30 min	5 min		50 min						3 min
1	SARANTSEVA Anastasiya	UZB	HOOP	12:27:00	12:47:00		13:17:00		13:47:00				13:52:00	14:42:00	14:45:00	
2	AVGOUSTI Maria	CYP	BALL	12:30:00		12:50:00		13:20:00	13:50:00			13:55:00		14:45:00	14:48:00	
3	RAMILO Jasmine A.	PHI	HOOP	12:33:00	12:53:00		13:23:00		13:53:00		13:58:00			14:48:00	14:51:00	
4	HAVLIKOVA Karolina	CZE	BALL	12:36:00		12:56:00		13:26:00	13:56:00	14:01:00				14:51:00	14:54:00	
5	MUNITS Daniela	ISR	HOOP	12:39:00	12:59:00		13:29:00		13:59:00				14:04:00	14:54:00	14:57:00	
6	ENACHE Sabina	ROU	BALL	12:42:00		13:02:00		13:32:00	14:02:00			14:07:00		14:57:00	15:00:00	
7	NENE Wothabo	RSA	HOOP	12:45:00	13:05:00		13:35:00		14:05:00		14:10:00			15:00:00	15:03:00	
8	WANG Zilu	CHN	BALL	12:48:00		13:08:00		13:38:00	14:08:00	14:13:00				15:03:00	15:06:00	
9	LEBEDEVA Alise	LAT	HOOP	12:51:00	13:11:00		13:41:00		14:11:00				14:16:00	15:06:00	15:09:00	
10	YANG Mikayla Angeline	SGP	BALL	12:54:00		13:14:00		13:44:00	14:14:00			14:19:00		15:09:00	15:12:00	
11	CASALI Gioia	SMR	HOOP	12:57:00	13:17:00		13:47:00		14:17:00		14:22:00			15:12:00	15:15:00	
12	MOYA Valentina	MEX	BALL	13:00:00		13:20:00		13:50:00	14:20:00	14:25:00				15:15:00	15:18:00	
13	URRUTIA Trinidad	CHI	HOOP	13:03:00	13:23:00		13:53:00		14:23:00				14:28:00	15:18:00	15:21:00	
14	NEUMANN Julia	AUT	BALL	13:06:00		13:26:00		13:56:00	14:26:00			14:31:00		15:21:00	15:24:00	
15	EMIR Hatice Gokce	TUR	HOOP	13:09:00	13:29:00		13:59:00		14:29:00		14:34:00			15:24:00	15:27:00	
16	SOTO Emilia	CHI	BALL	13:12:00		13:32:00		14:02:00	14:32:00	14:37:00				15:27:00	15:30:00	
17	CHU Megan	USA	HOOP	13:15:00	13:35:00		14:05:00		14:35:00				14:40:00	15:30:00	15:33:00	
18	ENGSTRAND Josefine	SWE	BALL	13:18:00		13:38:00		14:08:00	14:38:00			14:43:00		15:33:00	15:36:00	
19	LICA Amalia	ROU	HOOP	13:21:00	13:41:00		14:11:00		14:41:00		14:46:00			15:36:00	15:39:00	
20	TKATCHEVA Darya	AIN	BALL	13:24:00		13:44:00		14:14:00	14:44:00	14:49:00				15:39:00	15:42:00	
1	SARANTSEVA Anastasiya	UZB	BALL											15:42:00	15:45:00	
2	AVGOUSTI Maria	CYP	HOOP											15:45:00	15:48:00	
3	RAMILO Jasmine A.	PHI	BALL											15:48:00	15:51:00	
4	HAVLIKOVA Karolina	CZE	HOOP											15:51:00	15:54:00	
5	MUNITS Daniela	ISR	BALL											15:54:00	15:57:00	
6	ENACHE Sabina	ROU	HOOP											15:57:00	16:00:00	
7	NENE Wothabo	RSA	BALL											16:00:00	16:03:00	
8	WANG Zilu	CHN	HOOP											16:03:00	16:06:00	
9	LEBEDEVA Alise	LAT	BALL											16:06:00	16:09:00	
10	YANG Mikayla Angeline	SGP	HOOP											16:09:00	16:12:00	
11	CASALI Gioia	SMR	BALL											16:12:00	16:15:00	
12	MOYA Valentina	MEX	HOOP											16:15:00	16:18:00	
13	URRUTIA Trinidad	CHI	BALL											16:18:00	16:21:00	
14	NEUMANN Julia	AUT	HOOP											16:21:00	16:24:00	
15	EMIR Hatice Gokce	TUR	BALL											16:24:00	16:27:00	
16	SOTO Emilia	CHI	HOOP											16:27:00	16:30:00	
17	CHU Megan	USA	BALL											16:30:00	16:33:00	
18	ENGSTRAND Josefine	SWE	HOOP											16:33:00	16:36:00	
19	LICA Amalia	ROU	BALL											16:36:00	16:39:00	
20	TKATCHEVA Darya	AIN	HOOP											16:39:00	16:42:00	

18 July GROUP D		NF	APPARATUS	Stretching Zone	I	H	G	F		E	D	C	B	WAITING ZONE	A		
				TRAINING HALL GALLERY						WARM-UP FORUM					3 min	3 min	
				20 min	30 min		30 min	5 min		50 min							
1	DOMINGUEZ Jimena	VEN	HOOP	14:37:00	14:57:00		15:27:00		15:57:00				16:02:00	16:52:00	16:55:00		
2	MALPICA Marina	MEX	BALL	14:40:00		15:00:00		15:30:00	16:00:00			16:05:00		16:55:00	16:58:00		
3	ROSSI Camilla	SMR	HOOP	14:43:00	15:03:00		15:33:00		16:03:00		16:08:00			16:58:00	17:01:00		
4	DJURAEVA Lola	UZB	BALL	14:46:00		15:06:00		15:36:00	16:06:00	16:11:00				17:01:00	17:04:00		
5	PAVLENKO Patricija	LAT	HOOP	14:49:00	15:09:00		15:39:00		16:09:00				16:14:00	17:04:00	17:07:00		
6	RANA Muskan	IND	BALL	14:52:00		15:12:00		15:42:00	16:12:00			16:17:00		17:07:00	17:10:00		
7	PHILAPHANDETH Praewa M.	LAO	HOOP	14:55:00	15:15:00		15:45:00		16:15:00		16:20:00			17:10:00	17:13:00		
8	BENKOVITSOVA Xenia	SVK	BALL	14:58:00		15:18:00		15:48:00	16:18:00	16:23:00				17:13:00	17:16:00		
9	DOMINGOS Barbara	BRA	HOOP	15:01:00	15:21:00		15:51:00		16:21:00				16:26:00	17:16:00	17:19:00		
10	HEICHEL Emilia	POL	BALL	15:04:00		15:24:00		15:54:00	16:24:00			16:29:00		17:19:00	17:22:00		
11	SUZUKI Naruha	JPN	HOOP	15:07:00	15:27:00		15:57:00		16:27:00		16:32:00			17:22:00	17:25:00		
12	TRAN Margot	FRA	HOOP	15:10:00		15:30:00		16:00:00	16:30:00	16:35:00				17:25:00	17:28:00		
13	KHACHATRYAN Tatev	ARM	BALL	15:13:00	15:33:00		16:03:00		16:33:00				16:38:00	17:28:00	17:31:00		
14	SHEREMEY Elina	SWE	HOOP	15:16:00		15:36:00		16:06:00	16:36:00			16:41:00		17:31:00	17:34:00		
15	PONIKVAR Alja	SLO	BALL	15:19:00	15:39:00		16:09:00		16:39:00		16:44:00			17:34:00	17:37:00		
16	TUGOLUKOVA Vera	CYP	HOOP	15:22:00		15:42:00		16:12:00	16:42:00	16:47:00				17:37:00	17:40:00		
17	VIARENICH Darya	AIN	BALL	15:25:00	15:45:00		16:15:00		16:45:00				16:50:00	17:40:00	17:43:00		
18	VARFOLOMEEV Darja	GER	HOOP	15:28:00		15:48:00		16:18:00	16:48:00			16:53:00		17:43:00	17:46:00		
19	STEINFELD Viktoria	GER	BALL	15:31:00	15:51:00		16:21:00		16:51:00		16:56:00			17:46:00	17:49:00		
1	DOMINGUEZ Jimena	VEN	BALL											17:49:00	17:52:00		
2	MALPICA Marina	MEX	HOOP											17:52:00	17:55:00		
3	ROSSI Camilla	SMR	BALL											17:55:00	17:58:00		
4	DJURAEVA Lola	UZB	HOOP											17:58:00	18:01:00		
5	PAVLENKO Patricija	LAT	BALL											18:01:00	18:04:00		
6	RANA Muskan	IND	HOOP											18:04:00	18:07:00		
7	PHILAPHANDETH Praewa M.	LAO	BALL											18:07:00	18:10:00		
8	BENKOVITSOVA Xenia	SVK	HOOP											18:10:00	18:13:00		
9	DOMINGOS Barbara	BRA	BALL											18:13:00	18:16:00		
10	HEICHEL Emilia	POL	HOOP											18:16:00	18:19:00		
11	SUZUKI Naruha	JPN	BALL											18:19:00	18:22:00		
12	TRAN Margot	FRA	BALL											18:22:00	18:25:00		
13	KHACHATRYAN Tatev	ARM	HOOP											18:25:00	18:28:00		
14	SHEREMEY Elina	SWE	BALL											18:28:00	18:31:00		
15	PONIKVAR Alja	SLO	HOOP											18:31:00	18:34:00		
16	TUGOLUKOVA Vera	CYP	BALL											18:34:00	18:37:00		
17	VIARENICH Darya	AIN	HOOP											18:37:00	18:40:00		
18	VARFOLOMEEV Darja	GER	BALL											18:40:00	18:43:00		
19	STEINFELD Viktoria	GER	HOOP											18:43:00	18:46:00		

RGG

FIG RG WORLD CUP MILANO 2025



18 July 5 RIBBONS		Stretching Zone	I	H	G	F		E	D	C	B	WAITING ZONE	A	
		TRAINING HALL GALLERY						WARM-UP FORUM					FOP	
		20 min	30 min		30 min			5 min	60 min					5 min
GROUP A														
1	POL	17:00:00	17:20:00		17:50:00		18:20:00					18:25:00	19:25:00	19:30:00
2	CHN	17:30:00		17:50:00		17:55:00	18:25:00				18:30:00		19:30:00	19:35:00
3	UKR	17:10:00	17:30:00		18:00:00		18:30:00			18:35:00			19:35:00	19:40:00
4	FIN	17:40:00		18:00:00		18:05:00	18:35:00	18:40:00					19:40:00	19:45:00
5	USA	17:20:00	17:40:00		18:10:00		18:40:00					18:45:00	19:45:00	19:50:00
6	UZB	17:50:00		18:10:00		18:15:00	18:45:00				18:50:00		19:50:00	19:55:00
7	BRA	17:30:00	17:50:00		18:20:00		18:50:00			18:55:00			19:55:00	20:00:00
8	CAN	18:00:00		18:20:00		18:25:00	18:55:00	19:00:00					20:00:00	20:05:00
9	HUN	17:40:00	18:00:00		18:30:00		19:00:00					19:05:00	20:05:00	20:10:00
GROUP B														
1	TUR	17:55:00	18:15:00		18:45:00		19:15:00					19:20:00	20:20:00	20:25:00
2	ISR	18:25:00		18:45:00		18:50:00	19:20:00				19:25:00		20:25:00	20:30:00
3	FRA	18:05:00	18:25:00		18:55:00		19:25:00			19:30:00			20:30:00	20:35:00
4	CZE	18:35:00		18:55:00		19:00:00	19:30:00	19:35:00					20:35:00	20:40:00
5	MEX	18:15:00	18:35:00		19:05:00		19:35:00					19:40:00	20:40:00	20:45:00
6	JPN	18:45:00		19:05:00		19:10:00	19:40:00				19:45:00		20:45:00	20:50:00
7	ITA	18:25:00	18:45:00		19:15:00		19:45:00			19:50:00			20:50:00	20:55:00
8	GER	18:55:00		19:15:00		19:20:00	19:50:00	19:55:00					20:55:00	21:00:00



## FIG RG WORLD CUP MILANO 2025



### TRAINING *SPORTING MILANO 3*

RGI		COREOGRAPHY + TRAINING B	COREOGRAPHY + TRAINING A	MUSIC FLOOR 1	MUSIC FLOOR 2
	<b>18 July</b>	<i>45 min</i>		<i>45 min</i>	
1	GR A - 1-7	16:15:00		<b>17:00:00</b>	
2	GR A - 8-13		16:15:00		<b>17:00:00</b>
3	GR A - 14-20	17:00:00		<b>17:45:00</b>	
4	GR B - 1-5		17:00:00		<b>17:45:00</b>
5	GR B - 6-10	17:45:00		<b>18:30:00</b>	
6	GR B - 11-15		17:45:00		<b>18:30:00</b>
7	GR C - 1-7	18:30:00		<b>19:15:00</b>	
8	GR C - 8-13		18:30:00		<b>19:15:00</b>
9	GR C - 14-20	19:15:00		<b>20:00:00</b>	
10	GR D - 1-6		19:15:00		<b>20:00:00</b>
11	GR D - 7-12	20:00:00		<b>20:45:00</b>	
12	GR D - 13-19		20:00:00		<b>20:45:00</b>



## FIG RG WORLD CUP MILANO 2025



### TRAINING *SPORTING MILANO 3*

<b>RGG</b>		<b>COREOGRAPHY + TRAINING B</b>	<b>COREOGRAPHY + TRAINING A</b>	<b>MUSIC FLOOR 1</b>	<b>MUSIC FLOOR 2</b>
	<b>19 July</b>	<i>60 min</i>		<i>60 min</i>	
1	TUR-ISR	09:00:00		<b>10:00:00</b>	
2	FRA-CZE		09:00:00		<b>10:00:00</b>
3	MEX-JPN	10:00:00		<b>11:00:00</b>	
4	ITA-GER		10:00:00		<b>11:00:00</b>
5	POL-CHN	11:00:00		<b>12:00:00</b>	
6	UKR-FIN		11:00:00		<b>12:00:00</b>
7	USA-UZB	12:00:00		<b>13:00:00</b>	
8	BRA-CAN		12:00:00		<b>13:00:00</b>
9	HUN	13:00:00		<b>14:00:00</b>	

RGI

## FIG RG WORLD CUP MILANO 2025



19 July GROUP B		NF	APPARATUS	Stretching Zone	I	H	G	F		E	D	C	B	WAITING ZONE	A		
				TRAINING HALL GALLERY						WARM-UP FORUM					3 min	3 min	
				20 min	30 min		30 min			5 min	50 min						
1	SARANOVA Tereza	SVK	CLUBS	07:42:00	08:02:00		08:32:00		09:02:00				09:07:00	09:57:00	10:00:00		
2	LOVASZ Luca Flora	HUN	RIBBON	07:45:00		08:05:00		08:35:00	09:05:00			09:10:00		10:00:00	10:03:00		
3	LEWINSKA Liliana	POL	RIBBON	07:48:00	08:08:00		08:38:00		09:08:00		09:13:00			10:03:00	10:06:00		
4	KARIKA Polina	UKR	CLUBS	07:51:00		08:11:00		08:41:00	09:11:00	09:16:00				10:06:00	10:09:00		
5	GARRELTS Lyvana	NED	RIBBON	07:54:00	08:14:00		08:44:00		09:14:00				09:19:00	10:09:00	10:12:00		
6	DRAGAS Tara	ITA	CLUBS	07:57:00		08:17:00		08:47:00	09:17:00			09:22:00		10:12:00	10:15:00		
7	ASSOR Viktoria	EST	CLUBS	08:00:00	08:20:00		08:50:00		09:20:00		09:25:00			10:15:00	10:18:00		
8	BREZALIEVA Eva	BUL	RIBBON	08:03:00		08:23:00		08:53:00	09:23:00	09:28:00				10:18:00	10:21:00		
9	LEONOVICH Polina	NED	RIBBON	08:06:00		08:26:00		08:56:00	09:26:00			09:31:00		10:21:00	10:24:00		
10	WANG Zihan	CHN	RIBBON	08:09:00	08:29:00		08:59:00		09:29:00		09:34:00			10:24:00	10:27:00		
11	MONTILLA SANCHEZ A.	VEN	RIBBON	08:12:00		08:32:00		09:02:00	09:32:00	09:37:00				10:27:00	10:30:00		
12	FREITAS Carolina	POR	CLUBS	08:15:00	08:35:00		09:05:00		09:35:00				09:40:00	10:30:00	10:33:00		
13	KEYS Rin	USA	RIBBON	08:18:00		08:38:00		09:08:00	09:38:00			09:43:00		10:33:00	10:36:00		
14	BIJNENS Maya	BEL	CLUBS	08:21:00	08:41:00		09:11:00		09:41:00		09:46:00			10:36:00	10:39:00		
15	ARAUJO Rita	POR	CLUBS	08:24:00		08:44:00		09:14:00	09:44:00	09:49:00				10:39:00	10:42:00		
1	SARANOVA Tereza	SVK	RIBBON											10:42:00	10:45:00		
2	LOVASZ Luca Flora	HUN	CLUBS											10:45:00	10:48:00		
3	LEWINSKA Liliana	POL	CLUBS											10:48:00	10:51:00		
4	KARIKA Polina	UKR	RIBBON											10:51:00	10:54:00		
5	GARRELTS Lyvana	NED	CLUBS											10:54:00	10:57:00		
6	DRAGAS Tara	ITA	RIBBON											10:57:00	11:00:00		
7	ASSOR Viktoria	EST	RIBBON											11:00:00	11:03:00		
8	BREZALIEVA Eva	BUL	CLUBS											11:03:00	11:06:00		
9	LEONOVICH Polina	NED	CLUBS											11:06:00	11:09:00		
10	WANG Zihan	CHN	CLUBS											11:09:00	11:12:00		
11	MONTILLA SANCHEZ A.	VEN	CLUBS											11:12:00	11:15:00		
12	FREITAS Carolina	POR	RIBBON											11:15:00	11:18:00		
13	KEYS Rin	USA	CLUBS											11:18:00	11:21:00		
14	BIJNENS Maya	BEL	RIBBON											11:21:00	11:24:00		
15	ARAUJO Rita	POR	RIBBON											11:24:00	11:27:00		

19 July GROUP A		NF	APPARATUS	Strechng Zone	I	H	G	F		E	D	C	B	WAITING ZONE	A	
				TRAINING HALL GALLERY						WARM-UP FORUM					FOP	
				20 min	30 min		30 min	5 min		50 min					3 min	3 min
1	KAJAIA Mariani	GEO	CLUBS	09:22:00	09:42:00		10:12:00		10:42:00				10:47:00	11:37:00	11:40:00	
2	ONOFRIICHUK Taisiia	UKR	RIBBON	09:25:00		09:45:00		10:15:00	10:45:00			10:50:00		11:40:00	11:43:00	
3	TRICOLICI Milana	LTU	CLUBS	09:28:00	09:48:00		10:18:00		10:48:00		10:53:00			11:43:00	11:46:00	
4	MATSUSAKA Reina	JPN	RIBBON	09:31:00		09:51:00		10:21:00	10:51:00	10:56:00				11:46:00	11:49:00	
5	RAMADANI Gresa	CRO	CLUBS	09:34:00	09:54:00		10:24:00		10:54:00				10:59:00	11:49:00	11:52:00	
6	KVANTALIANI Nino	GEO	RIBBON	09:37:00		09:57:00		10:27:00	10:57:00			11:02:00		11:52:00	11:55:00	
7	RAFFAELI Sofia	ITA	CLUBS	09:40:00	10:00:00		10:30:00		11:00:00		11:05:00			11:55:00	11:58:00	
8	RAMONATXO Lily	FRA	RIBBON	09:43:00		10:03:00		10:33:00	11:03:00	11:08:00				11:58:00	12:01:00	
9	SUMKIN Meital Maayan	ISR	RIBBON	09:46:00	10:06:00		10:36:00		11:06:00				11:11:00	12:01:00	12:04:00	
10	FOELDESI Panni	HUN	CLUBS	09:49:00		10:09:00		10:39:00	11:09:00			11:14:00		12:04:00	12:07:00	
11	KALLEMAA Carmel	CAN	RIBBON	09:52:00	10:12:00		10:42:00		11:12:00		11:17:00			12:07:00	12:10:00	
12	NIKOLOVA Stiliana	BUL	CLUBS	09:55:00		10:15:00		10:45:00	11:15:00	11:20:00				12:10:00	12:13:00	
13	ROGOZHINA Anastasia	FIN	RIBBON	09:58:00	10:18:00		10:48:00		11:18:00				11:23:00	12:13:00	12:16:00	
14	MORE Shubhashree	IND	CLUBS	10:01:00		10:21:00		10:51:00	11:21:00			11:26:00		12:16:00	12:19:00	
15	NOVAKOVA Nikola	CZE	RIBBON	10:04:00	10:24:00		10:54:00		11:24:00		11:29:00			12:19:00	12:22:00	
16	ALEXANDRE M.Eduarda	BRA	CLUBS	10:07:00		10:27:00		10:57:00	11:27:00	11:32:00				12:22:00	12:25:00	
17	VAHER Anette	EST	RIBBON	10:10:00	10:30:00		11:00:00		11:30:00				11:35:00	12:25:00	12:28:00	
18	HE Cindy	CAN	CLUBS	10:13:00		10:33:00		11:03:00	11:33:00			11:38:00		12:28:00	12:31:00	
19	PUSCH Lada	GER	RIBBON	10:16:00	10:36:00		11:06:00		11:36:00				11:41:00	12:31:00	12:34:00	
20	GIELIS Laura	BEL	CLUBS	10:19:00		10:39:00		11:09:00	11:39:00		11:44:00			12:34:00	12:37:00	
1	KAJAIA Mariani	GEO	RIBBON											12:37:00	12:40:00	
2	ONOFRIICHUK Taisiia	UKR	CLUBS											12:40:00	12:43:00	
3	TRICOLICI Milana	LTU	RIBBON											12:43:00	12:46:00	
4	MATSUSAKA Reina	JPN	CLUBS											12:46:00	12:49:00	
5	RAMADANI Gresa	CRO	RIBBON											12:49:00	12:52:00	
6	KVANTALIANI Nino	GEO	CLUBS											12:52:00	12:55:00	
7	RAFFAELI Sofia	ITA	RIBBON											12:55:00	12:58:00	
8	RAMONATXO Lily	FRA	CLUBS											12:58:00	13:01:00	
9	SUMKIN Meital Maayan	ISR	CLUBS											13:01:00	13:04:00	
10	FOELDESI Panni	HUN	RIBBON											13:04:00	13:07:00	
11	KALLEMAA Carmel	CAN	CLUBS											13:07:00	13:10:00	
12	NIKOLOVA Stiliana	BUL	RIBBON											13:10:00	13:13:00	
13	ROGOZHINA Anastasia	FIN	CLUBS											13:13:00	13:16:00	
14	MORE Shubhashree	IND	RIBBON											13:16:00	13:19:00	
15	NOVAKOVA Nikola	CZE	CLUBS											13:19:00	13:22:00	
16	ALEXANDRE M.Eduarda	BRA	RIBBON											13:22:00	13:25:00	
17	VAHER Anette	EST	CLUBS											13:25:00	13:28:00	
18	HE Cindy	CAN	RIBBON											13:28:00	13:31:00	
19	PUSCH Lada	GER	CLUBS											13:31:00	13:34:00	
20	GIELIS Laura	BEL	RIBBON											13:34:00	13:37:00	

19 July GROUP D		NF	APPARATUS	Stretching Zone	I	H	G	F		E	D	C	B	WAITING ZONE	A		
				TRAINING HALL GALLERY						WARM-UP FORUM					3 min	FOP	
				20 min	30 min		30 min	5 min		50 min							3 min
1	DOMINGUEZ Jimena	VEN	CLUBS	12:27:00	12:47:00		13:17:00		13:47:00				13:52:00	14:42:00	14:45:00		
2	MALPICA Marina	MEX	RIBBON	12:30:00		12:50:00		13:20:00	13:50:00			13:55:00		14:45:00	14:48:00		
3	ROSSI Camilla	SMR	CLUBS	12:33:00	12:53:00		13:23:00		13:53:00		13:58:00			14:48:00	14:51:00		
4	DJURAEVA Lola	UZB	RIBBON	12:36:00		12:56:00		13:26:00	13:56:00	14:01:00				14:51:00	14:54:00		
5	PAVLENKO Patricija	LAT	CLUBS	12:39:00	12:59:00		13:29:00		13:59:00				14:04:00	14:54:00	14:57:00		
6	RANA Muskan	IND	RIBBON	12:42:00		13:02:00		13:32:00	14:02:00			14:07:00		14:57:00	15:00:00		
7	PHILAPHANDETH Praewa M.	LAO	CLUBS	12:45:00	13:05:00		13:35:00		14:05:00		14:10:00			15:00:00	15:03:00		
8	BENKOVITSOVA Xenia	SVK	RIBBON	12:48:00		13:08:00		13:38:00	14:08:00	14:13:00				15:03:00	15:06:00		
9	DOMINGOS Barbara	BRA	CLUBS	12:51:00	13:11:00		13:41:00		14:11:00				14:16:00	15:06:00	15:09:00		
10	HEICHEL Emilia	POL	RIBBON	12:54:00		13:14:00		13:44:00	14:14:00			14:19:00		15:09:00	15:12:00		
11	SUZUKI Naruha	JPN	CLUBS	12:57:00	13:17:00		13:47:00		14:17:00		14:22:00			15:12:00	15:15:00		
12	TRAN Margot	FRA	CLUBS	13:00:00		13:20:00		13:50:00	14:20:00	14:25:00				15:15:00	15:18:00		
13	KHACHATRYAN Tatev	ARM	RIBBON	13:03:00	13:23:00		13:53:00		14:23:00				14:28:00	15:18:00	15:21:00		
14	SHEREMEY Elina	SWE	CLUBS	13:06:00		13:26:00		13:56:00	14:26:00			14:31:00		15:21:00	15:24:00		
15	PONIKVAR Alja	SLO	RIBBON	13:09:00	13:29:00		13:59:00		14:29:00		14:34:00			15:24:00	15:27:00		
16	TUGOLUKOVA Vera	CYP	CLUBS	13:12:00		13:32:00		14:02:00	14:32:00	14:37:00				15:27:00	15:30:00		
17	VIARENICH Darya	AIN	RIBBON	13:15:00	13:35:00		14:05:00		14:35:00				14:40:00	15:30:00	15:33:00		
18	VARFOLOMEEV Darja	GER	CLUBS	13:18:00		13:38:00		14:08:00	14:38:00			14:43:00		15:33:00	15:36:00		
19	STEINFELD Viktoria	GER	RIBBON	13:21:00	13:41:00		14:11:00		14:41:00		14:46:00			15:36:00	15:39:00		
1	DOMINGUEZ Jimena	VEN	RIBBON											15:39:00	15:42:00		
2	MALPICA Marina	MEX	CLUBS											15:42:00	15:45:00		
3	ROSSI Camilla	SMR	RIBBON											15:45:00	15:48:00		
4	DJURAEVA Lola	UZB	CLUBS											15:48:00	15:51:00		
5	PAVLENKO Patricija	LAT	RIBBON											15:51:00	15:54:00		
6	RANA Muskan	IND	CLUBS											15:54:00	15:57:00		
7	PHILAPHANDETH Praewa M.	LAO	RIBBON											15:57:00	16:00:00		
8	BENKOVITSOVA Xenia	SVK	CLUBS											16:00:00	16:03:00		
9	DOMINGOS Barbara	BRA	RIBBON											16:03:00	16:06:00		
10	HEICHEL Emilia	POL	CLUBS											16:06:00	16:09:00		
11	SUZUKI Naruha	JPN	RIBBON											16:09:00	16:12:00		
12	TRAN Margot	FRA	RIBBON											16:12:00	16:15:00		
13	KHACHATRYAN Tatev	ARM	CLUBS											16:15:00	16:18:00		
14	SHEREMEY Elina	SWE	RIBBON											16:18:00	16:21:00		
15	PONIKVAR Alja	SLO	CLUBS											16:21:00	16:24:00		
16	TUGOLUKOVA Vera	CYP	RIBBON											16:24:00	16:27:00		
17	VIARENICH Darya	AIN	CLUBS											16:27:00	16:30:00		
18	VARFOLOMEEV Darja	GER	RIBBON											16:30:00	16:33:00		
19	STEINFELD Viktoria	GER	CLUBS											16:33:00	16:36:00		

19 July GROUP C		NF	APPARATUS	Strechng Zone	I	H	G	F		E	D	C	B	WAITING ZONE	A		
				TRAINING HALL GALLERY						WARM-UP FORUM					3 min	3 min	
				20 min	30 min		30 min			5 min	50 min						
1	SARANTSEVA Anastasiya	UZB	CLUBS	14:32:00	14:52:00		15:22:00		15:52:00				15:57:00	16:47:00	16:50:00		
2	AVGOUSTI Maria	CYP	RIBBON	14:35:00		14:55:00		15:25:00	15:55:00			16:00:00		16:50:00	16:53:00		
3	RAMILO Jasmine A.	PHI	CLUBS	14:38:00	14:58:00		15:28:00		15:58:00		16:03:00			16:53:00	16:56:00		
4	HAVLIKOVA Karolina	CZE	RIBBON	14:41:00		15:01:00		15:31:00	16:01:00	16:06:00				16:56:00	16:59:00		
5	MUNITS Daniela	ISR	CLUBS	14:44:00	15:04:00		15:34:00		16:04:00				16:09:00	16:59:00	17:02:00		
6	ENACHE Sabina	ROU	RIBBON	14:47:00		15:07:00		15:37:00	16:07:00			16:12:00		17:02:00	17:05:00		
7	NENE Wothabo	RSA	CLUBS	14:50:00	15:10:00		15:40:00		16:10:00		16:15:00			17:05:00	17:08:00		
8	WANG Zilu	CHN	RIBBON	14:53:00		15:13:00		15:43:00	16:13:00	16:18:00				17:08:00	17:11:00		
9	LEBEDEVA Alise	LAT	CLUBS	14:56:00	15:16:00		15:46:00		16:16:00				16:21:00	17:11:00	17:14:00		
10	YANG Mikayla Angeline	SGP	RIBBON	14:59:00		15:19:00		15:49:00	16:19:00			16:24:00		17:14:00	17:17:00		
11	CASALI Gioia	SMR	CLUBS	15:02:00	15:22:00		15:52:00		16:22:00		16:27:00			17:17:00	17:20:00		
12	MOYA Valentina	MEX	RIBBON	15:05:00		15:25:00		15:55:00	16:25:00	16:30:00				17:20:00	17:23:00		
13	URRUTIA Trinidad	CHI	CLUBS	15:08:00	15:28:00		15:58:00		16:28:00				16:33:00	17:23:00	17:26:00		
14	NEUMANN Julia	AUT	RIBBON	15:11:00		15:31:00		16:01:00	16:31:00			16:36:00		17:26:00	17:29:00		
15	EMIR Hatice Gokce	TUR	CLUBS	15:14:00	15:34:00		16:04:00		16:34:00		16:39:00			17:29:00	17:32:00		
16	SOTO Emilia	CHI	RIBBON	15:17:00		15:37:00		16:07:00	16:37:00	16:42:00				17:32:00	17:35:00		
17	CHU Megan	USA	CLUBS	15:20:00	15:40:00		16:10:00		16:40:00				16:45:00	17:35:00	17:38:00		
18	ENGSTRAND Josefina	SWE	RIBBON	15:23:00		15:43:00		16:13:00	16:43:00			16:48:00		17:38:00	17:41:00		
19	LICA Amalia	ROU	CLUBS	15:26:00	15:46:00		16:16:00		16:46:00				16:51:00	17:41:00	17:44:00		
20	TKATCHEVA Darya	AIN	RIBBON	15:29:00		15:49:00		16:19:00	16:49:00			16:54:00		17:44:00	17:47:00		
1	SARANTSEVA Anastasiya	UZB	RIBBON											17:47:00	17:50:00		
2	AVGOUSTI Maria	CYP	CLUBS											17:50:00	17:53:00		
3	RAMILO Jasmine A.	PHI	RIBBON											17:53:00	17:56:00		
4	HAVLIKOVA Karolina	CZE	CLUBS											17:56:00	17:59:00		
5	MUNITS Daniela	ISR	RIBBON											17:59:00	18:02:00		
6	ENACHE Sabina	ROU	CLUBS											18:02:00	18:05:00		
7	NENE Wothabo	RSA	RIBBON											18:05:00	18:08:00		
8	WANG Zilu	CHN	CLUBS											18:08:00	18:11:00		
9	LEBEDEVA Alise	LAT	RIBBON											18:11:00	18:14:00		
10	YANG Mikayla Angeline	SGP	CLUBS											18:14:00	18:17:00		
11	CASALI Gioia	SMR	RIBBON											18:17:00	18:20:00		
12	MOYA Valentina	MEX	CLUBS											18:20:00	18:23:00		
13	URRUTIA Trinidad	CHI	RIBBON											18:23:00	18:26:00		
14	NEUMANN Julia	AUT	CLUBS											18:26:00	18:29:00		
15	EMIR Hatice Gokce	TUR	RIBBON											18:29:00	18:32:00		
16	SOTO Emilia	CHI	CLUBS											18:32:00	18:35:00		
17	CHU Megan	USA	RIBBON											18:35:00	18:38:00		
18	ENGSTRAND Josefina	SWE	CLUBS											18:38:00	18:41:00		
19	LICA Amalia	ROU	RIBBON											18:41:00	18:44:00		
20	TKATCHEVA Darya	AIN	CLUBS											18:44:00	18:47:00		

**RGG**

**FIG RG WORLD CUP MILANO 2025**



19 July 3+2		Streching Zone	I	H	G	F		E	D	C	B	WAITING ZONE	A	
		TRAINING HALL GALLERY						WARM-UP FORUM					FOP	
		20 min	30 min		30 min			5 min	60 min				5 min	5 min
GROUP B														
1	TUR	17:30:00	17:50:00		18:20:00		18:50:00				18:55:00	19:55:00	20:00:00	
2	ISR	18:00:00		18:20:00		18:25:00	18:55:00			19:00:00		20:00:00	20:05:00	
3	FRA	17:40:00	18:00:00		18:30:00		19:00:00		19:05:00			20:05:00	20:10:00	
4	CZE	18:10:00		18:30:00		18:35:00	19:05:00	19:10:00				20:10:00	20:15:00	
5	MEX	17:50:00	18:10:00		18:40:00		19:10:00				19:15:00	20:15:00	20:20:00	
6	JPN	18:20:00		18:40:00		18:45:00	19:15:00			19:20:00		20:20:00	20:25:00	
7	ITA	18:00:00	18:20:00		18:50:00		19:20:00		19:25:00			20:25:00	20:30:00	
8	GER	18:30:00		18:50:00		18:55:00	19:25:00	19:30:00				20:30:00	20:35:00	
GROUP A														
1	POL	18:20:00	18:40:00		19:10:00		19:40:00				19:45:00	20:45:00	20:50:00	
2	CHN	18:50:00		19:10:00		19:15:00	19:45:00			19:50:00		20:50:00	20:55:00	
3	UKR	18:30:00	18:50:00		19:20:00		19:50:00		19:55:00			20:55:00	21:00:00	
4	FIN	19:00:00		19:20:00		19:25:00	19:55:00	20:00:00				21:00:00	21:05:00	
5	USA	18:40:00	19:00:00		19:30:00		20:00:00				20:05:00	21:05:00	21:10:00	
6	UZB	19:10:00		19:30:00		19:35:00	20:05:00			20:10:00		21:10:00	21:15:00	
7	BRA	18:50:00	19:10:00		19:40:00		20:10:00		20:15:00			21:15:00	21:20:00	
8	CAN	19:20:00		19:40:00		19:45:00	20:15:00	20:20:00				21:20:00	21:25:00	
9	HUN	19:00:00	19:20:00		19:50:00		20:20:00				20:25:00	21:25:00	21:30:00	



## FIG RG WORLD CUP MILANO 2025

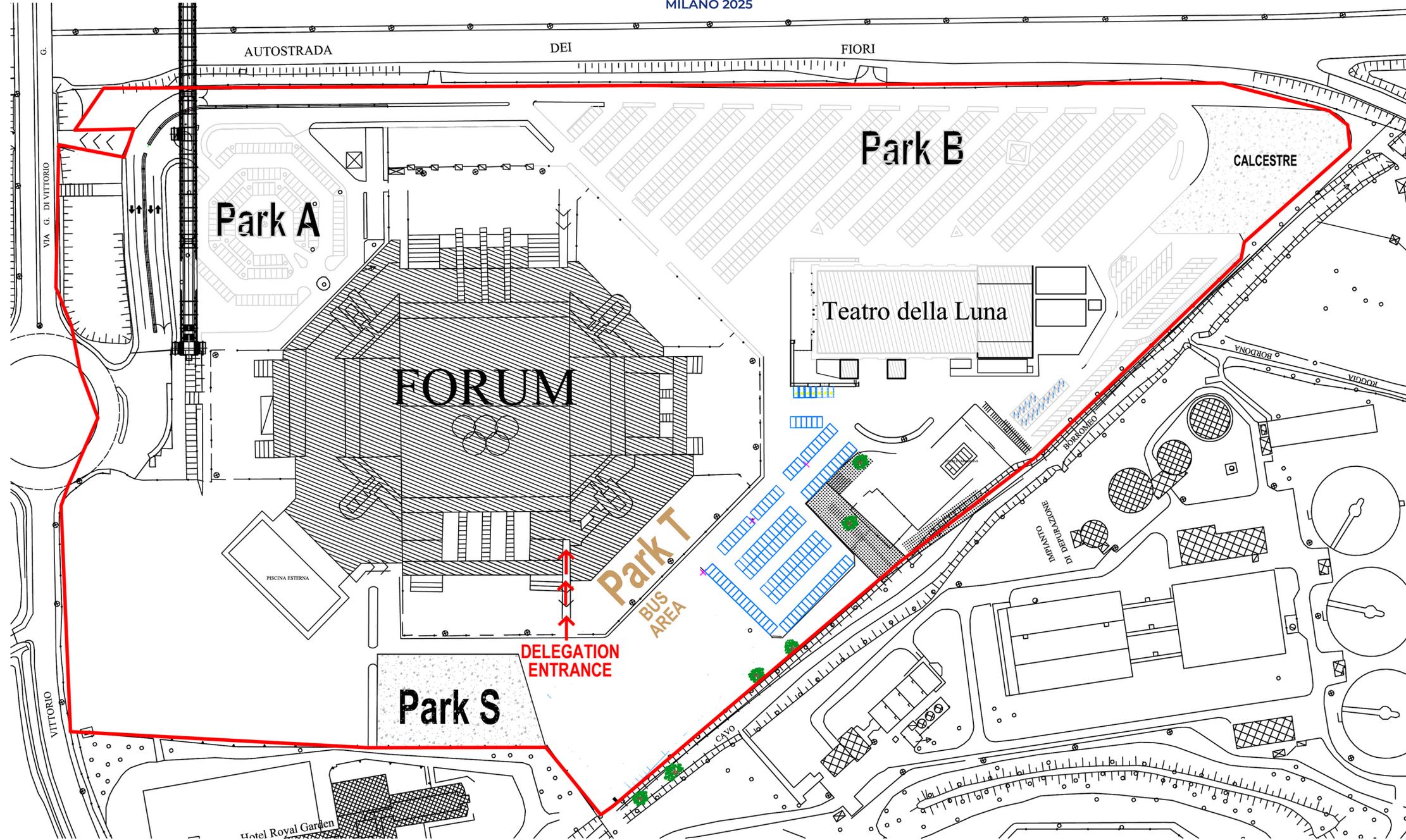


### TRAINING *SPORTING MILANO 3*

<b>RGI</b>		COREOGRAPHY + TRAINING B	COREOGRAPHY + TRAINING A	MUSIC FLOOR 1	MUSIC FLOOR 2
	<b>19 July</b>	<i>45 min</i>		<i>45 min</i>	
1	GR B - 1-5	16:15:00		<b>17:00:00</b>	
2	GR B - 6-10		16:15:00		<b>17:00:00</b>
3	GR B - 11-15	17:00:00		<b>17:45:00</b>	
4	GR A - 1-7		17:00:00		<b>17:45:00</b>
5	GR A - 8-13	17:45:00		<b>18:30:00</b>	
6	GR A - 14-20		17:45:00		<b>18:30:00</b>
7	GR D - 1-6	18:30:00		<b>19:15:00</b>	
8	GR D - 7-12		18:30:00		<b>19:15:00</b>
9	GR D - 13-19	19:15:00		<b>20:00:00</b>	
10	GR C - 1-7		19:15:00		<b>20:00:00</b>
11	GR C - 8-13	20:00:00		<b>20:45:00</b>	
12	GR C - 14-20		20:00:00		<b>20:45:00</b>

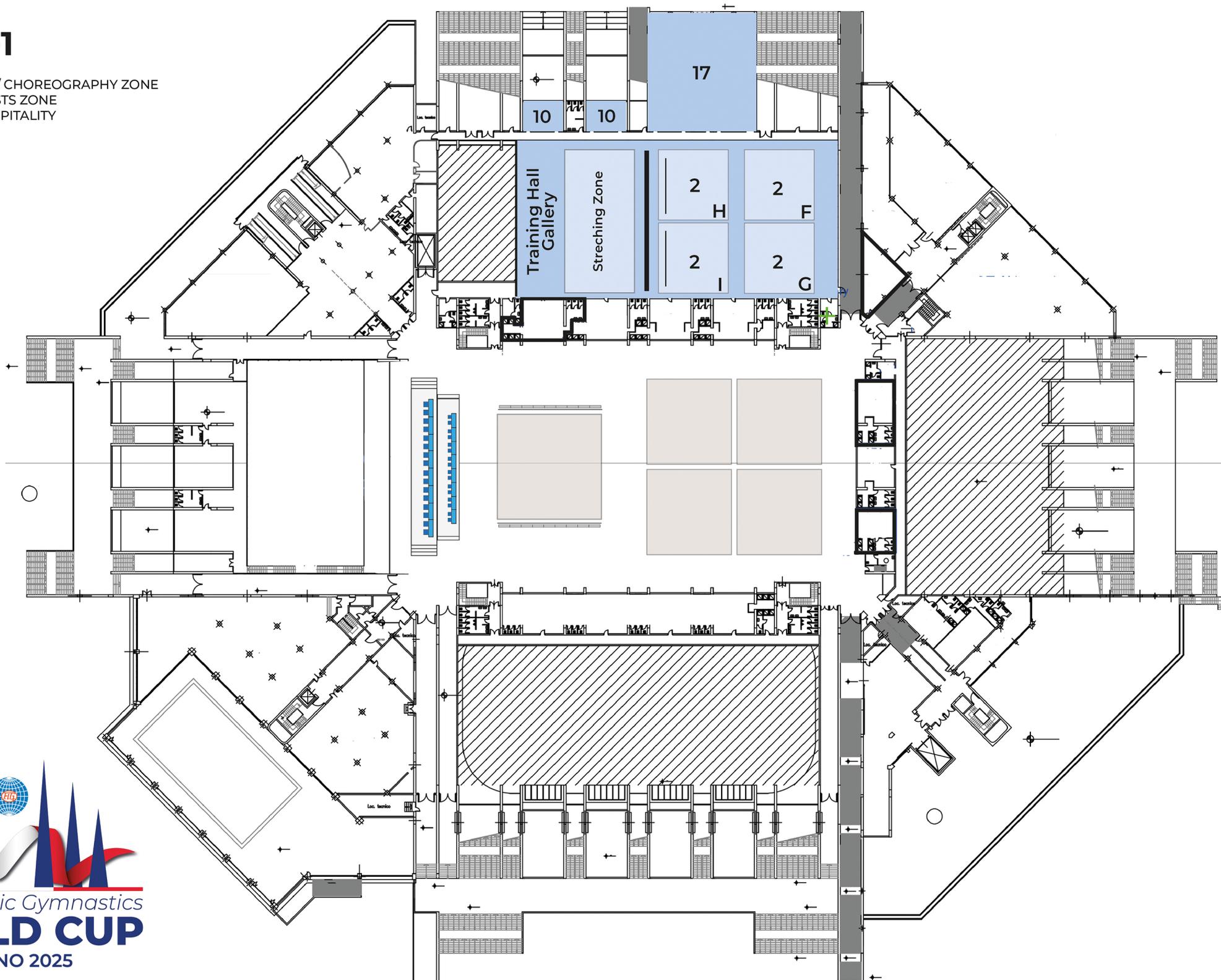






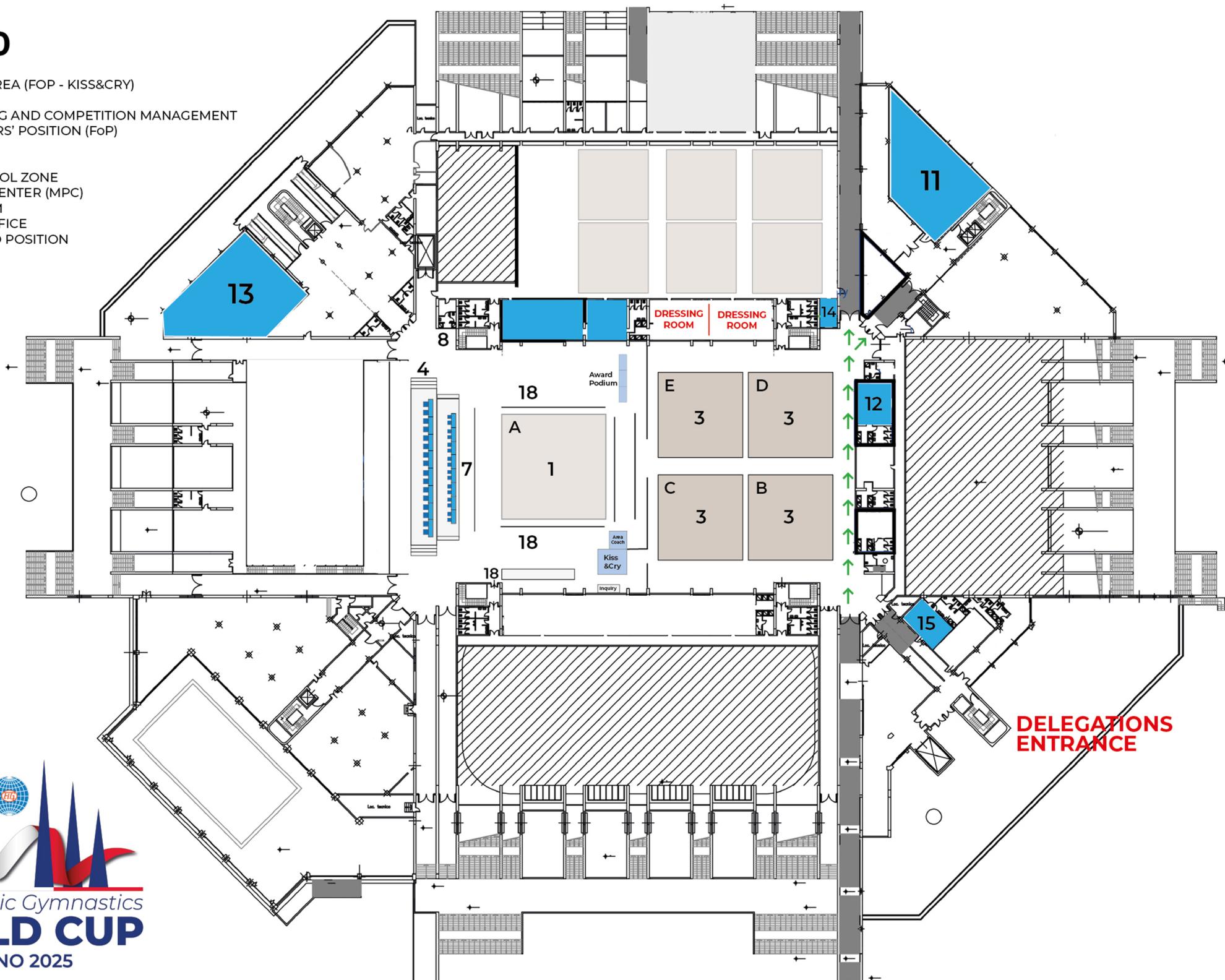
# LEVEL -1

- 2 - TRAINING HALL / CHOREOGRAPHY ZONE
- 10 - PHYSIOTHERAPISTS ZONE
- 17 - GYMNASTS HOSPITALITY



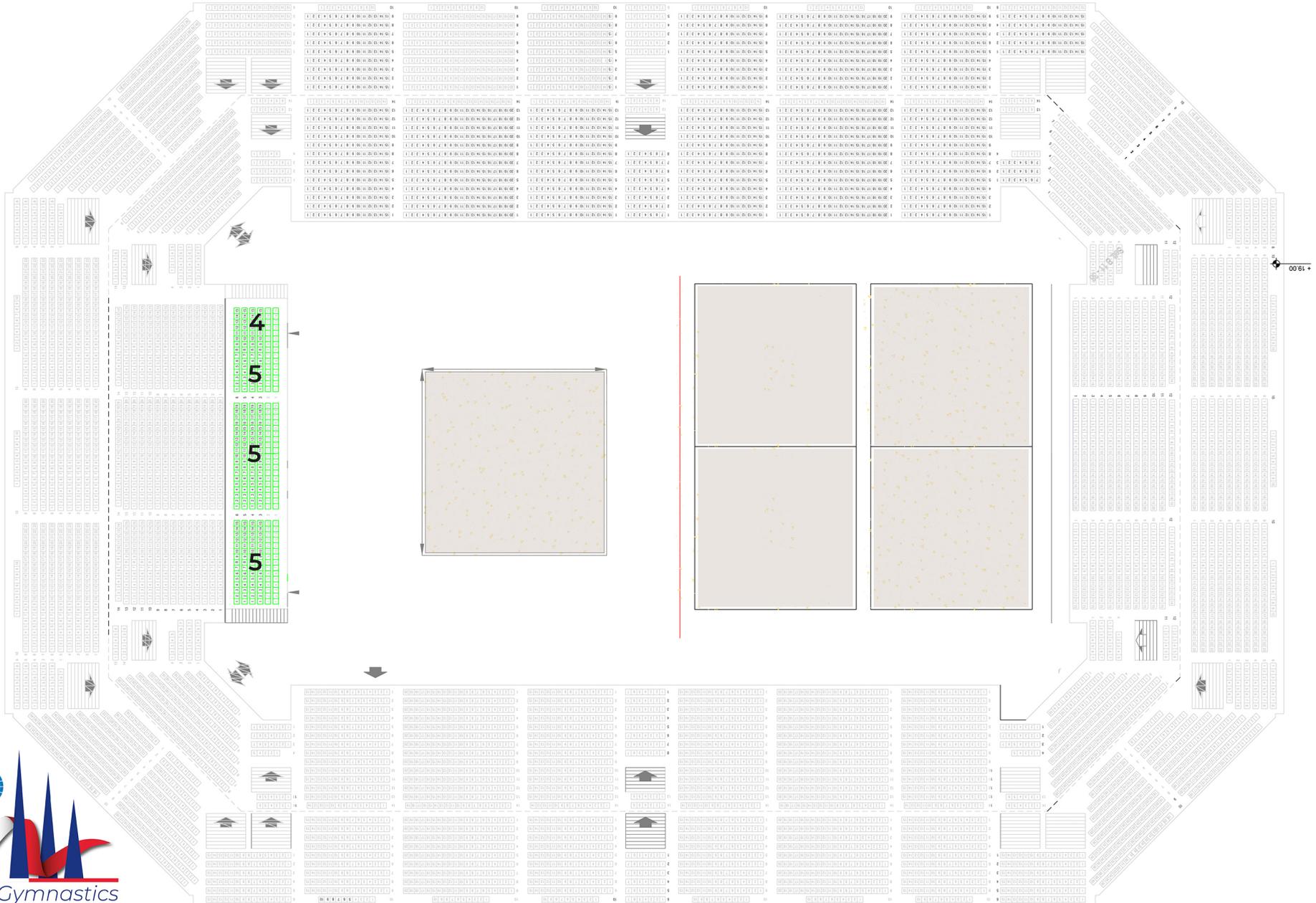
# LEVEL 0

- 1 - COMPETITION AREA (FOP - KISS&CRY)
- 3 - WARM-UP HALL
- 4 - JUDGES' SEATING AND COMPETITION MANAGEMENT
- 7 - PHOTOGRAPHERS' POSITION (FoP)
- 8 - MIXED ZONE
- 11 - LOC OFFICE
- 12 - DOPING CONTROL ZONE
- 13 - MEDIA PRESS CENTER (MPC)
- 14 - MEDICAL ROOM
- 15 - TRANSPORT OFFICE
- 18 - PRESS & PHOTO POSITION



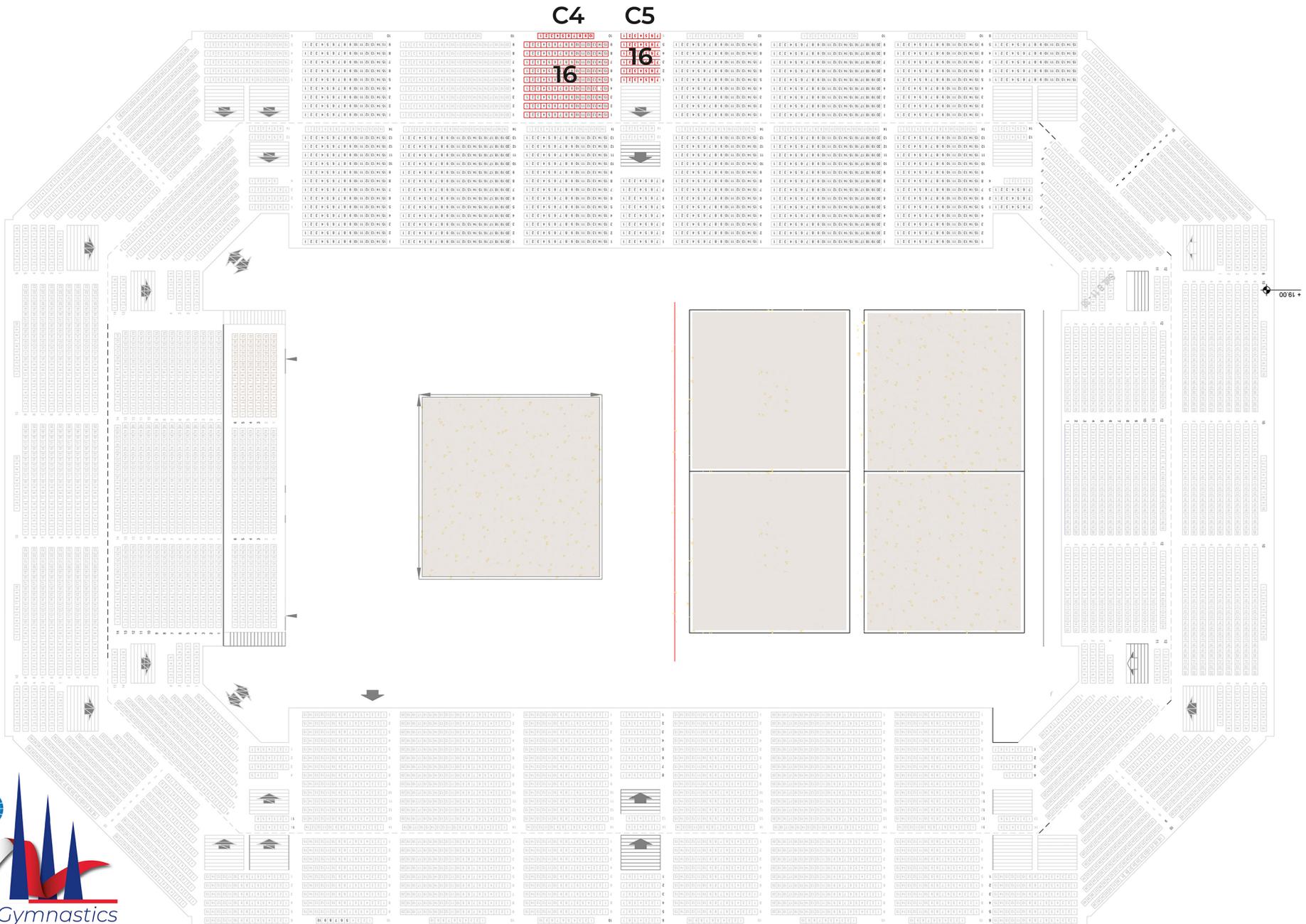
# LEVEL 1

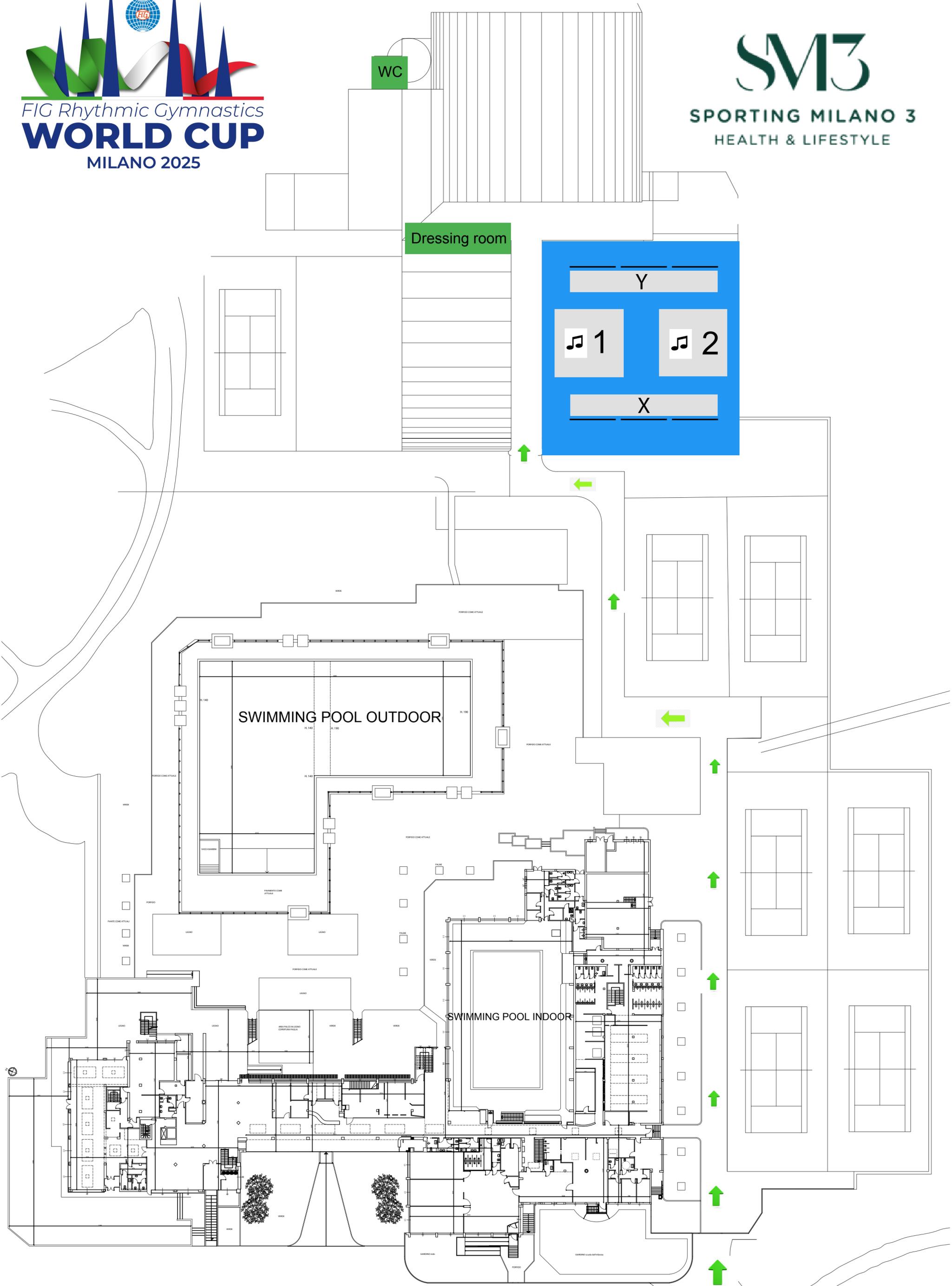
4 - JUDGES SEATINGS  
5 - VIP SEATINGS



# LEVEL 2

## 16 - DELEGATION SEATINGS





Gymnast entrance



# SHUTTLE LINES

- FORUM  
LINE**
- BELSTAY HOTEL
  - NH HOTEL
  - UNIPOL FORUM
  - NH HOTEL
  - BELSTAY HOTEL

- SM3  
LINE**
- UNIPOL FORUM
  - TRAINING HALL SPORTING MILANO 3
  - UNIPOL FORUM



## BUS LINES TIMETABLE

Thursday July 17<sup>nd</sup> 2025

### Hotel-Forum-Hotel Line

<b>From Belstay ----&gt; NH to Forum</b>	<b>From NH Congress to Forum</b>	<b>From Forum to Hotel</b>
<i>Departure Time</i>	<i>Departure Time</i>	<i>Departure Time</i>
06:25	06:40	<b>06:50</b>
07:05	07:20	<b>07:30</b>
07:45	08:00	<b>08:10</b>
08:25	08:40	<b>08:50</b>
09:05	09:20	<b>09:30</b>
09:45	10:00	<b>10:10</b>
10:25	10:40	<b>10:50</b>
11:05	11:20	<b>11:30</b>
11:45	12:00	<b>12:10</b>
12:25	12:40	<b>12:50</b>
13:05	13:20	<b>13:30</b>
13:45	14:00	<b>14:10</b>
14:25	14:40	<b>14:50</b>
15:05	15:20	<b>15:30</b>
15:45	16:00	<b>16:10</b>
16:25	16:40	<b>16:50</b>
17:05	17:20	<b>17:30</b>
17:45	18:00	<b>18:10</b>
18:25	18:40	<b>18:50</b>
19:05	19:20	<b>19:30</b>
19:45	20:00	<b>20:10</b>
		<b>20:50</b>
		<b>21:45</b>



## BUS LINES TIMETABLE

### Friday July 18nd 2025

#### Hotel-Forum-Hotel Line

<b>From Belstay ----&gt; NH to Forum</b>	<b>From NH Congress to Forum</b>	<b>From Forum to Hotel</b>
<i>Departure Time</i>	<i>Departure Time</i>	<i>Departure Time</i>
06:55	07:10	<b>07:20</b>
07:35	07:50	<b>08:00</b>
08:15	08:30	<b>08:40</b>
08:55	09:10	<b>09:20</b>
09:35	09:50	<b>10:00</b>
10:15	10:30	<b>10:40</b>
10:55	11:10	<b>11:20</b>
11:35	11:50	<b>12:00</b>
12:15	12:30	<b>12:40</b>
12:55	13:10	<b>13:20</b>
13:35	13:50	<b>14:00</b>
14:15	14:30	<b>14:40</b>
14:55	15:10	<b>15:20</b>
15:35	15:50	<b>16:00</b>
16:15	16:30	<b>16:40</b>
16:55	17:10	<b>17:20</b>
17:35	17:50	<b>18:00</b>
18:15	18:30	<b>18:40</b>
18:55	19:10	<b>19:20</b>
19:35	19:50	<b>20:00</b>
20:15	20:30	<b>20:40</b>
		<b>21:30</b>



# BUS LINES TIMETABLE

Friday July 18nd 2025

## SM3 Line

<p style="text-align: center;"><b>From Forum to SportingM3</b></p> <p style="text-align: center;"><i>Departure Time</i></p>	<p style="text-align: center;"><b>From SportingM3 to Forum</b></p> <p style="text-align: center;"><i>Departure Time</i></p>
08:05	08:25
08:45	09:05
09:25	09:45
10:05	10:25
10:45	11:05
11:25	11:45
12:05	12:25
12:45	13:05
13:25	13:45
14:05	15:15
15:25	15:45
16:05	16:25
16:45	17:05
17:25	17:45
18:05	18:25
18:45	19:05
19:25	19:45
20:05	20:25
20:45	21:05



## BUS LINES TIMETABLE

### Saturday July 19nd 2025

#### Hotel-Forum-Hotel Line

<b>From Belstay ----&gt; NH to Forum</b>	<b>From NH Congress to Forum</b>	<b>From Forum to Hotel</b>
<i>Departure Time</i>	<i>Departure Time</i>	<i>Departure Time</i>
06:55	07:10	<b>07:20</b>
07:35	07:50	<b>08:00</b>
08:15	08:30	<b>08:40</b>
08:55	09:10	<b>09:20</b>
09:35	09:50	<b>10:00</b>
10:15	10:30	<b>10:40</b>
10:55	11:10	<b>11:20</b>
11:35	11:50	<b>12:00</b>
12:15	12:30	<b>12:40</b>
12:55	13:10	<b>13:20</b>
13:35	13:50	<b>14:00</b>
14:15	14:30	<b>14:40</b>
14:55	15:10	<b>15:20</b>
15:35	15:50	<b>16:00</b>
16:15	16:30	<b>16:40</b>
16:55	17:10	<b>17:20</b>
17:35	17:50	<b>18:00</b>
18:15	18:30	<b>18:40</b>
18:55	19:10	<b>21:30</b>
		<b>22:10</b>



# BUS LINES TIMETABLE

## Saturday July 19nd 2025

### SM3 Line

<b>From Forum to SportingM3</b>  <i>Departure Time</i>	<b>From SportingM3 to Forum</b>  <i>Departure Time</i>
08:05	08:25
08:45	09:05
09:25	09:45
10:05	10:25
10:45	11:05
11:25	11:45
12:05	12:25
12:45	13:05
13:25	13:45
14:05	15:15
15:25	15:45
16:05	16:25
16:45	17:05
17:25	17:45
18:05	18:25
18:45	19:05
19:25	19:45
20:05	20:25
20:45	21:05



## BUS LINES TIMETABLE

### Sunday July 20nd 2025

#### Hotel-Forum-Hotel Line

<b>From Belstay ----&gt; NH to Forum</b>  <i>Departure Time</i>	<b>From NH Congress to Forum</b>  <i>Departure Time</i>	<b>From Forum to Hotel</b>  <i>Departure Time</i>
11:30	11:40	<b>11:50</b>
12:05	12:20	<b>12:30</b>
12:45	13:00	<b>13:10</b>
13:25	13:40	<b>13:50</b>
14:05	14:20	<b>14:30</b>
14:45	15:00	<b>15:10</b>
15:25	15:40	<b>15:50</b>
16:05	16:20	<b>16:30</b>
16:45	17:00	<b>17:10</b>
17:25	17:40	<b>17:50</b>
18:05	18:20	<b>19:10</b>
		<b>19:35</b>