

# TECHNICAL HANDBOOK

## ARTISTIC GYMNASTICS

**VERSION 2.0**  
JULY 2025



**FISU**  
WORLD  
UNIVERSITY  
GAMES  
SUMMER

# ABBREVIATIONS

ABBREVIATION	LONG FORM
CEO	Chief Executive Officer
CIC	FISU Control Committee
CSO	Chief Sports Officer
F&B service	Food and Beverages service
FIG	Fédération Internationale de Gymnastique
FISU	International University Sports Federation
FISU Games	FISU World University Games
GMS	Games Management System
GTM	General Technical Meeting
HoD	Head of Delegation
IF TD	International Federation Technical Delegate
ISTUE	International Standard for Therapeutic Use Exemption
ITO	International Technical Official
MAG	Men's Artistic Gymnastics
MEE	Messe Essen
MIC	Main Information Centre
NADA	National Anti-Doping Agency
NF	National Federation
NOC	National Olympic Committee
NRW	North Rhine-Westphalia
NTO	National Technical Official
NUSF	National University Sports Federation
OC	Organising Committee
SIC	Sport Information Centre
SID	Sport Information Desk

TCC	Technical Committee Chair
TO	Technical Official
TUE	Therapeutic Use Exemption
WADA	World Anti-Doping Agency
WADC	World Anti-Doping Code
WAG	Women's Artistic Gymnastics

## STRUCTURE

A Technical Handbook is the go-to 'instruction manual' for athletes, team officials and other competition-facing delegation staff attending the Rhine-Ruhr 2025 FISU World University Games. Following a uniform structure, the Organising Committee has produced one handbook for each of the 18 sports on the programme.

In the first of its three sections, a Technical Handbook provides a general introduction to the FISU Games and the staging concept for 2025, and information likely to be of use to visitors to the Rhine-Ruhr region or Berlin. In the second section, services information specific to delegations in that sport is considered, such as accreditation, transport, accommodation and catering, and the information and medical services. In the final section, the handbook details the technicalities for participating in the sport: key dates, technical meetings, details on the competition and training venues and schedules, technical regulations including the competition format and rules, and competition procedures.

Each handbook includes external links to more detailed content where necessary, and is designed as a practical, easy-to-navigate guide which can be downloaded and referred to throughout a delegation's preparation for, and participation at, the Rhine-Ruhr 2025 FISU Games. The different icons are designed to support a better and faster overview of each topic. Please find below a detailed list of the icons and their meaning.

	Location		Files to Download
	Dates and Operational Hours		External Link
	Contact Details		Important
	Additional Information		Video Link



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# GENERAL INFORMATION



**FISU**  
WORLD  
UNIVERSITY  
GAMES  
SUMMER  
RHINE-RUHR 2025



## 1.1 THE FISU GAMES

### 1.1.1 INTERNATIONAL UNIVERSITY SPORTS FEDERATION (FISU)

The International University Sports Federation (in French: Fédération Internationale du Sport Universitaire) is the body responsible for the organisation and governance of international competitions for athletes, including the FISU World University Games. FISU is based in Lausanne, Switzerland, and is governed by President Leonz Eder.

### 1.1.2 FISU WORLD UNIVERSITY GAMES

Debuting as the World University Games in 1923 in Paris, France, the precursor event was held in Europe every two years until 1939. The event was revived in 1947 – two years before the founding of FISU – and returned as the ‘Universiade’ in Turin, Italy, in 1959. As part of the relaunch, the ‘U’ shape of the FISU flag and the song ‘Gaudeamus Igitur’, which is played at the Medal Ceremonies instead of the national anthem, were introduced. Since then, the multi-sport event has been held every two years (in odd-numbered years), with both summer and winter editions. The most important competition in international university sport, the Universiade became known as the ‘FISU World University Games’ in 2020.

### 1.1.3 ELIGIBILITY

The FISU Games are open to students who have been nominated by their national university sports federations and are aged between 18 and 25 on 31 December of the year of the event (for the Rhine-Ruhr 2025 FISU Games, athletes must have been born between 1 January 2000 and 31 December 2007). Participants include both up-and-coming and established athletes, of whom many already have world championship and Olympic Games appearances – and medals – to their name.

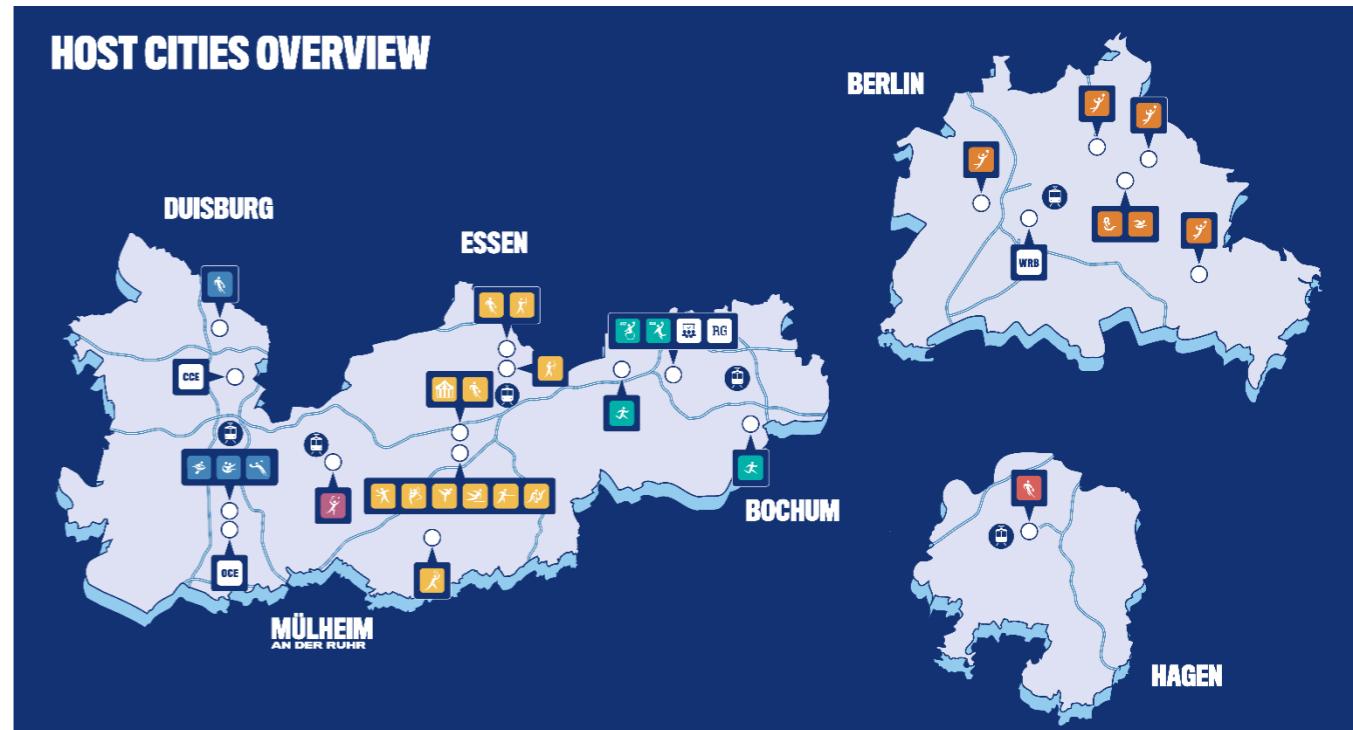
### 1.1.4 SPORTS

The summer edition of the FISU World University Games comprises 15 compulsory sports: archery, artistic gymnastics, athletics, badminton, basketball, diving, fencing, judo, rhythmic gymnastics, swimming, taekwondo, tennis, table tennis, volleyball, and water polo. For the Rhine-Ruhr 2025 FISU World University Games, the optional sports of 3x3 basketball, 3x3 wheelchair basketball, beach volleyball and rowing complete the programme.

## 1.2 THE RHINE-RUHR 2025 FISU WORLD UNIVERSITY GAMES

### 1.2.1 GENERAL CONCEPT

From 16 to 27 July 2025, the Rhine-Ruhr region plus Berlin will be the stage for one of the greatest sporting shows on Earth, as around 8,500 athletes and officials from up to 150 countries come together for the Rhine-Ruhr 2025 FISU World University Games. With medals to be won in 18 sports, the action will be shared among the cities of Bochum, Duisburg, Essen, Mülheim an der Ruhr and Hagen in North Rhine-Westphalia, plus Berlin.



Beyond the 23 competition venues, there will be plenty more to see and experience. Because this will be a sporting spectacular with a festival vibe, reaching out to a diverse audience through an extensive – and mostly free – programme of artistic, cultural, and educational opportunities. ‘Alle Spielen Mit’ is the slogan (‘Everyone is all-in’), and for 12 glorious days in the summer of 2025, there really will be something for everyone to enjoy.

### 1.2.2 IN NUMBERS

- ✓ 16-27 July 2025
- ✓ Six host cities
- ✓ 12 days of sporting action
- ✓ 18 sports
- ✓ 23 competition venues
- ✓ 150 countries represented (approx.)
- ✓ 8,500 athletes and officials expected (approx.)
- ✓ 12,000 volunteers (approx.)
- ✓ 0 new venues constructed



## 1.2.3 COMPETITION VENUES

CITY	COMPETITION VENUES		SPORTS	
BOCHUM	02	Jahrhunderthalle		02  3X3 Basketball
		Lohrheidestadion		 3X3 Wheelchair basketball
		Athletics		
DUISBURG	04	ASC Duisburg	 Water polo	
		Regattabahn Duisburg		 Rowing
		Sportpark Duisburg	 Beach volleyball	
		Walter-Schädlich-Halle		 Basketball
ESSEN	10	ETUF Tennisanlage	 Tennis	
		Grugahalle		 Basketball (finals)
		Messe Essen		 Table tennis
		 Artistic gymnastics		
			 Judo	
		 Rhythmic gymnastics		
			 Fencing	
		 Taekwondo		
			 Basketball	
			 Archery (qualification)	
			 Archery (finals)	
MÜLHEIM A.D.R.	01	Westenergie Sporthalle	01  Badminton	
HAGEN	01	Ischelandhalle	01  Basketball	
BERLIN	05	Schwimm- und Sprunghalle im Europasportpark (SSE)	 Diving	
		Ballsporthalle Köpenick		 Swimming
		Horst-Korber Sportzentrum	 Volleyball	
		Max-Schmeling Halle		
		Sportforum Große Sporthalle		
TOTAL	23		18*	

\* Note: Basketball listed under three different cities

## 1.2.4 THE 'FISU GAMES NEIGHBOURHOOD'

For the Rhine-Ruhr FISU World University Games, centralised 'hubs' known as FISU Games Neighbourhoods are being created to meet all the needs of athletes and delegation members.

This innovative redesign of the traditional FISU Games Village idea ensures easy access to essential services such as catering, laundry, medical needs, and comprehensive information desks. Beyond meeting practical needs, the FISU Games Neighbourhood is designed to foster a sense of community and connection. It provides a welcoming space for social interaction, where participants from different nations and sports can come together, share experiences, and form lasting friendships. The largest FISU Games Neighbourhood will be located at Messe Essen, serving as the primary centre for catering, laundry, information desks, and other key services for athletes competing in Essen. To make it as convenient as possible for all athletes, these services are also offered on a smaller scale in the other host cities for the athletes competing there. Please note that it will not be possible for athletes to visit an alternative FISU Games Neighbourhood in addition to the one where they and their sport is centred.

## 1.3 THE RHINE-RUHR REGION

### 1.3.1 NRW: 'SPORTLAND NUMMER 1'

The No.1 state for sport in Germany? With approximately 18,000 professional and local sports clubs with five million active participants, it would be hard to argue against North Rhine-Westphalia. The state hosts more Bundesliga football teams than anywhere else, the world-leading CHIO equestrian centre in Aachen, the annual 'Final Four' in handball, biathlon in Schalke, rowing in Duisburg and hockey in Mönchengladbach. But the Sportland.NRW initiative focuses on so much more than high-performance sport. Community sports for everyone, club and school sports, and inclusive sports for people with impairments or social disadvantages: in North-Rhine Westphalia, nobody is left on the sidelines.



Slogan translation:

As the number 1 sports state, we are looking forward to top-class student sports in the Rhine-Ruhr metropolitan region



## 1.3.2 TEN TOP SITES AND SIGHTS

Planetarium Bochum: domed astronomy centre with digital projectors showing over 9,000 shining stars in the night sky, as seen from Earth

Photo credit: Stadt Bochum



Duisburg Port: the largest inland port in the world with 21 docks handling over 20,000 ships and millions of containers each year.

Photo credit: duisport/Hans Blossey



Hohenlimburg Castle: medieval fortress southeast of **Hagen** known as 'Westphalian Heidelberg' because of its picturesque hillside location.

Photo credit: <https://schloss-hohenlimburg.de/>



Broich Castle: fortification in **Mülheim an der Ruhr** dating back to the ninth century, and lately an atmospheric venue for music festivals like Castle Rock and the Ruhrbühne.

Photo credit: nrw-tourismus.de



Gasometer Oberhausen: formerly Europe's largest disc-type gas holder, now decommissioned and converted into a cultural and exhibition space.

Photo: <https://www.oberhausen-tourismus.de/>



Grugapark: a 60-hectare oasis in **Essen** featuring numerous themed gardens and drawing over one million visitors a year.

Photo credit: Grugapark Essen / M. Gülpén



Landschaftspark Duisburg-Nord: a former ironworks re-purposed as a nature and cultural park (and the venue for the Closing Ceremony on 27 July 2025).

Photo credit: Thomas Berns



Röttenscheid: a popular district of hip cafes, bars, restaurants and boutique shops in **Essen**.

Photo credit: ruettenscheid.de



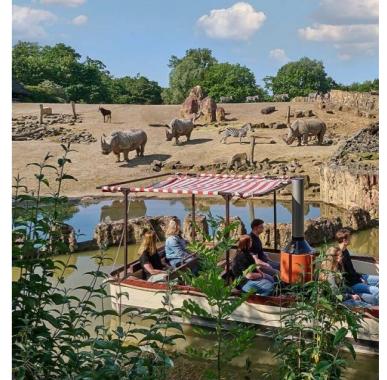
Zeche Zollverein: an arts and cultural centre in **Essen** housed beneath the imposing steel frame of the so-called 'Eiffel Tower of the Ruhr area'

Photo credit: Peter Wieler / Essen Marketing GmbH



Zoom Erlebniswelt: a 30-hectare zoo situated around 10km northeast of **Essen**, known for its cultural approach to zoology.

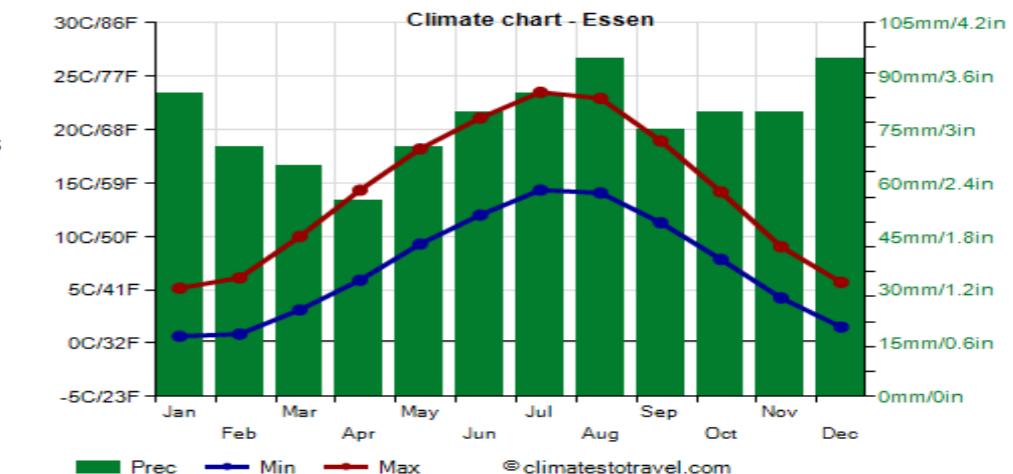
Photo credit: zoom-erlebniswelt.de/



## 1.4 CLIMATE INFORMATION - RHINE-RUHR REGION

The climate of the Rhine-Ruhr region of North Rhine-Westphalia is sub-oceanic. Winters are cold but not freezing, while summers are mild or pleasantly warm. The Atlantic Ocean influences the climate, bringing clouds and rain for much of the year, and cold, unstable air from the North Sea. However, there can also be mild periods in winter, and warm to hot periods from late April to early October, because of air masses coming from the subtropical latitudes of the ocean (source: [www.climatestotravel.com](http://www.climatestotravel.com)).

July is typically the hottest month of the year, with daytime temperatures averaging 19 degrees Celsius (66f). On average, Essen receives 85mm of rainfall in July, over an average of 11 days. December and January are the wettest months, and April the driest.



## 1.5 GENERAL INFORMATION FOR VISITORS

### 1.5.1 LANGUAGES

German is the primary language of Germany, spoken as a first or foreign language by around 95% of the population. English is widely spoken, by around one-third (32%) of the population as a first or foreign language, followed by French (9%), Russian (8%) and Turkish (3%) (source: [www.languageknowledge.eu/](http://www.languageknowledge.eu/)).

### 1.5.2 TIME ZONE

The time zone in Germany is Central European Time (UTC+01:00) and Central European Summer Time (UTC+02:00). Daylight saving time is observed from the last Sunday in March (02:00 CET) to the last Sunday in October (03:00 CEST).

All times mentioned in this handbook are Central European Summer Time (CEST), unless stated.

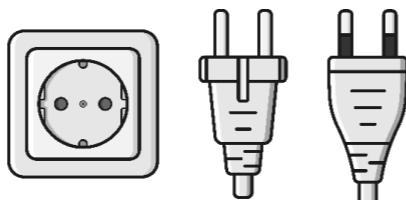
### 1.5.3 CURRENCY

The currency in Germany is the euro. Each euro is divided into 100 cents. When buying currency for Germany, look out for the currency code EUR.

Please note that Germany is not yet a cashless society; while all large retailers accept all major credit and debit cards, many smaller and independent shops, cafes, restaurants and bars prefer cash and will often not accept card payments.

### 1.5.4 ELECTRICITY

In Germany, the standard voltage is 230 V at a frequency of 50 Hz. Power plugs and sockets of type F are used. The type F plugs (also called Schuko plugs) have two round pins and are also used in the Netherlands, Austria, Sweden, Norway, Finland, Portugal, Spain, Türkiye, and Eastern Europe.



### 1.5.5 WATER

Tap water is drinkable in all areas of Germany. If wishing to request this in bars, cafes or restaurants, the German term "Leitungswasser" can be used (note, the establishment is not obligated to provide tap water free of charge).

### 1.5.6 SAFETY AND SECURITY

**Overview:** Germany is statistically one of the safest countries in the EU. Violent crime is rare, but theft and other petty crimes can occur, particularly in the larger cities. Sensible caution should be exercised in busy areas and around main transport hubs, where bag snatching and pickpocketing can occur. Visitors should secure their belongings, including wallets, passports and other travel documents, at all times, and be vigilant when using ATMs to withdraw cash.



**Travel Advice:** the governments of countries including [Australia](#), [Canada](#), [New Zealand](#), [UK](#) and [USA](#) regularly update their advice to citizens planning to visit Germany (and other countries of the world).

**Consular assistance:** click [here](#) for a list of diplomatic missions in Germany.

**Special security measures** in place for the Rhine-Ruhr 2025 FISU World University Games will focus on the hotels and venues, as well as the Opening Ceremony and Closing Ceremony. Security concepts and security measures are based on a risk assessment carried out in advance and have been finalised in close consultation with the relevant authorities of the Federal Republic of Germany and the state of North Rhine-Westphalia.

**Access and entry controls** will be in place at all event locations. Sufficient **security personnel** will be deployed and **video surveillance** systems are also used, which are monitored 24/7 from the SOC. Reception and lobby areas at the hotels are usually staffed 24/7, and video surveillance is also usually standard.

**Security Operation Centre (SOC):** All security-relevant information is processed via the SOC. The SOC forms part of the Main Operation Centre (MOC) in Essen and is staffed around the clock by several people to analyse incoming reports and take appropriate action. The SOC is closely networked with the relevant authorities.

### 1.5.7 EMERGENCY NUMBERS

There are two **emergency numbers** in Germany:



- 112 for the fire brigade / ambulance
- 110 for the police

## 1.6 CONTACTS

### 1.6.1 FISU

International University Sports Federation (FISU)

Secretary General / Chief Executive Officer (CEO) Matthias Remund

FISU Games Summer Director Jing Zhao



Head Office Quartier UNIL-Centre, Batiment Synthathlon, 1015 Lausanne, Switzerland

[www.fisu.net](http://www.fisu.net)

Email [summergames@fisu.net](mailto:summergames@fisu.net)

### 1.6.2 THE ORGANISING COMMITTEE

Rhine-Ruhr 2025 FISU Games gGmbH

Chief Executive Officer (CEO) Niklas Börger

Chief Sports Officer (CSO) Sina Diekmann



Head Office Nördlicher Zubringer 9-11, 40470 Düsseldorf, Germany

[www.rhineruhr2025.com](http://www.rhineruhr2025.com)

Email [delegationservices@rhineruhr2025.com](mailto:delegationservices@rhineruhr2025.com)

# SERVICE INFORMATION



## 2.1 ACCREDITATION

### 2.1.1 ACCREDITATION CARDS

All delegation members attending the Rhine-Ruhr 2025 FISU World University Games will be issued with an **Accreditation Card**, which must be worn across all venues and at all times when accessing services such as transport or catering. The card must be clearly visible to security personnel and be presented upon request to OC staff and volunteers. The Accreditation Card is personal and non-transferable. If an accredited participant does not comply with these rules, their accreditation may be withdrawn.

### 2.1.2 ACCREDITATION PROCEDURES ON ARRIVAL

For delegations with members based in only the **Rhine-Ruhr area**, or in the **Rhine-Ruhr area and Berlin**, the full arrival procedure for all members - including those based in Berlin - must be carried out in the Main Accreditation Centre within the Welcome Centre at Düsseldorf Airport. The Accreditation Cards of delegation members staying in Berlin can then be collected by the HoD (or their representative) in Berlin from the Satellite Accreditation Centre located at Hotel Vienna House Andel's. Accreditation cards can only be picked up for Delegation members arriving within the next 24 hours (or the next calendar day, if more than 24 hours).

The CIC process and approval must be completed by the HoD within 24 hours of the members receiving their card at the Welcome Centre in Düsseldorf. The CIC sticker is an approval sticker from the FISU International Control Committee that gives the delegation member full access to the training and competition venues. In the respective location the HoD (or their representative) presents the delegation member's passport for CIC validation. The hologram sticker is attached (and therefore activated) to each verified Accreditation Card and gives the access required to compete and/or access the field of play in/at the FISU World University Games.

### 2.1.3 ACCESS RIGHTS

The sports code (icon of the different sports) will grant access to the sports venue for athletes and sport officials. For other delegation members the access is depending on their function/role at the Games.

The card will also feature the **access zones** inside each competition venue, which are denoted by a series of six numbers, as follows:

- 1: Competition Area (Blue)
- 2: Athlete Preparation / Warm-up Area (Blue)
- 3: Operational Area (Red)
- 4: Media (Green)
- 5: Broadcast (Green)
- 6: FISU Family (Purple)

**Access control** to competition and certain non-competition venues will be controlled by Accreditation Card scanning. To enter specific zones within the venues, access will be controlled by visual check of the Accreditation Card.

## 2.2 TRANSPORT

### 2.2.1 ARRIVALS AND DEPARTURE

The Organising Committee (OC) will provide arrival and departure services for delegations. All accredited members of delegations, as well as their accompanying baggage and sport equipment, will be transported to/from the designated official port of entry Airport Düsseldorf to/from their official accommodation sites or other appropriate destinations, depending on the delivery model. Arrival and departure services will not be provided at train stations (except Airport Düsseldorf Train Station). No additional transfer for bulky sports equipment will be provided, instead bulky sports equipment must be taken on the bus shuttle. Pick-Up times for departure will be shared at the reception of the respective hotel.

To ensure functioning procedures, all participants are responsible for including arrival and departure information in the Arrival & Departure Form, including registering bulky sports equipment. Detailed information on arrival and departure service can be found in the final version of the [HoD Manual](#).

### 2.2.2 SHUTTLE SERVICE

The OC provides transportation services for delegations, as well as their baggage and sports equipment. This includes bus shuttle service from the delegation hotels to the competition venue, training venue and FISU Games Neighbourhood at Messe Essen (MEE; distance max. 15 km / 40 min, see chapter 2.3), at an expected frequency of once every 30 minutes. A detailed **transportation schedule** adapted to competition times will be shared at respective load zones and can be found at the following link: [Transportation Portal](#).

### 2.2.3 TRAVEL BETWEEN HOST CITIES

The official accreditation will guarantee free use of public transport in their respective region during the Rhine-Ruhr 2025 FISU World University Games (validity period 13 July – 28 July 2025). FISU Family Members accommodated in the Rhine-Ruhr region will have free access to public transport between the Host Cities of Bochum, Duisburg, Essen, Mülheim an der Ruhr and Hagen on where official sport and non-sport venues are located (VRR-region).

The accreditation must be worn at all times while using public transport for ticket checks by personnel.



## 2.2.4 DELEGATION CARS

According to the delegation size, the OC provides the delegations a certain number of delegation cars. The delegation cars are provided for transportation to and from the official port (Düsseldorf Airport) of entry, accommodation sites, the competition and training venues, and FISU World University Games official events sites, as well as any other official location within the host cities. Cars can only be used for official business during the FISU Games and cannot be used for non-official business. The delegation cars are driven by persons of the respective delegation who are in possession of a valid driving license for Germany.

If a delegation whose national driving license is not valid in Germany submitted a respective request via the “Delegation cars” HoD Questionnaire, it will get limited access to a carpool with drivers, according to its quota. The carpool operates only within official FISU Games locations and during limited service hours. The bookings are subject to the availability of cars and drivers.

## 2.3 ACCOMMODATION

### 2.3.1 OVERVIEW

The Organising Committee is working to a **decentralised hotel concept** for the Rhine-Ruhr 2025 FISU Games. Depending on the sport, the delegations will be accommodated close to the respective competition venue. Delegations within the same sport are not split up.

Accommodation will be provided in hotels with single rooms, twin rooms (two separate beds) and triple rooms (three separate beds).

### 2.3.2 SERVICES

The following services are available in all hotels:



Accommodation



Breakfast



Information Desk



Internet connection

## 2.3.3 LOCATIONS

HOTEL	ADDRESS	DISTANCE	SHUTTLE TIME
elaya oberhausen	Paul-Reusch-Straße 38 46045 Oberhausen	15 km	40 min



### 2.3.4 BREAKFAST

HOTEL	BREAKFAST TIMES	
	MONDAY-FRIDAY	SATURDAY-SUNDAY
elaya oberhausen	06:30-10:00	07:00-11:00

## 2.3.5 CHECK-IN PROCEDURES

### DÜSSELDORF

The check-in procedure for all delegations starts at the Welcome Centre (Main Accreditation Centre) at Düsseldorf Airport (see section 4.3.3, [HoD Manual](#)). Here, the HoD or a relevant representative will need to confirm the **accommodation allocation and rooming lists** and sign an **accommodation disclaimer**. This disclaimer includes the house rules of the hotels (for general rules see section 2.3.6, below) and states who is liable -and to what extent- in the event of damages caused to the hotel property.

### TIMES

The check-in time for the hotel is from 15:00. The check-out time for the hotel will be at 12:00. For more information on the departures process, see section 2.2.1.



### ROOM ACCESS

A designated delegation official will be given all the room cards/ room keys/ room codes for every member of the delegation group. The official will then distribute these according to the approved rooming list. Depending on the hotel, one responsible person or the whole group may be required to sign a rooming list.

Volunteers will be at the hotels to support the check in process.

### ROOM CHECK FOR DAMAGE

Upon check-in at the hotel, if the guest notices any pre-existing damages, the most senior member of Delegation will immediately list the damages in the grid on pages 6-8 of accommodation disclaimer and take pictures. This list and photos must be shared with the OC Accommodation Team by email and the hotel front desk no later than 12 hours after check-in. The hotel will check the room(s) immediately to acknowledge the damages, so that Delegation cannot be held liable for any charges.

### EARLY ARRIVALS

Delegation members who arrive at their hotel before 15:00 can go to the FISU Games Neighbourhood, where the Delegation Lounge and Dining Hall are located. In the case of gymnastics artistic, this is located at Messe Essen (Halle 8).

For early morning arrivals, it is possible to leave luggage at the hotel.



## 2.3.6 GENERAL RULES

### SMOKING AND TABACCO USE

It is forbidden to smoke in all hotels in Germany. The use of tobacco products including cigarettes, cigars, smokeless tobacco and e-cigarettes is prohibited within all hotels.

### ALCOHOL, DRUGS, CONTROLLED SUBSTANCES

It is forbidden to store and consume alcohol, drugs, or toxic substances in all hotels.

### DAMAGE TO PROPERTY / GOODS

HoD are required to pay a **Delegation Damage Deposit** to the Organising Committee to cover any potential damage to, or losses of, hotel property or goods by delegation members during their period of residence. Should any damage occur, the HoD of the responsible delegation member(s) must reimburse the hotel for the cost of the damages or loss as determined by the hotel. The deposit will be refunded latest by end of August 2025 if a post-event/departure inspection determines that no damage has been made and nothing has been lost. For more information see the [HoD Manual](#) section 3.5.1.



### HOTEL QUIET HOURS

Quiet hours will be in operation in all hotels to ensure participants have adequate rest. A policy of low level of noise will be active overnight between **22:00** and **06:00**. All delegation members are requested to show respect to their fellow hotel guests by keeping all noise to an absolute minimum during these hours.

### IMPORTANT NOTICE

 If any member of the delegation encounters problems or concerns while staying in the hotels, it is crucial to communicate these soon as possible to the OC at the Accommodation Desks at the hotel or to Delegation Services. The OC will act on all concerns raised and collaborate with the hotel to resolve the issue promptly, confirming with the delegation members in the relevant hotel, as well as the HoD, that the issue has been resolved or what action is to be taken.

## 2.4 CATERING

### 2.4.1 OVERVIEW

The Organising Committee aims to ensure that athletes and team officials are well-nourished, energised, and well prepared for their competitions and responsibilities. For all meals, dietary requirements such as for gluten-free, dairy-free, and vegan and vegetarian options will be considered.

For the artistic gymnastics competition, delegations will have breakfast at their hotel, with lunch, dinner, snacks, and beverages served at the Messe Essen. Service hours and locations have been tailored to the schedule of the artistic gymnastics events and specific delegation needs.

### 2.4.2 OPERATIONAL HOURS



The F&B service for the artistic gymnastics delegations at Messe Essen is divided into various meal periods to cater to the athletes, staff, and officials. Each period has specific service guidelines, menu types, and facilities available. Opening hours are subject to change based on the requirements of each sport and venue.

MEAL TYPE	TIME	LOCATION
Breakfast	See chapter 2.3.4	Provided at Hotel
Lunch	11:30 - 15:00	Messe Essen -Dining Area -Halle 7
Snacks	07:00 - 22:00	Messe Essen -Lounge -Halle 8
Dinner	18:00 - 22:00	Messe Essen -Dining Area -Halle 7
Late Night Dinner	22:00 - 00:00	Messe Essen -Dining Area -Halle 7



## 2.4.3 MENU

### BREAKFAST:

- Selection of bread and bread rolls (wheat and wholemeal products)
- Cold cuts and spreads
- Sausages (chicken and pork)
- Cheese
- Butter and sweet spreads (honey, jam, chocolate cream)
- Fruits and vegetables
- Small selection of hot dishes and egg dishes
- Vegetarian options
- Cereals
- Milk variations
- Yoghurts and curd cheese
- Hot drinks and juices

### LUNCH:

- A balanced buffet offering international and local cuisines
- High-protein options (grilled chicken, fish, tofu) to support athletes' nutritional needs
- Carbohydrate-rich items (pasta, rice, whole grains) to provide sustained energy
- Fresh vegetables and salads
- Hydration stations offering water

### SNACKS:

- Assorted light snacks such as fresh fruits, muesli bars
- Beverages such as water, coffee, and tea
- Quick-serve snack stations will be strategically placed to ensure easy access during competitions and training sessions

### DINNER:

- Similar to the lunch buffet
- Emphasis on balanced nutrition with lean proteins, carbohydrates, and healthy fats
- A selection of salads, main courses, and desserts
- Hydration stations

### LATE NIGHT DINNER:

- A meal option for athletes and staff returning late from competitions or training.
- Hot dishes such as grilled proteins, pasta, and rice dishes
- Hydration stations available with water

## 2.5 FISU GAMES NEIGHBOURHOOD SERVICES IN MESSE ESSEN

### 2.5.1 DELEGATION LOUNGE

The Delegation Lounge is the ultimate social and relaxation space within the FISU Games Neighbourhood, designed to support delegations during their busy days of competition and training. This welcoming area provides a comfortable environment to unwind, recharge, and connect with others. With its vibrant and inclusive atmosphere, the Delegation Lounge invites participants to mix and mingle, fostering friendships across nations and sports. It's the perfect place to share experiences, celebrate achievements, and embrace the global spirit of the FISU Games. Conveniently located in Halle 8, right next to the catering in Halle 7 and close to the delegations' entrance at Messe Essen, the Lounge offers a variety of zones:

- Chill & Relaxation Area with soft seating and calming lighting
- Entertainment Corner featuring popular games (like table football, board games, and interactive challenges)
- Coworking & Study Space with desks, charging stations, and a quiet zone for academic work
- Recovery Area offering tools and space for muscle regeneration and mobility exercises
- Snack & hydration points to keep delegations refreshed throughout the day

Opening hours: 07:00 to 22:00 daily, supporting athletes' varying competition schedules

### 2.5.2 GYM

As part of the comprehensive services offered in the FISU Games Neighbourhood, athletes will have access to a state-of-the-art gym located in Halle 2 of Messe Essen. Covering 500m<sup>2</sup>, this fitness facility is equipped to meet the diverse training needs of athletes:

- A wide range of cardio machines (treadmills, bikes, rowers)
- Strength training equipment including free weights and resistance machines
- Designated stretching & mobility zones
- Suitable for full workouts, warm-ups, or light recovery sessions to help athletes maintain peak performance

Opening hours: 07:00 to 22:00 daily, matching the Lounge's schedule

### 2.5.3 LAUNDRY SELF-SERVICE

The OC provides free self-service laundry service for delegations at Messe Essen, located in the Galeria. This service ensures that athletes and teams can maintain their personal gear clean and competition-ready throughout the FISU Games. The facilities include:

- 18 washing machines and 18 tumble dryers available on a first-come, first-served basis
- Laundry detergents, laundry baskets, and all necessary supplies provided
- Volunteers on-site to assist delegations with the laundry process
- A clear set of instructions displayed at every machine to ensure easy and smooth operation

Opening hours: 07:00 to 22:00 daily



Note: Artistic Gymnastics athletes are not provided with towels by the OC and are kindly asked to bring their own towels for training and competition as needed.



## 2.5.4 MEDICAL CENTRE

To ensure comprehensive medical care for all delegation members, a fully equipped Medical Centre will be available in Halle 6. A physician will be on-site to provide treatment for acute injuries and illnesses without prior appointment (for further details, see chapter 2.7). The service hours of the physician are:

14.07.2025	14:00 – 21:00
15.07.2025	08:00 – 21:00
16.07.2025	08:00 – 16:00
17.-26.07.2025	08:00 – 22:00

## 2.5.5 PHYSIOTHERAPY AREA

The Physiotherapy Area, also located in Halle 6, is available to meet physiotherapy needs (for further details, see chapter 2.7). The service hours of the OC physiotherapists are:

14.07.2025	14:00 – 18:00
15.07.2025	10:00 – 18:00
16.07.2025	10:00 – 16:00
17.-26.07.2025	08:00 – 21:00

## 2.5.6 FAITH ROOMS

To support the diverse religious and spiritual needs of all participants, the FISU Games Neighbourhood will include dedicated faith rooms in Congress South of Messe Essen. These calm and inclusive spaces are designed for quiet reflection, prayer, and meditation by people of all backgrounds, traditions and faiths.

## 2.5.7 DELEGATION MEETING ROOMS

Delegations will have the opportunity to book dedicated meeting rooms within the FISU Games Neighbourhood in Congress South of Messe Essen. These rooms, available in various sizes, are ideal for activities such as video analysis for team sports, strategy sessions or other meeting activities, either scheduled or spontaneous. Each space will be fully equipped with essential meeting tools, including presentation equipment and seating arrangements, to ensure a productive and efficient environment. To make the process seamless, these meeting rooms can be booked via this link, enabling delegations to plan and organise their activities with ease and flexibility. A Tutorial on how to use the booking tool can be found on Delegations Portal. Further a coworking room will be available to support the everyday work of team staff by providing single work or group spaces.

## 2.6 INFORMATION SERVICES

### 2.6.1 OVERVIEW

The role of Information Services is to assist delegations (and Technical Officials and FISU Family members) attending the Rhine-Ruhr 2025 FISU Games. Information is provided through four main outlets: Delegation Services Centres, Main Information Centres, Sports Information Centres, and Information Desks.

### 2.6.2 DELEGATION SERVICES CENTRES

Delegation Services Centres will provide key information and booking services for delegations. There will be three centres: a main centre located at Messe Essen Congress West (level 2), and smaller centres in Sportschule Wedau in Duisburg and Hotel Vienna House Andel's in Berlin. The opening hours during FISU Games Time are 07:00 to 22:00 for all centres.

Delegations will have access to the following services via the Delegation Services Centres:

- Individual delegation office spaces
- Delegation co-working space
- Delegation pigeon holes
- OC Delegation Services staff team office
- Meeting rooms
- Faith rooms
- Rate card services

### 2.6.3 MAIN INFORMATION CENTRES

There will be three Main Information Centres (MICs) at the Rhine-Ruhr 2025 FISU Games, located within the Delegation Services Centres. The locations and opening hours are the same as the Delegation Services Centres.

Service desks will be available for the following areas:

- Accommodation
- Accreditation (for any issues arising with accreditation, e.g.: lost or damaged pass)
- Arrivals and departures
- Cultural activities
- Delegations
- General FISU Games information (including weather updates)
- Lost and found
- Rate card
- Ticketing
- Transport



## 2.6.4 SPORTS INFORMATION CENTRES

Every MIC will additionally include a Sports Information Centre (SIC). The SICs will be able to accommodate requests relating to any sport (regardless of location). For more information on SICs for the artistic gymnastics competition, refer to section 3.5.1.

## 2.6.5 INFORMATION DESKS

Information desks providing information on topics including transport, weather, and general FISU Games inquiries will be located:

- At each delegation hotel (lobby area)
- At each competition venue. Note that information desks at sports venues will also provide information about that specific sport, such as competition and training schedules, start lists and results (for details specific to artistic gymnastics at the MEE, see chapter 3.5.1.)

## 2.7 MEDICAL SERVICES

### 2.7.1 GENERAL INFORMATION



The Organising Committee ensures medical care to cover any emergency issues, acute injuries and illnesses of delegation members that may occur during the Rhine-Ruhr 2025 FISU Games. A full overview of available medical services — including guidance on medication importation and local pharmacies — can be found in the [Medical Services Guide](#). Secondary, non-emergency medical treatments including cases of chronic injury and illness are not covered by the OC Medical Services. All delegations are required to have appropriate insurance as outlined in the FISU Games Regulations.

### 2.7.2 FIRST AID AND EMERGENCY CARE

#### AT TRAINING AND COMPETITION VENUES:

First-aid stations staffed with medical staff are set up near all Fields of Play to react with immediate medical response in the event of injuries during all warm-up, training, or competition times. If needed, the medical staff can provide further treatment in a Medical Room, refer the athlete to the Medical Centre, or arrange transfer to a nearby hospital or specialized medical facility.

#### OUTSIDE OF TRAINING- AND COMPETITION VENUES:

In emergencies outside competition and training venues, delegation members should contact the [public emergency services](#) directly by dialling 112 (ambulance).

In case of non-emergencies delegations are asked to call the [OC Medical Care Hotline \(+49 211 542398-40\)](#) if help is needed. The hotline is available 24 hours a day from the arrival of the first delegation and is staffed by medical experts who can advise on appropriate steps in case of illnesses, injuries, and other medical concerns.

## 2.7.3 PHYSIOTHERAPY

A physiotherapy area is available for each sport. Athletes may use these spaces:

- with their delegation medical staff
- with physiotherapists provided by the Organising Committee (OC)

Treatment benches and services can be used on demand or pre-booked up to 48 hours in advance via the following link. The booking tool will be operational from 11 July:



[Booking Tool](#)

## 2.8 TICKETING

### 2.8.1. OVERVIEW

Tickets for the Rhine-Ruhr 2025 FISU World University Games can be purchased via the official online [ticket shop](#). All tickets for events in the Rhine-Ruhr region include free public transportation within the VRR (Verkehrsverbund Rhein-Ruhr) network, price category D, valid on the day(s) printed on the ticket. This offer does not apply in Berlin.

Further details about public transport coverage are available [online](#). A comprehensive [FAQ](#) is also provided.

### 2.8.2 TICKET TYPES

For spectators, the following main ticket types are available, each designed to offer maximum flexibility depending on individual preferences and needs.

#### GROUND PASS

The Ground Pass provides access to every sport at every venue for all 12 days of competition (subject to venue capacities). Excluded from this are the Opening Ceremony, Closing Concert, and other selected concerts. By purchasing a Ground Pass, the purchaser does not acquire the right to a guaranteed seat for the desired venue / sport. Rather, admission is on a 'first come, first served' basis. In principle, 10% of the available seats at each venue will be made available to Ground Pass holders. Ground Pass holders can upgrade to a Sport Ticket for EUR 5 to ensure a seat. This is subject to Sport Ticket availability.



## DAY TICKET

The Day Ticket grants the holder access to all venues / sports taking place in the respective Host City on that day. Rights of admission to a particular venue are the same as with the Ground Pass (see above).

## SPORT TICKET

The Sport Ticket gives the holder a guaranteed seat for the chosen sport at a specified venue for a single session (where applicable) on a particular day. It is aimed at people who have a special interest in a particular sport. While a seat is guaranteed within the reserved area for sport ticket holders, they will be taken up on a first come, first served basis within the area so Sport Ticket holders are advised to arrive early for the biggest possible choice.

The Sport Ticket can also be used as a Day Ticket for all other sports in the selected Host City during the period of validity.

## NON-SPORT EVENTS

Spectator tickets for the Opening Ceremony, Closing Concert, FISU World Conference and other events not on the sports programme must be purchased separately.

## 2.8.3 DELEGATION TICKETING POLICY

### SPECTATING AT COMPETITION VENUES

Delegation members, that wish to watch a competition, can use their Accreditation Cards to enter the section on the grandstand reserved for delegation at all competition venues. The exact capacity blocked for delegations at each venue will depend on the total capacity available. Access will be granted based on a first come, first served basis and upon scanning of the accreditation card at the venue entrance. Please note that when visiting other competition venues, the public entrance must be used, and bags larger than A4 size are not permitted.

### TICKETING DISCOUNT FOR DELEGATIONS

For the purchase of tickets for the semi-finals and finals of team sports, all delegations have received a promo code that allows "family and friends" and student-athletes to buy tickets with a discount of at least 10%. Please contact [ticketing@rhineruhr2025.com](mailto:ticketing@rhineruhr2025.com) for more details.

# COMPETITION INFORMATION



## 3.1 TECHNICAL COMMITTEE



The Technical Committee consists of the following people:

### FISU ARTISTIC GYMNASTICS TCC

Donatella SACCHI (ITA)

### FIG TECHNICAL DELEGATE

Johanna GRATT (AUT), Arturs MICKEVICS (LAT)

### GERMAN GYMNASTICS FEDERATION TECHNICAL DELEGATE

Sabrina KLAESBERG (GER)

### OC REPRESENTATIVE (SPORT MANAGER)

Alexander FLEIGE, Christine SCHELLER (both GER)

Please Note: the meeting times and locations are subject to changes.



The General Technical Meeting (GTM) is mandatory for all delegations (involved in artistic gymnastics), as it informs about the execution of the FISU Games artistic gymnastics competition. Each delegation should bring a maximum of two representatives to the meeting.

In the GTM, delegations confirm by signing the final list of athletes. Any entry not duly confirmed at the GTM, will not be taken into consideration except for force majeure. Only with an accreditation card approved by the FISU International Control Committee can an athlete be entitled to participate in any of the competitions.

## 3.2 ARTISTIC GYMNASTICS KEY DATES / TECHNICAL MEETINGS

DATE	TIME	MEETING	LOCATION	PARTICIPANTS
Thursday 17.- Saturday 19.07.25	10:00- 21:50	General Training Days	MEE Halle 2	All
Sunday 20.07.25	10:00- 21:50	General Training Day WAG	MEE Halle 2	Women
Sunday 20.07.25	09:00- 21:50	Podium Training MAG	MEE Halle 3	Men
Monday 21.07.25	10:00- 19:00	General Training Day MAG	MEE Halle 2	Men
Monday 21.07.25	10:00- 21:40	Podium Training WAG	MEE Halle 3	Women
Monday 21.07.25	14:00- 15:00	General Technical Meeting	Room Essen	HoD
Monday 21.07.25	16:30- 18:00	Anti-Doping Workshop	MEE Room Essen	All
Tuesday 22.- Wednesday 23.07.25	10:00- 21:50	General Training Days	MEE Halle 2	All
Tuesday 22.- Thursday 24.07.25	10:00- 22:00	Competition Days	MEE Halle 3	All
Friday 25.07.25	10:00- 19:00	General Training Day	MEE Halle 2	All
Friday 25.- Saturday 26.07.25	13:00- 22:00	Competition Days	MEE Halle 3	All
Saturday 26.07.25	10:00- 13:00	General Training Day	MEE Halle 2	All
Sunday 27.07.25	18:00	Closing Ceremony	Landschaftspark Duisburg-Nord	All

## 3.3 COMPETITION AND TRAINING VENUE INFORMATION

### 3.3.1 INTRODUCTION



#### MESSE ESSEN HALLE 2 & 3 (MEE)

Address	Messe Platz 1 45131 Essen		
Distance to hotel	15km -20 to 30 minutes by bus		
Opening hours	17-26.07.2025 Competition Hall: 2,5 h before Competition Start until 1 hour after the end of competition Training Area: 30 min before Training Start until end of Training		
Facilities	▪ Changing rooms	▪ First Aid Station	
	▪ Showers	▪ Athletes Meet and Greet	
	▪ Gym	▪ Water Station	
FIELD OF PLAY	TRAINING AREA	WARM-UP AREA	
Apparatus	Set of SPIETH apparatus for MAG and WAG	Set of SPIETH apparatus for MAG plus additional Parallel Bars and Pommel Horse	4 x stretching mats
		Set of SPIETH apparatus for WAG plus additional Balance Beam and Uneven Bars	Set of SPIETH apparatus for MAG and WAG
Spectator Seating	2,000	none	none



## 3.3.2 FACILITIES

### CHANGING ROOMS:

The changing rooms are located in the venue near the training/warm-up area. There are lockers in the changing rooms, and these must be emptied daily.

### SHOWERS:

Showers are available at the venue.

### TRAINING AREA:

Training area is located in Messe Essen Halle 2. The area is not visible to spectators and is directly accessible from the changing rooms. The training schedule will be provided to all delegations after the deadline of Individual Entry. The podium training will take place in Halle 3 and will be open to the public.

### WARM-UP AREA:

Warm-Up area is next to the Field of Play. On competition days, the apparatus is reserved exclusively for warm-up. The area is not visible to spectators and is directly accessible from the changing rooms.

### FIELD OF PLAY:

There will be a full set of SPIETH apparatus for WAG and MAG according to FIG rules. In addition, the apparatus is set up on a podium (60cm) in this area.

### FIRST AID STATIONS:

First aid stations, staffed with medical staff, are set up near all Fields of Play to react with immediate medical response in the event of injuries during warm-up, training, or competition. If necessary, the medical staff refer the athlete to the Medical Centre or Hospital if needed. A physician with sport-specific expertise in artistic gymnastics will be part of the first aid station at the competition hall throughout training, warm-up and competition hours.

### ATHLETES MEET AND GREET:

Near the warm-up/training area there is a small 'meet and greet' area for a relaxed exchange and a short rest break.

### SNACKS & DRINKS:

Water will be provided at different essential points throughout the venue. Snacks and other drinks will be available at the Athletes' Lounge.

### GYM:

A gym is available in Messe Essen Halle 2 and is reachable within a one-minute walk from the GAR training section in Halle 2. It will be open to all athletes whose sports take place in Essen, and will provide all usual stationary strength-training devices and mobile equipment. An open space for core training will also be provided.

## 3.3.3 SPORTS EQUIPMENT

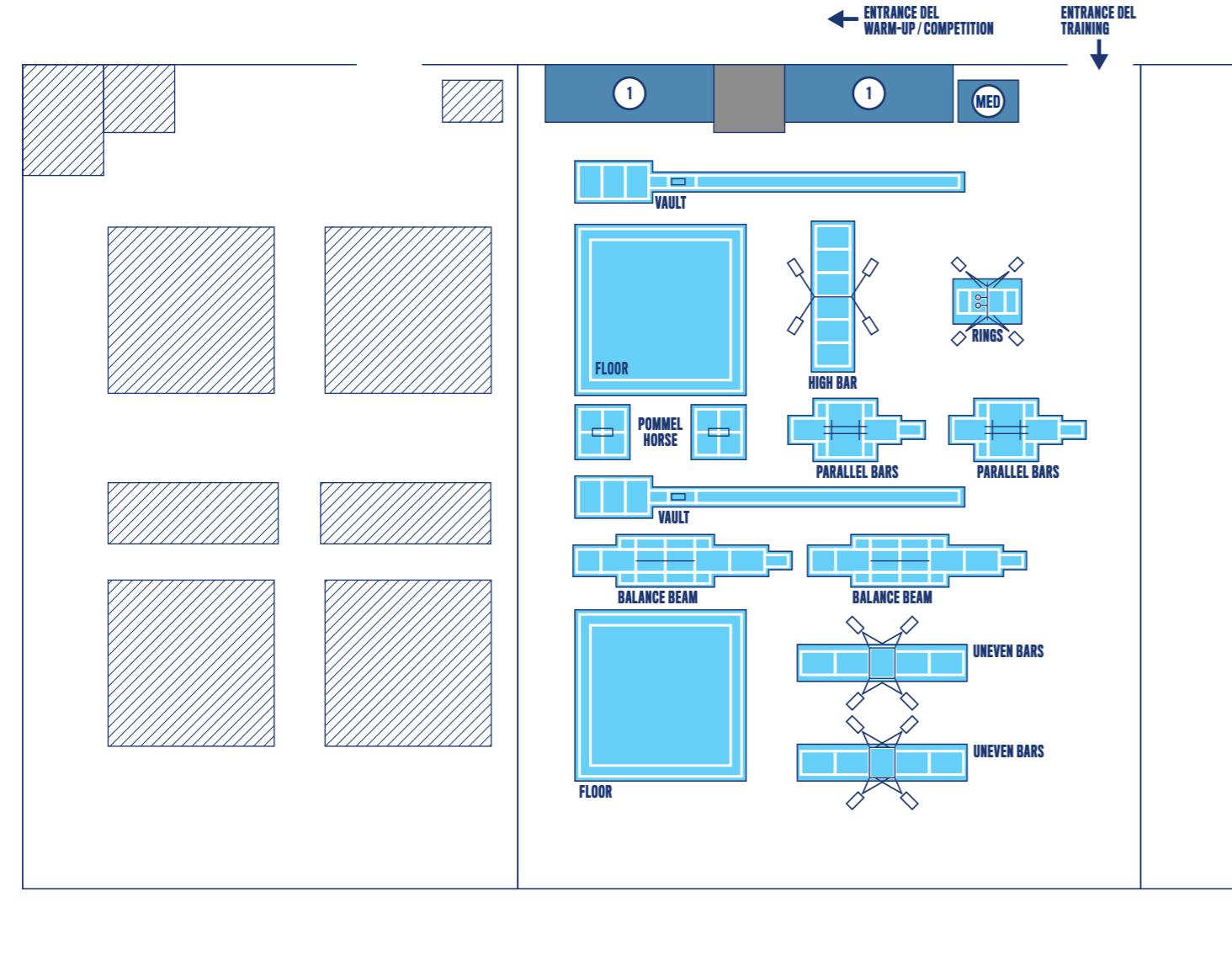
**TRAINING AREA, WARM-UP AREA** and **FIELD OF PLAY** are fully equipped with SPIETH GYMNASTICS apparatus according to FIG Rules:

SPORTS EQUIPMENT	SPECIFICATION
Floor Exercise	FX FIG ID # 719
Pommel Horse	PH FIG ID # 546
Rings Frame	SR FIG ID # 559
Vaulting Table	VR FIG ID # 678
Parallel Bars	PB FIG ID # 648
High Bar	HB FIG ID # 529
Uneven Bars	UB FIG ID # 560
Balance Beam	BB FIG ID # 650
Landing Mats 20 cm	FIG ID # 548
Landing Mats 10 cm	FIG ID # 549
Spring Boards Hard	FIG ID # 287
Spring Boards Soft	FIG ID # 286
Tensioning Device (if any)	SR-HB-UB FIG ID # 264

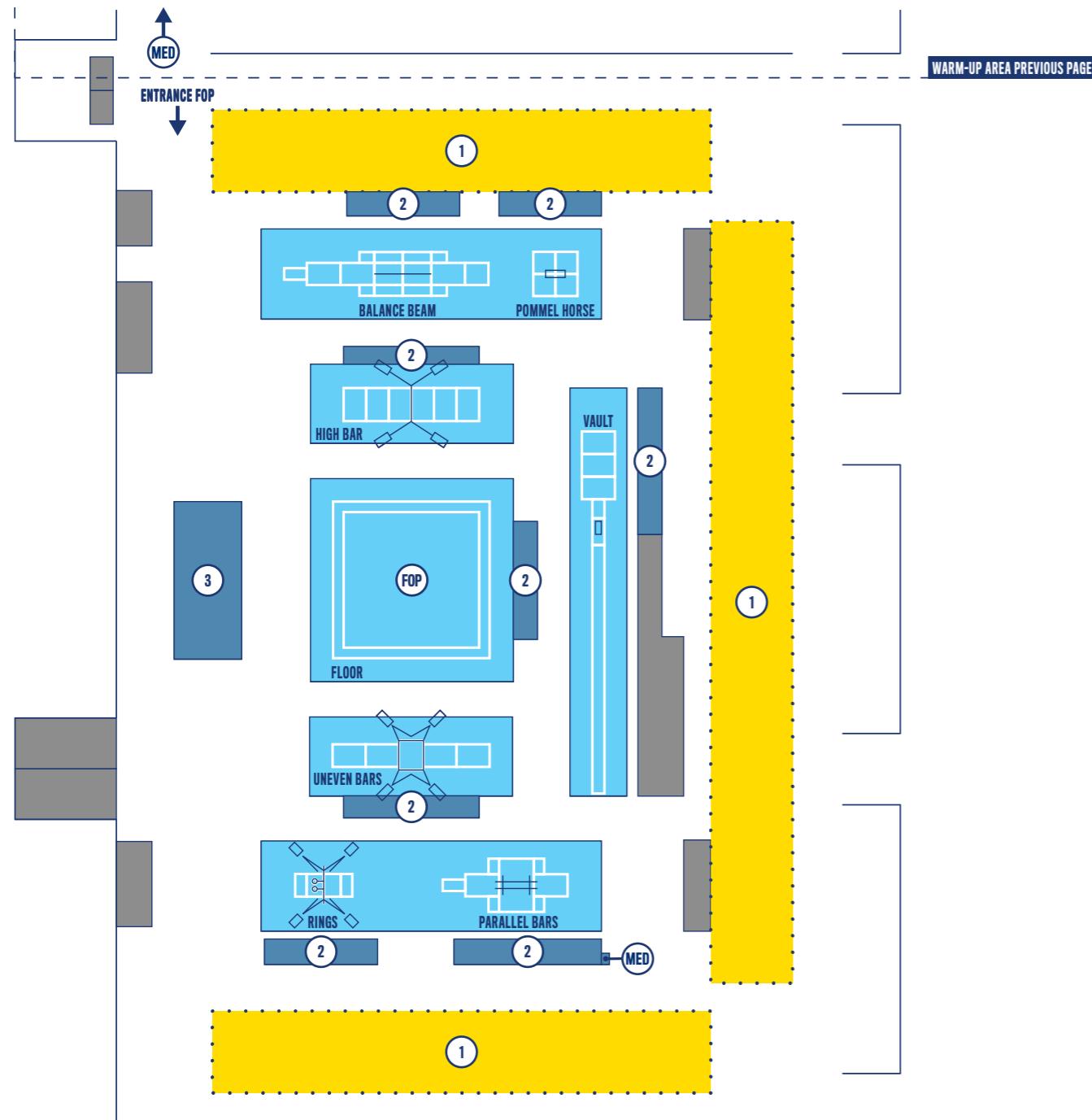


### 3.3.4 VENUE MAPS ARTISTIC GYMNASTICS

MESSE ESSEN HALLE 2 - TRAINING AREA



## MESSE ESSEN HALLE 3 - FIELD OF PLAY AREA



- FOP FIELD OF PLAY
- MED MEDICAL
- 1 SPECTATORS
- 2 TO TABLE
- 3 KISS & CRY/MC PODIUM

## 3.4 TECHNICAL REGULATIONS

### 3.4.1 COMPETITION RULES AND REGULATIONS

The Artistic Gymnastics events will be organised in accordance with the latest technical regulations and the code of points of the 'Fédération Internationale de Gymnastique' (FIG). In case of disagreement in the interpretation of these regulations and the code of points, the English text will be regarded as authoritative.

### 3.4.2 COMPETITION FORMAT

The Artistic Gymnastics competition will last five days and will include the following events:

#### MEN

TEAM FINAL (and INDIVIDUAL QUALIFICATIONS)

INDIVIDUAL ALL-AROUND FINALS (AA)

INDIVIDUAL APPARATUS FINAL FLOOR EXERCISE

INDIVIDUAL APPARATUS FINAL POMMEL HORSE

INDIVIDUAL APPARATUS FINAL STILL RINGS

INDIVIDUAL APPARATUS FINAL VAULT

INDIVIDUAL APPARATUS FINAL PARALLEL BARS

INDIVIDUAL APPARATUS HORIZONTAL BAR

#### WOMEN

TEAM FINAL (and INDIVIDUAL QUALIFICATIONS)

INDIVIDUAL ALL-AROUND FINALS (AA)

INDIVIDUAL APPARATUS FINAL VAULT

INDIVIDUAL APPARATUS FINAL UNEVEN BARS

INDIVIDUAL APPARATUS FINAL BALANCE BEAM

INDIVIDUAL APPARATUS FINAL FLOOR EXERCISE

Each delegation is authorised to enter a maximum of 10 athletes (maximum 5 men and 5 women) as follows:

#### TEAM FINALS AND INDIVIDUAL QUALIFICATIONS

Each participating delegation is authorised to enter in the team competition with one (1) MAG team and one (1) WAG team. Men compete on 6 apparatus and women compete on 4 apparatus (one vault – two vaults only to qualify for apparatus finals vault). The team consists of 3 to 5 gymnasts. On each apparatus no more than 4 gymnasts may compete for the team. These 4 competitors may be selected from any of the team members.

After the beginning of the competition, an injured gymnast may be replaced on the remaining apparatus by other team members. Delegations participating only with individuals (AA or apparatus) may enter a maximum of 2 gymnasts per gender.

In the team finals, the ranking is determined by adding the three highest scores of each apparatus. In case of a tie in points, the Tie-Breaking Rules will be implemented according to FIG technical regulations.

The results obtained within the team competition shall also act as a qualification for the Individual All-Around Finals and Individual Apparatus Finals.

## INDIVIDUAL ALL-AROUND FINALS

The top 18 men and the top 18 women in the Team Finals and Individual Qualifications will be entitled to compete in the Individual All-Around Finals. However, no more than 2 athletes from the same delegation can take part in the finals. Therefore, in case more than 2 athletes from the same delegation will be among the first 18 of their respective gender, only the 2 who obtained the best result in the Team Finals and Individual Qualifications shall perform.

The classification will be established by adding the scores obtained on each apparatus in the Individual All-Around Finals. In case of a tie in points, the Tie-Breaking Rules specified in the FIG technical regulation shall apply.

## INDIVIDUAL APPARATUS FINALS

The top 8 men and the top 8 women in the Team Finals and Individual Qualifications on each specific apparatus will be entitled to compete in that Apparatus Finals. However, no more than 2 athletes from the same delegation can take part in the finals. Therefore, in case more than 2 athletes from the same delegation will be among the first 8 of their respective gender, only the 2 who obtained the best result on the respective apparatus in the Team Finals and Individual Qualifications shall perform.

The classification by apparatus will be determined by the points obtained in the Individual Apparatus Finals. The results of the Qualifications are not applicable to Individual Apparatus Finals.

In case of a tie, the tie-break rule specified in the FIG technical regulation shall apply.

## SEEDING

Individuals will compete in the first subdivision of the Team Finals and Individual Qualifications. Delegations with teams will be seeded in the latest subdivisions of the Team Finals and Individual Qualifications based on team results at the previous FISU World University Games. A draw will be conducted to assign the respective subdivisions and apparatus to those delegations who have not taken part in the previous FISU World University Games.

## DRAW

The drawing of lots was held on June, 23rd in accordance with the FIG Technical Regulations. No entries will be accepted after the drawing of lots. According to the draw, the starting order will be as follows:

## STARTING ORDER TEAM FINALS AND INDIVIDUAL QUALIFICATIONS MEN

### MIXED GROUPS

### SUBDIVISIONS

	MXG 1	MXG 2	MXG 3	MXG 4
1	MAS 1	CHI 1	SVK 1	CZE
2	MAS 2	CHI 2	SVK 2	POL
3	NOR 1	CRC	UZB 1	SGP
4	NOR 2	LAT	UZB 2	

	FX	PH	SR
SD 1	MxG 2	MxG 3	
	MxG 4	MxG 1	
SD 2	CAN	GBR	
	POR	SLO	
SD 3	BEL	BRA	NZL
	HKG	PHI	DEN
SD 4	AUS	CYP	ARM
	AUT	FIN	EGY
SD 5	SUI	ESP	GER
	ITA	TUR	UKR
SD 6	JPN	USA	TPE
	CHN	KOR	KAZ



## STARTING ORDER TEAM FINALS AND INDIVIDUAL QUALIFICATIONS WOMEN

### MIXED GROUPS

### SUBDIVISIONS

	MXG 1	MXG 2	MXG 3	MXG 4
1	CRO 1	UKR 1	SLO 1	CRC
2	CRO 2	UKR 2	SLO 2	HKG
3	CHI	NZL	CHN 1	ECU
4	SVK	LUX	CHN 2	ARM
5	DEN			

	FX	PH	SR
SD 1	MxG 4	MxG 3	
	MxG 1	MxG 2	
SD 2	AUS	ITA	CZE
	NED	TUR	FRA
SD 3	BEL	BRA	CAN
	HUN	POR	NOR
SD 4	ESP	KOR	FIN
	JPN	TPE	GER

In consultation with the TCC and the TDs, the LOC reserves the right to make adjustments to the draw and starting order if the Nominative Registrations received or the final number of participants at the time of the competition create organizational challenges related to training, podium training, warm-up and competition schedules.

## STARTING ORDER ALL-AROUND FINALS

The MAG and WAG working order will take place in accordance with the Technical Regulations, section 2, Reg. 5.1.6.3. The 18 gymnasts will perform in groups. They will be seeded into Olympic order of apparatus based on the results from the Qualifications. After each apparatus the gymnasts who started will drop to the last position on the next apparatus.

### ALL-AROUND FINAL MEN

	ROTATION	FX	PH	SR	VT	PB	HB
1		5, 4, 3, 2, 1, 6	11, 10, 9, 8, 7, 12	17, 16, 15, 14, 13, 18			
2			4, 3, 2, 1, 6, 5	10, 9, 8, 7, 12, 11	16, 15, 14, 13, 18, 17		
3				3, 2, 1, 6, 5, 4	9, 8, 7, 12, 11, 10	15, 14, 13, 18, 17, 16	
4					2, 1, 6, 5, 4, 3	8, 7, 12, 11, 10, 9	14, 13, 18, 17, 16, 15
5			13, 18, 17, 16, 15, 14			1, 6, 5, 4, 3, 2	7, 12, 11, 10, 9, 8
6		12, 11, 10, 9, 8, 7	18, 17, 16, 15, 14, 13				6, 5, 4, 3, 2, 1



## ALL-AROUND FINAL WOMEN

ROTATION	VT	UB	BB	FX
1	3, 2, 1, 9, 8, 7, 6, 5, 4	12, 11, 10, 18, 17, 16, 15, 14, 13		
2		2, 1, 9, 8, 7, 6, 5, 4, 3	11, 10, 18, 17, 16, 15, 14, 13, 12	
3			1, 9, 8, 7, 6, 5, 4, 3, 2	10, 18, 17, 16, 15, 14, 13, 12, 11
4	18, 17, 16, 15, 14, 13, 12, 11, 10			9, 8, 7, 6, 5, 4, 3, 2, 1

## STARTING ORDER APPARATUS FINALS

### APPARATUS FINAL I

	MAG FX	WAG VT	MAG PH	WAG UB	MAG SR
STARTING RANK	QUALIFICATION RANK				
1	6	2	7	1	1
2	4	8	3	7	3
3	1	5	1	2	7
4	2	6	5	6	4
5	5	7	4	4	2
6	3	3	8	3	5
7	8	1	2	8	8
8	7	4	6	5	6

### APPARATUS FINAL II

	MAG VT	WAG BB	MAG PB	WAG FX	MAG HB
STARTING RANK	QUALIFICATION RANK				
1	8	8	4	6	4
2	7	1	7	7	8
3	3	3	5	5	1
4	2	4	1	4	7
5	1	6	8	2	2
6	5	7	2	8	5
7	6	2	3	1	3
8	4	5	6	3	6

## ATHLETE BIBS

The OC will provide each athlete with bib numbers. The bib numbers must be clearly visible during all competitions.

## NEW ELEMENTS, REQUEST TO CHANGE APPARATUS MEASUREMENTS, VAULT NUMBERS

Any new element and/or a request to change apparatus measurements shall be submitted at the first General Technical Meeting. Forms will be provided by the OC (see appendix and Delegation Portal). Vault numbers shall be submitted at the first General Technical Meeting.

## WITHDRAWAL

In case of a withdrawal please hand in as soon as possible the form "Withdrawal" (see appendix and Delegation Portal) at the SID in order to substitute or invite a reserve.

## CONFIRMATION OF STARTING ORDER QUALIFICATION AND TEAM FINAL

The starting order (see appendix and Delegation Portal) has to be submitted to the SID as follows:

- for the Teams competing on the first Qualifications' day: at the latest 24 hours prior to the start of the first subdivision on the first Qualifications' day. (For MAG Subdivisions 1, 2, 3: July 21<sup>st</sup> at 10:00; For WAG Subdivision 1, 2, 3, 4: July 23<sup>rd</sup> at 10:00)
- for the Teams competing on the second Qualifications' day: at the latest 24 hours prior to the start of the first subdivision on the second Qualifications' day. (MAG Subdivision 4, 5, 6: July 22<sup>nd</sup> at 10:00)

If a NUSF does not respect this deadline, the starting order of the gymnasts from its Team will be determined based on the gymnasts' bib number.

## FX STARTING ORDER FOR WAG PODIUM TRAINING

NUSF will be required to inform the LOC at the SID of their gymnasts' WAG Floor Exercise starting order for the sake of music playing by July 20<sup>th</sup> 2025 at 18:00 at the latest (see appendix and Delegation Portal).

## MUSICAL ACCOMPANIMENT FOR WOMEN'S FLOOR EXERCISE

When submitting the musical accompaniment for Artistic Gymnastics events, the following rules shall be followed:

1. Musical accompaniment for Artistic Gymnastics events and the respective music form shall be submitted via email to [artisticgymnastics@rhineruhr2025.com](mailto:artisticgymnastics@rhineruhr2025.com) no later than 08 July 2025. The music form can be downloaded at the Delegation Portal. With this music form the National University Sport Federation confirms that the Floor exercise music of the WAG gymnasts does not violate any copyrights and that it can be broadcasted within sports. Infringement of the relevant rights of copyright holders are forbidden.
2. Subject of the email shall follow the format:
  - Country Code (the 3 capital letters used by the FIG to designate the gymnast's NUSF)
  - Gymnast name and family name
  - Licence ID
3. Ready-to-use music files in MP3 format shall be submitted. The bit depth and sample rate shall be above 16-bit/44 KHz.
4. Musical accompaniment for Artistic Gymnastics events has to be double checked on site in training area. By signing the music list at the Training Area Manager, the National University Sport Federation confirms that the uploaded Floor exercise music of the WAG gymnasts is correct.
5. It is recommended to bring data storage devices (e.g. USB sticks) with backup music files to the competition venue on the competition day.
6. For musical accompaniment at the training venue it is necessary to bring a USB stick with your individual music files.



## 3.4.3 ENTRIES

### GENERAL RESTRICTIONS

Only delegations with athletes will be approved as official delegations participating in the FISU World University Games. All athletes must have a valid FIG license. The license number must be properly indicated on the individual entry form.

To be eligible, competitors must be:

- A national of the country they represent;
- At least 18 and no older than 25 years of age on 31 December of the year of the event (i.e. born between 1 January 2000 and 31 December 2007)
- Students who are currently officially registered as proceeding towards a degree or diploma at the university or similar institute, the status of which is recognised by the appropriate national academic authority of their country; or former students of the institutions mentioned above who have obtained their academic degree or diploma in the year preceding the event.

In countries with fewer than 2,000,000 inhabitants or having fewer than 5,000 university students, students attending technical or secondary schools may participate in FISU events provided they have been attending their establishments for at least two (2) years. Such countries/regions must submit an application to the FISU Executive Committee at least six months before the scheduled start of the event. Such an application must be supported by documents endorsed by the appropriate State, Regional or National Academic Authorities.

### ENTRY TIMETABLE

FORM	DEADLINE
Quantitative Entry Form (Q)	16.04.2025
Individual Entry Form (I)	16.06.2025
Final confirmation of the athletes	General Technical Meeting (21.07.2025)

All delegations must ensure that all their entries reach the Organising Committee by the deadline and in the form prescribed by the Organising Committee and the FISU regulations. All Entry Forms shall be submitted through the Games Management System (GMS) owned by FISU.

Entries received after the required deadlines will not be taken into consideration, except in the event of force majeure, with the agreement of the FISU Executive Committee and on the advice of the Organising Committee. Individual entry forms of athletes from a non-member association must be countersigned by the NSF or by the NOC and stamped with a seal from the said organisation.

The Quantitative Entry numbers are considered as final. The same overall number of athletes and officials shall be submitted in the Individual Entry, changes are only allowed within a quota of 10% of the delegation size at the Quantitative Entry. Further details regarding penalties are provided in the FISU Games Regulations (cf. Art. 5.4.6).

Individual entry forms of athletes from a non-member association must be countersigned by the NF or by the NOC. The NF of the concerned sport or the NOC must submit an official request to the FISU General Secretariat.



All replacements requested by the NUSFs after the individual entry deadline of 16 June 2025 shall follow the Late Athlete Replacement Policy. Details of the Late Athlete Replacement Policy are included in the I-Form User Guide which will be distributed on the official website.

## 3.4.4 PROTEST AND APPEALS

There are two different legal bases for making a protest: sports or disciplinary nature; or non-technical nature.

Any type of **PROTEST/APPEAL OF A SPORTS NATURE** must follow the rules of FIG (Technical Regulations Art. 8.5).

Inquiries for the Difficulty score are allowed, provided that they are made verbally immediately after the publication of the score or at the very latest before the score of the following gymnast/athlete or group is shown. For the last gymnast or group of a rotation, this limit is two (2) minutes after the score is shown on the scoreboard. The person designated to receive the verbal inquiry must record the time of receiving it, either in writing or electronically, and this starts the procedure.

Only the accredited coaches in the competition area are entitled to submit an inquiry. An area where the coach of the competing gymnast can observe the exercise must be designated.

Late verbal inquiries will be rejected. A National Federation is not allowed to complain against a gymnast from another National Federation.

Requests to revise Time or Line deductions or Bonuses are possible, according to FIG rules (Technical Regulations Art. 8.6). Inquiries for all other scores are not allowed.



During the FISU World University Games, **PROTESTS OF A NON-TECHNICAL NATURE** as allowed in article 3.2.2. d) of the Rhine Ruhr 2025 FISU Games Regulations shall be presented to the FISU President or Secretary General/CEO, by the HoD or their representative, in writing no later than six hours after the incident, and no protest received after this time shall be considered. Each protest shall be accompanied by a deposit of EUR 50, which shall be returned only if the protest is considered justified.

To challenge the eligibility of an athlete from another country, the HoD must make a written protest to the FISU Executive Committee. The CIC shall be authorised to investigate the eligibility of the participant concerned. Only the HoD or their representative shall be authorised to make such a protest. All decisions taken by the FISU Executive Committee are final.



## 3.4.5 EQUIPMENT AND UNIFORMS

Uniforms of the athletes must comply with the FIG RULES COMPETITION CLOTHING AND ADVERTISING to state that the design of clothing is expected to be compatible as a sports uniform and not as a costume. Details are provided in the Code of Points for each discipline.

The competitors and the coaches are permitted to wear and display advertising on their clothing in the competition venues according to FIG RULES COMPETITION CLOTHING AND ADVERTISING.

The usage of the Rhine-Ruhr 2025 FISU World University Games Summer logo is not mandatory; however, if a NUSF decides to use it on their uniform, the following conditions must be observed:

- The logos should be placed and produced in accordance with the "Rhine-Ruhr 2025 FISU World University Games Summer Brand Book".
- All delegations using the Rhine-Ruhr 2025 FISU Games logo must send the layouts to [delegationservices@rhineruhr2025.com](mailto:delegationservices@rhineruhr2025.com).
- The usage of the FISU logo (official "U" + "FISU wordmark" logo) is not permitted.

At the competition venue, a **SPORT INFORMATION DESK** will be set-up in MME Halle 5 to provide the following information and services to delegations during the FISU Games:

- Competition schedule
- Training schedule
- Start lists
- Competition results
- Technical meetings information
- Lost and Found
- Accreditation and access issues
- Medical and Anti-Doping information
- Additional services
- Protocol and ceremony details
- Catering
- Additionally, these desks are the designated location for delegations to collect ice.

The Sport Information Desk will operate throughout the opening hours of the venue. The exact hours of operation will be available at the desk.

## 3.5 COMPETITION PROCEDURES

### 3.5.1 SPORT INFORMATION SERVICES

A SPORT INFORMATION CENTRE (SIC) will be set up during Rhine Ruhr 2025 FISU Games to provide information efficiently to delegations and team officials. The SIC is located in Messe Essen Congress West, right next to the MIC. Opening hours are 07:00 to 22:00.

The following information and services will be provided to delegations at the SIC during the FISU Games:

- Competition schedule
- Training schedule
- Start lists
- Competition results
- Weather information
- Technical meetings information
- Daily Bulletin
- Lost and Found
- Accreditation and access issues
- Medical and Anti-Doping information
- Additional services
- Protocol and ceremony details
- Catering

### 3.5.2 WARM-UP GUIDELINES

Before the start of the competition the equipment can be tested by the gymnasts on the field of play. Each gymnast is entitled to a 'touch warm-up' period on the podium for the Team Final, All-Around Final, and Apparatus Finals.

For all competition phases, the 50-second touch warm-up period per apparatus, including the preparation of the bars (with only 30 seconds for the Balance Beam and Women's Floor Exercise) will be granted to each gymnast.

Additionally, Vault has a specific number of maximum attempts permitted during this 'touch warm-up' period according to the rules stated in each respective Code of Points.

For the All-Around Final MEN, the gymnasts proceed with their "touch warm-up" as one group.

For the All-Around Final WOMEN, the "touch warm-up" will be made in two groups as per the starting order:

Gymnasts 1, 2, 3, 4 do their "touch warm-up" and compete in the first half of the rotation

Gymnasts 5, 6, 7, 8, 9 do their "touch warm-up" and compete in the second half of the rotation

For the Apparatus Finals, the "touch warm-up" will be made in two groups as per the starting order:

Gymnasts 1, 2, 3, 4 do their "touch warm-up" and compete in the first half of the rotation

Gymnasts 5, 6, 7, 8 do their "touch warm-up" and compete in the second half of the rotation

In case of an odd number of finalists, the group competing in the first half of the rotation will have a smaller number of gymnasts than in the second half.



### 3.5.3 ENTRY TO FOP

Only the competing gymnast and his/her coach are allowed to be on the Field of Play during the routine. All other delegation members must remain in the waiting zone.

Each team (maximum of five gymnasts) in the Qualifications and Team Finals may be assisted in the competition area by a maximum of two (2) coaches. Individual gymnasts may be assisted by a coach in the competition area in accordance with the provisions included in the Accreditation Rules for all competition phases.

For the All-Around Finals and the Apparatus Finals only one (1) coach per gymnast is allowed but personal coaches may be present in the dedicated zone with respect to the rules.

Competitors must not present themselves on the competition area until they have been called either by the announcer, by the Chair of Judges Panel, the D1 judge (ART) or when the flag or the green light is showing. In case of non-observance of the directions given the athlete will be penalised according to the provisions of the Code of Points.

During the march-in and march-out, as well as during the rotation from one apparatus to the other, the gymnasts must move in a uniform manner, to music, and in accordance with the announcer's instructions. When entering the competition area, gymnasts should only carry the equipment which is strictly necessary.

During the competition, if the size of the warm-up hall allows it and provided that such a possibility is mentioned in the Work Plan, the gymnasts may leave the competition hall if their starting order allows it and return to the warm-up hall only during the Qualifications the Team Final and the Apparatus Finals. This provision does not apply for the All-Around Final.

Each gymnast must present himself to the panel of judges at the beginning and at the end of his exercise. He/she must await the green light or, otherwise, the signal from the D1 Judge before commencing his/her exercise, and he/she must leave within 30 seconds of its conclusion. A gymnast may not re-enter the podium area, after the conclusion of his exercise, without the consent of the D1 Judge.

### 3.5.4 EVENT PRESENTATION

#### TEAM FINALS AND INDIVIDUAL QUALIFICATIONS

March-in is in competition attire. The teams are presented according to starting order. All competing athletes must be in the call out area well in time for line-up and march-in, since all teams start competition at the same time. Each team has its own team waiting zone. After competing at the apparatus, the gymnasts are guided back to the teams waiting zone to wait for their score.

#### INDIVIDUAL ALL AROUND FINALS

March-in is in competition attire. The gymnasts are presented according to the starting order. All athletes must be in the call out area well in time for line-up and march-in.

#### INDIVIDUAL APPARATUS FINALS

March-in is in competition attire. The gymnasts are presented according to the starting order. All athletes must be in the call out area well in time for line-up and march-in.

After competing at the apparatus, the gymnasts are guided to the leader's zone to wait for their score. Only the leader will stay in the leader's box. Except the leader, all gymnasts wait in the assigned waiting zones for the final result of the competition.

### 3.5.5 TIMING, SCORING AND RESULTS

All timing, scoring and results services for the artistic gymnastics competitions at the FISU World University Games 2025 will be provided by the official partner ATOS.

Delegations will have access to:

- Competition schedules
- Entry and start lists
- Official results

These will be available:

- on the official live results website
- in the RR2025 mobile app
- at the Sport Information Desk at the venue

Official printed reports will also be available at the venue as needed.



## 3.5.6 EXIT FROM FOP AND MIXED ZONE

After the competitions, all athletes must exit the field of play through the mixed zone, where they will be interviewed by the media. The choice of interview partners is the responsibility of the media. After the interviews, the athletes leave the mixed zone in the direction of the warm-up area.

The MAG and WAG gymnasts will exceptionally be authorized to return to the warm-up hall during competitions (without any special approval) in order to share the designated stretching area and the apparatus. Priority will nevertheless be given to the gymnasts warming up for the following subdivision (if any). Therefore, permission will be required from any federation(s) warming-up before the MAG and WAG gymnasts coming from the Field of Play may use the stretching area or a specific apparatus. MAG and WAG gymnasts will be fully responsible for being present in the Field of Play when required in order to perform their routine on time.

## 3.5.7 MEDALS AND AWARDS

A medal ceremony will be held after each final. The award ceremony for Team Finals and All-Around Finals will be held right after the competitions. For Apparatus Finals it will be held after the first half of the finals (3 MAG apparatus, 2 WAG apparatus) as well as after the second half (3 MAG apparatus, 2 WAG apparatus).

The following athletes must attend to the medal ceremony:

- TEAM FINAL: top 3 ranked teams
- INDIVIDUAL ALL-AROUND FINAL: top 3 ranked gymnasts
- APPARATUS FINALS: top 3 ranked gymnasts

If a medalist is unable to attend, the medal will be delivered to an official of the relevant delegation who must be dressed in the delegation's official outfit. He/she must not mount the podium but stand behind it.

The medalists are expected to mount the podium in the official team uniforms. However, they are allowed to attend the official ceremony wearing sports uniforms when the ceremony takes place immediately after the competition. The medalists are not allowed to take any national flags or any other national/regional, cultural, or religious symbols on the podium. They must not wear hats, caps, or sunglasses on the podium.

The athletes (teams) of the top three places in the finals will be awarded a gold medal, a silver medal and a bronze medal and gifts, respectively.

The delegation flags will be raised for medallists and the FISU anthem will be played. All medallists and relevant officials are required to face the flags on trapeze, as the flag of each medallist's country is raised and the FISU anthem is played.

After the anthem is played, medallists are expected to pause for photos. The exit of the FOP will be through the mixed zone for media interviews.

Diplomas will be awarded in accordance with the FISU Protocol. Delegations will receive these electronically after the FISU Games.

Any dispute regarding protocol will have to be addressed to FISU.

## 3.5.8 DOPING CONTROL

### GENERAL INFORMATION

Doping control during the Rhine-Ruhr 2025 FISU World Games will be performed in accordance with the [World Anti-Doping Code](#) [the Code], the [International Standards](#) of WADA, the [FISU Anti-Doping Rules](#) [the Rules] and the [National Anti-Doping Code](#) (NADC). All athletes and athlete support personnel participating in the event are subject to these regulations and shall abide by the decisions of FISU. All delegation members participating in the event are subject to these regulations and shall abide by the decisions of FISU. As per Article 5.3 of the Code, FISU has exclusive Testing Authority over all participating athletes during the event period.

In-Competition testing and Out-of-Competition testing will be carried out. Testing includes the collection of both urine and blood samples. Athletes notified of their selection for a doping control test shall cooperate. Any athlete who evades, refuses, or fails to submit to sample collection after being notified by a duly authorised person shall be suspected of an anti-doping rule violation.

### PREPARATIONS FOR TESTING

Athletes must produce identification, which in the case of the Rhine-Ruhr 2025 FISU World University Games should be in the form of a passport, driver's license, ID card, similar valid photo identification, or the official accreditation of the event.

Athletes shall also be prepared to provide Doping Control Officers (DCOs) and Blood Collection Officers (BCOs) with information on all prescription and non-prescription medications or supplements taken over the past seven (7) days, including the names, dosage, frequency, and date of last use, where possible. Additionally, a list of any blood transfusions received over the last three months shall be made available, if a blood sample is collected.

In the case of Artistic Gymnastics, Doping Control Stations are installed at Messe Essen and Grugahalle. The Doping Control Stations are also used for testing other athletes competing at Messe Essen and Grugahalle. The walking distances from the Field of Play to the Doping Control Stations are less than 15 minutes.

### DOPING CONTROL GUIDE

All delegation members are advised to read the [Doping Control Guide](#) to adequately prepare for their participation in the event. This guide contains, among other topics, information about:

- Anti-Doping Rule Violations
- Prohibited List, medication, and supplement use
- Therapeutic Use Exemptions (TUE)
- Legal framework / Anti-Doping Law
- Anti-doping intelligence
- Doping Control Stations (incl. rules and behaviour)
- Roles & responsibilities of athletes and athlete support personnel
- Anti-doping education measures (eLearning, workshops, info booth, ...)



### 3.6 COMPETITION SCHEDULE ARTISTIC GYMNASTICS

DATE	TIME	COMPETITION	LOCATION
Tuesday 22.07.25	10:00 – 13:13	TEAM FINALS MAG 1/2 – Subdivision 1 (incl. INDIVIDUAL QUALIFICATIONS)	MEE Halle 3
	14:15 – 17:28	TEAM FINALS MAG 1/2 – Subdivision 2 (incl. INDIVIDUAL QUALIFICATIONS)	MEE Halle 3
	18:30 – 21:43	TEAM FINALS MAG 1/2 – Subdivision 3 (incl. INDIVIDUAL QUALIFICATIONS)	MEE Halle 3
	10:00 – 13:13	TEAM FINALS MAG 2/2 – Subdivision 4 (incl. INDIVIDUAL QUALIFICATIONS)	MEE Halle 3
	14:15 – 17:28	TEAM FINALS MAG 2/2 – Subdivision 5 (incl. INDIVIDUAL QUALIFICATIONS)	MEE Halle 3
	18:30 – 21:43	TEAM FINALS MAG 2/2 – Subdivision 6 (incl. INDIVIDUAL QUALIFICATIONS)	MEE Halle 3
Wednesday 23.07.25	21:53 – 22:03	TEAM FINALS MAG MEDAL CEREMONY	MEE Halle 3
	10:00 – 12:25	TEAM FINALS WAG – Subdivision 1 (incl. INDIVIDUAL QUALIFICATIONS)	MEE Halle 3
	13:15 – 15:40	TEAM FINALS WAG – Subdivision 2 (incl. INDIVIDUAL QUALIFICATIONS)	MEE Halle 3
	16:15 – 18:40	TEAM FINALS WAG – Subdivision 3 (incl. INDIVIDUAL QUALIFICATIONS)	MEE Halle 3
	19:30 – 21:55	TEAM FINALS WAG – Subdivision 4 (incl. INDIVIDUAL QUALIFICATIONS)	MEE Halle 3
Thursday 24.07.25	22:05 – 22:15	TEAM FINALS WAG MEDAL CEREMONY	MEE Halle 3
	13:00 – 15:35	INDIVIDUAL ALL-AROUND FINALS MAG	MEE Halle 3
	15:45 – 15:53	INDIVIDUAL ALL-AROUND FINALS MAG MEDAL CEREMONY	MEE Halle 3
	19:00 – 21:38	INDIVIDUAL ALL-AROUND FINALS WAG	MEE Halle 3
	21:48 – 21:56	INDIVIDUAL ALL-AROUND FINALS WAG MEDAL CEREMONY	MEE Halle 3

SATURDAY 26.07.25	13:00 – 17:01	INDIVIDUAL APPARATUS FINALS I	MEE Halle 3
		MAG FLOOR WAG VAULT MAG POMMEL HORSE WAG UNEVEN BARS MAG RINGS	
18:00 – 22:01	MEDAL CEREMONIES	INDIVIDUAL APPARATUS FINALS II	MEE Halle 3
		MAG VAULT WAG BALANCE BEAM MAG PARALLEL BARS WAG FLOOR MAG HORIZONTAL BARS	

\*See detailed Training and Competition Schedule for MAG in Appendix D and WAG in Appendix E!



### 3.7 TRAINING SCHEDULE

DATE	TIME	TRAINING	LOCATION
Thursday 17.07.25	10:00–21:50	Training	MEE 2
Friday 18.07.25	10:00–21:50	Training	MEE 2
Saturday 19.07.25	10:00–21:50	Training	MEE 2
Sunday 20.07.25	10:00–21:50	Training WAG	MEE 2
Sunday 20.07.25	09:00–21:50	Podium Training MAG	MEE 3
Monday 21.07.25	10:00–19:00	Training MAG	MEE 2
Monday 21.07.25	10:00–21:40	Podium Training WAG	MEE 3
Tuesday 22.07.25	10:00–21:50	Training	MEE 2
Wednesday 23.07.25	10:00–21:50	Training	MEE 2
Thursday 24.07.25	10:00–19:00	Training	MEE 2
Friday 25.07.25	10:00–19:00	Training	MEE 2
Saturday 26.07.25	10:00–13:00	Training	MEE 2

\*See detailed Training and Competition Schedule for MAG in Appendix D and WAG in Appendix E!

## APPENDICES

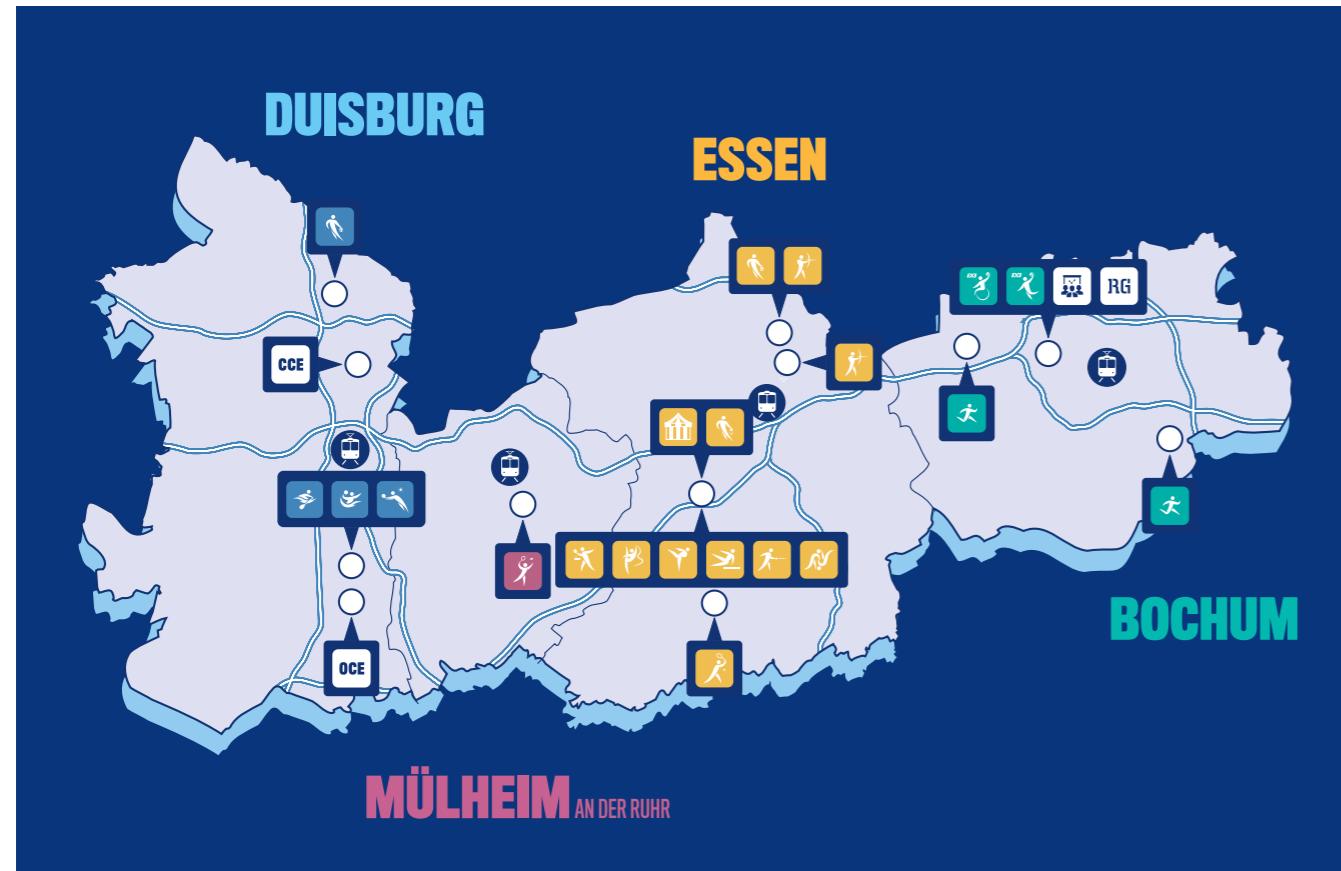


# APPENDIX A: COMPETITION SCHEDULE

Event	Date		Comp. Days	Day 0	Day 01	Day 02	Day 03	Day 04	Day 05	Day 06	Day 07	Day 08	Day 09	Day 10	Day 11	Medal Events	Main Venue		
	Event	Date		Wed 16 Jul	Thu 17 Jul	Fri 18 Jul	Sat 19 Jul	Sun 20 Jul	Mon 21 Jul	Tue 22 Jul	Wed 23 Jul	Thu 24 Jul	Fri 25 Jul	Sat 26 Jul	Sun 27 Jul		Main Venue		
OPENING CEREMONY				★													DUI	Schauinsland-Reisen-Arena	
3x3	3x3	3x3	4					2	2								4	BOC	Jahrhunderthalle
Archery	Archery		5														10	ESS	Sportpark am Hallo & Zeche Zollverein
Artistic Gymnastics	Artistic Gymnastics		5								1	1	2	10			14	ESS	Messe Essen / Halle 3
Athletics	Athletics		7					1	5	5	12	3	11	14			51	BOC	Lohrheidestadion
Badminton	Badminton		10				1						5				6	MUL	Westenergie Sporthalle
Basketball	Basketball		9									1	1				2	ESS	Multiple Venues
Beach Volleyball	Beach Volleyball		6											2			2	DUI	Sportpark Duisburg
Diving	Diving		7		2	2	2	2	1	1	5						15	BER	SSE Berlin
Fencing	Fencing		6		2	2	2	2	2	2							12	ESS	Messe Essen / Halle 5
Judo	Judo		4								5	4	5	1			15	ESS	Messe Essen / Halle 4
Rhythmic Gymnastics	Rhythmic Gymnastics		3				2	6									8	ESS	Messe Essen / Halle 4
Rowing	Rowing		3											11			11	DUI	Regattabahn Duisburg
Swimming	Swimming		7		3	5	7	5	6	7	9						42	BER	SSE Berlin
Table Tennis	Table Tennis		8					2		1	2	2					7	ESS	Messe Essen / Halle 1
Taekwondo	Taekwondo		7		3	2	4	4	4	4	3						24	ESS	Messe Essen / Halle 6
Tennis	Tennis		10										3	4			7	ESS	ETUF Tennisanlage
Volleyball	Volleyball		9								1	1					2	BER	Multiple Venues Berlin
Water Polo	Water Polo		10											2			2	DUI	ASC Duisburg
CLOSING CEREMONY														★			DUI	Landschaftspark DUI-Nord	
Medal Events per day			0	10	13	21	20	14	20	31	20	20	40	25		234			
Sports per day			1	11	12	12	11	11	14	14	11	10	10	2					

 Medal Event  
  BOC / Bochum  
  DUI / Duisburg  
  ESS / Essen  
  MUL / Mülheim an der Ruhr  
  HAG / Hagen  
  BER / Berlin

## APPENDIX B: CITY MAPS



### DUISBURG

#### Water polo

ASC Duisburg

#### Rowing

Regattabahn Duisburg

#### Beach volleyball

Sportpark Duisburg

#### Basketball

Walter-Schädlich-Halle

### ESSEN

#### Table tennis

Messe Essen Halle 1

#### Artistic gymnastics

Messe Essen Halle 3

#### Rhythmic gymnastics

Messe Essen Halle 4

#### Judo

Messe Essen Halle 4

#### Fencing

Messe Essen Halle 5

#### Taekwondo

Messe Essen Halle 6

#### Basketball

Grugahalle

Sporthalle Am Hallo

#### Tennis

ETUF Tennisanlage

#### Archery

Sportpark Am Hallo Stadion

Zeche Zollverein

### MÜLHEIM AN DER RUHR

#### Badminton

Westenergie Sporthalle

### BOCHUM

#### Athletics

Lohrheidestadion

Kemnader See

#### 3x3 Basketball

Jahrhunderthalle

#### 3x3 Wheelchair basketball

Jahrhunderthalle



### BERLIN

#### Volleyball

Max-Schmeling-Halle

Sportforum Große Halle

Ballsportarena Köpenick

Horst-Korber-Sportzentrum

#### Swimming and Diving

Schwimm- und Sprunghalle im Europapark SSE

### HAGEN

#### Basketball

Ischelandhalle



## APPENDIX C: VENUE MAP MESSE ESSEN



**MED** MEDICAL CENTRE

**MPC** MAIN PRESS CENTRE

**MIC** MAIN INFORMATION CENTRE<sup>1</sup>

**IBC** INTERNATIONAL BROADCAST CENTRE

**MOC** MAIN OPERATIONS CENTRE

**UDAC** UNIFORM DISTRIBUTION AND ACCREDITATION CENTRE

1 DELEGATION LOUNGE

2 MAIN DINING

3 SERVICE CENTER MITTE/BUSINESS CLUB<sup>2</sup>

4 MEETING ROOMS

5 TRAINING & GYM

↑ ENTRANCE

TABLE TENNIS

FENCING

BASKETBALL

ARTISTIC GYMNASTICS

TAEKWONDO

RHYTHMIC GYMNASTICS

JUDO

<sup>1</sup> incl. FISU offices for delegation services meeting rooms & co-working spaces

<sup>2</sup> incl. delegation offices & meeting rooms



## APPENDIX D: TRAINING AND COMPETITION SCHEDULE MAG

MAG  
SD 1/4

MEE 2

Thu 17.07.2025

General Training

Rotation	start	finish	■	■	○○	■	■	■		
	10:00:00	- 10:30:00	General warm up							
1	10:30:00	- 10:42:30	MxG 2	MxG 3	-	AUS	CYP	ARM		
	10:42:30	- 10:55:00	MxG 4	MxG 1	-	AUT	FIN	EGY		
2	10:55:00	- 11:07:30	ARM	MxG 2	MxG 3	-	AUS	CYP		
	11:07:30	- 11:20:00	EGY	MxG 4	MxG 1	-	AUT	FIN		
3	11:20:00	- 11:32:30	CYP	ARM	MxG 2	MxG 3	-	AUS		
	11:32:30	- 11:45:00	FIN	EGY	MxG 4	MxG 1	-	AUT		
4	11:45:00	- 11:57:30	AUS	CYP	ARM	MxG 2	MxG 3	-		
	11:57:30	- 12:10:00	AUT	FIN	EGY	MxG 4	MxG 1	-		
5	12:10:00	- 12:22:30	-	AUS	CYP	ARM	MxG 2	MxG 3		
	12:22:30	- 12:35:00	-	AUT	FIN	EGY	MxG 4	MxG 1		
6	12:35:00	- 12:47:30	MxG 3	-	AUS	CYP	ARM	MxG 2		
	12:47:30	- 13:00:00	MxG 1	-	AUT	FIN	EGY	MxG 4		

MAG  
SD 2/5

MEE 2

Thu 17.07.2025

General Training

Rotation	start	finish	■	■	○○	■	■	■		
	13:00:00	- 13:30:00	General warm up							
1	13:30:00	- 13:42:30	CAN	GBR	-	SUI	ESP	GER		
	13:42:30	- 13:55:00	POR	SLO	-	ITA	TUR	UKR		
2	13:55:00	- 14:07:30	GER	CAN	GBR	-	SUI	ESP		
	14:07:30	- 14:20:00	UKR	POR	SLO	-	ITA	TUR		
3	14:20:00	- 14:32:30	ESP	GER	CAN	GBR	-	SUI		
	14:32:30	- 14:45:00	TUR	UKR	POR	SLO	-	ITA		
4	14:45:00	- 14:57:30	SUI	ESP	GER	CAN	GBR	-		
	14:57:30	- 15:10:00	ITA	TUR	UKR	POR	SLO	-		
5	15:10:00	- 15:22:30	-	SUI	ESP	GER	CAN	GBR		
	15:22:30	- 15:35:00	-	ITA	TUR	UKR	POR	SLO		
6	15:35:00	- 15:47:30	GBR	-	SUI	ESP	GER	CAN		
	15:47:30	- 16:00:00	SLO	-	ITA	TUR	UKR	POR		

MAG  
SD 3/6

MEE 2

Thu 17.07.2025

General Training

Rotation	start	finish	■	■	○○	■	■	■		
	16:00:00	- 16:30:00	General warm up							
1	16:30:00	- 16:42:30	BEL	BRA	NZL	JPN	USA	TPE		
	16:42:30	- 16:55:00	HKG	PHI	DEN	CHN	KOR	KAZ		
2	16:55:00	- 17:07:30	TPE	BEL	BRA	NZL	JPN	USA		
	17:07:30	- 17:20:00	KAZ	HKG	PHI	DEN	CHN	KOR		
3	17:20:00	- 17:32:30	USA	TPE	BEL	BRA	NZL	JPN		
	17:32:30	- 17:45:00	KOR	KAZ	HKG	PHI	DEN	CHN		
4	17:45:00	- 17:57:30	JPN	USA	TPE	BEL	BRA	NZL		
	17:57:30	- 18:10:00	CHN	KOR	KAZ	HKG	PHI	DEN		
5	18:10:00	- 18:22:30	NZL	JPN	USA	TPE	BEL	BRA		
	18:22:30	- 18:35:00	DEN	CHN	KOR	KAZ	HKG	PHI		
6	18:35:00	- 18:47:30	BRA	NZL	JPN	USA	TPE	BEL		
	18:47:30	- 19:00:00	PHI	DEN	CHN	KOR	KAZ	HKG		



MAG SD 1/4		MEE 2		Fri 18.07.2025		General Training			
Rotation	start	finish							
	10:00:00	- 10:30:00	General warm up						
1	10:30:00	- 10:42:30	MxG 2	MxG 3	-	AUS	CYP	ARM	
	10:42:30	- 10:55:00	MxG 4	MxG 1	-	AUT	FIN	EGY	
2	10:55:00	- 11:07:30	ARM	MxG 2	MxG 3	-	AUS	CYP	
	11:07:30	- 11:20:00	EGY	MxG 4	MxG 1	-	AUT	FIN	
3	11:20:00	- 11:32:30	CYP	ARM	MxG 2	MxG 3	-	AUS	
	11:32:30	- 11:45:00	FIN	EGY	MxG 4	MxG 1	-	AUT	
4	11:45:00	- 11:57:30	AUS	CYP	ARM	MxG 2	MxG 3	-	
	11:57:30	- 12:10:00	AUT	FIN	EGY	MxG 4	MxG 1	-	
5	12:10:00	- 12:22:30	-	AUS	CYP	ARM	MxG 2	MxG 3	
	12:22:30	- 12:35:00	-	AUT	FIN	EGY	MxG 4	MxG 1	
6	12:35:00	- 12:47:30	MxG 3	-	AUS	CYP	ARM	MxG 2	
	12:47:30	- 13:00:00	MxG 1	-	AUT	FIN	EGY	MxG 4	

MAG SD 1/4		MEE 2		Sat 19.07.2025		General Training			
Rotation	start	finish							
	10:00:00	- 10:30:00	General warm up						
1	10:30:00	- 10:42:30	MxG 2	MxG 3	-	AUS	CYP	ARM	
	10:42:30	- 10:55:00	MxG 4	MxG 1	-	AUT	FIN	EGY	
2	10:55:00	- 11:07:30	ARM	MxG 2	MxG 3	-	AUS	CYP	
	11:07:30	- 11:20:00	EGY	MxG 4	MxG 1	-	AUT	FIN	
3	11:20:00	- 11:32:30	CYP	ARM	MxG 2	MxG 3	-	AUS	
	11:32:30	- 11:45:00	FIN	EGY	MxG 4	MxG 1	-	AUT	
4	11:45:00	- 11:57:30	AUS	CYP	ARM	MxG 2	MxG 3	-	
	11:57:30	- 12:10:00	AUT	FIN	EGY	MxG 4	MxG 1	-	
5	12:10:00	- 12:22:30	-	AUS	CYP	ARM	MxG 2	MxG 3	
	12:22:30	- 12:35:00	-	AUT	FIN	EGY	MxG 4	MxG 1	
6	12:35:00	- 12:47:30	MxG 3	-	AUS	CYP	ARM	MxG 2	
	12:47:30	- 13:00:00	MxG 1	-	AUT	FIN	EGY	MxG 4	

MAG SD 2/5		MEE 2		Fri 18.07.2025		General Training			
Rotation	start	finish							
	13:00:00	- 13:30:00	General warm up						
1	13:30:00	- 13:42:30	CAN	GBR	-	SUI	ESP	GER	
	13:42:30	- 13:55:00	POR	SLO	-	ITA	TUR	UKR	
2	13:55:00	- 14:07:30	GER	CAN	GBR	-	SUI	ESP	
	14:07:30	- 14:20:00	UKR	POR	SLO	-	ITA	TUR	
3	14:20:00	- 14:32:30	ESP	GER	CAN	GBR	-	SUI	
	14:32:30	- 14:45:00	TUR	UKR	POR	SLO	-	ITA	
4	14:45:00	- 14:57:30	SUI	ESP	GER	CAN	GBR	-	
	14:57:30	- 15:10:00	ITA	TUR	UKR	POR	SLO	-	
5	15:10:00	- 15:22:30	-	SUI	ESP	GER	CAN	GBR	
	15:22:30	- 15:35:00	-	ITA	TUR	UKR	POR	SLO	
6	15:35:00	- 15:47:30	GBR	-	SUI	ESP	GER	CAN	
	15:47:30	- 16:00:00	SLO	-	ITA	TUR	UKR	POR	

MAG SD 2/5		MEE 2		Sat 19.07.2025		General Training			
Rotation	start	finish							
	13:00:00	- 13:30:00	General warm up						
1	13:30:00	- 13:42:30	CAN	GBR	-	SUI	ESP	GER	
	13:42:30	- 13:55:00	POR	SLO	-	ITA	TUR	UKR	
2	13:55:00	- 14:07:30	GER	CAN	GBR	-	SUI	ESP	
	14:07:30	- 14:20:00	UKR	POR	SLO	-	ITA	TUR	
3	14:20:00	- 14:32:30	ESP	GER	CAN	GBR	-	SUI	
	14:32:30	- 14:45:00	TUR	UKR	POR	SLO	-	ITA	
4	14:45:00	- 14:57:30	SUI	ESP	GER	CAN	GBR	-	
	14:57:30	- 15:10:00	ITA	TUR	UKR	POR	SLO	-	
5	15:10:00	- 15:22:30	-	SUI	ESP	GER	CAN	GBR	
	15:22:30	- 15:35:00	-	ITA	TUR	UKR	POR	SLO	
6	15:35:00	- 15:47:30	GBR	-	SUI	ESP	GER	CAN	
	15:47:30	- 16:00:00	SLO	-	ITA	TUR	UKR	POR	

MAG SD 3/6		MEE 2		Fri 18.07.2025		General Training			
Rotation	start	finish							
	16:00:00	- 16:30:00	General warm up						
1	16:30:00	- 16:42:30	BEL	BRA	NZL	JPN	USA	TPE	
	16:42:30	- 16:55:00	HKG	PHI	DEN	CHN	KOR	KAZ	
2	16:55:00	- 17:07:30	TPE	BEL	BRA	NZL	JPN	USA	
	17:07:30	- 17:20:00	KAZ	HKG	PHI	DEN	CHN	KOR	
3	17:20:00	- 17:32:30	USA	TPE	BEL	BRA	NZL	JPN	
	17:32:30	- 17:45:00	KOR	KAZ	HKG	PHI	DEN	CHN	
4	17:45:00	- 17:57:30	JPN	USA	TPE	BEL	BRA	NZL	
	17:57:30	- 18:10:00	CHN	KOR	KAZ	HKG	PHI	DEN	
5	18:10:00	- 18:22:30	NZL	JPN	USA	TPE	BEL	BRA	
	18:22:30	- 18:							

MAG		MEE3		warmup		Sun 20.07.2025		Podium Training			
SD 1/4								*VT as one group			
Rotation	start	finish					*				
	09:00:00	- 09:20:00						General warm up			
1	09:20:00	- 09:30:00	ARM	MxG 2	MxG 3		-	AUS	CYP		
	09:30:00	- 09:40:00	EGY	MxG 4	MxG 1		-	AUT	FIN		
2	09:40:00	- 09:50:00	CYP	ARM	MxG 2	MxG 3	-	AUS			
	09:50:00	- 10:00:00	FIN	EGY	MxG 4	MxG 1	-	AUT			
3	10:00:00	- 10:10:00	AUS	CYP	ARM	MxG 2	MxG 3	-			
	10:10:00	- 10:20:00	AUT	FIN	EGY	MxG 4	MxG 1	-			
4	10:20:00	- 10:30:00	-	AUS	CYP	ARM	MxG 2	MxG 3			
	10:30:00	- 10:40:00	-	AUT	FIN	EGY	MxG 4	MxG 1			
5	10:40:00	- 10:50:00	MxG 3	-	AUS	CYP	ARM	MxG 2			
	10:50:00	- 11:00:00	MxG 1	-	AUT	FIN	EGY	MxG 4			
6	11:00:00	- 11:10:00	MxG 2	MxG 3	-	AUS	CYP	ARM			
	11:10:00	- 11:20:00	MxG 4	MxG 1	-	AUT	FIN	EGY			

MAG		MEE3		FoP		Sun 20.07.2025		Podium Training			
SD 1/4								*VT as one group			
Rotation	start	finish					*				
	11:30:00	- 11:35:00						Presentation			
1	11:35:00	- 11:50:00	MxG 2	MxG 3	-			AUS	CYP	ARM	
	11:51:00	- 12:06:00	MxG 4	MxG 1	-			AUT	FIN	EGY	
2	12:07:00	- 12:22:00	ARM	MxG 2	MxG 3		-	AUS	CYP		
	12:23:00	- 12:38:00	EGY	MxG 4	MxG 1		-	AUT	FIN		
3	12:39:00	- 12:54:00	CYP	ARM	MxG 2	MxG 3				AUS	
	12:55:00	- 13:10:00	FIN	EGY	MxG 4	MxG 1				AUT	
4	13:11:00	- 13:26:00	AUS	CYP	ARM	MxG 2	MxG 3				
	13:27:00	- 13:42:00	AUT	FIN	EGY	MxG 4	MxG 1				
5	13:43:00	- 13:58:00	-	AUS	CYP	ARM	MxG 2	MxG 3			
	13:59:00	- 14:14:00	-	AUT	FIN	EGY	MxG 4	MxG 1			
6	14:15:00	- 14:30:00	MxG 3	-	AUS	CYP	ARM	MxG 2			
	14:31:00	- 14:46:00	MxG 1	-	AUT	FIN	EGY	MxG 4			
	14:46:00	- 14:50:00						leave FoP			

MAG		MEE3		warmup		Sun 20.07.2025		Podium Training			
SD 2/5								*VT as one group			
Rotation	start	finish					*				
	12:30:00	- 12:50:00						General warm up			
1	12:50:00	- 13:00:00	GER	CAN	GBR	-		SUI	ESP		
	13:00:00	- 13:10:00	UKR	POR	SLO	-		ITA	TUR		
2	13:10:00	- 13:20:00	ESP	GER	CAN	GBR	-	SUI			
	13:20:00	- 13:30:00	TUR	UKR	POR	SLO	-	ITA	TUR		
3	13:30:00	- 13:40:00	SUI	ESP	GER	CAN	GBR	-			
	13:40:00	- 13:50:00	ITA	TUR	UKR	POR	SLO	-			
4	13:50:00	- 14:00:00	-	SUI	ESP	GER	CAN	GBR			
	14:00:00	- 14:10:00	-	ITA	TUR	UKR	POR	SLO			
5	14:10:00	- 14:20:00	GBR	-	SUI	ESP	GER	CAN			
	14:20:00	- 14:30:00	SLO	-	ITA	TUR	UKR	POR			
6	14:30:00	- 14:40:00	CAN	GBR	-	SUI	ESP	GER	CAN		
	14:40:00	- 14:50:00	POR	SLO	-	ITA	TUR	UKR	POR		

MAG		MEE3		FoP		Sun 20.07.2025		Podium Training			
SD 2/5								*VT as one group			
Rotation	start	finish					*				
	15:00:00	- 15:05:00						Presentation			
1	15:05:00	- 15:20:00	CAN	GBR	-			SUI	ESP	GER	
	15:21:00	- 15:36:00	POR	SLO	-			ITA	TUR	UKR	
2	15:37:00	- 15:52:00	GER	CAN	GBR		-	SUI	ESP		
	15:53:00	- 16:08:00	UKR	POR	SLO		-	ITA	TUR		
3	16:09:00	- 16:24:00	ESP	GER	CAN			GBR	-	SUI	
	16:25:00	- 16:40:00	TUR	UKR	POR			SLO	-	ITA	
4	16:41:00	- 16:56:00	SUI	ESP	GER			CAN	GBR	-	
	16:57:00	- 17:12:00	ITA	TUR	UKR			POR	SLO	-	

MAG  
SD 1/4

MEE 2

Mon 21.07.2025

General Training

Rotation	start	finish								
	10:00:00	- 10:30:00	General warm up							
1	10:30:00	- 10:42:30	MxG 2	MxG 3	-	AUS	CYP	ARM		
	10:42:30	- 10:55:00	MxG 4	MxG 1	-	AUT	FIN	EGY		
2	10:55:00	- 11:07:30	ARM	MxG 2	MxG 3	-	AUS	CYP		
	11:07:30	- 11:20:00	EGY	MxG 4	MxG 1	-	AUT	FIN		
3	11:20:00	- 11:32:30	CYP	ARM	MxG 2	MxG 3	-	AUS		
	11:32:30	- 11:45:00	FIN	EGY	MxG 4	MxG 1	-	AUT		
4	11:45:00	- 11:57:30	AUS	CYP	ARM	MxG 2	MxG 3	-		
	11:57:30	- 12:10:00	AUT	FIN	EGY	MxG 4	MxG 1	-		
5	12:10:00	- 12:22:30	-	AUS	CYP	ARM	MxG 2	MxG 3		
	12:22:30	- 12:35:00	-	AUT	FIN	EGY	MxG 4	MxG 1		
6	12:35:00	- 12:47:30	MxG 3	-	AUS	CYP	ARM	MxG 2		
	12:47:30	- 13:00:00	MxG 1	-	AUT	FIN	EGY	MxG 4		

MAG  
SD 2/5

MEE 2

Mon 21.07.2025

General Training

Rotation	start	finish								
	13:00:00	- 13:30:00	General warm up							
1	13:30:00	- 13:42:30	CAN	GBR	-	SUI	ESP	GER		
	13:42:30	- 13:55:00	POR	SLO	-	ITA	TUR	UKR		
2	13:55:00	- 14:07:30	GER	CAN	GBR	-	SUI	ESP		
	14:07:30	- 14:20:00	UKR	POR	SLO	-	ITA	TUR		
3	14:20:00	- 14:32:30	ESP	GER	CAN	GBR	-	SUI		
	14:32:30	- 14:45:00	TUR	UKR	POR	SLO	-	ITA		
4	14:45:00	- 14:57:30	SUI	ESP	GER	CAN	GBR	-		
	14:57:30	- 15:10:00	ITA	TUR	UKR	POR	SLO	-		
5	15:10:00	- 15:22:30	-	SUI	ESP	GER	CAN	GBR		
	15:22:30	- 15:35:00	-	ITA	TUR	UKR	POR	SLO		
6	15:35:00	- 15:47:30	GBR	-	SUI	ESP	GER	CAN		
	15:47:30	- 16:00:00	SLO	-	ITA	TUR	UKR	POR		

MAG  
SD 3/6

MEE 2

Mon 21.07.2025

General Training

Rotation	start	finish								
	16:00:00	- 16:30:00	General warm up							
1	16:30:00	- 16:42:30	BEL	BRA	NZL	JPN	USA	TPE		
	16:42:30	- 16:55:00	HKG	PHI	DEN	CHN	KOR	KAZ		
2	16:55:00	- 17:07:30	TPE	BEL	BRA	NZL	JPN	USA		
	17:07:30	- 17:20:00	KAZ	HKG	PHI	DEN	CHN	KOR		
3	17:20:00	- 17:32:30	USA	TPE	BEL	BRA	NZL	JPN		
	17:32:30	- 17:45:00	KOR	KAZ	HKG	PHI	DEN	CHN		
4	17:45:00	- 17:57:30	JPN	USA	TPE	BEL	BRA	NZL		
	17:57:30	- 18:10:00	CHN	KOR	KAZ	HKG	PHI	DEN		
5	18:10:00	- 18:22:30	NZL	JPN	USA	TPE	BEL	BRA		
	18:22:30	- 18:35:00	DEN	CHN	KOR	KAZ	HKG	PHI		
6	18:35:00	- 18:47:30	BRA	NZL	JPN	USA	TPE	BEL		
	18:47:30	- 19:00:00	PHI	DEN	CHN	KOR	KAZ	HKG		



MAG		MEE3		warmup		Sun 22.07.2025		Qualification and Team Final			
SD 1											
Rotation		start	finish								
		07:55:00	- 08:09:00					General warm up			
1		08:09:00	- 08:17:00	-	MxG 2	MxG 3	-	-	-		
		08:17:00	- 08:25:00	-	MxG 4	MxG 1	-	-	-		
2		08:25:00	- 08:33:00	-	-	MxG 2	MxG 3	-	-		
		08:33:00	- 08:41:00	-	-	MxG 4	MxG 1	-	-		
3		08:41:00	- 08:49:00	-	-	-	MxG 2	MxG 3	-		
		08:49:00	- 08:57:00	-	-	-	MxG 4	MxG 1	-		
4		08:57:00	- 09:05:00	-	-	-	MxG 2	MxG 3	-		
		09:05:00	- 09:13:00	-	-	-	MxG 4	MxG 1	-		
5		09:13:00	- 09:21:00	MxG 3	-	-	-	-	MxG 2		
		09:21:00	- 09:29:00	MxG 1	-	-	-	-	MxG 4	MxG 1	
6		09:29:00	- 09:37:00	MxG 2	MxG 3	-	-	-	-	MxG 2	
		09:37:00	- 09:45:00	MxG 4	MxG 1	-	-	-	-	MxG 4	

MAG		MEE3		warmup		Sun 22.07.2025		Qualification and Team Final			
SD 1											
Rotation		start	finish								
		Presentation									
1		10:00:00			MxG 2	MxG 3	-	-	-		
					MxG 4	MxG 1	-	-	-		
2					-	MxG 2	MxG 3	-	-		
					-	MxG 4	MxG 1	-	-		
3					-	-	MxG 2	MxG 3	-		
					-	-	MxG 4	MxG 1	-		
4					-	-	-	MxG 2	MxG 3	-	
					-	-	-	MxG 4	MxG 1	-	
5					-	-	-	-	MxG 2	MxG 3	
					-	-	-	-	MxG 4	MxG 1	
6					MxG 3	-	-	-	-	MxG 2	
					MxG 1	-	-	-	-	MxG 4	
		leave FoP									

MAG		MEE3		warmup		Sun 22.07.2025		Qualification and Team Final			
SD 2											
Rotation		start	finish								
		General warm up									
1		12:10:00	- 12:24:00	-	CAN	GBR	-	-	-		
		12:24:00	- 12:32:00	-	POR	SLO	-	-	-		
2		12:32:00	- 12:40:00	-	-	CAN	GBR	-	-		
		12:40:00	- 12:48:00	-	-	POR	SLO	-	-		
3		12:48:00	- 12:56:00	-	-	-	CAN	GBR	-		
		12:56:00	- 13:04:00	-	-	-	POR	SLO	-		
4		13:04:00	- 13:12:00	-	-	-	-	CAN	GBR	-	
		13:12:00	- 13:20:00	-	-	-	-	POR	SLO	-	
5		13:20:00	- 13:28:00	-	-	-	-	-	CAN	GBR	
		13:28:00	- 13:36:00	GBR	-	-	-	-	POR	SLO	
6		13:36:00	- 13:44:00	SLO	-	-	-	-	-	CAN	
		13:44:00	- 13:52:00	CAN	GBR	-	-	-	-	POR	
		13:52:00	- 14:00:00	POR	SLO	-	-	-	-	-	

MAG		MEE3		warmup		Sun 22.07.2025		Qualification and Team Final			
SD 2											
Rotation		start	finish								
		Presentation									
1		14:15:00			CAN	GBR	-	-	-		
					POR	SLO	-	-	-		
2					-	CAN	GBR	-	-		
					-	POR	SLO	-	-		
3					-	-	CAN	GBR	-		
					-	-	POR	SLO	-		
4					-	-	-	CAN	GBR	-	
					-	-	-	POR	SLO	-	
5					-	-	-	-	CAN	GBR	
					-	-	-	-	POR	SLO	
6					GBR	-	-	-	-	CAN	
					SLO	-	-	-	-	POR	
		leave FoP									

MAG		MEE3		warmup		Sun 22.07.2025		Qualification and Team Final			
SD 3						</					

MAG  
SD 1/4

MEE 2  
Tue 22.07.2025

Quali/ Team Final 1/2

Rotation	start	finish						
	10:00:00	- 10:30:00	General warm up					
1	10:30:00	- 10:42:30	AUS	CYP	ARM			
	10:42:30	- 10:55:00	AUT	FIN	EGY			
2	10:55:00	- 11:07:30	0	AUS	CYP	ARM	0	
	11:07:30	- 11:20:00	0	AUT	FIN	EGY	0	
3	11:20:00	- 11:32:30	0	0	AUS	CYP	ARM	
	11:32:30	- 11:45:00	0	0	AUT	FIN	EGY	
4	11:45:00	- 11:57:30	0	0	0	AUS	CYP	
	11:57:30	- 12:10:00	0	0	0	AUT	FIN	
5	12:10:00	- 12:22:30	ARM	0	0	AUS	CYP	
	12:22:30	- 12:35:00	EGY	0	0	AUT	FIN	
6	12:35:00	- 12:47:30	CYP	ARM	0	0	AUS	
	12:47:30	- 13:00:00	FIN	EGY	0	0	AUT	

MAG  
SD 2/5

MEE 2  
Tue 22.07.2025

Quali/ Team Final 1/2

Rotation	start	finish						
	13:00:00	- 13:30:00	General warm up					
1	13:30:00	- 13:42:30	SUI	ESP	GER			
	13:42:30	- 13:55:00	ITA	TUR	UKR			
2	13:55:00	- 14:07:30	0	SUI	ESP	GER	0	
	14:07:30	- 14:20:00	0	ITA	TUR	UKR	0	
3	14:20:00	- 14:32:30	0	0	SUI	ESP	GER	
	14:32:30	- 14:45:00	0	0	ITA	TUR	UKR	
4	14:45:00	- 14:57:30	0	0	0	SUI	ESP	
	14:57:30	- 15:10:00	0	0	0	ITA	TUR	
5	15:10:00	- 15:22:30	GER	0	0	0	SUI	
	15:22:30	- 15:35:00	UKR	0	0	0	ITA	
6	15:35:00	- 15:47:30	ESP	GER	0	0	0	
	15:47:30	- 16:00:00	TUR	UKR	0	0	0	

MAG  
SD 3/6

MEE 2  
Tue 22.07.2025

Quali/ Team Final 1/2

Rotation	start	finish						
	16:00:00	- 16:30:00	General warm up					
1	16:30:00	- 16:42:30	JPN	USA	TPE			
	16:42:30	- 16:55:00	CHN	KOR	KAZ			
2	16:55:00	- 17:07:30	0	JPN	USA	TPE	0	
	17:07:30	- 17:20:00	0	CHN	KOR	KAZ	0	
3	17:20:00	- 17:32:30	0	0	JPN	USA	TPE	
	17:32:30	- 17:45:00	0	0	CHN	KOR	KAZ	
4	17:45:00	- 17:57:30	0	0	0	JPN	USA	
	17:57:30	- 18:10:00	0	0	0	CHN	KOR	
5	18:10:00	- 18:22:30	TPE	0	0	0	JPN	
	18:22:30	- 18:35:00	KAZ	0	0	0	CHN	
6	18:35:00	- 18:47:30	USA	TPE	0	0	0	
	18:47:30	- 19:00:00	KOR	KAZ	0	0	0	



MAG SD 4		MEE3 warmup		Wed 23.07.2025		Qualification and Team Final			
Rotation	start	finish							
07:55:00 - 08:09:00							General warm up		
1	08:09:00	- 08:17:00	-	AUS	CYP	ARM	-	-	
	08:17:00	- 08:25:00	-	AUT	FIN	EGY	-	-	
2	08:25:00	- 08:33:00	-	-	AUS	CYP	ARM	-	
	08:33:00	- 08:41:00	-	-	AUT	FIN	EGY	-	
3	08:41:00	- 08:49:00	-	-	-	AUS	CYP	ARM	
	08:49:00	- 08:57:00	-	-	-	AUT	FIN	EGY	
4	08:57:00	- 09:05:00	ARM	-	-	AUS	CYP	-	
	09:05:00	- 09:13:00	EGY	-	-	AUT	FIN	-	
5	09:13:00	- 09:21:00	CYP	ARM	-	-	-	AUS	
	09:21:00	- 09:29:00	FIN	EGY	-	-	-	AUT	
6	09:29:00	- 09:37:00	AUS	CYP	ARM	-	-	-	
	09:37:00	- 09:45:00	AUT	FIN	EGY	-	-	-	

MAG SD 4		MEE3 warmup		Wed 23.07.2025		Qualification and Team Final			
Rotation	start	finish							
10:00:00							Presentation		
1	10:00:00		AUS	CYP	ARM	-	-	-	
			AUT	FIN	EGY	-	-	-	
2			-	AUS	CYP	ARM	-	-	
			-	AUT	FIN	EGY	-	-	
3			-	-	AUS	CYP	ARM	-	
			-	-	AUT	FIN	EGY	-	
4			-	-	-	AUS	CYP	ARM	
			-	-	-	AUT	FIN	EGY	
5			ARM	-	-	-	AUS	CYP	
			EGY	-	-	-	AUT	FIN	
6			CYP	ARM	-	-	-	AUS	
			FIN	EGY	-	-	-	AUT	
leave FoP									

MAG SD 5		MEE3 warmup		Wed 23.07.2025		Qualification and Team Final			
Rotation	start	finish							
12:10:00 - 12:24:00							General warm up		
1	12:24:00	- 12:32:00	-	SUI	ESP	GER	-	-	
	12:32:00	- 12:40:00	-	ITA	TUR	UKR	-	-	
2	12:40:00	- 12:48:00	-	-	SUI	ESP	GER	-	
	12:48:00	- 12:56:00	-	-	ITA	TUR	UKR	-	
3	12:56:00	- 13:04:00	-	-	SUI	ESP	GER	-	
	13:04:00	- 13:12:00	-	-	ITA	TUR	UKR	-	
4	13:12:00	- 13:20:00	GER	-	-	SUI	ESP	-	
	13:20:00	- 13:28:00	UKR	-	-	ITA	TUR	UKR	
5	13:28:00	- 13:36:00	ESP	GER	-	-	SUI	ESP	
	13:36:00	- 13:44:00	TUR	UKR	-	-	ITA	TUR	
6	13:44:00	- 13:52:00	SUI	ESP	GER	-	-	-	
	13:52:00	- 14:00:00	ITA	TUR	UKR	-	-	-	

MAG SD 5		MEE3 warmup		Wed 23.07.2025		Qualification and Team Final			
Rotation	start	finish							
14:15:00							Presentation		
1	14:15:00		SUI	ESP	GER	-	-	-	
			ITA	TUR	UKR	-	-	-	
2			-	SUI	ESP	GER	-	-	
			-	ITA	TUR	UKR	-	-	
3			-	-	SUI	ESP	GER	-	
			-	-	ITA	TUR	UKR	-	
4			-	-	-	SUI	ESP	GER	
			-	-	-	ITA	TUR	UKR	
5			GER	-	-	-	SUI	ESP	
			UKR	-	-	-	ITA	TUR	
6			ESP	GER	-	-	-	SUI	
			TUR	UKR	-	-	-	ITA	
leave FoP									

MAG SD 6		MEE3 warmup		Wed 23.07.2025		Qualification and Team Final			
Rotation	start	finish							
16:25:00 - 16:39:00							General warm up		
1	16:39:00	- 16:47:00	-	JPN	USA	TPE	-	-	
	16:47:00	- 16:55:00	-	CHN	KOR	KAZ	-	-	
2	16:55:00	- 17:03:00	-	-	JPN	USA	TPE	-	
	17:03:00	- 17:11:00	-	-	CHN	KOR	KAZ	-	
3	17:11:00	- 17:19:00	-	-	JPN	USA	TPE	-	
	17:19:00	- 17:27:00	-	-	CHN	KOR	KAZ	-	
4	17:27:00	- 17:35:00	TPE	-	-	JPN	USA	TPE	
	17:35:00	- 17:43:00	KAZ	-	-	CHN	KOR	KAZ	
5	17:43:00	- 17:51:00	USA	TPE	-	-	JPN	USA	
	17:51:00	- 17:59:00	KOR	KAZ	-	-	CHN	KOR	
6	17:59:00	- 18:07:00	JPN	USA	TPE	-	-	JPN	
	18:07:00	- 18:15:00	CHN	KOR	KAZ	-	-	CHN	

MAG SD 6		MEE3 warmup		Wed 23.07.2025		Qualification and Team Final			
Rotation	start	finish							




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MAG	MEE 2	Wed 23.07.2025	Additional Training							
Rotation	start	finish	■	■	■	■	■	■	■	
	10:00:00	13:00:00	General Training <b>Non-Qualifier</b> (not scheduled)							

MAG	MEE 2	Thu 24.07.2025	Additional Training							
Rotation	start	finish	■	■	■	■	■	■	■	
	10:00:00	13:00:00	General Training <b>Non-Qualifier</b> (not scheduled)							

MAG	MEE 2	Wed 23.07.2025	Additional Training							
Rotation	start	finish	■	■	■	■	■	■	■	
	13:00:00	16:00:00	General Training <b>All Around Finalists</b> (not scheduled)							

MAG	MEE 2	Thu 24.07.2025	Additional Training							
Rotation	start	finish	■	■	■	■	■	■	■	
	13:00:00	16:00:00	General Training <b>All Around Finalists</b> (not scheduled)							

MAG	MEE 2	Wed 23.07.2025	Additional Training							
Rotation	start	finish	■	■	■	■	■	■	■	
	16:00:00	19:00:00	General Training <b>Apparatus Finalists</b> (not scheduled)							

MAG	MEE 2	Thu 24.07.2025	Additional Training							
Rotation	start	finish	■	■	■	■	■	■	■	
	16:00:00	19:00:00	General Training <b>Apparatus Finalists</b> (not scheduled)							



MAG MEE3 warmup

Fri 25.07.2025

All Around Final

Rotation	start	finish	█	█	█	█	█	█		
	11:00:00	- 11:14:00	General warm up							
1	11:14:00	- 11:29:00		1-6	7-12	13-18				
2	11:29:00	- 11:44:00			1-6	7-12	13-18			
3	11:44:00	- 11:59:00				1-6	7-12	13-18		
4	11:59:00	- 12:14:00	13-18				1-6	7-12		
5	12:14:00	- 12:29:00	7-12	13-18				1-6		
6	12:29:00	- 12:44:00	1-6	7-12	13-18					



MAG MEE 2

Fri 25.07.2025

Additional Training

Rotation	start	finish	█	█	█	█	█	█	
	10:00:00 - 13:00:00								General Training Non-Qualifier (not scheduled)

MAG MEE3 FoP

Fri 25.07.2025

All Around Final

Rotation	start	finish	█	█	█	█	█	█	
	Presentation								
1	13:00:00		1-6	7-12	13-18	-	-	-	
2			-	1-6	7-12	13-18	-	-	
3			-	-	1-6	7-12	13-18	-	
4			-	-	-	1-6	7-12	13-18	
5			13-18	-	-	-	1-6	7-12	
6			7-12	13-18	-	-	-	1-6	
	leave FoP								

Medal Ceremony All Around Final MAG (approx. 15:35)

MAG MEE 2

Fri 25.07.2025

Additional Training

Rotation	start	finish	█	█	█	█	█	█	
	16:00:00 - 19:00:00								General Training Apparatus Finalists (not scheduled)



MAG      MEE3      warm up			Sat 26.07.2025      Apparatus Finals					
Rotation	start	finish						
	11:00:00	- 20:24:00	Warm up hall					

MAG      MEE3      FoP			Sat 26.07.2025      Apparatus Finals					
Rotation	start	finish						
	11:00:00	- 12:30:00	Warm up FoP					

12:45:00	Line up and Presentation	
13:00:00	Apparatus Final MAG Floor	

14:07:00	Line up and Presentation	
14:20:00	Apparatus Final MAG Pommel Horse	

15:27:00	Line up and Presentation	
15:40:00	Apparatus Final MAG Rings	

#### Medal Ceremonies all Apparatus Finals I

17:45:00	Line up and Presentation	
18:00:00	Apparatus Final MAG Vault	

19:07:00	Line up and Presentation	
19:20:00	Apparatus Final MAG Pommel Horse	

20:27:00	Line up and Presentation	
20:40:00	Apparatus Final MAG Rings	

#### Medal Ceremonies all Apparatus Finals II

MAG      MEE 2			Sat 26.07.2025      Additional Training					
Rotation	start	finish						

10:00:00 - 13:00:00      General Training Non-Qualifier (not scheduled)

## APPENDIX E: TRAINING AND COMPETITION SCHEDULE WAG

WAG  
SD 1

MEE 2

Thu 17.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	10:00:00	- 10:30:00	General warm up				
1	10:30:00	- 10:47:30	MxG 4	MxG 3	-	-	
	10:47:30	- 11:05:00	MxG 1	MxG 2	-	-	
2	11:05:00	- 11:22:30	-	MxG 4	MxG 3	-	
	11:22:30	- 11:40:00	-	MxG 1	MxG 2	-	
3	11:40:00	- 11:57:30	-	-	MxG 4	MxG 3	
	11:57:30	- 12:15:00	-	-	MxG 1	MxG 2	
4	12:15:00	- 12:32:30	MxG 3	-	-	MxG 4	
	12:32:30	- 12:50:00	MxG 2	-	-	MxG 1	

WAG  
SD 2

MEE 2

Thu 17.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	13:00:00	- 13:30:00	General warm up				
1	13:30:00	- 13:47:30	AUS	ITA	CZE	-	
	13:47:30	- 14:05:00	NED	TUR	FRA	-	
2	14:05:00	- 14:22:30	-	AUS	ITA	CZE	
	14:22:30	- 14:40:00	-	NED	TUR	FRA	
3	14:40:00	- 14:57:30	CZE	-	AUS	ITA	
	14:57:30	- 15:15:00	FRA	-	NED	TUR	
4	15:15:00	- 15:32:30	ITA	CZE	-	AUS	
	15:32:30	- 15:50:00	TUR	FRA	-	NED	

WAG  
SD 3

MEE 2

Thu 17.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	16:00:00	- 16:30:00	General warm up				
1	16:30:00	- 16:47:30	BEL	BRA	CAN	GBR	
	16:47:30	- 17:05:00	HUN	POR	NOR	EGY	
2	17:05:00	- 17:22:30	GBR	BEL	BRA	CAN	
	17:22:30	- 17:40:00	EGY	HUN	POR	NOR	
3	17:40:00	- 17:57:30	CAN	GBR	BEL	BRA	
	17:57:30	- 18:15:00	NOR	EGY	HUN	POR	
4	18:15:00	- 18:32:30	BRA	CAN	GBR	BEL	
	18:32:30	- 18:50:00	POR	NOR	EGY	HUN	

WAG  
SD 4

MEE 2

Thu 17.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	19:00:00	- 19:30:00	General warm up				
1	19:30:00	- 19:47:30	ESP	KOR	FIN	AUT	
	19:47:30	- 20:05:00	JPN	TPE	GER	SUI	
2	20:05:00	- 20:22:30	AUT	ESP	KOR	FIN	
	20:22:30	- 20:40:00	SUI	JPN	TPE	GER	
3	20:40:00	- 20:57:30	FIN	AUT	ESP	KOR	
	20:57:30	- 21:15:00	GER	SUI	JPN	TPE	
4	21:15:00	- 21:32:30	KOR	FIN	AUT	ESP	
	21:32:30	- 21:50:00	TPE	GER	SUI	JPN	

WAG  
SD 1

MEE 2

Fri 18.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	10:00:00	- 10:30:00	General warm up				
1	10:30:00	- 10:47:30	MxG 4	MxG 3	-	-	
	10:47:30	- 11:05:00	MxG 1	MxG 2	-	-	
2	11:05:00	- 11:22:30	-	MxG 4	MxG 3	-	
	11:22:30	- 11:40:00	-	MxG 1	MxG 2	-	
3	11:40:00	- 11:57:30	-	-	MxG 4	MxG 3	
	11:57:30	- 12:15:00	-	-	MxG 1	MxG 2	
4	12:15:00	- 12:32:30	MxG 3	-	-	MxG 4	
	12:32:30	- 12:50:00	MxG 2	-	-	MxG 1	

WAG  
SD 2

MEE 2

Fri 18.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	13:00:00	- 13:30:00	General warm up				
1	13:30:00	- 13:47:30	AUS	ITA	CZE	-	
	13:47:30	- 14:05:00	NED	TUR	FRA	-	
2	14:05:00	- 14:22:30	-	AUS	ITA	CZE	
	14:22:30	- 14:40:00	-	NED	TUR	FRA	
3	14:40:00	- 14:57:30	CZE	-	AUS	ITA	
	14:57:30	- 15:15:00	FRA	-	NED	TUR	
4	15:15:00	- 15:32:30	ITA	CZE	-	AUS	
	15:32:30	- 15:50:00	TUR	FRA	-	NED	

WAG  
SD 3

MEE 2

Fri 18.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	16:00:00	- 16:30:00	General warm up				
1	16:30:00	- 16:47:30	BEL	BRA	CAN	GBR	
	16:47:30	- 17:05:00	HUN	POR	NOR	EGY	
2	17:05:00	- 17:22:30	GBR	BEL	BRA	CAN	
	17:22:30	- 17:40:00	EGY	HUN	POR	NOR	
3	17:40:00	- 17:57:30	CAN	GBR	BEL	BRA	
	17:57:30	- 18:15:00	NOR	EGY	HUN	POR	
4	18:15:00	- 18:32:30	BRA	CAN	GBR	BEL	
	18:32:30	- 18:50:00	POR	NOR	EGY	HUN	

WAG  
SD 4

MEE 2

Fri 18.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	19:00:00	- 19:30:00	General warm up				
1	19:30:00	- 19:47:30	ESP	KOR	FIN	AUT	
	19:47:30	- 20:05:00</td					

WAG  
SD 1

MEE 2

Sat 19.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	10:00:00	- 10:30:00	General warm up				
1	10:30:00	- 10:47:30	MxG 4	MxG 3	-	-	
	10:47:30	- 11:05:00	MxG 1	MxG 2	-	-	
2	11:05:00	- 11:22:30	-	MxG 4	MxG 3	-	
	11:22:30	- 11:40:00	-	MxG 1	MxG 2	-	
3	11:40:00	- 11:57:30	-	-	MxG 4	MxG 3	
	11:57:30	- 12:15:00	-	-	MxG 1	MxG 2	
4	12:15:00	- 12:32:30	MxG 3	-	-	MxG 4	
	12:32:30	- 12:50:00	MxG 2	-	-	MxG 1	

WAG  
SD 1

MEE 2

Sun 20.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	10:00:00	- 10:30:00	General warm up				
1	10:30:00	- 10:47:30	MxG 4	MxG 3	-	-	
	10:47:30	- 11:05:00	MxG 1	MxG 2	-	-	
2	11:05:00	- 11:22:30	-	MxG 4	MxG 3	-	
	11:22:30	- 11:40:00	-	MxG 1	MxG 2	-	
3	11:40:00	- 11:57:30	-	-	MxG 4	MxG 3	
	11:57:30	- 12:15:00	-	-	MxG 1	MxG 2	
4	12:15:00	- 12:32:30	MxG 3	-	-	MxG 4	
	12:32:30	- 12:50:00	MxG 2	-	-	MxG 1	

WAG  
SD 2

MEE 2

Sat 19.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	13:00:00	- 13:30:00	General warm up				
1	13:30:00	- 13:47:30	AUS	ITA	CZE	-	
	13:47:30	- 14:05:00	NED	TUR	FRA	-	
2	14:05:00	- 14:22:30	-	AUS	ITA	CZE	
	14:22:30	- 14:40:00	-	NED	TUR	FRA	
3	14:40:00	- 14:57:30	CZE	-	AUS	ITA	
	14:57:30	- 15:15:00	FRA	-	NED	TUR	
4	15:15:00	- 15:32:30	ITA	CZE	-	AUS	
	15:32:30	- 15:50:00	TUR	FRA	-	NED	

WAG  
SD 2

MEE 2

Sun 20.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	13:00:00	- 13:30:00	General warm up				
1	13:30:00	- 13:47:30	AUS	ITA	CZE	-	
	13:47:30	- 14:05:00	NED	TUR	FRA	-	
2	14:05:00	- 14:22:30	-	AUS	ITA	CZE	
	14:22:30	- 14:40:00	-	NED	TUR	FRA	
3	14:40:00	- 14:57:30	CZE	-	AUS	ITA	
	14:57:30	- 15:15:00	FRA	-	NED	TUR	
4	15:15:00	- 15:32:30	ITA	CZE	-	AUS	
	15:32:30	- 15:50:00	TUR	FRA	-	NED	

WAG  
SD 3

MEE 2

Sat 19.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	16:00:00	- 16:30:00	General warm up				
1	16:30:00	- 16:47:30	BEL	BRA	CAN	GBR	
	16:47:30	- 17:05:00	HUN	POR	NOR	EGY	
2	17:05:00	- 17:22:30	GBR	BEL	BRA	CAN	
	17:22:30	- 17:40:00	EGY	HUN	POR	NOR	
3	17:40:00	- 17:57:30	CAN	GBR	BEL	BRA	
	17:57:30	- 18:15:00	NOR	EGY	HUN	POR	
4	18:15:00	- 18:32:30	BRA	CAN	GBR	BEL	
	18:32:30	- 18:50:00	POR	NOR	EGY	HUN	

WAG  
SD 3

MEE 2

Sun 20.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	16:00:00	- 16:30:00	General warm up				
1	16:30:00	- 16:47:30	BEL	BRA	CAN	GBR	
	16:47:30	- 17:05:00	HUN	POR	NOR	EGY	
2	17:05:00	- 17:22:30	GBR	BEL	BRA	CAN	
	17:22:30	- 17:40:00	EGY	HUN	POR	NOR	
3	17:40:00	- 17:57:30	CAN	GBR	BEL	BRA	
	17:57:30	- 18:15:00	NOR	EGY	HUN	POR	
4	18:15:00	- 18:32:30	BRA	CAN	GBR	BEL	
	18:32:30	- 18:50:00	POR	NOR	EGY	HUN	

WAG  
SD 4

MEE 2

Sat 19.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	19:00:00	- 19:30:00	General warm up				
1	19:30:00	- 19:47:30	ESP	KOR	FIN	AUT	
	19:47:30	- 20:05:00	JPN	TPE	GER	SUI	
2	20:05:00	- 20:22:30	AUT	ESP	KOR	FIN	
	20:22:30	- 20:40:00	SUI	JPN	TPE	GER	
3	20:40:00	- 20:57:30	FIN	AUT	ESP	KOR	
	20:57:30	- 21:15:00	GER	SUI	JPN	TPE	
4	21:15:00	- 21:32:30	KOR	FIN	AUT	ESP	
	21:32:30	- 21:50:00	TPE	GER	SUI	JPN	

WAG  
SD 4

MEE 2

Sun 20.07.2025 General Training

Rotation	start	finish	1	2	3	4	
	19:00:00	- 19:30:00	General warm up				
1	19:30:00	- 19:47:30	ESP	KOR	FIN	AUT	
	19:47:30	- 20:05:00	JPN	TPE	GER	SUI	
2</td							

WAG SD 1		MEE3		warmup *VT as one group	Mon 21.07.2025	Podium Training	
Rotation	start	finish	*				
	10:00:00	- 10:20:00	General warm up				
1	10:20:00	- 10:30:00	-	MxG 4	MxG 3	-	
	10:30:00	- 10:40:00	-	MxG 1	MxG 2	-	
2	10:40:00	- 10:50:00	-	-	MxG 4	MxG 3	
	10:50:00	- 11:00:00	-	-	MxG 1	MxG 2	
3	11:00:00	- 11:10:00	MxG 3	-	-	MxG 4	
	11:10:00	- 11:20:00	MxG 2	-	-	MxG 1	
4	11:20:00	- 11:30:00	MxG 4	MxG 3	-	-	
	11:30:00	- 11:40:00	MxG 1	MxG 2	-	-	



WAG SD 1		MEE3		FoP *VT as one group	Mon 21.07.2025	Podium Training	
Rotation	start	finish	*				
	11:50:00	- 11:55:00	Presentation				
1	11:55:00	- 12:10:00		MxG 4	MxG 3	-	-
	12:11:00	- 12:26:00		MxG 1	MxG 2	-	-
2	12:27:00	- 12:42:00		-	MxG 4	MxG 3	-
	12:43:00	- 12:58:00		-	MxG 1	MxG 2	-
3	12:59:00	- 13:14:00		-	-	MxG 4	MxG 3
	13:15:00	- 13:30:00		-	-	MxG 1	MxG 2
4	13:31:00	- 13:46:00		MxG 3	-	-	MxG 4
	13:47:00	- 14:02:00		MxG 2	-	-	MxG 1
	14:02:00	- 14:10:00	leave FoP				

WAG SD 2		MEE3		warmup *VT as one group	Mon 21.07.2025	Podium Training	
Rotation	start	finish	*				
	12:30:00	- 12:50:00	General warm up				
1	12:50:00	- 13:00:00		AUS	ITA	CZE	
	13:00:00	- 13:10:00		NED	TUR	FRA	
2	13:10:00	- 13:20:00		CZE	-	AUS	ITA
	13:20:00	- 13:30:00		FRA	-	NED	TUR
3	13:30:00	- 13:40:00		ITA	CZE	-	AUS
	13:40:00	- 13:50:00		TUR	FRA	-	NED
4	13:50:00	- 14:00:00		AUS	ITA	CZE	-
	14:00:00	- 14:10:00		NED	TUR	FRA	-



WAG SD 2		MEE3		FoP *VT as one group	Mon 21.07.2025	Podium Training	
Rotation	start	finish	*				
	14:20:00	- 14:25:00	Presentation				
1	14:25:00	- 14:40:00		AUS	ITA	CZE	-
	14:41:00	- 14:56:00		NED	TUR	FRA	-
2	14:57:00	- 15:12:00		-	AUS	ITA	CZE
	15:13:00	- 15:28:00		-	NED	TUR	FRA
3	15:29:00	- 15:44:00		CZE	-	AUS	ITA
	15:45:00	- 16:00:00		FRA	-	NED	TUR
4	16:01:00	- 16:16:00		ITA	CZE	-	AUS
	16:17:00	- 16:32:00		TUR	FRA	-	NED
	16:32:00	- 16:40:00	leave FoP				

WAG		MEE3		warmup	Mon 21.07.2025	Podium Training	
SD 3		*VT as one group					
Rotation	start	finish	*				
	15:00:00	- 15:20:00	General warm up				
1	15:20:00	- 15:30:00	GBR	BEL	BRA	CAN	
	15:30:00	- 15:40:00		HUN	POR	NOR	
2	15:40:00	- 15:50:00	CAN	GBR	BEL	BRA	
	15:50:00	- 16:00:00		EGY	HUN	POR	
3	16:00:00	- 16:10:00	BRA	CAN	GBR	BEL	
	16:10:00	- 16:20:00		POR	EGY	HUN	
4	16:20:00	- 16:30:00	BEL	BRA	CAN	GBR	
	16:30:00	- 16:40:00		HUN	POR	NOR	EGY



WAG		MEE3		FoP	Mon 21.07.2025	Podium Training	
SD 3		*VT as one group					
Rotation	start	finish	*				
	16:50:00	- 16:55:00	Presentation				
1	16:55:00	- 17:10:00	BEL	BRA	CAN	GBR	
	17:11:00	- 17:26:00		HUN	POR	NOR	EGY
2	17:27:00	- 17:42:00	GBR	BEL	BRA	CAN	
	17:43:00	- 17:58:00		EGY	HUN	POR	NOR
3	17:59:00	- 18:14:00	CAN	GBR	BEL	BRA	
	18:15:00	- 18:30:00		NOR	EGY	HUN	POR
4	18:31:00	- 18:46:00	BRA	CAN	GBR	BEL	
	18:47:00	- 19:02:00		POR	NOR	EGY	HUN
	19:02:00	- 19:10:00	leave FoP				

WAG		MEE3		warmup	Mon 21.07.2025	Podium Training	
SD 4		*VT as one group					
Rotation	start	finish	*				
	17:30:00	- 17:50:00	General warm up				
1	17:50:00	- 18:00:00	AUT	ESP	KOR	FIN	
	18:00:00	- 18:10:00		JPN	TPE	GER	
2	18:10:00	- 18:20:00	FIN	AUT	ESP	KOR	
	18:20:00	- 18:30:00		GER	SUI	TPE	
3	18:30:00	- 18:40:00	KOR	FIN	AUT	ESP	
	18:40:00	- 18:50:00		TPE	GER	SUI	JPN
4	18:50:00	- 19:00:00	ESP	KOR	FIN	AUT	
	19:00:00	- 19:10:00		JPN	TPE	GER	SUI



WAG		MEE3		FoP	Mon 21.07.2025	Podium Training	
SD 4		*VT as one group					
Rotation	start	finish	*				
	19:20:00	- 19:25:00	Presentation				
1	19:25:00	- 19:40:00	ESP	KOR	FIN	AUT	
	19:41:00	- 19:56:00		JPN	TPE	SUI	
2	19:57:00	- 20:12:00	AUT	ESP	KOR	FIN	
	20:13:00	- 20:28:00		SUI	JPN	TPE	GER
3	20:29:00	- 20:44:00	FIN	AUT	ESP	KOR	
	20:45:00	- 21:00:00		GER	SUI	JPN	TPE
4	21:01:00	- 21:16:00	KOR	FIN	AUT	ESP	
	21:17:00	- 21:32:00		TPE	GER	SUI	JPN
	21:32:00	- 21:40:00	leave FoP				

WAG  
SD 1

MEE 2

Tue 22.07.2025 General Training

Rotation	start	finish					
	10:00:00	- 10:30:00	General warm up				
1	10:30:00	- 10:47:30	MxG 4	MxG 3	-	-	
	10:47:30	- 11:05:00	MxG 1	MxG 2	-	-	
2	11:05:00	- 11:22:30	-	MxG 4	MxG 3	-	
	11:22:30	- 11:40:00	-	MxG 1	MxG 2	-	
3	11:40:00	- 11:57:30	-	-	MxG 4	MxG 3	
	11:57:30	- 12:15:00	-	-	MxG 1	MxG 2	
4	12:15:00	- 12:32:30	MxG 3	-	-	MxG 4	
	12:32:30	- 12:50:00	MxG 2	-	-	MxG 1	

WAG  
SD 2

MEE 2

Tue 22.07.2025 General Training

Rotation	start	finish					
	13:00:00	- 13:30:00	General warm up				
1	13:30:00	- 13:47:30	AUS	ITA	CZE	-	
	13:47:30	- 14:05:00	NED	TUR	FRA	-	
2	14:05:00	- 14:22:30	-	AUS	ITA	CZE	
	14:22:30	- 14:40:00	-	NED	TUR	FRA	
3	14:40:00	- 14:57:30	CZE	-	AUS	ITA	
	14:57:30	- 15:15:00	FRA	-	NED	TUR	
4	15:15:00	- 15:32:30	ITA	CZE	-	AUS	
	15:32:30	- 15:50:00	TUR	FRA	-	NED	

WAG  
SD 3

MEE 2

Tue 22.07.2025 General Training

Rotation	start	finish					
	16:00:00	- 16:30:00	General warm up				
1	16:30:00	- 16:47:30	BEL	BRA	CAN	GBR	
	16:47:30	- 17:05:00	HUN	POR	NOR	EGY	
2	17:05:00	- 17:22:30	GBR	BEL	BRA	CAN	
	17:22:30	- 17:40:00	EGY	HUN	POR	NOR	
3	17:40:00	- 17:57:30	CAN	GBR	BEL	BRA	
	17:57:30	- 18:15:00	NOR	EGY	HUN	POR	
4	18:15:00	- 18:32:30	BRA	CAN	GBR	BEL	
	18:32:30	- 18:50:00	POR	NOR	EGY	HUN	

WAG  
SD 4

MEE 2

Tue 22.07.2025 General Training

Rotation	start	finish					
	19:00:00	- 19:30:00	General warm up				
1	19:30:00	- 19:47:30	ESP	KOR	FIN	AUT	
	19:47:30	- 20:05:00	JPN	TPE	GER	SUI	
2	20:05:00	- 20:22:30	AUT	ESP	KOR	FIN	
	20:22:30	- 20:40:00	SUI	JPN	TPE	GER	
3	20:40:00	- 20:57:30	FIN	AUT	ESP	KOR	
	20:57:30	- 21:15:00	GER	SUI	JPN	TPE	
4	21:15:00	- 21:32:30	KOR	FIN	AUT	ESP	
	21:32:30	- 21:50:00	TPE	GER	SUI	JPN	

WAG  
SD 1

MEE 2

Wed 23.07.2025 General Training

Rotation	start	finish					
	10:00:00	- 10:30:00	General warm up				
1	10:30:00	- 10:47:30	MxG 4	MxG 3	-	-	
	10:47:30	- 11:05:00	MxG 1	MxG 2	-	-	
2	11:05:00	- 11:22:30	-	MxG 4	MxG 3	-	
	11:22:30	- 11:40:00	-	MxG 1	MxG 2	-	
3	11:40:00	- 11:57:30	-	-	MxG 4	MxG 3	
	11:57:30	- 12:15:00	-	-	MxG 1	MxG 2	
4	12:15:00	- 12:32:30	MxG 3	-	-	MxG 4	
	12:32:30	- 12:50:00	MxG 2	-	-	MxG 1	

WAG  
SD 2

MEE 2

Wed 23.07.2025 General Training

Rotation	start	finish					
	13:00:00	- 13:30:00	General warm up				
1	13:30:00	- 13:47:30	AUS	ITA	CZE	-	
	13:47:30	- 14:05:00	NED	TUR	FRA	-	
2	14:05:00	- 14:22:30	-	AUS	ITA	CZE	
	14:22:30	- 14:40:00	-	NED	TUR	FRA	
3	14:40:00	- 14:57:30	CZE	-	AUS	ITA	
	14:57:30	- 15:15:00	FRA	-	NED	TUR	
4	15:15:00	- 15:32:30	ITA	CZE	-	AUS	
	15:32:30	- 15:50:00	TUR	FRA	-	NED	

WAG  
SD 3

MEE 2

Wed 23.07.2025 General Training

Rotation	start	finish			 </
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WAG		MEE3		warmup		Thu 24.07.2025		Qualification and Team Final	
SD 1									
Rotation	start	finish							
	08:00:00	- 08:17:00	General warm up						
1	08:17:00	- 08:28:00	-	MxG 4	MxG 3	-			
	08:28:00	- 08:39:00	-	MxG 1	MxG 2	-			
2	08:39:00	- 08:50:00	-	-	MxG 4	MxG 3			
	08:50:00	- 09:01:00	-	-	MxG 1	MxG 2			
3	09:01:00	- 09:12:00	MxG 3	-	-	MxG 4			
	09:12:00	- 09:23:00	MxG 2	-	-	MxG 1			
4	09:23:00	- 09:34:00	MxG 4	MxG 3	-	-			
	09:34:00	- 09:45:00	MxG 1	MxG 2	-	-			

WAG		MEE3		warmup		Thu 24.07.2025		Qualification and Team Final	
SD 1									
Rotation	start	finish							
			Presentation						
1	<b>10:00:00</b>			MxG 4	MxG 3	-	-		
				MxG 1	MxG 2	-	-		
2				-	MxG 4	MxG 3	-		
				-	MxG 1	MxG 2	-		
3				-	-	MxG 4	MxG 3		
				-	-	MxG 1	MxG 2		
4				MxG 3	-	-	MxG 4		
				MxG 2	-	-	MxG 1		
			leave FoP						

WAG		MEE3		warmup		Thu 24.07.2025		Qualification and Team Final	
SD 2									
Rotation	start	finish							
	11:15:00	- 11:32:00	General warm up						
1	11:32:00	- 11:43:00	-	AUS	ITA	CZE			
	11:43:00	- 11:54:00	-	NED	TUR	FRA			
2	11:54:00	- 12:05:00	CZE	-	AUS	ITA			
	12:05:00	- 12:16:00	FRA	-	NED	TUR			
3	12:16:00	- 12:27:00	ITA	CZE	-	AUS			
	12:27:00	- 12:38:00	TUR	FRA	-	NED			
4	12:38:00	- 12:49:00	AUS	ITA	CZE	-			
	12:49:00	- 13:00:00	NED	TUR	FRA	-			

WAG		MEE3		warmup		Thu 24.07.2025		Qualification and Team Final	
SD 2									
Rotation	start	finish							
			Presentation						
1	<b>13:15:00</b>			AUS	ITA	CZE	-		
				NED	TUR	FRA	-		
2				-	AUS	ITA	CZE		
				-	NED	TUR	FRA		
3				CZE	-	AUS	ITA		
				FRA	-	NED	TUR		
4				ITA	CZE	-	AUS		
				TUR	FRA	-	NED		
			leave FoP						

WAG		MEE3		warmup		Thu 24.07.2025		Qualification and Team Final		
SD 3										
Rotation	start	finish								
1	14:15:00	- 14:32:00	General warm up							
	14:32:00	- 14:43:00	GBR	BEL	BRA	CAN				
2	14:43:00	- 14:54:00	EGY	HUN	POR	NOR				
	14:54:00	- 15:05:00	CAN	GBR	BEL	BRA				
3	15:05:00	- 15:16:00	NOR	EGY	HUN	POR				
	15:16:00	- 15:27:00	BRA	CAN	GBR	BEL				
4	15:27:00	- 15:38:00	POR	NOR	EGY	HUN				
	15:38:00	- 15:49:00	BEL	BRA	CAN	GBR				
	15:49:00	- 16:00:00	HUN	POR	NOR	EGY				



WAG		MEE3		FoP		Thu 24.07.2025				
SD 3										
Rotation	start	finish								
1			Presentation							
	16:15:00		BEL	BRA	CAN	GBR				
2			HUN	POR	NOR	EGY				
			GBR	BEL	BRA	CAN				
3			EGY	HUN	POR	NOR				
			CAN	GBR	BEL	BRA				
4			NOR	EGY	HUN	POR				
			BRA	CAN	GBR	BEL				
			POR	NOR	EGY	HUN				
		leave FoP								

WAG		MEE3		warmup		Thu 24.07.2025		Qualification and Team Final		
SD 4										
Rotation	start	finish								
1	17:30:00	- 17:47:00	General warm up							
	17:47:00	- 17:58:00	AUT	ESP	KOR	FIN				
2	17:58:00	- 18:09:00	SUI	JPN	TPE	GER				
	18:09:00	- 18:20:00	FIN	AUT	ESP	KOR				
3	18:20:00	- 18:31:00	GER	SUI	JPN	TPE				
	18:31:00	- 18:42:00	KOR	FIN	AUT	ESP				
4	18:42:00	- 18:53:00	TPE	GER	SUI	JPN				
	18:53:00	- 19:04:00	ESP	KOR	FIN	AUT				
	19:04:00	- 19:15:00	JPN	TPE	GER	SUI				



WAG		MEE3		FoP		Thu 24.07.2025				
SD 4										
Rotation	start	finish								
1			Presentation							
	19:30:00		ESP	KOR	FIN	AUT				
2			JPN	TPE	GER	SUI				
			AUT	ESP	KOR	FIN				
3			SUI	JPN	TPE	GER				
			FIN	AUT	ESP	KOR				
4			GER	SUI	JPN	TPE				
			KOR	FIN	AUT	ESP				
			TPE	GER	SUI	JPN				
		leave FoP								

WAG	MEE3	warmup	Fri 25.07.2025 All Around Final				
Rotation	start	finish					
	17:00:00	- 17:16:00	General warm up				
1	17:16:00	- 17:38:00		1-9	9-18		
2	17:38:00	- 18:00:00			1-9	9-18	
3	18:00:00	- 18:22:00	9-18			1-9	
4	18:22:00	- 18:44:00	1-9	9-18			



WAG	MEE3	FoP	Fri 25.07.2025 All Around Final			
Rotation	start	finish				
	Presentation					
1	19:00:00		1-9	9-18		
2			1-9	9-18		
3				1-9	9-18	
4		9-18			1-9	
	leave FoP					
<b>Medal Ceremony All Around Final WAG (approx. 21:40)</b>						

WAG	MEE 2	Fri 25.07.2025 Additional Training				
Rotation	start	finish				
	10:00:00 - 13:00:00					General Training <b>Non-Qualifier</b> (not scheduled)
	WAG					
	MEE 2					
	Fri 25.07.2025 Additional Training					
WAG	MEE 2	Fri 25.07.2025 Additional Training				
Rotation	start	finish				
	13:00:00 - 16:00:00					General Training <b>Apparatus Finalists</b> (not scheduled)

Rotation	start	finish				
	11:00:00	- 20:24:00				

Rotation	start	finish				
	11:00:00	- 12:30:00				

13:28:00	Line up and Presentation
<b>13:40:00</b>	<b>Apparatus Final WAG Vault</b>

14:47:00	Line up and Presentation
<b>15:00:00</b>	<b>Apparatus Final WAG Uneven Bars</b>

**Medal Ceremonies all Apparatus Finals I**

18:28:00	Line up and Presentation
<b>18:40:00</b>	<b>Apparatus Final WAG Balance Beam</b>

19:47:00	Line up and Presentation
<b>20:00:00</b>	<b>Apparatus Final WAG Uneven Bars</b>

**Medal Ceremonies all Apparatus Finals II**

Rotation	start	finish				
	10:00:00 - 13:00:00					

General Training **Non-Qualifier** (not scheduled)



allgemeiner deutscher  
hochschulsportverband



Gefördert durch:



aufgrund eines Beschlusses  
des Deutschen Bundestages

Die Landesregierung  
Nordrhein-Westfalen

