



27th HAPPY CUP 2025
International Tournament in Rhythmic Gymnastics
Ghent, BELGIUM
7 – 9 / 11 / 2025



DIRECTIVES

Event ID: 18310

Dear friends,

HAPPY GYM BELGIUM has the pleasure to invite your federation / club to participate in the aforementioned official International Event.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	FEDERATION ROYALE BELGE DE GYMNASTIQUE Mrs. Sylvie Ronsse Albert Giraudlaan 96 B-1030 Brussel Tel: + 32 2 234 38 38 E-mail: info@kbt-frbg.be Website: www.frbg-kbt.be
LOCAL ORGANIZING COMMITTEE	HAPPY GYM vzw Mr. Edwin DE BACKER Moortelputstraat, 32 - B-9031 Gent Tel: +32 9 281 02 22 E-mail: happycup.rq@gmail.com Website: https://happygym.be
LOCATION	Ghent - Belgium
DATE	From 7th November – 9th November 2025
VENUE	SPORTHAL “KEISKANT” Keiskantstraat, 3 - B- 9031 Gent - BELGIUM Tel.: +32 9 226 06 56 
APPARATUS SUPPLIER	Please refer to the attached apparatus list
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conduct• Technical Regulations• Code of Discipline• Code of Points and relevant Newsletters• General Judges' Rules

	<ul style="list-style-type: none"> • Specific Judges' Rules • Anti-Doping Rules • Medical Organization of FIG Competitions and Events • Framework for safeguarding athletes and other participants from harassment and abuse in sport during events • License rules • Media Rules • Apparatus Norms • FIG Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>						
FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations according to the following principles: all FIG member federation in good standing.						
DELEGATION	<p>The maximum size of the invited delegation is as follows: Preferably 2 juniors + 2 seniors</p> <table border="1"> <tr> <td>Gymnasts</td> <td>4</td> </tr> <tr> <td>Coach</td> <td>1</td> </tr> <tr> <td>Judge</td> <td>1</td> </tr> </table> <p>Compulsory</p>	Gymnasts	4	Coach	1	Judge	1
Gymnasts	4						
Coach	1						
Judge	1						
AGE LIMITS	<p>Junior, as per FIG technical regulations Senior, as per FIG technical regulations All gymnasts must have a valid FIG licence until the end of the event.</p>						
REGISTRATION DEADLINE	<p>Preliminary inscription: 01.09.2025 Definitive inscription: 01.10.2025 Registration link: https://rqform.eu/event.php?id_prop=8700</p>						
ENTRY FEES	The Entry fee for this event will be 60,00 EUR / gymnast (non-refundable)						
ACCREDITATION	<p>Accreditation of all delegations will take place upon arrival in the hotel. Heads of delegation have to bring to accreditation office:</p> <ul style="list-style-type: none"> - Certification of insurance for all delegation members, covering illness, accidents, repatriation - Gymnasts' licences - Proof of payment - accreditation card is personal for each of the delegation members so please send to the LOC a photo of each member of the delegation before 10/10/2025 - Music per each routine has to be uploaded at Ksis at - 1 CD / National Anthem (for National team only) - 1 National Flag (for National team only) <p>In addition, the LOC will distribute information regarding the gymnasts safeguarding</p>						
EVENT FORMAT	<p>Individual All-Round which serve as qualification for apparatus finals - Apparatus Finals (Top 6 All-Around gymnasts per apparatus, max 1 gymnast per country)</p> <p><i>* The organizing committee Happy Gym - LOC has the right to add 1 gymnast in every final + 1 out of competition gymnast.</i></p> <p>FIG Seniors</p> <ul style="list-style-type: none"> • (FIG Code of Points for Seniors) • All-around competition / Qualification apparatus (hoop, ball, clubs, ribbon) • four apparatus finals (hoop, ball, clubs, ribbon). <p>FIG Juniors</p> <ul style="list-style-type: none"> • (FIG Code of Points for Juniors) 						

	<ul style="list-style-type: none"> • All-around competition / Qualification apparatus (hoop, ball, clubs, ribbon) • four apparatus finals (hoop, ball, clubs, ribbon).
PROVISIONAL SCHEDULE	<p>06.11.2025: Arrival day of the delegations and meeting of the delegations</p> <p>07.11.2025: Judges meeting and drawing of lots</p> <p>Qualification (2 apparatus)</p> <p>08.11.2025: Qualification (2 apparatus)</p> <p>09.11.2025: Touristic visit of the city Ghent</p> <p>Judges meeting and drawing of lots</p> <p>Finals per apparatus (ca. 14h)</p> <p>Final Banquet (21h)</p> <p>10.11.2025: Departure of the delegations</p>
EVENT MANAGER	Mr. Edwin De Backer (President of the LOC)
MEDICAL SERVICES	<p>First Aid (EHBO)</p> <p><u>Nearest Hospital:</u></p> <p>AZ JAN PALFIJN</p> <p>Watersportbaan, 5 – 9000 Gent</p> <p>Tel.: +32 – 9 – 224 71 11</p> <p>E-mail: info@janpalfijngent.be</p>
COVID-19	<p>You can find all actual information in connection with covid-19 at the following link: https://www.health.belgium.be/en/covid-19</p> <p>You can ask the Belgian Embassy of your country for the further possible changes.</p>
VISA	<p>Please verify immediately with your travel agent or the Belgian Embassy or Consulate in your country if a visa is required for your travel to Belgium. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, if the request is made before 01.09.2025 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like. The FIG Technical Regulations foresees that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation. Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p> <p>Delegation members with insufficient insurance cover must inform the LOC in advance. The OC will subsequently offer insurance at the Federations own charge as follows: 10 EUR per person/day.</p>
SAFEGUARDING	From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable. The information regarding

	<p>the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site. In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>						
INTERNATIONAL TRANSPORT	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 01.10.2025</p>						
LOCAL TRANSPORT	<table border="1"> <tr> <td>Arrival at the Railway Station Ghent-Sint-Pieters:</td><td> <p>At the station you can take a tram to Flanders Expo. The hotel is next to the Expo. It takes 10min.</p> <p>The LOC can meet your delegation at Ghent train station when available.</p> </td></tr> <tr> <td>Arrival at Brussels International Airport (Zaventem):</td><td> <p>The LOC can organise the transport (ca. 60min from Ghent) at a charge per person per ride (rates on request).</p> <p>There is also a direct railway line (https://www.belgiantrain.be/en) to Ghent Sint-Pieters.</p> <p>4 children under 12 are free when accompanied by 1 paying adult). More info: Children's train offer (-12 years): free or 50% discount SNCB (belgiantrain.be)</p> </td></tr> <tr> <td>Arrival at Brussels South Airport (Charleroi):</td><td> <p>The LOC can organise the transport (90 min. from Ghent) at a charge of per person per ride (rates on request).</p> <p>There is a shuttle bus service – www.flibco.com</p> <p>9 shuttles per day are organised from/to Ghent Train station.</p> </td></tr> </table> <p>The LOC will take in charge transportation costs for all (minimum 4) accredited people from the hotel to the competition hall (and vice – versa). The LOC will organise the local transportation only if hotel reservations are made through the LOC.</p>	Arrival at the Railway Station Ghent-Sint-Pieters:	<p>At the station you can take a tram to Flanders Expo. The hotel is next to the Expo. It takes 10min.</p> <p>The LOC can meet your delegation at Ghent train station when available.</p>	Arrival at Brussels International Airport (Zaventem):	<p>The LOC can organise the transport (ca. 60min from Ghent) at a charge per person per ride (rates on request).</p> <p>There is also a direct railway line (https://www.belgiantrain.be/en) to Ghent Sint-Pieters.</p> <p>4 children under 12 are free when accompanied by 1 paying adult). More info: Children's train offer (-12 years): free or 50% discount SNCB (belgiantrain.be)</p>	Arrival at Brussels South Airport (Charleroi):	<p>The LOC can organise the transport (90 min. from Ghent) at a charge of per person per ride (rates on request).</p> <p>There is a shuttle bus service – www.flibco.com</p> <p>9 shuttles per day are organised from/to Ghent Train station.</p>
Arrival at the Railway Station Ghent-Sint-Pieters:	<p>At the station you can take a tram to Flanders Expo. The hotel is next to the Expo. It takes 10min.</p> <p>The LOC can meet your delegation at Ghent train station when available.</p>						
Arrival at Brussels International Airport (Zaventem):	<p>The LOC can organise the transport (ca. 60min from Ghent) at a charge per person per ride (rates on request).</p> <p>There is also a direct railway line (https://www.belgiantrain.be/en) to Ghent Sint-Pieters.</p> <p>4 children under 12 are free when accompanied by 1 paying adult). More info: Children's train offer (-12 years): free or 50% discount SNCB (belgiantrain.be)</p>						
Arrival at Brussels South Airport (Charleroi):	<p>The LOC can organise the transport (90 min. from Ghent) at a charge of per person per ride (rates on request).</p> <p>There is a shuttle bus service – www.flibco.com</p> <p>9 shuttles per day are organised from/to Ghent Train station.</p>						
ACCOMMODATION	<p>HOTEL HOLIDAY INN EXPO</p>   <p>The hotels' prices are per room per night, including breakfast.</p> <ul style="list-style-type: none"> - Triple room: 210,00 EUR (limited number of rooms) - Double room: 140,00 EUR (70,- per person per night) - Single room: 125,00 EUR <p><i>(these rates are only valid for 4 nights from Thursday 6 November until Monday 10 November 2025)</i></p> <p>Extra persons must pay the price mentioned above +25,00 EUR per day</p>						

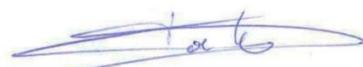
	<p>The invited participating delegations must pay for the accommodation expenses of their own delegation members.</p> <p>The costs for the accommodations must be paid to the LOC by bank transfer before 1 October 2025.</p> <p>Beneficiary name: HAPPY GYM vzw Bank name: ING België NV IBAN: BE69 6305 1018 3178 BIC: BBRUBEBB</p> <p>Cancellations or changes in the delegation should be notified to the LOC before 01.10.2025. Afterwards all costs must be paid and accommodation cannot be guaranteed.</p> <p>While the Accommodation Form must be returned to the LOC by 15.09.2025 at the very latest, the hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates.</p> <p>Proof of payment must be shown to the LOC upon arrival.</p> <p>All delegations must stay in the official hotel of this event, to make it possible to organise the transport and meals.</p>
MEALS	<p>Breakfast is included in the accommodation expenses.</p> <p>During the competition:</p> <ul style="list-style-type: none"> - Lunch: €20,00/day/person - Dinner: €20,00/day/person <p>Ordered and paid to the LOC by 01.10.2025</p> <p>Lunch and dinner for the judges will be provided by the organisation during the competition.</p> <p>The Meals Form must be returned to the LOC by 01.10.2025.</p>
FINAL BANQUET	<p>The banquet will be held on Sunday after the finals and is free of charge for the participants / delegation (gymnasts, coach, judge).</p> <p>Extra persons can buy tickets at the price of € 30,00 per person. The tickets for the Final Banquet must be paid to the LOC by 10 October 2025.</p>
JUDGES AND JURIES	<p>All judges must have a valid certificate (XVI cycle) in the respective discipline (RGI).</p> <p>The Organizing Member Federation will apply a fee of 150 EUR per missing judge (to be paid to the LOC by 15 October 2025) should a federation fail to bring the required number of judges or judges without the requested qualification (brevet).</p>
BANK ACCOUNT INFORMATION	<p>Beneficiary name: HAPPY GYM vzw Bank name and address: ING België NV – Marnixlaan, 24 – 1000 Brussels IBAN: BE69 6305 1018 3178 BIC: BBRUBEBB</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: RG HAPPY CUP 2025 – BELGIUM.</p> <p>The participating Federation is responsible for covering all bank fees in connection with the bank transfers.</p>
MARKETING	<p>FIG advertising and publicity norms must be respected</p>
MUSIC	<p>Music's (mp3) must be uploaded in KSIS or send to happycup.rg@gmail.com no later than 15.10.2025.</p>
CANCELLATION POLICY	<p>Cancellations or changes in the delegation must be notified to the LOC before 01.10.2025. Afterwards all costs must be paid and accommodation cannot be guaranteed.</p> <p>No refund possible if later arrival or early departure.</p>

MEDIA	Media Policy: our aim is to inform the Belgian audience about our event and to increase the awareness of rhythmic gymnastics and the Happy Cup. This we achieve using printed, online and other electronic media. We use our website, facebook and Instagram page to spread the information and send press releases to sport magazines and sport dailies. We invite sport magazines and sport dailies to the event, and afterwards send out press release including photos about the Cup. Official electronic media is under negotiation. Media officer: Edwin De Backer - E-mail: edwin@happygym.be														
SOCIAL MEDIA	Facebook : https://www.facebook.com/happygym.gent/ Instagram : @happygymbelgium; @happygymgent Score express live scoring														
CITY TOUR	The LOC will organise a touristic visit of the historical city of Ghent on Sunday 9 th November 2025 (morning). The tour is free for the members of the delegation. Inscriptions must be made before 1st November 2025 . The LOC has the right to cancel if there are not enough inscriptions.														
	 														
FINANCIAL OBLIGATIONS	Federations which have not fulfilled their financial obligations towards the Local Organizing Committee by the given deadline in the invitation, may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.														
DEMO GALA	On Sunday November 9 th 2025, after all finals and before the price ceremony, there will be a small Demonstration Gala. Gymnasts are welcome to present 1 short exhibition (max. 3 min). Clubs can let us know by e-mail (happycup.rq@gmail.com) before 20.10.2025 .														
DEADLINES SUMMARY	<table border="1"> <tr> <td>Preliminary Registration</td><td>15 August 2025</td></tr> <tr> <td>Visa Request Form</td><td>1 September 2025</td></tr> <tr> <td>Nominative Registration</td><td>15 September 2025</td></tr> <tr> <td>Accommodation Form</td><td>15 September 2025</td></tr> <tr> <td>Meals Form</td><td>1 October 2025</td></tr> <tr> <td>Travel Schedule Form</td><td>1 October 2025</td></tr> <tr> <td>All payments</td><td>10 October 2025</td></tr> </table>	Preliminary Registration	15 August 2025	Visa Request Form	1 September 2025	Nominative Registration	15 September 2025	Accommodation Form	15 September 2025	Meals Form	1 October 2025	Travel Schedule Form	1 October 2025	All payments	10 October 2025
Preliminary Registration	15 August 2025														
Visa Request Form	1 September 2025														
Nominative Registration	15 September 2025														
Accommodation Form	15 September 2025														
Meals Form	1 October 2025														
Travel Schedule Form	1 October 2025														
All payments	10 October 2025														
ADDITIONAL INFORMATION	At the time of this tournament, there will be held a competition for younger gymnasts (age categories: 2012-2017) and non-fig juniors and seniors. For more information contact organizing committee.														

The organising committee hopes to see you in Ghent,

Approved by the Royal Belgian Gymnastics Federation

Brussel, 13.08.2025

Signature of NF President
Christophe Dortu