



**8th Mediterranean
Aerobic & Rhythmic Championships
İstanbul, Türkiye (TUR)
30 September-01 October 2025**



DIRECTIVES

Event ID: 18351

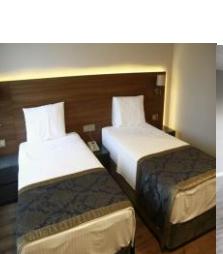
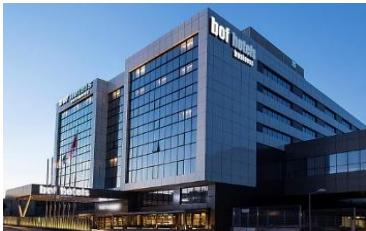
Dear COMEGYM affiliated Member Federation, The Gymnastics Federation of Türkiye has the pleasure to invite your Federation to participate in the 8th COMEGYM Aerobic & Rhythmic Championships

DISCIPLINE	Aerobic Gymnastics Rhythmic Gymnastics
HOST FEDERATION	Turkish Gymnastics Federation Contact person: Ms Sıla EROL Full address : Balgat Mah. 1416. Sk. No :19/1 Çankaya/Ankara Phone number: +903123104470 Fax number: +903123101630 e-mail: turkishgymfed@yahoo.com
LOCATION	İstanbul, Türkiye
DATE	From 30 September to 01 October 2025
VENUE	  <p>Turkish Gymnastics Federation Camp Training Center (for AER) Emek Mahallesi Balca Sokak No:4 Sancaktepe / İstanbul</p>   <p>İstanbul Kartal Anadolu Yakası Çok Amaçlı Spor Salonu (for RG) Uğur Mumcu Mah, Medeni Sok. No:8, Kartal/İstanbul, Türkiye Competition Area with 1 carpet Training Area with 2 carpets</p>
APPARATUS SUPPLIER	Please refer to the published apparatus lists.

RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Code of Ethics • Code of Conduct • Technical Regulations • Code of Discipline • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • License rules (except for non-competitive events) • FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events • FIG Medical Guidelines for Competitions • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules • <i>and subsequent decisions of the FIG Executive Committee</i> 																																							
FEDERATIONS INVITED	FIG and affiliated COMEGYM federations in good standing																																							
AGE LIMITS	<p>RG: Junior: as per FIG Technical regulations</p> <p>AER: Junior: as per FIG Technical regulations</p> <p>AER Youth: as per FIG technical regulations</p> <p>All gymnasts must have a valid FIG licence until the end of the event.</p>																																							
DELEGATION SIZE	<p>PARTICIPATION</p> <p>The maximum size of the invited delegation is as follows:</p> <table border="1" data-bbox="414 1230 1399 1522"> <thead> <tr> <th rowspan="2">Delegation Member</th> <th colspan="2">RG</th> <th colspan="2">AER</th> </tr> <tr> <th>Junior</th> <th>Pre-Junior</th> <th>Junior</th> <th>Youth</th> </tr> </thead> <tbody> <tr> <td>Head of Delegation</td> <td></td> <td></td> <td>1</td> <td></td> </tr> <tr> <td>Team Manager</td> <td>1</td> <td></td> <td></td> <td>1</td> </tr> <tr> <td>Coach</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Gymnast</td> <td>2-4</td> <td>2-4</td> <td>1-6</td> <td>1-6</td> </tr> <tr> <td>Doctor/Paramedical</td> <td></td> <td>2</td> <td></td> <td></td> </tr> <tr> <td>Judges</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> </tr> </tbody> </table>	Delegation Member	RG		AER		Junior	Pre-Junior	Junior	Youth	Head of Delegation			1		Team Manager	1			1	Coach	1	1	1	1	Gymnast	2-4	2-4	1-6	1-6	Doctor/Paramedical		2			Judges	1	1	1	1
Delegation Member	RG		AER																																					
	Junior	Pre-Junior	Junior	Youth																																				
Head of Delegation			1																																					
Team Manager	1			1																																				
Coach	1	1	1	1																																				
Gymnast	2-4	2-4	1-6	1-6																																				
Doctor/Paramedical		2																																						
Judges	1	1	1	1																																				
JUDGES AND JURIES	<p>The number of judges' panels may be decided by the organizing member federation depending on the number of participating competitors and judges. Each participating federation must provide minimum one judge.</p> <p>All judges must have a current valid FIG brevet at the time of the event, for the respective discipline.</p>																																							
REGISTRATION DEADLINES	<table border="1" data-bbox="414 1754 1161 1834"> <tr> <td>Definitive registration:</td> <td>15.08.2025</td> </tr> <tr> <td>Nominative registration</td> <td>05.09.2025</td> </tr> </table>	Definitive registration:	15.08.2025	Nominative registration	05.09.2025																																			
Definitive registration:	15.08.2025																																							
Nominative registration	05.09.2025																																							

ENTRY FEES	<p><u>COMPETITION ENTRY FEE:</u> The invited participating federations must pay the entry fee at the time of the definitive registration which is August 15th 2025, as follows: The entry fee for this event will be: 30 euro per gymnast The entry fee is non-refundable and payable to the COMEGYM.</p> <p><u>ANNUAL COMEGYM AFFILIATION FEE:</u> Federations that have not yet paid their annual affiliation fee for 2025 to the COMEGYM must also make payment to the COMEGYM before they will be allowed to participate in the competition, as follows:</p> <p><u>Banking Details for COMEGYM Affiliation Fees and Entry Fees:</u></p> <p>C.D.G. 2243457 Nominativo COMEGYM Tipo CDG AE Filiale: 00044 AGENZIA DI RIPOSTO Categoria: 330 CONTI CORRENTI CLIENTI Numero Rapporto: 1285906</p> <p>Coordinate Bancarie Nazionali (BBAN) :U 05036 84170 CC0441285906 Coordinate Bancarie Internazionali (IBAN): IT48U 05036 84170 CC0441285906 SWIFT CODE: POPRIT31044</p> <p>Reference Code: Country Code _COMEGYM+EntryAER&RG2025 Example: TUR_COMEGYM+EntryAER&RG2025</p>
ACCREDITATION	<p>Participating delegation members as well as FIG, COMEGYM representatives, judges and officials must send electronic ID colour high resolution photographs and electronic colour copy of passports, to the LOC via email within the deadline set for the nominative registration of September 05th, 2025. Gymnasts' names / ages / nationality will be verified with a passport check at accreditation. The UAG will check the validity of the gymnast's licences. In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>
EVENT FORMAT	<p>RGI: Qualifications, Teams competitions, Apparatus Finals. Junior: 2-4 gymnasts per NF <ul style="list-style-type: none"> - The gymnasts of NF present maximum 8 exercises with the apparatus according to the FIG program for the respective year - All gymnast may participate in 1-4 exercises Apparatus finals: <ul style="list-style-type: none"> - Competition of the best 8 individual gymnasts per apparatus of the qualifying competition Maximum 1 per NF - Team ranking: the best 4 scores per apparatus from the qualifying competition <p>AER: Qualifications, Teams ranking (according to qualifications), Finals.</p> <p>AER Junior: <ul style="list-style-type: none"> - Each federation can take part with: <ul style="list-style-type: none"> • IM-IW: 1 – 4 Units per NF • MP-TR: 2 Units per NF • GR: 1 unit per NF - Each gymnast can compete in the maximum of 3 categories (IM, IW, MP, TR, GR) - The top 8 finalists from qualification in each category, will qualify for the final but a maximum of 1 unit per NF - Team ranking: the best 4 scores per category from qualifying competition </p> <p>AER Youth: <ul style="list-style-type: none"> - Each federation can take part with: <ul style="list-style-type: none"> • IM-IW: 1 – 4 Units per NF • MP-TR: 2 Units per NF • GR: 1 unit per NF </p> </p>

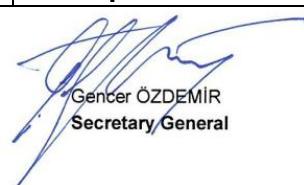
	<ul style="list-style-type: none"> - Each gymnast can compete in the maximum of 3 categories (IM, IW, MP, TR, GR) - The top 8 finalists from qualification in each category, will qualify for the final but a maximum of 1 unit per NF <p>Team ranking: the best 4 scores per category from qualifying competition</p>		
PROVISIONAL SCHEDULE	Sunday	28 September 2025	Arrival of delegations Accreditation
	Monday	29 September 2025	Judges Meeting Orientation Meeting Podium training
	Tuesday	30 September 2025	Qualification: Aerobic & RG Opening Ceremony
	Wednesday	1 October 2025	Finals: Aerobic & RG Official Farewell
	Thursday	2 October 2025	Departure of delegations
EVENT MANAGER	Yiğit ERSOY E-mail: yigit.ersoy@tcf.gov.tr Tel. +90 530 344 65 13		
MEDICAL SERVICES	Emergency Medical Team with ambulance will be on site at the competition and training venue. During this championship the anti-doping controls may take place at any time. The doping control will be carried out in accordance with international standard.		
VISA	Please verify immediately with your travel agent or the Turkish Embassy or Consulate in your country if a visa is required for your travel to Türkiye . The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 15th of August 2025 . The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.		
INSURANCE	The Host Federation, the LOC and the COMEGYM will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. All participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage regarding illness, accidents and all necessary medical and emergency cares, including repatriation for all the members of their Delegation. The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance at the Federations own charge as follows: 20.00 € per person/day.		

SAFEGUARDING	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 05.09.2025</p>
LOCAL TRANSPORTATION	<p>The LOC will provide local transportation for all participants (from/to İstanbul International Airport (IST) or Sabiha Gökçen Airport (SAW)) as well as from/to the hotel and Competition Hall.</p> <p>Transfers and transportations will only be available to those who book accommodation directly through the LOC.</p>
ACCOMMODATION	<p>Turkish Gymnastics Federation Camp Center Emek Mahallesi Balca Sokak No:4 Sancaktepe / İstanbul</p> <div data-bbox="425 871 1449 1125" style="display: flex; justify-content: space-around;">     </div> <p>The costs per person per night in this Official Hotel are as follows:</p> <p>160 € (single room, full board) 120 € (double room, full board)</p> <p>Hotel II: BOF Hotels Business Dudullu OSB Mahallesi İMES-501 Sokak No:2 Ümraniye/İstanbul</p> <div data-bbox="425 1426 791 1657" style="display: flex; justify-content: space-around;">   </div> <p>The costs per person per night in this Official Hotel are as follows:</p> <p>160 € (single room, full board) 120 € (double room, full board)</p> <p>The invited participating federations or clubs must pay for accommodation and meals expenses of their delegation members.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates.</p> <p>While the Accommodation Form must be uploaded by August 15th, 2025 at the very latest, the costs for the accommodations must be paid to the LOC as follows:</p> <ul style="list-style-type: none"> - at the time of the Definitive Entry (August 15th, 2025) 50% of the

	<p>accommodation costs.</p> <p>- at the time of the Nominative Entry (September 5th, 2025) the remaining 50% of the accommodation costs.</p> <p>Cancellation/Reimbursement Policy:</p> <p>50% of the total accommodation costs are refundable in case of cancellations at least 1 month prior to the event (September 5th, 2025).</p> <p>For cancelations made after 05 September 2025 there will be no reimbursement.</p>												
BANK ACCOUNT INFORMATION	<p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p> <p>Beneficiary: TÜRKİYE CİMNASTİK FEDERASYONU</p> <p>Bank: TÜRK EKONOMİ BANKASI</p> <p>Address: Gazi Mustafa Kemal Bulvarı No:7/A ANKARA</p> <p>Account Number: 138 – 113 7451 63</p> <p>Iban: TR25 0003 2000 0000 0113 7451 63</p> <p>Swift code: TEBUTRIS138</p> <p>Note: Only payments by bank transfer will be accepted before the indicated closing date. Cash payments during the event cannot be accepted.</p>												
MARKETING	FIG advertising and publicity norms must be respected												
MEDIA	<p>Düşlem GÖKGÖZ</p> <p>e-mail: duslem.gokgoz@tcf.gov.tr</p>												
SOCIAL MEDIA	<p>Facebook: https://www.facebook.com/TurkCimFed</p> <p>Twitter: https://twitter.com/turkcimfed</p> <p>Instagram: https://instagram.com/turkcimfed?igshid=YmMyMTA2M2Y=</p> <p>YouTube: https://www.youtube.com/channel/UCneNJjXZoKZTbqH5QYdirvg</p> <p>Video live stream will be provided by Turkish Gymnastics Federation's YouTube Channel</p>												
ADDITIONAL INFORMATION	<p>At the same time there will be a non-FIG competition for RG Pre-junior and AER Youth.</p> <p>RG Pre-junior: birth year 2012-2013</p> <p>Event Format:</p> <p>RG</p> <p>Pre-junior: 2-4 gymnasts per NF</p> <p>-The gymnasts of NF present maximum 8 exercises with the apparatus according to the FIG program for the respective year</p> <p>-All gymnast may participate in 1-4 exercises</p> <p>Apparatus finals:</p> <p>-Competition of the best 8 individual gymnasts per apparatus of the qualifying competition Maximum 1 per NF</p> <p>-Team ranking: the best 4 scores per apparatus from the qualifying competition.</p>												
DEADLINES SUMMARY	<table border="1"> <tr> <td>Definitive Registration</td><td>15 August 2025</td></tr> <tr> <td>Nominative Registration</td><td>05 September 2025</td></tr> <tr> <td>Visa Request Form</td><td>15 August 2025</td></tr> <tr> <td>Accommodation Form</td><td>15 August 2025</td></tr> <tr> <td>Payment of the Accommodation Costs 100%</td><td>15 August 2025</td></tr> <tr> <td>Travel Schedule Form</td><td>05 September 2025</td></tr> </table>	Definitive Registration	15 August 2025	Nominative Registration	05 September 2025	Visa Request Form	15 August 2025	Accommodation Form	15 August 2025	Payment of the Accommodation Costs 100%	15 August 2025	Travel Schedule Form	05 September 2025
Definitive Registration	15 August 2025												
Nominative Registration	05 September 2025												
Visa Request Form	15 August 2025												
Accommodation Form	15 August 2025												
Payment of the Accommodation Costs 100%	15 August 2025												
Travel Schedule Form	05 September 2025												

Sincerely Yours,
Ankara, 18/08/2025




Gencer ÖZDEMİR
Secretary General