



Antibes
ACROBATICS
2025

WORLD CUP TRAMPOLINE TUMBLING

3 - 5 octobre 2025, Azur Arena Antibes



WORK PLAN



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GENERAL INFORMATION

This Work Plan has been developed in accordance with the following FIG regulations and rules, as valid in the year of the competition, except for any deviations mentioned in these directives:

- Accreditation Rules
- Advertising and Publicity Rules
- Anti-Doping Rules
- Apparatus Norms
- Code of Conduct
- Code of Discipline
- Code of Ethics
- Code of Points and relevant Newsletters
- Framework for Safeguarding during Events
- General Judges' Rules
- Licence Rules
- Media Rules
- Medical Organization of the FIG Competitions and Events
- Rules for Award Ceremony
- Specific Judges' Rules for Trampoline Gymnastics
- Statutes
- Technical Regulations
- World Cup Rules for Trampoline Gymnastics

And subsequent decisions of the FIG Executive Committee.

FEDERATION INTERNATIONALE DE GYMNASTIQUE (FIG)

| | |
|----------------|--|
| Contact Person | Mr. Rui VINAGRE |
| Tel. | +41 (0) 21 321 55 32 |
| E.mail | rvinagre@fig-gymnastics.org |
| Website | www.gymnastics.sport |

Technical Delegate Mrs. Mariela STOYCHEVA

ORGANIZING FEDERATION

FEDERATION FRANCAISE DE GYMNASTIQUE (FFGym)

| | |
|----------------|--|
| Contact Person | Mr. Tom MOLLARET |
| Tel. | +33 6 58 30 55 31 |
| E.mail | tom.mollaret@ffgym.fr |
| Website | www.ffgym.fr |

LOCAL ORGANIZING COMMITTEE (LOC)

OAJLP Trampoline et Gymnastique Acrobatique

Contact Person Lionel PIOLINE
Tel. +33 6 09 24 00 90
Email trworldcup-antibes@ffgym.fr

| | |
|----------------------------------|----------------------|
| FFGym President | Dominique Mérieux |
| LOC President | Axel Saget |
| Event manager | Thierry Klein |
| Event coordinator | Lionel Pioline |
| Administration manager | Eva Pioline |
| Official Doctor | Joelle Jacquin |
| Media and communication Director | Alice Dujardin |
| Competition manager | Marion Limbach Tarin |
| Safeguarding Officer | Tom Mollaret |
| Accommodation officer | Anne-Cécile Cousin |
| Transport officer | Eva Pioline |
| Protocol & VIPs | Tom Mollaret |

COMPETITION VENUE

Azur Arena
250 rue Emile Hugues
06600 Antibes

EQUIPMENT

Trampoline: Eurotramp FIG ID 610
HDTMD : Eurotramp FIG ID 708
Safety mats : Gymnova FIG ID 751
Spotter mats : Eurotramp FIG ID 28600

Tumbling : Gymnova Novatrack 2 FIG ID 645
Springboard : Gymnova FIG ID 680 and 681
Landing mats : Eurotramp FIG ID 566

Scoring system : Acrocompanion

TRANSPORTATION

The Organizing Committee will provide shuttle bus transportation between Nice airport, Antibes train station, hotels and the competition venue, between arrival and departure, for training and competition, only for accredited people who booked the full package. Transport will be arranged based on training and competition schedules.

Arrivals and Departures are based on the travel schedules received. LOC volunteers will be present at the arrival points with greeting signs.

Shuttle timetables will be provided to the Head of Delegation or his/her Substitute upon arrival and will be communicated on a dedicated WhatsApp group. The schedule will be strictly followed by the drivers. Please be on time at the required place for pick-up.

ACCOMMODATION AND MEALS

The Organizing Committee is not responsible for any damage in the hotel rooms, costs for mini bars, pay for TV or the like. This is responsibility of each delegation.

Delegations that book their accommodation through the OC have full board in their package from 1st October dinner to 6th October breakfast.

Breakfast will be served at each hotel.

Lunch and Dinner will be served at the competition venue.

Entry to the catering area will only be possible with official accreditation.

- Lunch will be served from 11:30 until 14:30
- Dinner will be served from 18:00 until 21:00

In addition to the packages, the OC propose a meal service at the Azur Arena venue, on Tuesday 30th September (Lunch / Dinner) and Wednesday 1st October (Lunch). The price (25€/meal) is not included in the packages.

Schedules :

Tuesday 30th lunch 11.30 – 14.00 / Dinner 18.30 – 20.00

Wednesday 1st lunch 11.30 – 14.30

Deadline for booking, payment and purchase tickets: Thursday 18th September

FAREWELL PARTY

A farewell dinner and party will take place on Sunday, 5th October from 20:00 pm to 02:00.

A valid accreditation must be presented at the entrance. This closing banquet is free of charge for the delegations who have booked their accommodation through the LOC.

ACCREDITATIONS

Each delegation will be taken to the accreditation desk at the competition venue upon arrival.

Delegations travelling by car must first go to the LOC Accreditation Office.

Heads of delegations are requested to provide a valid phone number and e-mail address. These contact details should be used as mailboxes to inform of all competition results, information and occurrences during and after the competition.

The following items will be checked there :

- Passports of all members of delegation
- Check correct names of all members of delegation
- Contact details (valid phone number, e-mail address)
- Confirm flag and national anthem
- Proof of insurance for each delegation member (Federations are required to cover the expense of insurance for members of their delegation)
- Financial payments evidence (accreditations won't be delivered if accommodations and fees are not paid)
- Confirmation of departure transport

All delegation members will receive an accreditation card. This accreditation is personal, non-transferable, and compulsory to get access to the training and competition halls, meals and the bus system. All participants and officials are required to always wear the Accreditation card. In case you lose your accreditation, you will have to buy a new one! (€ 150,00). For the number of accreditations per country, the FIG Rules and the Directives will be strictly applied.

ORIENTATION MEETING

The Orientation Meeting will take place on **Thursday, 2nd October at 18.00** at the competition venue. This meeting is intended for All Heads of Delegation. One extra Official per delegation may also attend. Participation is compulsory. FIG TRA-TC and the LOC will provide detailed information regarding the event. All information will be in English only. Judges cannot be representatives of their NF at the Orientation Meeting.

WELCOME CEREMONY

All Heads of Delegation are invited by the Mayor of Antibes for a welcome ceremony which will take place, right after the Orientation Meeting at 19:00. It will be followed by a cocktail.

OFFICIAL LANGUAGE

The official language of this World Cup is English. Announcements will be made in French and English only. Interpretation from and into any other language must be organized by the delegations.

INFORMATION AND CORRESPONDENCE DURING THE WORLD CUP

Documents will be published on Acrocompanion website at the following address:

<https://www.acro-companion.com/competition>

A dedicated WhatsApp group will be created to facilitate communication between the Head of Delegations and the LOC.

All information or requests should be addressed to the Organizing Committee.

STARTING ORDER – DRAWING OF LOTS

The drawing of lots and starting order will be made in the FIG office and published on the FIG website.

The starting order for the finals will be in accordance with the Code of Points.

Any withdrawal from the Finals must be declared in writing with the LOC.

The competition draw, the competition groups, the starting lists, the training groups, the training schedule and the competition schedule are based on nominative registrations. Should there be any changes to participating numbers at the time of the competition, the FIG Technical Delegate, in consultation with the LOC, reserves the right to make small adjustments to facilitate the smooth running of the competition.

COMPETITION CARDS

For qualifications, all competition cards must be submitted, on paper, no later than 19:00 to the OC office on Thursday, 2nd October.

For finals, competition cards must be delivered to the OC office, on paper, no later than:
Saturday, 4th of October, 13:00 for Women individual trampoline and tumbling, Synchro Men
Sunday, 5th of October, 13:00 for Men individual trampoline and tumbling, Synchro Women.

FOP, WARM UP AREA and DOJO ACCESS

Field of Play access is limited to accredited persons with an official function at the time of competition.

The use of mobile phones or any other communication device is strictly prohibited during the whole competition in the field of play.

Warm up and Dojo access is limited to accredited people and as per schedules.

MARCH IN

The competitors are expected to be in the Call Room 5 minutes before the start **prior to each competition** and must wear competition attire (as per Code of Points).

AWARD CEREMONIES

Only the medal winners are invited to participate, and they must wear their national tracksuits, according to FIG rules.

PRIZE MONEY

The organizing member federation will pay the following minimum prize money per discipline (amounts in Swiss Francs – CHF) - “discipline” means every final: individual trampoline men, individual trampoline women, synchro men, etc for a total of 18,000 CHF.

The Prize Money, free of any deductible French taxes, will be distributed in EURO via bank transfer to the athlete’s Federation as follows

| Ranking | Prize money (CHF) |
|----------------|--------------------------|
| 1 | 1500 |
| 2 | 1000 |
| 3 | 500 |

Taxes other than French taxes, such as specific local taxes for sports prize money in some countries, will not be taken in charge by the LOC. No Prize money will be distributed on site.

No prize money, medals and World Cup Series Ranking Lists points will be given, if there are less than 4 participating federations in a category.

In case of a tie, the prize money will be added and divided by the number of gymnasts:

1, 1, 3 (prize money for rank 1 and 2 is added together and divided by 2)

1, 2, 2, (prize money for rank 2 and 3 is added together and divided by 2)

ALLOCATION OF POINTS

Separate World Cup Series Ranking Lists are established for every discipline, beginning with the first World Cup event of the year and ending with the last World Cup event of the year as follows:

- Trampoline Individual Men / Trampoline Individual Women
- Trampoline Synchro Men / Trampoline Synchro Women
- Tumbling Men / Tumbling Women

For individual Trampoline and Tumbling World Cup points are assigned to the competitors by name. Trampoline Synchro pairs are listed by name but considered as an entity. In case of change of a Synchro partner, the Synchro Pair is considered as a new pair.

World Cup Points will be assigned to the competitors as follows:

| Rank | Points | Rank | Points |
|------|--------|------|--------|
| 1 | 60 | 16 | 15 |
| 2 | 55 | 17 | 14 |
| 3 | 50 | 18 | 13 |
| 4 | 44 | 19 | 12 |
| 5 | 38 | 20 | 11 |
| 6 | 32 | 21 | 10 |
| 7 | 28 | 22 | 9 |
| 8 | 25 | 23 | 8 |
| 9 | 22 | 24 | 7 |
| 10 | 21 | 25 | 6 |
| 11 | 20 | 26 | 5 |
| 12 | 19 | 27 | 4 |
| 13 | 18 | 28 | 3 |
| 14 | 17 | 29 | 2 |
| 15 | 16 | 30 | 1 |

WINNER OF THE ANNUAL WORLD CUP

The winner of the annual World Cup per category is the individual gymnast / pair with the highest number of points of the World Cup Series Ranking List after the last event of the year.

A special award ceremony will be held in this World Cup Competition (Cat. A) in which the World Cup winner will receive the World Cup.

JUDGES MEETINGS

The judges' meetings are compulsory and will take place at the Competition Venue on **Thursday, 2nd of October at 15:30 for TRA, 16:45 for TUM.**

Please note that the Judges' instructions will be held in English only.

Judges who don't participate in the judges' instruction may not be authorized to judge and their respective federations may have a penalty fee.

SUPERIOR JURY

The Technical delegate will act as president of the Superior Jury.

SCORES AND RESULTS

The scoring system used is Acrocompanion. The scores will be shown in the competition hall and live on the website <https://www.acro-companion.com/competition>.

To display the scores by name and increase the visibility of the competitors, the LOC is organizing photo shoots (individual and synchronized pairs) on Thursday, 2nd October between 10:00 and 14:30 according to podium training schedules.

A summarized list of results will be e-mailed to the HoD at the end of qualifications.

A detailed list of results will be e-mailed to the HoD and national federations at the end of the competition.

VIDEO RECORDING

All routines will be recorded on video by the LOC.

LIVESTREAMING & TV HOST BROADCASTER

The whole competition will be Livestreamed on Magym TV.

The finals will be broadcast on France TV platform and BeIN sport.

ENTRY TICKETS

Tickets can be bought at the competition venue or directly on internet

<https://www.helloasso.com/associations/oajlp-trampoline-gymnastique-acrobatique/evenements/world-cup-series-2025-antibes>. For further information, please contact the OC.

MEDICAL SERVICES AND SAFEGUARDING

The official doctor and a first aid team will be on site throughout the event. During the competition, a second doctor will be on site.

FIG is fully committed to assure that the Safeguarding procedures will be in place during the upcoming Antibes TRAMPOLINE World Cup.

DOPING CONTROL

Doping Controls will be made during the World Cup, as per FIG anti-doping rules. Doping Controls can take place during training and / or Competition.

GENERAL PROGRAMME

| GENERAL SCHEDULE | | |
|-------------------------------|---|--|
| WEDNESDAY, 1st October | | |
| All day | Arrival of delegations | |
| 10:00-20:00 | Accreditation | Azur Arena |
| 14:00 – 20:00 | TRA / TUM - Free training (no tumbling track) | Training Hall |
| 16:00 -20:00 | TRA / TUM - Free training | Azur Arena - FOP |
| THURSDAY, 2nd October | | |
| 09:00-17:00 | Accreditation | Azur Arena |
| 08:30-19:00 | TRA / TUM - Warm up and podium training (according to schedule) | Azur Arena - Dojo, training hall and FOP |
| 10:00-14:30 | <i>individual and synchronized pairs photos for display on the scoring screen</i> | TbD |
| 15:30-16:45 | TRA - Judges meeting and scoring system instruction | Azur Arena - Meeting room |
| 16:45-18:00 | TUM - Judges meeting and scoring system instruction | Azur Arena - Meeting room |
| 18:00-19:00 | TRA / TUM - Orientation meeting | Azur Arena - Meeting room |
| 19:00-20:00 | Welcome Ceremony | Azur Arena - Meeting room |
| FRIDAY, 3th October | | |
| 09:00-12:50 | TRA / TUM - Warm up and podium training (according to schedule) | Azur Arena - Dojo, training hall and FOP |
| 12:10-17:20 | TRA Men and Women - Individual - Warm up | Azur Arena - Dojo and Training hall |
| 13:30-18:10 | TRA Men and Women - Individual - Qualification 1 | Azur Arena - FOP |
| 13:30-15:40 | TUM Women - Warm up | Azur Arena - Dojo |
| 14:20-16:30 | TUM Women - Qualification | Azur Arena - FOP |
| SATURDAY, 4th October | | |
| 09:30-11:15 | TUM Men – Training as per schedule | Azur Arena – Dojo and FOP |
| 10:05-11:50 | TRA Men and Women - Individual - Warm up | Azur Arena - Dojo and Training hall |
| 11:15-12:25 | TRA Men and Women- Individual - Qualification 2 | Azur Arena - FOP |
| 11:50-13:35 | TUM Women – Training for finalists | Azur Arena - Dojo and FOP |
| 13:10-15:40 | SYN Men - Warm up | Azur Arena – Training hall |
| 14:00-15:40 | TUM Men - Warm up | Dojo |
| 14:50-16:30 | TUM Men - Qualification | Azur Arena - FOP |

| | | |
|----------------------------|---|--|
| 14:50-16:30 | SYN Men - Qualification | Azur Arena - FOP |
| 15:40-17:05 | TUM Women - Warm up | Azur Arena - Dojo and FOP |
| 16:30-18:10 | TRA Women - Individual - Warm up | Azur Arena - Training hall |
| 17:13-17:50 | TUM Women - Finals | Azur Arena - FOP |
| 17:10-18:40 | SYN Men - Warm up | Azur Arena –Training hall |
| 18:10-18:40 | TRA Women - Individual Finals | Azur Arena - FOP |
| 18:40-19:10 | SYN Men - Finals | Azur Arena - FOP |
| 19:30-20:00 | TRA / TUM - Award Ceremony (Event + World Cup) | Azur Arena - FOP |
| SUNDAY, 5th October | | |
| 09:00-11:10 | TRA / TUM Men - Free training for all finalists | Azur Arena – Dojo, Training hall and FOP |
| 10:35-12:20 | SYN Women - Warm up | Azur Arena - Dojo and Training hall |
| 11:45-12:55 | SYN Women - Qualification | Azur Arena - FOP |
| 14:00-15:05 | TUM Men - Warm up | Azur Arena - Dojo and FOP |
| 14:45-16:10 | SYN Women - Warm up | Azur Arena - Training hall |
| 15:13-15:50 | TUM Men - Finals | Azur Arena - FOP |
| 15:10-16:40 | TRA Men - Individual - Warm up | Azur Arena - Training hall |
| 16:10-16:40 | SYN Women - Finals | Azur Arena - FOP |
| 16:40-17:10 | TRA Men - Individual Finals | Azur Arena - FOP |
| 17:30-18:00 | TRA / TUM - Award Ceremony (Event + World Cup) | Azur Arena - FOP |
| 20:00-02:00 | Farewell party | Palais des Congrès |
| MONDAY, 6th October | | |
| All day | Departure of delegations | |

APPENDIX

- Training groups
- Training schedule
- Detailed program per day

| Friday | Training hall | | | | Competition hall | | | | | | |
|--------|-------------------------|-------------------------|-------------------------|--------------------------------------|------------------|-------------|-------------|------------|------------|--------------|------|
| | General WU (half-floor) | General WU (floor) | General WU (dojo) | General and specific WU (floor +TRA) | TRI MALE | TRI FEMALE | SYN MALE | SYN FEMALE | TUM MALE * | TUM FEMALE * | ACRO |
| 09:00 | ACRO | G1 | | | | | | | | | |
| 09:30 | | G2 | TUM WOMEN G1 | G1 | | | | | | | |
| 10:00 | | | | | | | | | | | |
| 10:20 | | G3 | TUM WOMEN G2 | G2 | Training G1 | Training G1 | | | | Training G1 | |
| 10:30 | | G4 | | | Training G2 | Training G2 | | | | Training G2 | |
| 10:50 | | | | | | | | | | | |
| 11:00 | | | | | G3 | | | | | | |
| 11:20 | | | | | | | | | | | |
| 11:50 | | | G5 | TUM MEN G2 | G4 | Training G3 | Training G3 | | | Training G1 | |
| 12:10 | | | | | | | | | | | |
| 12:20 | | | TRI M GR 1 / TRI F GR 1 | | G5 | Training G4 | Training G4 | | | Training G2 | |
| 12:40 | | | | | | | | | | | |
| 12:50 | | | | | Training G5 | | | | | | |
| 13:00 | | | | | | | | | | | |
| 13:30 | | TRI M GR 2 / TRI F GR 2 | | | | | | | | | |
| 13:30 | | | TUM WOMEN G1 | | Q1 GR1 | Q1 GR1 | | | | | |
| 14:20 | | | | | | | | | | | |
| 14:20 | | TRI M GR 3 / TRI F GR 3 | | | Q1 GR2 | Q1 GR2 | | | | Q G1* | |
| 14:50 | | | | | | | | | | | |
| 15:10 | | | | | | | | | | | |
| 15:30 | | TRI M GR 4 / TRI F GR 4 | TUM WOMEN G2 | TRI M GR 3 / TRI F GR 3 | | | | | | | |
| 15:30 | | | | | | | | | | | |
| 15:40 | | | | | | | | | | | |
| 16:00 | | | | | Q1 GR3 | Q1 GR3 | | | | Q G2* | |
| 16:00 | | TRI M GR 5 | | | | | | | | | |
| 16:30 | | | | | Q1 GR4 | Q1 GR4 | | | | | |
| 17:20 | | | | TRI M GR 5 | | | | | | | |
| 17:20 | | | | | Q1 GR5 | | | | | | |

* TUM have 15 minutes warm up. in the competition apparatus. directly followed by competition

| Saturday | Training hall | | | | Competition hall | | | | | | | |
|----------|-------------------------|-------------------------|-------------------|--|---------------------------------|------------|----------|------------|-------------|------------------|------|------|
| | General WU (half-floor) | General WU (floor) | General WU (dojo) | Specific WU (TRA) | TRI MALE | TRI FEMALE | SYN MALE | SYN FEMALE | TUM MALE * | TUM FEMALE * | ACRO | |
| 09:30 | | | TUM MENG1 | | | | | | | | | |
| 10:05 | | TRI M GR 1 / TRI F GR 1 | TUM MENG2 | | | | | | Training G1 | | | |
| 10:40 | | TRI M GR 2 / TRI F GR 2 | | TRI M GR 1 / TRI F GR 1 | | | | | Training G2 | | | |
| 11:15 | | | | TRI M GR 2 / TRI F GR 2 | Q2 GR 1 | Q2 GR 1 | | | | | | |
| 11:50 | | | TUM WOMEN | | Q2 GR 2 | Q2 GR 2 | | | | | | |
| 12:25 | | | | | | | | | | | | |
| 13:10 | | | | | | | | | | Training W final | | |
| 13:35 | | SYN M GR 1 | | | | | | | | | | |
| 14:00 | | SYN M GR 2 | | | | | | | | | | |
| 14:50 | | | TUM MENG1 | SYN M GR 1 | | | | | | | | |
| 14:50 | ACRO | | TUM MENG2 | SYN M GR 2 | | | Q1 G1 | | Q MEN G1 | | | |
| 15:40 | | | TUM WOMEN FINAL | | | | Q1 G2 | | Q MEN G2 | | | |
| 16:30 | | | | | | | | | | | | |
| 16:45 | | WOMEN INDIVIDUAL FINAL | | | | | | | | | | |
| 17:05 | | | | | | | | | | | | |
| 17:05 | | | | | | | | | | | | |
| 17:10 | | | | WOMEN INDIVIDUAL FINAL | | | | | | | | |
| 17:13 | | | | WOMEN INDIVIDUAL FINAL / SYN MEN FINAL | | | | | | | | |
| 17:13 | | SYN MEN FINAL | | | | | | | | FINALS | | |
| 17:50 | | | | SYN MEN FINAL | | FINALS | | | | | | |
| 17:50 | | | | | | | | | | | | DEMO |
| 18:10 | | | | | | | | | | | | |
| 18:40 | | | | | | | | | | | | |
| 18:40 | | | | | | FINALS | | | | | | |
| 19:10 | | | | | | | | | | | | |
| 19:10 | | | | | | | | | | | | DEMO |
| 19:30 | | | | | | | | | | | | |
| 19:30 | | | | | | | | | | | | |
| 20:00 | | | | | MEDALS - EVENT + WORLD CUP 2025 | | | | | | | |

* TUM have 20 minutes warm up, in the competition apparatus, before march-in. One extra pass warm-up after presentation.

| Sunday | Training hall | | | | Competition hall | | | | | | | |
|--------|-------------------------|------------------------------|------------------------------|--|---------------------------------|------------|----------|------------|----------------------|--------------|------|--|
| | General WU (half-floor) | General WU (floor) | General WU (dojo) | General and specific WU (TRA) | TRI MALE | TRI FEMALE | SYN MALE | SYN FEMALE | TUM MALE * | TUM FEMALE * | ACRO | |
| 09:00 | | TRA MEN INDIV FINAL TRAINING | TUM MEN INDIV FINAL TRAINING | | | | | | | | | |
| 09:30 | | | | TRA MEN INDIV FINAL TRAINING | | | | | | | | |
| 10:00 | | | | | Indiv Final Training | | | | Indiv Final Training | | | |
| 10:35 | | | | | | | | | | | | |
| 11:10 | | SYN WOMEN Q GR 1 | | | | | | | | | | |
| 11:45 | | SYN WOMEN Q GR 2 | | SYN WOMEN Q GR 1 | | | | | | | | |
| 12:20 | | | | SYN WOMEN Q GR 2 | | | | Q GR 1 | | | | |
| 12:55 | | | | | | | | Q GR 2 | | | | |
| 14:00 | ACRO | | | | | | | | | | | |
| 14:45 | | | TUMBLING MEN | | | | | | | | | |
| 15:05 | | SYN WOMEN FINAL | | | | | | | | | | |
| 15:10 | | | | | | | | | | | | |
| 15:13 | | MEN INDIVIDUAL FINAL | | | | | | | | | | |
| 15:50 | | | | SYN WOMEN FINAL | | | | | | | | |
| 16:10 | | | | SYN WOMEN FINAL / MEN INDIVIDUAL FINAL | | | | | | | | |
| 16:40 | | | | MEN INDIVIDUAL FINAL | | | | FINALS | | | | |
| 17:10 | | | | | FINALS | | | | | | | |
| 17:30 | | | | | | | | | | | | |
| 18:00 | | | | | MEDALS - EVENT + WORLD CUP 2025 | | | | | | | |

* TUM have 20 minutes warm up, in the competition apparatus, before march-in. One extra pass warm-up after presentation.